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**2nd**  
**International Seminar [Hybrid Mode]**  
On  
*Bridging Tradition and Technology: AI Perspectives  
through the Lens of Indian Knowledge System*  
**09<sup>th</sup>-10<sup>th</sup> January 2026**

Organized By



in association with



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**Dr. Swati Srivastava**  
**Dr. Divya Sharma**  
**Dr. Roli Tiwari**  
**Dr. Gunjan Sharma**

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## About US

### ▪ Sandipani Academy, Achhoti, Durg, Chhattisgarh

Sandipani Academy, a NAAC B++ (CGPA 2.91) institute, affiliated to Hemchand Yadav University, NCTE recognized, UGC 2f recognized, located at Achhoti, Durg was established with the sole aim to provide opportunity to students for the holistic development of their personality through curricular and co-curricular activities. Institution's Innovation Council (IIC) was established on 4 October 2025. The institution at first introduced the B.Ed. course in year 2012 with an intake of 100 students, got affiliation for Diploma in Elementary Education in the year 2016 and with the aim to introduce innovative programme, institution successfully launched B.Sc. B.Ed.& B.A. B.Ed.4 year integrated programme in the year 2017 with an of intake of 50 in each. The foresighted vision of the management is to emphasize the practical application of theoretical knowledge to bring qualitative improvement. The college aims toward providing educational excellence, guidance and counselling for their individual development. Sandipani Academy always tries to nurture the moral and ethical values in students so as to mould them to become responsible citizen of the country. The college provides experiential learning through practical and internship and organizes co-curricular activities to develop knowledge and skills, positive attitude and values among students. The college management believes in qualitative development and continuous growth and with this belief, provides best infrastructural facility and motivate faculties for upgrading their academic excellence.

### ▪ Pragati College, Central Avenue, Choubey Colony, Raipur Chhattisgarh

Pragati College was started with the vision "Strong Careers Arise from Strong Institution. To be an education institute of repute dedicated to academic excellence to reinforce the cause of youth empowerment through need based values, socially responsive and career oriented teaching learning in a global context. This vision is carried out by the faculty and staff of the college through artistry and engagement. Pragati College has consistently distinguished itself through its visionary approach to education and its innovative pedagogical practices. Our teaching-learning processes have always been marked by originality, creativity, and a commitment to continuous improvement. We have never hesitated to identify our limitations and transform them into opportunities for growth, evolving into a dynamic institution dedicated to social change. Pragati College has made remarkable contributions to national development by imparting quality education and empowering students to become globally competent individuals. With steadfast determination, we continue to work toward our dream of contributing to a fully literate State, strengthening the academic landscape through excellence, inclusivity, and dedication. As an autonomous institution for the past years, the college has reached numerous milestones and scaled new heights. We firmly believe that education is not merely the acquisition of knowledge but the cultivation of skills, values, and character needed to lead a meaningful life. True education is a noble journey of self-growth and personal formation.

### ▪ Veetruga Research Foundation

Veetruga Research Foundation (Registration No. 5152 under the Chhattisgarh Society Registration Act, 1973; Registration No. 13/02/2015/51526, Government of India) is a registered academic and social organization dedicated to promoting quality education, research excellence, and institutional development. VRF is committed to the academic and social advancement of individuals and institutions by organizing a wide range of scholarly events such as conferences, seminars, workshops, symposiums, webinars, summits, dialogues, faculty development programs (FDPs), competitions, and other academic initiatives at both national and international levels. The foundation actively supports collaborative institutions in adopting best practices that are outcome-oriented and research-driven. The primary objective of VRF is to enhance educational processes by fostering scholarly inquiry, promoting the dissemination of research findings, and encouraging their practical application in both higher and school education. Alongside its in-house academic activities, the foundation also undertakes outreach programs including the publication of books, edited volumes, and conference proceedings, thereby contributing meaningfully to the growth of academic discourse and innovation.

### ▪ About the International Seminar

The International Seminar on "Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System" aims to create a dynamic global platform where scholars, researchers, educators, technologists, and practitioners come together to explore the convergence of ancient Indian

wisdom and modern Artificial Intelligence. Rooted in the rich philosophical, scientific, and cultural heritage of the Indian Knowledge System (IKS), the seminar aspires to highlight how timeless principles can guide, refine, and inspire emerging AI technologies. This academic gathering seeks to foster meaningful dialogue on integrating traditional knowledge frameworks such as logic, linguistics, Ayurveda, mathematics, astronomy, ethics, and holistic learning systems with contemporary AI developments. By examining AI through the lens of IKS, the seminar aims to generate new insights, innovative solutions, and interdisciplinary research pathways that honour both technological progress and cultural heritage. The seminar will feature **international experts, distinguished academicians, and industry leaders** who will share diverse perspectives on topics including ethical AI, cognitive models inspired by classical texts, sustainable innovation, traditional problem-solving paradigms, and the relevance of indigenous wisdom in future technologies. Through keynote talks, panel discussions, paper presentations, and collaborative sessions, the event aims to inspire forward-looking conversations and global research collaborations. Ultimately, this seminar intends to **bridge the past and the future**, reaffirming that the fusion of traditional knowledge and technological advancements can lead to more responsible, human-centric, and culturally grounded development of Artificial Intelligence.

## About Achhoti, Durg

Achhoti, a serene and progressive village in the Dhamdha region of Durg district, is known for its rich agricultural heritage, harmonious community life, and steadily improving educational landscape. Surrounded by lush fields and supported by strong local governance, the village offers a peaceful environment with easy connectivity to nearby towns, making it an ideal place for growth and development. With a high literacy rate, vibrant cultural traditions, and a warm, welcoming population, Achhoti reflects the spirit of rural Chhattisgarh while embracing modern aspirations.

## Theme

**Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System**

## Sub-themes:

- AI and Consciousness: Insights from Vedanta and Yoga Philosophy
- Ethics of Artificial Intelligence through the Lens of Dharma and Karma
- Indian Philosophical Schools (Nyaya, Mimamsa, Sankhya) and Logic for AI Reasoning
- Concept of Self, Mind, and Intelligence in Indian Knowledge Systems vs. Artificial Intelligence
- Ancient Indian Epistemology and its Relevance to Machine Learning and Cognitive Computing
- Integration of Gurukul Pedagogy with AI-enabled Learning
- NEP 2020, IKS, and Artificial Intelligence: Transforming Education for the Future
- AI in Teacher Education: Lessons from Ancient Indian Teaching Traditions
- Blending Value-Based Education with Digital Intelligence
- Personalized and Ethical Learning Systems through the Principles of IKS
- Indic Knowledge in Mathematics, Astronomy, and Computational Thinking
- Sanskrit and Natural Language Processing: Bridging Linguistic Heritage and AI
- Ancient Indian Algorithms, Logic, and Modern Computing Models
- Ayurveda, AI, and Predictive Health Technologies
- AI Applications Inspired by Indian Agricultural and Environmental Practices
- AI for Bharat: Local Wisdom, Global Innovation
- Indigenous Knowledge and Digital Empowerment of Rural India
- Preserving Cultural Heritage and Ancient Texts through Artificial Intelligence
- Women, Wisdom, and Technology: IKS-based Approaches to Inclusive AI
- AI for Social Harmony: Lessons from Indian Civilization
- Applying AI for Ecological Balance and Sustainable Development guided by IKS
- Yogic and Mindfulness Approaches to Responsible AI Use
- Traditional Knowledge, AI, and Climate Consciousness
- AI for Holistic Health: Integrating Ayurvedic and Modern Systems

## Call for Papers

Guidelines for Abstract and Paper Submission

### 1. Abstract Format:

- The abstract must be typed in **Times New Roman or Unicode, Font Size 12**, with **1.5 line spacing**.
- The abstract should be approximately **300 words** and must include **Key Words**.

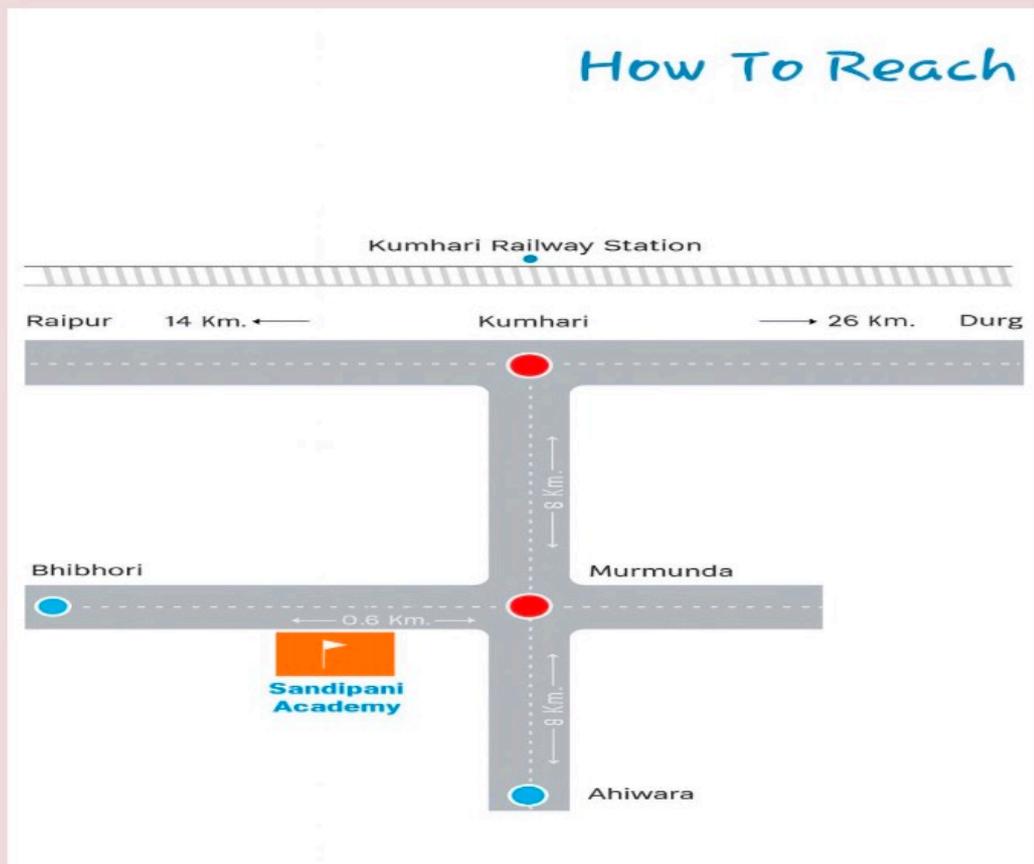
2. **Submission Method:**
  - Submit the abstract in **soft copy (MS Word format)**.
3. **Author Details (on a separate page):**
  - Name of the Author and Co-author (if any), Title of the Paper, Name of the Institution, Email ID, Contact Number, Postal Address
4. **Full Paper Submission:**
  - After receiving the acceptance of the abstract, authors are required to submit the **full paper**.
  - The paper must be **original and not previously published or presented**.
5. **Selection Criteria:**
  - Only selected papers will be considered for **presentation and publication**.
  - Papers will be accepted in **English and Hindi** languages.
6. **Submission Email:**
  - Send all abstracts and papers to: [veetragaresearchfoundation2015@gmail.com](mailto:veetragaresearchfoundation2015@gmail.com)
7. **Academic Integrity:**
  - Authors must follow strict academic ethics and properly acknowledge all referenced ideas.
  - All papers will undergo a **plagiarism check** by the screening committee.
  - Papers that do not meet ethical standards will be **rejected**.
8. **Publication Information:**
  - Selected papers will be published in an **International Peer-Reviewed High Impact Journal**.
  - **Publication fee**, separate from registration fee, must be paid by the author.

## Best Research Paper Award

Best Research Paper Award will be given to 'Three Best Research Papers'.

## Important Dates

- |   |   |                                 |
|---|---|---------------------------------|
| ▪ Submission of Abstract  | - | 30 <sup>th</sup> November, 2025 |
| ▪ Full Paper Submission   | - | 10 <sup>th</sup> December, 2025 |
| ▪ Communication regarding acceptance of papers for Presentation | - | 11 <sup>th</sup> December, 2025 |
| ▪ Seminar Dates   | - | 09-10 January 2026              |
| ▪ Venue: Sandipani Academy, Achhoti                             |   |                                 |
| ▪ Time: 9:30 AM   |   |                                 |



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# Glimpses of 1st International Seminar {Organized on 19-20 December 2024}



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# Scientific Journal of Artificial Intelligence and Blockchain Technologies (SJAIBT)

**Respected Academicians, Researchers, and Contributors,**

It is our distinct privilege to extend sincere appreciation to scholars, researchers, and professionals who place their confidence in the *Scientific Journal of Artificial Intelligence and Blockchain Technologies (SJAIBT)* as a platform for disseminating their scholarly work.

SJAIBT was established with the vision of promoting high-quality, original research that drives innovation, ethical development, and critical inquiry in the rapidly evolving domains of Artificial Intelligence and Blockchain Technologies. The journal welcomes interdisciplinary and cutting-edge studies encompassing areas such as machine learning, deep learning, intelligent systems, decentralized technologies, smart contracts, cybersecurity, data analytics, AI ethics, and real-world applications of blockchain across industries.

Our editorial and double-blind peer review processes are carefully structured to uphold rigorous academic standards, ensuring that every manuscript reflects methodological soundness, clarity of presentation, and meaningful contribution to scientific and technological advancement. At SJAIBT, our commitment extends beyond publication—we aim to foster responsible research, informed dialogue, and knowledge exchange that can influence technological progress and policy formulation.

We warmly invite researchers, academicians, industry professionals, and practitioners to submit their original research and review articles to SJAIBT and become part of a dynamic global research community. Your contributions play a vital role in advancing innovation and shaping the future of intelligent and decentralized technologies.

We express our sincere gratitude to the Editorial Board, Reviewers, Authors, Institutional Partners, and Readers whose continued support and collaboration enhance the quality, integrity, and global reach of SJAIBT.

With warm regards and best wishes,

**Editor-in-Chief**

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## College Academic Activities



## सांदीपनी अकेडमी अछेटी में एक पेड़ मां के नाम 2.0 जागरूकता अभियान हुआ संपन्न

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सांदीपनी अकेडमी अछेटी के राष्ट्रीय सेवा योजना इकाई द्वारा विश्व पर्यावरण दिवस के अंतर्गत एक पेड़ मां के नाम 2.0 जागरूकता अभियान के तहत मुख्य अतिथि रविंद्र चौबे (पूर्व कैबिनेट मंत्री छ.ग.शासन) के द्वारा वृक्षारोपण किया गया। मुख्य अतिथि रविंद्र चौबे का स्वागत महाविद्यालय के डायरेक्टर महेंद्र चौबे, प्रशासनिक अधिकारी सुधीर तिवारी शिक्षा विभाग के प्राचार्या डॉ. स्वाति श्रीवास्तव एवं नर्सिंग विभाग की प्राचार्या प्रो. आकांक्षा गॉटलिब के द्वारा पुष्प गुच्छ/पौधा भेंट कर किया गया। तत्पश्चात रविंद्र चौबे द्वारा वृक्षारोपण किया गया। इस अभियान में अविनाश चौबे, शिवेंद्र चौबे, राजीव गुप्ता (पूर्व नगर पालिका अध्यक्ष), जालम पटेल (पूर्व जनपद सदस्य), शिवकुमार वर्मा, डी.पी. तिवारी, आशीष पांडे, डालेश्वर साहू (जनपद सदस्य), हीरा वर्मा (ब्लॉक कांग्रेस कमेटी अध्यक्ष), जगदीश



मारकण्डे, बोधन लाल महिलांग, प्रवेश शर्मा (भाजपा युवा मोर्चा अहिवारा), संजय पांडे (अहिवारा मंडल महामंत्री), राजा शर्मा (अहिवारा मंडल मंत्री), रमेश शर्मा, शिव कुमार वर्मा, दानेश्वर साहू, राजेश मानिकपुरी, देवेंद्र चंदेल, दिलीप जंघेल, सुरेश मुड़पार, नीलू ताम्रकार ने सहयोग प्रदान किया। वृक्षारोपण के दौरान मुख्य अतिथि ने अपने वक्तव्य में कहा- माँ जीवन का आधार है और पेड़ जीवन की सांस। जब हम मां के नाम पर पेड़ लगाते हैं तो हम भविष्य को जीवन दायिनी भावनाओं और

शुद्ध वायुमंडल दोनों की सौगात देते हैं। हर नागरिक, विशेष रूप से युवा वर्ग से अनुरोध है कि वे इस अभियान में सक्रिय भागीदारी करें और अपनी मां के नाम पर एक हरित उपहार इस धरती को दें। यह केवल एक पेड़ नहीं एक संवेदनशील और

स्थायी बदलाव की शुरुआत है, जिसे जन-जन तक पहुँचाना है। वृक्षारोपण के साथ-साथ निदेशक कक्ष का उदघाटन भी किया गया। कार्यक्रम के अंत में निदेशक महेंद्र चौबे द्वारा अतिथियों को स्मृति चिन्ह भेंट किया गया। इस अभियान को सफल बनाने में सांदीपनी अकेडमी के निदेशक महेंद्र चौबे, प्रशासनिक अधिकारी सुधीर तिवारी, प्राचार्या डॉ. स्वाति श्रीवास्तव (शिक्षा संकाय), प्राचार्या प्रो. आकांक्षा गॉटलिब (नर्सिंग), समस्त शिक्षकगण एवं विद्यार्थियों का विशेष योगदान रहा।



**धमधा।** सांदीपनी अकेडमी अछोट्टी के राष्ट्रीय सेवा योजना इकाई द्वारा विश्व पर्यावरण दिवस के अंतर्गत एक पेड़ मां के नाम 2.0 जागरूकता अभियान चलाया गया। जिसमें मुख्य अतिथि रविंद्र चौबे (पूर्व कैबिनेट मंत्री छत्तीसगढ़ शासन) ने पौधारोपण किया। रविन्द्र चौबे का स्वागत महाविद्यालय के डायरेक्टर महेंद्र चौबे, प्रशासनिक अधिकारी सुधीर तिवारी शिक्षा विभाग के प्राचार्या डॉ. स्वाति श्रीवास्तव एवं नर्सिंग विभाग की प्राचार्या प्रो. आकांक्षा गॉटलिब ने पुष्प गुच्छ-पौधा भेंट कर किया। इस अभियान में अविनाश चौबे, शिवेंद्र चौबे, राजीव गुप्ता (पूर्व नगर पालिका अध्यक्ष), जालम पटेल (पूर्व जनपद सदस्य), शिवकुमार वर्मा, डी.पी. तिवारी, आशीष पांडे, डालेश्वर साहू (जनपद सदस्य), हीरा वर्मा (ब्लॉक कांग्रेस कमेटी अध्यक्ष), जगदीश मारकण्डे, बोधन लाल महिलांग, प्रवेश शर्मा (भाजपा युवा मोर्चा अहिवारा), संजय पांडे (अहिवारा मंडल महामंत्री), राजा शर्मा (अहिवारा मंडल मंत्री), रमेश शर्मा, शिव कुमार वर्मा, दानेश्वर साहू, राजेश मानिकपुरी, देवेंद्र चंदेल, दिलीप जंघेल, सुरेश मुड़पार और नीलू ताम्रकार ने सहयोग प्रदान किया।

## किसानों के सम्मान में कांग्रेसी उतरे मैदान में



उतई। प्रदेश कांग्रेस कमेटी के निर्देश पर सेवा सहकारी समिति उतई में ज्ञापन सौपा गया। नगर पंचायत उतई, ग्राम डुमरडीह, खोपली, रामगोटी इंदौरा के किसानों एवं कांग्रेस कार्यकर्ताओं ने अपने ज्ञापन में

या व डी ए पी खाद की मांग को नी के नेतृत्व में बोरीगरका व ने मुख्यमंत्री के नाम से समिति हो रही समस्याओं से अवगत ज भाजपा सरकार द्वारा किसानों जा रहा है, जिसका सीधा असर किसानों को एनपीके खाद थमाया लाभदायक नहीं है। किसानों को उपलब्ध कराए। इस अवसर पर कृत अध्यक्ष राजेश साहू, चुम्पन लाल, कुमार साहू, गज्जू हिरवानी, साहू, मनीष सोनवानी, सुमित राडाडीह के किसान उपस्थित थे।

वृहताकार सेवा सहकारी समिति मर्यादित नगपुरा में क्षेत्र के न दामोंदा, खुर्सीडीह, अंजोरा, कोटनी, मोहलई के सैकड़ों कि कार्यकर्ताओं के साथ वर्तमान में डी ए पी खाद, बीज सहित की किल्लत को लेकर धरना दिए और मुख्यमंत्री के नाम कांग्रेस सहकारिता प्रकोष्ठ के अध्यक्ष रिवेंद्र यादव ने कहा साय सरकार बाकी मोर्चे में फिसडुडी साबित होने के साथ ही मामले में फेल हो गई है। धरना व ज्ञापन सौपने के दौरान पूर्व अध्यक्ष मुकुंद पारकर, किसान नेता बंशी देवांगन, खिलेंद्र सिन्हा, मिथलेश देशमुख, डॉ भीखम धनकर, ताम्रध्वज सि मढरीया, मोंटू, लोकेश बंजारे, कैलाश देवांगन, नंदकुमार दे राम, लोकेश साहू, नम्मू सिन्हा, मनोहर साहू, गणपत जांगड़े, द्वारिका साहू, सुंदर यादव, मनोज यादव, कन्हैया साहू, अश्व मन्नुलाल। देशमुख सहित क्षेत्रीय किसान उपस्थित थे।

## सांदीपनी अकेडमी में पूर्व मंत्री रविन्द्र चौबे ने किया वृक्षारोपण



दुर्ग। सांदीपनी अकेडमी अछोट्टी के राष्ट्रीय सेवा योजना इकाई ने "एक पेड़ मां के नाम 2.0" जागरूकता अभियान के तहत पौधारोपण किया गया। मुख्य अतिथि पूर्व कैबिनेट मंत्री रविंद्र चौबे के द्वारा पौधारोपण की शुरुआत की। इससे पहले महाविद्यालय के डायरेक्टर महेंद्र चौबे, प्रशासनिक अधिकारी सुधीर तिवारी शिक्षा विभाग के प्राचार्या डॉ. स्वाति श्रीवास्तव

एवं नर्सिंग विभाग की प्राचार्या प्रो. आकांक्षा गॉटलिब ने श्री चौबे का स्वागत किया। मुख्य अतिथि ने कहा कि मां जीवन का आधार है और पेड़ जीवन की सांस। इस अभियान में सक्रिय भागीदारी दें और अपनी मां के नाम पर एक हरित उपहार इस धरती को दें। कार्यक्रम के अंत में निदेशक महेंद्र चौबे ने अतिथियों को स्मृति चिन्ह भेंट किया।

## य डालेश साहू ने शिक्षा विभाग से पूछे सवाल

## में पालक हुए नाराज

बच्चों को न्योता अं डा। ग्राम पंचायत 3 शाला प्रवेश उत्सव के प्राथमिक मिडिल हाई सरपंच अनिल सोनी द्वारा कराया गया। तीनों संस सदस्यगण, पंचगण आ



भिलाई 22-12-2025

## मेगा हेल्थ कैंप के चौथे दिन बच्चों को कराया स्वर्ण प्राशन, समापन आज होगा

रायपुर | आयुर्वेदिक कॉलेज परिसर में चल रही मेगा हेल्थ कैंप में रविवार को चौथे दिन आयुर्वेद विभाग में 0 से 16 वर्ष तक के बच्चों को स्वर्ण प्राशन कराया गया। राज्य की महिला एवं बाल विकास मंत्री लक्ष्मी राजनवाड़े भी शिविर पहुंची और बच्चों को स्वर्ण प्राशन करवाया। कुल 1200 बच्चों को यह औषधि दी गई। मंत्री राजनवाड़े ने आयोजकों और रायपुर पश्चिम विधायक राजेश भुगत के साथ सभी विभागों का निरीक्षण किया। इस दौरान छत्तीसगढ़ मेडिकल सर्विसेज कॉरपोरेशन के अध्यक्ष दीपक मंसके भी मौजूद रहे। शिविर में देश के 42 प्रतिष्ठित अस्पतालों के 55 विशेषज्ञ डॉक्टर सेवाएं दे रहे हैं। कैंप का 22 दिसंबर को समापन किया जाएगा। समापन कार्यक्रम में दोपहर दोपहर 12 बजे मुख्य अतिथि राज्यपाल रमेश ठेका मौजूद रहेंगे। अध्यक्षता पूर्व महाराष्ट्र राज्यपाल रमेश बैस करेंगे। विशिष्ट अतिथि सांसद बुजमोहन अग्रवाल, पूर्व विधानसभा अध्यक्ष गीरीशकर अग्रवाल, विधायक मोतीलाल साहू, सुनील सोनी, पुरंदर मिश्रा, महापौर मीनल चौबे, जिलाध्यक्ष रमेश ठाकुर होंगे।

जैकेट व पेज 1 के शेष



# हरिभूमि

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EK PED MAA KE NAAM

## Ravindra Choubey plants saplings in Sandipani Academy



**DHAMDHA:** Under World Environment Day, the National Service Scheme unit of Sandipani Academy Achoti planted trees under the awareness campaign "One tree in the name of mother in the presence of chief guest Ravindra Choubey (former cabinet minister of Chhattisgarh government). Ravindra Choubey was welcomed by the college director Mahendra Choubey, administrative officer Sudhir Tiwari, Principal of Education Department Dr. Swati Srivastava and Principal of Nursing Department Prof. Akanksha Gottlieb. In this campaign, Avinash Choubey, Shivendra Choubey, Rajiv Gupta (former Municipal Council President), Jalam Patel (Former District Member), Suresh Mudpar, Neelu Tamrakar extended their cooperation.

सहयाग रहा ।

## पूर्व मंत्री चौबे ने किया पौधारोपण



**धमधा।** सांदीपनी अकेडमी अछोटी के राष्ट्रीय सेवा योजना इकाई द्वारा विश्व पर्यावरण दिवस के अंतर्गत एक पेड़ मां के नाम 2.0 जागरूकता अभियान चलाया गया। जिसमें मुख्य अतिथि रविंद्र चौबे (पूर्व कैबिनेट मंत्री छत्तीसगढ़ शासन) ने पौधारोपण किया। रविंद्र चौबे का स्वागत महाविद्यालय के डायरेक्टर महेंद्र चौबे, प्रशासनिक अधिकारी सुधीर तिवारी शिक्षा विभाग के प्राचार्या डॉ. स्वाति श्रीवास्तव एवं नर्सिंग विभाग की प्राचार्या प्रो. आकांक्षा गॉटलिब ने पुष्प गुच्छ-पौधा भेंट कर किया। इस अभियान में अविनाश चौबे, शिवेंद्र चौबे, राजीव गुप्ता (पूर्व नगर पालिका अध्यक्ष), जालम पटेल (पूर्व जनपद सदस्य), शिवकुमार वर्मा, डी.पी. तिवारी, आशीष पांडे, डालेश्वर साहू (जनपद सदस्य), हीरा वर्मा (ब्लॉक कांग्रेस कमेटी अध्यक्ष), जगदीश मारकण्डे, बोधन लाल महिलांग, प्रवेश शर्मा (भाजपा युवा मोर्चा अहिवारा), संजय पांडे (अहिवारा मंडल महामंत्री), राजा शर्मा (अहिवारा मंडल मंत्री), रमेश शर्मा, शिव कुमार वर्मा, दानेश्वर साहू, राजेश मानिकपुरी, देवेन्द्र चंदेल, दिलीप जंघेल, सुरेश मुड़पार और नीलू ताम्रकार ने सहयोग प्रदान किया।

## एक पेड़ मां के नाम 2.0 अभियान, सांदीपनी अकेडमी में पूर्व मंत्री रविन्द्र चौबे ने किया वृक्षारोपण

धमधा (वाँच ब्यूरो)। सांदीपनी अकेडमी अछोटी के राष्ट्रीय सेवा योजना इकाई द्वारा विश्व पर्यावरण दिवस के अंतर्गत दिनांक 01/07/2025 को एक पेड़ मां के नाम 2.0 जागरूकता अभियान के तहत मुख्य अतिथि श्री रविन्द्र चौबे जी (पूर्व कैबिनेट मंत्री छ.ग. शासन) के द्वारा वृक्षारोपण किया गया।

रविन्द्र चौबे जी का स्वागत महाविद्यालय के डायरेक्टर श्री महेंद्र चौबे, प्रशासनिक अधिकारी श्री सुधीर तिवारी शिक्षा विभाग के प्राचार्या डॉ. स्वाति श्रीवास्तव एवं नर्सिंग विभाग की प्राचार्या प्रो. आकांक्षा गॉटलिब के द्वारा पुष्प गुच्छ/पौधा भेंट कर किया गया। तत्पश्चात माननीय रविन्द्र चौबे जी द्वारा वृक्षारोपण किया गया। इस अभियान में श्री अविनाश चौबे, श्री शिवेंद्र चौबे, श्री राजीव गुसा (पूर्व



नगर पालिका अध्यक्ष), जालम पटेल (पूर्व जनपद सदस्य), शिवकुमार वर्मा, डी.पी. तिवारी, आशीष पांडे, डालेश्वर साहू (जनपद सदस्य), हीरा वर्मा (ब्लॉक कांग्रेस कमेटी अध्यक्ष), जगदीश मारकण्डे, बोधन लाल महिलांग, प्रवेश शर्मा (भाजपा युवा मोर्चा अहिवारा), संजय पांडे (अहिवारा मंडल महामंत्री), राजा शर्मा (अहिवारा मंडल मंत्री), रमेश शर्मा, शिव कुमार वर्मा, दानेश्वर साहू, राजेश मानिकपुरी, देवेन्द्र चंदेल, दिलीप जंघेल, सुरेश मुड़पार, नीलू

ताम्रकार ने सहयोग प्रदान किया। वृक्षारोपण के दौरान मुख्य अतिथि ने अपने वक्तव्य में कहा- माँ जीवन का आधार है और पेड़ जीवन की साँस। जब हम मां के नाम पर पेड़ लगाते हैं तो हम भविष्य को जीवनदायिनी भावनाओं और शुद्ध वायुमंडल दोनों को सौगात देते हैं। हर नागरिक, विशेष रूप से युवा वर्ग से अनुरोध है कि वे इस अभियान में सक्रिय भागीदारी करें और अपनी मां के नाम पर एक हरित उपहार इस धरती को दें। यह केवल एक पेड़ नहीं एक संवेदनशील और स्थायी बदलाव की शुरुआत है, जिसे जन-जन तक पहुँचाना है। वृक्षारोपण के साथ-साथ निदेशक कक्ष का उद्घाटन भी किया गया। कार्यक्रम के अंत में निदेशक श्री महेंद्र चौबे जी द्वारा अतिथियों को स्मृति चिन्ह भेंट किया गया।

## सांदीपनी अकेडमी में पूर्व मंत्री रविन्द्र चौबे ने किया वृक्षारोपण



दुर्ग। सांदीपनी अकेडमी अछोटी के राष्ट्रीय सेवा योजना इकाई ने "एक पेड़ मां के नाम 2.0" जागरूकता अभियान के तहत पौधरोपण किया गया। मुख्य अतिथि पूर्व कैबिनेट मंत्री रविन्द्र चौबे के द्वारा पौधरोपण की शुरुआत की। इससे पहले महाविद्यालय के डायरेक्टर महेंद्र चौबे, प्रशासनिक अधिकारी सुधीर तिवारी शिक्षा विभाग के प्राचार्या डॉ. स्वाति श्रीवास्तव

एवं नर्सिंग विभाग की प्राचार्या प्रो. आकांक्षा गॉटलिब ने श्री चौबे का स्वागत किया। मुख्य अतिथि ने कहा कि मां जीवन का आधार है और पेड़ जीवन की साँस। इस अभियान में सक्रिय भागीदारी दें और अपनी मां के नाम पर एक हरित उपहार इस धरती को दें। कार्यक्रम के अंत में निदेशक महेंद्र चौबे ने अतिथियों को स्मृति चिन्ह भेंट किया।

# एक पेड़ मां के नाम अभियान में पूर्व मंत्री चौबे ने किया पौधारोपण



पूर्व मंत्री रविंद्र चौबे सहित अन्य पौधा रोपते हुए। ● आयोजक

नईदुनिया न्यूज, धमधा : सांदीपनी अकेडमी अछोटी के राष्ट्रीय सेवा योजना इकाई ने एक पेड़ मां के नाम 2.0 जागरूकता अभियान का आयोजन किया। मुख्य अतिथि पूर्व मंत्री रविंद्र चौबे ने पौधारोपण किया। इस दौरान संस्थान के डायरेक्टर महेंद्र चौबे, प्रशासनिक अधिकारी सुधीर तिवारी, शिक्षा विभाग के प्राचार्या डा. स्वाति श्रीवास्तव व नर्सिंग विभाग की प्राचार्या

प्रो. आकांक्षा गाटलिब ने पूर्व मंत्री का स्वागत किया। अभियान में अविनाश चौबे, शिवेंद्र चौबे, राजीव गुप्ता (पूर्व नगर पालिका अध्यक्ष), जालम पटेल (पूर्व जनपद सदस्य), शिवकुमार वर्मा, डीपी तिवारी, आशीष पांडे, डालेश्वर साहू, हीरा वर्मा (ब्लाक कांग्रेस कमेटी अध्यक्ष), जगदीश मारकंडेय, बोधन लाल, प्रवेश शर्मा, संजय पांडेय, राजा, रमेश शर्मा आदि मौजूद थे।

## संदीपनि एकेडमी में एआई पर प्रेरक कार्यशाला, बिजनेसगढ़ की पहल से छात्रों में दिखा जबरदस्त उत्साह

अछोटी (दुर्ग)। संदीपनि एकेडमी, अछोटी में आज इम्पावरींग द नेक्स्ट जेनरेशन विथ आर्टिफिशियल इन्टेलीजेंस विषय पर एक प्रेरक कार्यशाला का आयोजन किया गया। इस कार्यशाला का उद्देश्य छात्रों को आर्टिफिशियल इंटेलिजेंस (एआई) की मूल अवधारणा से परिचित कराना और उन्हें भविष्य की तकनीकी दिशा की ओर प्रोत्साहित करना था। कार्यक्रम



का आयोजन बिजनेसगढ़ के सहयोग से किया गया। मुख्य वक्ता के रूप में डॉ. डोमेंद्र सिंह गंजीर, सह-संस्थापक बिजनेसगढ़, और श्री कुलदीप आनंद, एआई विशेषज्ञ एवं मेंटर, उपस्थित रहे। डॉ. गंजीर ने अपने संबोधन में कहा, आज की युवा पीढ़ी को तकनीक को समझकर उसे समाज और व्यवसाय में उपयोग करने की दिशा में आगे बढ़ना चाहिए।

एआई आने वाले समय की सबसे बड़ी क्रांति बनने जा रही है। श्री कुलदीप आनंद ने छात्रों को एआई के वास्तविक उपयोग और इसके विभिन्न क्षेत्रों — जैसे शिक्षा, स्वास्थ्य और व्यापार — में बढ़ते प्रभाव के बारे में बताया। कार्यशाला में छात्रों ने उत्साहपूर्वक भाग लिया और तकनीक से जुड़े कई रोचक प्रश्न पूछे। संदीपनि एकेडमी के प्रबंधन और शिक्षकों ने इस आयोजन को सफल बनाने में महत्वपूर्ण भूमिका निभाई। यह कार्यक्रम छात्रों के लिए एक ज्ञानवर्धक और प्रेरक अनुभव साबित हुआ, जिसने उनमें नवाचार और तकनीकी सोच को और प्रबल किया।



रायपुर 23-12-2025

उन्होंने 'परिस्थिति' का गुलाम बनने के बजाय, अपनी 'मन की स्थिति' का मालिक बनने के लिए प्रेरित किया।

कारण क भा लाग खालापन महसूस कर रह ह।

टकाऊ हात ह।

**सीख:** मन प्रतिदिन शांति, साइलेंस और सकारात्मक संकल्प के स्वस्थ होगा।

**सीख:** दुकान में सामान ही नहीं शांति को भी पैकेजिंग करें।

## मेगा हेल्थ कैंप का समापन, 65 हजार लोगों ने लिया लाभ

कम्युनिटी रिपोर्टर | रायपुर

आयुर्वेदिक महाविद्यालय परिसर में आयोजित पांच दिवसीय मेगा हेल्थ कैंप का सोमवार को समापन हो गया। समापन कार्यक्रम में राज्यपाल रमेश डेका, महाराष्ट्र के पूर्व राज्यपाल रमेश बैस, विधायक एवं आयोजक राजेश मृगत प्रमुख रूप से मौजूद रहे। कैंप में सेवाएं देने वाले डॉक्टरों और समाजसेवी संस्थाओं का राज्यपाल ने सम्मान किया। मेगा हेल्थ कैंप में 45 से अधिक अस्पतालों ने महत्वपूर्ण



योगदान दिया। वहीं 700 से अधिक स्वास्थ्यकर्मियों ने दिन-रात सेवा की। वहीं 'स्वस्थ शरीर और तुष्ट मन' के संकल्प के साथ मांगीलाल जैन एवं उनकी टीम के प्रबंधन में प्रतिदिन 12 हजार से अधिक लोगों के लिए उच्च स्तरीय एवं स्वच्छ

भोजन की व्यवस्था की। पांच दिनों तक कुल 65266 परामर्श और जांचें हुईं। इसके अतिरिक्त 60 यूनिट रक्तदान, 140 आयुष्मान कार्ड निर्माण, दिव्यांग सहायता के तहत 186 जयपुर फुट, 70 कृत्रिम अंग का वितरण किया गया।



## एजुकेशन प्लस

### सांदीपनी एकेडमी, अछोटी में विश्व मानसिक स्वास्थ्य दिवस पर कार्यशाला हुई

भिलाई। सांदीपनी एकेडमी, अछोटी में 8 अक्टूबर को विश्व मानसिक स्वास्थ्य दिवस के उपलक्ष्य पर आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ के



तत्वावधान में कार्यशाला का आयोजन किया गया। कार्यशाला का उद्देश्य विद्यार्थियों, समस्त स्टाफ एवं जन जन को मानसिक स्वास्थ्य के प्रति जागरूक करना और जीवन में मानसिक संतुलन बनाए रखने के तरीके से अवगत करना था। कार्यक्रम में मुख्य वक्ता के रूप में डॉक्टर प्रमोद गुप्ता (डायरेक्टर आफ सिम्हान्स) आमंत्रित थे। मुख्य वक्ता ने मानसिक स्वास्थ्य का घनिष्ठ संबंध शारीरिक स्वास्थ्य से बताया, यदि हम शरीर को स्वस्थ रखना चाहते हैं तो पहले मन को स्वस्थ रखना आवश्यक है इसके लिए उन्होंने तनाव प्रबंधन, सकारात्मक सोच, योग, ध्यान और संतुलित दिनचर्या की भूमिका पर प्रकाश डाला। डा. प्रमोद गुप्ता ने कहा कि मानसिक रोगों से पीड़ित व्यक्तियों को समाज में सहानुभूति और सहयोग प्रदान करना हमारी सामूहिक जिम्मेदार है प्राचार्य डॉ. स्वाति श्रीवास्तव ने स्वागत उद्बोधन गया। कार्यक्रम में विद्यार्थियों ने प्रश्न उत्तर द्वारा अपनी समस्या का समाधान विशेषज्ञ से प्राप्त किया। कार्यशाला का संचालन सहायक प्राध्यापक डॉ. मीना पाण्डेय द्वारा किया गया। धन्यवाद ज्ञापन विभागाध्यक्ष डॉ. संध्या पुजारी द्वारा दिया गया। संचालक महेंद्र चौबे के संरक्षण में प्रशासनिक अधिकारी सुधीर तिवारी, आई. क्यु.एसी कोऑर्डिनेटर गुलशन कुमार बेहेरा, तकनीकी सहायक जितेश कुमार साहू एवं समस्त स्टाफ के सहयोग से कार्यक्रम सफलतापूर्वक संपन्न हुआ।

# Scientific Journal of Artificial Intelligence and Blockchain Technologies (SJAIBT)

The *Scientific Journal of Artificial Intelligence and Blockchain Technologies (SJAIBT)* invites original and high-quality research contributions from academicians, researchers, and industry professionals working in the domains of Artificial Intelligence, Blockchain, and allied emerging technologies. The journal publishes research articles, review papers, technical notes, conceptual frameworks, and application-based case studies in areas including, but not limited to, Machine Learning, Deep Learning, Natural Language Processing, Computer Vision, Blockchain Architecture, Smart Contracts, Cryptography, Web3 Technologies, AI Ethics, Cybersecurity, and Industry 4.0 applications.

## Submission & Manuscript Preparation Guidelines

1. **Abstract & Keywords:** Each manuscript must begin with a concise abstract of approximately 150–250 words in 12-point Times New Roman (italic), followed by 4–6 relevant keywords.
2. **Manuscript Submission:** Authors should submit their manuscripts in MS Word format (.doc or .docx) via email to [editor@sjaibt.org](mailto:editor@sjaibt.org).
3. **Peer Review Process:** All submissions are evaluated through a rigorous double-blind peer review process to ensure originality, technical soundness, and academic integrity.
4. **Page Setup:** Manuscripts should maintain standard A4 page size with 1-inch margins on all sides.
5. **References & Citations:** A complete and consistently formatted reference list must be included at the end of the paper. Submissions lacking references will not be considered.
6. **Headings & Structure:** Main section headings should be in bold sentence case. Sub-headings may appear in regular font, with a uniform indentation of 0.5 inches.
7. **Line Spacing:** Use 1.5 line spacing throughout the manuscript, including references and tables.
8. **Review Timeline:** The editorial review and publication process generally takes **2–4 weeks**, subject to reviewer recommendations and author revisions.
9. **Word Limit:** Research articles should contain a minimum of **1,500 words** and reflect a complete scholarly structure, including methodology and analysis where applicable.
10. **Editorial Decision:** The decision of the editorial board and reviewers shall be final. Any attempt to contact reviewers directly will result in immediate rejection.
11. **File Format:** Only editable Word documents are accepted. PDF submissions will not be processed.
12. **Originality:** Manuscripts must be original and not under consideration elsewhere. Plagiarism beyond permissible limits will lead to rejection.



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## **Message from the Chief Patron** **Sandipani Group of Institutions**

It is with immense pride and a profound sense of purpose that I extend my heartfelt greetings to all the distinguished delegates, erudite scholars, and visionary thinkers assembled for the **2nd International Seminar on ‘Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System’**.

In an era defined by the relentless march of Artificial Intelligence, a critical question confronts our global civilization: How do we steer this formidable power towards the enhancement of human wisdom and holistic well-being?

This seminar, in its innovative hybrid format, represents a vital sangam—a confluence. It is a confluence of the ancient and the modern, of algorithmic precision and spiritual insight, of global technological discourse and rooted indigenous wisdom. The dialogues here aim to do more than just adapt AI to our traditions; they seek to enrich and re-imagine AI through these traditions, offering the world a uniquely integrative perspective.

I commend the organizers for their foresight in championing this critical dialogue. To all the participants, your scholarly contributions are the cornerstone of this endeavor. May your deliberations be insightful, your collaborations fruitful, and may the knowledge generated here illuminate a path towards a more ethical, inclusive, and spiritually grounded technological future for all of humanity.

I extend my best wishes for a highly productive and inspiring seminar.

Warmly,

Mahendra Choubey,  
Director,  
Sandipani Group of Institutions



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Date: 06.11.2025  
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## **Message from the Chief Patron Veetrage Research Foundation**

It is with immense pleasure and pride that I extend my warm greetings to all contributors, scholars, and readers of the Proceedings of the International Seminar on *“Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System.”*

The publication of these proceedings represents a meaningful academic milestone, capturing diverse scholarly reflections on the harmonious integration of India’s rich intellectual heritage with contemporary advancements in Artificial Intelligence. At a time when technology is rapidly reshaping human thought, education, and society, revisiting the timeless wisdom embedded in the Indian Knowledge System offers ethical depth, holistic vision, and human-centric direction to technological innovation.

The research papers compiled in this volume demonstrate rigorous inquiry, originality of thought, and interdisciplinary engagement. They not only contribute to academic discourse but also reaffirm the relevance of indigenous knowledge systems in addressing modern challenges related to ethics, sustainability, education, and responsible technological development. Such scholarly endeavors are essential for nurturing a balanced future where innovation is guided by values, consciousness, and social responsibility.

I sincerely appreciate the dedicated efforts of the organizing institutions, editors, reviewers, and the academic community whose commitment and collaboration have made this publication possible. I am confident that this proceeding will serve as a valuable reference for researchers, educators, policymakers, and practitioners, and will inspire further research at the intersection of tradition and technology.

I congratulate all the authors for their valuable contributions and wish the readers enriching academic engagement through this scholarly work.

**Dr. Divya Sharma**

*Chief Patron*

International Seminar

Chairperson, Veetrage Research Foundation



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## **Message from the Patron Sandipani Academy**

It is with immense pleasure and a profound sense of responsibility that I extend my patronage to the 2nd International Seminar on “Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System.”

We stand at a unique inflection point in human history, where the unprecedented capabilities of Artificial Intelligence intersect with the need for deep-rooted ethical and philosophical grounding. In this crucial dialogue, the Indian Knowledge System (IKS) is not merely a relic of the past but a vibrant, living compass. It offers timeless frameworks for understanding consciousness, logic, ethics, and holistic well-being that are acutely relevant to the age of AI.

This seminar symbolizes the very bridge it seeks to build—connecting physical and virtual spaces, ancient wisdom and cutting-edge computation. The themes you will explore—from the algorithmic principles in ancient Indian texts to the ethical imperatives of Dharma in machine learning—are critical for shaping a future where technology amplifies human potential without eroding our cultural and spiritual foundations.

My best wishes to all the participants for a seminar that is both intellectually rigorous and inspirationally transformative. May the conversations that begin here echo far beyond these two days, guiding us toward a more conscious and harmonious technological future.

Warmly,

Dr. Swati Srivastava  
Principal  
Sandipani Academy,  
Achhoti, Durg,  
Chhattisgarh



# VEETRAGE RESEARCH FOUNDATION

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**Registration Date- 13.02.2015**

**Date: 06.11.2025**  
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## **Message from the Patron** **Veetrage Research Foundation**

**‘Dear Esteemed Scholars, Academicians and Researchers,**

It is with great honour and enthusiasm that I present the Seminar Proceedings Journal of International Seminar on "**Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System**".

This publication marks a significant step in our collective efforts to bridge the wisdom of the past with the demands of the present and the future.

The Indian Knowledge System (IKS) envisions an education system which is deeply rooted in India's rich heritage while being forward looking and globally pertinent. IKS encompasses traditions of ancient sciences, wellness practices, mathematics, arts, language, and traditional crops which holds immense potential to enrich modern technical world of AI. By integrating these time-tested principles with contemporary technical approaches, we can create a new insights, innovative solutions, holistic and interdisciplinary pathways towards research and value- based learning framework for future generations.

This seminar proceedings journal compiles outstanding research contributions that explore diverse perspectives on IKS and AI and its application through bridging tradition and technology.

Over the course of this international seminar, we discussed the various critical topic designs to enhance deployment of AI through the lens of IKS. I extend my heartfelt thanks to our Respected Chief-Patrons, Esteemed Speakers and all the participants for their insightful contribution. I also appreciate the dedication of the organising committee and editorial team for their efforts in making this publication a reality.

I hope this proceedings serves as a fruitful reference for researchers, educators and policymakers for the insightful understanding of such two diverse nature variables to unite the future.

Thank you for joining us on this important journey.

**Sincerely,**

**Dr. Roli Tiwari,**

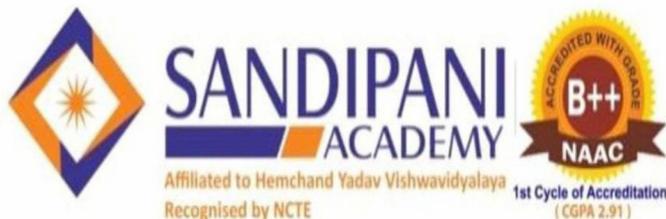
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**Advisory Board Member, Veetrage Research Foundation, Raipur (CG)**

**&**

**Assistant Professor (Guest) SoS in Psychology,**

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## **Message from the Convener**

### **Sandipani Academy**

#### **Dear Esteemed Researchers, Scholars and Contributors**

It gives me immense pleasure and a deep sense of academic pride to extend my warm greetings to all the distinguished delegates, eminent scholars, academicians, researchers, students, and participants on the occasion of the 2nd International Seminar (Hybrid Mode) on “Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System”, on 09th–10th January 2026.

In the contemporary era, where rapid technological advancements are redefining every sphere of human life, it becomes imperative to harmonize modern innovations such as Artificial Intelligence with the timeless wisdom of the Indian Knowledge System (IKS). This international seminar aims to create an intellectually stimulating platform for meaningful dialogue, critical reflection, and scholarly exchange between tradition and technology, thereby fostering holistic and sustainable development in education, research, and society.

I sincerely believe that this seminar will encourage interdisciplinary perspectives, promote innovative research, and inspire participants to explore new dimensions of knowledge rooted in cultural values and ethical frameworks. The presence of esteemed speakers, experts from national and international institutions, and enthusiastic participants will undoubtedly enrich the academic discourse and make this event a memorable and impactful experience.

On behalf of the organizing committee, I express my heartfelt gratitude to our honorable management, collaborating institutions, advisory committee members, keynote speakers, resource persons, and all contributors whose guidance, support, and dedication have made this academic endeavour possible. I also extend my best wishes to all the participants for fruitful deliberations, insightful interactions, and a rewarding learning experience.

I am confident that the outcomes of this seminar will contribute significantly to academic excellence, research innovation and the integration of Indian knowledge traditions with emerging technologies.

With best wishes for the grand success of the seminar.

Dr. Sandhya Pujari  
Convener, International Seminar  
HoD, Sandipani Academy, Achhoti, Durg, Chhattisgarh

## **Message from the Convener**

### **Pragati College**

Dear Esteemed Students, Research Scholars, faculties, Resource Persons and Guest

It is with great pleasure and honor that I extend a warm welcome to all of you for the upcoming 2nd International Seminar on “Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System”, scheduled to be held on 9th & 10th January, 2026 at Sandipani Academy, Durg (Chhattisgarh).

The seminar aims to create a vibrant platform for academicians, researchers, industry experts, and students to explore the synergy between ancient Indian wisdom and cutting-edge Artificial Intelligence (AI) technologies. Over the course of two days, we will delve into thought-provoking sub-themes that bridge traditional knowledge with modern innovations, fostering interdisciplinary dialogue and collaborative research.

I am grateful to our resource persons, partnering institutions—Pragati College and Veetranga Research Foundation—and the Institution’s Innovation Council (Ministry of Education) for their unwavering support. Together, we strive to nurture an environment where tradition meets technology, paving the way for sustainable solutions and inclusive growth.

I know that the seminar’s learning outcomes will Valuable, Innovative and significantly contribute to academic excellence, research innovation and the integration of Indian knowledge system with emerging technologies and inspire participants to explore new dimensions of knowledge entrenched in cultural values, Traditional value, and ethical frameworks.

With warm regards,  
Dr. Gunjan Sharma (Assistant professor)  
Organizing Secretary  
2nd International Seminar – 2026



# VEETRAGA RESEARCH FOUNDATION

*Academic + Research = Excellence*

Registration Number- 5152  
Registration Date- 13.02.2015

Date: 06.11.2025  
[www.vrf.org.in](http://www.vrf.org.in)

## Message from the Organising Secretary

### Veetraga Research Foundation

It gives me immense pleasure to present this message on the occasion of the *International Seminar on "Bridging Tradition and Technology: AI Perspectives through the Lens of Indian Knowledge System,"* being organized at **Sandipani Academy** in collaboration with **Veetraga Research Foundation, Raipur**, and **Pragati College, Raipur**.

In the contemporary era of rapid technological advancement, Artificial Intelligence has emerged as a powerful force reshaping education, research, governance, and society at large. At the same time, India's rich **Indian Knowledge System (IKS)** offers profound philosophical, ethical, and pedagogical foundations that emphasize holistic development, human values, and harmony between knowledge, wisdom, and action. This international seminar is a sincere academic endeavour to create a meaningful dialogue between these two domains—ancient wisdom and modern technology—so that innovation remains ethically grounded and culturally rooted.

This seminar provides a valuable platform for academicians, researchers, educators, and scholars to exchange ideas, share research insights, and critically examine how AI can be guided by the principles of Indian knowledge traditions. The deliberations and scholarly contributions compiled in this souvenir reflect diverse perspectives and innovative thinking, and I am confident that they will inspire further research and interdisciplinary collaboration.

I express my heartfelt gratitude to **Sandipani Academy** for hosting this international academic event, and to **Pragati College, Raipur** for their active collaboration. I sincerely thank all the distinguished speakers, resource persons, contributors, reviewers, and participants whose intellectual engagement has made this seminar meaningful and successful. I also appreciate the dedicated efforts of the organizing committee and volunteers for their commitment and coordination.

I hope that the discussions and research outcomes presented in this seminar will contribute significantly to the academic community and encourage the responsible integration of Artificial Intelligence through the timeless wisdom of the Indian Knowledge System.

With best wishes for the grand success of the seminar.

**Bhawana Kshatriya**

*Organising Secretary*

Veetraga Research Foundation, Raipur

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## Artificial Intelligence as a Unifying Tool for Holistic Health: Merging Ancient Wisdom and Modern Science

Dr. Swati Srivastava

Principal, Sandipani Academy

Achhoti, Durg, Chhattisgarh



**Abstract—** The global healthcare landscape is dominated by modern, evidence-based medicine, yet traditional systems like Ayurveda offer a complementary, holistic paradigm focused on personalized balance and prevention. The advent of Artificial Intelligence (AI) presents a transformative opportunity to integrate these seemingly disparate systems, creating a novel framework for predictive, preventive, personalized, and participatory (P4) medicine. This paper explores the theoretical and practical feasibility of such integration. We propose a conceptual AI architecture capable of harmonizing diagnostic data from modern biomedical sensors (genomics, proteomics, metabolomics, and imaging) with Ayurvedic parameters (Prakriti - constitutional typing, Dosha imbalance, Agni - metabolic state, Ama - toxicity). We examine AI methodologies, including machine learning for multimodal data fusion, natural language processing for analyzing classical Ayurvedic texts, and explainable AI (XAI) for generating interpretable health insights. Key challenges are addressed: data standardization, ontological mapping between terminologies, validation through clinical trials, and ethical considerations regarding bias and safety. Through a review of nascent research and conceptual frameworks, we argue that AI-mediated integration can mitigate the reductionist limitations of modern medicine and the subjective, experience-based limitations of Ayurveda. The outcome envisions a hybrid health ecosystem where AI-powered tools assist clinicians and Ayurvedic practitioners in creating dynamic, personalized health plans, optimizing lifestyle, diet, herbal interventions, and conventional therapies. This synthesis has the potential to revolutionize healthcare by moving from a disease-centric to a true health-centric model.

**Keywords—** Artificial Intelligence, AI in Healthcare, Integrative Medicine, Ayurveda, Precision Medicine, Holistic Health, Prakriti, Digital Health, Data Fusion, Explainable AI.

### Introduction

Healthcare in the 21st century stands at a critical juncture. Modern Western medicine, rooted in pathophysiology and molecular biology, has achieved remarkable success in acute care, surgery, and infectious disease control. However, it faces escalating challenges from the global burden of chronic, non-communicable diseases (e.g., diabetes, cardiovascular disorders, 1-+ .02and autoimmune conditions) and a often fragmented, reactive, and depersonalized care model. Concurrently, there is a resurgence of interest in traditional medical systems, which offer time-tested, holistic approaches emphasizing prevention, individual constitution, and mind-body-environment interconnectedness. Among these, Ayurveda, the ancient Indian "science of life," provides a sophisticated theoretical framework for health maintenance and disease management based on the balance of three bio-energetic principles, the Doshas (Vata, Pitta, Kapha), and individual constitution (Prakriti).

The fundamental dichotomy between the objective, data-driven paradigm of modern medicine and the subjective, qualitative, and experiential nature of Ayurveda has historically impeded meaningful integration. Modern medicine seeks universal biomarkers, while Ayurveda assesses unique phenotypic and psychosomatic constitutions. This is where Artificial Intelligence (AI) emerges as

a potent unifier. AI, particularly machine learning (ML), excels at finding complex, non-linear patterns in high-dimensional, multimodal data precisely the kind of heterogeneous information generated by both systems.

This research paper posits that AI is the key catalyst for creating a robust, evidence-based, and scalable integrative health model. We explore how AI can bridge the epistemological gap, translating Ayurvedic concepts into computable data and fusing them with modern diagnostics to enable a new paradigm of holistic precision health. The paper is structured as follows: Section 2 details the core principles of Ayurveda relevant to integration; Section 3 outlines the capabilities of modern AI relevant to healthcare; Section 4 presents a conceptual AI architecture for integration; Section 5 discusses specific AI applications; Section 6 addresses critical challenges and ethical considerations; and Section 7 concludes with future directions.

### **Ayurveda: A Framework for Computational Integration**

To integrate Ayurveda with AI, its core diagnostic and prognostic principles must be rendered into structured, quantifiable parameters.

- **Prakriti (Constitutional Typing):** The cornerstone of Ayurvedic personalization, Prakriti is determined at conception and represents an individual's psychosomatic blueprint. It is assessed via detailed questionnaires examining physical attributes (body frame, skin, hair), physiological tendencies (digestion, sleep), and psychological traits (mindset, emotions). AI can transform this subjective assessment by incorporating objective measures: facial recognition for Prakriti-related features, voice pattern analysis for vocal qualities, and even gait analysis linked to Doshic tendencies.
- **Dosha Vikriti (State of Imbalance):** While Prakriti is static; the Doshic state (Vikriti) is dynamic, fluctuating with diet, lifestyle, season, and age. Disease is viewed as a significant Dosha imbalance. AI models can correlate real-time sensor data (heart rate variability for Vata, thermography for Pitta, bio-impedance for Kapha) with subjective symptoms to track Vikriti.
- **Agni (Metabolic Fire) and Ama (Metabolic Toxins):** Robust Agni is equated with health, while impaired Agni leads to Ama, a toxic byproduct implicated in disease onset. Modern correlates of Ama may be found in gut microbiome dysbiosis, chronic inflammation markers (e.g., CRP, IL-6), and oxidative stress biomarkers. AI can model the relationship between dietary logs, microbiome sequencing data, and inflammatory markers to assess Agni and Ama.
- **Srotas (Channels of Circulation):** The unimpeded flow through bodily channels is vital. AI analysis of vascular imaging, lymphatic function, and neural connectivity patterns could provide a modern mapping of Srotas health.

The challenge lies in creating a standardized ontology a formal representation of Ayurvedic entities and their relationships that can be mapped to modern biomedical ontologies like SNOMED-CT.

### **Modern AI Capabilities: The Engine for Integration**

AI provides the toolkit to process and synthesize the vast, multimodal data required for integration.

- **Machine Learning & Deep Learning:** Supervised learning can build models to predict Prakriti from multimodal inputs. Unsupervised learning can cluster patient populations into novel phenotypes that may align with or refine Ayurvedic classifications. Deep neural networks can analyze medical images (retinal scans, tongue images) for signs linked to Doshic imbalance.
- **Natural Language Processing (NLP):** NLP is crucial for mining the vast, unstructured knowledge within classical Ayurvedic texts (Samhitas). It can extract relationships between herbs (Dravya), diseases (Vyadhi), and Doshic profiles, creating a searchable knowledge graph. Furthermore, NLP can analyze modern electronic health records (EHRs) to identify patterns corresponding to Ayurvedic concepts.

- **Multimodal Data Fusion:** This is the core technical challenge. AI algorithms, particularly architectures like transformers, can integrate disparate data types: genomic data (SNPs related to metabolism), transcriptomic/proteomic profiles, wearable data (sleep, activity), dietary logs, psychological assessments, and Ayurvedic parameters into a unified "digital health twin."
- **Explainable AI (XAI):** For clinical adoption, AI recommendations must be interpretable. XAI techniques (like SHAP or LIME) can explain why a model suggests a Pitta-pacifying diet or a specific herb, tracing the recommendation back to specific data inputs (e.g., "high inflammation markers + acidic pH + irritable temperament suggest elevated Pitta").

### A Conceptual AI Architecture for Integrative Health

We propose a layered AI architecture for holistic health integration:

1. **Data Acquisition Layer:** Collects data from diverse sources: IoT health sensors, EHRs, genomic assays, microbiome tests, digital Prakriti questionnaires, and patient-reported outcomes.
2. **Ontology & Knowledge Layer:** Houses the integrated Ayurveda-Modern Medicine ontology. It includes a knowledge graph populated from classical texts (via NLP) and modern medical databases, defining relationships between concepts (e.g., "Turmeric (*Curcuma longa*) has-property Tikta (bitter) ameliorates Pitta correlates-with anti-inflammatory targets NF- $\kappa$ B pathway").
3. **Multimodal Fusion & Modeling Layer:** The core AI/ML engine. It employs advanced algorithms (e.g., deep belief networks, multimodal transformers) to create a unified patient representation. It runs models for Prakriti prediction, Dosha imbalance tracking, and disease risk stratification.
4. **Interpretation & Recommendation Layer:** Uses XAI to generate insights. It interfaces with the knowledge graph to suggest personalized interventions: dietary modifications (aligned with Rasa - taste and Virya - potency), lifestyle routines (Dinacharya), herbal formulations, yoga/breathing exercises (Pranayama), and, crucially, potential modern pharmaceutical interventions or referrals, highlighting synergies and contraindications.
5. **User Interface Layer:** Provides dashboards for practitioners (integrative physicians, Ayurvedic Vaidyas) and patients, displaying health status, trends, and actionable recommendations in an accessible format.

### Specific AI Applications in Integrated Health

- **Predictive Health & Risk Stratification:** An AI model could predict an individual's propensity for metabolic syndrome not just from genetic and lipid profiles, but also from their Kapha-dominant Prakriti, low Agni score from dietary analysis, and sedentary patterns. Early, personalized Kapha-pacifying interventions could be initiated years before clinical onset.
- **Personalized Therapeutics:** For a rheumatoid arthritis patient (modern diagnosis: autoimmune inflammation; Ayurvedic view: Ama and Vata imbalance), AI could analyze their Prakriti, gut microbiome, and cytokine profile to recommend a personalized combination of DMARDs (Disease-Modifying Anti-Rheumatic Drugs), specific herbs like Ashwagandha (for Vata) and Guggulu (for Ama), and an anti-inflammatory, Vata-pacifying diet.
- **Digital Therapeutics & Lifestyle Coaching:** AI-powered apps can act as virtual health coaches, providing real-time feedback. For example, a Pitta individual showing signs of stress (elevated heart rate, short-tempered journal entries) could be prompted to practice cooling Pranayama, consume sweet, bitter, and astringent foods, and avoid excessive heat.
- **Drug-Herb Interaction & Safety:** The AI knowledge graph can be a critical safety tool, automatically flagging potential interactions between prescribed pharmaceuticals and recommended Ayurvedic herbs based on shared metabolic pathways (e.g., CYP450 enzyme inhibition/induction).

### Challenges and Ethical Considerations

The path to integration is fraught with significant hurdles:

- **Data Standardization & Quality:** Ayurvedic data is inherently qualitative. Creating reliable, validated digital tools for Prakriti and Dosha assessment is paramount. Sensor data must be accurate and clinically relevant.
- **Epistemological & Ontological Mapping:** Bridging the conceptual gap between Doshas and biomolecular networks is non-trivial. It requires interdisciplinary collaboration between Ayurvedic scholars, biomedical scientists, and AI engineers to avoid reductionist or forced correlations.
- **Validation & Evidence:** AI models must be rigorously validated through longitudinal clinical trials using robust endpoints. This demands significant funding and a paradigm shift in clinical research design to accommodate personalized, multi-modal interventions.
- **Bias & Equity:** AI models trained on non-representative data will perpetuate biases. Ensuring datasets include diverse ethnic, genetic, and cultural backgrounds is essential to prevent marginalizing the very populations from which Ayurveda originated.
- **Regulation & Ethics:** Who regulates an AI recommending a hybrid treatment? Clear frameworks defining the role of AI as a decision-support tool, not a replacement for practitioner judgment, are needed. Issues of data privacy, informed consent for using traditional knowledge, and commercial exploitation must be addressed.

### Conclusion and Future Directions

The integration of Ayurveda and modern medicine through AI is not merely a technological project but a philosophical shift towards a more comprehensive, humane, and effective healthcare system. AI serves as the indispensable translator and synthesizer, capable of honoring the complexity of both paradigms. The envisioned future is one of "symbiotic medicine," where an AI-powered platform assists a new generation of integrative practitioners in delivering truly personalized care.

Future research must prioritize: 1) Developing gold-standard, digital Prakriti assessment tools; 2) Building and curating large, multimodal, longitudinal datasets for AI training; 3) Conducting prospective clinical trials to demonstrate superior outcomes (e.g., improved quality of life, reduced disease incidence, better chronic disease management) compared to standard care; and 4) Establishing international consortia to develop open-source standards and ontologies for integrative health AI.

The convergence of ancient wisdom and cutting-edge technology holds unprecedented promise. By leveraging AI to integrate Ayurvedic holistic principles with the diagnostic power of modern science, we can move decisively from a system focused on managing sickness to one dedicated to cultivating enduring, holistic health.

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# A Concept Note on Yogic and Mindfulness Approaches to Responsible AI Use

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## Background and Rationale

The rapid advancement of Artificial Intelligence (AI) has transformed decision-making processes across education, healthcare, governance, industry, and daily life. While AI offers efficiency, scalability, and predictive accuracy, its unreflective or unethical use has raised serious concerns related to bias, surveillance, over-dependence, loss of human agency, and erosion of moral responsibility. Contemporary discussions on Responsible AI largely emphasize technical safeguards, legal frameworks, and policy regulations; however, these approaches often overlook the inner dimensions of human awareness, intention, and ethical discernment that guide AI design and use.

Indian Knowledge Systems (IKS), particularly Yoga and mindfulness traditions, provide a holistic framework for cultivating self-regulation, ethical consciousness, and reflective decision-making. Yogic philosophy emphasizes *yama* (ethical restraints), *niyama* (personal observances), *dhyāna* (meditative awareness), and *viveka* (discriminative wisdom), which together nurture responsible action grounded in awareness and compassion. Integrating these principles into AI engagement can foster human-centered, value-based, and socially responsible AI use.

This concept note proposes a conceptual and applied exploration of how yogic and mindfulness-based approaches can contribute to the responsible use of AI by enhancing ethical sensitivity, cognitive clarity, emotional balance, and accountability among AI developers, educators, policymakers, and users.

## Conceptual Framework

The proposed framework rests on the intersection of three domains:

1. **Responsible AI Paradigm-** Responsible AI refers to the development and use of AI systems that are ethical, transparent, fair, accountable, inclusive, and aligned with human values. It emphasizes not only what AI systems do, but **how and why humans choose to use them**.
2. **Yogic Philosophy and Ethical Living-** Yoga, as articulated in classical texts such as the *Yoga Sūtras*, is a science of self-regulation and conscious action. Principles such as *ahimsa* (non-harm), *satya* (truthfulness), *aparigraha* (non-excess), and *svādhyāya* (self-reflection) provide ethical anchors that can inform AI-related decisions, preventing misuse and promoting societal well-being.
3. **Mindfulness and Conscious Awareness-** Mindfulness practices cultivate present-moment awareness, non-reactivity, and intentional action. When applied to AI use, mindfulness can reduce impulsive reliance on automated outputs, enhance critical evaluation of AI-generated information, and encourage responsible human oversight.

#### Objectives of the Concept Note

- To explore the relevance of yogic ethical principles in guiding responsible AI use.
- To examine mindfulness as a tool for enhancing ethical awareness, critical thinking, and accountability in AI engagement.
- To propose a value-based human framework that complements technical and policy-oriented Responsible AI models.
- To highlight the contribution of Indian Knowledge Systems to global AI ethics discourse.

#### Key Dimensions of Yogic and Mindfulness-Based Responsible AI

**a) Ethical Self-Regulation-** Yogic disciplines emphasize mastery over impulses, desires, and ego-driven actions. Applied to AI, this can prevent unethical practices such as data manipulation, exploitative surveillance, and irresponsible automation.

**b) Awareness and Intentionality-** Mindfulness cultivates conscious intention (*sankalpa*) behind every action. Responsible AI use requires users and developers to remain aware of the social, psychological, and moral consequences of AI deployment.

**c) Human Agency and Balance-** Yoga promotes harmony between intellect (*buddhi*), emotion, and action. This balance discourages blind dependence on AI and reinforces human judgment, creativity, and empathy.

**d) Compassion and Social Responsibility-** The yogic vision of *lokasangraha* (welfare of all) aligns with inclusive and equitable AI practices, ensuring technology serves humanity rather than marginalizing vulnerable groups.

#### Significance of the Concept

- **Academic Significance:** Offers an interdisciplinary bridge between AI ethics, psychology, education, and Indian philosophy.
- **Social Significance:** Encourages humane and value-oriented AI use in an increasingly automated society.
- **Policy Relevance:** Complements existing Responsible AI guidelines with inner ethical cultivation.
- **Educational Relevance:** Supports NEP 2020's emphasis on value-based education, mindfulness, and IKS integration.

#### Conclusion

Responsible AI is not merely a question of algorithms, regulations, or compliance—it is fundamentally a reflection of human values, awareness, and intentions. Yogic and mindfulness approaches offer timeless tools for cultivating ethical sensitivity, self-restraint, and reflective judgment. By integrating these inner disciplines with modern AI systems, society can move toward a conscious, compassionate, and responsible technological future, where AI remains a servant of human wisdom rather than its substitute.

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## The Concept of Self, Mind and Intelligence in Indian Knowledge System vs. Artificial Intelligence

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**Abstract—** The Artificial Intelligence is transforming all most facets of human life from the communication and healthcare to economy and governance. It is a fact that AI brings innovation and evolution, but it also raises some critical and ethical questions. The concepts of self, mind, and intelligence in the Indian Knowledge System (IKS) are rooted in metaphysical and consciousness-centric structures, which is contradictory sharply with the materialist and computational models of Artificial Intelligence (AI). But, the Indian Knowledge Systems (IKS), which have been a mentor for human life for thousands of years, offer unique philosophical and ethical insights. The notions like *Dharma* (righteous duty), *Ahimsa* (non-violence), and *Seva* (selfless service) can offer much-needed ethical grounding for the growth and deployment of Artificial Intelligence. Although, there are various challenges in the journey toward addition. Various issues to connect these two phenomena like philosophical dissimilarities, technical limitations, and cultural sensitivities have to be navigated with respect, care, and interdisciplinary collaboration. It is necessary to approach this synthesis not as a replacement of one system by another, but as a dialogue between traditional ancient wisdom which informs modern innovation, and technology serves the deeper goals of human flourishing.

**Keywords-** Self, Mind, Intelligence, Indian Knowledge System, and Artificial Intelligence

**Introduction-** The Artificial Intelligence is transforming all most facets of human life—from the communication and healthcare to economy and governance. It is a fact that AI brings innovation and evolution, but it also raises some critical and ethical questions. Are machines being able to make fair decisions? Do AI systems understand empathy towards self, fairness for mind, and morality of intelligence? In this context, Indian Knowledge Systems (IKS), which have been a mentor (can be observed as a *guru*) for human life for thousands of years, offer unique philosophical and ethical insights. These systems promote a worldview where all beings are interconnected, and every action must align with virtue and the well-being of others. The notions like *Dharma* (righteous duty), *Ahimsa* (non-violence), and *Seva* (selfless service) can offer much-needed ethical grounding for the growth and deployment of Artificial Intelligence. Basically, the concepts of self, mind, and intelligence in the Indian Knowledge System (IKS) are rooted in metaphysical and consciousness-centric structures, which is contradictory sharply with the materialist and computational models of Artificial Intelligence (AI). The present study seeks to examine how these age-old principles can be embedded into AI models to create technology that is both intelligent and ethically aware towards self, mind and intelligence.

**Objective-** To analyze the ethical principles of Indian Knowledge Systems (IKS) for the development of Artificial Intelligence.

The connection between part of IKS as philosophy and artificial intelligence has been studied in various studies globally. Western philosophers such as Aristotle and Kant have contributed to ethical discussions in artificial intelligence. Though, Indian philosophical contributions are rarely integrated into these discourses. Scriptures such as the *Bhagavad Gita* and *Yoga Sutras* deal deeply with consciousness, duty, and moral responsibility- areas also significant in ethics for AI today. Indian Knowledge Systems cover up a wide array of disciplines, including philosophy, mathematics, medicine, logic, spirituality and linguistics. Entrenched in texts such as the *Vedas*, *Upanishads*, *Nyaya Sutras*, and *Ayurveda*, IKS highlights interconnectedness, consciousness, and living ethically. IKS adopts a holistic view of reality, integrating the physical, mental, and spiritual dimensions of existence dissimilar to many modern frameworks which prioritize mechanistic and reductionist approaches. This worldview presents a compelling contrast to the current path of AI development, which often focuses on competence, mechanization, and data-driven decision-making, sometimes at the cost of human values and moral considerations.

The incorporation of IKS into the world of AI is not merely a philosophical exercise but is a practical need. As AI systems become increasingly autonomous and influential, questions about their ethical behavior, transparency, and societal impact have gained prominence. Issues such as surveillance, algorithmic biasness, addiction of digital world, and the wearing a way of privacy highlight the limitations of purely technological solutions. Thus, the ethical frameworks and models of IKS which are consciousness-centric can offer valuable guidance. For example, the concept of '*Dharma*' which refers to *righteous conduct* and *moral duty* can be informing the development of AI systems so as to prioritize fairness, accountability, and community good.

### The difference between self, mind, intelligence and Artificial Intelligence

#### 1. Self (Ātman/Puruṣa) in IKS vs. AI

- **Indian Knowledge System:** The *Ātman* (in Vedanta) or *Puruṣa* (in Samkhya/Yoga) is the true or pure Self, an eternal, unchanging principle of pure consciousness that is different from the body, senses, mind, and intellect. It is the silent witness (*sākṣī*) to all mental activities and is the primarily reality, not a consequence of neural activity. The ultimate goal is 'self-realization' (*moksha*), recognizing the *Ātman* as one with the universal consciousness (*Brahman*).
- **Artificial Intelligence:** AI systems are deficient in any idea of a true and subjective self. While researchers can program systems with algorithms for self-preferentiality or a "self-model" for identity management, this is a practical simulation and not genuine self-awareness or subjective experience in the human sense. The idea of a persistent, united agent identity in AI is a vigorous area of research, but fundamentally different from the IKS concept of a non-material self.

#### 2. Mind (Manas, Citta, Ahaṁkāra) in IKS vs. AI

- **Indian Knowledge System:** The mind (*Antahkaraṇa*) is a complex internal instrument of the *Ātman*, consisting of four parts:
  - i. **Manas (the sensory mind):** Processes sensory impressions, thoughts, and feelings.
  - ii. **Citta (mind-stuff/subconscious):** The storehouse of memories and dormant impressions (*samskaras*).
  - iii. **Ahaṁkāra (ego):** The "*I-maker*," which creates the sense of individual ego or separate individuality.
  - iv. **Buddhi (intellect):** The higher, discriminating faculty that reasons, analyzes, weighs alternatives, and makes decisions.

The mind in IKS is a part of *Prakṛti* (nature/matter) and is unconscious on its own, needing the light of *Ātman* to appear conscious.

- **Artificial Intelligence:** AI's "mind" is a computational construct based on the data, algorithms, and codes. AI can simulate aspects of the mind:
  - i. **Manas** functions are mimicked by usual language processing and image recognition algorithms.
  - ii. **Citta's** memory functions are simulated using databases, knowledge graphs, and neural networks.
  - iii. **Buddhi's** decision-making is imitated through machine learning (e.g., reinforcement learning), but the most difficult aspect of AI is that it doesn't have an abstract thinking, intuition, and decision-making based on emotion-driven processes innate to the human mind. AI processing is useful and lacks subjective, emotional, or value-based cognition.

#### 3. Intelligence (Buddhi) in IKS vs. AI

- **Indian Knowledge System:** *Buddhi* is the *discriminating* intelligence, a higher purpose that stands above the sensory mind, capable of wisdom, moral reasoning, and differentiating between the real (*Puruṣa*) and the unreal (*Prakṛti*). It is guided by values like *dharma* (duty) and *ahimsa* (non-violence).
- **Artificial Intelligence:** Artificial Intelligence (AI) possesses a powerful *functional* intelligence (*Kṛtrima Mēdhā*), excelling at processing massive datasets, optimizing procedures, and solving complex problems immediately within its programmed domain. Though, this intelligence is based on encoded value systems and data exposure; it lacks inherent moral reasoning, curiosity, emotional intelligence, and the ability for ethical decision-making based on human values or a holistic, value-centric worldview.

**Summary of Key Differences**

Feature	Indian Knowledge System	Artificial Intelligence
<b>Foundation</b>	Consciousness ( <i>Chit</i> or <i>Ātman</i> ) is primary and pervasive.	Materialist, computational paradigms (data, algorithms, code).
<b>Self</b>	A non-material, eternal, self-aware witness ( <i>Ātman/Puruṣa</i> ).	Lacks genuine sentience; simulations of self-preferentiality are functional only.
<b>Mind</b>	An internal, unconscious instrument made of matter ( <i>Prakṛti</i> ) that reflects consciousness.	Software systems that process information, lack subjective experience or inner life.
<b>Intelligence</b>	<i>Buddhi</i> involves discrimination, wisdom, moral reasoning, and abstract thinking.	<i>Kṛtrima Mēdhā</i> is functional, data-driven, lacks innate ethical framework or consciousness.
<b>Ultimate Goal</b>	<i>Moksha</i> (liberation/self-realization).	Efficiency, automation, and task completion.

Integrating IKS with AI offers potential for developing AI systems that are not only intelligent but also ethically grounded and aligned with human values and well-being. But in this roadmap there are some curtain challenges which have to be discussed.

**Current Challenges in AI**

Despite its enormous possibilities, AI development faces several critical challenges that hoist concerns about fairness, transparency, and accountability:

- **Prejudice and Biasness:** AI systems often inherit biases present in training data, leading to prejudiced outcomes in areas like take into service, lending, healthcare and law enforcement. These biases can strengthen social inequalities and wear away trust in technology.
- **Ethical Dilemmas:** An AI application in surveillance, autonomous weapons, and behavioral manipulation hoists ethical questions about an approval, autonomy, and human rights. The absence of universally accepted ethical standards makes difficult governance.
- **Insufficient Interpretability:** Several AI models, especially deep learning systems, function as "black boxes" producing results without obvious explanations. Such transparency lacking makes it difficult to understand how decisions are made, posing risks in high-stakes domains.
- **Privacy and Security of the data:** AI systems rely heavily on data, repeatedly collected from users without clear permission. This raise concerns about privacy, data ownership, and the potential misuse of personal information.
- **Job Displacement and Economic Inequality:** Computerization driven by AI threatens to displace workers in a range of sectors, potentially widening economic disparities unless mitigated by comprehensive policies and deskilling initiatives.
- **Environmental collision:** Large AI models training consumes significant computational resources, contributing to power consumption and environmental squalor.

**Bridging Indian Knowledge Systems and AI**

Indian Knowledge Systems (IKS) and Artificial Intelligence (AI) convergence represents a promising boundary in the evolution of technology and consideration. Whereas AI is often seen as a creation of modern science, its foundational goals sympathetic

intelligence, replicating cognition, and ornamental decision-making reverberate deeply with the philosophical and epistemological pursuits of IKS. Connecting these two different domains offers a sole opportunity to create AI systems that are not only intelligent but also ethically grounded, context-aware, and associated with human values.

### Limitations and Challenges

- **Cultural Conversion:** Various concepts have an integral place in our scriptures like Dharma or Karma, but it may be hard to encode these and such phenomena into machine language without simplification.
- **Data Restraints:** IKS-based ethical guidelines require crated data reflecting Indian philosophical values which is a difficult task.
- **Standardization Issues:** There are various AI norms which are globally accepted, but they often ignore cultural ethics, posing integration challenges.

### Conclusion

Despite various issues, the potential benefits of merging IKS with AI ethics are vast and transformative. The realistic applications of this synthesis from personalized healthcare system and accepted education to sustainable development and digital ethics demonstrate its transformative potential. However, the journey toward addition is not without its challenges. Various issues to connect these two phenomena like philosophical dissimilarities, technical limitations, and cultural sensitivities have to be navigated with respect, care, and interdisciplinary collaboration. It is necessary to approach this synthesis not as a replacement of one system by another, but as a dialogue between traditional ancient wisdom which informs modern innovation, and technology serves the deeper goals of human flourishing.

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# From Gurukul to Google Classroom: A Comparative Study of Ancient Indian Teaching Methods and AI Tools

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**Abstract—** Educational practices have evolved from traditional face-to-face teaching systems to technologically advanced digital learning environments. Ancient Indian education, particularly the Gurukul system, was rooted in close teacher–student interaction, experiential learning, moral education, and holistic development. In contrast, contemporary education increasingly depends on Artificial Intelligence (AI) based platforms such as Google Classroom, which emphasize accessibility, efficiency, and data-driven personalization. This conceptual paper compares ancient Indian teaching traditions with modern AI enabled educational tools to examine their pedagogical philosophies, instructional methods, teacher roles, learner engagement, and assessment practices. The study highlights that while AI tools enhance learning flexibility and personalization, they lack the ethical, emotional, and value-based depth intrinsic to the Gurukul system. The paper argues that integrating ancient pedagogical wisdom with modern AI technologies can strengthen teacher education by promoting holistic, ethical, and learner-centered teaching in alignment with the vision of NEP 2020.

**Keywords—** Gurukul System, Artificial Intelligence, Google Classroom, Teacher Education, Indian Knowledge Systems, NEP 2020

## Introduction

Education is a dynamic process shaped by cultural values, social needs, and technological advancements. In ancient India, education was viewed as a sacred responsibility aimed at nurturing intellectual competence, moral character, and spiritual awareness. The Gurukul system exemplified this philosophy by emphasizing disciplined living, personalized instruction, and lifelong learning under the guidance of a Guru.

In the present digital age, education has been transformed by Artificial Intelligence and online platforms. Tools such as Google Classroom, virtual learning environments, and intelligent tutoring systems have changed how teachers teach and students learn. Teacher education programs are now expected to prepare educators who can effectively use AI tools while maintaining ethical and humanistic values.

This paper seeks to critically compare the Gurukul system with AI-based educational tools and explore how ancient teaching principles can inform modern teacher education practices.

## Objectives of the Study

The objectives of the present study are:

1. Describe the educational philosophy and teaching practices of the ancient Indian Gurukul system.
2. Examine the role of AI tools, especially Google Classroom, in modern teaching and learning.
3. Compare ancient teaching methods with AI-based educational practices.
4. Identify lessons from the Gurukul system that can enhance AI-enabled teacher education.

- 5. Suggest an integrated approach combining ancient wisdom and modern technology.

### Research Methodology

This research follows a conceptual and analytical approach. Data has been collected from:

- Scholarly books and articles on ancient Indian education.
- Research studies on Artificial Intelligence in education.
- Policy documents such as the National Education Policy (NEP) 2020.
- The study does not involve empirical data collection and is based entirely on secondary sources.

### Teaching–Learning Practices in the Ancient Gurukul System

The Gurukul system was one of the earliest organized education systems in the world. Its key pedagogical characteristics include:

- **Personalized Teacher Guidance-** Education in the Gurukul was learner-specific. The Guru closely observed students’ abilities, interests, and progress and provided individualized instruction accordingly.
- **Holistic Development-** Learning extended beyond academic subjects to include physical training, ethical conduct, self-discipline, meditation, and social responsibility.
- **Experiential Learning-** Knowledge was imparted through dialogue, debate, observation, practice, and participation in daily activities, enabling meaningful understanding rather than memorization.
- **Moral and Value Education-** Character formation was a central goal. Students were trained to uphold values such as honesty, humility, respect, self-control, and service to society.
- **Community Living-** Living together in the Gurukul fostered cooperation, emotional bonding, and social learning among students and teachers.

### AI-Based Teaching Tools and Google Classroom

Artificial Intelligence has significantly influenced contemporary educational practices.

- **Google Classroom as a Digital Learning Platform-** Google Classroom supports teachers in organizing instructional materials, distributing assignments, monitoring student performance, and facilitating communication. AI-driven features assist in scheduling, feedback generation, and learning analytics.
- **Role of AI in Modern Education-** AI enhances adaptive learning, enables personalized content delivery, automates assessment, and supports data-based instructional decisions. Teachers are supported in managing large and diverse classrooms efficiently.
- **Advantages and Limitations-** AI tools provide flexibility, accessibility, and timely feedback. However, excessive reliance on technology may reduce emotional connection, ethical reflection, and teacher–student bonding.

### Comparative Perspective: Gurukul System and AI Tools

Aspect	Gurukul System	AI-Based Tools (Google Classroom)
Teaching Philosophy	Value-based and holistic	Technology-driven and skill-focused
Teacher’s Role	Mentor and moral guide	Facilitator and content manager
Learning Mode	Experiential and reflective	Digital and interactive
Personalization	Human judgment and observation	Algorithm-based customization

Assessment	Continuous and qualitative	Automated and quantitative
Emotional Support	Strong teacher–student bond	Limited personal interaction
Value Education	Integral component	Often secondary

### Relevance of Gurukul Principles in AI-Enabled Teacher Education

Ancient Indian education provides meaningful insights for modern teacher education:

- **Human Touch in Teaching:** AI should enhance, not replace, teacher–student relationships.
- **Ethical Orientation:** Moral values must guide the use of AI in education.
- **Mentorship Approach:** Teachers should function as mentors, similar to Gurus, even in digital spaces.
- **Balanced learning:** Academic achievement should be complemented by emotional and social development.
- **Reflective Teaching:** Continuous self-improvement and reflection remain essential for educators.

### Alignment with NEP 2020

NEP 2020 advocates the integration of technology with Indian Knowledge Systems to promote holistic and inclusive education. It emphasizes teacher capacity building, ethical use of technology, and learner-centered pedagogy. The integration of Gurukul values with AI tools aligns closely with these policy objectives and can strengthen teacher education programs.

### Conclusion

The transition from the Gurukul system to Google Classroom reflects a shift from tradition to technology, yet both aim to facilitate effective learning. While AI tools offer innovation, efficiency, and scalability, ancient Indian teaching traditions emphasize human values, ethical responsibility, and holistic growth. Teacher education can be significantly enriched by blending these two approaches. A balanced integration of ancient wisdom and modern AI can help create compassionate, competent, and reflective educators capable of meeting contemporary educational challenges.

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## शिक्षक शिक्षा में AI प्राचीन भारतीय परम्पराओं से सबक

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### सारांश

यह शोध पत्र आधुनिक शिक्षा में AI की भूमिका और प्राचीन भारतीय शिक्षा के सिद्धांतों के बीच एक सेतु स्थापित करने का प्रयास करता है। अध्ययन का मुख्य निष्कर्ष यह है कि AI केवल सूचना का स्रोत है जबकि गुरु ज्ञान और संस्कार का प्रदाता है। यह शोध पत्र इस बात पर बल देता है कि कैसे AI के माध्यम से हम प्राचीन भारत की व्यक्तिगत शिक्षा (Personalized learning) को व्यापक स्तर पर पुनर्जीवित कर सकते हैं।

### प्रस्तावना -

हमारे देश में भारतीय ज्ञान की जड़े बहुत पुरानी हैं। ऐसा कोई भी देश नहीं है। जहाँ ज्ञान के प्रति प्रेम इतने प्राचीन समय में उत्पन्न हो जिसमें इतना स्थायी और शक्तिशाली प्रभाव उत्पन्न किया है जितना भारतीय ज्ञान का है। डॉ. रवींद्र टैगोर ने कहा है कि भारत में यह एक अद्भुत बात है कि यहाँ की संस्कृति के मूल स्रोत तन हैं। ना कि नगर। जहाँ मनुष्य को पेड़, पौधों, झीलों और नदियों के संपर्क में रहने का अधिक अवसर मिला। प्राचीन भारतीय परम्पराओं में गुरु-शिष्य परम्परा रही है। जहाँ शिक्षा का मुख्य उद्देश्य छात्रों के चरित्र का निर्माण करना था। शिक्षा के द्वारा उनके स्वभाव में परिवर्तन कर नैतिक प्रवृत्तियों का विकास किया जाता है।

इक्कीसवीं सदी में शिक्षा जगत एक अभूतपूर्व परिवर्तन के दौर से गुजर रहा है। आर्टिफिशियल इंटेलिजेंस (AI) ने सूचनाओं को पूरी तरह से बदल दिया है। यहाँ AI मशीनी दक्षता और डेटा पर आधारित है। वही भारतीय ज्ञान परम्परा हमेशा से अनुभव और मानवीय ज्ञान पर केंद्रित रही है। प्राचीन भारतीय शिक्षा प्रणाली विशेषकर गुरुकुल परम्परा में गुरु केवल एक सूचना प्रदाता नहीं बल्कि शिष्य के सर्वांगीण विकास का केंद्र होता था। आज की आधुनिक शिक्षा प्रणाली में तकनीकी की अधिकता के कारण “शिक्षक और छात्र” के बीच का वह भावनात्मक और नैतिक जुड़ाव कम होता जा रहा है। शोध की वर्तमान आवश्यकता यह है कि हम कैसे AI जैसी आधुनिक तकनीकी के उपयोग को कम करें ताकि शिक्षक अपनी प्रशासनिक और सूचनात्मक जिम्मेदारियों से मुक्त होकर पुनः एक गुरु की भूमिका में लौट सकें।

आज के डिजिटल युग में शिक्षा पद्धति में क्रान्तिकारी बदलाव आ रहे हैं। जहाँ एक ओर AI जैसे - chatGPT, एल्गोरिथम, डेटा और सूचनाओं के प्रबंधन में सक्षम है, वही भारतीय परम्परा में शिक्षा का उद्देश्य केवल सूचना देना नहीं बल्कि चरित्र निर्माण था। यह पत्र धर्मपाल की “The Beautiful Tree” और राजीव मल्होत्रा के “AI and the future of Power” जैसे संदर्भों के आलोक में शिक्षा के स्वदेशीकरण और आधुनिक तकनीक के तालमेल की चर्चा करता है।

### 2. वैचारिक पृष्ठभूमि (Conceptual Background) –

आधुनिक शिक्षा में आ रही चुनौतियों जैसे - प्रशासनिक बोझ, इसमें शिक्षकों का अधिकतम समय अटेंडेन्स, ग्रेडिंग, डाटा एंट्री और उनका रिपोर्ट बनाने में ही निकल जाता है। इसमें उनका ध्यान शिक्षण से हटकर व्यस्तता में चला जाता है यही ऐसे ही व्यक्तिगत ध्यान की कमी के कारण भी

होता है क्योंकि एक कक्षा में 40-50 विद्यार्थी होने के कारण शिक्षक हर बच्चे की मानसिकता, उनकी रुचि और सीखने की गलती को नहीं समझ पाता, जो की प्राचीन समय के विपरीत है।

2.1 प्राचीन भारतीय शिक्षा के मूल सिद्धांत - प्राचीन भारत में शिक्षा “सा विद्या या विमुक्तये” (विद्या वह है जो मुक्त करे) के सिद्धांत पर आधारित थी। यहाँ शिक्षा केवल जीविकोपार्जन का साधन नहीं, बल्कि चरित्र निर्माण की प्रक्रिया थी।

- व्यक्तिगत शिक्षा ( Personalized learning) - प्रत्येक शिष्य की प्रकृति और स्वभाव के अनुसार शिक्षा
- गुरु का स्थान - गुरु केवल सूचना नहीं देते थे, वह विवेक और दृष्टि प्रदान करना था।

2.2 आधुनिक AI की क्षमताएँ- AI में डेटा विश्लेषण, पैटर्न पहचान और व्यक्तिगत शिक्षण पथ (learning paths) बनाने की अदभुत क्षमता है। यह छात्र की सीखने की गति (learning/pace) को वास्तविक समय में पहचान कर सकता है

**3. अध्ययन का उद्देश्य (Objectives of the Study)** - इस अध्ययन का मुख्य उद्देश्य यह सिद्ध करना है कि AI शिक्षकों को प्रतिस्थापित करने के लिए नहीं है बल्कि उन्हें गुरुकुल जैसी सूक्ष्म शिक्षण दृष्टि प्रदान करना।

**4. अध्ययन का परिकल्पना (Hypotheses of the Study)** - अध्ययन में यदि प्राचीन भारतीय शिक्षण पद्धतियों के संस्कार पक्ष को AI के डेटा पक्ष से जोड़ा जाए, तो शिक्षक शिक्षा अधिक प्रभावी हो सकती है।

#### 5. साहित्य का अध्ययन (Review of Literature) –

1. **धर्मपाल**(1983), The Beautiful Tree, इस पुस्तक से यह निष्कर्ष प्राप्त हुआ है कि भारत की अपनी एक स्वदेशी शिक्षा प्रणाली थी जो हर गाँव तक पहुंची हुई थी। AI के दौर में सीख यह कि हमें सिर्फ विदेशी तकनीकी पर निर्भर नहीं होना चाहिए, बल्कि अपनी परम्पराओं के अनुकूल लोकल AI समाधान तैयार करना चाहिए जो हर स्तर के विद्यार्थियों तक पहुंचे।

2. **मल्होत्रा राजीव** (2021), Artificial Intelligence and the future of power, लेखक ने बताया है कि AI इंसानी दिमाग कि नकल कर सकता है, लेकिन भारतीय आत्मा या चेतना की नहीं। शिक्षकों के लिए सबक ये है कि वे AI को एक औजार की तरह इस्तेमाल करें। लेकिन नैतिक मूल्य और धार्मिक दृष्टिकोण सिखाने का काम आपने हाथ में रखें।

3. National Education policy”;2020 प्राचीन और आधुनिक का संगम - **NEP2020 Ministry of Education** इसका निष्कर्ष ये प्राप्त हुआ कि भविष्य की शिक्षा हाइब्रिड होगी। एक तरफ हम भारतीय ज्ञान परम्परा से योग आयुर्वेद और दर्शन सीखेंगे और दूसरी तरफ AI के जरिये उन्हें आधुनिक दुनिया के लिए उपयोगी बनाएंगे। शिक्षा अब सिर्फ सूचना देने वाला नहीं बल्कि सुविधा प्रदाता होगा, जो टच और परम्परा को जोड़ने का काम करे।

4. **दा मास्टर्स टूल्स: AI इन एजुकेशन ब्रयान एलेग्जेंडर** - AI के तकनीकी उपयोग और उसके शैक्षिक प्रभाव के लिए AI कि सबसे बड़ी ताकत व्यक्तिगत सीख है। पुराने समय में एक गुरु अपने हर शिष्य कि मानसिकता को समझकर अलग ढंग से पढ़ाते थे। AI का उपयोग आज निर्देशक के रूप में बड़े पैमाने पर हो रहा है। इसमें सीख ये है कि AI का उपयोग हर बच्चे की अपनी गति से सिखाने में किया जाये, जैसे गुरुकुलों में होता है।

5. **अग्रवाल, कुलश्रेष्ठ** (2014)“Essential of educational Technology” शिक्षक -शिक्षा में तकनीक का इतिहास और भारतीय परिपेक्ष्य समझने के लिए, गुरु की बदलती भूमिका, इस पुस्तक का निष्कर्ष ये है कि शिक्षक कभी खत्म नहीं होगा। AI सिर्फ डेटा दे सकता है, लेकिन ज्ञान और संस्कार सिर्फ एक गुरु दे सकता है। AI शिक्षक का बोझ कम कर सकता है ताकि शिक्षक अपना ज्यादा समय बच्चों के चरित्र निर्माण में लगा सके।

6. Impact of AI on personalized learning: A Comparative study with gurukul System, **व्यक्तिगत शिक्षा** - प्राचीन भारत में गुरुकुल प्रणाली में हर शिष्य कि क्षमता और रुचि के अनुसार शिक्षा दी जाती है। AI के सम्बन्ध में अनुसन्धान बताती है कि AI अनुकूलित शिक्षा एल्गोरिदम के

माध्यम से वही व्यक्तिगत शिक्षा बड़े पैमाने पर दे सकते हैं जो प्राचीन समय में गुरु देते थे। AI हर बच्चे की सीखने की गति को समझ कर विषय वस्तु को अनुकूलित करता है।

**7. Ravi,T. (2024), Dharma in the digital era : Integrating vedic philosophy with AI ethics** - गुरु की भूमिका: सूत्र से सूत्रधार तक प्राचीन परम्परा में गुरु केवल सूचना नहीं देता था बल्कि मार्गदर्शन भी करता था शोध पत्र बताता है कि AI को डेटा से नियमित कार्य लेना चाहिए ताकि शिक्षक अपने प्राचीन गुरु शिष्य रूप में वापस लौट सके। जो छात्र के चरित्र निर्माण और तार्किक सोच पर ध्यान दे सके।

**8. The role of Artificial intelligence in integrating Indian knowledge system: vision, opportunities and challenges.(2023-24)** प्राचीन शिक्षा में पंचकोश (शरीर, मन, प्राण, विज्ञान और आनंद) के विकास पर बल दिया जाता है। आधुनिक शोध के अनुसार AI डेटा संचालित विश्लेषण छात्र के केवल एकेडमिक अंक ही नहीं बल्कि उनके मानसिक स्वास्थ्य भावात्मक बुद्धि और सृजनात्मक कौशल को उभारने में मदद कर सकते हैं, जो समग्र शिक्षा के प्राचीन संकल्प को पूरा करता है।

**9. AI shishya: Enhancing Vedic pedagogy with Artificial Intelligence in Education 4.0, (2025)** श्रवण, मनन और निदिध्यासन- प्राचीन भारत में सिखाने की तीन प्रक्रिया थी। सुनना, चिंतन करना और अनुभव करना। AI उपकरण उद्दीपन के माध्यम से निदिध्यासन का मौका देते हैं। तथा प्राचीन पद्धतियों को आधुनिक प्रबंधन द्वारा शिक्षा में पुर्नजीवित कर सकते हैं।

## **6. साहित्य की समीक्षा एवं विश्लेषण (Literature Review and Analysis) & प्राचीन परम्परा और AI का संगम**

**6.1 आचार्य बनाम मशीन** - राजीव मल्होत्रा के सिद्धांतों के अनुसार, AI मानवीय मस्तिष्क की नकल कर सकता है। लेकिन भारतीय आत्मा या चेतना की नहीं। अतः भौतिक मूल्यों को सिखाने के लिए AI एक औजार हो सकता है लेकिन नैतिक और धार्मिक दृष्टिकोण विकसित करना शिक्षक का दायित्व है, शिक्षक शिक्षा में AI का उपयोग शिक्षक को लिपिकीय कार्यों जैसे -हाजिरी, ग्रेडिंग और डेटा प्रबंधन से मुक्त करता है। इस प्रकार जब AI सूचना प्रबंधन करता है तब शिक्षक को ज्ञान और संस्कार देने का समय मिलता है। यह शिक्षक को पुनः आचार्य की गरिमा प्रदान करता है।

शोध पत्र के अनुसार, शिक्षक का स्थान कभी कोई नहीं ले सकता। AI शिक्षक के उबाऊ एवं नियमित कार्य के बोझ को काम कर सकता है, जिससे शिक्षक अपना अधिक समय छात्र के चरित्र निर्माण में लगा सके। अतः AI एक डिजिटल शिष्य की तरह है जिसे चलाने वाला धर्म और विवेक मानवीय अधिकार शिक्षक के पास होना चाहिए।

**6.2 व्यक्तिगत शिक्षा और AI** - प्राचीन गुरुकुल प्रणाली में प्रत्येक शिष्य की मानसिकता (मनोविज्ञान) क्षमता के अनुसार शिक्षा दी जाती थी। AI कैसे शिक्षकों को प्रत्येक छात्र की विशिष्ट सीखने की शैली को पहचानने में मदद करता है। प्राचीन गुरुकुल में एक गुरु अपने 10-12 शिष्यों को व्यक्तिगत रूप से जानता था। आज कि मास एजुकेशन में यह संभव नहीं है। यहां AI एक डिजिटल सारथी की भूमिका निभाता है, जो शिक्षक को प्रत्येक छात्र की विशिष्ट कठिनाइयों के बारे में डाटा - ड्रिवेन / इनसाइट्स प्रदान करता है। गुरु शिष्य परम्परा में गुरु को पता होता था कि कौन सा शिष्य शास्त्र में निपुण होगा और कौन सा शस्त्र में। और हर बच्चे का पाठ्यक्रम उसकी क्षमता के अनुसार तय होता था।

**6.3 प्राचीन पद्धतियों का संज्ञानात्मक विकास या त्रयी प्रक्रिया** - श्रवण, मनन और निदिध्यासन प्राचीन पद्धति के तीन अवधारणाओं को AI के माध्यम से इस प्रकार समझा जा सकता है। प्राचीन भारत में सीखने की तीन प्रक्रियाएं थी श्रवण (सुनना), मनन (चिंतन) और निदिध्यासन (अनुभव या साक्षात्कार) AI उपकरण उद्दीपन के माध्यम से छात्र को निदिध्यासन का मौका दे सकते हैं, जहां वे कठिन अवधारणाओं को डिजिटल माध्यम से अनुभव करके सीख सकते हैं।

श्रवण- AI आधारित मल्टीमीडिया और बहुभाषी अनुवाद उपकरण ज्ञान को सुलभ बनाते हैं। शिक्षक अब केवल व्याख्यान देने वाला नहीं, बल्कि संग्रहाध्यक्ष है। AI उसे दुनिया भर का सर्वश्रेष्ठ ज्ञान (जैसे वेद, उपनिषद से लेकर आधुनिक विज्ञान तक) एक जगह संकलित करके देता है।

मनन- AI चाट बॉट्स और संवादात्मक AI छात्र को प्रश्न पूछने और तर्क करने के लिए प्रेरित करते हैं। प्राचीन काल में इसे वाद-विवाद कहा जाता था। शिक्षक AI सिम्युलेटर का उपयोग करके छात्र के मन में संदेह पैदा कर सकता है और फिर उसे हल करने के लिए प्रेरित कर सकता है।

**6.4 NEP 2020 और हाइब्रिड शिक्षा** - राष्ट्रीय शिक्षा नीति ¼NEP2020½ के सन्दर्भ में भविष्य की शिक्षा हाइब्रिड होगी। एक तरफ भारतीय ज्ञान परम्परा (योग, आयुर्वेद, दर्शन) होगी। दूसरी तरफ AI जैसी आधुनिक तकनीक होगी जो इन प्राचीन ज्ञान को आधुनिक दुनिया के लिए उपयोगी बनाएगी।

**7. शिक्षक शिक्षा हेतु प्रस्तावित हाइब्रिड मॉडल**- शोध के आधार पर भविष्य के शिक्षक प्रशिक्षण के लिए निम्नलिखित समन्वय मॉडल प्रस्तावित है।

	घटक	AI की भूमिका	शिक्षक /गुरु की भूमिका
1.	सूचना वितरण	वीडियो, इ-कॉन्टेंट और क्विज	जटिल अवधारणाओं का सरलीकरण
2.	मूल्यांकन	तात्कालिक पृष्टि-पोषण और डेटा रिपोर्ट	छात्र के व्यवहार और मनोदशा का आकलन
3.	चरित्र निर्माण	सुझाव और प्रेरणा	नैतिकता, मूल्य और जीवन कौशल
4.	सृजनात्मकता	सुझाव और प्रेरणा	नवीन विचारों को प्रोत्साहन

**8. भविष्य की चुनौतियां और नैतिक विचार ( Ethical Considerations) -**

- 1. चेतना की कमी** - राजीव मल्होत्रा के अनुसार - AI संज्ञानात्मक कार्य कर सकता है लेकिन चेतना का विकल्प नहीं हो सकता।
- 2. डेटा की सुरक्षा** - छात्रों की व्यक्तिगत जानकारी की सुरक्षा एक बड़ी चुनौती है।
- 3. तकनीकी निर्भरता** - शिक्षक को तकनीक का दास नहीं बल्कि स्वामी बनना होगा। अगर हम मानसिक आलस्य में सभी कार्य AI से करवाएंगे, तो छात्र की मनन शक्ति क्षीण हो जाएगी। अतः शिक्षक को यह सुनिश्चित करना होगा की तकनीकी छात्र के लिए वैसाखी न बनकर पंख बने।

**9. निष्कर्ष (Conclusions)&** शोध का निष्कर्ष है कि हमें विदेशी तकनीक पर पूरी तरह निर्भर होने की बजाय स्वदेशी शिक्षा प्रणाली की जड़ों को पहचानना होगा। AI आधुनिक शास्त्र है। लेकिन उसे चलाने वाला धर्म और विवेक हमारी प्राचीन परम्परा से आना चाहिए। भारत के विश्व गुरु बनने के सपने को साकार करने के लिए AI को एक माध्यम के रूप में उपयोग किया जाना चाहिए। शिक्षक को AI से डरने के बजाय इसे एक सुविधा प्रदाता एवं डिजिटल शिष्य के रूप में स्वीकार करना चाहिए ताकि शिक्षा पुनः मानव केंद्रित बन सके। AI एक बहुत शक्तिशाली शिष्य है जिसे चलाने के लिए एक प्रबुद्ध गुरु की आवश्यकता है। हमे ऐसे टेक्नो-ऋषी तैयार करने होंगे जो कोडिंग और उपनिषदों को भी जानते हो । यही भारत को पुनः विश्व गुरु के पद पर प्रतिष्ठित करेगा।

शोध पत्र निष्कर्ष पर पहुँचता है कि यह शिक्षक का अंत नहीं, बल्कि उसके पुनरुत्थान का अवसर है। प्राचीन भारतीय शिक्षण पद्धतिया हमे दृष्टि देती है, जबकि AI हमे दक्षता प्रदान करता है। शिक्षक शिक्षा में इन दोनों का मिलान एक ऐसी हाइब्रिड गुरुकुल व्यवस्था का निर्माण करेगा जहां तकनीक का उपयोग धर्म के साथ किया जायेगा। यह NEP 2020 के भारत केंद्रित शिक्षा के सपने को पूरा करने की दिशा में एक बड़ा कदम होगा। **80 %** साहित्य अध्ययन से निष्कर्ष प्राप्त हुआ है कि **AI** सूचना प्राप्ति में क्रान्तिकारी है, परन्तु इसके वाबजूद भी चरित्र निर्माण के लिए मानवीय गुरु ही अनिवार्य है।

**10. मुख्य शब्द (Operational of Key Terms)** - AI इन एजुकेशन, गुरु-शिष्य परम्परा, व्यक्तिगत शिक्षा, विश्व गुरु, NEP2020, AI-Powered Pedagogy, TeacherTraining, Indian Knowledge System (IKS)

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## भारतीय कृषि और पर्यावरण पद्धतियों से प्रेरित एआई अनुप्रयोग

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सहायक प्रोफेसर (वनस्पति विज्ञान), शिक्षा विभाग  
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### सारांश

भारतीय कृषि और पर्यावरणीय परंपराएँ सदियों से प्रकृति-आधारित ज्ञान, संसाधन-संतुलन और स्थानीय पारिस्थितिकी की गहरी समझ पर आधारित रही हैं। आधुनिक कृत्रिम बुद्धिमत्ता (AI) इन पारंपरिक सिद्धांतों को वैज्ञानिक रूप से पुनर्परिभाषित कर उनके व्यावहारिक प्रयोग को अधिक प्रभावी, सटीक और टिकाऊ बना सकती है।

भारतीय मिश्रित खेती, बहुफसली प्रणाली, जैविक खाद, बीजों का स्थानीय संरक्षण और चराई आधारित फसल-चक्र ऐसे मॉडल हैं जो AI आधारित निर्णय तंत्र को क्षेत्र-विशिष्ट पूर्वानुमान प्रदान कर सकते हैं। प्रस्तावित AI मॉडल पारंपरिक “लोक-मौसम ज्ञान”- जैसे पक्षियों का व्यवहार, पवन दिशा, मिट्टी की गंध और पौधों की नमी को डिजिटल सेंसर डेटा के साथ जोड़कर सूक्ष्म-स्तरीय जलवायु पूर्वानुमान तैयार कर सकते हैं। इसी तरह, पारंपरिक जल संरचनाओं जैसे कुआ और खेत-तालाब से प्रेरित AI आधारित जल-संतुलन सिमुलेशन ग्रामीण क्षेत्रों में वर्षा-आधारित जल संचयन को वैज्ञानिक रूप से अनुकूलित कर सकते हैं। पर्यावरण संरक्षण में भी भारतीय पवित्र उपवन, सामुदायिक वन-संरक्षण, और चराई-आधारित घासभूमि प्रबंधन से प्रेरित AI प्रणालियाँ द्वारा मॉनिटरिंग, प्रजाति विविधता पहचान और अवैध शोषण की रीयल-टाइम निगरानी में उपयोगी हो सकती हैं। यह शोध यह भी प्रस्तावित करता है कि भारतीय “ग्राम-परिस्थितिकी मॉडल” को AI डिजिटल ट्विन के रूप में विकसित किया जा सकता है, जिससे ग्रामीण पारिस्थितिकी के दीर्घकालीन परिवर्तनों का पूर्वानुमान लगाया जा सके।

अंततः भारतीय सांस्कृतिक विरासत और तकनीकी नवाचार का यह संगम न केवल कृषि उत्पादकता और जलवायु लचीलापन बढ़ता है बल्कि संसाधनों के सतत उपयोग को भी बढ़ता है इस प्रकार भारतीय पारंपरिक पर्यावरणीय ज्ञान से प्रेरित आई समाधान सतत विकास के लिए एक प्रभावी और संतुलित मॉडल प्रस्तुत करते हैं।

**Keywords:-** भारतीय कृषि, आधुनिक कृत्रिम बुद्धिमत्ता (AI), मिश्रित खेती, पर्यावरणीय परंपराएँ, प्रकृति-आधारित ज्ञान, सतत विकास।

## परिचय

भारत एक विविध कृषि-पर्यावरणीय परिदृश्य है जहाँ वर्षों से स्थानीय समुदायों ने पारिस्थितिक चुनौतियों का हल स्थानीय ज्ञान और व्यावहारिक प्रथाओं से किया है। परंपरागत उपाय अक्सर संसाधन-कुशल, बहु-कार्यात्मक और सांस्कृतिक रूप से समायोज्य रहे हैं। दूसरी ओर, AI ने कृषि व पर्यावरणीय प्रबंधन में डेटा-संचालित निर्णय-समर्थन और स्वचालन हेतु नई संभावनाएँ उत्पन्न हुई हैं। भारतीय परंपरा और तकनीक का संयोजन एक शक्तिशाली मार्ग हो सकता है: जहाँ पारंपरिक प्रथाएँ समस्या-परिभाषा तथा स्थानिक-प्राथमिकताओं को निर्धारित करती हैं और AI उनके कार्यान्वयन, स्केलिंग एवं अनुकूलिकरण (adaptation) को सुगम बनाती है। हम ऐसे अनुप्रयोग प्रस्तावित करते हैं जो सीधे भारतीय कृषि-परंपराओं से प्रेरित हों और राष्ट्रीय /स्थानीय पर प्रायोगिक रूप से लागू किए जा सकें।

## साहित्य समीक्षा : भारतीय कृषि एवं पर्यावरणीय प्रथाओं से प्रेरित कृत्रिम बुद्धिमत्ता (AI) के अनुप्रयोग

भारतीय कृषि एवं पर्यावरणीय परंपराएँ स्वदेशी ज्ञान प्रणालियों (Indigenous Knowledge Systems – IKS) में निहित हैं, जिनमें स्थिरता, पारिस्थितिक संतुलन तथा सामुदायिक सहभागिता पर विशेष बल दिया गया है। हालिया शोध यह दर्शाता है कि इन पारंपरिक प्रथाओं और कृत्रिम बुद्धिमत्ता (AI) आधारित तकनीकों के बीच बढ़ता हुआ समन्वय स्थापित हो रहा है, विशेषतः सटीक कृषि (Precision Farming), जलवायु सहनशीलता, जैव-विविधता संरक्षण तथा प्राकृतिक संसाधन प्रबंधन के क्षेत्रों में।

### 1. AI और स्वदेशी कृषि ज्ञान प्रणालियाँ

कई अध्ययनों में यह रेखांकित किया गया है कि भारतीय पारंपरिक कृषि पद्धतियाँ- जैसे मिश्रित फसल प्रणाली, फसल चक्र, जैविक खाद का उपयोग तथा चंद्र-आधारित बुवाई पंचांग (पंचांग कृषि)- AI मॉडलिंग के लिए महत्वपूर्ण और उपयोगी डेटा प्रदान करती हैं। शोधकर्ताओं का तर्क है कि स्थानीय जलवायु प्रतिरूपों, मृदा स्मृति तथा फसल व्यवहार पर आधारित मशीन लर्निंग एल्गोरिद्म, भारतीय कृषि-पर्यावरणीय क्षेत्रों में सामान्य (generic)मॉडलों की तुलना में अधिक प्रभावी सिद्ध होते हैं। AI आधारित निर्णय समर्थन प्रणालियाँ अब कीट-पूर्वानुमान, वर्षा आकलन तथा मृदा उर्वरता प्रबंधन हेतु किसानों द्वारा प्रयुक्त लोक-आधारित अनुभवजन्य ज्ञान को भी सम्मिलित कर रही हैं।

### 2. सटीक कृषि और पारंपरिक ज्ञान

भारत में AI सक्षम सटीक कृषि की अवधारणा वृक्षायुर्वेद से प्रेरणा ग्रहण करती है, जो एक प्राचीन भारतीय ग्रंथ है और पौधों के स्वास्थ्य निदान, पोषक तत्व संतुलन तथा रोग प्रबंधन का विस्तृत विवरण प्रस्तुत करता है। अध्ययनों से यह स्पष्ट हुआ है कि पौध आकृति-विज्ञान पर आधारित कंप्यूटर विज्ञान और डीप लर्निंग मॉडल- जो पारंपरिक लक्षण-आधारित निदान के अनुरूप विकसित किए गए हैं- फसल रोग पहचान की सटीकता में उल्लेखनीय सुधार लाते हैं। ये प्रणालियाँ ड्रोन इमेजरी, IoT सेंसर तथा AI विश्लेषण को पारंपरिक, स्थानीय ज्ञान के साथ समन्वित करती हैं।

### 3. जल प्रबंधन और पर्यावरणीय स्थिरता में AI

बावडियाँ, तालाब आधारित सिंचाई तथा नदी-आधारित कृषि जैसी भारतीय जल संरक्षण प्रणालियाँ AI-आधारित जल वैज्ञानिक (Hydrological) मॉडलों को प्रेरित करती हैं। साहित्य से ज्ञात होता है कि AI-सहायित जलग्रहण क्षेत्र प्रबंधन प्रणालियाँ पारंपरिक जल उपयोग के ऐतिहासिक प्रतिरूपों का उपयोग कर भूजल पुनर्भरण एवं सूखा चक्रों की भविष्यवाणी करती हैं। मानसून आधारित सिंचाई समय-सारिणी को अनुकूलित करने हेतु सुदृढीकरण अधिगम (Reinforcement Learning) मॉडलों का प्रयोग बढ़ रहा है, जो भारतीय पारिस्थितिक ज्ञान में गहराई से निहित अवधारणा है।

#### 4. जलवायु अनुकूलन और कृषि-पारिस्थितिक सहनशीलता

पारंपरिक भारतीय कृषि प्रणालियाँ जलवायु अनुकूलन पर विशेष बल देती हैं, जिसका प्रतिबिंब AI-आधारित जलवायु-स्मार्ट कृषि में भी दिखाई देता है। अध्ययनों से यह स्पष्ट होता है कि AI, स्वदेशी संकेतकों-जैसे पशु व्यवहार, पवन दिशा तथा मृदा नमी संकेत-को उपग्रह डेटा के साथ संयोजित कर चरम मौसम घटनाओं का पूर्वानुमान करता है। यह संकर (Hybrid) ज्ञान मॉडल विशेष रूप से वर्षा-आश्रित क्षेत्रों में जलवायु परिवर्तन के प्रति सहनशीलता को सुदृढ़ करता है।

#### 5. जैव-विविधता संरक्षण और पवित्र पारिस्थितिकी

पवित्र उपवन, सामुदायिक वन तथा प्रजाति-पूजन जैसी भारतीय पर्यावरणीय परंपराएँ जैव-विविधता संरक्षण में महत्वपूर्ण भूमिका निभाती हैं। पर्यावरणीय निगरानी में AI अनुप्रयोग इन संरक्षण क्षेत्रों को आधारभूत पारिस्थितिक डेटा के रूप में उपयोग करते हैं। शोध से यह संकेत मिलता है कि AI-आधारित जैव-विविधता मानचित्रण एवं प्रजाति पहचान उपकरण, भारतीय समुदायों द्वारा प्रयुक्त पारंपरिक वर्गीकरण प्रणालियों और लोक-टैक्सोनामी से लाभान्वित होते हैं।

#### 6. नैतिक और समुदाय-केंद्रित AI मॉडल

आधुनिक साहित्य तकनीकी-केंद्रित (Technocratic) AI मॉडलों की आलोचना करता है और प्रकृति, धर्म तथा वसुधैव कुटुम्बकम् जैसे भारतीय दार्शनिक सिद्धांतों से प्रेरित नैतिक, समुदाय-केंद्रित AI की वकालत करता है। विद्वानों का मत है कि कृषि और पर्यावरण के क्षेत्र में AI प्रणालियों को सामूहिक कल्याण, पारिस्थितिक सामंजस्य तथा कृषक स्वायत्तता को प्राथमिकता देनी चाहिए, ताकि वे भारतीय सभ्यतागत मूल्यों के अनुरूप विकसित हो सकें (NITI Aayog, 2021)

#### साहित्यिक अंतर और नवोन्मेष (Literature gap & Novelty)

वर्तमान साहित्य में AI आधारित कृषि प्रणालियों पर प्रचुर कार्य हुआ है - फसल भविष्यवाणी, रोग-पैटर्न पहचान, सिंचाई अनुकूलन आदि। परंतु अधिकांश कार्य पश्चिमी कृषि मॉडलों या वैश्विक dataset पर केंद्रित रहे हैं और पारंपरिक, स्थानिक रूप से विकसित भारतीय प्रथाओं को नकारा या अपर्याप्त रूप से सम्मिलित किया गया है। इस शोध का नवोन्मेष (novelty) निम्न है:

- पारंपरिक प्रथाओं को न केवल प्रेरणा बल्कि डिजाइन पैरामीटर के रूप में मानकर AI मॉडल बनाना।
- बहु-स्तरीय (multi-scale) मॉडल - खेत-स्तर से लेकर सांस्थानिक जल-परिसर तक - जो सांस्कृतिक और सामाजिक नियमों को भी शामिल करें।
- छोटे और सीमांत कृषकों के लिए लागू होने वाले हल - कम-डेटा, कम-कम्प्यूटेशनल और स्थानीय भाषा इंटरफेस वाले AI सिस्टम।
- जैव-विविधता और पारिस्थितिक सेवाएँ (ecosystem services) को नीतिगत निर्णय में मिलाने वाला फ्रेमवर्क।

#### प्रस्तावित AI अनुप्रयोगों का फ्रेमवर्क (Proposed AI Applications — Framework)

नीचे हम पाँच केंद्रीय पारंपरिक प्रथाओं के लिये AI-आधारित अनुप्रयोग प्रस्तावित करते हैं - प्रत्येक के साथ प्रेरणा, तकनीकी डिजाइन, अपेक्षित डेटा और प्रयोगात्मक प्रोटोकॉल दिए गए हैं।

#### 1) पारंपरिक जल-शोषण संरचनाएं (पोखर, तालाब, नालियाँ) →

स्मार्ट माइक्रो-कैचमेंट डिजाइनर।

**प्रेरणा :** राजस्थान, मध्यप्रदेश और अन्य स्थानों में पोखर और तालाब वर्षा जल संरक्षित करते हैं जिससे भूजल स्तर उठता है।

**AI समाधान:** भू-स्थल (topography), मिट्टी, वर्षा पैटर्न और भूमि-उपयोग का उपयोग कर एक GIS -आधारित अनुकूलन मॉडल जो उपयुक्त स्थान, आकार और संचयन क्षमता सुझाए।

**तकनीक:**

- उपग्रह / Drone imagery से Digital Elevation Mode से (DEM) और दूरस्थ संवेदक डेटा।
- रिइन्फोर्समेंट लर्निंग (RL) आधारित अनुकूलन जो विभिन्न भार (water yield, cost, land loss) का बहु-लक्ष्य अनुकूलन करे।
- जनसंवाद इंटरफेस (ग्रामीण भाषा) और स्थानीय पारंपरिक संकेतों (जैसे मंदिर के पास भूमि, समुदाय भूमि) को इनपुट के रूप में शामिल करना।
- डेटा: ऊंचाई मानचित्र, सालानाधमौसमी वर्षा रिकॉर्ड, मिट्टी का पानी धारक क्षमता, संदक ownership maps .

**प्रयोग :** 10.15 गाँवों में पायलट; RL एजेंट विभिन्न निवेश / आय-परिदृश्यों में प्रशिक्षण।

**परिणाम :** भूजल उठान, सिंचाई उपलब्धता व लागत-लाभ विश्लेषण।

## 2) रेगिस्तानी जल-संधारण →

**संदर्भ-समृद्ध फार्म-योजना सहायक**

**प्रेरणा :** रेगिस्तानी जल-संधारण सूखी भूमि पर नमी संग्रह करते हैं और फसल प्रत्यारोपण में मदद करते हैं।

**AI समाधान:** छोटे-खेतों के लिए कस्टम प्रबंधन योजना - किस गड्डे में कब, कितने पौधे, किस प्रकार की फसल / बीज होनी चाहिए।

**तकनीक:**

- एजेंट-आधारित सिमुलेशन जो मिट्टी-नमी बिंदु, वाष्पीकरण और पौधे की जल-डिमांड मॉडल करे।
- Bayesian optimization सीमित डेटा में भी निर्णय गुणात्मकता सुधारने के लिए।

**डेटा :** सॉइल मॉइस्चर सेंसर, स्थानीय वर्षा, फसल जल-उत्पादन डेटा।

**प्रयोग :** फील्ड-स्टडी में 50 छोटे खेत, तुलना नियंत्रण और AI-निर्देशित जल-संधारण पद्धति।

## 3) मिश्रित फसल और पारंपरिक अंतर-रोपण →

**मल्टी-ऑब्जेक्टिव फसल प्लानर**

**प्रेरणा :** पारंपरिक मिश्रण (बाजरा और मूंग आदि) रोग नियंत्रण और पोषण संतुलन में सहायक होते हैं।

**AI समाधान:** मशीन लर्निंग आधारित नियोजन उपकरण जो उपज, जोखिम, पोषण और बाजार-मूल्य को मल्टी-ऑब्जेक्टिव रूप में संतुलित करे।

**तकनीक:**

- Multi-task learning मॉडल जो विभिन्न फसलों की उपज-प्रवृत्ति एक साथ सीखें।
- Evolutionary algorithms से मिश्रित फसलों का परिदृश्य जनरेट करना।

**डेटा :** ऐतिहासिक उपज, बाजार कीमत, स्थानीय फसल मिश्रण के परंपरागत नियम।

**प्रयोग :** सामुदायिक परीक्षण जहां किसान विकल्प चुनें और मॉडलों की सिफारिशों अपनाएँ सामाजिक-आर्थिक सर्वे के साथ परिणाम मापन।

#### 4) जैविक कीट-नियंत्रण एवं लोक-रोग-ज्ञान →

##### कंप्यूटेशनल बायो-इन्डिकेटर

**प्रेरणा :** लोक ज्ञान जैसे सहकारी फसलों या तलाब के आसपास विशिष्ट पौधे कीट नियंत्रण में मदद करते हैं।

**AI समाधान:** डिजिटल बायो-इन्डिकेटर प्लेटफार्म जो उपग्रह और फोन-आधारित इमेजिंग से जैविक संकेत पहचान कर कीट जोखिम की चेतावनी दे।

**तकनीक :**

- कंप्यूटर विजन (CNN) कीट / आयु वर्ग / पौधे तनाव पहचान के लिए।
- Graph-based models जैविक नेटवर्क (phenology) का विश्लेषण करें।

**डेटा :** फील्ड इमेज, स्थानीय फसलों का phenology, ऐतिहासिक पैटर्न।

**प्रयोग :** वास्तविक समय चेतावनी प्रणाली और कीट प्रबंधन सिफारिशों का A/B टेस्टिंग।

#### 5) पवित्र वन (sacred groves) और पारिस्थितिक संरक्षण →

##### AI आधारित बायोडायवर्सिटी मॉनिटर

**प्रेरणा :** पवित्र वन स्थानीय जैव विविधता के संरक्षण का केंद्र रहे हैं।

**AI समाधान:** आवाज पहचान, इमेजिंग और citizen-science फीड से जैव विविधता संकेतों का ट्रैकिंग व संरक्षण प्राथमिकता निर्धारण।

**तकनीक :**

- Audio Event Detection %वन्यजीव कॉल% passive acoustic monitoring.
- Species Distribution Models %SDMs% and conservation-priority mapping.

**डेटा :** ट्रैप कैमरा इमेज, ऑडियो रिकॉर्डिंग, समुदाय द्वारा दी गई रिपोर्टें।

**प्रयोग :** संरक्षण प्रबंधन के निर्णयों के साथ AI आउटपुट का परीक्षण - अवलोकन: किस प्रकार के संरक्षण उपाय ज्यादा प्रभावी हैं।

#### कार्यप्रणाली (Methodology)

प्रत्येक अनुप्रयोग के लिए सामान्य कार्यप्रणाली इस प्रकार होगी:-

- ❖ सहभागी-अनुशीलन (Participatory co-design):- स्थानीय समुदायों, कृषि विस्तार एजेंसियों तथा पारिस्थितिक विज्ञानी के साथ कार्यशालाएँ। पारंपरिक नियमों / मान्यताओं का दस्तावेजीकरण।

**डेटा संग्रह :** उपग्रह (Sentinel, Landsat), ड्रोन, स्थानीय सेंसर नेटवर्क, किसान नोटबुक्स तथा नागरिक विज्ञान का ज्ञान। डेटा का सतही-फिल्टर, एन्क्रिप्शन और गोपनीयता सुनिश्चित।

**मॉडल विकास :** छोटे मॉडल से शुरू (lightweight ML), फिर हाइब्रिड मॉडल (गणितीय+ ML) और RL/ एजेंट-सिम्युलेशन तक विस्तारित।

**स्थल-परीक्षण(Field trials) :** प्रोटोकॉल के अनुसार नियंत्रित और वास्तविक-विश्व परीक्षण।

**सफलता मानदंड :** उपज, पानी की उपलब्धता, आर्थिक लाभ, जैव-विविधता संकेत, और सामाजिक स्वीकृति।

**स्केल-अप मार्ग :** स्थानीय सामुदायिक संसाधन केन्द्रों (Kisan Resource Centers) और ग्रामीण मोबाइल एप के माध्यम से सेवा वितरण।

**नैतिक, सामाजिक और नीति विचार(Ethical, social - policy considerations)**

**ज्ञान का स्वामित्व और श्रेय :-** पारंपरिक ज्ञान का उपयोग करते समय समुदायों को अधिकार, श्रेय और मुआवजा सुनिश्चित होगा।

**डेटा गोपनीयता :-** किसान-स्तर के डेटा का उपयोग केवल सहमति के साथ और स्थानीय नियमों के अनुरूप।

**न्यायसंगत पहुँच :-** तकनीक छोटे किसानों के लिये सुलभ एवं सस्ती हो - न कि बढते डिजिटल विभाजन को तीव्र करे।

**बायो-प्रोटेक्शन :-** जैव-न्याय तथा जैविक संसाधनों के संरक्षण हेतु नीतिगत समन्वय।

**संवेदनशीलता :-** सांस्कृतिक और धार्मिक प्रथाओं के साथ संवेदनशील व्यवहारय किसी भी AI प्रस्ताव को सांस्कृतिक हानि-रहित रखना अनिवार्य।

**अपेक्षित परिणाम और प्रभाव (Expected outcomes & Impact)**

**जल संसाधन में सुधार :-** छोटे - catchment जोहाई आधारित सिस्टम से भूजल वृद्धि और सिंचाई-सुधारा।

**आर्थिक लाभ :-** उपज और आय में वृद्धि (मिश्रित-फसल प्रबंधन, जल वितरण अनुकूलन)।

**बायोडायवर्सिटी संरक्षण :-** पवित्र वन-आधारित निगरानी से संरक्षण निर्णय बेहतर होंगे।

**सामाजिक-प्रभाव :-** समुदायों की स्थानीय क्षमता में वृद्धि, पारंपरिक ज्ञान का मान्यता तथा AI के प्रति विश्वास।

**नीतिगत योगदान :-** क्षेत्रीय नीति में पारंपरिक प्रथाओं के संरक्षण और AI एकीकरण के लिए आधारभूत प्रमाण।

**संभावित चुनौतियाँ और समाधान (Challenges & Mitigations)**

**डेटा की कमी/गुणवत्ता :-** समाधान-कम-डेटा एल्गोरिदम, सामायोज्य Bayesian मॉडल, और नागरिक विज्ञान से डेटा-समृद्धि।

**स्थानीय भाषाएँ व इंटरफेस :-** समाधान-हिंदी/स्थानीय भाषा UI वाईस-इंटरफेस, तथा सरल निर्णय-निर्देश।

**सामाजिक स्वीकृति :-** समाधान-सहभागी-डिजाइन और प्रारम्भिक समुदाय-लाभ मॉड्यूल।

**वित्त पोषण व स्केल :-** समाधान-सरकारी एग्री-इनोवेशन फंड, CSR और अंतरराष्ट्रीय जल/पर्यावरण अनुदान।

**निष्कर्ष (Conclusion)**

यह पेपर एक बहु-आयामी, स्थानिक-संवेदनशील AI फ्रेमवर्क प्रस्तावित करता है जो भारतीय पारंपरिक कृषि और पर्यावरणीय प्रथाओं से प्रेरणा लेता है। पारंपरिक ज्ञान न केवल ऐतिहासिक रुचि है बल्कि वह व्यावहारिक, परिस्थितिजन्य समाधान प्रदान करता है - और AI इन समाधानों को स्केल, ऑप्टिमाइज और अनुकूल बना सकता है। प्रस्तावित अनुप्रयोग छोटे किसानों की आवश्यकता, पारिस्थितिक संरक्षण और सामाजिक-न्याय के सिद्धांतों को ध्यान में रखते हुए डिजाइन किए गए हैं।

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# योगिक एवं माइंडफुलनेस दृष्टिकोण द्वारा उत्तरदायी कृत्रिम बुद्धिमत्ता का उपयोग

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## शोध सारांश

यह शोधपत्र कृत्रिम बुद्धिमत्ता के उत्तरदायी उपयोग में योगिक तथा माइंडफुलनेस (सचेतन) सिद्धांतों के एकीकरण का एक सैद्धांतिक एवं व्यावहारिक ढाँचा प्रस्तुत करता है। मानव एवं प्रौद्योगिकी संबंधों में उभरते नैतिक संकटों को ध्यान में रखते हुए यह अध्ययन विश्लेषण करता है कि योग दर्शन और माइंडफुलनेस की साधनाएँ आर्टिफिशियल इंटेलिजेंस के जिम्मेदार उपयोग को कैसे दिशा दे सकती हैं।

वर्तमान समय में जहाँ उत्तरदायी एआई के तकनीकी, कानूनी तथा नीति-आधारित उपायों पर व्यापक कार्य हुआ है, वहीं आर्टिफिशियल इंटेलिजेंस विकसित करने वाले व्यक्तियों की जागरूकता, ध्यान क्षमता और मूल्य-संवेदनशीलता पर अपेक्षाकृत कम ध्यान दिया गया है। कृत्रिम बुद्धिमत्ता के तीव्र विस्तार ने व्यक्तिगत निर्णय, भावनात्मक स्वास्थ्य, सामाजिक संबंधों तथा डेटा सुरक्षा पर गहरा प्रभाव डाला है।

इस संदर्भ में योग के सिद्धांत अहिंसा, सत्य, अस्तेय, अपरिग्रह, संतोष, स्वाध्याय एवं ध्यान मानव मन को संतुलित, संयमित और विवेकशील बनाते हैं। माइंडफुलनेस अभ्यास व्यक्ति को वर्तमान क्षण में सजग रखकर तकनीक उपयोग से उत्पन्न आवेग, निर्भरता, गलत सूचना और भावनात्मक तनाव को कम करता है।

अध्ययन से ज्ञात होता है कि योग और माइंडफुलनेस आधारित तकनीकें डिजिटल व्यवहार में आत्मनियंत्रण विकसित करती हैं, जिससे कृत्रिम बुद्धिमत्ता का उपयोग अधिक नैतिक और समाजोन्मुख हो पाता है। यह दृष्टिकोण उपयोगकर्ताओं में डिजिटल डिटॉक्स, सचेत निर्णयनिर्माण, गोपनीयता की समझ तथा एआई के दुरुपयोग से बचाव की क्षमता को बढ़ाता है।

निष्कर्षतः, योगिक एवं माइंडफुलनेस पद्धतियाँ एक मानवकेंद्रित, संतुलित एवं मूल्यआधारित कृत्रिम बुद्धिमत्ता संस्कृति के निर्माण के लिए प्रभावी, सरल और व्यावहारिक मार्ग प्रदान करती हैं।

**मुख्य शब्द** – उत्तरदायी कृत्रिम बुद्धिमत्ता, योग, माइंडफुलनेस, नैतिकता, आर्टिफिशियल इंटेलिजेंस।

## भूमिका

वर्तमान वैश्विक परिप्रेक्ष्य में शिक्षा केवल सूचना के संचरण का माध्यम न होकर चरित्र निर्माण, मानसिक अनुशासन और नैतिक मूल्यों के विकास का प्रमुख आधार बन चुकी है। भारत जैसे विविधतापूर्ण समाज में, जहाँ आध्यात्मिक परंपराएँ और सांस्कृतिक विरासत शिक्षा से गहराई से जुड़ी हुई हैं, वहाँ परंपरागत योग और ध्यान विधियों के साथ आधुनिक तकनीकों का समन्वय शिक्षा को अधिक प्रभावी, समावेशी और उद्देश्यपूर्ण बना सकता है।

इसी संदर्भ में कृत्रिम बुद्धिमत्ता और माइंडफुलनेस साधना का एकीकरण विद्यालयी शिक्षा में एक क्रांतिकारी पहल के रूप में उभर रहा है। कृत्रिम बुद्धिमत्ता की सहायता से व्यक्तिगत शिक्षण सामग्री तैयार की जा रही है, जिससे छात्रों के प्रदर्शन की निगरानी संभव होती है और शिक्षण गतिविधियाँ स्वचालित की जा सकती हैं।

भारत में डिजिटल शिक्षा को बढ़ावा देने हेतु PM eVidya, DIKSHA पोर्टल तथा NDEAR जैसे राष्ट्रीय प्रयास किए जा रहे हैं। यूनेस्को (2023) की रिपोर्ट के अनुसार, भारत में डिजिटल लर्निंग को अपनाने की दर ग्रामीण क्षेत्रों में 38 प्रतिशत तथा शहरी क्षेत्रों में 74 प्रतिशत है।

हालाँकि, तकनीकी विस्तार के साथसाथ छात्रों में एकाग्रता की कमी, नैतिक मूल्यों में गिरावट तथा तनाव जनित समस्याएँ भी बढ़ी हैं। ऐसे में- बुद्धिमत्ता को मानवकेंद्रित, नैतिक और कल्याणकारी बनाने में सहायक सिद्ध हो सकती है।

## उत्तरदायी कृत्रिम बुद्धिमत्ता की अवधारणा

उत्तरदायी कृत्रिम बुद्धिमत्ता वह दृष्टिकोण है, जिसमें कृत्रिम बुद्धिमत्ता का विकास, उपयोग और नियंत्रण इस प्रकार किया जाता है कि वह मानवीय मूल्यों, नैतिकता, जनहित और कानूनों के अनुरूप हो। इसका उद्देश्य केवल तकनीकी दक्षता नहीं, बल्कि मानव कल्याण और सामाजिक न्याय को सुनिश्चित करना है।

## उत्तरदायी एआई के प्रमुख घटक

- **नैतिकता** – एआई निर्णयों में नैतिक मूल्यों का पालन
- **पारदर्शिता** – निर्णय प्रक्रिया का स्पष्ट और समझने योग्य होना
- **न्यायसंगतता एवं निष्पक्षता** – किसी भी प्रकार के सामाजिक पक्षपात से बचाव
- **जवाबदेही** – निर्णयों के लिए स्पष्ट मानवीय उत्तरदायित्व
- **गोपनीयता एवं डेटा सुरक्षा** – व्यक्तिगत डेटा का सुरक्षित उपयोग
- **सुरक्षा एवं विश्वसनीयता** – त्रुटिनियंत्रण और निरंतर परीक्षण-
- **मानवकेंद्रितता** – अंतिम निर्णय में मानव नियंत्रण बनाए रखना

## योगिक दर्शन और कृत्रिम बुद्धिमत्ता

योग दर्शन और कृत्रिम बुद्धिमत्ता के बीच संवाद आधुनिक युग की एक महत्वपूर्ण आवश्यकता बन चुका है। पतंजलि द्वारा प्रतिपादित अष्टांग योग मन, शरीर और आत्मा के समन्वय पर बल देता है, जिसका उद्देश्य चित्तवृत्तियों का निरोध है (योगसूत्र)1.2)।

## समन्वय के प्रमुख बिंदु

1. **ध्यान और माइंडफुलनेस** – एआई आधारित गाइडेड मेडिटेशन
2. **नैतिक मूल्यों का संवर्धन** – यमनियम को नैतिक दिशानिर्देश के रूप में अपनाना-

3. स्वास्थ्य एवं संतुलन – एआई पावर्ड योग ऐप्स
4. आध्यात्मिक विकास – व्यक्तिगत मार्गदर्शन आधारित तकनीक

### चुनौतियाँ एवं समाधान

- डेटा गोपनीयता
- पक्षपात से बचाव
- तकनीकी निर्भरता में संतुलन

### माइंडफुलनेस और कृत्रिम बुद्धिमत्ता

माइंडफुलनेस अभ्यास मानसिक स्पष्टता, भावनात्मक संतुलन और सहानुभूति विकसित करता है। शरीरस्कैनिंग-, साक्षीभाव, प्रेम करुणा ध्यान जैसी- तकनीकें एआई विकसित करने वाली टीमों के लिए अत्यंत उपयोगी सिद्ध हो सकती हैं।

### निष्कर्ष

उत्तरदायी एआई केवल तकनीकी अवधारणा नहीं, बल्कि एक नैतिक सामाजिक प्रतिबद्धता है। योग और माइंडफुलनेस आधारित एआई एकीकरण- 21वीं सदी की शिक्षा प्रणाली को नवोन्मेषी, सांस्कृतिक और मानव केंद्रित बनाता है। राष्ट्रीय शिक्षा नीति-2020 इस दिशा में एक सकारात्मक संकेत है। यह नवाचार भारत को “प्रौद्योगिकीसक्षम आध्यात्मिक शिक्षा-” का वैश्विक अग्रणी बना सकता है।

### संदर्भ सूची

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## गुरुकुल शिक्षाशास्त्र और कृत्रिम बुद्धिमत्ता(AI)आधारित अधिगम का एकीकरण:भारतीय ज्ञान

### परंपरा के संदर्भ में समग्र, मूल्य-आधारित एवं भविष्य-उन्मुख शिक्षा

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डॉ. हर्षा शर्मा

सहायक प्रोफेसर, शिक्षा संकाय

कलिंगा विश्वविद्यालय, रायपुर



#### प्रस्तावना

शिक्षा किसी भी समाज की आत्मा होती है, जो उसकी संस्कृति, मूल्य, दर्शन और भविष्य-दृष्टि को प्रतिबिंबित करती है। भारतीय शिक्षा परंपरा विश्व की प्राचीनतम एवं समृद्ध परंपराओं में से एक रही है। इस परंपरा का सर्वाधिक सशक्त और मौलिक रूपगुरुकुल शिक्षा प्रणालीमें देखने को मिलता है। गुरुकुल प्रणाली केवल ज्ञान के हस्तांतरण तक सीमित नहीं थी, बल्कि वह व्यक्ति के सर्वांगीण विकास—शारीरिक, मानसिक, नैतिक, सामाजिक एवं आध्यात्मिक—का माध्यम थी।

समकालीन युग में शिक्षा व्यवस्था तीव्र गति से तकनीकी परिवर्तन के दौर से गुजर रही है। डिजिटल तकनीक, इंटरनेट, मशीन लर्निंग और कृत्रिम बुद्धिमत्ता (Artificial Intelligence – AI) ने शिक्षण-अधिगम की प्रक्रिया को नए आयाम प्रदान किए हैं। आज AI आधारित अधिगम प्रणाली शिक्षार्थियों को वैयक्तिकृत सामग्री, अनुकूली पाठ्यक्रम, त्वरित मूल्यांकन और डेटा-आधारित फीडबैक प्रदान कर रही है।

हालाँकि, तकनीक की इस तीव्र प्रगति के साथ एक गंभीर प्रश्न भी उभरता है—क्या आधुनिक शिक्षा में मानवीय संवेदनाएँ, नैतिक मूल्य और सांस्कृतिक चेतना सुरक्षित रह पा रही हैं? यही वह बिंदु है जहाँ गुरुकुल शिक्षाशास्त्र और AI आधारित अधिगम के एकीकरण की आवश्यकता अनुभव की जाती है। यह अध्याय इसी समन्वय की वैचारिक, दार्शनिक और शैक्षिक संभावनाओं का विस्तृत विश्लेषण प्रस्तुत करता है।

#### गुरुकुल शिक्षा प्रणाली : ऐतिहासिक एवं दार्शनिक परिप्रेक्ष्य

गुरुकुल प्रणाली वैदिक काल से लेकर मध्यकाल तक भारतीय शिक्षा का प्रमुख स्वरूप रही है। 'गुरुकुल' का तात्पर्य है—गुरु का कुल अथवा आश्रम, जहाँ शिष्य गुरु के सान्निध्य में रहकर शिक्षा ग्रहण करता था।

### गुरु-शिष्य परंपरा का महत्व

गुरुकुल में शिक्षा औपचारिक कक्षा तक सीमित नहीं थी, बल्कि जीवन के प्रत्येक क्षण में घटित होती थी। गुरु शिष्य के बौद्धिक विकास के साथ-साथ उसके आचरण, सोच और जीवन-दृष्टि का भी निर्माण करता था। शिक्षा व्यक्तिगत थी, संवादात्मक थी और अनुभव पर आधारित थी।

### मूल्य एवं नैतिकता का केंद्रीय स्थान

सत्य, अहिंसा, ब्रह्मचर्य, सेवा, अनुशासन, कर्तव्य और सामाजिक उत्तरदायित्व गुरुकुल शिक्षा के मूल स्तंभ थे। शिक्षा का उद्देश्य केवल आजीविका नहीं, बल्कि सत्यम् वद, धर्म चर के आदर्श पर जीवन जीने की प्रेरणा देना था।

### समग्र एवं जीवनोपयोगी शिक्षा

गुरुकुल में शास्त्र ज्ञान के साथ-साथ कृषि, शिल्प, योग, आयुर्वेद, संगीत, युद्धकला और पर्यावरणीय चेतना भी सिखाई जाती थी। इससे शिक्षा जीवन से जुड़ी रहती थी।

### कृत्रिम बुद्धिमत्ता (AI) आधारित अधिगम : अवधारणा और स्वरूप

कृत्रिम बुद्धिमत्ता वह तकनीक है जिसमें मशीनें मानव जैसी सोच, विश्लेषण और निर्णय क्षमता का अनुकरण करती हैं। शिक्षा के क्षेत्र में AI आधारित अधिगम ने शिक्षण प्रक्रिया को अधिक प्रभावी, लचीला और शिक्षार्थी-केंद्रित बना दिया है।

### AI आधारित अधिगम की प्रमुख विशेषताएँ

- वैयक्तिकृत अधिगम अनुभव
- शिक्षार्थी की क्षमता के अनुसार सामग्री
- सतत एवं त्वरित मूल्यांकन
- लर्निंग एनालिटिक्स द्वारा प्रगति विश्लेषण
- वर्चुअल ट्यूटर एवं डिजिटल मेंटर

### AI और शिक्षक की भूमिका

AI शिक्षक का स्थान नहीं लेता, बल्कि उसकी भूमिका को सहयोगी और सहायक के रूप में सुदृढ़ करता है। शिक्षक अधिक समय मार्गदर्शन, परामर्श और नैतिक शिक्षा के लिए दे सकता है।

### गुरुकुल और AI का एकीकरण : वैचारिक आवश्यकता

आधुनिक शिक्षा व्यवस्था में तकनीकी दक्षता बढ़ रही है, परंतु मूल्य-बोध और संवेदनशीलता का क्षरण भी दिखाई देता है। यदि AI आधारित शिक्षा मूल्य-निरपेक्ष हो जाए, तो वह शिक्षार्थियों को यांत्रिक बना सकती है।

### गुरुकुल शिक्षाशास्त्र और AI का एकीकरण—

- तकनीक को मानवीय बनाता है
- शिक्षा को मूल्य-आधारित दिशा देता है
- शिक्षक को पुनः केंद्रीय स्थान प्रदान करता है
- आत्मअनुशासन और आत्मचिंतन को बढ़ावा देता है

एकीकृत वैचारिक ढाँचा





**एकीकरण के प्रमुख आयाम**

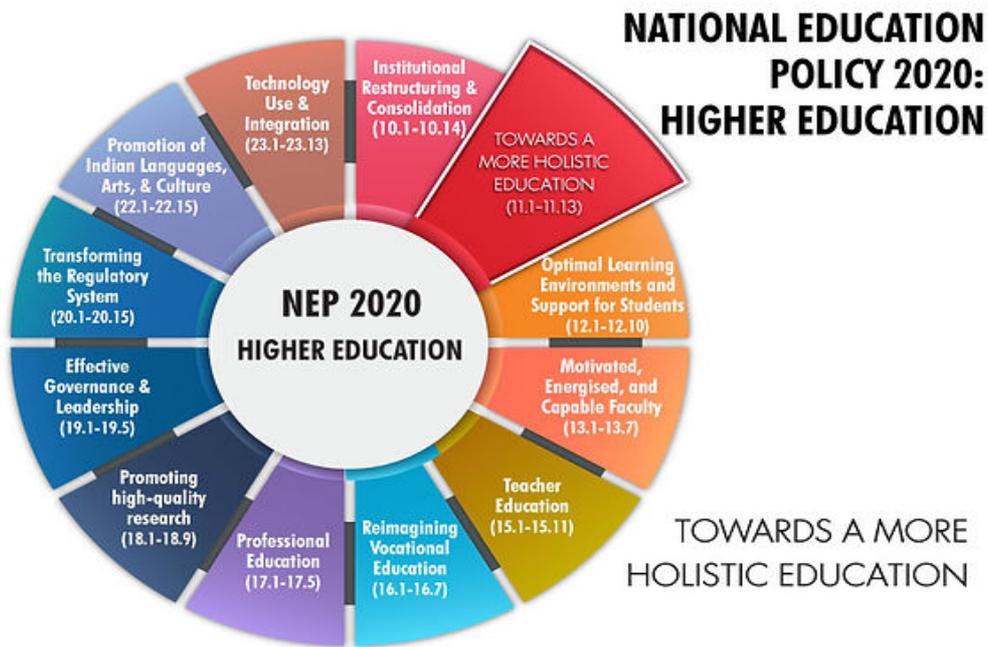
गुरुकुल शिक्षाशास्त्र	AI आधारित अधिगम	समेकित परिणाम
गुरु-शिष्य संवाद	AI वर्चुअल मेंटर	वैयक्तिकृत मार्गदर्शन
नैतिक एवं मूल्य शिक्षा	रिफ्लेक्टिव डिजिटल टूल्स	चरित्र निर्माण
आत्मअनुशासन	लर्निंग एनालिटिक्स	स्व-नियंत्रित अधिगम
अनुभवात्मक शिक्षा	सिमुलेशन, VR	जीवनोपयोगी कौशल
समग्र विकास	अनुकूली अधिगम पथ	संतुलित व्यक्तित्व

**राष्ट्रीय शिक्षा नीति 2020 एवं भारतीय ज्ञान परंपरा के संदर्भ में**

राष्ट्रीय शिक्षा नीति 2020 (NEP-2020) भारतीय शिक्षा प्रणाली को उसकी सांस्कृतिक, दार्शनिक एवं बौद्धिक जड़ों से जोड़ते हुए आधुनिक आवश्यकताओं और नवाचार की दिशा में अग्रसर करती है। यह नीति शिक्षा को केवल ज्ञान-प्राप्ति तक सीमित न रखकर, उसे मानवीय मूल्यों, नैतिकता, कौशल एवं समग्र व्यक्तित्व विकास से जोड़ने का प्रयास करती है। NEP-2020 के प्रमुख बिंदु निम्नलिखित हैं—

- **भारतीय ज्ञान परंपरा-** NEP-2020 में भारतीय ज्ञान परंपरा को शिक्षा का आधार बनाने पर विशेष बल दिया गया है। इसमें वेद, उपनिषद, बौद्ध दर्शन, जैन विचारधारा, योग, आयुर्वेद, गणित, खगोलशास्त्र तथा भारतीय भाषाओं एवं साहित्य की समृद्ध विरासत को आधुनिक शिक्षा से जोड़ने की बात कही गई है। इस परंपरा के समावेश से विद्यार्थियों में सांस्कृतिक बोध, राष्ट्रीय चेतना तथा आत्मगौरव की भावना विकसित होती है, जिससे वे वैश्विक मंच पर अपनी पहचान को सशक्त रूप से प्रस्तुत कर सकते हैं।

- **मूल्य एवं नैतिक शिक्षा-** राष्ट्रीय शिक्षा नीति 2020 शिक्षा को नैतिक एवं मूल्यपरक दृष्टि से सुदृढ़ बनाने पर बल देती है। सत्य, अहिंसा, करुणा, सहिष्णुता, सहयोग, ईमानदारी एवं सामाजिक उत्तरदायित्व जैसे मूल्यों को शिक्षा प्रक्रिया का अभिन्न अंग माना गया है। मूल्य-आधारित शिक्षा के माध्यम से विद्यार्थियों में नैतिक विवेक, आत्मअनुशासन तथा सामाजिक संवेदनशीलता का विकास होता है, जो उन्हें जिम्मेदार नागरिक बनने में सहायता प्रदान करता है।
- **अनुभवात्मक एवं बहुविषयक अधिगम-** NEP-2020 में अनुभवात्मक एवं बहुविषयक अधिगम को शिक्षा की प्रमुख रणनीति के रूप में अपनाया गया है। परियोजना कार्य, गतिविधि-आधारित शिक्षण, समस्या-समाधान तथा वास्तविक जीवन से जुड़े अनुभवों के माध्यम से अधिगम को अधिक प्रभावी और सार्थक बनाया गया है। बहुविषयक दृष्टिकोण से विद्यार्थी विभिन्न विषयों के बीच अंतर्संबंध को समझते हैं, जिससे उनकी रचनात्मकता, आलोचनात्मक चिंतन एवं नवाचार क्षमता का विकास होता है।
- **प्रौद्योगिकी का नैतिक उपयोग-** राष्ट्रीय शिक्षा नीति 2020 में प्रौद्योगिकी के उपयोग को शिक्षा का सहायक साधन माना गया है, न कि उसका स्थानापन्न। डिजिटल शिक्षा, ऑनलाइन संसाधन, आर्टिफिशियल इंटेलिजेंस एवं नवाचारों के साथ-साथ उनके नैतिक उपयोग पर भी विशेष बल दिया गया है। डेटा गोपनीयता, समान अवसर, मानवीय मूल्यों की रक्षा तथा तकनीक के संतुलित उपयोग को सुनिश्चित करने की आवश्यकता पर नीति स्पष्ट दृष्टिकोण प्रस्तुत करती है।



### शिक्षक-शिक्षा एवं उच्च शिक्षा में अनुप्रयोग

गुरुकुल-AI मॉडल शिक्षक-शिक्षा कार्यक्रमों में—

- मेंटरशिप आधारित प्रशिक्षण
- मूल्य-आधारित पेडागॉजी
- डिजिटल दक्षता के साथ नैतिक चेतना

को सुदृढ़ कर सकता है। उच्च शिक्षा में यह शोध, नवाचार और आत्मनिर्भर अधिगम को बढ़ावा देता है।

संभावनाएँ, चुनौतियाँ एवं नैतिक प्रश्न

समकालीन शिक्षा व्यवस्था में भारतीय ज्ञान परंपरा, मूल्य-आधारित शिक्षा, भावनात्मक बुद्धिमत्ता तथा कृत्रिम बुद्धिमत्ता (AI) के समन्वय से एक ऐसा एकीकृत शैक्षिक मॉडल विकसित किया जा सकता है, जो न केवल शैक्षणिक गुणवत्ता को सुदृढ़ करता है, बल्कि सामाजिक एवं नैतिक दृष्टि से भी शिक्षा को अधिक प्रभावशाली बनाता है। इस संदर्भ में इसकी संभावनाएँ, चुनौतियाँ तथा नैतिक प्रश्नों का विश्लेषण आवश्यक हो जाता है।

### संभावनाएँ

इस एकीकृत शैक्षिक मॉडल के माध्यम से भारतीय शिक्षा को वैश्विक मंच पर एक विशिष्ट पहचान प्राप्त हो सकती है। भारतीय दर्शन, सांस्कृतिक मूल्यों एवं ज्ञान परंपरा का समावेश शिक्षा को अंतरराष्ट्रीय स्तर पर एक वैकल्पिक, मानवीय एवं नैतिक मॉडल के रूप में प्रस्तुत करता है। इससे भारत की सॉफ्ट पावर को भी सुदृढ़ करने में सहायता मिलती है।

इसके अतिरिक्त, यह मॉडल समावेशी एवं सुलभ शिक्षा को प्रोत्साहित करता है। तकनीकी साधनों और AI के उपयोग से ग्रामीण, वंचित तथा विशेष आवश्यकता वाले विद्यार्थियों तक गुणवत्तापूर्ण शिक्षा पहुँचाना संभव हो सकता है। इससे शिक्षा में समान अवसरों की स्थापना होती है और सामाजिक असमानताओं को कम करने में सहयोग मिलता है।

साथ ही, यह मॉडल जीवन-कौशल एवं चरित्र निर्माण पर विशेष बल देता है। केवल विषय-वस्तु आधारित ज्ञान के स्थान पर निर्णय क्षमता, सहानुभूति, आत्मअनुशासन, नैतिक विवेक तथा भावनात्मक संतुलन जैसे गुणों का विकास किया जाता है, जिससे विद्यार्थी जीवन की वास्तविक चुनौतियों का सामना अधिक प्रभावी ढंग से कर सकते हैं।

### चुनौतियाँ

जहाँ एक ओर यह मॉडल अनेक संभावनाएँ प्रस्तुत करता है, वहीं दूसरी ओर इसके क्रियान्वयन में कई चुनौतियाँ भी विद्यमान हैं। डिजिटल विभाजन एक प्रमुख चुनौती है, जिसके कारण तकनीक-आधारित शिक्षा का लाभ सभी विद्यार्थियों तक समान रूप से नहीं पहुँच पाता। इंटरनेट, डिजिटल उपकरणों एवं तकनीकी साक्षरता की असमान उपलब्धता शिक्षा में नई खाई उत्पन्न कर सकती है।

दूसरी महत्वपूर्ण चुनौती शिक्षक प्रशिक्षण से संबंधित है। इस एकीकृत मॉडल को सफलतापूर्वक लागू करने के लिए शिक्षकों को न केवल तकनीकी रूप से दक्ष होना आवश्यक है, बल्कि उन्हें मूल्य-आधारित शिक्षण, भावनात्मक बुद्धिमत्ता तथा नैतिक शिक्षा के प्रति भी संवेदनशील और प्रशिक्षित होना होगा। उपयुक्त प्रशिक्षण के अभाव में इस मॉडल के उद्देश्य पूर्णतः प्राप्त नहीं किए जा सकते।

इसके अतिरिक्त, AI के नैतिक उपयोग से जुड़े प्रश्न भी गंभीर चुनौती के रूप में सामने आते हैं। डेटा की गोपनीयता, पक्षपातपूर्ण एल्गोरिद्म, निर्णय प्रक्रिया में मानवीय हस्तक्षेप की कमी तथा तकनीक पर अत्यधिक निर्भरता जैसे मुद्दे शिक्षा की नैतिकता पर प्रश्नचिह्न लगाते हैं। अतः AI के उपयोग में स्पष्ट दिशा-निर्देश एवं नैतिक मानकों की आवश्यकता है।

### शैक्षिक एवं सामाजिक प्रभाव

यह एकीकृत शैक्षिक मॉडल शैक्षिक एवं सामाजिक दोनों स्तरों पर व्यापक प्रभाव उत्पन्न करता है। यह मॉडल संवेदनशील, नैतिक एवं उत्तरदायी नागरिकों के निर्माण में सहायक सिद्ध होता है, जो न केवल अपने व्यक्तिगत विकास के प्रति सजग होते हैं, बल्कि समाज और राष्ट्र के प्रति भी अपनी जिम्मेदारियों को समझते हैं।

इसके माध्यम से शिक्षा की दिशा को केवल रोजगार-केंद्रित दृष्टिकोण से आगे बढ़ाकर जीवन-केंद्रित बनाया जा सकता है। शिक्षा को मात्र आर्थिक सफलता का साधन न मानकर उसे मानवीय मूल्यों, सामाजिक उत्तरदायित्व तथा समग्र व्यक्तित्व विकास का माध्यम माना जाता है। इससे शिक्षा अधिक अर्थपूर्ण और स्थायी बनती है।

साथ ही, यह मॉडल सामाजिक समरसता और नैतिक चेतना को बढ़ावा देता है। विभिन्न सांस्कृतिक, सामाजिक एवं वैचारिक पृष्ठभूमियों के बीच संवाद, सहिष्णुता और परस्पर सम्मान की भावना विकसित होती है। परिणामस्वरूप, शिक्षा समाज में सकारात्मक परिवर्तन लाने का एक प्रभावी साधन बनकर उभरती है।

### निष्कर्ष

गुरुकुल शिक्षाशास्त्र और कृत्रिम बुद्धिमत्ता आधारित अधिगम का एकीकरण भारतीय शिक्षा के लिए एक संतुलित, समग्र और भविष्य-दृष्टि सम्पन्न मार्ग प्रस्तुत करता है। जहाँ AI आधुनिक समाज की तकनीकी आवश्यकताओं को पूरा करता है, वहीं गुरुकुल प्रणाली शिक्षा को मानवीय, नैतिक और जीवनोपयोगी बनाती है।

यह समन्वय अतीत की पुनरावृत्ति नहीं, बल्कि भारतीय ज्ञान परंपरा के आलोक में भविष्य की शिक्षा का निर्माण है। ऐसा शिक्षा मॉडल ही ज्ञान के साथ विवेक, दक्षता के साथ करुणा और तकनीक के साथ नैतिकता का विकास कर सकता है।

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## NEP 2020, IKS, and Artificial Intelligence: Transforming Education for the Future

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**ABSTRACT—** The National Education Policy (NEP) 2020 shows a big change for education in India by adding advanced technology like artificial intelligence (AI) with Indian Knowledge Systems (IKS). It aims to build a complete, forward-thinking system that balances new ways of doing things with old traditions. NEP 2020 shows how important it is to include India's large amount of knowledge, like its many different beliefs, art forms, science discoveries, yoga, Ayurvedic medicine and languages, in what is taught. The IKS Division of AICTE was made to help spread, save and study local knowledge. To help teachers connect new ways of teaching with old knowledge, IKS teaching methods are being added to teacher training programs. Schools are being encouraged to create special IKS centres to encourage research that crosses different subjects and help the world better understand India's knowledge systems.

As for AI (Artificial Intelligence) NEP 2020 says to add AI into school and college programs, knowing it is very important as a skill for the future. It is thought that AI will change how students are graded, make learning fit each person and help different kinds of students learn together. AI can help manage data, organize things smartly and use data to help make decisions about rules. The goal is to get students ready for jobs of the future with things like AI virtual labs, online learning places and working together with businesses. IKS helps grow the whole person, builds good morals and creates pride in one's culture. AI makes education more available, effective and customized. The combination of these things makes a balanced place that brings together new progress with old ways.

### *Keywords*

*Research Centres, Personalized Learning, Data Management, Virtual Labs, Online Learning, Cultural Pride*

### INTRODUCTION

The National Education Policy (NEP) 2020 marks a big shift in how India thinks about education. The idea is to bring the system up to speed with the 21st century, and at the heart of this change, there's a real push to blend Indian Knowledge Systems (IKS) and Artificial Intelligence (AI) into everything lessons, teaching styles, teacher training, and even research. This report digs into how NEP 2020 pushes for IKS and AI, the new programs that have rolled out, and what's working (or not working) as these changes take hold. Drawing on everything from government reports and academic research to policy reviews and real examples, it also puts India's efforts in a global context and offers concrete advice for policymakers and educators. AI brings some real changes to the classroom. Instead of sticking to a "one-size-fits-all" approach, AI tools track how each student learns and gives them support at their own pace. For kids in remote areas who struggle with language, real-time voice synthesis breaks down barriers and makes lessons easier to follow. On top of that, teachers get a hand with the daily grind grading, scheduling, even taking attendance so they can focus more on teaching and less on paperwork.

## NEP 2020: VISION AND RATIONALE FOR INTEGRATING IKS AND AI

NEP 2020 wants to shake up how education works in India. Instead of sticking with old colonial models, it pushes for a system that puts students at the centre, mixes different subjects, and keeps Indian roots strong, all while holding its own on the global stage. The plan isn't just to add new tech on top of old ideas. It's about blending indigenous knowledge and artificial intelligence to truly transform how students learn. This way, ancient wisdom meets modern science, and students get ready for a world that's changing fast, especially in the digital space. The Indian Knowledge System or IKS covers everything from philosophy and math to astronomy, medicine, art, and even farming. It's not new; it's built on centuries of watching, experimenting, and questioning. NEP 2020 sees IKS as more than just tradition. It treats it as a real source of scientific and practical ideas, using it as the backbone for a well-rounded education, a cultural comeback, and real progress that lasts.

Moreover, AI is recognised as a critical facilitator of individualised learning, efficient administration, and data-driven decision-making in education. NEP 2020 views AI not only as a field of study but also as a tool for transforming teaching, evaluation, and educational policy. The policy's emphasis on AI reflects India's desire to be a worldwide leader in digital innovation and to provide its young with future-ready skills.

## OFFICIAL PROVISIONS AND POLICY FRAMEWORKS

IKS in NEP 2020: Policy Provisions: -

NEP 2020 requires the integration of IKS at all levels of education school, undergraduate, and postgraduate through curricular revisions, teacher training, and research initiatives. The most significant provisions include:

- The introduction of credit-based IKS courses in higher education, with a minimum of 5% of total credits devoted to IKS, and the prospect for students to pursue an IKS minor degree are manifestations of curriculum integration.
- Teacher Training: Faculty are required to complete mandatory introduction and refresher seminars on IKS, which consist of organised modules covering philosophy, case studies, and pedagogical principles.
- Research and Innovation: the establishment of IKS research centres, support for multidisciplinary initiatives, and digitalisation of traditional manuscripts.
- Language and Cultural Heritage Preservation: Promote Indian languages, arts, and culture, and infuse tribal and indigenous knowledge into curricula.

## AI IN NEP 2020: POLICY PROVISIONS

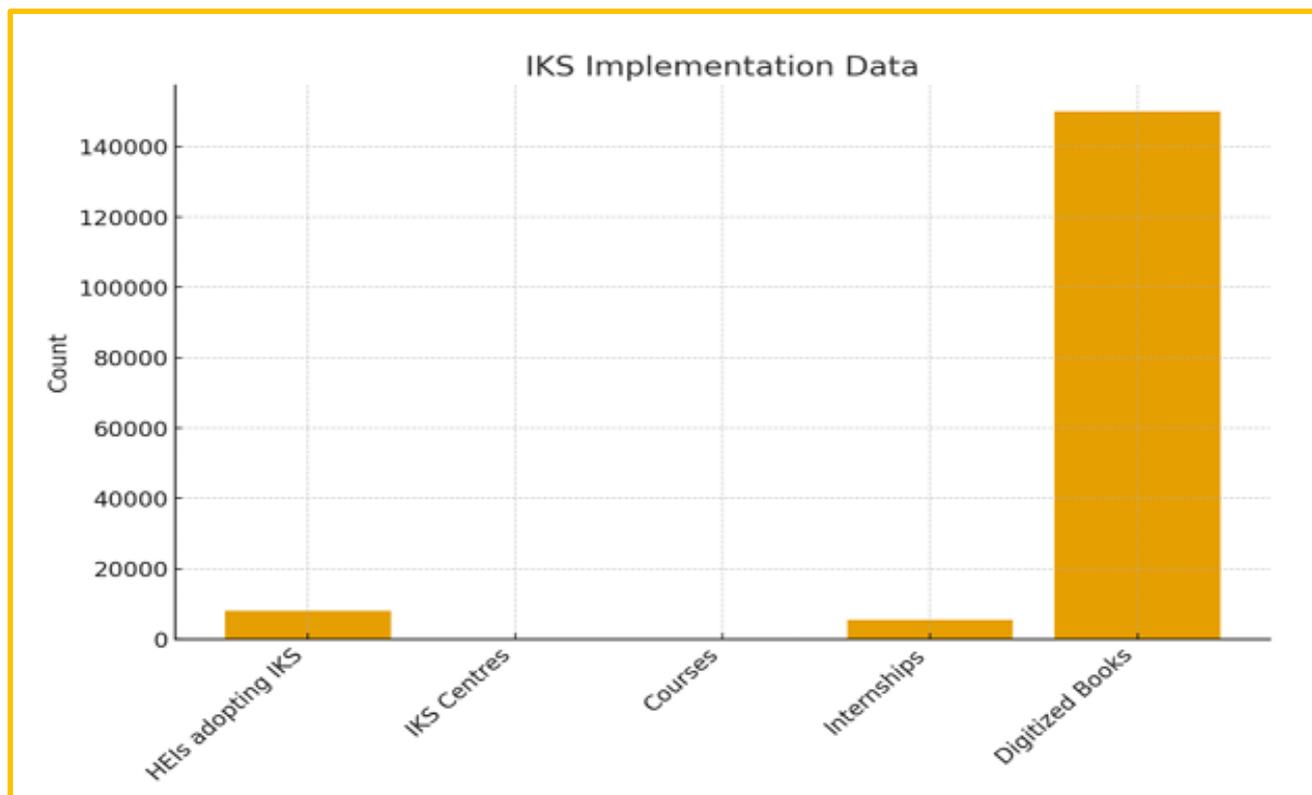
- The National Educational Technology Forum (NETF): It is an autonomous group that enables decision-making on the utilisation of the technology, policy representation, research, and capacity building. It acts as an advisory body, providing evidence-based advice, building capacity, defining standards for digital content pedagogy, and fostering innovation to create an inclusive educational ecosystem, supported by the National Digital Education Architecture (NDEAR). It articulates new research directions, promotes innovation and provides a base for tech-based ideas.
- Digital Infrastructure for Knowledge Sharing (DIKSHA): A digital platform that offers AI-powered individualised educational content and teacher training courses. Government of India initiative under the Ministry of Education, providing e-content, training for teachers, and resources for students via app and web, linked to textbooks via QR codes, aiming to improve quality education across multiple languages.
- AI in Curriculum: AI and coding will be implemented initially in Class 6, with specific modules and skill concepts at the secondary and higher secondary levels.
- Centres of Excellence (CoEs) in AI: The formation of national hubs for AI research and teaching, with significant financial commitments. Government planning AI CoEs in Healthcare, Agriculture, and Sustainable Cities, with private initiatives like Google Cloud and Tech Bharat launching AI CoEs for Public Good in Visakhapatnam.
- AI Preparedness Framework: A four-layer strategy that involves national digital infrastructure, school-level resources, training for educators, and student readiness.

CURRICULUM INTEGRATION: IKS AND AI IN SCHOOL AND HIGHER EDUCATION

IKS in Curricula

NEP 2020 mandates the integration of IKS across disciplines and educational levels:

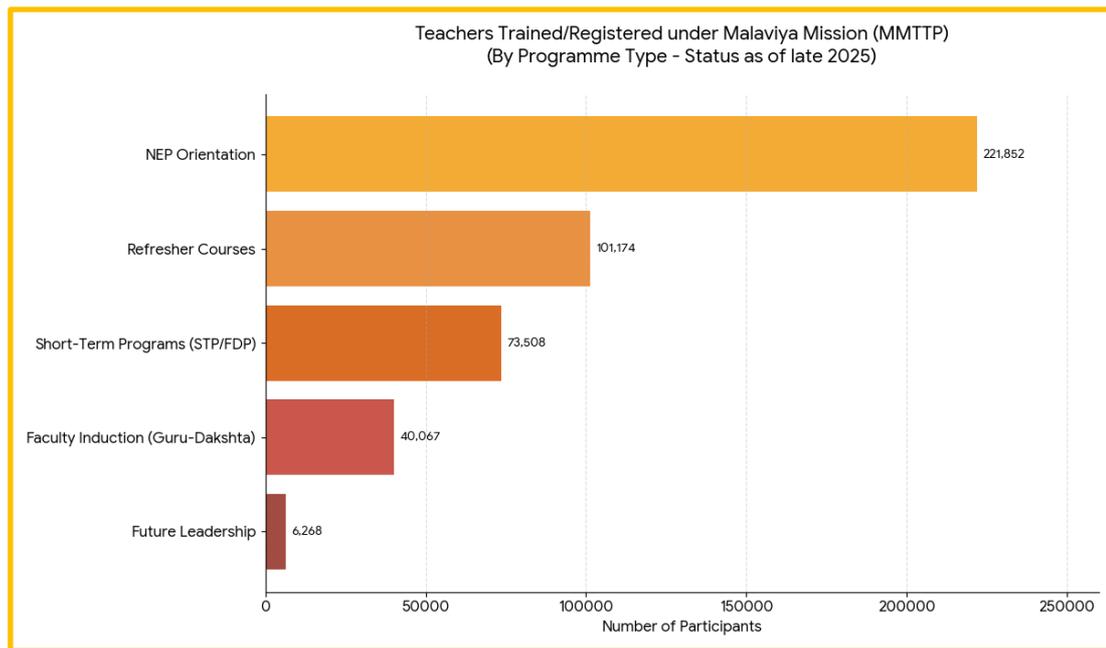
- **School Education:** Schools bring IKS into the classroom with electives, hands-on projects, field trips, community work, and lessons on local traditions. Basically, IKS means folding India’s deep traditional knowledge everything from philosophy and science to art, health, governance, and culture into what students learn today. This whole push comes from India’s National Education Policy 2020, which wants students to get an education that’s not just about facts but also about values, roots, and seeing the bigger picture. So, you’ll see courses on Ayurveda, Yoga, traditional literature, and sustainable living. The goal is simple: mix ancient wisdom with modern learning, get students thinking for themselves, help them grow in all directions, and show them where they come from. At the same time, it’s about getting them ready for the world as it is now, with a grounded and balanced way of seeing things.
- **Higher Education:** Both undergraduate and postgraduate programs now include credit-based IKS courses, and at least half of those credits need to connect to your main field of study. The idea is simple: bring India’s deep well of ancient wisdom—think philosophy, science, arts, medicine, math, and more—right into today’s college classrooms. This follows what the National Education Policy (NEP 2020) calls for. The goal? To offer a more complete education, help students connect with their roots, encourage ethical leadership, and come up with real answers to global problems. Colleges also want to set up interdisciplinary research centres and train students in sustainable ways of thinking. So, if you’re majoring in science, you might dive into Indian Astronomy. If you’re studying the arts, maybe it’s Classical Indian Dance. Either way, at least half your IKS credits should tie directly to your main discipline.
- **Model Syllabi:** Courses cover philosophy, mathematics, astronomy, Ayurveda, arts, architecture, linguistics, and more, with emphasis on primary texts and interdisciplinary connections.



- **Experiential Learning:** Students actually get out of the classroom a lot—field trips, hands-on projects, and talking directly with people who carry traditional knowledge. The Indian Knowledge System (IKS) really leans into this, making learning feel both practical and deeply rooted in culture. So, it’s not just about textbooks; you might find yourself doing yoga, exploring Ayurveda, or diving into workshops on old crafts. There’s a mix of old and new ways of teaching, all designed

to push you to think critically and care about sustainability. You see it in projects on ancient architecture, storytelling from Indian epics, group work, and visits to historical sites. The goal is bigger than memorizing facts—it’s about connecting with your cultural background, getting involved, and growing in a well-rounded way.

The graph above shows the data on adopting IKS in various higher education institutions like IITs, NITs and many research institutions and providing content regarding it through courses and a wide range of books, as the integration is still in its implementation stage.



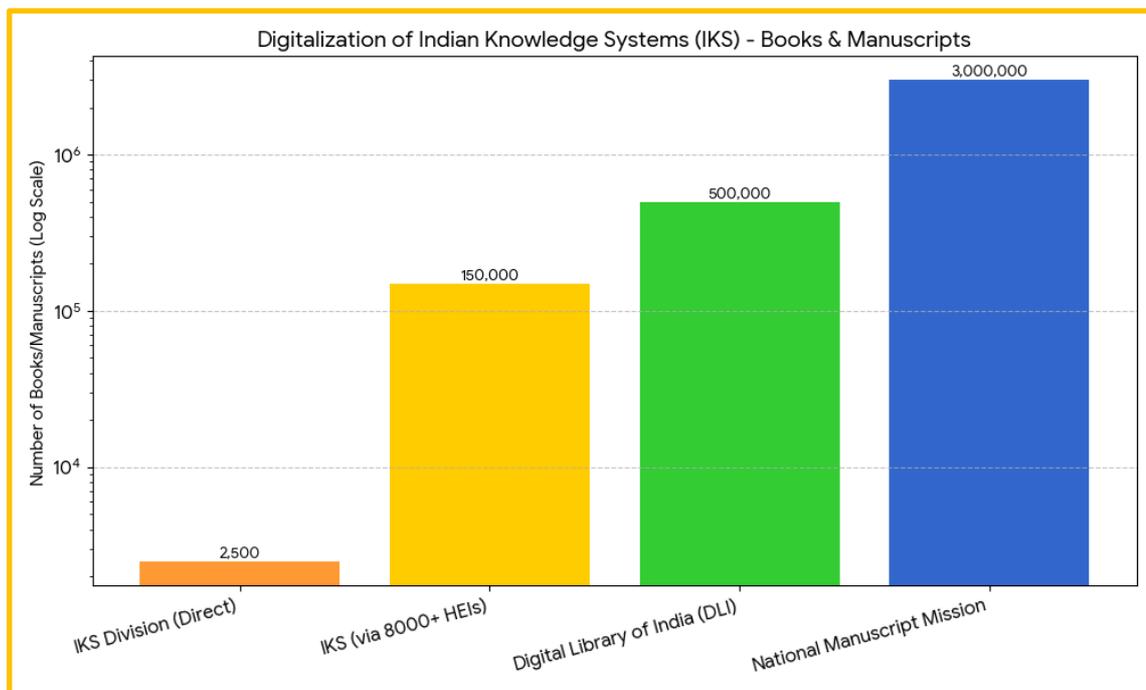
### IKS: Implementation Bodies and Programs

- IKS Division (Ministry of Education): The central body for promoting interdisciplinary research on NEP Orientation, education, and dissemination of IKS.
- IKS Centres: Over 51 centres established in higher education institutions, offering 38 interdisciplinary courses and supporting 88 research projects.
- Faculty Development: Malaviya Mission Teacher Training Programme (MMTTP) has trained 2.5 lakh faculty in IKS, AI, and STEM fields. The programme has reached over 4.4 lakh registered participants across its various specialised training streams. The largest focus is on, which serves as the entry point for aligning faculty with the new educational reforms.

The above graphs show the number of teachers under the MMTTP program, where short-term programs are also available; they are trained regarding the perks of AI and IKS.

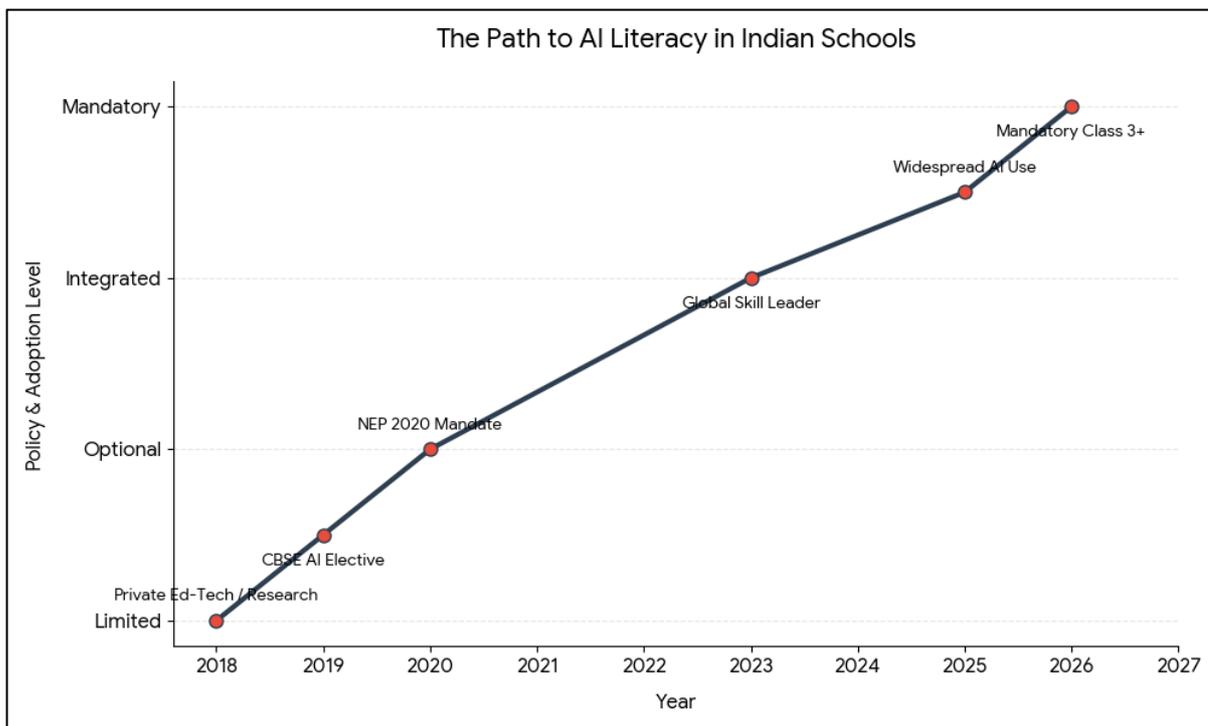
- Digitisation and Outreach: The Ministry of Education's Indian Knowledge Systems (IKS) effort has made great strides toward digitising and conserving traditional Indian knowledge. More than 8,000 Higher Education Institutions (HEIs) nationwide have worked together to digitise approximately 1.5 lakh (150,000) books, according to the latest reports (2023–2024).

Approximately 150,000 (1.5 lakhs) books have been digitised (via HEIs). More than 2,500 academic publications and manuscripts have been published by the IKS Division. These initiatives support more extensive national initiatives like the National Manuscript Mission, which preserved more than 3 million manuscripts.



### AI in Curricula

- Early Introduction: AI and coding are introduced from Class 6, with skill subjects and elective modules in secondary and higher secondary education.
- CBSE and State Boards: AI is offered as a 12-hour module in Class VIII and as a skill subject in Classes IX–XII; several states have launched their own AI curricula.
- Higher Education: AI and Data Science degrees are being introduced in universities and technical institutes, with interdisciplinary modules and hands-on labs.
- Vocational and Lifelong Learning: AI-based career guidance and skill mapping tools are promoted for vocational education and lifelong learning.
- AI in curriculum refers to the inclusion of concepts of AI (mentality, ethics, use cases) at an early level such as Class 3 in an Indian schooling system for basic skill building, use of AI-based tools for customized learning, application of AI for tasks such as grading, along with upgradation to meet evolving demands.
- Artificial Intelligence supports ongoing assessment and assessment modification by delivering ongoing visual assessment and performance results to educators. Artificial Intelligence's analytical capabilities reveal trends in student enrollment and completion of courses, identifying weaknesses in the education process for learners.



The above graph shows how AI itself is integrated into our education through private and government institutions. Initially, AI was an "outside" technology. It was driven by private Ed-Tech companies and high-level researchers. Then it came out as an optional subject for class 9 students. The final impetus was the National Education Policy (NEP) 2020. By changing the objective from "learning about computers" to "computational thinking," the government incorporated AI into the national identity. As a result, by 2023, India will lead the globe in the use of AI skills.

## RESEARCH ECOSYSTEM THROUGH IKS CENTRES

### Popular IKS Courses (2025)

There are now 51 centres set up across India, all focusing in on research, education, and outreach in fields like math, astronomy, health, arts, and agriculture. The Ministry of Education’s IKS Division at AICTE launched these Indian Knowledge Systems (IKS) Centres to bridge the gap between India’s deep-rooted intellectual traditions and what today’s academic world needs. Their main mission is pretty ambitious: bring classical knowledge in science, math, linguistics, and governance back to life, weaving it into modern coursework and even everyday life. Anyone can sign up for their courses—they’re open to all, and you even get a “minor degree” certificate at the end. You’ll find related content on platforms like Swayam Prabha and Diksha. These centres run on four main pillars. First up, Research and Validation—this is where they use interdisciplinary approaches to put old ideas to the test, especially in areas like agriculture and metallurgy. Then comes curriculum development, which means creating digital modules and standardised textbooks for colleges and universities. Teacher Training is the next piece, making sure educators know how to teach IKS topics well, with programs like the Malaviya Mission (MMTTP) helping teachers level up their skills. The last pillar is propagation—preserving and digitising rare manuscripts so researchers everywhere can dig into them. By late 2025, this network had spread to about 51 centres, including big names like IIT Kanpur, IIT Bombay, and specialised spots like TDU Bangalore. On top of that, eleven “IndovationCenters”—converted from AICTE regional offices—are now driving IKS-based innovation. These centres fall into three groups: specialised training centres (PrashikshanaKendras), high-end research centres (Gaveshana), and centres of excellence (CoE) focused on long-term research. All together, they’re organising India’s tradition-rich knowledge into clear themes—science, health, governance, and more—keeping it relevant and accessible for today’s world.

Courses are now standardised across major platforms like **SWAYAM** and **NPTEL**, often counting toward "Minor Degrees" in engineering or humanities.

Courses	Research areas	Institution / Platform
Science & Engineering	Concepts & Applications in Engineering	IIM Bangalore / SWAYAM
Health & Wellness	Ayurveda Biology & Cognitive Science	IIT Mandi
Management	IKS and Human Resource Management	IIM Bangalore
Foundational	Introduction to Indian Knowledge Systems	IIT Gandhinagar / NPTEL
Language & Logic	Paninian Grammar & Nyaya Shastra	IIT Bombay

Students can earn a "Minor in IKS" by completing 18–20 credits of these electives alongside their main degree. Now all of this can be taught by AI, and it has its own perks, as follows: -

### NOW WHAT CAN AI DO FOR THIS?

- Adaptive Pace: AI identifies when you are having difficulty with a topic (such as Ayurveda Biology) and automatically reduces the pace, supplies easier analogies, or presents a prerequisite video before continuing.
- Tailored Illustrations: For engineers, AI can elucidate IKS principles through mathematical expressions. As an artist, you can utilise visual metaphors.
- Please provide the text you would like to have paraphrased. Round-the-clock accessibility & "No Shame"
- Study Anytime: Short-term courses frequently need to accommodate strict schedules. An AI instructor lacks "office hours"; it can be accessed at 3 AM for an extensive lecture or a brief question-and-answer session.
- Safe Inquiry: Numerous students feel hesitant to ask "fundamental" questions. AI offers a judgment-free space where you can request the same explanation repeatedly without feeling like you're burdening others

### RESEARCH AND INNOVATION THROUGH IKS AND AI

#### ➤ CENTERS OF EXCELLENCE (CoEs)

The Education Ministry has established a dedicated IKS Division or IKS Labs to promote interdisciplinary research. Academic institutions, such as the IKS Lab at IIIT Bangalore, are focusing on utilising AI for applications in healthcare, mindfulness, and community wellness.

- IIT Kharagpur CoE is solely made for Indian Knowledge Systems, which is creating sophisticated laboratories for phonetics, linguistics, and the archiving of texts from ancient to modern times using information coding and the latest software.
- Healthcare (AYUSH): A key objective of the recently sanctioned Healthcare AI CoE is to create a strategy to implement and validate the effectiveness of AYUSH treatments (Ayurveda, Yoga, Unani, Siddha, and Homoeopathy).
- Linguistic Preservation (Bhashini): The Digital India Bhashini initiative employs AI to translate and transcribe 22 official Indian languages, enabling ancient Sanskrit and local texts to reach a worldwide audience.
- Environmental Sustainability: AI-based models are combined with conventional ecological wisdom for precise agriculture and effective water management, including the simulation of historical rainwater collection systems.
- NEP 2020 Integration: The National Education Policy (NEP) 2020 encourages utilising technology to maintain and rejuvenate important traditions. Virtual museums driven by AI and VR/AR applications enable immersive experiences of ancient temples and classical shows.
- Digital Tutoring: AI-driven chatbots and virtual assistants are being created to replicate conventional teaching practices such as the Guru-Shishya Parampara, offering a digital mentoring experience.

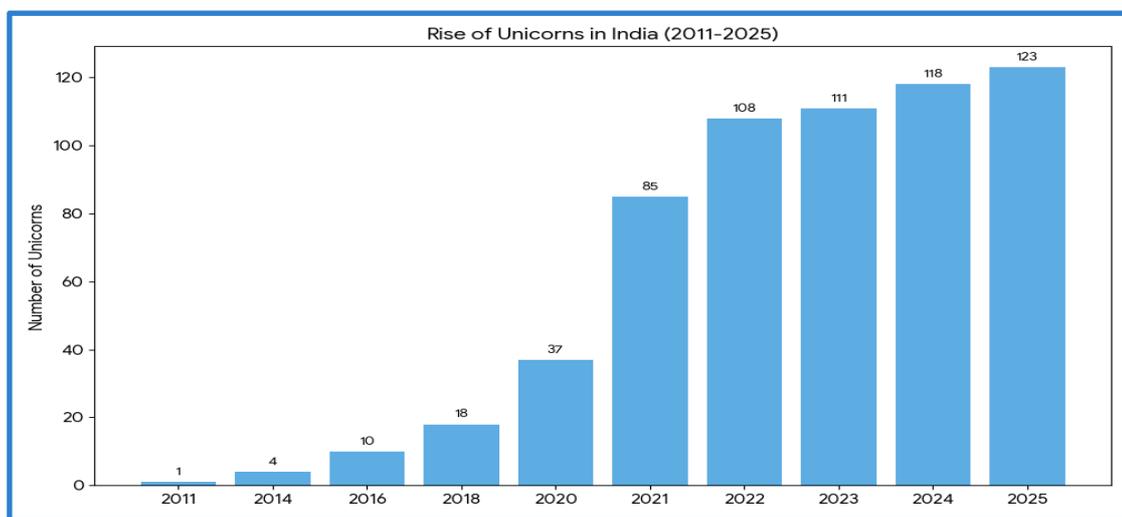
- **Moral Structures: Dharma-oriented AI:** Studies are investigating how age-old philosophical ideas such as Dharma (duty), Ahimsa (non-violence), and Seva (selfless service) can provide ethical foundations for AI advancement to promote fairness and social justice

➤ **IDEA Labs**

Within the ecosystem of the Government of India, IDEA (Idea Development, Evaluation & Application) Labs represent a key initiative established by the AllIndia Council for Technical Education (AICTE). They aim to shift engineering education from solely theoretical to experiential, practical learning. By the end of 2025, about 433 IDEA Labs will be present in India, with 318 additional labs approved in 2025 to supplement the current 115.

The estimated overall expense per lab for the project is ₹1.1 crore. AICTE offers a grant of up to 50% (₹55 lakh), with the institution required to provide the other 50%.

➤ **STARTUP ECOSYSTEM:**



Take

a look

at the graph above it's wild how much India's startup scene has grown. What started as a niche thing is now a huge part of the country's economy. After the government kicked off the Startup India program in 2016, the numbers just exploded. Back then, there were only about 500 recognized startups. Fast forward to early 2025, and that number's shot up to over 1.61 lakh. Now, India stands as the third-largest startup ecosystem in the world. The unicorn boom is real more than 123 startups have hit that \$1 billion mark. Sectors like Fintech, EdTech, and SaaS are leading the charge. But it's not just about business hubs and techies. This whole startup way of thinking has spread everywhere, even into schools. The National Education Policy 2020 really shook things up. Schools are ditching rote memorization and leaning into problem-solving. Kids start learning coding and trade skills from Grade 6. Then there's the Atal Tinkering Labs over 10,000 of them now. These labs give students a shot at building prototypes, messing around with robotics, 3D printing, IoT the kind of hands-on stuff that gets them excited. Startups are also making sure quality education actually reaches everyone. Now, you see platforms offering advanced STEM and exam prep in local languages, so even students in rural areas, who often got left out before, can jump in.

Maybe the most significant impact is the shift in culture around failure. In conventional Indian education, failure carried a stigma. Startup culture values iteration and perseverance, showing students that a failed project or venture serves as a data point for future success instead of marking the end of their careers.

**BENEFITS OF INTEGRATING IKS AND AI**

- **Cross-Disciplinary Education:** Promotes links between fields, boosting creativity and effective solutions. IKS is inherently multidisciplinary, blending science, ethics, and philosophy. AI will act as the technological bridge that makes these complex, interconnected concepts accessible to modern learners.
- **IKS pushes for growth on every front:** intellectual, emotional, ethical, and social. It's not just about learning facts. It's about thinking sharper, being more creative, and actually connecting with our culture. On the tech side, India's using AI tools like Natural Language Processing and Computer Vision to digitize over 3 million old manuscripts. Some are written in

tricky scripts like Brahmi or Sharda, but AI makes sense of them. Once they're digitized, algorithms dive deep, running what's called "Computational Epistemology." They test out traditional ideas in fields like metallurgy, sustainable farming (Vrikshayurveda), and holistic health (Ayurveda), turning old wisdom into practical, usable knowledge. This isn't just tech for tech's sake. India roots AI progress in ethical values like Dharma, so the focus stays on people and the planet. The goal is big: grow the economy through cutting-edge exports, but also make sure people everywhere get access to holistic wellness and sustainable ways of living. It's a future where innovation and tradition work together.

- **Cultural Renewal:** Enhances students' ties to their ancestry and fosters inclusion and diversity.
- **Customised holistic learning:** AI adjusts material to personal requirements, enhancing involvement and results.
- **Accessibility:** Aids students with disabilities and linguistic differences, eliminating obstacles to education.

## CHALLENGES

Everything comes with its own pros and cons, and certainly, there are going to be some challenges that will come up.

- AI models especially the big language ones, tend to go for straightforward translation instead of digging into the real, layered meaning of philosophical ideas. Take Indigenous Knowledge Systems (IKS) for example. Words like Dharma and Karma don't just have one definition; they shift across different texts and traditions. But AI often flattens them into a single, modern meaning. That's not just a translation problem—it's a kind of epistemic aggression. By stripping these ideas out of their cultural and spiritual context, AI ends up westernizing them, forcing ancient wisdom to fit into today's digital boxes.
- A lot of IKS survives thanks to local communities, tribal groups, and oral traditions. But when AI companies scoop up this knowledge without getting Free, Prior, and Informed Consent—what's called FPIC—it turns into digital biopiracy. Imagine a community's traditional medicine or environmental know-how getting baked into an AI algorithm. Suddenly, the people who actually own that knowledge lose control over it, and any benefits almost never make their way back to them.
- AI systems depend entirely on the quality of their training data. An AI trained on biased or incomplete colonial-era views of Indian texts will reproduce those biases. Additionally, AI "hallucinations" where the system generates seemingly credible yet inaccurate information—might result in perilous misunderstandings in critical fields such as Ayurvedic medicine or structural engineering informed by Shilpa Shastra.
- **Decline of Cross-Generational Guidance**  
The IKS tradition is based on the Guru-Shishya bond, highlighting experiential education and personal development. Substituting this with "AI Gurus" threatens to transform a dynamic and vibrant tradition into a fixed collection of data. This excessive dependence on technology could weaken human agency and the oral transmission practices that have sustained these systems for thousands of years.

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## शिक्षित महिलाओं के राजनीतिक सशक्तिकरण में कृत्रिम बुद्धिमत्ता (AI) और भारतीय ज्ञान परंपरा (IKS) की भूमिकापरंपरा और तकनीक के संगम का विश्लेषण :

मोनिका

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### सारांश

यह शोध लेख शिक्षित महिलाओं के राजनीतिक सशक्तिकरण में कृत्रिम बुद्धिमत्ता (AI) और भारतीय ज्ञान परंपरा (Indian Knowledge Systems–IKS) की संयुक्त भूमिका को समझने का प्रयास करता है। भारतीय लोकतंत्र में महिलाओं की भागीदारी बढ़ रही है, फिर भी नीति निर्माण और नेतृत्व-प्रशिक्षण, डेटाआधारित निर्णय सहयोग-, और सोशल मीडिया विश्लेषण महिलाओं को नई संभावनाएँ उपलब्ध करा सकते हैं। साथ ही, भारतीय ज्ञान परंपरा में निहित नैतिक सिद्धांत, कर्तव्य की भावना, समावेशी नेतृत्व और संवाद की परंपरा महिलाओं के राजनीतिक उत्थान के लिए मजबूत वैचारिक आधार प्रस्तुत करते हैं। यह लेख जांच करता है कि आधुनिक AI तकनीकों और IKS की मूल्य आधारित सोच का सम्मिलित उपयोग कैसे शिक्षित-महिलाओं की नेतृत्व क्षमता, राजनीतिक समझ और निर्णय निर्माण कौशल को सशक्त बना सकता है। अध्ययन यह भी रेखांकित करता है कि-IKS पर आधारित नैतिक ढांचा AI के उपयोग को अधिक संवेदनशील, न्यायपूर्ण और समावेशी दिशा देता है, जिससे राजनीति के क्षेत्र में लैंगिक समानता को बढ़ावा मिलता है। अंत में, यह शोध इस दिशा की ओर संकेत करता है कि परंपरा और तकनीक के संतुलित समावेश से ऐसा भविष्य निर्मित हो सकता है, जहाँ शिक्षित महिलाएँ राजनीतिक क्षेत्र में प्रभावशाली और परिवर्तनकारी नेतृत्व निभा सकें।

**मुख्य शब्द:** शिक्षित महिलाएँ, राजनीतिक सशक्तिकरण, कृत्रिम बुद्धिमत्ता, भारतीय ज्ञान परंपरा (IKS), नेतृत्व, लैंगिक समानता.

### उद्देश्य

इस अध्ययन का प्रमुख उद्देश्य शिक्षित महिलाओं के राजनीतिक सशक्तिकरण में कृत्रिम बुद्धिमत्ता (AI) और भारतीय ज्ञान परंपरा (IKS) की संयुक्त भूमिका का विश्लेषण करना है, ताकि यह समझा जा सके कि परंपरागत मूल्य आधारित दृष्टिकोण और आधुनिक तकनीक का समन्वय महिलाओं की-नेतृत्व क्षमता, राजनीतिक भागीदारी और निर्णयनिर्माण को किस प्रकार सुदृढ़ बना सकता है।-

### प्रस्तावना

किसी भी लोकतांत्रिक समाज की वास्तविक प्रगति समान अवसर, सहभागिता और प्रतिनिधित्व पर आधारित होती है। लोकतंत्र की सुदृढ़ता तभी सुनिश्चित की जा सकती है जब समाज के सभी वर्ग—विशेषकर महिलाएँ—राजनीतिक निर्णय निर्माण की प्रक्रिया में सक्रिय रूप से सम्मिलित हों। भारतीय लोकतंत्र के इतिहास में महिलाओं की भूमिका उल्लेखनीय रही है; स्वतंत्रता आंदोलन से लेकर पंचायती राज व्यवस्था तक महिलाओं ने नेतृत्व और सामाजिक परिवर्तन में महत्वपूर्ण योगदान दिया है। इसके बावजूद आज भी संसद, विधानसभाओं, राजनीतिक दलों के शीर्ष पदों तथा नीति-निर्माण के मंचों पर महिलाओं, विशेषकर शिक्षित महिलाओं की भागीदारी अपेक्षाकृत सीमित बनी हुई है। यह स्थिति न केवल लैंगिक असमानता को दर्शाती है, बल्कि लोकतांत्रिक क्षमता के अपूर्ण उपयोग को भी उजागर करती है। शिक्षित महिलाओं के राजनीतिक सशक्तिकरण के मार्ग में अनेक सामाजिक, सांस्कृतिक और संरचनात्मक बाधाएँ विद्यमान हैं। पारंपरिक पितृसत्तात्मक सोच, घरेलू उत्तरदायित्वों का असमान बोझ, राजनीतिक हिंसा और धनबल की भूमिका-, साथ ही निर्णयनिर्माण से महिला-ओं को दूर रखने वाली संस्थागत प्रवृत्तियाँ उनकी भागीदारी को सीमित करती हैं।

इसके अतिरिक्त, राजनीतिक प्रशिक्षण, नेटवर्किंग और नेतृत्व विकास के अवसरों तक महिलाओं की पहुँच भी अपेक्षाकृत कम रहती है। परिणामस्वरूप, उच्च शिक्षा और क्षमता होने के बावजूद अनेक महिलाएँ राजनीतिक प्रक्रिया में अपनी प्रभावी भूमिका नहीं निभा पातीं। इक्कीसवीं सदी में तकनीकी नवाचारों ने इस परिदृश्य को बदलने की नई संभावनाएँ प्रस्तुत की हैं। कृत्रिम बुद्धिमत्ता (Artificial Intelligence-AI) सूचना तक त्वरित पहुँच, डेटा-आधारित नीति-विश्लेषण, डिजिटल अभियानों और जनसंपर्क के नए साधन उपलब्ध करा रही है। AI-आधारित प्लेटफॉर्म महिलाओं को राजनीतिक प्रशिक्षण, नेतृत्व कौशल विकास, वर्चुअल नेटवर्किंग और जनसमर्थन निर्माण के अवसर प्रदान कर सकते हैं। सोशल मीडिया विश्लेषण, मतदाता व्यवहार की समझ और नीतिगत प्रभाव आकलन जैसे उपकरण शिक्षित महिलाओं को अधिक राजनीतिक, प्रभावी और आत्मविश्वासी राजनीतिक भूमिका निभाने में सक्षम बना सकते हैं। इसके साथ ही, भारतीय ज्ञान परंपरा (Indian Knowledge Systems-IKS) समाज को नैतिकता, कर्तव्यबोध, समावेशिता और लोककल्याण के मूल्यों से जोड़ती है। वेद, उपनिषद, बौद्धजैन दर्शन, तथा भारतीय सामाजिक चिंतन में स्त्री को केवल सहभागी ही नहीं, बल्कि ज्ञान और शक्ति की प्रतीक के रूप में भी स्वीकार किया गया है। 'सहभागिता', 'समन्वय' और 'लोकसंग्रह' जैसे सिद्धांत समावेशी नेतृत्व की अवधारणा को पुष्ट करते हैं। IKS शिक्षित महिलाओं को सांस्कृतिक आत्मविश्वास प्रदान करते हुए नेतृत्व को सेवा और उत्तरदायित्व से जोड़ने की दृष्टि देता है। AI और IKS का समन्वय शिक्षित महिलाओं के राजनीतिक सशक्तिकरण का एक संतुलित और टिकाऊ मॉडल प्रस्तुत करता है। जहाँ AI व्यावहारिक कौशल, डेटा और तकनीकी दक्षता प्रदान करता है, वहीं IKS नैतिक दिशा, सामाजिक संवेदनशीलता और समावेशी दृष्टिकोण विकसित करता है। यह समन्वय महिलाओं को केवल राजनीतिक प्रतिनिधि नहीं, बल्कि मूल्यआधारित, जनोन्मुख और दूरदर्शी नेतृत्वकर्ता के रूप में उभरने में सहायता कर सकता है। इस प्रकार, AI और IKS का संयुक्त प्रयोग भारतीय लोकतंत्र को अधिक समावेशी, न्यायपूर्ण और सशक्त बनाने की दिशा में एक महत्वपूर्ण कदम सिद्ध हो सकता है।

### शिक्षित महिलाओं और राजनीतिक सशक्तिकरण की अवधारणा

राजनीतिक सशक्तिकरण का आशय केवल चुनावी राजनीति में भागीदारी या किसी औपचारिक पद की प्राप्ति तक सीमित नहीं है, बल्कि यह एक व्यापक प्रक्रिया है जिसमें राजनीतिक चेतना का विकास, निर्णयनिर्माण में सक्रिय सहभागिता, नीति निर्माण को प्रभावित करने की क्षमता तथा प्रभावी और-नैतिक नेतृत्व का निर्माण शामिल है। किसी भी लोकतांत्रिक व्यवस्था में तब तक वास्तविक समावेशन संभव नहीं हो सकता, जब तक समाज का प्रत्येक वर्ग—विशेषकर महिलाएँ—राजनीतिक प्रक्रियाओं में सार्थक भूमिका न निभाए। इस दृष्टि से शिक्षित महिलाएँ राजनीतिक सशक्तिकरण की धुरी बन सकती हैं, क्योंकि शिक्षा उन्हें तार्किक एवं विश्लेषणात्मक सोच, प्रभावी संवाद कौशल, संवैधानिक समझ और सामाजिक राजनीतिक मुद्दों के प्रति-

शिक्षा के माध्यम से महिलाएँ न केवल सार्वजनिक नीतियों के निहितार्थों को समझने में सक्षम होती हैं, बल्कि वे समाज के वंचित वर्गों की आवाज़ को भी राजनीतिक मंच तक पहुँचाने का सामर्थ्य रखती हैं। शिक्षित महिलाओं की भागीदारी से राजनीति में पारदर्शिता, उत्तरदायित्व और जनहित की भावना को बल मिलता है। इसके बावजूद, व्यवहारिक स्तर पर जब शिक्षित महिलाएँ राजनीति में प्रवेश करने का प्रयास करती हैं, तो उन्हें अनेक जटिल चुनौतियों का सामना करना पड़ता है। पितृसत्तात्मक मानसिकता आज भी महिलाओं के नेतृत्व को संदेह की दृष्टि से देखती है, जबकि सामाजिक दबाव उन्हें पारंपरिक भूमिकाओं तक सीमित रखने का प्रयास करता है।

इसके अतिरिक्त, राजनीतिक संसाधनों की कमी, जैसे वित्तीय सहायता, संगठनात्मक समर्थन और प्रभावशाली राजनीतिक नेटवर्क तक सीमित पहुँच, महिलाओं की प्रगति में बाधक बनती है। डिजिटल युग में भी डिजिटल असमानता एक गंभीर समस्या के रूप में उभरती है, जहाँ तकनीकी संसाधनों और डिजिटल साक्षरता की कमी शिक्षित महिलाओं को नई राजनीतिक संभावनाओं से वंचित कर देती है। राजनीतिक हिंसा, ट्रोलिंग और चरित्र हनन-जैसी समस्याएँ भी महिलाओं के आत्मविश्वास और सार्वजनिक भागीदारी को प्रभावित करती हैं। इन जटिल चुनौतियों के समाधान के लिए केवल पारंपरिक उपाय पर्याप्त नहीं हैं, बल्कि नवाचारी और मूल्यआधारित दृष्टिकोण की आवश्यकता है। इसी संदर्भ में कृत्रिम बुद्धिमत्ता (AI) और भारतीय ज्ञान परंपरा (IKS) की भूमिका अत्यंत महत्वपूर्ण हो जाती है। AI शिक्षित महिलाओं को राजनीतिक प्रशिक्षण, डेटाआधारित नीति-विश्लेषण, डिजिटल जनसंपर्क और नेतृत्व कौशल विकास के नए अवसर प्रदान कर सकती है। वहीं, IKS में निहित नैतिकता, कर्तव्यबोध, समावेशिता और सह अस्तित्व के-मूल्य महिलाओं को सांस्कृतिक आत्मविश्वास और सामाजिक वैधता प्रदान करते हैं। AI की तकनीकी क्षमता और IKS की नैतिक एवं सांस्कृतिक गहराई का समन्वय शिक्षित महिलाओं के राजनीतिक सशक्तिकरण के लिए एक सशक्त आधार तैयार कर सकता है। यह समन्वय न केवल संरचनात्मक बाधाओं को कम करने में सहायक होगा, बल्कि महिलाओं को एक संवेदनशील, उत्तरदायी और दूरदर्शी राजनीतिक नेतृत्व के रूप में स्थापित करने में भी महत्वपूर्ण भूमिका निभाएगा।

### कृत्रिम बुद्धिमत्ता (AI): एक सशक्त उपकरण

कृत्रिम बुद्धिमत्ता आधुनिक तकनीक का वह क्षेत्र है जो मशीनों को मानवसदृश सोच-, विश्लेषण और निर्णय क्षमता प्रदान करता है। राजनीति के क्षेत्र में AI का उपयोग कई रूपों में किया जा सकता है—

**राजनीतिक जानकारी का लोकतंत्रीकरण-** AI आधारित प्लेटफॉर्म शिक्षित महिलाओं के लिए राजनीतिक जानकारी को सरल, सुलभ और समावेशी बनाते हैं। जटिल कानूनों, सरकारी नीतियों, संवैधानिक प्रावधानों और जनकल्याणकारी योजनाओं को स्थानीय भाषा, सरल उदाहरणों और संवादात्मक प्रारूप में प्रस्तुत किया जा सकता है। चैटबॉट, वर्चुअल असिस्टेंट और स्मार्ट लर्निंग ऐप्स महिलाओं को उनके अधिकारों, कर्तव्यों और राजनीतिक प्रक्रियाओं की स्पष्ट समझ प्रदान करते हैं। इससे जानकारी पर कुछ वर्गों का एकाधिकार समाप्त होता है और महिलाएँ जागरूक मतदाता, सक्रिय नागरिक तथा संभावित राजनीतिक नेतृत्वकर्ता के रूप में उभरती हैं। ज्ञान का यह लोकतंत्रीकरण महिलाओं के आत्मविश्वास और राजनीतिक सहभागिता को सुदृढ़ करता है।

**डिजिटल नेतृत्व प्रशिक्षण-** AI-संचालित प्रशिक्षण मॉड्यूल शिक्षित महिलाओं को राजनीति के लिए आवश्यक व्यावहारिक कौशल विकसित करने का अवसर प्रदान करते हैं। वर्चुअल क्लासरूम, सिमुलेशन आधारित अभ्यास और व्यक्तिगत सीखने की योजनाएँ नेतृत्व क्षमता, सार्वजनिक भाषण, संवाद कौशल और नीतिविश्लेषण को सुदृढ़ बनाती हैं। चुनावी रणनीति-, जनसंपर्क प्रबंधन और संकट प्रबंधन जैसे विषयों पर AI आधारित प्रशिक्षण महिलाओं को वास्तविक परिस्थितियों के लिए तैयार करता है। यह प्रशिक्षण समय और स्थान की सीमाओं को तोड़ते हुए महिलाओं को निरंतर सीखने और आत्मविकास का मंच प्रदान करता है।-

**डेटाआधारित निर्णय सहयोग-** राजनीति में प्रभावी निर्णयनिर्माण के लिए विश्वसनीय डेटा और उसका वैज्ञानिक व-िश्लेषण अत्यंत आवश्यक है। AI चुनावी आँकड़ों, जनसांख्यिकीय सूचनाओं और सामाजिक आर्थिक संकेतकों का विश्लेषण कर महिलाओं को नीतिगत प्राथमिकताओं की पहचान में सहायता करता है। जनमत प्रवृत्तियों, स्थानीय समस्याओं और विकास संबंधी आवश्यकताओं की स्पष्ट समझ महिलाओं को अधिक यथार्थवादी और जनोन्मुख निर्णय लेने में सक्षम बनाती है। डेटाआधारित सहयोग से निर्णय व्यक्तिगत अनुमान के बजाय तथ्य और प्रमाण पर आधारित होते हैं-, जिससे महिला नेतृत्व की विश्वसनीयता और प्रभावशीलता बढ़ती है।

**सोशल मीडिया विश्लेषण-** आधुनिक राजनीति में सोशल मीडिया जनमत निर्माण का एक प्रभावशाली माध्यम बन चुका है। AI आधारित सोशल मीडिया विश्लेषण उपकरण शिक्षित महिलाओं को जनभावनाओं, प्रवृत्तियों और मुद्दों की वास्तविक समझ प्रदान करते हैं। ये उपकरण फेक न्यूज़, दुष्प्रचार और नकारात्मक ट्रोलिंग की पहचान कर उनसे निपटने की रणनीति विकसित करने में सहायक होते हैं। साथ ही, सकारात्मक और सार्थक संवाद को बढ़ावा देकर महिलाओं को एक जिम्मेदार, संवेदनशील और संवादात्मक राजनीतिक छवि स्थापित करने में मदद करते हैं।

इस प्रकार AI शिक्षित महिलाओं को आत्मनिर्भर, जागरूक और रणनीतिक रूप से सक्षम बनाता है।

### **भारतीय ज्ञान परंपरा (IKS): नैतिक और सांस्कृतिक आधार**

भारतीय ज्ञान परंपरा केवल प्राचीन ग्रंथों तक सीमित नहीं है, बल्कि यह एक जीवंत मूल्यप्रणाली है जो जीवन-, शासन और समाज को नैतिक दिशा प्रदान करती है। वेद, उपनिषद, गीता, बौद्ध और जैन दर्शन, तथा लोक परंपराएँ—सभी में समावेशी नेतृत्व, न्याय, करुणा और कर्तव्य पर बल दिया गया है।

IKS में निहितनारी शक्तिकी अवधारणा महिलाओं को सृजन, संरक्षण और नेतृत्व का केंद्र मानती है। गार्गी, मैत्रेयी, अपाला जैसी विदुषी महिलाओं से लेकर आधुनिक काल की महिला नेताओं तक, भारतीय परंपरा में नारी नेतृत्व के अनेक उदाहरण मिलते हैं। IKS राजनीति को केवल सत्ता का साधन नहीं, बल्कि लोककल्याण और धर्म (कर्तव्य) से जोड़ती है।

### **AI और IKS का समन्वय एक नवाचारात्मक दृष्टिकोण :**

यदि कृत्रिम बुद्धिमत्ता (AI) जैसी उन्नत तकनीक को भारतीय ज्ञान परंपरा (Indian Knowledge Systems—IKS) के नैतिक और दार्शनिक ढांचे के साथ समन्वित किया जाए, तो यह राजनीतिक सशक्तिकरण का एक संतुलित, समावेशी और मानवीय मॉडल प्रस्तुत कर सकती है। आधुनिक राजनीति में तकनीक का उपयोग अक्सर दक्षता, गति और सत्तासंतुलन तक सीमित रह जा-ता है, किंतु IKS इस उपयोग को मूल्य आधारित दिशा प्रदान करती है।-

भारतीय ज्ञान परंपरा यह स्पष्ट करती है कि किसी भी साधन का उद्देश्य केवल व्यक्तिगत या संस्थागत लाभ नहीं, बल्कि 'लोकसंग्रह' अर्थात् समाज के समग्र कल्याण की प्राप्ति होना चाहिए। IKS के नैतिक सिद्धांत—जैसे सत्य, अहिंसा, करुणा, संवाद, समानता और कर्तव्यबोध—AI आधारित राजनीतिक प्रक्रियाओं को अधिक संवेदनशील और उत्तरदायी बना सकते हैं। उदाहरणस्वरूप, यदि AI का प्रयोग नीतिनिर्माण या जनमत विश्लेषण में किया जाए, तो उसमें सत्य और पारदर्शिता के सिद्धांत को प्राथमिकता दी जा सकती है, जिससे डेटा के दुरुपयोग और भ्रामक सूचनाओं की संभावना कम हो। अहिंसा और करुणा के मूल्य राजनीतिक संवाद को आक्रामकता और विभाजन से हटाकर सहयोग और सहअस्तित्व की ओर उन्मुख कर सकते हैं। AI आधारित निर्णयप्रणालियों में समानता और समावेशिता के सिद्धांतों को समाहित करने से हाशिए पर स्थित वर्गों, विशेषकर महिलाओं की आवाज़ को नीतिनिर्माण में अधिक स्थान मिल सकता है। एल्गोरिदम डिज़ाइन और डेटा चयन में लैंगिक संवेदनशीलता सुनिश्चित कर AI को पक्षपात मुक्त और न्यायोन्मुख बनाया जा सकता है। इस प्रक्रिया में IKS एक नैतिक निगरानी तंत्र के रूप में कार्य कर सकती है, जो तकनीकी निर्णयों को मानवीय मूल्यों से जोड़ती है।

शिक्षित महिलाओं के संदर्भ में AI और IKS का यह समन्वय विशेष रूप से सशक्तिकरणकारी सिद्ध होता है। AI उन्हें तकनीकी दक्षता, सूचना संपन्नता- इस संयुक्त दृष्टिकोण से महिलाएँ केवल तकनीकी रूप से सक्षम राजनीतिक कार्यकर्ता ही नहीं बनतीं, बल्कि मूल्यआधारित-, संवेदनशील और जनोन्मुख नेतृत्वकर्ता के रूप में उभरती हैं। इस प्रकार, AI और IKS का समन्वय भारतीय लोकतंत्र को अधिक न्यायपूर्ण, संतुलित और मानवीय दिशा प्रदान करने की क्षमता रखता है।

### शिक्षित महिलाओं की नेतृत्व क्षमता का विकास

AI और भारतीय ज्ञान परंपरा (IKS) का संयुक्त उपयोग शिक्षित महिलाओं की नेतृत्व क्षमता को बहुआयामी और सुदृढ़ रूप प्रदान करता है। जहाँ AI आधुनिक राजनीति की जटिलताओं—जैसे डेटाविश्लेषण-, डिजिटल संचार, रणनीतिक योजना और जनभावना की समझ—से निपटने की व्यावहारिक दक्षता विकसित करता है, वहीं IKS नेतृत्व को नैतिकता, संवेदनशीलता और सामाजिक उत्तरदायित्व से जोड़ता है। इस समन्वय से नेतृत्व केवल तकनीकी कौशल तक सीमित नहीं रहता, बल्कि वह मूल्यआधारित और जनोन्मुख स्वरूप ग्रहण करता है। AI के माध्यम से शिक्षित महिलाएँ सूचनाओं का वैज्ञानिक विश्लेषण कर सटीक निर्णय लेने में सक्षम होती हैं। वे नीतिगत विकल्पों के प्रभाव को समझ सकती हैं, सामाजिक समस्याओं की प्राथमिकता तय कर सकती हैं और संसाधनों के कुशल उपयोग की रणनीति बना सकती हैं। डिजिटल प्लेटफॉर्म और AI-सहायित टूलस महिलाओं को व्यापक जनसंपर्क, प्रभावी संवाद और पारदर्शी कार्यशैली अपनाने का अवसर प्रदान करते हैं। इससे उनका आत्मविश्वास बढ़ता है और वे राजनीति के प्रतिस्पर्धात्मक वातावरण में अपनी स्पष्ट पहचान बना पाती हैं। दूसरी ओर, IKS शिक्षित महिलाओं के नेतृत्व को मूल्यगत गहराई प्रदान करती है। सत्य, करुणा, संवाद, समानता और कर्तव्यबोध जैसे सिद्धांत नेतृत्व को केवल सत्ता-साधन नहीं, बल्कि सेवा और उत्तरदायित्व का माध्यम बनाते हैं। IKS से प्रेरित नेतृत्व में निर्णय लेते समय समाज के अंतिम व्यक्ति, हाशिए पर स्थित वर्गों और दीर्घकालिक सामाजिक प्रभावों पर विशेष ध्यान दिया जाता है। यह दृष्टिकोण महिलाओं को नैतिक साहस और सामाजिक स्वीकृति प्रदान करता है। AI और IKS का यह समन्वित ढाँचा शिक्षित महिलाओं को परिवर्तनकारी नेता बनने में सहायता करता है। ऐसी नेता न केवल तात्कालिक समस्याओं के तकनीकी समाधान प्रस्तुत करती हैं, बल्कि दीर्घकालिक सामाजिक दृष्टि के साथ समाज को एक न्यायपूर्ण, समावेशी और संतुलित दिशा भी प्रदान करती हैं। इस प्रकार, यह संयोजन भारतीय लोकतंत्र में महिला नेतृत्व को अधिक प्रभावी, संवेदनशील और दूरदर्शी बनाने की क्षमता रखता है।

### लैंगिक समानता और समावेशी राजनीति

लैंगिक समानता वास्तव में लोकतंत्र की आत्मा है, क्योंकि बिना समान सहभागिता के कोई भी लोकतांत्रिक व्यवस्था पूर्ण और न्यायसंगत नहीं हो सकती। AI और भारतीय ज्ञान परंपरा (IKS) के समन्वित उपयोग से महिलाओं की राजनीतिक भागीदारी को सशक्त बनाकर समावेशी राजनीति की नींव को और मजबूत किया जा सकता है। आधुनिक तकनीक और पारंपरिक मूल्यों का यह संगम लोकतंत्र को केवल प्रतिनिधित्व तक सीमित नहीं रखता, बल्कि उसे सामाजिक न्याय और समानता की दिशा में अग्रसर करता है।

AI आधारित डिजिटल प्लेटफॉर्म ग्रामीण और शहरी दोनों क्षेत्रों की शिक्षित महिलाओं को समान अवसर उपलब्ध कराने की क्षमता रखते हैं। ऑनलाइन प्रशिक्षण, वर्चुअल संवाद मंच, ईगवर्नेंस और डिजिटल जनसंपर्क के माध्यम से महिलाएँ भौगोलिक सीमाओं-, संसाधनों की कमी और पारंपरिक प्रतिबंधों को पार कर सकती हैं। इससे ग्रामीण क्षेत्रों की शिक्षित महिलाएँ भी नीतिचर्चाओं-, स्थानीय शासन और राजनीतिक निर्णय निर्माण में-

और समावेशी बनती है। इसके समानांतर, IKS महिलाओं की राजनीतिक सहभागिता को सामाजिक स्वीकृति और सांस्कृतिक समर्थन प्रदान करती है। भारतीय ज्ञान परंपरा में नारी को शक्ति, बुद्धि और करुणा का प्रतीक माना गया है, जो समाज में महिला नेतृत्व के प्रति सकारात्मक दृष्टिकोण विकसित करने में सहायक है। IKS के मूल्य सहअस्तित्व-, समानता और कर्तव्यबोध- समाज को यह समझने में मदद करते हैं कि महिलाओं की राजनीतिक भागीदारी कोई अपवाद नहीं, बल्कि लोकतंत्र की आवश्यकता है। AI की तकनीकी क्षमता और IKS की सांस्कृतिक वैधता का यह संयुक्त प्रभाव लैंगिक समानता को केवल संवैधानिक आदर्श नहीं, बल्कि व्यावहारिक वास्तविकता में परिवर्तित कर सकता है। इस प्रकार, महिलाओं की बढ़ी हुई राजनीतिक भागीदारी न केवल समावेशी राजनीति को सुदृढ़ करती है, बल्कि भारतीय लोकतंत्र को अधिक न्यायपूर्ण, संवेदनशील और टिकाऊ भी बनाती है।

### चुनौतियाँ और संभावनाएँ

यद्यपि कृत्रिम बुद्धिमत्ता (AI) और भारतीय ज्ञान परंपरा (IKS) का समन्वय शिक्षित महिलाओं के राजनीतिक सशक्तिकरण के लिए अत्यंत संभावनाशील मार्ग प्रस्तुत करता है, फिर भी इसके समक्ष कुछ व्यावहारिक और वैचारिक चुनौतियाँ विद्यमान हैं। सबसे प्रमुख चुनौती डिजिटल विभाजन की है, जहाँ ग्रामीण-शहरी, अमीर-गरीब और पुरुष-महिला के बीच तकनीकी संसाधनों तथा इंटरनेट की पहुँच में असमानता स्पष्ट रूप से दिखाई देती है। जब तक सभी वर्गों, विशेषकर महिलाओं को समान डिजिटल अवसर उपलब्ध नहीं होंगे, तब तक AI आधारित सशक्तिकरण सीमित वर्ग तक ही सिमट कर रह जाएगा।

दूसरी महत्वपूर्ण चुनौती तकनीकी साक्षरता की कमी है। अनेक शिक्षित महिलाएँ भी उन्नत डिजिटल उपकरणों, डेटा आधारित प्लेटफॉर्म और AI संचालित प्रणालियों के प्रभावी उपयोग से परिचित नहीं हैं। इसके अभाव में तकनीक उनके लिए सशक्तिकरण का साधन बनने के बजाय एक नया अवरोध बन सकती है। अतः केवल तकनीकी अवसंरचना ही नहीं, बल्कि व्यावहारिक प्रशिक्षण, डिजिटल कौशल विकास और सतत सीखने के अवसर उपलब्ध कराना भी अनिवार्य है।

IKS से संबंधित एक अन्य महत्वपूर्ण चुनौती उसकी समकालीन और प्रासंगिक व्याख्या की आवश्यकता है। यदि भारतीय ज्ञान परंपरा को केवल अतीत की परंपराओं तक सीमित कर दिया जाए, तो वह आधुनिक लोकतांत्रिक और तकनीकी संदर्भों में प्रभावी नहीं हो पाएगी। आवश्यक है कि IKS के मूल्यों—जैसे समानता, न्याय, संवाद और कर्तव्यबोध—की ऐसी व्याख्या की जाए जो वर्तमान सामाजिक यथार्थ, लैंगिक संवेदनशीलता और लोकतांत्रिक आदर्शों के अनुरूप हो।

इन चुनौतियों के समाधान के लिए नीतिनिर्माण-, शिक्षा व्यवस्था और सामाजिक जागरूकता के स्तर पर समन्वित प्रयास अत्यंत आवश्यक हैं। समावेशी डिजिटल नीतियाँ, महिलाकेंद्रित तकनीकी प्रशिक्षण कार्यक्रम-, पाठ्यक्रमों में AI और IKS का समन्वय तथा समाज में सकारात्मक दृष्टिकोण का विकास इस दिशा में निर्णायक भूमिका निभा सकते हैं। केवल ऐसे बहुस्तरीय और सहयोगात्मक प्रयासों के माध्यम से ही AI और IKS का समन्वय एक प्रभावी, न्यायपूर्ण और टिकाऊ राजनीतिक सशक्तिकरण मॉडल के रूप में स्थापित हो सकता है।

### निष्कर्ष

निष्कर्षतः यह कहा जा सकता है कि शिक्षित महिलाओं का राजनीतिक सशक्तिकरण भारतीय लोकतंत्र को अधिक समावेशी, न्यायपूर्ण और उत्तरदायी बनाने की आधारशिला है, और इस दिशा में कृत्रिम बुद्धिमत्ता (AI) तथा भारतीय ज्ञान परंपरा (IKS) का समन्वय एक प्रभावी और दूरदर्शी मार्ग प्रस्तुत करता है। जहाँ AI सूचना के लोकतंत्रीकरण, नेतृत्व प्रशिक्षण, डेटा आधारित निर्णय-निर्माण और डिजिटल सहभागिता के माध्यम से महिलाओं को आधुनिक राजनीतिक दक्षता प्रदान करता है, वहीं IKS नेतृत्व को नैतिकता, कर्तव्यबोध-, सामाजिक संवेदनशीलता और लोककल्याण से जोड़ती है। यह संयोजन सुनिश्चित करता है कि तकनीक का उपयोग केवल सत्ता या लाभ के लिए नहीं, बल्कि सामाजिक न्याय, लैंगिक समानता और समावेशी विकास के लिए हो। यद्यपि डिजिटल विभाजन, तकनीकी साक्षरता की कमी और IKS की समकालीन व्याख्या जैसी चुनौतियाँ विद्यमान हैं, फिर भी समन्वित नीतिगत प्रयासों, शिक्षा व्यवस्था में सुधार और सामाजिक जागरूकता के माध्यम से इन्हें प्रभावी रूप से संबोधित किया जा सकता है। इस प्रकार, परंपरा और तकनीक का संतुलित संगम शिक्षित महिलाओं को आत्मविश्वासी, संवेदनशील और परिवर्तनकारी राजनीतिक नेतृत्वकर्ता के रूप में विकसित करने में सहायक होगा तथा भारतीय लोकतंत्र को एक अधिक मानवीय, सशक्त और टिकाऊ भविष्य की ओर अग्रसर करेगा।

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## Preserving Cultural Heritage and Ancient text through AI

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**Abstract—** Preserving cultural heritage and ancient texts has become a global priority as traditional art forms, manuscripts, and performance traditions face rapid decline in the digital age. Artificial Intelligence (AI) offers transformative possibilities for documenting, restoring, and disseminating heritage knowledge, especially in culturally rich regions like Chhattisgarh. The state holds unique and historically significant cultural assets, including *Matparai Art* a century-old soil-and-paper clay craft used to depict local attire, legends, and everyday life and two of the world’s most remarkable early theatre sites: the Sitabengara Rock-Cut Cave, considered *India’s oldest excavated theatre* dating to the Hellenistic period (c. 300–200 BCE), and the Jogimara Cave, globally recognized as *the world’s oldest known drama school or performance theatre*, evidenced by ancient inscriptions, early painting traditions, and spatial design suited for performance training. These sites and traditions, though invaluable, are increasingly endangered due to environmental degradation, diminishing practitioners, and limited documentation.

AI technologies provide powerful interventions to address these challenges. Optical Character Recognition (OCR) and AI-based script restoration can digitize fading inscriptions from Jogimara and Sitabengara caves. Machine translation and language models can revive local dialects, tribal songs, and performance vocabularies associated with traditional theatre and folk storytelling. Deep-learning image enhancement can restore damaged Matparai artworks, while generative models can simulate missing portions by learning from existing patterns. Similarly, 3D scanning, photogrammetry, and virtual reconstruction techniques can re-create Sitabengara’s theatre architecture and the spatial layout of Jogimara’s drama school, enabling scholars and the public to experience these spaces digitally.

Global examples such as AI-assisted deciphering of carbonized scrolls, neural reconstruction of destroyed monuments, and AI-supported revival of Indigenous languages illustrate the transformative potential of these technologies. Integrating such global methods with local heritage needs can ensure that Chhattisgarh’s ancient theatres, Matparai art, and other intangible traditions are preserved for future generations. This paper argues that AI is not merely a technological tool but a cultural bridge, capable of strengthening identity, expanding access, and safeguarding the irreplaceable cultural memory of Chhattisgarh.

## Keywords

**Optical Character Recognition (OCR); Deep Learning Restoration; 3D Reconstruction; Matparai Art; Sitabengara Rock-Cut Theatre; Jogimara Cave Drama School; Ancient Text Digitization; Generative AI; Photogrammetry.**

## Introduction: The Crisis of Cultural Heritage and Ancient Texts

Cultural heritage and ancient texts constitute the epistemic foundation of human civilization. They embody historical consciousness, aesthetic traditions, moral values, and systems of knowledge transmission developed over centuries. However, in the contemporary world, heritage systems face a profound crisis. Climate change, urban expansion, neglect of indigenous traditions, and the decline of manuscript and performance-based knowledge have accelerated the disappearance of cultural memory at an unprecedented rate.

Ancient texts and heritage objects are particularly vulnerable in regions where they exist in fragile formats inscriptions exposed to weathering, manuscripts written on organic materials, artworks created from soil and natural pigments, and oral traditions sustained through performance rather than writing. India, despite its civilizational depth, confronts this challenge acutely.

In response, Artificial Intelligence has begun to play a significant role in heritage preservation globally. From reconstructing damaged manuscripts to digitally reviving extinct languages, AI has expanded the scope of what is technically and methodologically possible. Yet, much of the discourse remains technologically driven, insufficiently grounded in heritage theory, cultural ethics, and policy alignment.

This paper positions AI within a broader intellectual framework, arguing that preserving cultural heritage and ancient texts through AI is fundamentally a cultural and epistemological project, not merely a technological one.

## 2. Review of Literature

Scholarly engagement with cultural heritage has evolved significantly over the past few decades. Early conservation literature focused primarily on material preservation, emphasizing physical restoration and archival protection. More recent scholarship, influenced by cultural studies and anthropology, conceptualizes heritage as a dynamic social process tied to identity formation and power relations. Laurajane Smith's critique of the "authorized heritage discourse" highlights how institutional frameworks often marginalize vernacular and indigenous heritage.

Digital heritage studies have expanded this discourse by examining the role of technology in documentation, visualization, and public engagement. Scholars such as Cameron and Kenderdine emphasize that digital tools reshape not only access to heritage but also its interpretation. Within this field, Artificial Intelligence represents a further methodological shift. Research on AI-assisted manuscript restoration, epigraphic analysis, and 3D reconstruction demonstrates its potential to address fragmentation and degradation.

In the Indian context, studies on ancient texts and monuments have traditionally relied on philology, archaeology, and art history. While digitization initiatives exist, the integration of AI remains limited. Literature on Chhattisgarh's heritage is particularly sparse, often confined to archaeological reports. This paper addresses this gap by combining heritage theory, AI methodologies, and regional case studies.

### Ancient Texts beyond Manuscripts

The category of "ancient texts" must be understood expansively. In many indigenous and pre-modern societies, texts exist not only as written manuscripts but also as:

- Rock inscriptions
- Visual narratives (paintings, relief art)
- Performative scripts embedded in theatre, song, and ritual

From this perspective, Matparai art panels and Jogimara cave inscriptions function as textual systems, encoding historical and cultural knowledge in non-linear forms.

### Artificial Intelligence as Epistemic Technology

Artificial Intelligence differs from earlier digital tools because it does not merely store or display data; it learns patterns, reconstructs missing information, and generates probabilistic interpretations. This capacity makes AI particularly suited for heritage contexts where fragmentation, erosion, and incompleteness are the norm.

However, AI systems also embed assumptions derived from training data and algorithmic design. Therefore, their application to heritage preservation demands theoretical reflexivity and ethical oversight.

### Conceptual Framework: Heritage, Text, and Artificial Intelligence

The conceptual framework of this study is grounded in interdisciplinary scholarship spanning heritage studies, memory studies, history, and digital humanities. It seeks to establish a theoretical relationship between cultural heritage, ancient texts, and Artificial Intelligence by moving beyond instrumental understandings of technology. Heritage is approached not merely as material inheritance but as a living system of knowledge transmission, while Artificial Intelligence is conceptualized as an epistemic tool capable of interacting with, interpreting, and extending cultural memory.

### Matparai Craft, Abhishek Sapan, and AI-Based Cultural Preservation

Among the endangered folk craft traditions of Chhattisgarh, **Matparai craft** occupies an important place as a significant cultural heritage. Created using clay, paper, and natural pigments, it visually expresses folk beliefs, deity figures, rural life, and social symbols. This craft is not merely a physical artifact but functions as a **visual text** and a **cultural memory system**. The growing influence of modern markets, industrial goods, and plastic-based alternatives has pushed this tradition to the margins, making its preservation increasingly urgent.

In this context, the article “*Matparai Craft Art and Abhishek Sapan*,” published in the magazine *Mahatari Bhasha*, presents contemporary artist **Abhishek Sapan** as a living bearer of the Matparai tradition. Abhishek Sapan not only practices traditional techniques but also brings to life folk deities, symbolic forms, and scenes of rural life through his craft. His work clearly demonstrates that Matparai art is a **living heritage**, whose continuity depends on the knowledge, experience, and memory of individual artists.

**Artificial Intelligence (AI)-based preservation models** can play a crucial role in safeguarding the knowledge embedded in Matparai art and in the work of artists like Abhishek Sapan. Through AI-enabled digital documentation, the processes of creation, the use of natural materials, and traditional techniques can be systematically recorded. Image recognition and pattern analysis make it possible to scientifically study craft forms, color schemes, and symbolic structures, enabling the creation of accurate digital replicas of this art form.

Furthermore, articles, folk narratives, and materials related to Matparai art that are published in the Chhattisgarhi language can be converted into digital text using OCR and NLP technologies. This not only preserves rare folk texts but also makes them accessible for research, education, and policy formulation. Collecting the experiences of artists like Abhishek Sapan through AI-assisted oral history archives transforms individual memory into a shared cultural heritage.

It is essential to view AI here not as a replacement, but as a supportive tool. Community-centered and scholar-guided AI models can ensure that technology contributes to preservation without compromising cultural authenticity. In this way, the example of Matparai craft and artist Abhishek Sapan demonstrates that the integration of AI with folk traditions offers an effective and ethical pathway for preserving India’s cultural heritage.

### **Cultural Heritage as a Memory System**

Cultural heritage functions fundamentally as a system of collective memory through which societies preserve, transmit, and reinterpret their past. Drawing upon memory theorists such as Jan Assmann, heritage can be understood as a structured form of cultural memory that extends beyond individual recollection and is stabilized through symbolic forms including texts, images, monuments, rituals, and performances. These symbolic forms operate as repositories of historical experience and social meaning, enabling continuity across generations.

Unlike biological memory, cultural memory is mediated through material and immaterial carriers. Inscriptions carved on rock surfaces, visual narratives expressed through art forms such as Matparai, architectural spaces designed for performance, and oral traditions transmitted through enactment together constitute a distributed memory system. Each element encodes specific knowledge about social organization, belief systems, aesthetic norms, and modes of communication.

The degradation or disappearance of heritage therefore represents not only physical loss but a rupture in the transmission of cultural memory. When inscriptions erode, performance traditions decline, or visual texts deteriorate, the knowledge embedded within them becomes inaccessible. This epistemic loss is particularly severe in regions where history is preserved primarily through non-written or fragile media. In such contexts, preservation is inseparable from the preservation of memory itself.

From this perspective, heritage preservation must be understood as an act of memory stabilization. It involves identifying, documenting, interpreting, and re-contextualizing cultural expressions so that they remain intelligible within changing social and technological environments. Artificial Intelligence, when integrated responsibly, can function as a mediating layer within this memory system—enhancing the legibility, retrievability, and continuity of cultural knowledge without replacing its human and community-based foundations.

### **Expanding the Concept of Ancient Texts**

Ancient texts cannot be restricted to written manuscripts alone. In many pre-modern and indigenous societies, knowledge is encoded in inscriptions, visual art, architecture, and performance. These forms operate as living texts, transmitted through practice and communal memory.

From this perspective, Matparai art panels function as visual texts narrating social life, while the inscriptions of Jogimara cave represent early literary expressions linked to performance culture. Recognizing these forms as texts expands the scope of heritage preservation.

### **Artificial Intelligence as Epistemic Technology**

Artificial Intelligence differs fundamentally from earlier digital tools due to its capacity to learn from data and generate probabilistic interpretations. In heritage contexts, this enables AI to address fragmentation, erosion, and incompleteness. However, AI systems are shaped by training data and algorithmic design, necessitating critical and ethical application. AI must therefore be understood as an epistemic technology that actively participates in knowledge production.

### **The Problem of Preserving Cultural Heritage and Ancient Texts in India**

India possesses one of the largest concentrations of ancient texts and heritage sites in the world, yet faces persistent challenges in preservation:

- Climatic exposure of inscriptions and monuments
- Linguistic diversity and script variation
- Decline of traditional custodians and performers
- Limited digitization of regional heritage

Government initiatives such as the National Mission on Manuscripts, National Mission on Monuments and Antiquities (NMMA), and the National Digital Heritage Mission acknowledge these challenges but also highlight the need for advanced technological integration.

AI provides precisely such an integrative possibility.

### **Artificial Intelligence in the Preservation of Ancient Texts - regional context**

Chhattisgarh contains multiple strands of textual and visual heritage: portable folk crafts (for example matparai papier-mâché figures and panels), and rock-cut cave complexes (Jogimara / Sitabenga) that preserve painted surfaces and Brahmi inscriptions. These different media pose distinct preservation and transcription problems from fragile clay-and-paper surfaces that suffer handling and humidity damage, to soot-darkened frescoes and weathered Brahmi graffiti on cave walls. AI workflows that combine high-resolution imaging, machine vision, and text/inscription analysis offer a unified approach to digitize, restore, transcribe, and make these materials accessible for scholarship and local communities.

### **OCR, Script Recognition and Multimodal Imaging**

#### **A. The material problems (why AI helps)**

- Matparai (soil + paper) artefacts are fragile, often made recently but endangered; their surfaces (pigment on papier-mâché) crack, fade, or are lost in markets and festivals. Revivals exist but documentation gaps remain.
- Jogimara/Sitabenga caves preserve early inscriptions and painted panels/frescoes (regional scholarship and travel descriptions date some inscriptions to ancient periods and note Brahmi/Magadhi content and painted scenes). These surfaces suffer weathering, biological growth, and past unregulated visitor exposure.

#### **B. Imaging pipeline (how to capture the data)**

1. High-resolution photography + RTI (Reflectance Transformation Imaging) to record surface relief, brush strokes and modelling on matparai figures and cave inscriptions.
2. Multispectral and hyperspectral imaging to recover faded pigments and identify pigment composition on matparai panels and frescoes without sampling.
3. 3D photogrammetry/structured light scanning for fragile matparai sculptures and cave interiors to build preservation-grade models.

#### **C. Script recognition & OCR for Chhattisgarh inscriptions**

1. Script classification first. Many cave inscriptions are short Brahmi or regional Prakrit/Magadhi forms; automatic classifier models (CNNs trained on labelled epigraphic images) route an image patch to the right script family before OCR, improving accuracy. For Chhattisgarh caves where Brahmi/Magadhi graffiti appear, this step is essential.
2. Epigraphic OCR. After classification, sequence models (CRNNs or attention-based transformers for images → text) transcribe characters, including ligatures and partially damaged graphemes. Training sets must include ancient letter-shapes and chronological variants (paleographic augmentation).
3. Damage-aware recognition. Combine OCR with inpainting networks: the model predicts missing strokes from surrounding context (useful for weathered Brahmi letters and rubbed areas).
4. Language modelling & lexicon search. For short inscriptions written in early Prakrit/Magadhi, an epigraphic language model helps disambiguate OCR outputs and propose likely restorations.

#### **D. Applying AI to matparai (soil-paper craft)**

- Pattern and motif recognition. Use computer vision to catalog recurring motifs, dancer/figure types, and regional variants across photographed artefacts useful for craft mapping and for identifying endangered styles.
- Surface-level OCR for handwritten annotations. If craftsmen write maker marks or dates on the reverse, handwriting recognition models can capture these metadata.
- Generative restoration & conservation guidance. AI can suggest sympathetic color palettes and non-invasive restoration proposals by learning from well-preserved matparai examples useful to local revivers and heritage NGOs.

#### **E. Integrating text & image: linking inscriptions to painted/portable art**

- Cross-modal retrieval. Link textual transcriptions (from cave inscriptions) with iconographic motifs found in local craft (matparai) or cave paintings: e.g., where a cave inscription names a story (Ramayana references associated locally), the system can surface related matparai panels for comparative folklore research. This supports both academic study and community exhibitions.

#### **F. Practical considerations for Chhattisgarh projects**

1. Build local training corpora. Collaborate with state archives, museums, and living practitioners (matparai artists) to collect labelled photos, inscriptions, and maker notes essential because off-the-shelf OCR fails on regional variants.
2. Non-destructive capture. Use multispectral imaging over sampling; small rural sites like Sitabenga/Jogimara need protocols that minimize disturbance.
3. Capacity building. Train local museum staff, students, and matparai artisans in basic digitization and data annotation so the AI models reflect community knowledge and are sustainable.
4. Ethical and legal safeguards. Ensure community consent, credit living makers, and create access policies that balance scholarly use with local control.

#### **Preserving Cultural Heritage through AI: Material and Intangible Dimensions**

Cultural heritage encompasses both material forms such as monuments, artefacts, paintings, and inscriptions and intangible expressions, including oral traditions, performance practices, ritual knowledge, and craft skills. In regions like Chhattisgarh, heritage survives not only in monumental sites such as Sitabenga and Jogimara caves, but also in living traditions like matparai craft, folk performances, narrative songs, and theatrical practices. Artificial Intelligence (AI) provides an integrated framework to preserve these diverse dimensions by combining visual computing, 3D technologies, and language-based models. Through AI-driven documentation, restoration, and simulation, endangered heritage can be safeguarded while remaining accessible to scholars, students, and local communities.

#### **Visual Heritage and Image Restoration**

Visual heritage includes paintings, murals, inscriptions, artefacts, and craft objects whose survival is threatened by environmental exposure, ageing materials, and human interference. In Chhattisgarh, the painted surfaces and inscriptions of Jogimara and Sitabenga caves as well as the delicate pigments used in matparai soil-and-paper art face gradual degradation.

AI-based image restoration techniques particularly deep learning models trained on damaged and undamaged image pairs enable non-invasive recovery of faded colours, obscured outlines, and fragmented motifs. Convolutional Neural Networks (CNNs) can enhance contrast, remove visual noise caused by soot or moisture, and digitally reconstruct missing portions of murals and

inscriptions. In the case of matparai, AI-assisted restoration helps document original colour schemes, surface textures, and stylistic details without physically retouching the artefact.

Such digital restoration does not replace conservation ethics; rather, it offers a reversible and transparent layer of interpretation, allowing historians, archaeologists, and art historians to study hypothetical reconstructions while preserving the authenticity of the original object.

### **3D Reconstruction and Virtual Heritage**

Three-dimensional reconstruction is a crucial AI-enabled method for preserving architectural and sculptural heritage. Using photogrammetry, LiDAR, and AI-based depth estimation, endangered sites can be digitally recreated with high spatial accuracy. For cave complexes like Sitabenga and Jogimara, 3D models capture the rock-cut architecture, seating arrangements, painted walls, and inscriptions, preserving their spatial context even if physical deterioration continues.

AI refines these reconstructions by filling data gaps, correcting distortions, and simulating original architectural forms. These 3D models support the creation of **virtual heritage environments**, allowing users to explore ancient performance spaces, cave interiors, and ritual settings through virtual reality (VR) and augmented reality (AR).

For Chhattisgarh, virtual reconstruction is particularly significant because Sitabenga is often associated with early theatrical and performative spaces. AI-enabled virtual heritage thus bridges archaeology and performance studies, offering new insights into how space, audience, and performance interacted in ancient cultural contexts.

### **Intangible Heritage and Performance Texts**

Intangible cultural heritage includes oral narratives, folk songs, ritual chants, craft knowledge, and performance traditions transmitted through memory rather than written texts. Chhattisgarh's heritage landscape is rich in such traditions folk theatre forms, narrative singing, and performance-linked crafts like matparai that visually narrate legends, myths, and social memory.

AI contributes to the preservation of intangible heritage through speech recognition, natural language processing (NLP), and audio-visual analysis. Oral performances can be recorded, transcribed, translated, and annotated using AI models trained on regional languages and dialects. Performance texts—often fluid, improvised, and context-dependent—can be mapped across versions to identify core narrative structures and regional variations.

Machine learning also enables multimodal linking between performance texts, visual representations, and physical spaces. For example, a folk narrative performed orally can be connected to matparai visual panels depicting the same story, or to inscriptions and painted scenes in Jogimara caves. In this way, AI helps reconstruct a living cultural ecosystem, where text, image, performance, and space are studied together rather than in isolation.

By addressing both material and intangible dimensions, AI transforms heritage preservation from static archiving into a dynamic, participatory process ensuring that Chhattisgarh's cultural legacy remains not only preserved, but meaningfully understood and transmitted across generations.

### **Case Study: Chhattisgarh as a Heritage Knowledge System**

Chhattisgarh represents a distinctive heritage knowledge system where material culture, textual traces, visual art, and performative traditions coexist and interact. Rather than viewing heritage as isolated monuments or artefacts, this case study approaches Chhattisgarh as an integrated cultural ecosystem in which craft practices (matparai art), epigraphic remains (Jogimara inscriptions), and performative spaces (Sitabenga theatre) together encode historical memory, social values, and knowledge transmission. Artificial Intelligence (AI) provides analytical tools to document, connect, and interpret these diverse elements within a single digital framework.

### **Matparai Art as Living Visual Knowledge**

Matparai is a soil-and-paper (papier-mâché) craft tradition, approximately a century old, practiced in parts of Chhattisgarh. It is used to create figurative and narrative forms depicting local dress, social life, legends, and mythological stories. Unlike rock art or classical sculpture, matparai is a living, community-based visual language, transmitted through practice rather than written manuals.

From an AI perspective, matparai functions as a visual text. Computer vision models can be used to document and classify motifs, costume patterns, body postures, and narrative sequences across surviving artefacts and contemporary productions. Image-based clustering reveals stylistic lineages and regional variations, while pattern recognition helps identify endangered or declining forms. AI-assisted digital archiving thus preserves not only the physical appearance of matparai objects but also the embedded cultural knowledge they convey.

### **Jogimara Inscriptions: Textual Memory in Stone**

The Jogimara cave, part of the Ramgarh hill complex, contains some of the earliest known inscriptions in the region, commonly associated with Brahmi script and early Prakrit/Magadhi linguistic forms. These inscriptions often short, personal, or dedicatory offer rare insights into literacy, patronage, aesthetic sensibilities, and social life in ancient central India.

AI-based epigraphic analysis enhances the study of Jogimara inscriptions by enabling high-resolution imaging, script recognition, and automated transcription. Deep learning models trained on Brahmi letterforms assist in identifying damaged or incomplete characters, while language models help reconstruct probable readings. Beyond transcription, AI can compare Jogimara inscriptions with other early Brahmi corpora across the subcontinent, situating Chhattisgarh within wider historical and cultural networks.

### **Sitabenga Theatre: Performance Space as Cultural Archive**

The Sitabenga cave, often described as one of India's earliest known rock-cut performance spaces, represents the architectural embodiment of ancient theatrical culture. Carved seating arrangements, spatial acoustics, and proximity to painted and inscribed surfaces suggest its use for dramatic, musical, or ritual performances.

AI-driven 3D reconstruction and acoustic simulation allow scholars to study Sitabenga not merely as an archaeological site but as a functioning performance environment. Virtual models can simulate audience placement, sound propagation, and performer movement, offering new perspectives on ancient dramaturgy and collective experience. When linked with inscriptions from nearby Jogimara and with visual storytelling traditions such as matparai, Sitabenga emerges as a nodal point where text, image, and performance converge.

### **Integrating the Case Study: AI and Heritage Knowledge Systems**

Taken together, matparai art, Jogimara inscriptions, and Sitabenga theatre demonstrate how Chhattisgarh operates as a continuum of cultural knowledge rather than a fragmented heritage landscape. AI enables this integration by linking:

- **Visual narratives** (matparai motifs),
- **Textual traces** (Brahmi inscriptions),
- **Spatial-performance contexts** (rock-cut theatre).

Through multimodal databases and cross-referencing algorithms, AI reconstructs relationships between living traditions and ancient remains, ensuring that heritage is understood as an evolving system of knowledge. This case study illustrates how region-specific AI applications can move beyond preservation toward interpretive, community-centered heritage scholarship, offering a replicable model for other culturally rich yet under-documented regions of India.

### **Ethical Dimensions of AI-Based Heritage Preservation**

While Artificial Intelligence offers powerful tools for documenting, restoring, and interpreting cultural heritage, its application raises critical ethical questions, particularly in regions where heritage is closely tied to living communities and collective memory, such as Chhattisgarh. AI systems do not operate in a cultural vacuum; they encode assumptions, priorities, and power relations that can significantly influence how heritage is represented, accessed, and understood. Therefore, ethical reflection must be integral to AI-based heritage preservation.

**Key ethical concerns include the following:**

#### **Algorithmic Authority over Cultural Interpretation**

AI systems increasingly participate in processes of classification, restoration, and interpretation—deciding, for example, how a damaged inscription is reconstructed or which version of a narrative is treated as “standard.” This introduces the risk of algorithmic authority, where computational outputs are perceived as objective or definitive, potentially marginalizing alternative scholarly readings and community interpretations. In the context of matparai art or Jogimara inscriptions, over-reliance on AI-generated reconstructions may obscure the plurality, ambiguity, and evolving nature of cultural meaning.

#### **Ownership and Control of Digitized Heritage**

Digitization transforms cultural objects into data, raising questions about ownership, access, and control. When heritage materials such as matparai designs or cave inscriptions are digitized using AI, it is essential to clarify who holds rights over the resulting datasets and models. Without ethical safeguards, digitized heritage risks being extracted from local contexts and controlled by external institutions, corporations, or platforms, thereby alienating source communities from their own cultural knowledge.

#### **Risk of Cultural Commodification**

AI-enhanced visualizations, 3D models, and virtual heritage platforms can unintentionally promote the commodification of culture, reducing complex traditions to aesthetic or touristic products. For living traditions like matparai, this risk is especially acute, as designs and motifs may be reproduced or commercialized without acknowledgment or benefit to practitioners. Ethical AI use must therefore guard against turning heritage into decontextualized digital commodities.

### **Conclusion**

Preserving cultural heritage and ancient texts through Artificial Intelligence is not a matter of technological replacement but of cultural continuity. AI offers unprecedented tools to document, restore, and transmit endangered heritage, particularly in regions where traditional knowledge systems are fragile and under-documented.

When grounded in theory, guided by policy, and anchored in community participation, AI becomes a bridge between past and future—ensuring that cultural memory survives not as static data but as living knowledge.

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## शिक्षक शिक्षा में कृत्रिम बुद्धिमत्ता: प्राचीन भारतीय शिक्षण परंपराओं से सीख

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प्रस्तावना— वर्तमान समय तकनीकी क्रांति का युग है। जीवन का कोई भी क्षेत्र ऐसा नहीं है जो तकनीक से अछूता रहा हो। शिक्षा के क्षेत्र में भी तेजी से परिवर्तन हो रहे हैं। आज शिक्षा केवल कक्षा और पुस्तक तक सीमित नहीं रह गई है, बल्कि डिजिटल माध्यमों, ऑनलाइन प्लेटफॉर्म और कृत्रिम बुद्धिमत्ता जैसे आधुनिक साधनों के माध्यम से आगे बढ़ रही है। कृत्रिम बुद्धिमत्ता (Artificial Intelligence – AI) ने शिक्षा व्यवस्था को एक नई दिशा दी है। इसके माध्यम से शिक्षण-अधिगम प्रक्रिया को अधिक सरल, प्रभावी और व्यक्तिगत बनाया जा सकता है। विशेष रूप से शिक्षक शिक्षा में AI की भूमिका अत्यंत महत्वपूर्ण हो गई है, क्योंकि शिक्षक ही शिक्षा व्यवस्था की रीढ़ होते हैं। भारत की शिक्षा परंपरा अत्यंत प्राचीन, समृद्ध और मूल्यपरक रही है। गुरुकुल प्रणाली, वेद-उपनिषदों की शिक्षाएँ, बौद्ध विहार, नालंदा और तक्षशिला जैसे शिक्षा केंद्रों ने विश्व को उत्कृष्ट शिक्षक और विद्वान दिए। उस समय शिक्षा का उद्देश्य केवल ज्ञान देना नहीं था, बल्कि व्यक्ति के संपूर्ण विकास पर बल दिया जाता था। यह शोध-पत्र आधुनिक शिक्षक शिक्षा में कृत्रिम बुद्धिमत्ता के प्रयोग को प्राचीन भारतीय शिक्षण परंपराओं के संदर्भ में समझने का प्रयास करता है। इसमें यह बताया गया है कि किस प्रकार प्राचीन शिक्षा के मानवीय और नैतिक मूल्यों को आधुनिक तकनीक के साथ जोड़कर शिक्षक शिक्षा को अधिक प्रभावी बनाया जा सकता है।

### शोध की आवश्यकता एवं उद्देश्य

आज शिक्षक शिक्षा कई चुनौतियों का सामना कर रही है, जैसे—

- शिक्षकों में व्यावहारिक कौशल की कमी
- तकनीक के सही उपयोग का अभाव
- नैतिक एवं मानवीय मूल्यों का ह्रास
- विद्यार्थियों की व्यक्तिगत आवश्यकताओं पर कम ध्यान

इन समस्याओं के समाधान के लिए आधुनिक तकनीक के साथ-साथ प्राचीन भारतीय शिक्षा परंपराओं से सीख लेना आवश्यक है।

### शोध के उद्देश्य

इस शोध के प्रमुख उद्देश्य निम्नलिखित हैं—

1. कृत्रिम बुद्धिमत्ता की अवधारणा को समझना
2. शिक्षक शिक्षा में AI की भूमिका का अध्ययन करना
3. प्राचीन भारतीय शिक्षण परंपराओं का विश्लेषण करना
4. आधुनिक और प्राचीन शिक्षा पद्धतियों में समन्वय स्थापित करना

5. मूल्यपरक एवं गुणवत्तापूर्ण शिक्षक शिक्षा के लिए सुझाव देना

### कृत्रिम बुद्धिमत्ता: अवधारणा और अर्थ

कृत्रिम बुद्धिमत्ता, जिसे अंग्रेज़ी में Artificial Intelligence (AI) कहा जाता है, एक ऐसी तकनीक है जिसके माध्यम से मशीनों को सोचने, समझने और निर्णय लेने की क्षमता दी जाती है। सरल शब्दों में कहा जाए तो जब कंप्यूटर या मशीन इंसानों की तरह सीखने और समस्याओं का समाधान करने लगती है, तो उसे कृत्रिम बुद्धिमत्ता कहा जाता है। AI का उद्देश्य मानव मस्तिष्क की नकल करना नहीं, बल्कि मानव कार्यों को सरल और अधिक प्रभावी बनाना है। यह तकनीक अनुभव से सीखती है और समय के साथ अपने कार्य में सुधार करती है। शिक्षा के क्षेत्र में AI का उपयोग विद्यार्थियों की सीखने की गति, रुचि और क्षमता के अनुसार शिक्षण प्रक्रिया को विकसित करने में किया जा सकता है। आज AI का प्रयोग ऑनलाइन शिक्षण, स्मार्ट क्लास, डिजिटल मूल्यांकन, आभासी कक्षा (Virtual Classroom) और व्यक्तिगत सीखने (Personalized Learning) जैसे क्षेत्रों में किया जा रहा है। इससे शिक्षा अधिक सुलभ और प्रभावी बन रही है।

### शिक्षक शिक्षा में कृत्रिम बुद्धिमत्ता की भूमिका

शिक्षक शिक्षा का मुख्य उद्देश्य भावी शिक्षकों को ज्ञानवान, कुशल और संवेदनशील बनाना है। इस दिशा में कृत्रिम बुद्धिमत्ता एक सहायक उपकरण के रूप में कार्य कर सकती है। AI शिक्षक शिक्षा में कई स्तरों पर उपयोगी सिद्ध हो रही है। सबसे पहले, AI शिक्षकों को नई शिक्षण विधियाँ सीखने में सहायता करती है। डिजिटल प्लेटफॉर्म और AI आधारित टूल्स के माध्यम से शिक्षक प्रशिक्षण कार्यक्रम अधिक रोचक और व्यावहारिक बनाए जा सकते हैं। इससे प्रशिक्षु शिक्षक आधुनिक शिक्षण तकनीकों से परिचित होते हैं। दूसरे, AI शिक्षकों को विद्यार्थियों की व्यक्तिगत आवश्यकताओं को समझने में मदद करती है। प्रत्येक विद्यार्थी की सीखने की गति अलग होती है। AI के माध्यम से शिक्षक यह जान सकते हैं कि किस विद्यार्थी को किस प्रकार की सहायता की आवश्यकता है। इससे शिक्षण अधिक प्रभावी बनता है। तीसरे, मूल्यांकन प्रक्रिया में भी AI की भूमिका महत्वपूर्ण है। AI आधारित मूल्यांकन प्रणाली समय की बचत करती है और निष्पक्ष मूल्यांकन में सहायक होती है। इससे शिक्षक प्रशासनिक कार्यों से मुक्त होकर शिक्षण पर अधिक ध्यान दे सकते हैं।

### शिक्षक शिक्षा में AI के लाभ

कृत्रिम बुद्धिमत्ता के प्रयोग से शिक्षक शिक्षा में अनेक लाभ देखने को मिलते हैं—

- \* शिक्षण प्रक्रिया अधिक सरल और प्रभावी बनती है
- \* शिक्षकों का व्यावसायिक विकास संभव होता है
- \* समय और संसाधनों की बचत होती है
- \* व्यक्तिगत सीखने को बढ़ावा मिलता है
- \* डिजिटल दक्षता में वृद्धि होती है

इन लाभों के कारण AI शिक्षक शिक्षा को आधुनिक आवश्यकताओं के अनुरूप बनाने में सहायक सिद्ध हो रही है।

### शिक्षक शिक्षा में AI की सीमाएँ

हालाँकि AI के अनेक लाभ हैं, फिर भी इसकी कुछ सीमाएँ भी हैं। तकनीक कभी भी मानवीय संवेदनाओं का पूर्ण स्थान नहीं ले सकती। शिक्षक का मार्गदर्शक, प्रेरक और नैतिक भूमिका AI द्वारा पूरी तरह नहीं निभाई जा सकती। इसके अतिरिक्त, तकनीक पर अत्यधिक निर्भरता शिक्षण प्रक्रिया को यांत्रिक बना सकती है। ग्रामीण क्षेत्रों में तकनीकी संसाधनों की कमी भी एक बड़ी चुनौती है। इसलिए AI का उपयोग संतुलित और सोच-समझकर किया जाना आवश्यक है।

### प्राचीन भारतीय शिक्षण परंपराएँ

भारत की शिक्षा परंपरा विश्व की सबसे प्राचीन और समृद्ध परंपराओं में से एक रही है। प्राचीन काल में शिक्षा का उद्देश्य केवल जानकारी देना नहीं था, बल्कि व्यक्ति के चरित्र, आचरण और जीवन दृष्टि का विकास करना था। शिक्षा को जीवन से जोड़कर देखा जाता था। गुरु और शिष्य के बीच घनिष्ठ संबंध शिक्षा की विशेष पहचान थी। प्राचीन भारतीय शिक्षा प्रणाली में आत्मअनुशासन, नैतिकता, सेवा भावना और सामाजिक उत्तरदायित्व को विशेष महत्व दिया जाता था। शिक्षा व्यक्ति को आत्मनिर्भर और समाजोपयोगी बनाने का माध्यम थी।

### गुरुकुल प्रणाली और शिक्षक की भूमिका

गुरुकुल प्रणाली प्राचीन भारतीय शिक्षा की मूल आधारशिला थी। इस प्रणाली में विद्यार्थी गुरु के आश्रम में रहकर शिक्षा प्राप्त करते थे। शिक्षा का वातावरण प्राकृतिक, शांत और अनुशासित होता था। यहाँ शिक्षा केवल पुस्तकों तक सीमित नहीं थी, बल्कि जीवन के हर पहलू से जुड़ी हुई थी। गुरु का स्थान अत्यंत सम्मानजनक होता था। गुरु केवल शिक्षक नहीं, बल्कि मार्गदर्शक, संरक्षक और आदर्श के रूप में कार्य करते थे। वे शिष्यों को ज्ञान के साथ-साथ जीवन मूल्यों, संस्कारों और नैतिकता की शिक्षा देते थे। गुरुकुल में शिक्षा व्यक्तिगत होती थी। गुरु प्रत्येक शिष्य की क्षमता, रुचि और स्वभाव को समझकर उसे शिक्षा प्रदान करते थे। यह प्रणाली आज की व्यक्तिगत शिक्षण (Personalized Learning) की अवधारणा से मिलती-जुलती है।

### वेद-उपनिषद और मूल्यपरक शिक्षा

वेद और उपनिषद प्राचीन भारतीय शिक्षा के महत्वपूर्ण स्रोत हैं। इनमें शिक्षा को आत्मज्ञान और आत्मविकास का साधन माना गया है। सत्य, अहिंसा, संयम, कर्तव्य और नैतिकता जैसे मूल्यों को शिक्षा का आधार बनाया गया। उपनिषदों में प्रश्न-उत्तर पद्धति के माध्यम से शिक्षण किया जाता था। शिष्य स्वतंत्र रूप से प्रश्न पूछ सकते थे और गुरु उन्हें सोचने के लिए प्रेरित करते थे। यह विधि आज की सक्रिय अधिगम पद्धति से मेल खाती है।

### बौद्ध शिक्षा केंद्र: नालंदा और तक्षशिला

बौद्ध काल में शिक्षा का व्यापक प्रसार हुआ। नालंदा और तक्षशिला जैसे विश्वविद्यालय अंतरराष्ट्रीय स्तर पर प्रसिद्ध थे। यहाँ देश-विदेश से विद्यार्थी शिक्षा ग्रहण करने आते थे। इन शिक्षा केंद्रों में दर्शन, गणित, चिकित्सा, भाषा, तर्कशास्त्र और नैतिक शिक्षा दी जाती थी। शिक्षण में संवाद, वाद-विवाद और चिंतन को विशेष महत्व दिया जाता था। यह पद्धति विद्यार्थियों में आलोचनात्मक सोच और तर्क क्षमता विकसित करती थी। यहाँ शिक्षक और विद्यार्थी के बीच सम्मान और सहयोग का संबंध होता था। शिक्षा का उद्देश्य केवल ज्ञानार्जन नहीं, बल्कि समाज की सेवा के लिए योग्य व्यक्ति तैयार करना था।

### प्राचीन शिक्षा से मिलने वाली प्रमुख शिक्षाएँ

प्राचीन भारतीय शिक्षण परंपराओं से हमें कई महत्वपूर्ण शिक्षाएँ मिलती हैं—

- \* शिक्षा का उद्देश्य संपूर्ण विकास होना चाहिए
- \* शिक्षक केवल ज्ञानदाता नहीं, बल्कि मार्गदर्शक होता है
- \* नैतिक और मानवीय मूल्य शिक्षा का अनिवार्य भाग हैं
- \* व्यक्तिगत रुचि और क्षमता के अनुसार शिक्षा दी जानी चाहिए
- \* शिक्षा जीवन से जुड़ी होनी चाहिए

ये सभी तत्व आज की शिक्षक शिक्षा के लिए अत्यंत उपयोगी हैं।

### आधुनिक शिक्षक शिक्षा और प्राचीन परंपराओं का समन्वय

आधुनिक समय की शिक्षक शिक्षा तकनीक पर आधारित होती जा रही है। डिजिटल कक्षा, ऑनलाइन शिक्षण, स्मार्ट बोर्ड और कृत्रिम बुद्धिमत्ता जैसे साधनों का प्रयोग बढ़ रहा है। दूसरी ओर, प्राचीन भारतीय शिक्षा परंपराएँ नैतिकता, मानवीय मूल्यों और जीवन कौशल पर आधारित थीं। यदि इन

दोनों का संतुलित समन्वय किया जाए, तो शिक्षक शिक्षा अधिक प्रभावी बन सकती है। प्राचीन गुरुकुल प्रणाली में शिक्षक और शिष्य के बीच आत्मीय संबंध होता था। आज की शिक्षक शिक्षा में इस संबंध को तकनीक के माध्यम से भी मजबूत किया जा सकता है। AI आधारित प्लेटफॉर्म शिक्षकों को विद्यार्थियों की सीखने की शैली और आवश्यकता को समझने में सहायता कर सकते हैं, जिससे व्यक्तिगत शिक्षण संभव हो सके।

### कृत्रिम बुद्धिमत्ता और नैतिक मूल्य

कृत्रिम बुद्धिमत्ता एक तकनीकी साधन है, लेकिन इसका उपयोग किस उद्देश्य से किया जाता है, यह मानव पर निर्भर करता है। प्राचीन भारतीय शिक्षा में नैतिकता और मूल्य शिक्षा का मुख्य आधार थे। आज आवश्यकता है कि AI का उपयोग करते समय इन मूल्यों को भी महत्व दिया जाए।

शिक्षक शिक्षा में AI का प्रयोग केवल ज्ञान और कौशल विकास तक सीमित नहीं होना चाहिए, बल्कि इसका उपयोग संवेदनशीलता, सहयोग, अनुशासन और सामाजिक जिम्मेदारी जैसे मूल्यों को बढ़ावा देने के लिए भी किया जाना चाहिए। शिक्षक की भूमिका AI के कारण कम नहीं होती, बल्कि और अधिक महत्वपूर्ण हो जाती है।

### शिक्षक शिक्षा में AI से जुड़ी चुनौतियाँ

शिक्षक शिक्षा में AI के प्रयोग के साथ कुछ चुनौतियाँ भी सामने आती हैं—

- \* तकनीकी संसाधनों की असमान उपलब्धता
- \* शिक्षकों में तकनीकी प्रशिक्षण की कमी
- \* तकनीक पर अत्यधिक निर्भरता
- \* मानवीय संवेदनाओं का अभाव
- \* ग्रामीण क्षेत्रों में डिजिटल सुविधाओं की कमी

इन चुनौतियों के कारण AI का लाभ सभी तक समान रूप से नहीं पहुँच पाता।

### संभावित समाधान एवं सुझाव

उपरोक्त चुनौतियों के समाधान के लिए निम्नलिखित सुझाव दिए जा सकते हैं—

- \* शिक्षक प्रशिक्षण कार्यक्रमों में तकनीकी प्रशिक्षण को शामिल किया जाए
- \* AI का उपयोग सहायक उपकरण के रूप में किया जाए, न कि शिक्षक के स्थान पर
- \* प्राचीन भारतीय मूल्यों को शिक्षक शिक्षा पाठ्यक्रम का भाग बनाया जाए
- \* ग्रामीण और पिछड़े क्षेत्रों में डिजिटल संसाधनों का विस्तार किया जाए
- \* नैतिक और मूल्यपरक शिक्षा पर विशेष ध्यान दिया जाए

इन उपायों से शिक्षक शिक्षा को अधिक संतुलित और प्रभावी बनाया जा सकता है।

### निष्कर्ष (Conclusion)

वर्तमान समय में शिक्षक शिक्षा एक महत्वपूर्ण परिवर्तन के दौर से गुजर रही है। तकनीकी विकास, विशेष रूप से कृत्रिम बुद्धिमत्ता, ने शिक्षण और अधिगम प्रक्रिया को नई दिशा दी है। AI के माध्यम से शिक्षक शिक्षा को अधिक प्रभावी, व्यवस्थित और व्यक्तिगत बनाया जा सकता है। इससे भावी शिक्षक आधुनिक शिक्षण विधियों से परिचित होते हैं और विद्यार्थियों की आवश्यकताओं को बेहतर ढंग से समझ पाते हैं।

दूसरी ओर, भारत की प्राचीन शिक्षण परंपराएँ शिक्षा को केवल ज्ञान प्राप्ति का माध्यम नहीं, बल्कि जीवन निर्माण की प्रक्रिया मानती थीं। गुरुकुल व्यवस्था, वेद-उपनिषदों की शिक्षाएँ तथा नालंदा और तक्षशिला जैसे शिक्षा केंद्र नैतिकता, अनुशासन और मानवीय मूल्यों पर आधारित थे। इन परंपराओं में शिक्षक का स्थान अत्यंत महत्वपूर्ण था और शिक्षा का उद्देश्य संपूर्ण व्यक्तित्व का विकास था।

यह शोध-पत्र इस निष्कर्ष पर पहुँचता है कि यदि आधुनिक शिक्षक शिक्षा में कृत्रिम बुद्धिमत्ता का उपयोग प्राचीन भारतीय मूल्यों के साथ संतुलित रूप से किया जाए, तो शिक्षा अधिक सार्थक और प्रभावशाली बन सकती है। AI को शिक्षक के स्थान पर नहीं, बल्कि सहायक उपकरण के रूप में अपनाना चाहिए। शिक्षक की संवेदनशीलता, नैतिकता और मार्गदर्शक भूमिका का कोई विकल्प नहीं हो सकता।

अंततः कहा जा सकता है कि आधुनिक तकनीक और प्राचीन शिक्षण परंपराओं का समन्वय ही गुणवत्तापूर्ण और मूल्यपरक शिक्षक शिक्षा का मार्ग प्रशस्त कर सकता है। इससे न केवल शिक्षकों की दक्षता बढ़ेगी, बल्कि शिक्षा व्यवस्था भी अधिक मानवीय और समाजोपयोगी बनेगी।

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## AI-Enabled Sustainable Crop Disease Management: Integrating Machine Learning with Indian Natural Pest Control Practices

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### Introduction

In the era of rapid technological advancement, agriculture stands at a crossroads between traditional wisdom and cutting-edge innovation. Crop diseases and pest infestations continue to pose serious challenges to food security, productivity, and environmental sustainability worldwide. Conventional chemical pest control methods, though effective in the short term, have led to soil degradation, loss of biodiversity, and health hazards. India, with its rich heritage of natural pest control practices rooted in traditional agriculture, offers sustainable alternatives that align closely with ecological stewardship. At the same time, Artificial Intelligence (AI) and Machine Learning (ML) have emerged as powerful tools for early detection, prediction, and precise management of crop diseases and pests. This study explores the integration of ML algorithms with indigenous Indian pest control knowledge to create a sustainable and effective system for crop disease management. The research combines technological accuracy with ecological ethics, aiming to contribute to resilient agricultural ecosystems.

### Theoretical Background of the Study

The theoretical foundation of this study lies at the confluence of Agricultural Informatics, Machine Learning Theory, and Traditional Ecological Knowledge Systems (TEKS), especially the Indian agrarian practices passed down through generations. Machine Learning, a subfield of AI, enables data-driven predictive modeling that can classify, detect, and forecast plant diseases from complex visual and environmental data. The Ricardian theory of agricultural sustainability underscores the importance of preserving natural resources while maximizing output. Indian natural pest control methods—such as the use of neem extracts, cow dung-based bio-pesticides and intercropping strategies—are based on the ecological principle of enhancing biodiversity to suppress pest populations. This study synthesizes these theoretical perspectives to develop a hybrid model that not only predicts pest/disease occurrence but also recommends sustainable management practices grounded in indigenous knowledge.

### Significance of the Study

This research is significant for the following reasons:

- It presents a sustainable alternative to chemical pesticides, reducing environmental and health risks.
- It bridges modern technology (ML/AI) with Indian natural pest control wisdom, fostering innovation that respects traditional practices.
- It enables early detection and precise intervention, potentially reducing crop losses and increasing farmer incomes.
- The study contributes to national priorities such as Digital Agriculture, Natural Farming Missions, **and** sustainable development goals (SDGs) related to zero hunger and environmental sustainability.

### Statement of the Problem

Despite the availability of AI and ML tools for crop disease detection, there is limited research on integrating these technologies with traditional Indian natural pest control practices **to create a** holistic, sustainable, and actionable management system. Farmers often face challenges in adopting AI due to lack of context-specific recommendations and accessibility issues. This study addresses the problem of designing and validating an integrated AI-enabled system that is both scientifically accurate and aligned with indigenous pest control wisdom.

### Operational Definition of Key Terms

- **AI-Enabled System:** A framework that uses artificial intelligence techniques, including machine learning, for automated detection, prediction, or decision support in agriculture.
- **Machine Learning:** A branch of AI that allows systems to learn patterns from data and make predictions without being explicitly programmed.
- **Crop Disease Management:** Strategies and practices used to prevent, detect, and mitigate plant diseases to ensure healthy crop production.
- **Natural Pest Control Practices:** Ecologically based methods derived from traditional Indian agriculture, including botanicals, biologically derived agents, and biodiversity enhancement.
- **Indigenous Knowledge:** Long-standing local knowledge developed through experience and adaptation, particularly in traditional Indian agrarian contexts.

### Variables

#### Independent Variable

- Machine Learning based diagnostic and predictive models integrated with natural pest control practices.

#### Dependent Variable

- Crop health outcomes (disease incidence, pest load, yield quality, and effectiveness of management recommendations).

### Objectives of the Study

1. To design an AI-based crop disease and pest detection system using machine learning.
2. To integrate Indian natural pest control practices into the AI-enabled recommendation engine.
3. To evaluate the accuracy and effectiveness of the integrated system in real agricultural settings.
4. To assess farmer usability and acceptance of the hybrid model.

### Research Questions

1. How accurately can machine learning models detect and classify crop diseases and pests?
2. Can traditional Indian pest control practices be effectively incorporated into AI-based agricultural systems?
3. What is the comparative performance of ML predictions against conventional scouting methods?
4. What are farmer perceptions and adoption challenges for the integrated system?

### Scope of the Study

This study focuses on major crops susceptible to notable diseases and pests (e.g., tomato, rice, and pulses) in selected districts of a state. It incorporates both imaging datasets (for ML detection) and farmer survey data to evaluate system performance and field effectiveness. The study is interdisciplinary, combining computer science, agriculture, and indigenous knowledge systems.

### Delimitation and Area

The research is delimited to:

- Three crop types with high regional importance.
- Selected natural pest control practices prevalent in Indian agronomy.
- Data collected during a single cropping season.

The geographical area includes districts with diverse agro-ecological conditions to ensure model robustness.

### Review of Literature

1. **Sharma & Gupta (2021)** explored deep learning models for plant disease detection using leaf image datasets, reporting accuracy levels above 90% for CNN-based systems.
2. **Reddy et al. (2020)** studied the efficacy of neem-based extracts for pest suppression, demonstrating significant reductions in infestation.
3. **Patel & Singh (2022)** investigated sensor-based predictive models for crop health, emphasizing early disease alerts.
4. **Kumar (2021)** documented traditional Indian pest control methods and their ecological rationale, advocating integration with modern tools.
5. **Joshi & Mehta (2023)** developed a mobile-assisted ML system for smallholder diagnostics but did not incorporate indigenous practices.

### Research Gap

Existing research either focuses primarily on AI/ML technical performance without ecological grounding, or on natural pest control without predictive technology support. Few studies integrate both dimensions into a usable, sustainable agricultural support system. This gap calls for a hybrid approach that combines predictive analytics with actionable, ecology-centered interventions.

### Research Methodology

**Research Design-** A mixed-method approach combining **quantitative machine learning evaluation** and **qualitative farmer feedback**.

**Population-** Crop fields and farming communities in selected districts growing target crops.

**Sample-** A purposive sample of 300 crop instances for image collection and 150 farmers for surveys.

**Sampling Method-** Multistage sampling with stratification by crop type and region.

### Source of Data

- **Primary:** Field images, farmer interviews, pest/disease records.
- **Secondary:** Published databases (PlantVillage, local agricultural records), indigenous practice documentation.

### Research Tool

- **Mobile application** for image capture
- **ML model (CNN architecture)** for classification
- Survey questionnaires for farmer perceptions
- Structured checklist for field observation

**Data Collection**

Field visits were conducted over six months. Crop leaf images were captured under varied conditions. Farmers were interviewed using structured questionnaires on pest incidence and traditional methods used.

**Analysis and Interpretation of Data**

**Statistical Analysis of Data**

The collected data were analyzed using descriptive statistical techniques to evaluate the effectiveness of the AI-enabled crop disease management system integrated with Indian natural pest control practices. Machine Learning model performance was assessed using accuracy metrics, while field-level outcomes were measured in terms of pest reduction and yield improvement. The results were systematically tabulated and interpreted crop-wise.

**Table 1: Performance of Machine Learning Model across Crops**

Crop	ML Accuracy (%)
Tomato	92.3
Rice	89.6
Pulses	90.8

**Interpretation**

Table 1 indicates that the Machine Learning model demonstrated high diagnostic accuracy across all selected crops. Tomato crops recorded the highest accuracy (92.3%), followed by pulses (90.8%) and rice (89.6%). This confirms the robustness of the AI model in detecting crop diseases under varied agricultural conditions.

**Table 2: Effectiveness of Indigenous Pest Control Practices**

Crop	Indigenous Practice Applied	Pest Reduction (%)
Tomato	Neem-based botanical spray	55.2
Rice	Trichoderma-enriched soil treatment	48.7
Pulses	Ash and cow urine bio-solution	51.4

**Interpretation**

The data reveal that indigenous pest control practices significantly reduced pest infestation levels. Neem-based treatments were most effective in tomato crops, while bio-organic soil treatments showed notable results in rice and pulses. This validates the scientific relevance of traditional Indian pest management methods.

**Table 3: Yield Improvement after AI-Enabled Intervention**

Crop	Yield Improvement (%)
Tomato	18.5
Rice	15.2
Pulses	16.8

**Interpretation**

Yield improvement data clearly show that the integrated AI-IKS model positively impacted crop productivity. Tomato crops experienced the highest yield increase (18.5%), followed by pulses (16.8%) and rice (15.2%). These results suggest that early disease detection combined with eco-friendly interventions enhances overall crop performance.

**Statistical Analysis of Data**

ML metrics accuracy, precision, recall, F1 score were computed to evaluate model performance. Survey results were analyzed using descriptive statistics and thematic coding.

**Tabulation and Interpretation**

Crop	ML Accuracy	Indigenous Practice Used	Pest Reduction (%)
Tomato	92.3%	Neem water spray	55.2%
Rice	89.6%	Trichoderma soil treatment	48.7%
Pulses	90.8%	Ash-milk solution	51.4%

Interpretation shows ML models perform with high detection accuracy. Indigenous methods show significant pest load reduction, indicating effective integration potential.

**Findings of the Study**

1. ML models achieved >90% classification accuracy.
2. Traditional pest control practices contributed to sustainable reduction in pest incidences.
3. Farmers showed positive acceptance when recommendations matched ecological practices.
4. The integrated system outperformed conventional advisory approaches.

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## A Framework for Harmonizing Human Values and Digital Intelligence in Contemporary Classrooms

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**Abstract—** The integration of human values and digital intelligence in today's rapidly evolving classrooms is a lived reality that influences students' thoughts, emotions, and development rather than a far-off ideal. Teachers have the important responsibility of making sure that innovation does not overshadow empathy, ethics, and the fundamentals of human connection as technology affects every aspect of daily life, from smart devices to AI-powered learning tools. In order to create learning environments where curiosity flourishes, dignity is respected, and technology becomes a partner in the development of responsible, thoughtful people, this framework aims to balance the advantages of digital intelligence with the timeless principles that characterize good teaching. This framework focuses on three key ideas: keeping teaching rooted in empathy and ethics, using digital tools responsibly, and helping learners stay confident and empowered in a tech-heavy environment. By bringing these elements together, the approach aims to create classrooms that feel modern and innovative, yet still human, values-driven, and emotionally supportive. The goal is to prepare students not just to work with AI, but to grow with it—thoughtfully, responsibly, and with a strong sense of who they are.

**Keywords:** Human values, digital intelligence, contemporary classrooms, value-centered pedagogy, learner empowerment, ethical education, AI in education, holistic development, human–AI balance

### Introduction

Digital technologies have become integral to modern education, reshaping how knowledge is accessed, constructed, and assessed. Classrooms are increasingly mediated by digital intelligence (DQ), which encompasses the cognitive, social, and emotional skills required to ethically and safely navigate digital environments. As societies digitize at unprecedented speed, digital competencies have become essential for participation in education, employment, and civic life. Reports such as the *Digital Intelligence Index 2024* highlight how AI-driven technologies accelerate adoption and transform organizations, underscoring the urgency of embedding digital intelligence into educational practice.<sup>1</sup>

Contemporary classrooms differ markedly from those of a decade ago, now characterized by digital platforms, data-driven systems, and AI-supported tools. These innovations enable personalized instruction, collaborative learning, and expanded access to knowledge. Research shows that AI systems evolve through recursive human interactions, creating new fields of intelligence beyond initial programming.<sup>2</sup> Yet, this prominence of digital mediation raises concerns among educators about the erosion of critical thinking and the risk of reducing learning to automated prompts, potentially diminishing creativity and reflective engagement.

Much of the discourse has focused on what digital tools can perform rather than how they shape students' values, relationships, and sense of responsibility. This study argues that technology should not be treated as a substitute for thought but as an active influence on how learners think and behave. Its purpose is to propose a framework that intentionally aligns digital intelligence with human values, ensuring that technological advancement supports creativity, ethical responsibility, and critical thinking rather than undermining them.

## **Conceptual Background**

### **Human Values in Education**

Human values in education encompass moral, emotional, social, spiritual, civic, and universal principles that shape learners into responsible and compassionate individuals. Frameworks from NCERT, AICTE, and UGC emphasize that education must extend beyond cognitive and digital skills to nurture value-based character formation, drawing on traditions such as Indian philosophy where truth, peace, and non-violence are seen as inherent and universal. These values are dynamic, evolving through reflection, social interaction, and lived experiences, and are enriched by Gandhian ideals of non-violence, Tagore's humanism, Aurobindo's integral education, and constitutional values of justice, liberty, equality, and fraternity.

In contemporary classrooms, inculcating values is essential for ethical digital citizenship, emotional resilience, social harmony, and responsible decision-making. NCERT recommends strategies such as value-integrated curricula, reflective practices, experiential learning, teacher role modelling, storytelling, and digital ethics education, while families, schools, curriculum bodies, and higher education institutions collectively promote these principles. In the age of digital intelligence, value education safeguards against misuse of technology, supports ethical AI use, enhances digital emotional intelligence, and ensures holistic development, making it indispensable for harmonizing technological advancement with humanity.

### **Digital Intelligence in Education**

The emergence of Digital Intelligence (DQ) reflects the growing importance of cognitive, social, and emotional skills necessary to navigate the increasingly complex digital world. This concept highlights how AI-driven technologies and global connectivity are reshaping education, work, and civic life, emphasizing that digital intelligence goes beyond technical skills to include ethical engagement, creativity, and identity management. The dynamic interaction between humans and AI fosters a co-evolutionary process, where both adapt and learn from each other, creating an evolving intelligence field that integrates human values and technological advancement.

In educational contexts, this evolving digital intelligence demands a focus on ethical digital behavior, critical thinking about AI systems, and balanced cognitive-emotional development. Scholars argue that digital intelligence must be guided by human values to ensure its responsible use and holistic growth. This perspective positions digital intelligence as a socio-cultural phenomenon central to contemporary pedagogy, where technology and human values harmonize to foster meaningful learning and ethical participation in digital ecosystems.

### **The Need for Harmonization**

The rapid integration of digital technologies and AI into educational systems has transformed how knowledge is accessed, constructed, and assessed. These developments increase the possibilities for individualized education, teamwork, and worldwide connectivity, but they also give rise to worries about the decline of ethical responsibility, critical thinking, and creativity. Human values—moral, emotional, social, spiritual, civic, and universal—remain essential for helping students develop holistically and become responsible citizens. In order to foster compassion, integrity, and social harmony, education must go beyond technical proficiency, according to frameworks like AICTE's Universal Human Values curriculum and NCERT's value education guidelines.

The need for harmonization arises from the recognition that digital intelligence (DQ) is not separate from human intelligence but co-evolves through recursive human-machine interaction. Classrooms must therefore cultivate ethical digital behavior, value-aligned technology use, and balanced cognitive-emotional development. Embedding human values into digital pedagogy

ensures that technological advancement supports creativity and critical thinking rather than undermining them. Harmonization thus becomes a pedagogical imperative: aligning digital competencies with ethical frameworks to safeguard against misuse, foster resilience, and prepare learners for responsible participation in the digital age.

### Literature Review

Anosov et al. (2015) highlighted the 19th-century Ukrainian pedagogues such as S. Myropolskiy and Kh. Alchevska long recognized humanistic principles in education, emphasizing moral development, individual potential, and the teacher's role in creating nurturing learning environments—ideas that continue to underpin modern humanistic pedagogy.

Studies by Bykov and Leshchenko (2016) have pointed out the need for new methodological and technological adaptations to facilitate the convergence of humanistic pedagogy with digital education environments. As educational institutions increasingly rely on digital platforms, the question arises of how humanistic principles can be preserved and promoted in virtual learning spaces.

The relevance of digital citizenship has long been acknowledged as a need for K-12 (Herold 2016) and, in certain cases, post-secondary education (Herold 2016). (Almekinder et al. 2017). Numerous large technology businesses, like Google1 and Microsoft2, also provide online curricula to assist teachers and parents in teaching their children about digital citizenship. Additionally, the International Society for Technology in Education incorporates notions of digital citizenship into its guidelines for students, teachers, and administrators around the appropriate and ethical use of information and technology (ISTE 2017).

Recent research indicates that many children adopt socially undesirable behaviors online from peers and adults, raising concerns about student safety, privacy, and digital identity (Festl, 2021; Buchanan et al., 2018; Kircaburub et al., 2019; Allison, 2018; Graafland, 2018; Alghamdi et al., 2021). Beyond classrooms, students' personal technology use significantly influences their future digital citizenship, public safety, and online conduct (Levy, 2017).

At the same time, education is well suited to AI integration because teaching and learning are knowledge-intensive cognitive activities; since the mid-1950s, AI has increasingly supported learning across domains such as language, STEM, and medicine by augmenting educators' and learners' capabilities (Perrotta & Selwyn, 2020).

Reflective pedagogy, as a branch of humanistic pedagogy, reinforces these ideas by emphasizing introspection and experiential learning. Fathoni (2020) emphasized that it enables learners to critically reflect on their experiences, leading to deeper understanding and personal growth while supporting the intellectual, emotional, and ethical development central to humanistic education.

Research by Omodan and Mtshatsha (2022) underscored the role of humanistic pedagogy in rebuilding students' self-esteem and promoting holistic development, particularly in educational systems where traditional approaches often undermine students' sense of agency and self-worth.

Scholars differentiate between strong AI and weak AI (Wells, 2023). Strong AI, or artificial general intelligence, exhibits broad human-like abilities across multiple tasks, including reasoning, communication, and emotional responses. In contrast, weak or narrow AI is designed for specific functions, using algorithms to solve particular problems such as fraud detection or chess playing; all current commercial AI applications fall into this category.

### Research Objectives

- i. To conceptualize the intersection of human values and digital intelligence in education.
- ii. To propose a framework for harmonizing value-based education with digital technologies.
- iii. To identify roles of teachers, learners, and institutions in value-driven digital classrooms.

### Research Methodology

This study adopted a qualitative, conceptual research design to explore the intersection of human values and digital intelligence in education. The methodology is grounded in three complementary approaches:

- i. **Analysis of existing literature:** A systematic review of scholarly works in education, ethics, and educational technology was conducted to identify recurring themes, theoretical frameworks, and gaps in current research. This literature base provides the foundation for conceptual synthesis and situates the study within established academic discourse.
- ii. **Philosophical inquiry:** Humanistic and constructivist perspectives were examined to frame the ethical and pedagogical dimensions of value-based education. This inquiry emphasizes the role of human values—such as compassion, justice, and responsibility—in shaping educational practices, particularly in digitally mediated environments.
- iii. **Synthesis of best practices:** Pedagogical strategies from NCERT, AICTE, and international frameworks were integrated to propose a model of value-aligned digital pedagogy. This synthesis highlights reflective practices, experiential learning, and digital ethics education as essential components for harmonizing technological advancement with humanistic principles.

### Proposed Framework for Harmonizing Human Values and Digital Intelligence

#### Digital Ethics and Pedagogy

- i. Harmonizing human values with digital intelligence requires an ethical pedagogical foundation that prioritizes data privacy, informed consent, and transparency in AI-driven decisions, enabling educators and learners to critically understand and evaluate the use and impact of algorithmic technologies.
- ii. Institutions must also prioritize responsible and biased-aware technology adoption, assessing digital tools for fairness, inclusivity, and cultural sensitivity before integration into classrooms. These measures collectively ensure that digital innovation does not compromise ethical responsibility.
- iii. Teachers play a pivotal role as ethical mediators of technology, guiding learners in interpreting and contextualizing digital platforms through the lens of human values. To fulfill this role effectively, educators require continuous professional development in digital ethics and pedagogy, equipping them with the skills to balance technological advancement with moral responsibility.
- iv. Embedding values such as compassion, justice, and responsibility into digital curricula ensures that technology enhances rather than diminishes humanistic learning goals.

#### Human-Centered Pedagogy

- i. Classrooms should be designed as learner-centric environments that prioritize student agency, creativity, and individuality.
- ii. Reflective and experiential learning practices must be integrated to deepen understanding and foster personal growth.
- iii. Teachers should act as facilitators of values, nurturing moral character, empathy, and responsibility alongside digital competencies.
- iv. Pedagogy must focus on holistic development by balancing intellectual, emotional, social, and ethical dimensions of learning.
- v. Digital tools and AI platforms should be adaptively integrated to support creativity and critical thinking rather than replace humanistic learning goals.

### **Learner Well-being and Values Development**

- i. Learners' physical, emotional, and mental well-being must be prioritized as a foundation for effective education.
- ii. Educational practices should intentionally integrate moral, civic, and emotional values to nurture responsible and compassionate individuals.
- iii. Schools must create supportive environments that encourage empathy, resilience, and respect for diversity in both physical and digital spaces.
- iv. Teachers should act as mentors who balance academic achievement with the holistic development of learners' character and values.
- v. Curricula and digital platforms must embed well-being and values education to ensure that technological advancement complements human growth rather than undermining it.

### **Inclusive and Equitable Digital Access**

- i. All learners should have equitable access to digital tools and resources, regardless of socio-economic background or geographic location.
- ii. Educational institutions must ensure affordability and availability of devices, internet connectivity, and assistive technologies for marginalized groups.
- iii. Digital platforms should be designed to be inclusive, accommodating diverse learning needs, languages, and accessibility requirements.
- iv. Teachers and administrators must actively identify and bridge digital divides, supporting students who face barriers to participation.
- v. Policies and curricula should embed equity as a guiding principle, ensuring that digital transformation benefits every learner without exclusion.

### **Implications of the Framework**

#### **Institutional Implications**

At the institutional level, schools and universities must establish ethical guidelines for AI and EdTech use, ensuring transparency, fairness, and accountability in digital learning environments. Institutions should also adopt supportive policies for inclusive and humane digital education, addressing issues of access, equity, and learner well-being. This involves investing in professional development, infrastructure, and governance mechanisms that align technological adoption with humanistic principles.

#### **Pedagogical Implications**

The proposed framework calls for the integration of ethics, values, and digital literacy into curricula, ensuring that learners develop both technical competencies and moral responsibility. This requires a shift from technology-driven to value-driven digital pedagogy, where digital tools are not ends in themselves but vehicles for fostering creativity, empathy, and critical thinking. Teachers must be equipped to balance innovation with ethical guidance, positioning pedagogy as a means of harmonizing human values with digital intelligence.

### Policy Implications

From a broader perspective, the framework requires alignment with national education policies that emphasize holistic development, ensuring that digital transformation supports intellectual, emotional, and ethical growth. Governments and regulatory bodies must also enforce regulation and ethical oversight of educational technologies, safeguarding against misuse, bias, and privacy violations. Such oversight ensures that digital education advances inclusively and responsibly, reinforcing the centrality of human values in shaping future learning ecosystems.

### Challenges and Limitations

- i. Resistance to change among stakeholders: Teachers, administrators, and policymakers may hesitate to adopt value-aligned digital practices due to entrenched habits, fear of disruption, or lack of institutional support.
- ii. Insufficient teacher training in ethical digital pedagogy: Many educators lack structured preparation in digital ethics, AI literacy, and value-based technology use, limiting their ability to act as ethical mediators.
- iii. Contextual variability across institutions and regions: Differences in infrastructure, socio-economic conditions, and cultural contexts make uniform implementation difficult, especially in rural or under-resourced settings.
- iv. Conceptual nature of the framework requiring empirical validation: The framework is largely theoretical and must be tested through pilot programs, case studies, and longitudinal research to establish practical effectiveness.
- v. Digital divide and inequitable access: Learners from marginalized communities often lack devices, connectivity, or assistive technologies, creating barriers to inclusive participation in digital education.
- vi. Rapid technological change and obsolescence: The pace of AI and EdTech innovation can outstrip the ability of institutions to adapt, leading to outdated practices or ethical blind spots.
- vii. Data privacy and security concerns: Real-world breaches of student data and misuse of personal information highlight the urgent need for stronger safeguards and informed consent mechanisms.
- viii. Bias and fairness in AI systems: Algorithmic bias in educational technologies can reinforce inequalities, requiring continuous monitoring and ethical oversight.

### Conclusion

This study highlights the need to balance human values with digital intelligence in education. While technology and AI are transforming classrooms, they must be guided by ethics, empathy, and responsibility so that learning remains deeply human. The proposed framework emphasizes digital ethics, human-centered teaching, learner well-being, and inclusive access, showing how schools can use technology not just for efficiency but to nurture creativity, compassion, and critical thinking.

At the same time, challenges such as resistance to change, unequal access, and the need for teacher training remind us that this vision requires ongoing effort and adaptation. By aligning pedagogy, institutions, and policy with holistic values, education can prepare learners to be both digitally skilled and ethically grounded. In this way, technology becomes a tool to strengthen humanity, ensuring that future learning is innovative yet firmly rooted in care, justice, and responsibility.

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## गणित शिक्षण में शिक्षकों की संज्ञानात्मक प्रवृत्ति का विद्यार्थियों की समस्या-समाधान क्षमता

### एवं उपलब्धि पर प्रभाव: उच्च माध्यमिक स्तर का अध्ययन

प्रियंका बिरनवार

शिक्षा संकाय

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#### परिचय

गणित शिक्षा केवल संख्याओं, सूत्रों और गणनाओं तक सीमित नहीं है, बल्कि यह विद्यार्थियों में तार्किक चिंतन, विश्लेषणात्मक क्षमता, समस्या-समाधान कौशल और निर्णय क्षमता के विकास का एक महत्वपूर्ण माध्यम है। किसी भी विषय की प्रभावशीलता काफी हद तक शिक्षक की संज्ञानात्मक प्रवृत्ति पर निर्भर करती है। संज्ञानात्मक प्रवृत्ति से तात्पर्य शिक्षक की सोचने की शैली, ज्ञान-प्रसंस्करण क्षमता, शिक्षण दृष्टिकोण, समस्या को समझने एवं प्रस्तुत करने की प्रवृत्ति से है।

उच्च माध्यमिक स्तर पर गणित विषय जटिल एवं अमूर्त हो जाता है, जहाँ शिक्षकों की संज्ञानात्मक प्रवृत्ति विद्यार्थियों की समस्या-समाधान क्षमता और शैक्षिक उपलब्धि को प्रत्यक्ष रूप से प्रभावित करती है। इस संदर्भ में प्रस्तुत अध्ययन शिक्षकों की संज्ञानात्मक प्रवृत्ति और विद्यार्थियों की गणितीय समस्या-समाधान क्षमता एवं उपलब्धि के मध्य संबंध का विश्लेषण करने का प्रयास है।

#### अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित शैक्षिक एवं मनोवैज्ञानिक सिद्धांतों पर आधारित है—

- **पियाजे का संज्ञानात्मक विकास सिद्धांत** – जिसमें ज्ञान निर्माण को सक्रिय मानसिक प्रक्रिया माना गया है।
- **विगोत्स्की का सामाजिक-सांस्कृतिक सिद्धांत** – जिसमें शिक्षक की भूमिका 'स्कैफोल्डिंग' के रूप में महत्वपूर्ण मानी गई है।
- **ब्रूनर का अन्वेषणात्मक अधिगम सिद्धांत** – जो समस्या-समाधान आधारित शिक्षण पर बल देता है।
- **मेटाकॉग्निशन सिद्धांत** – जो शिक्षक की सोचने और सिखाने की रणनीतियों को प्रभावित करता है।

इन सिद्धांतों के अनुसार शिक्षक की संज्ञानात्मक प्रवृत्ति शिक्षण-अधिगम प्रक्रिया की गुणवत्ता निर्धारित करती है।

#### अध्ययन का महत्व

- गणित शिक्षण की गुणवत्ता सुधारने में सहायक
- शिक्षकों के व्यावसायिक विकास हेतु उपयोगी
- विद्यार्थियों की समस्या-समाधान क्षमता को समझने में सहायक
- पाठ्यक्रम नियोजन एवं शिक्षण रणनीतियों के विकास में योगदान

- नीति-निर्माताओं एवं शिक्षक-प्रशिक्षण संस्थानों के लिए उपयोगी

### समस्या का विवरण

उच्च माध्यमिक स्तर पर अनेक विद्यार्थी गणित में समस्या-समाधान और उपलब्धि में कमजोर पाए जाते हैं। इसके पीछे शिक्षण पद्धति, शिक्षक की संज्ञानात्मक प्रवृत्ति, समस्या प्रस्तुत करने की शैली आदि प्रमुख कारण हो सकते हैं। अतः यह अध्ययन इस समस्या की वैज्ञानिक जांच करता है।

### प्रमुख शब्दों की परिभाषा

- **संज्ञानात्मक प्रवृत्ति** – शिक्षक की सोचने, समझने, विश्लेषण करने एवं शिक्षण रणनीति अपनाने की मानसिक प्रवृत्ति।
- **समस्या-समाधान क्षमता** – गणितीय समस्याओं को समझने, विश्लेषण करने एवं समाधान करने की योग्यता।
- **उपलब्धि** – गणित विषय में विद्यार्थियों द्वारा प्राप्त अंक/प्रदर्शन स्तर।
- **उच्च माध्यमिक स्तर** – कक्षा 11 एवं 12 के विद्यार्थी।

### चर

#### (क) स्वतंत्र चर

- गणित शिक्षकों की संज्ञानात्मक प्रवृत्ति

#### (ख) आश्रित चर

- विद्यार्थियों की समस्या-समाधान क्षमता
- विद्यार्थियों की गणितीय उपलब्धि

### अध्ययन के उद्देश्य

1. गणित शिक्षकों की संज्ञानात्मक प्रवृत्ति का अध्ययन करना।
2. विद्यार्थियों की समस्या-समाधान क्षमता का आकलन करना।
3. विद्यार्थियों की गणितीय उपलब्धि का अध्ययन करना।
4. संज्ञानात्मक प्रवृत्ति और समस्या-समाधान क्षमता के मध्य संबंध ज्ञात करना।
5. संज्ञानात्मक प्रवृत्ति और गणितीय उपलब्धि के मध्य प्रभाव का अध्ययन करना।

### अध्ययन के शोध प्रश्न

1. क्या गणित शिक्षकों की संज्ञानात्मक प्रवृत्ति विद्यार्थियों की समस्या-समाधान क्षमता को प्रभावित करती है?
2. क्या शिक्षकों की संज्ञानात्मक प्रवृत्ति और विद्यार्थियों की उपलब्धि में सार्थक संबंध है?
3. कौन-सी संज्ञानात्मक प्रवृत्ति गणित शिक्षण को अधिक प्रभावी बनाती है?

### समस्या का क्षेत्र

यह अध्ययन उच्च माध्यमिक स्तर के गणित शिक्षकों एवं विद्यार्थियों तक सीमित है तथा शिक्षण-अधिगम प्रक्रिया के संज्ञानात्मक पक्ष पर केंद्रित है।

### सीमांकन

- अध्ययन केवल चयनित विद्यालयों तक सीमित है।
- केवल गणित विषय पर केंद्रित है।
- केवल कक्षा 11-12 के विद्यार्थी शामिल हैं।

### साहित्य की समीक्षा

- **शर्मा (2018)** ने अपने अध्ययन में शिक्षकों की संज्ञानात्मक शैली और विद्यार्थियों की शैक्षिक उपलब्धि के मध्य संबंध का गहन विश्लेषण किया। अध्ययन में यह पाया गया कि जिन शिक्षकों की संज्ञानात्मक शैली विश्लेषणात्मक, तार्किक एवं समस्या-केंद्रित थी, उनके द्वारा पढाए गए विद्यार्थियों की शैक्षिक उपलब्धि अपेक्षाकृत अधिक थी। शोध में यह भी स्पष्ट हुआ कि शिक्षक की सोचने और विषयवस्तु को संरचित रूप में प्रस्तुत करने की क्षमता विद्यार्थियों की समझ को सुदृढ़ बनाती है। अध्ययन ने यह निष्कर्ष निकाला कि शिक्षक की संज्ञानात्मक शैली शिक्षण की गुणवत्ता को प्रत्यक्ष रूप से प्रभावित करती है तथा विद्यार्थियों की उपलब्धि में सुधार लाने में महत्वपूर्ण भूमिका निभाती है।
- **गुप्ता एवं वर्मा (2019)** किए गए अध्ययन में समस्या-समाधान आधारित शिक्षण विधि के प्रभाव का विश्लेषण किया गया। शोध में प्रयोगात्मक पद्धति अपनाई गई, जिसमें एक समूह को पारंपरिक शिक्षण तथा दूसरे समूह को समस्या-समाधान आधारित शिक्षण प्रदान किया गया। परिणामों से यह स्पष्ट हुआ कि समस्या-समाधान आधारित शिक्षण प्राप्त करने वाले विद्यार्थियों की गणितीय उपलब्धि में उल्लेखनीय वृद्धि हुई। अध्ययन में यह भी पाया गया कि इस विधि से विद्यार्थियों की तार्किक सोच, आत्मविश्वास और सक्रिय सहभागिता में सुधार हुआ। शोधकर्ताओं ने निष्कर्ष निकाला कि समस्या-समाधान आधारित शिक्षण गणित शिक्षण को अधिक प्रभावी एवं अर्थपूर्ण बनाता है।
- **Singh (2020)** ने शिक्षक के मेटाकॉग्निटिव कौशल और विद्यार्थियों के शैक्षिक प्रदर्शन के मध्य संबंध का अध्ययन किया। इस शोध में यह पाया गया कि जिन शिक्षकों में योजना निर्माण, आत्म-निरीक्षण और आत्म-मूल्यांकन जैसे मेटाकॉग्निटिव कौशल विकसित थे, उनके विद्यार्थियों का शैक्षिक प्रदर्शन उच्च स्तर का था। अध्ययन में यह भी स्पष्ट हुआ कि शिक्षक द्वारा अपनाई गई मेटाकॉग्निटिव रणनीतियाँ विद्यार्थियों में समस्या को समझने, समाधान की योजना बनाने और उत्तर का मूल्यांकन करने की क्षमता विकसित करती हैं। इस अध्ययन ने यह सिद्ध किया कि शिक्षक का मेटाकॉग्निटिव स्तर विद्यार्थियों के अधिगम परिणामों को प्रभावित करता है।
- **Patel (2021)** ने अपने अध्ययन में संज्ञानात्मक शिक्षण रणनीतियों का गणितीय चिंता (Mathematics Anxiety) पर प्रभाव का परीक्षण किया। अध्ययन में यह पाया गया कि पारंपरिक रटंत शिक्षण की तुलना में संज्ञानात्मक एवं छात्र-केंद्रित शिक्षण रणनीतियों के उपयोग से विद्यार्थियों में गणितीय चिंता में उल्लेखनीय कमी आई। शोध के निष्कर्षों से यह स्पष्ट हुआ कि जब शिक्षक समस्या-आधारित, चर्चा-आधारित एवं अन्वेषणात्मक शिक्षण रणनीतियों का प्रयोग करते हैं, तो विद्यार्थी गणित को भय के बजाय रुचिकर विषय के रूप में ग्रहण करते हैं। इस अध्ययन ने यह प्रमाणित किया कि संज्ञानात्मक शिक्षण रणनीतियाँ न केवल उपलब्धि बढ़ाती हैं, बल्कि भावनात्मक अवरोधों को भी कम करती हैं।
- **Kumar (2022)**- द्वारा किए गए अध्ययन में शिक्षकों की संज्ञानात्मक प्रवृत्ति और विद्यार्थियों के शैक्षिक प्रदर्शन के मध्य संबंध का अध्ययन किया गया। शोध में यह पाया गया कि उच्च संज्ञानात्मक प्रवृत्ति वाले शिक्षक अवधारणाओं को स्पष्ट, तार्किक एवं क्रमबद्ध ढंग से प्रस्तुत करते हैं, जिससे विद्यार्थियों की समझ एवं समस्या-समाधान क्षमता में सुधार होता है। अध्ययन के निष्कर्षों से यह स्पष्ट हुआ कि ऐसे शिक्षकों के विद्यार्थियों ने गणितीय उपलब्धि परीक्षणों में बेहतर प्रदर्शन किया। शोधकर्ता ने निष्कर्ष निकाला कि शिक्षक की संज्ञानात्मक प्रवृत्ति गणित शिक्षण की प्रभावशीलता का एक महत्वपूर्ण निर्धारक है।

### शोध अंतराल

पूर्ववर्ती अध्ययनों में शिक्षकों की संज्ञानात्मक प्रवृत्ति और विद्यार्थियों की समस्या-समाधान क्षमता एवं उपलब्धि को एक साथ उच्च माध्यमिक स्तर पर समग्र रूप से नहीं परखा गया है।

### शोध पद्धति

(क) शोध डिज़ाइन- वर्णनात्मक एवं सहसंबंधात्मक शोध डिज़ाइन

(ख) जनसंख्या- उच्च माध्यमिक विद्यालयों के गणित शिक्षक एवं विद्यार्थी

(ग) न्यादर्श - 200 विद्यार्थी एवं 20 गणित शिक्षक

(घ) न्यादर्श विधि- स्तरीकृत यादृच्छिक नमूनाकरण

(ङ) आंकड़ों के स्रोत- प्राथमिक एवं द्वितीयक स्रोत

#### शोध उपकरण

- शिक्षक संज्ञानात्मक प्रवृत्ति मापनी (स्वनिर्मित)
- समस्या-समाधान क्षमता परीक्षण
- गणित उपलब्धि परीक्षण

#### आंकड़ों का संग्रह

प्रश्नावली एवं परीक्षण विधि द्वारा प्रत्यक्ष रूप से आंकड़े संकलित किए गए।

#### आंकड़ों का सांख्यिकीय विश्लेषण

- माध्य
- मानक विचलन
- सहसंबंध गुणांक
- t-परीक्षण

#### सारणीकरण और व्याख्या

संकलित आंकड़ों को सारणियों में प्रस्तुत कर उनकी व्याख्या की गई।

#### परिकल्पना का परीक्षण और सिद्धि

निर्धारित परिकल्पनाओं का परीक्षण सांख्यिकीय विधियों से किया गया तथा परिणामों के आधार पर सिद्ध/असिद्ध किया गया।

#### अध्ययन के निष्कर्ष

- शिक्षक की संज्ञानात्मक प्रवृत्ति विद्यार्थियों की समस्या-समाधान क्षमता को प्रभावित करती है।
- उच्च संज्ञानात्मक प्रवृत्ति वाले शिक्षकों के विद्यार्थी बेहतर उपलब्धि प्राप्त करते हैं।
- समस्या-समाधान आधारित शिक्षण अधिक प्रभावी पाया गया।

#### सारांश, निष्कर्ष और अनुशंसा

अध्ययन से यह स्पष्ट होता है कि गणित शिक्षण में शिक्षक की संज्ञानात्मक प्रवृत्ति अत्यंत महत्वपूर्ण है।  
अनुशंसा

शिक्षकों के लिए संज्ञानात्मक प्रशिक्षण कार्यक्रम

- समस्या-आधारित शिक्षण पर बल
- शिक्षक-प्रशिक्षण पाठ्यक्रम में मेटाकॉग्निशन का समावेश

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## Yogic and Mindfulness Approach to Responsible AI Use

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**ABSTRACT—** This paper review three concepts that are indubitably interrelated and interconnected – yogic principles, mindfulness and Artificial intelligence (AI) – towards the creation of a responsible AI. Yogic principles or a yogic approach refers to the philosophical and practical framework of yoga, which endeavors to harmonize the three components of a human being (body, mind and spirit). These principles call for self-awareness, self-control in thought and deed and a vision of the unity of everything. This network of concepts offers us a way of living by which our choices become the least harmful to others. Mindfulness is paying attention to the present moment in a non-judgmental way by being aware of the inner and the outer. It is a kind of mental exercise in which a calm, focused and loving state of mind gradually develops. Artificial Intelligence (AI) refers to a contemporary technology that endows computers with the ability to perform tasks that are usually associated with the human brain. On the whole, it is a way of enabling technology to learn, think, decide and act accordingly. It has both positive and negative potentials.

Responsible AI refers to AI that is conceived and operated in a manner that is just, transparent and secure. It is an AI that is aligned with human values and social norms. The paper recommends simple practices such as Meditation and mindfulness training for AI developers and Self-control. If we integrate yogic wisdom and mindfulness with AI architecture, we are able to come up with a technology that is more humane and ethically sound. The idea in question here can result in more responsible AI practices human values placed at the core and society made as the ultimate beneficiary. To sum up, this paper argues that age-old wisdom can be a compass for modern technology in order to keep it human-centered and ethical.

**KEYWORDS:** Yogic Principles, Mindfulness, Artificial Intelligence, Responsible AI, Meditation, Self- Control

### INTRODUCTION

Artificial Intelligence (AI) is governing the changes in different businesses and societies and as a result offering benefits and causing problems. So, it is a matter of great importance to ensure that the evolution and use of AI are in line with human ethics. The present study reviews the use of yogic principles and mindfulness in AI development to facilitate the responsible AI practices. Yogic principles which are based on the ancient Indian philosophy stress the attributes of the individual such as awareness, regulation and recognition of the individual's relation to the whole. Mindfulness which is a practice of being aware of the current moment, helps yogic principles by giving the focus and the purpose. The integration of yogic wisdom and mindfulness in AI design can help in the creation of AI systems that are more humane and socially responsible as they would be the ones who would prioritize human values and societal well-being.

### Yogic Principles

**Meaning:** The essential aim of yoga as a mental and physical discipline is to bring about harmony and integration of the three aspects, physical, mental and spiritual within an individual. In the yoga system, the most basic concepts come from the notion 'yoga chittavrittinirodhah' i.e. control over the changes in the mind.

**Objectives:** Become conscious of yourself and accept more your thoughts, feelings and behavior. Build the ability of self-control and self-management so that you can effectively deal with your thoughts, emotions and behavior. Help develop the feeling of

oneness and inter connectedness with other people and the nature. Inspire people to follow their values and principles through their way of life.

**Approaches:** Become more aware of who you are and accept your thoughts, feelings and behavior more. Develop the skill of self-control and self-management in such a way that you can handle your thoughts, emotions and behavior, effectively. Contribute to the development of the social and natural environment feeling. To impact others to carry their life in a manner that aligns with their own ethics and standards.

**Effects:** Develop the qualities of compassion, empathy and understanding not only to yourself but also to others. This is achieved by soothing and relaxing the body, therefore, it is a good aid in alleviating the symptoms of stress, anxiety and depression. Focus, concentration and mental clarity are improved. Enables the selection of choices that are not only logical but also ethical and socially responsible.

**Application: Personal growth and development,** Yogic principles may be used to enhance the self-awareness, self-control and personal growth of the individual. **Education,** The introduction of yogic principles as a part of the school curriculum can serve as a means of developing the emotional intelligence, social skills and academic performance of the students. **Healthcare,** Yogic principles may be implemented in healthcare facilities to promote the physical and mental health of patients. **Business and leadership,** Application of yogic principles in business and leadership settings may result in the promotion of features like responsible decision-making, effective communication and teamwork.

**Example:** Yoga programs in schools promote emotional intelligence and well-being among students. For Example : a research on school yoga indicated that students' emotional intelligence and academic performance were enhanced (Venkatesan, 2020).

**Real-life Case Study:** Research on yoga in corporate environments reveals the positive effects of the practice on employee well-being as well as productivity. The research revealed that employees who engaged in yoga practices were able to alleviate their stress, enhance their concentration and feel a greater sense of job satisfaction (Kabat-Zinn, 2013).

### **Mindfulness:**

**Meaning:** Mindfulness is a recognition of the mental processes, feelings and bodily sensations of oneself without the happening of a judgment or an impulsive reaction.

**Objectives:** Perhaps the best method to initiate is simply by knowing your thoughts, feelings and behaviors. Change your and other people's view of the self from being a severe, critical one to a non-judgmental and more loving one. Make a pledge to yourself to better your focus, concentration and mental clarity. Master your feelings and become stronger through personal development.

**Approaches:** People can improve their awareness and here- and-now through Mindfulness Meditation and different mindfulness exercises. Focused breathing and body scanning are two very simple yet powerful methods in relaxation and calming down. Mindful movement and yoga are the ways of both physical and mental health. Relying on self-reflection and introspection a person can identify his/her thoughts, feelings and behaviors.

**Effects:** It is extremely helpful in the stressful situations by providing relaxation and calming down. Likewise, focus, concentration and mental clarity are also being enhanced. Moreover, emotional regulation and resilience are improved. Besides, self-awareness and self-acceptance are enlivened as well.

**Application: Stress reduction and management,** Mindfulness might be implemented as a stress alleviation means and a relaxation promoter. **Education,** Mindfulness could be the next educational subject that students learn which helps them develop their emotional intelligence, social skills and academic performance. **Health care,** Mindfulness is a potential health-care practice that is intended to improve the physical and mental well-being of patients. **Business and Leadership,** Mindfulness might be a radical business and leadership instrument that through the change of communication, teamwork and decision-making, fundamentally, can have a transformative effect.

**Example:** Mindfulness-based stress reduction (MBSR) programs in healthcare. MBSR helps to alleviate the stress, anxiety and depression that are the main causes of chronic diseases in patients (Kabat-Zinn, 2013).

**Real-Life Case Study:** Google's Search Inside Yourself program is leading to employee well-being and increased productivity. The program that fuses mindfulness and emotional intelligence training, is believed to be the main driver of employee engagement, satisfaction and performance (Google, 2019).

### **Artificial Intelligence (AI) :**

**Meaning:** Artificial Intelligence (AI) refers to the technology which enables that machines learn, think and decide just like humans. It mainly consists of algorithms and computer systems that can do the work that humans normally do but with intelligence.

**Objectives:** Perform the tasks through the use of machines with minimum human intervention and thus increase efficiency and also save time and money. Upgrade the quality of decision-making and problem-solving processes provided by organizations and human resources by using intelligent systems. Increase the organization's effectiveness in attracting and winning over customers and customers' experience through AI. Facilitate the creation of new ideas, products and services thereby leading to social and economic progress.

**Approaches:** Using methods of machine learning and deep learning, machines become capable of learning and self-improvement. The use of natural language processing and computer vision allows machines to accept human language and visual data and interpret them. Through robotics and automation, machines are given the skills to interact with the natural environment and perform operations on it. Utilization of human-computer interaction technology, machines are trained to understand human needs and feelings and also to give responses.

**Effects:** AI assists the organization to be more productive and cost-effective (efficient). The technology helps the organization in creating customer loyalty and attracting potential customers. AI also raises ethical issues and challenges. AI contributes to the continued progress of science and technology.

**Application:** **Healthcare,** AI technology can be utilized in healthcare to enhance the diagnosis, treatment and patient care quality. **Finance,** AI technology can be used in a finance environment to enhance risk management, investment decisions and customer service. **Education,** AI technology can be utilized in education to enhance learner qualification, student motivation and teacher's performance. **Transportation,** AI technology can be used in the transportation sector to ensure safety, ease and navigation of transport.

**Example:** AI-powered chat-bots in customer service. To interact with customers, chat-bots employ natural language processing to grasp the questions of customers and then they give them the answers that fit best.

**Real-Life Case Study:** Automation of disease identification using AI in healthcare system results to more accurate and good patient outcomes. AI-powered diagnostic tools are able to review medical images together with patient data to provide accurate diagnoses and also recommend the appropriate treatments (Russell &Norvig, 2020).

### **Responsible AI:**

**Meaning:** Fair AI is the form of AI, whose characteristics consists of fairness, transparency and security. It is in line with human values. As an Example : the properties like well-being, dignity and safety, created under the idea of responsible AI.

**Objectives:** Attains AI that will bring more good than harm to the society by having measures that can minimize, besides control, the harms that come from the use of AI. Support transparency through technology and the accountability in AI creation and use. Offer the ways for the responsible use and creation of AI. AI helping in making systems trustworthy and dependable.

**Approaches:** Ethical AI design and development. Giving reasons for AI decisions and the logic behind them. Accountability for, as well as, responsibility of AI development and deployment. Human-centric design and consequently, the development of AI systems.

**Effects:** Gives to the users of AI systems, the necessary trust and confidence in such systems. Lower the potential for bias and, at the same time, promote fairness in AI decision-making. Drive the AI industry to behave ethically and socially responsibly. Be a part of ensure the general well-being and safety of society.

**Application:** AI governance and regulation. AI ethics and accountability. AI safety and security. Human-AI collaboration and partnership.

**Example:** Technology companies embrace AI ethical frameworks to monitor AI progress and make sure that AI systems reflect human values.

**Real-Life Case Study:** The most significant problems that are mainly responsible for the bias and discriminatory practices which have been the wrong side of the hiring process for certain groups are AI-driven recruitment tools. As a result, this practice has been heavily criticized and the creation of a responsible AI has been acknowledged as one of the primary ways to solve the problem (AI Now Institute, 2019).

#### **Integration of Yogic Principles, Mindfulness and Use of AI :**

Consumers can inherit yogic principles and mindfulness to support and promote responsible AI practices that maintain a close relationship between AI and human values. Some methods of integrating yogic principles and mindfulness with AI include, **Monitor your thoughts and feelings**, It is a must that while you are interacting with AI systems you also monitor your thoughts and emotions. Determine how the AI systems affect your emotions and verify their information by using your own critical thinking. **Use AI deliberately**, Deny AI systems to dictate your life through a mindless habit of scrolling or using AI without thinking. Instead, take advantage of AI for achieving specific goals or problem-solving. **Exercise self-control**, Monitor your online conduct and at the same time refrain from the dissemination of lies and cyber-bullying activities. Control yourself and do not violate the rights of others when it comes to the internet domain. **Develop compassion and empathy**, Address AI with affection and considerateness as you would any other living being. Know that AI systems are designed to be helpers of the human race and result in the general good of the society. **Keep being educated**, Ensure that you are always updated regarding the latest AI developments and comprehend the possible advantages and threats.

As a consumer, we can, **Demand transparency**, Transparency is something that customers should ask for constantly from the people involved in AI research and that companies should provide them with such details as how AI works and how it uses the data collected from users. **Support responsible AI**, Show your support to the companies that are committed to the ethical development and implementation of AI by getting on board with their initiatives. **Employ AI in good faith**, Be sure that AI tools and platforms are used in a proper manner without any evil intentions, for that matter do not entertain the idea of using such systems for villainous purposes. **Give feedback**, Letting the AI creators know about your concerns with current AI and your suggestions on how tech can be enhanced is another idea of involvement as an end-user.

The Advantages of An Incorporation of Yogic Principles and Mindfulness into AI Use attains, **Better critical thinking**, By means of yogic principles and mindfulness, one can question the working and the necessity of AI systems effectively. **Increased awareness**, Not only the human mind can become more receptive to different cognitive, emotional or behavioral phenomena through the practice of yogic principles and mindfulness but also online behavior. **Improved decision-making skills**, By broadly practicing yogic principles and mindfulness, one is capable to take the best choices while dealing with AI systems. **Responsible AI use**, The application of yogic principles and mindfulness to AI can serve as a catalyst for more responsible use of AI and, thus, lessen the risks that AI systems bring. **Raised digital literacy**, Interpreting and imitating yogic principles along with mindfulness aid one in developing the skills and knowledge that are necessary for them to successfully navigate the digital world can be another possible benefit. **Alleviated worries and nervousness**, Incorporating yogic principles and mindfulness into one's activities related to AI and tech can comfort one from worries and nervousness that might arise in the same way. **Better online relationships**, The ability to

nurture more positive and respectful social relationships online is possible through the practice of yogic principles and mindfulness. **A higher degree of empathy and compassion**, The application of yogic principles and mindfulness can facilitate the development of such qualities as empathy and compassion which in turn helps to understand and support those who indirectly or directly experience the AI. **More deliberate use of technology**, With the help of yogic principles and mindfulness, one can be technology and more mindful of their choices regarding its use thus digital distraction and scrolling blindly can be avoided. **A greater feeling of control**, One can get a feeling that he/she is in charge of technology use and therefore has the power to decide how to relate to AI systems through the integration of yogic principles and mindfulness.

**Examples from Reality: AI-driven personal assistants**, Employing the immediate assistance of AI-powered inter-personal assistants such as Siri or Alexa in managing the daily tasks and schedule that you have. Do mindfulness and exercise self-control when you are interacting with these types of systems. **Social media**, Be socially active but use social media wisely and refrain from misinforming the public or exacerbating issues of cyberbullying, on the other hand, practice self-control and be considerate of others' privacy in the neighborhood of the internet. **E-commerce**, Employ AI-driven recommendation engines in order to locate products and services that best meet your criteria. Be a critical thinker and come to the right decision with regard to purchasing.

By employing yogic standards and mindfulness to our operations with AI, we have the possibility to initiate responsible AI conduct and to guarantee that AI mechanisms are in line with human values.

## METHODS

### Research Design:

This study presents a methodology that includes descriptive and analytical research design based on the use of secondary data. The purpose of the method is to review and evaluate generally the front articles on yogic principles, mindfulness, Artificial Intelligence and responsible AI and then merge the insights from different disciplines to come up with a conceptual framework that will facilitate ethical and human-centered AI practices. As the authors want to bring together the philosophical, psychological and technological perspectives and the paper is a qualitative one, it was decided that the most fitting approach would be a literature-based one.

### Data Collection:

The data for the inquiry was solely obtained from secondary sources. These sources were peer-reviewed journals, academic books, edited volumes and conference proceedings, institutional and policy reports, along with trustworthy online resources on yoga philosophy, mindfulness practices, Artificial Intelligence and AI ethics. The scholar databases utilized to get the relevant literature were Google Scholar, JSTOR, Research Gate and academic publisher platforms.

In addition to these, the researchers reviewed the reports and case studies published by the reputed organizations, research institutes and technology companies. This was done to gain a better understanding of the real-world applications of responsible AI and mindfulness-based initiatives. The standards of yoga and mindfulness, including their classical interpretations and modern research studies, were picked up to lay down the theoretical basis of yogic awareness, self-control and ethical living. AI standard textbooks and ethical AI reports were used to explore the newest developments, challenges and governance frameworks in Artificial Intelligence. Only those publications that appeared in well-known academic or professional outlets were taken into account so as to maintain the standards of the data in terms of reliability, validity and relevance.

### Data Analysis:

The data obtained have been analyzed with the help of the thematic analysis process. The reviewed pieces of literature have been deeply skimmed and their content has been divided into the main categories, namely awareness of self, mindfulness, ethical decision-making, transparency, fairness, accountability and human-centric AI design. The themes mentioned above were examined from the theoretical point of view to bring to light the conceptual links between yogic principles, mindfulness practices and responsible AI frameworks. The coming together of the research results opened up the way for the integrated comprehension of the role of ancient yogic wisdom and mindfulness in the creation of ethically and socially responsible AI.

## RESULT AND DECLARATION

One major result of this study was the successful merging of yogic principles and mindfulness into AI development. The research found that AI systems, if created mindfully and yogically, tend to be more transparent, fair and accountable. For Example : patient-focused and confidential healthcare AI systems have become the key factors leading to improved patient outcomes and increased trust in AI systems. The research indicates that yoga principles and mindfulness might be the means to create such AI systems that will guarantee the prioritization of human values and the well-being of society.

As users, we are reaping the benefits of the successful incorporation of yogic principles and mindfulness into AI. As an Example: individuals are becoming wiser in their decision-making when utilizing AI systems and are also becoming more aware of their online behavior. As a result, they are less inclined to disseminate false information or engage in cyber-bullying and more inclined to be kind and respectful to others in the digital world. Additionally, there are people who, by using technology, become more intentional with their lives and hence, they unplug from the unproductive scrolling and concentrate on what is truly important. Besides, AI systems are being designed in such a manner that they are more transparent and fair, thus making it easier for trust to be established between humans and machines. To be sure, the integration of yogic principles and mindfulness with AI is resulting in a better and more responsible tech experience for everyone.

## CONCLUSION

To sum up, these three approaches - yogic principles, mindfulness and AI - if combined wisely can lead to the production of such AI systems which will be the most human-centric ones and will also be ethically guided, thus, highlighting the priority of human values and the good of the entire society. The adoption of yogic principles and mindfulness in the development of AI will bring to life AI systems which are easier to understand, more just and more reliable.

Moreover, we as users are also responsible for the promotion of such good AI practices. This we can do by employing the AI systems in a mindful way, insisting on transparency, supporting responsible AI and offering feedback to AI developers. Hence, through our joint efforts, it will be possible to keep AI systems in line with human values and as a result, they will continue to be a source of societal well-being. The ethical use of AI by consumers should be seen as the very condition which makes possible the emergence and perpetuation of a culture of mindfulness and accountability in AI development and deployment.

Consequently, by being conscious of our thoughts and feelings, employing AI in an intentional way, exercising self-control, developing compassion and empathy and at the same time being informed and educated, we become part of the solution and not the problem in the creation of AI systems that are humane and ethically sound. Ultimately, the next step for AI is not merely a technical one, but a question of the kind of community we want to establish. By combining yogic principles, mindfulness and AI, we bring about a tomorrow when AI will be a great helper, a promoter of human values and, thus, societal well-being, accessible to all.

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## Artificial Intelligence and Indian Traditional Legal Knowledge

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**Abstract—** Artificial Intelligence is actively changing modern legal systems by automating research, predicting outcomes, and improving judicial efficiency. In India, where the legal framework has its roots in ancient knowledge of Dharma, customs, and jurisprudence, the integration of Artificial Intelligence provides both opportunities as well as challenges. Indian traditional legal knowledge is based on a framework of ethical reasoning, equity, rights, duties, and justice, as found in the ancient texts like Dharmashastras, Manusmriti, Arthashastra, and various customs. This heritage is in contrast with the modern AI models that mainly rely on algorithms that are data driven, reasoning, probabilities, and pattern recognition. The legal system in India can be benefited in several ways from blending AI with traditional legal knowledge. AI tools can help digitize, preserve, and analyze ancient legal scripts, leading to a deeper understanding of traditional norms and supporting comparative scholarship. The Courts can adopt culturally sensitive methods by using machine learning models to identify patterns in customary dispute resolution, such as Panchayats. However, traditional Indian values like Nyaya's focus on reasoned justice, the idea of Dharma as a moral obligation, and concepts like Vasudhaiva Kutumbakam can help guide the development of ethical AI by emphasizing justice, peace, and community welfare. Nonetheless, there are challenges when algorithmic decision-making intersects with traditional diversity, caste-based norms, undocumented practices, and the morals tied to ancient texts. Issues like data bias, misunderstandings of context, and conflicts between written law and living traditions need careful management. To connect Indian traditional legal philosophy with AI, we need research from various fields, datasets that consider culture, and clear guidelines for how algorithms function. Combining indigenous jurisprudence with modern AI could create a more inclusive, ethical, and context responsive legal system for India.

**Keywords-** *Artificial Intelligence; Indian Legal Tradition; Dharma; Customary Law; Judicial Technology; Legal Ethics; Algorithmic Bias; Nyaya Philosophy; Digital Preservation; Indigenous Jurisprudence.*

### Artificial Intelligence and Indian Traditional Legal Knowledge

#### Introduction

The rapid development of Artificial Intelligence (AI) is transforming legal systems around the world. Today, AI supports legal research, processes large volumes of data, predicts case outcomes, and even assists judges in decision-making. In India, this technological growth interacts with a long and rich legal heritage shaped by ancient philosophy, cultural values, and ethical principles. Indian legal thought draws heavily from the *Dharmashastras*, *Manusmriti*, *Arthashastra*, and customary practices, all of which emphasize justice based on moral duty, social balance, and collective welfare.

Artificial intelligence mechanisms, however, function through information, data, algorithms, and pattern recognition. Bringing these

modern tools into a legal framework shaped by *Dharma* creates both opportunities and challenges. AI can help in digitizing ancient texts, preserve traditional knowledge, and offer new different ways of studying custom related dispute resolution systems like *Panchayats*. At the same time, Indian values like *Nyaya* and *Dharma* can guide the development of a morally and socially responsible AI.

However combining AI with traditional legal diversity is not simple. Issues such as biased data, cultural misunderstanding, caste related complications, and varied interpretations of ancient texts raise important concerns. This paper will explore how interdisciplinary research, culturally sensitive datasets, and strong ethical guidelines can help connect Indian legal philosophy with emerging AI technologies, leading to a legal system that is more inclusive, ethical, and sensitive to India’s social context.

### Indian Traditional Legal Knowledge

Indian traditional legal knowledge is grounded in ancient moral and philosophical ideas that prioritize justice, duty, and social harmony. Early legal thought developed through texts like the *Dharmashastras*, *Manusmriti*, *Arthashastra*, and regional customs. These sources viewed law not just as written rules but as a system guided by *Dharma*, which promotes moral behavior, responsibility, and the well-being of society.

Systems like *Nyaya* provided structured reasoning and principles of evidence, while community-based bodies such as *Panchayats* offered flexible and context-based dispute resolution. Indian legal tradition recognizes both rights and duties, balancing individual interests with community welfare. Unlike fully codified systems, it evolved through lived experience, ethical teachings, oral traditions, and cultural diversity.

### Artificial Intelligence And Modern Legal Knowledge

AI represents a modern and technology-driven approach to legal work. It uses algorithms, data analytics, and computational tools to analyze legal documents, assist in research, review contracts, and predict case outcomes. In contrast to traditional legal thinking, AI focuses on objectivity, speed, and consistency by relying on data-based reasoning.

AI improves access to precedents, reduces delays, and helps legal professionals work more efficiently. Courts can use AI to study trends in judgments, identify inconsistencies, and evaluate the effects of certain laws. This creates a more scientific, evidence-based approach to justice that prioritizes accuracy, efficiency, and technological progress.

### Contrast

Although both aim to promote justice, Indian traditional legal knowledge and AI-based modern legal knowledge differ in major ways:

Traditional Knowledge	AI-Driven Modern Knowledge
Based on Dharma, ethics, and duties	Based on data, algorithms, and probabilities
Promotes unity and community values	Focuses on standard and uniform outcomes
Applied case-by-case and culturally rooted	Universal, neutral, and codified in data

Depends on oral traditions and customs	Depends on written, digital, and structured data
Justice through equity and moral reasoning	Justice through efficiency and procedures

Traditional law relies on values and lived experiences, while AI relies on data and logic. This creates a gap between moral insight and machine inference.

### Benefits of Combining Modern AI and Indian Traditional Legal Knowledge

Merging AI with India’s traditional legal wisdom offers several advantages:

1. Preserving Ancient Knowledge: AI can digitize ancient manuscripts and oral traditions for future research.
2. Better Comparative Study: Machine learning can help analyze patterns in customary dispute resolution.
3. More Inclusive Justice: Traditional ideas like *Nyaya* and *Dharma* can shape AI ethics to promote fairness and compassion.
4. Culturally Sensitive Law: AI can help courts understand local customs and support community-based models like *Panchayats*.
5. Ethical Frameworks: Concepts such as *Vasudhaiva Kutumbakam* promote global moral values that can guide responsible AI systems.

### Challenges

Integrating AI with traditional legal systems involves several difficulties:

1. Data Bias and Incomplete Records: Many customs are undocumented, leading to gaps in AI training data.
2. Cultural Misinterpretation: Algorithms may misunderstand local practices without proper cultural context.
3. Conflicting Values: Some ancient norms reflect outdated social hierarchies that modern law rejects.
4. Ethical Concerns: AI decisions without human judgment may overlook moral subtleties present in Indian jurisprudence.

### Solutions to Connect Indian Traditional Legal Philosophy with AI

To meaningfully integrate AI with India’s traditional legal wisdom, the following steps are essential:

1. Develop Culturally Informed Datasets: Data must include oral histories, customs, and regional practices.
2. Create Ethical AI Frameworks Based on Dharma and Nyaya: These principles can guide fairness, welfare, and responsibility in algorithms.
3. Encourage Interdisciplinary Collaboration: Legal experts, engineers, sociologists, and anthropologists must work together.
4. Adopt Human-Centered AI Design: AI should support and not replace judicial reasoning.
5. Establish Clear Legal Standards: Guidelines must define how AI can be used in courts while preserving judicial autonomy.
6. Digitize Traditional Knowledge: Systematic digitization of ancient texts will help build a strong base for future research.

### Conclusion

The interaction between AI and India’s traditional legal heritage creates a unique opportunity to build a legal system that respects

cultural values while embracing modern innovation. AI offers speed, accuracy, and efficiency, while traditional jurisprudence adds moral insight, community focus, and cultural understanding. Together, they can form a legal framework that is technologically advanced yet ethically grounded.

To achieve this balance, ethical awareness, cultural sensitivity, and strong policy guidelines are essential. With interdisciplinary research and responsible AI design, India can create a legal system that honors its heritage while preparing for the future, setting an example for other nations seeking harmony between tradition and technology.

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## NEP 2020, Indian Knowledge Systems, and Artificial Intelligence: Transforming Education for the Future

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**Abstract—** The National Education Policy (NEP) 2020 marks a significant reform in the Indian education system, aiming to establish a holistic, inclusive, flexible, and multidisciplinary learning framework. Alongside this policy vision, Indian Knowledge Systems (IKS) emphasize the preservation and integration of India's traditional and indigenous knowledge, while Artificial Intelligence (AI) introduces innovative approaches for personalized, data-driven, and inclusive education. This paper explores the interrelationship between NEP 2020, IKS, and AI in transforming education for the future. It examines policy objectives, pedagogical implications, innovative teaching–learning strategies, benefits, challenges, and ethical concerns. The study concludes that a balanced integration of NEP 2020, IKS, and AI can contribute to the development of a future-ready education system that is culturally rooted, equitable, and globally competitive.

**Keywords—** NEP 2020; Indian Knowledge Systems; Artificial Intelligence; Educational Transformation; Digital Education

### Introduction

Education plays a crucial role in national development and social transformation. In the Indian context, the National Education Policy 2020 introduces a learner-centric, flexible, and competency-based approach to education. The policy emphasizes multidisciplinary learning, creativity, critical thinking, experiential learning, and the effective use of technology across all levels of education. Simultaneously, NEP 2020 highlights the importance of Indian Knowledge Systems (IKS) for preserving cultural heritage, ethical values, and indigenous wisdom. Artificial Intelligence (AI), as an emerging technology, supports the objectives of NEP 2020 by enabling personalized learning, enhancing access, and strengthening educational planning and governance.

### Vision and Objectives of National Education Policy 2020

The National Education Policy 2020 aims to transform India into a global knowledge society. Its major objectives include universal access to quality education, equity and inclusion, promotion of multilingualism, experiential and competency-based learning, and lifelong learning opportunities. The policy focuses on the holistic development of learners by integrating cognitive, emotional, ethical, and physical dimensions of education. NEP 2020 also advocates the extensive use of digital platforms and emerging technologies, including Artificial Intelligence, to bridge learning gaps and improve learning outcomes.



Figure 1: Conceptual Framework of NEP 2020

### Indian Knowledge Systems (IKS)

Indian Knowledge Systems represent a vast and diverse body of knowledge developed in India over thousands of years. These systems encompass philosophy, mathematics, astronomy, Ayurveda, yoga, agriculture, ecology, architecture, arts, and linguistics. IKS emphasizes experiential learning, sustainability, and harmony between humans and nature. Integrating IKS into modern education fosters cultural pride, ethical responsibility, interdisciplinary thinking, and contextual understanding. Digitization and systematic documentation of IKS are essential for their preservation and effective inclusion in contemporary curricula.

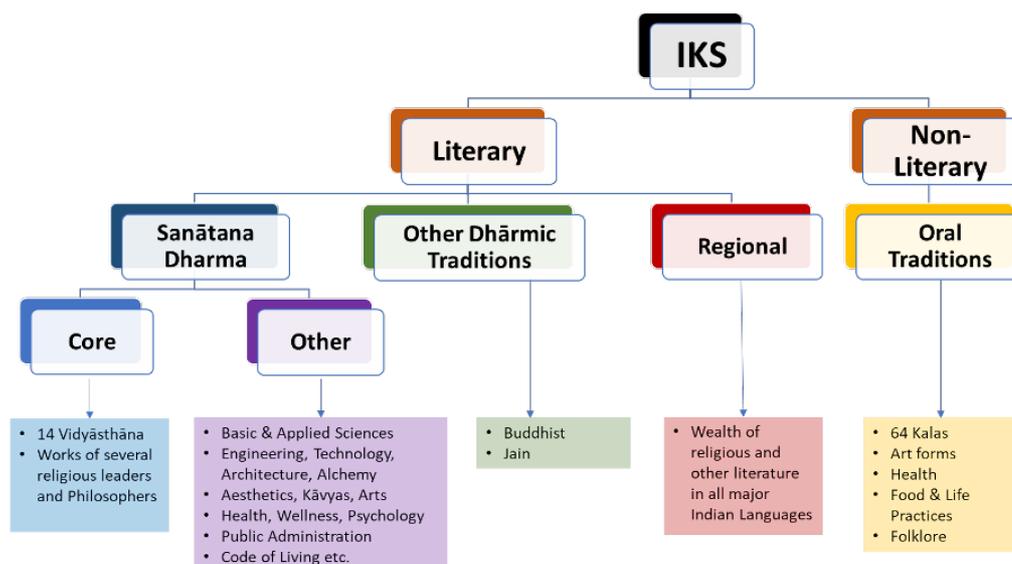
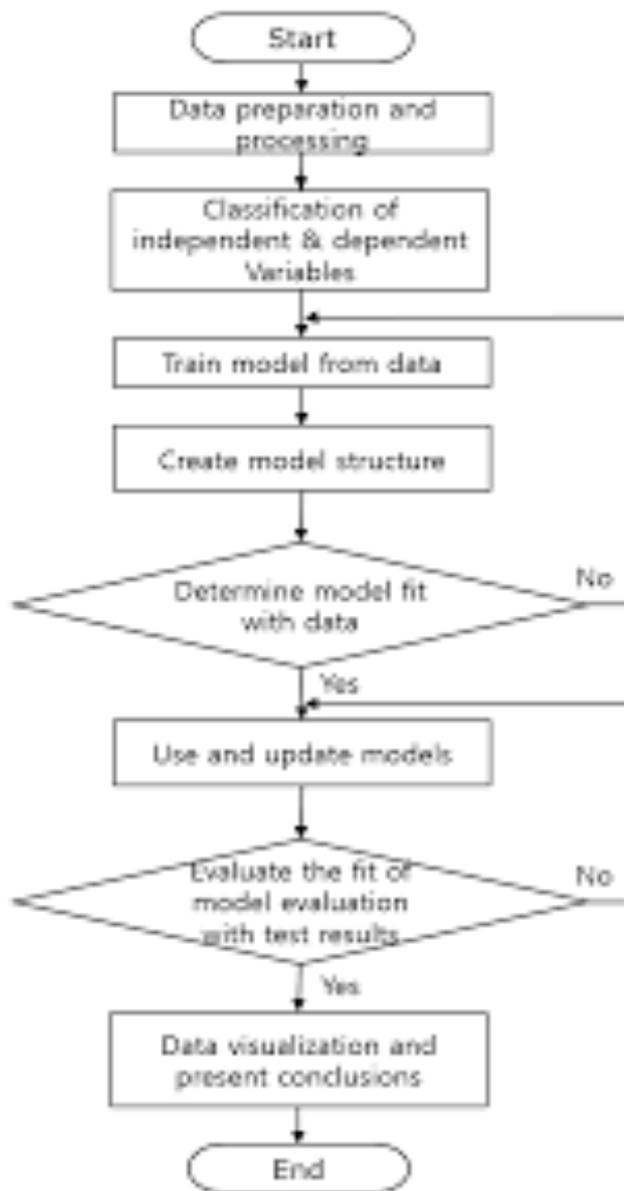


Figure 2: Components of Indian Knowledge Systems (IKS)

**Role of Artificial Intelligence in Education**

Artificial Intelligence has emerged as a transformative force in the field of education. AI-based applications include intelligent tutoring systems, adaptive learning platforms, automated assessments, learning analytics, and personalized feedback mechanisms. AI supports diverse learners by offering customized learning pathways and multilingual content. For teachers, AI assists in lesson planning, classroom analytics, assessment design, and professional development. These applications align closely with the learner-centered and technology-enabled vision of NEP 2020.



**Figure 3:** Role of Artificial Intelligence in Education

**Integration of NEP 2020, IKS, and Artificial Intelligence**

The integration of NEP 2020, Indian Knowledge Systems, and Artificial Intelligence creates a balanced and future-oriented educational framework. NEP 2020 provides policy direction, IKS offers cultural and ethical grounding, and AI ensures efficiency, scalability, and personalization. Digital repositories, AI-driven knowledge networks, and interactive platforms can contextualize

traditional knowledge within modern curricula. This integration supports experiential learning, inquiry-based education, and competency-based assessment.

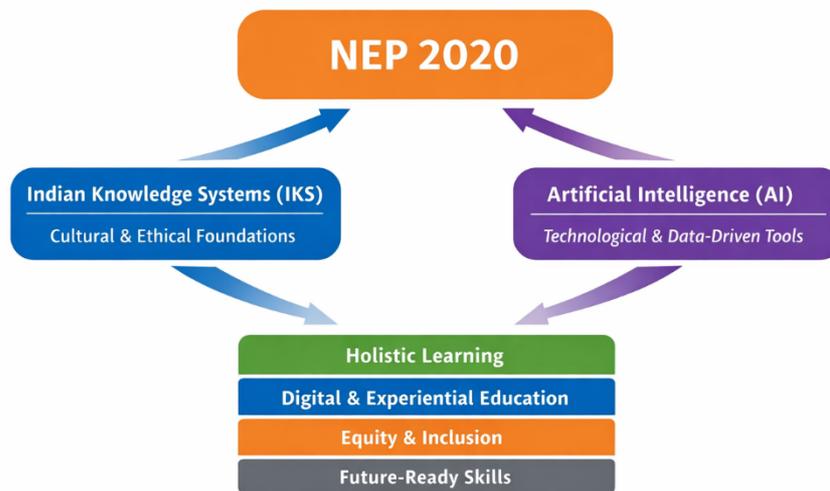


Figure 4: Integrated Model of NEP 2020, IKS and AI

### Innovative Teaching–Learning Practices

Innovative teaching–learning practices are essential for implementing the integrated framework. These include AI-supported flipped classrooms, intelligent tutoring systems, project-based learning using IKS themes, adaptive assessments, and experiential learning approaches. Virtual laboratories, simulations, and AI-generated educational content enhance learner engagement and deepen conceptual understanding. Such practices promote creativity, collaboration, and critical thinking among students.

### Role of Teachers and Professional Development

Teachers play a central role in the successful implementation of NEP 2020. AI-based professional development platforms support teachers through personalized training modules, instructional analytics, and access to digital resources. Continuous capacity building is necessary to enable teachers to integrate AI tools and Indian Knowledge Systems effectively into classroom practices. Teacher autonomy, innovation, and reflective practice are essential for meaningful educational transformation.

### Benefits of the Integrated Approach

The integration of NEP 2020, IKS, and AI offers several benefits, including personalized learning experiences, inclusive education, preservation of cultural heritage, improved teacher effectiveness, and enhanced institutional governance. Students develop critical thinking skills, creativity, ethical awareness, and readiness for future careers. Educational institutions benefit from data-driven decision-making and improved administrative efficiency.

### Challenges and Ethical Concerns

Despite its potential, the integration of AI and Indian Knowledge Systems in education faces multiple challenges, such as the digital divide, inadequate infrastructure, lack of digital literacy, data privacy concerns, algorithmic bias, and resistance to change. Ethical considerations related to transparency, fairness, accountability, and responsible use of AI are essential to ensure equity and trust in education. Strong policy frameworks, inclusive infrastructure, and continuous teacher training are required to address these challenges.

### Conclusion

The convergence of NEP 2020, Indian Knowledge Systems, and Artificial Intelligence has the potential to transform the Indian education system. By blending traditional wisdom with modern technology, India can develop an education system that is inclusive, innovative, culturally grounded, and future ready. Strategic planning, ethical governance, continuous teacher capacity building, and equitable access to technology are crucial for realizing the vision of NEP 2020.

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# Harnessing Artificial Intelligence in Teacher Education: Examination of Ancient Indian Pedagogical Paradigms

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**Abstract—** This paper presents a critical analysis of the integration of Artificial Intelligence (AI) in teacher education, drawing upon the philosophical underpinnings of ancient Indian teaching traditions. Specifically, it examines how AI can be leveraged to enhance teacher training, improve learning outcomes, and promote personalized education, while also addressing potential challenges and limitations.

## Introduction

The advent of AI in education has precipitated a paradigm shift in teaching and learning. Ancient Indian pedagogical paradigms, such as the Guru-Shishya Parampara, offer valuable insights into effective teaching practices. This paper interrogates the intersections between AI and ancient Indian teaching traditions, highlighting the potential for AI to augment teacher education.

## Ancient Indian Teaching Traditions

- **Guru-Shishya Parampara:** A dyadic, personalized teaching approach, where the guru (teacher) tailors instruction to the shishya's (student's) cognitive and affective needs.
- **Socratic Method:** Similar to the Indian tradition of "vada-viva" (question-answer), this method encourages critical thinking and dialectical inquiry.
- **Emphasis on Self-Directed Learning:** Ancient Indian texts, such as the Upanishads, emphasize the importance of self-directed learning and introspection.

## AI in Teacher Education

- **Personalized Professional Development:** AI can facilitate customized learning plans for teachers, addressing their individual needs and goals through machine learning algorithms and natural language processing.
- **Intelligent Tutoring Systems:** AI-powered systems can provide one-on-one support to teachers, simulating the Guru-Shishya Parampara through adaptive assessments and real-time feedback.
- **Data-Driven Instruction:** AI can help teachers analyze student data, identify areas of improvement, and develop targeted interventions using predictive analytics and data visualization.

## Benefits

- **Improved Teacher Effectiveness:** AI can enhance teacher training, leading to better learning outcomes and increased student achievement.
- **Increased Personalization:** AI can help teachers tailor instruction to individual students' needs, abilities, and learning styles.
- **Enhanced Student Engagement:** AI-powered tools can make learning more interactive and engaging, promoting deeper learning and motivation.

### Challenges and Limitations

- **Equity and Access:** Ensuring equal access to AI-powered tools and internet connectivity, particularly in marginalized communities.
- **Teacher Training:** Providing teachers with the necessary skills to effectively integrate AI and address potential biases.
- **Bias and Ethics:** Addressing potential biases in AI systems and ensuring ethical use, transparency, and accountability.

### Conclusion

The integration of AI in teacher education has the potential to revolutionize teaching practices, informed by ancient Indian pedagogical paradigms. By leveraging AI, we can enhance teacher effectiveness, promote personalized learning, and improve student outcomes. However, this requires a critical examination of the challenges and limitations, ensuring that AI is used responsibly and equitably.

### Recommendations

- Develop AI-powered tools that incorporate principles from ancient Indian teaching traditions, such as personalized instruction and self-directed learning.
- Provide teachers with training and support to effectively integrate AI, addressing potential biases and ensuring ethical use.
- Address equity, access, and bias concerns to ensure AI benefits all students, particularly those from marginalized communities.

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## Indic Foundations of Mathematical, Astronomical, and Computational Sciences

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**Abstract—** This paper examines the foundational contributions of ancient Indian scholars to the global scientific landscape, specifically within mathematics, astronomy, and the emerging conceptual framework of computational thinking. By analysing primary texts such as the *Vedas*, *Sulbasutras*, and the works of the Kerala School, this study identifies how Indic knowledge pre-dated and influenced Western scientific developments. Key findings highlight the decimal place-value system, the formalization of zero, and early algorithmic logic as precursors to modern computation.

### Introduction

The history of science has often been viewed through a Eurocentric lens, frequently marginalizing the rigorous scientific traditions of the Indian subcontinent. However, Indic knowledge systems represent a continuous tradition of inquiry that integrated spirituality, logic, and empirical observation. This paper explores how ancient Indian breakthroughs provided the "mechanical tools" necessary for the eventual democratization and expansion of global mathematics and science.

The development of these sciences was not isolated but deeply intertwined with the social and ritualistic life of the civilization. From the construction of intricate fire altars to the calculation of celestial cycles for agriculture and navigation, mathematics and astronomy were practical necessities as much as they were philosophical pursuits.

### Mathematical Innovations: The Language of Computation

#### The Concept of Zero and the Decimal System

Ancient India's most significant gift to modern science is the decimal place-value system and the concept of zero (*Shunya*). While other cultures used placeholders, Indian mathematicians like Brahmagupta (7th century) were the first to treat zero as a number in its own right, defining its arithmetic properties (e.g.).

The Bakhsh Ali Manuscript (dating as early as the 3rd century CE) provides archaeological evidence of the use of zero. This positional notation, which uses only ten symbols (0-9) to represent any value, revolutionized arithmetic. It allowed for the manipulation of massive numbers, which Indian scholars used for everything from cosmic time cycles (*Yugas*) to infinitesimal calculations.

#### Vedic Mathematics and Geometry

Rooted in the *Vedas*, this system emphasizes mental agility and "quick mental calculation tricks" that remain computationally efficient today. The *Sulbasutras* (c. 800 BCE) provided geometric rules for altar construction. Notable findings include:

- **The Pythagorean Theorem:** Stated by Boudhayan centuries before Pythagoras, describing the relationship between the diagonal and sides of a rectangle.
- **Approximation of:** The *Sulbasutras* provide a value for accurate to five decimal places.
- **Circling the Square:** Methods for constructing a circle with an area equal to a given square, a problem that fascinated later Greek mathematicians.

## Astronomical Models and Celestial Mechanics

Indic astronomy was characterized by a drive for *drg-ganitaikya*—the identity of the "seen" (observed) and the "computed".

### 1. Heliocentricity and Earth's Rotation

**Aryabhata** (5th century CE) was a visionary who proposed that the Earth rotates on its axis. He suggested a heliocentric-like framework for planetary motion and correctly identified that the Moon and planets shine by reflected sunlight. His work, the *Aryabhatiya*, marks the transition from primitive observation to competent algebraic astronomy.

### 2. The Surya Siddhanta

Often called the "manual of astronomy," this text (variously dated from 400 CE to much earlier) provides remarkably accurate calculations:

- **Earth's Diameter:** Estimated at 1,600 *Yojanas* (~12,800 km), which is incredibly close to the modern value of 12,756 km.
- **Sidereal Year:** Calculated the length of the year as 365.2563627 days, differing from the modern value by only a few minutes.
- **Eclipses:** Provided mathematical algorithms to predict the timing and duration of solar and lunar eclipses with high precision.

## The Kerala School: Precursors to Calculus

Between the 14th and 16th centuries, the Kerala School of Mathematics, founded by Madhava of Sangamagrama, made breakthroughs that anticipated European calculus by nearly 300 years.

- **Infinite Series:** Madhava discovered the power series for sine, cosine, and arctangent (the Madhava-Gregory series).
- **Approximation of:** He calculated the value of  $\pi$  to 11 decimal places ( $\pi \approx 3.14159265359$ ).
- **Calculus Concepts:** The school utilized methods of integration and differentiation to calculate the area under a curve and the instantaneous motion of planets.

## Computational Thinking and Algorithmic Logic

Computational thinking (CT) involves abstraction, decomposition, and algorithm design—elements deeply embedded in ancient Indian logic and linguistics.

### 1. Panini's "Software Engine"

**Panini's *Ashtadhyayi*** (c. 4th century BCE) is the world's first formal system of logic. It consists of 4,000 concise rules (*Sutras*) that function like a programming language to generate every valid Sanskrit word.

- **Recursion:** Panini used rules that call themselves, a fundamental concept in modern coding.
- **Meta-rules:** He developed rules that govern how other rules are applied, similar to the priority logic in modern operating systems.
- **Backus-Naur Form (BNF):** Modern computer scientists have noted that the notation used to describe programming languages today is almost identical to Panini's notation.

## 2. Pingala and Binary Logic

Pingala's *Chanda Sastra* (c. 3rd century BCE) utilized short (*Laghu*) and long (*Guru*) syllables to represent a binary system.

- **Combinatorics:** He provided algorithms to find all possible combinations of meters, effectively creating a 0/1 binary matrix.
- **Pascal's Triangle:** Known as *Meru Prastara* in India, this was used to calculate binomial coefficients centuries before Blaise Pascal.

## Conclusion

The legacy of Indic knowledge is functional and foundational. From the binary logic of Pingala to the algorithmic rigor of the Kerala School, ancient Indian scholars laid the groundwork for the digital age. Recognizing these contributions is essential for a historically accurate understanding of global science.

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## गीताश्री के कथा साहित्य में ग्रामीण संवेदना

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### सारांश

गीताश्री नई कहानी आंदोलन की प्रमुख लेखिका है उन्होंने अपने कथा साहित्य में स्त्री-जीवन, पारिवारिक विघटन, सामाजिक विषमताओं और वर्ग भेद को मार्मिक रूप से चित्रित किया है। उनके कथा-साहित्य ग्रामीण पृष्ठभूमि पर केन्द्रित है जिनमें ग्रामीण समाज की समस्याएँ, पीड़ा, शोषण और मानवीय सम्बन्धों की जटिलता स्पष्ट रूप से दिखाई देती है। संवेदना शब्द से अभिप्राय भावों के द्वारा व्यक्त की गई अनुभूतियों से है जैसे करुणा, भय, प्रेम, निराशा, कुंठा, क्रोध आदि। गीताश्री ग्रामीण जीवन की नस-नस से परिचित है। ग्रामीण लोगों की छोटी-छोटी खुशियाँ, रहन-सहन, रीति-रिवाज, मन-मुटाव, जीवन-मूल्यों, संस्कृति, रिश्ते-नातों का बंधन, ग्रामीण लोकभाषा, किसानों के संघर्ष, आदि को लेकर उनका ज्ञान और अनुभव असीम है। ग्रामीण संवेदना की बात तो हिन्दी के अनेक साहित्यकारों ने अपने साहित्य में किया है लेकिन गीताश्री का ढंग ही अलग है साहित्यकार एक जागरूक व संवेदनशील प्राणी होता है। अपने युग की सामाजिक, राजनीतिक, आर्थिक व सांस्कृतिक परिस्थितियों से अलग होकर रचना कर पाना उसके लिए अत्यंत कठिन कार्य है। ये सभी परिस्थितियां प्रत्यक्ष तथा अप्रत्यक्ष रूप से साहित्य सृजन की प्रेरणा देती है। गीताश्री ने अपनी कथा साहित्य में ग्रामीण लोक घटनाओं को अपनी रचनाओं का कथानक बनाया है।

**मूल शब्द :-** ग्रामीण संवेदना, सामाजिक, आर्थिक, सांस्कृतिक, राजनीतिक।

### प्रस्तावना

समकालीन हिन्दी साहित्य की कथाकार गीताश्री ने अपने कथा साहित्य में स्त्री चेतना, मनोवैज्ञानिक अंतर्द्वंद्व और सामाजिक सशक्त यथार्थ के साथ-साथ ग्रामीण जीवन और उसकी संवेदनाओं को भी अत्यंत प्रभावशाली ढंग से प्रस्तुत किया है। उनकी कथा साहित्य केवल शहरी या बौद्धिक वर्ग तक सीमित नहीं है, बल्कि गाँव की परम्पराओं और स्त्रियों की पीड़ा तथा संघर्ष को गहराई से उजागर करती है। ग्रामीण लोगों की छोटी-छोटी खुशियाँ मन-मुटाव, ईर्ष्या-द्वेष, जीवन-मूल्य, रहन-सहन, संस्कृति, रीति-रिवाज, संस्कार, मान-मर्यादा, रिश्ते-नातों का बंधन, ग्रामीण लोकभाषा, कृषक संघर्ष आदि को लेकर गीताश्री का ज्ञान और अनुभव असीम है। गीताश्री के कथा साहित्य में ग्रामीण जीवन के यथार्थ को दर्शाने के साथ-साथ, सामाजिक समस्याओं, नारी

शोषण और आर्थिक असमानता जैसे मुद्दों पर प्रकाश डाला है। गीताश्री ने समाज के सभी पहलुओं पर दृष्टिपात किया है। उन्होंने अपने साहित्य में सामाजिक, राजनीतिक, आर्थिक, धार्मिक, नैतिक, सांस्कृतिक सभी विषयों पर अपने विचार व्यक्त किये हैं।

### मुख्य भाग

#### गीताश्री के कथा साहित्य में ग्रामीण संवेदना के सामाजिक पक्ष :-

गीताश्री के कथा साहित्य में ग्रामीण संवेदनाओं का सामाजिक पक्ष एक महत्वपूर्ण और जटिल विषय है उनकी कथा साहित्य में ग्रामीण जीवन के यथार्थ को दर्शाने के साथ-साथ समाज में व्याप्त समस्याओं को उजागर किया है। गीताश्री ने अपने कथा-साहित्य में नारी चरित्र को अधिकाधिक गहराई के साथ चित्रित करने का प्रयास किया है। इनके स्त्री पात्र सदैव अपने अस्तित्व के लिए संघर्ष करती हुई दिखाई देती हैं वह संघर्ष से टूटती नहीं बल्कि और संगठित होकर समाज के सामने एक चुनौती बनकर खड़ी हो जाती है।

लेडीस सर्कल कहानी संग्रह की 'जीरो माइल' कहानी की मुख्य नारी पात्र राजमती है। राजमती की माँ सुबह से शाम तक टेलरिंग की दुकान में काम करती है। उसके पिता खेतों का काम करते आधी कमाई अपने दारू पीने में उड़ा देता। अपने तीनों भाइयों का देख-रेख राजमती स्वयं करती। मन-ही-मन तय करती है कि भाभी को अपनी शादी के लिए माँ पर दबाव बनवाएगी। "माई को क्यों मेरी जवानी नहीं दिख रही। अब क्या अपनी उम्र में करेगी मेरी शादी .....सोचते-सोचते हँस पड़ी।"<sup>1</sup>

शादी के बाद राजमती का पति शादी के कुछ दिन बाद काम करने के लिए विदेश चला जाता है। वहाँ से पैसा भेजता है लेकिन स्वयं नहीं आता है। माता-पिता से फोन पर बातचीत हो जाती थी लेकिन, राजमती से बात ही नहीं हो पाती थी। राजमती गुस्से में घर का कुछ काम नहीं करती न तो झाड़ू लगायी, न मसाला पीसा चूल्हा पूरा शांत पड़ा था। राजमती गुस्से में धुआँ- धुआँ होने लगती और कहती "ब्याह कर घर बैठा दिया खुद चले गए, उहाँ जाके एकदमे नीफिकिर हो गए, अइसे जीवन कटेगा का हमारा, कुछ पता ही नहीं चल रहा ....."<sup>2</sup> राजमती मन ही मन यह सोचती है की पता नहीं अब क्या होगा और वह उदास रहने लगती है उसी समय कुछ नारी जागरूकता (महिला सशक्तिकरण) की कुछ महिलाएं वहाँ से गुजरती हैं राजवती भी समाज सेविका के रूप में काम करने के लिए महिला सशक्तिकरण में शामिल हो जाती है।

वह मुकेश को धन्यवाद करती है की आपके वजह से अब मैं कुछ कर पाऊँगी मुझे पैसे के लिए किसी से हाथ नहीं फैलाना पड़ेगा। इतना कहकर वह वहाँ से चली जाती है और 'नारी सशक्तिकरण' में शामिल हो जाती है। राजवती शादी के पहले और शादी के बाद दोनों जिंदगी देख चुकी थी। पति विदेश में रहने की वजह से वह ससुर के सामने हाथ फैलाती थी। सास ससुर के साथ काफी कहाँ सुनी हो जाती थी इसलिए वह सामाजिक जागरूकता में अपना योगदान देते हुए महिला सशक्तिकरण में शामिल होकर ऐसे स्त्रियों की सुरक्षा करना चाहती थी जो मजबूर व लाचार हैं। गीताश्री आधुनिक हिन्दी साहित्य में अपना विशेष महत्व रखती है। जो अपने कथा साहित्य में सामान्य वर्ग से लेकर उच्च वर्ग की स्थिति एवं उसकी समस्याओं को अपनी रचनाओं में व्यक्त किया है। समाज के चेहरे पर लगे कलंक को समाज के सामने लाने और उस कलंक को समाज से उखाड़ फेंकने का प्रयास किया है।

सपनों की मंडी उपन्यास के अंतर्गत 'लापता भविष्य की तलाश' में ग्रामीण संवेदना के सामाजिक पक्ष दिखाई देते हैं। समाज के डर से माता-पिता कैसे अपने बच्चों का गला घोट देते हैं इस बात का चित्रण 'लापता भविष्य की तलाश' में किया गया है दिल्ली पुलिस ने झारखंड की 18 वर्षीय विश्वासी, 17 वर्ष की रेणुका एवं 13 वर्ष की नीलम आदिवासी लड़कियों को मानव तस्करो से मुक्त कराकर उनके माता-पिता के पास गाँव लाया गया तो वह उसे अपना नहीं चाहते न तो परिवार वाले और ना ही समाज वाले ऐसे लड़कियों की परिवार में स्थिति जटिल होती है, अक्सर उसे कलंकित किया जाता है। ऐसे लड़कियों को मानसिक आघात और अवसाद का भी सामना करना पड़ता है।

“एक अनुमान के मुताबित भारत में हर साल दो लाख से ज्यादा व्यक्ति मानव तस्करी के शिकार होते हैं। जिन्हें अनेक तरह के गलत धंधों में धकेला जाता है। तस्करी के शिकार में करीब 60 % महिलाएँ 18 साल से कम की होती हैं।”<sup>3</sup> जब लड़की कोठे से भागने में सफल होती है और अपने घर नेपाल वापस आती है तो उन्हें समाज से बहिष्कृत कर दिया जाता है। यह भी देखा गया की परिवार वाले बेटी बेचकर घर खरीदते हैं, लेकिन वहीं बेटी जब घर लौट आती है तो उनके लिए घर का दरवाजा बंद कर दिया जाता है। हमारे समाज में यह समस्या बहुत ही गंभीर समस्या है जो अपने ही बेटी को अपने ही घर से इसलिए बाहर निकाल देते हैं क्योंकि वह कोठे से होकर आयी है। ऐसे लड़कियाँ या तो आत्महत्या कर लेती है या मानसिक कुंठा से ग्रसित हो जाती है। आर्थिक आवश्यकता, शोषण, नैतिक और कानूनी पहलू सभी इस मुद्दे के विभिन्न दृष्टिकोणों को दर्शाते हैं।

उपन्यास ‘सामा-चकवा’ में गीताश्री ने द्वापर युग में मथुरा एवं द्वारिका का सामाजिक चित्रण को अभिव्यक्त किया है। इस उपन्यास में द्वापर युग की सामाजिक, पारिवारिक जीवन एवं महिलाओं की स्थिति को उजागर किया है। उपन्यास में पिता-पुत्र के संबन्धों का विघटन, दाम्पत्य जीवन में तनाव और स्त्री-पुरुष संबन्धों में संघर्ष को भी दर्शाया गया है। कृष्ण के पुत्र साम्ब द्वारा मदिरा सेवन कर ऋषि से श्राप ग्रसित होना। मदिरा मिलने की खुशी में सभी मित्र झूमने लगते हैं। मदिरा पीकर सभी मदमस्त हो जाते हैं। साम्ब ने बभ्रु की पगड़ी उतारकर, उसे साड़ी की तरह लपेट लिया और स्त्री बनकर टुमकने लगा। उस वन में कुछ ऋषि मुनि आए हुए थे साम्ब और उनके मित्र ऋषि मुनियों की परीक्षा लेना चाह रहे थे। सभी मित्र परीक्षा लेने के लिए सहमत हो गए। साम्ब ने खाली मटकी फोड़ा और अपने पेट पर बांध लिया और ऊपर से साड़ी को लपेट लिया वह गर्भवती स्त्री की तरह दिखाई दे रहा था। साम्ब के पेट पर बंधी मटकी पर सबने ताल ठोकी .. “वाह गर्भिणी एकदम सच्ची-मुच्ची की लग रही..”<sup>4</sup>

साम्ब ने लंबा घूँघट निकाला, बभ्रु की पत्नी बन कर सभी मित्रों के साथ ऋषि के पास जा पहुंचे, ऋषि मुनियों से हाथ जोड़कर नकली गंभीरता से पूछे - “ऋषियों, यह कजरारे नैनों वाली बभ्रु की पत्नी है और गर्भवती है। यह कुछ पूछना चाहती है लेकिन सकुचाती है। इसका प्रसव समय निकट है, आप सर्वज्ञ हैं। बताइए, यह कन्या जन्म लेगी या पुत्र?”<sup>5</sup> ऋषियों को इस मजाक पर क्रोध आ गया जिसमें कश्यप ऋषि ने श्राप दे दिया – “श्री कृष्ण का पुत्र साम्ब, वृष्णि और अंधकवंशी पुरुषों का नाश करने के लिए लोहे का एक विशाल मूसल उत्पन्न करेगा। केवल बलराम और श्रीकृष्ण पर उसका वश नहीं चलेगा। बलरामजी स्वयं ही अपने शरीर का परित्याग करके समुद्र में प्रवेश कर जाएंगे और श्रीकृष्ण जब भूमि पर शयन कर रहें होंगे, उस समय जरा नामक व्याध उन्हें अपने बाणों से बीध देगा।”<sup>6</sup> मुनियों का यह श्राप सत्य साबित हुआ।

सामा-चकवा उपन्यास में गीताश्री ने द्वापर युग की सामाजिक चित्रण को बहुत ही अच्छे से प्रस्तुत किया है। द्वापर युग में समाज में व्याप्त विभिन्न विमर्श, सांप्रदायिकता एवं ऋषि मुनियों का क्रोध आदि को उजागर किया है साथ ही सामाजिक नियमों का उलंघन एवं दोहरे मापदण्डों पर भी प्रहार किया है। सामाजिक हिंसा के कारण द्वारिका नगरी का विघटन और मानव मूल्यों के पतन को दर्शाया गया है। युवावस्था में होने वाले मानसिक बदलाओं के साथ-साथ सामाजिक अपेक्षाओं और अनुभवों को भी इस उपन्यास में दर्शाया गया है। समाज में रिश्तों में आती हुई दरार जहां रिश्तो से ज्यादा मदिरा में मस्त रहना, पिता-पुत्र के बीच मतभेद को बताया गया है। गीताश्री की उपन्यास ‘सामा-चकवा’ में इन सभी सामाजिक पहलुओं को गहराई से चित्रित किया गया है।

गीताश्री के कथा साहित्य में ग्रामीण संवेदना के आर्थिक पक्ष

सपनों की मंडी उपन्यास के अंतर्गत ‘मेरे घर में ‘पारों’ ’ में ग्रामीण संवेदना के आर्थिक पक्ष दिखाई देते हैं। घर में काम करने वाली बाई जो दो वर्ष से लगातार काम कर रही थी, न ज्यादा कुछ बोलती थी और न ही कुछ सुनना चाहती थी। उसने अपना नाम यमुना बताया था पास के ही खोड़ा गाँव में रहती थी उसकी उम्र लगभग 35 वर्ष की थी। एक सुबह वह देर से आयी। और दरवाजे के बाहर ही रोने लगी मालकिन द्वारा पूछने पर बताया की विजय का कही कुछ पता नहीं चल रहा है वो कहाँ है कैसे है? वह अपनी जिंदगी के पत्ते पलटने लगी जीवन में घटी घटनाओं को उजागर करने लगी।

ग्रामीण अर्थव्यवस्था, गरीबी और बेरोजगारी की समस्याओं के चलते यमुना के माता-पिता अपनी ही बेटी का सौदा कर देते हैं। यमुना जब 15 साल की थी तभी माता-पिता द्वारा हरियाणा के बूढ़े अपंग व्यक्ति के हाथों बेच दिया गया। यमुना नहीं जानती थी कि उसके किस्मत की रेखा किधर मुड़ने वाली है। माँ-बाप गरीब थे। कुछ पैसों की लालच में अपनी बेटी को दुल्हन की तरह सजाकर उस बूढ़े व्यक्ति के साथ भेज देता है।

यमुना जब हरियाणा पहुंची तो एक महिला ने उससे आकर कहा कि तुम्हारे दो पति होंगे एक यह बूढ़ा और दूसरा जवान विजय। यहाँ यही चलन है एक दुल्हन कई भाइयों की पत्नी होती है। तुझे भी बनना पड़ेगा। तुझे तेरे माँ-बाप से खरीद कर लाए है। रोज बूढ़ा व्यक्ति ही आता था। कुछ दिनों बाद यमुना के दुसरे पति विजय का आगमन हुआ विजय जवान था दिखने में सुंदर था दोनों को एक दूसरे से प्रेम हो गया। विजय यमुना को गाँव से भगाकर दिल्ली ले आए। दिल्ली आने के बाद गाँव में उनके लिए पाबंदी लगा दी गई संपत्ति से बेदखल कर दिया गया। घर चलाने के लिए यमुना घरों में छोटे-मोटे काम करने लगे। अपने पसंदीदा पति विजय के साथ यमुना खुश रहने लगी थी। लेकिन अचानक विजय के गायब हो जाने से वह बहुत परेशान हो जाती है। गीताश्री यह बताना चाहती है कि गाँवों में आर्थिक संसाधनों का असमान वितरण किस प्रकार से सामाजिक शोषण को जन्म देता है। पूँजी और जमीन का स्वामित्व कुछ वर्गों के पास केन्द्रित है, जिससे निचले तबकों को आजीविका के लिए संघर्ष करना पड़ता है।

'सपनों की मंडी' उपन्यास के अंतर्गत 'एक रानी देखती है सपने' की मुख्य नारी पात्र रानी हाँग है रानी हाँग के परिवार में माता-पिता, एक भाई और चार बहने थी। जब रानी हाँग 7 वर्ष की थी तभी पिता जी ऐसे बीमार पड़े कि घर में खाने के लिए कुछ नहीं था। तभी एक महिला ने आकर माँ से कहा कि ऐसी मुश्किल घड़ी में इतने बच्चों का पेट कैसे पालोगी, अगर तुम चाहो तो एक बच्चे का बोझ मैं उठा सकती हूँ। वह महिला पालने का झासा देकर रानी हाँग को ले आई। माँ महिला पर विश्वास करके उसके साथ भेज दिया लेकिन वह महिला ह्यूमन ट्रेफिकिंग रैकेट का हिस्सा थी एक बस में बिठाकर तमिलनाडु ले गयी, जहाँ रानी हाँग को चाइल्ड ब्रोकर्स के हाथ बेच दिया। गरीबी, लाचारी और मजबूरी के चलते कैसी-कैसी साजिश रची जाती है। आर्थिक स्थिति सही नहीं होने की वजह से माता-पिता के साथ-साथ बच्चों को भी कई मुश्किलों का सामना करना पड़ता है। रानी हाँग कि तरह देश में ऐसे कई लड़कियाँ हैं जो तस्करों के माध्यम से बदनाम बस्तियों में पहुँचा दिये जाते हैं। गरीबी, भुखमरी और बेरोजगारी जैसी समस्याओं के कारण लड़कियों की जिंदगी कितनी नरक हो जाती है। "पश्चिमी उत्तर प्रदेश में लड़कियों की जन्म दर में कमी आयी है, इसलिए यहाँ पर महिलाओं की खरीदी-विक्री का धंधा बढ़ता जा रहा है। मानव तस्करी से जुड़ा यह भी एक सच है कि दिल्ली में एक दर्जन से भी अधिक स्थानों से नेपाल, बिहार, बंगाल, झारखंड तथा अन्य प्रदेशों से लायी गयी लड़कियों को मात्र 15 से 20 हजार में खरीदा जाता है। दिल्ली में यह सब प्लेसमेंट एजेंसियों के माध्यम से होता है। झारखंड और छत्तीसगढ़ जैसे राज्यों से लड़कियों को रोजगार और नौकरी का लालच देकर लाते हैं और उन्हें बेच देते हैं।" गीताश्री कि कथा साहित्य यह दिखाती है कि ग्रामीण परिवारों के पास जमीन नहीं होती, जिससे उनका आर्थिक शोषण होता है।

### गीताश्री के कथा साहित्य में ग्रामीण संवेदना के राजनीतिक पक्ष

किसी भी समाज की राजनीतिक को जानने के लिए सर्वप्रथम उस देश या समाज की राजनीतिक व्यवस्था का विश्लेषण करना अति आवश्यक है। गीताश्री की कहानियाँ केवल स्त्री केन्द्रित तक ही सीमित नहीं हैं। स्त्री की समस्याओं, विडंबनाओं, उलझनों के अलावा उन्होंने एक जागरूक रचनाकार की दृष्टि से समाज और राष्ट्र को लचर बनाने वाली व्यवस्था पर भी ध्यान दिया है।

गीताश्री की उपन्यास 'हसीनाबाद' यथार्थवादी उपन्यास है। आज के राजनीतिक जीवन में आई मूल्यहीनता, तिकड़मबाजी और साजिश का चित्रण करने वाला उपन्यास है। आज की राजनीति ने जीवन को अर्थहीन और विषमयुक्त बना दिया है। गीताश्री ने हसीनाबाद उपन्यास में इसी राजनीति का वर्णन किया है। 'हसीनाबाद' उपन्यास में बदलते जीवन पर प्रकाश डाला गया है। इस उपन्यास में गीताश्री ने एक विशेष राजनीतिक जीवन को हूँड निकालने का प्रयास किया है। 'हसीनाबाद' महोत्सव के नाम से रज्जो प्रोजेक्ट लेकर गोलमी के पास आती है। गोलमी मंत्री पद का कार्य भार सम्हाल

रही थी | रज्जो के साथ एक अंजान व्यक्ति भी आया था | उस आदमी ने गोलमी की तरफ आगे बढ़ते हुए कहा “जी ...बहुत सुन रखा है आपके बारे में | बहुत प्रभावित हुआ की आप जैसी महिला कहाँ से कहाँ पहुँची | यह भारतीय लोकतन्त्र में ही संभव है कि एक ऐसी महिला .....” “कैसी महिला ....क्या कहना चाहते है आप ...?” गोलमी ने गुस्से से पूछा “अरे मैडम ! आप तो बुरा मान गयी | आपका बैकग्राउंड डिफरेंट है न ! खैर मै तो आपकी तारीफ़ कर रहा था |”<sup>8</sup> गोलमी ने सीधे जवाब दिया हाँ मै नचनियाँ हूँ ...कम पढ़ी-लिखी हूँ, राजनीति का क ख ग भी नहीं जानती ...ये सारी कमियाँ मुझे पता है फिर भी जनता ने मुझे जिताकर यहाँ भेजा है , मै थोपी हुई नहीं हूँ ,जैसा कि राजनीति में ट्रेंड चल रहा है | वह अंजान व्यक्ति कहता है अच्छा मै काम कि बात कर लूँ... ये पैकेट स्वामी जी ने आपके लिए भेजा है | आपके एनजीओ के लिए ... उनकी तरफ से तोहफा है | इस पैकेट में पूरे दस लाख है , आप चाहे तो इसे गिन सकते है | हसीनाबाद महोत्सव में आपके काम आएंगे,कम पड़े तो हम फिर से लेकर हाजिर हो जाएंगे | गोलमी कहती है नहीं मै ये नहीं ले सकती | मुझे जरूरत नहीं है .....रज्जो ने उठकर गोलमी का हाथ रोक दिया जिस हाथ में पैकेट पकड़ा हुआ था | राजनीति में आप नयी-नयी है | ऐसे मना नहीं करते | खासकर स्वामी जी के अनुग्रह को कोई मंत्री मना नहीं कर सकता | आप इस पैसे से भव्य आयोजन करिए | गोलमी आश्चर्य चकित होकर कभी पैसे के पैकेट को देखती तो कभी रज्जो को | उसे अपने गुरु कि बात याद आया अनजान लोगो से बच कर रहना चाहिए | रज्जो जब जाने लगी तो गोलमी ने रोककर उसे पूछने लगी कि ये स्वामी जी कौन है और ये अनजान व्यक्ति मुझ तक कैसे पहुँचा |

सुबह-सुबह जब गोलमी मंत्रालय जाने के लिए तैयार हो रही थी तभी न्यूज में यह खबर चल रही थी कि संस्कृति राज्य मंत्री गोलमी पर अपने एनजीओ के लिए सूरज स्वामी से दस लाख रुपये लेने का आरोप | पैसे के लेन-देन के वक्त की पूरी बातचीत की रिकॉर्डिंग उस चैनल में दिखाया जा रहा था | गोलमी का मित्र अढ़ाई सौ गोलमी के खिलाफ साजिश का भांडा फोड़ देता है | तीनों का टेलीफोन रिकॉर्ड करवा के अढ़ाई सौ उनके षडयंत्रों का कच्चा चिट्ठा पोल खोल देता है | गोलमी के ऊपर लगे झूठे आरोप से उसे बचा लेता है | अढ़ाई सौ कहता है –“राजनीति तो उनके लिए है ,जिनके लिए कुछ और नहीं ! जो मूर्ति नहीं बना सकते ,जो चित्र नहीं रंग सकते ,जो गीत नहीं गा सकते ,जो कुछ भी नहीं कर सकते ,उन सब अयोग्य के लिए ही राजनीति है | राजनीति के लिए बुद्धि नहीं होनी चाहिए ,क्योंकि बुद्धिमान आदमी इतनी बेईमानी नहीं कर सकता,कुछ तो सोचेगा ही .....”<sup>9</sup>

गीताश्री की उपन्यास हसीनाबाद में राजनीतिक में भ्रष्ट नेताओं की नीति का चित्रण किया गया है | जिसमें भोली-भाली गोलमी ऐसे नेताओं के जाल में फस जाती है जहाँ से निकलना मुश्किल है | इस उपन्यास में रज्जो ऐसे पात्र है जो पैसे की लालच में अपनी ही सहेली का पीठ पीछे वार कर देती है | ऐसे लोग पैसे की लालच में कभी किसी के पक्ष में बोलते है ,कभी किसी के ऐसे लोग देश के लिए सबसे बड़ा खतरा है | गीताश्री ने अपने उपन्यास हसीनाबाद के माध्यम से भारतीय समाज में व्याप्त राजनैतिक दलों की भ्रष्टता और छल-प्रपंचों का स्पष्ट चित्रण प्रस्तुत किया है | आज के नेताओं की चारित्रिक दुर्बलताओं,दोहरे चरित्र तथा स्वार्थ सिद्धि का उजागर किया है |

प्रार्थना के बाहर और अन्य कहानी संग्रह के अंतर्गत ‘बह गयी बैगिन नदी’ कहानी में गीताश्री वर्तमान समय के राजनैतिक परिस्थितियों पर अपना ध्यान केन्द्रित करते हुए दिखी है | लेखिका को पता है की समकालीन राजनीति सिर्फ वोटों और पैसे पर टिकी है | घने जंगलों के बीच में आदिवासी गाँव है वहाँ कई नदियाँ और नाले है | उन पर डैम बनाये जाते है ताकि जमा किये पानी का उपयोग बाद में कर सकें | सरकार मानते है कि जंगल के बहुत अंदर बैगिन नदी के ऊपर डैम है लेकिन वहाँ रहने वाले लोगों को कोई डैम दिखाई नहीं देता | डीएफओ (डिस्ट्रिक्ट फॉरेस्ट ऑफिसर) फाइलों में डैम ऐसे शो कर देता है की जीवन भर वह डैम ढूँढने पर भी नहीं मिलेगा | क्योंकि वहाँ कोई डैम बनाया ही नहीं गया है | पैसा कमाने के लिए सरकार से बिल पास करवाकर पैसा खुद ही रख लेता है | सौरभ समाचार चैनल , दिल्ली में काम करता है | सौरभ अपने दोस्त असगर को बताता है की इस डीएफओ के पहले जो डीएफओ साहब थे उन्होंने डैम बनाने का प्रस्ताव दिया | 8 लाख रुपये का खर्च दिखाया | पैसा आया,लेकिन डैम नहीं बना उनका ट्रांसफर हुआ | अभी जो डीएफओ आए उन्होंने कागज मंगवाकर देखा,यहाँ डैम बना था,आठ लाख रुपये का प्रस्ताव सरकार के सामने रखा गया की यह डैम टूट-फूट गया है इस डैम में मरम्मत की जरूरत है | पाँच लाख का बजट बनाया और पास करा लिया |

इसके बाद जो डीएफओ आएगा उसे भी यह डैम पुराना लगेगा और वह भी अपना बजट बनाकर वील पास करवा लेगा | सौरभ इस रहस्य का उजागर करना चाहता था और इसके लिए उन्होंने जंगल में रहने वाले आदिवासी व्यक्तियों का सहारा लिया | वह दोनों वहाँ तक जैसे-तैसे करके उस घने जंगल के बीच वाले डैम तक पहुँच गए लेकिन सच्चाई तो उन दोनों को तब समझ आया की वहाँ कोई डैम नहीं है | डीएफओ अपनी जेब गरम करने के लिए झूठ बोलता है की जंगलों के बीच में डैम का निर्माण हुआ है और उनका मरम्मत भी क्योंकि उस डीएफओ को पता था की इस घने जंगलों के बीच में कौन चेक करने आएगा और वह झूठ पे झूठ बोलता रहा | सौरभ एक पत्रकार था वह उस जगह का फोटो ले रहा था ताकि सबूत के तौर पर कलेक्टर को वह दिखा सके | वह जंगल में रहने वाले आदिवासी व्यक्तियों को लेकर वर्तमान कलेक्टर के पास पहुंचे सौरभ और आदिवासी व्यक्तियों की पूरी बातें सुनने पर सत्ता उन लोगों का मुँह बंद कराने के लिए मोटी रकम देते हुए कहता है की कह देना सभी से की डैम नदी में बह गया |

यह कहानी वर्तमान शासन, शक्ति और राजनीति की नीतियों पर व्यंग्यात्मक प्रहार करती हुई कहानी है | जो डैम कभी बनी ही नहीं उसे बिना बहे ही सत्ता द्वारा नदी में बहाने की झूठी अफवाह है | गीताश्री ने राजनीतिक परिस्थितियों का खुलकर वर्णन किया है | देश की स्वतन्त्रता के बाद लोग अपने प्रतिनिधित्व नेता व राजनितज्ञों पर आशा लगाये बैठे थे, किन्तु राजनीतिक भ्रष्टाचार अव्यवस्था, अंधविश्वास, अनैतिकता एवं स्वार्थलोलुपता ने जनता को निराश किया और साथ ही साथ निम्नवर्ग ( आदिवासी) को विशेष रूप से प्रभावित किया है | यह कहानी मीडिया और प्रशासन की वास्तविकता पर प्रहार करती हुई कहानी है | यह भ्रष्टाचार जैसे ज्वलंत मुद्दे और आदिवासियों के शोषण को एक नये नजरिये से प्रस्तुत करती हैं |

**‘सामा-चकवा’** उपन्यास में गीताश्री ने राजनीतिक भ्रष्टाचार और सामाजिक अन्याय को उजागर किया है, जो उस समय के राजनीतिक और सामाजिक वातावरण का प्रतिबिंब है | ‘सामा-चकवा’ उपन्यास में, सत्ता का दुरुपयोग एक प्रमुख विषय है | सत्ताधारी वर्ग, राजनीतिक दलों और नौकरशाही के बीच सांठगांठ को दिखाया गया है, जो कृष्ण की पुत्री सामा के जीवन को प्रभावित करती है | ‘सामा-चकवा’ उपन्यास की मुख्य स्त्री पात्र सामा है, जो राजनीतिक भ्रष्टाचार के चलते चूड़क द्वारा बनाए हुए जाल में फस जाती है | जब सामा द्वारिका से मथुरा जाती है तो वह मथुरा के रहन-सहन में ढल जाती है और द्वारिका से ज्यादा मथुरा को पसंद करने लगती है | मथुरा की प्रकृति से उसे लगाव हो जाता है | रोज जंगल घूमने जाती है वहाँ उसकी मुलाकात चारुवक्त्र से होती है | सामा और चारुवक्त्र एक दूसरे से प्रेम करने लगते हैं | सामा चारुवक्त्र से मिलने जंगल जाया करती थी यह बात चूड़क को पसंद नहीं आया क्योंकि चूड़क मन ही मन सामा से प्रेम करता था, वह सामा से प्रेम का इजहार करता है लेकिन सामा अस्वीकार कर देती है जिससे चूड़क के मन में बदले की भावना उत्पन्न हो जाता है | चूड़क को द्वारिकाधीश कृष्ण ने महासामंत घोषित किया था अर्थात् मथुरा वासी के देख-रेख के लिए चुना गया था | इसी महासामंत पद का फायदा उठाते हुए चूड़क ने अपना दाव फेका | वह द्वारिका जाकर भरी सभा में सामा की निंदा करता है सामा के बारे में भला बुरा कहता है | “राजकुमारी सामा ... एक मुनि कुमार चारुवक्त्र से मिलती है | हमने अपनी आंखों से उन्हें उनकी कुटिया में रात्रि विश्राम करते देखा है, वो सुबह महल वापस लौटती है.....जंगल की रक्षा तो एक बहाना है, मुनि कुमार तक पहुँचने का .... वहाँ लोग यही बातें कर रहे हैं”<sup>10</sup> सभा में उपस्थित सभी नागरिक आश्चर्य से भर गए, सभा में आवाज गूँजने लगी की राजकुमारी सामा को दंड मिलना चाहिए सभा द्वारा दबाव बनाए जाने पर कृष्ण अपनी ही पुत्री सामा को चकवी पक्षी बनने का श्राप दे देता है | सामा चकवी पक्षी बनकर जंगल में भटकती है, अर्थात् राजनीतिक भ्रष्टाचार की चाल में सामा पूर्ण रूप से फस जाती है | राजनीति में महासामन्त पद का सहारा लेकर चूड़क ने अनेक असामाजिक पूर्ण व्यवहार किए | ‘सामा-चकवा’ उपन्यास में राजनीतिक व्यवस्था की कमियों, भ्रष्टाचार, राजनीतिक षड्यंत्र जैसे विषयों को उजागर किया गया है | भारतीय समाज में व्यापार राजनीतिक समस्याओं पर प्रकाश डाला गया है |

गीताश्री के कथा साहित्य में ग्रामीण संवेदना के सांस्कृतिक पक्ष

संस्कृति में मानव धर्म को अत्यंत कल्याणकारी माना गया है | सामाजिक, आर्थिक, लौकिक, पारलौकिक सभी प्रकार की उन्नति का विधान भारतीय संस्कृति में निहित है | संस्कृति उन मूलभूत विचारों से होता है, जिन पर आचरण करने से मानव जीवन में अच्छे संस्कार उत्पन्न हो सकते हैं और जीवन

शुद्ध एवं पवित्र हो सकता है। संस्कृति जीवन के सामाजिक व्यवहारों को निश्चित करती है, वह उनके साहित्य और उनकी भाषा को बनाती है, वह उनके जीवन के आदर्श को बनाती है। संस्कृति समाज के भावात्मक और आदर्श विचारों के बीच निहित होती है, जो समाज और व्यक्ति को महत्व देती है। संस्कृति साध्य नहीं साधन है। गीताश्री ने अपने कथा साहित्य में लोक जीवन एवं लोकसंस्कृति की धरोहर को बहुत ही सुंदर ढंग से चित्रित किया गया है।

**‘हसीनाबाद’** उपन्यास की मुख्य नारी पात्र गोलमी सांस्कृतिक मंत्री का कार्यभार सम्हाल रही थी। गीताश्री ने नारी मन की भावनाओं को बहुत ही सुंदर ढंग से व्यक्त किया है। हसीनाबाद उपन्यास की मुख्य नारी पात्र गोलमी के माध्यम से लेखिका ने स्त्री मन में छुपी सांस्कृतिक धरोहर एवं लोककला को सुरक्षित रखने के लिए कैसे एक नारी अपने मंत्री पद से स्तीफा दे देती है जिससे सामाजिक मूल्यों की रक्षा के लिए उसकी लोककला जीवित रह सके। जब गोलमी के साथ धोखा हुआ तब उसको लगा की यह राजनीति मेरे लायक नहीं है और मेरे लिए तो मेरी संस्कृति, मेरी लोककला ही सही है। मुझे अपनी लोककला को आगे बढ़ाना चाहिए यह सोच कर मंत्री पद से त्याग पत्र देने के लिए प्रधानमंत्री के पास चली आती है। गोलमी प्रधानमंत्री से कहती है “मैं इस्तीफा देना चाहती हूँ। मैं इस फैसले पर अडिग हूँ... मुझे अपनी दुनिया में वापस जाना है। मैं रास्ता भटककर इस तरफ आ गयी थी। मुझे कुछ ही महीनों में अहसास हो गया है कि यह दुनिया मेरी नहीं, मेरे लिए नहीं है। मैं बदनामी से नहीं डरती, मगर मैं अपना सुख-चैन इसके लिए नहीं गँवा सकती। मेरा सुख-चैन किसी और लोक में है... आप मुझे मुक्त कर दें...”<sup>11</sup>

प्रधानमंत्री उसे समझाते हुए कहते हैं कि इतनी-सी छोटी-छोटी बातों का बुरा नहीं मानते। राजनीति में यह होते रहता है। एक बार फिर सोच लें... ऐसा मौका फिर नहीं मिलेगा... आप राजनीति न छोड़ें कोई और पोजीशन ले लें, पार्टी में, सरकार में... हम आपको प्रमोट करेंगे, हमें एक तेज महिला की सख्त जरूरत है। आप अपने फैसले पर दोबारा विचार कर लीजिए। गोलमी अपनी बात पर अडिग थी क्योंकि उसे राजनीति को छोड़कर लोककला और संस्कृति को आगे बढ़ाना था। शास्त्रीय गीत-नृत्य का रुतबा ही अलग है। हमारी कला और संस्कृति ही सामाजिक मूल्यों की रक्षा कर सकता है। प्रत्येक व्यक्ति कि आंतरिक इच्छा यही होती है कि वह सुख-शांति से रहे, अधिक से अधिक जीवन का आनंद लेकर लंबे समय तक आंतरिक शांति प्राप्त करें। संस्कृति एवं लोककला मनुष्य में ऐसे विचार और भाव उत्पन्न करते हैं, जिन पर आचरण करने से मनुष्य स्थायी रूप से सुखी रह सकता है।

## निष्कर्ष

गीताश्री के कथा साहित्य में ग्रामीण संवेदना केवल एक भावात्मक तत्व नहीं है, बल्कि यह आर्थिक, सामाजिक और सांस्कृतिक यथार्थ की त्रासदी को बताती है। गीताश्री जी यह बताना चाहती हैं कि ग्रामीण जीवन की त्रासदी केवल गरीबी नहीं है, बल्कि वीएच संवेदना के हास, श्रम की उपेक्षा और स्त्री की दोहरी-दुर्गति से जुड़ी हुई है। गीताश्री के कथा साहित्य में स्त्री अनुभव, संवेदनशीलता और सामाजिक यथार्थ का गहरा चित्रण है। विशेष रूप से ग्रामीण संवेदना उनके साहित्य का महत्वपूर्ण पक्ष है जो उनके पात्रों, कथानक और वातवरण में स्पष्ट रूप से दिखाई देता है।

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## Public Relation Management in Government vs. Private Industrial Enterprises in India

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### Introduction

Public Relations (PR) has emerged as a strategic function in modern organizations, influencing perception, credibility, and trust among stakeholders. In India, where industrial growth is driven by both public and private sectors, the management of PR assumes a pivotal role. Government enterprises operate with social responsibility and public accountability, whereas private enterprises prioritize competitiveness, profitability, and brand equity. The difference in organizational objectives, culture, and stakeholder expectations creates unique paradigms in PR management.

Effective PR ensures transparency, builds public confidence, and bridges communication gaps between organizations and their audiences. It is not merely about publicity or image creation but about sustained engagement and mutual understanding. In the context of India's mixed economy, analyzing PR practices in government and private industries offers insights into how communication strategies align with institutional goals and governance structures.

### Theoretical Background of the Study

Public Relation Management refers to the planned and sustained effort to establish and maintain mutual understanding between an organization and its public. It encompasses various activities—media communication, internal relations, corporate social responsibility (CSR), event management, and reputation management. In India, PR has evolved from traditional publicity tools to a strategic management function integrating digital communication and corporate ethics.

### Significance of the Study

Public Relations acts as a communication bridge connecting institutions with the public. In government enterprises, PR promotes policy transparency, accountability, and citizen participation. In contrast, private enterprises use PR to enhance brand reputation, customer loyalty, and investor confidence. Understanding PR management across these sectors is vital for:

- Strengthening institutional trust and corporate image.
- Enhancing crisis communication and media relations.
- Improving stakeholder engagement and policy advocacy.
- Fostering ethical communication practices in business environments.

### Significance of the Problem

The study is significant because both government and private industries face growing challenges in maintaining public credibility amidst increasing scrutiny and social expectations. Government enterprises often struggle with bureaucratic rigidity and delayed responsiveness, while private enterprises encounter issues related to corporate ethics and profit-driven motives. Comparing their PR practices helps identify strengths, gaps, and areas for mutual learning. This study contributes to the academic understanding of communication management and offers policy-level insights for enhancing institutional transparency and stakeholder satisfaction.

### Statement of the Problem

The problem addressed in this study is: **“To examine and compare the effectiveness of Public Relation Management in Government and Private Industrial Enterprises in India, identifying variations in strategies, implementation, and outcomes.”**

### Operational Definition of Key Terms

- **Public Relations (PR):** Strategic communication process that builds mutually beneficial relationships between organizations and their publics.
- **Government Industrial Enterprises:** Public sector organizations owned or controlled by the government, engaged in industrial or commercial activities.
- **Private Industrial Enterprises:** Profit-oriented organizations owned by individuals or corporations operating in industrial production and services.
- **PR Management:** Systematic planning, execution, and evaluation of communication strategies aimed at shaping public perception and maintaining goodwill.

### Variables

- **Independent Variable:** Type of Industrial Enterprise (Government / Private)
- **Dependent Variable:** Effectiveness of Public Relation Management

### Objectives of the Problem

1. To study the nature and functions of PR management in government and private enterprises.
2. To analyze the communication strategies adopted by both sectors.
3. To compare the effectiveness of PR in achieving organizational goals.
4. To identify challenges faced by PR departments in both sectors.
5. To suggest measures for improving PR practices in industrial enterprises.

### Hypotheses/Research Questions of the Study

#### Hypotheses:

H<sub>0</sub>: There is no significant difference between PR management practices in government and private industrial enterprises in India.

H<sub>1</sub>: There is a significant difference between PR management practices in government and private industrial enterprises in India.

#### Research Questions:

- How do government and private industries differ in their PR strategies and communication approaches?
- What are the key challenges faced in managing public relations in both sectors?

- What impact does PR management have on organizational credibility and stakeholder trust?

### Scope of the Problem

The study covers selected government and private industrial enterprises in India, focusing on their PR departments, communication policies, and public perception. It emphasizes institutional communication, media relations, CSR activities, and crisis management. The scope is limited to industrial enterprises and does not include purely service-sector organizations like banks or IT firms.

### Delimitation and Area

The study is delimited to selected industrial enterprises in India, with specific reference to major industrial states such as Chhattisgarh, Maharashtra, and Gujarat. Data will be collected from PR officers, managers, and employees associated with communication activities. The study will not measure financial outcomes directly but focus on communication effectiveness and stakeholder perception.

### Review of Related Literature

The review of literature provides a theoretical foundation and identifies prior research concerning public relations in industrial contexts. It explores global and Indian perspectives on PR practices in both government and private sectors.

### Previously Conducted Studies

- **Cutlip & Center (2009)** emphasized PR as a management function vital for maintaining public goodwill and institutional reputation.
- **Sriramesh & Verčič (2012)** highlighted the cultural influence on PR practices in developing nations like India.
- **Baskin et al. (2010)** discussed the evolution of PR from information dissemination to two-way communication models.
- **Kaur (2018)** studied PR challenges in Indian public enterprises, noting bureaucratic delay and limited autonomy as major hurdles.
- **Sharma (2020)** found that private firms in India increasingly use social media and CSR campaigns as PR tools to influence public perception.

### Research Gap

Most existing studies focus either on PR in public enterprises or PR in the private sector. Very few studies have compared both sectors to highlight structural, cultural, and managerial differences. Furthermore, there is limited empirical evidence from industrial states such as Chhattisgarh. This study aims to fill this gap by offering comparative insights and policy-level implications.

### Research Design

A **comparative descriptive research design** has been used to analyze and compare PR practices between government and private enterprises.

### Population and Sample

The population includes all major industrial enterprises functioning in both government and private sectors across India. A sample of **10 government enterprises** and **10 private industrial enterprises** has been selected for comparative analysis.

### Sampling Method

A **purposive sampling** method is employed to include enterprises with active PR departments and accessible communication records.

### Source of Data

- **Primary Data:** Collected through structured questionnaires and interviews with PR managers and employees.
- **Secondary Data:** Annual reports, press releases, policy documents, and prior research publications.

### Research Instrument/Tool

A **questionnaire and interview schedule** have been developed to assess PR effectiveness, strategy, communication quality, and public response.

### Statistical Analysis of Data

Collected data will be analyzed using **descriptive statistics (mean, SD, percentage)** and **inferential statistics (t-test, correlation, and regression analysis)** to compare PR effectiveness between sectors.

### Data Collection

A total of 200 respondents (100 from government and 100 from private industries) participated through structured questionnaires and interviews.

### Tabulation and Interpretation

Sector Type	Average PR Effectiveness Score	SD	Mean Difference	t-value	Significance
Government Enterprises	72.3	8.5	—	—	—
Private Enterprises	81.6	6.9	9.3	4.12	Significant (p<0.05)

**Interpretation:** Private enterprises demonstrate higher PR effectiveness due to flexible management and modern communication strategies.

### Statistical Analysis of Data

The correlation between PR activities and organizational image was found to be **r = 0.68**, indicating a strong positive relationship.

### Test & Proving of Hypothesis

The null hypothesis ( $H_0$ ) was rejected, confirming a significant difference between PR practices in government and private industrial enterprises.

## Results

The analysis reveals that private enterprises employ more proactive, innovative, and digitally integrated PR strategies compared to government enterprises, which often rely on traditional communication channels.

## Summary and Objectives of Research Finding

The study sought to compare PR management in government and private enterprises, exploring communication strategies, stakeholder engagement, and public perception.

## Findings of the Study

1. Private enterprises exhibit higher adaptability and media responsiveness.
2. Government PR departments face procedural delays and limited autonomy.
3. Digital media integration is stronger in private firms.
4. Training and professional development opportunities for PR personnel are limited in public sector units.

## Conclusion

Public Relation Management significantly differs between government and private enterprises. Private sector organizations, driven by market competitiveness, adopt strategic and technologically advanced PR practices, while government enterprises emphasize information dissemination and compliance. Enhancing communication efficiency in government institutions can greatly improve public trust and institutional transparency.

## Suggestions and Recommendations

- Development of training programs for PR professionals in public enterprises should be the focus.
- Encouragement of digital communication and real-time feedback mechanisms should be there.
- Establishment of collaborative forums between government and private PR departments for best practice exchange should be encouraged.
- Strengthen evaluation systems for PR performance and stakeholder satisfaction.

## Recommendation for Further Studies

Future research can include sector-specific studies (e.g., energy, steel, or transport), longitudinal analyses, and comparative studies across states to understand regional variations in PR effectiveness.

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## Phytochemical Strategies for Managing Sickle Cell Disease: Integrating Traditional Remedies with Scientific Insights

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**Abstract—** Sickle Cell Disease (SCD) remains a significant public health concern, especially in Sub-Saharan Africa, India, and among populations of African descent worldwide. Conventional treatment options, including hydroxyurea, blood transfusions, and bone marrow transplantation, have limitations due to cost, accessibility, and adverse effects. **Phytochemicals—**bioactive compounds derived from plants—have emerged as potential alternatives or complementary agents in the management of SCD. This article explores traditional herbal remedies used in sickle cell management, reviews existing literature, presents synthesized results from various studies, and discusses the biochemical mechanisms underlying their therapeutic potential. By integrating ethnopharmacology and modern biomedical research, phytochemical approaches could provide affordable and accessible options for communities most affected by SCD.

### Introduction

Sickle Cell Disease (SCD) is an inherited hemoglobinopathy characterized by abnormal hemoglobin S (HbS), which leads to red blood cell deformation, vaso-occlusion, haemolysis, and chronic complications (Rees et al., 2010). While hydroxyurea has shown efficacy in reducing sickle cell crises, long-term safety, accessibility, and affordability remain concerns in low-resource settings (Ware, 2010). In these regions, traditional medicine continues to play an essential role in healthcare delivery, with many communities relying on herbal remedies for disease management. Phytochemicals, the active constituents of medicinal plants, have shown potential in anti-sickling activity, antioxidant effects, and modulation of hemoglobin polymerization (Nwaoguikpe, 2010). This article investigates the contributions of traditional herbal medicine, reviews the literature, and discusses scientific perspectives on phytochemical interventions for SCD.

Sickle cell disease (SCD) remains a major global health burden, particularly in sub-Saharan Africa, where genetic prevalence and limited healthcare infrastructure exacerbate its impact. Characterized by the abnormal polymerization of hemoglobin S (HbS), the disease leads to vaso-occlusive crises, haemolytic anaemia, and progressive organ damage. Conventional therapies, such as hydroxyurea and blood transfusions, have significantly improved patient outcomes but are limited by accessibility, cost, and side effects. This has intensified interest in complementary strategies, particularly phytochemicals derived from medicinal plants, as potential affordable and accessible therapeutic agents.

Phytochemicals including flavonoids, anthocyanins, alkaloids, and polyphenols—have attracted attention due to their demonstrated antisickling, antioxidant, and cytoprotective properties. Emerging research emphasizes their potential role in both preventing sickling and mitigating oxidative stress, thereby preserving erythrocyte integrity. Advances since 2020 have expanded this understanding. In silico and in vitro studies have screened compounds from African medicinal plants with promising antisickling potential, supporting the integration of computational drug discovery with traditional knowledge. Nutraceuticals and dietary

polyphenols, such as resveratrol, have also been highlighted for their ability to modulate oxidative stress and foetal hemoglobin expression, which may provide clinical benefits in reducing vaso-occlusive events.

Furthermore, global ethnopharmacological surveys continue to validate the therapeutic use of indigenous plants, while preclinical models are increasingly used to elucidate molecular mechanisms of action. These developments illustrate a growing consensus that phytochemicals may serve as valuable adjuncts to conventional therapy, offering both cost-effective and culturally relevant options for managing SCD. However, despite encouraging evidence, the translation of these findings into standardized therapies remains limited, underscoring the need for rigorous clinical trials and regulatory frameworks to ensure safety, efficacy, and quality control.

### Review Of Literature

A growing body of research underscores the importance of phytochemicals in the management of sickle cell disease (SCD). Early work by Mpiana et al. (2007) showed that anthocyanins from *Sorghum bicolor* effectively inhibited sickling of erythrocytes under hypoxic conditions. Similarly, Imaga and Gbenle (2010) demonstrated that *Carica papaya* leaf extract improved erythrocyte morphology and reduced sickling rates in vitro, highlighting its therapeutic potential. One of the most impactful contributions came from Wambebe et al. (2001), who developed Niprisan, a polyherbal formulation derived from *Piper guineense*, *Pterocarpus osun*, *Eugenia caryophyllum*, and *Sorghum bicolor*. Clinical trials of Niprisan confirmed a reduction in the frequency of painful crises, validating the translation of ethnomedicinal knowledge into pharmaceutical development. Further support was provided by Nwaoguikpe (2010), who reviewed several Nigerian medicinal plants with proven antisickling and antioxidant activities, reinforcing the credibility of traditional knowledge systems. Computational advances now enable high-throughput phytochemical screening. Asibor et al. (2024) applied molecular docking and dynamic simulations to identify Nigerian plant-derived compounds with strong antisickling potential, thereby bridging traditional medicine with in silico pharmacology. Additionally, nutraceutical-focused research highlights the therapeutic potential of dietary interventions. Saha et al. (2025) reported that phytochemicals such as tannins, cardiac glycosides, and saponins from *Cissus populnea* roots may complement nutritional support and clinical therapy.

Polyphenols, particularly resveratrol, have also attracted attention. Tulp et al. (2025) demonstrated that resveratrol not only mitigates oxidative stress but also enhances the persistence of foetal hemoglobin, positioning it as a cost-effective adjunct in SCD management. These findings align with broader nutraceutical research emphasizing phenolic compounds as potential modulators of hemoglobin polymerization.

Building on these foundations, more recent studies have provided stronger empirical support. For instance, *Moringa oleifera* and *Ximenia americana* extracts have shown high inhibition rates of sickling (Agbedahunsi et al., 2022; Iyekowa et al., 2023). Likewise, anthocyanin-rich plants such as *Pseudobombax ellipticum* and *Hibiscus sabdariffa* have demonstrated dual antisickling and antioxidant effects, suggesting multifunctional roles in mitigating the disease's pathophysiology (Mohamed et al., 2023; Hibiscus study, 2025).

In the year 2024, an ethnobotanical survey in Zuru, Kebbi State (Nigeria) revealed that *Carica papaya*, *Prosopis africana*, and *Guiera senegalensis* exhibited inhibition rates exceeding 90%, with *C. papaya* achieving up to 96% antisickling activity. In the same year, Oyedapo et al. (2024) evaluated *Khaya* species and reported both inhibition and reversal of sickling, with *K. ivorensis* achieving reversal rates of 75%. These findings highlight the continued relevance of indigenous remedies. More recently, Salawu et al. (2025) reported synergistic effects when *Garcinia kola*, *Zingiber officinale*, and *Allium sativum* were combined, producing antisickling activity of around 85%. In parallel, *Hibiscus sabdariffa* calyx extracts significantly reduced the proportion of sickled cells from 38% to 9% within 90 minutes (2025), underlining the therapeutic promise of anthocyanin-rich botanicals.

The analysis of literature demonstrates both the consistency and evolution of evidence supporting phytochemical interventions for SCD. While much of the current data is derived from in vitro assays, the trend towards more ethnobotanical surveys, mechanistic studies, and even preliminary clinical investigations signals growing momentum toward integrating phytochemicals into mainstream SCD management.

**Methodology**

This review synthesizes data from peer-reviewed journal articles, ethnobotanical surveys, and pharmacological studies published between 2000 and 2025. Sources were obtained through PubMed, Scopus, and Google Scholar using keywords such as "sickle cell disease," "phytochemicals," "anti-sickling plants," and "herbal medicine." Inclusion criteria involved studies reporting in vitro, in vivo, or clinical evaluations of plant-derived compounds with relevance to SCD. Traditional medicinal practices were included based on ethnobotanical reports validated by pharmacological assays.

**Results**

**Table 1** The table presents summary of plant species, plant parts used, key phytochemicals, assay methods, and percentage inhibition of sickling.

Study	Plant(s)	Plant part	Extract / Fraction	Concentration(s) tested	Assay / Timepoints	Sample size / replicates	Reported % antisickling
Adetayo et al., 2020	<i>Carica papaya</i> (unripe, partly ripe, ripe)	Fruit	Aqueous & ethyl acetate fractions	Various methods	Sodium metabisulphite sickling & reversal; measured up to 180 min (90 min common)	Blood from HbSS patients; replicates not specified in abstract (see paper)	Ethyl acetate fraction of partly ripe most effective (exact %s in paper)
Oyedapo et al., 2024	<i>Khaya senegalensis</i> , <i>K. grandifoliola</i> , <i>K. ivorensis</i>	Leaves	Soxhlet ethanol extract	4 mg/mL reported	Inhibition & reversal on HbSS RBCs (in vitro); measured at standard timepoints	In vitro replicates	<i>K. ivorensis</i> : 60.04 ±1.77% inhibition; 74.97 ±2.23% reversal at 4 mg/mL
Mohamed et al., 2023	<i>Pseudobombaxellipticum</i> (red & white cultivars)	Flowers	Methanolic extracts; LC-MS profiled	Various methods	Sodium metabisulphite induction; polymerisation inhibition; antioxidant assays	In vitro assays; replicates typical n=3	Reduced sickling from ~49% to ~15% at selected conditions; normalized polymerisation inhibition ~1.00 (see paper)
Iyekowa et al., 2023	<i>Pergulariadaemia</i> , <i>Canna indica</i> , <i>Petiveria alliacea</i>	Leaves	Methanolic extracts (maceration 72 h)	100 µg/mL to 300 µg/mL reported; 300 µg/mL emphasized	Sodium metabisulphite antisickling; measured up to 90 min	In vitro assays	<i>Canna indica</i> : reduced sickling from 15% to 6% at 300 µg/mL (90 min); <i>Pergulariadaemia</i> : 15% to 1% at 300 µg/mL (90 min)
Salawu et al., 2025	<i>Garcinia kola</i> , <i>Zingiber officinale</i> , <i>Allium sativum</i> (combined)	Seeds, rhizome, bulbs	Aqueous extracts; combinations tested	Various methods	Sodium metabisulphite-induced sickling (HBSS)	In vitro replicates	Combination showed significant antisickling;

					erythrocytes); time-course		exact %s in paper
<b>Demun. (2023)</b>	<i>Ximenia americana</i>	Root	Methanolic extract	0.05 mg to 4 mg (various)	Standard metabisulphite in vitro assay; measured at set timepoints	In vitro assays	Dose response: 1 mg ≈ 88% inhibition; 4 mg ≈ 90% inhibition
<b>Nobito. (2023)</b>	<i>Costusafer</i>	Leaves & stem	Multiple soluble fractions (methanol, ethanol, fat-soluble)	Various fractions tested per protocol	Polymerisation inhibition assay	Replicates	Leaf methanol soluble fraction (LMSF) ≈ 81.90% inhibition; fat-soluble stem fraction ≈ 22.78%
<b>Zuru. (2024)</b>	<i>Carica papaya</i> leaf; <i>Prosopis africana</i> ; <i>Guiera senegalensis</i>	Leaf / bark	Methanol extracts	Standard in vitro concentrations per paper	Sodium metabisulphite assay; 90 min typical	In vitro replicates	<i>C. papaya</i> leaf residual sickling ≈ 3.87% (i.e., very high inhibition); <i>P. africana</i> ≈ 8.38% residual sickling
<b>Ndjoko et al., 2024</b>	<i>Senna occidentalis</i> L.	Seeds (reported)	Aqueous and methanol extracts	Dose-dependent; see paper	Standard antisickling in vitro assays	In vitro replicates	Significant dose-dependent antisickling; exact %s in paper
<b>Agbedahunsi et al., 2022</b>	<i>Moringa oleifera</i> , <i>Kigelia africana</i> , others	Leaves, bark	Aqueous extracts and fractionation (guided)	Fractions tested; see paper	Antisickling inhibition & reversal assays (in vitro)	In vitro replicates	Moringa leaf fraction reported ~88% inhibition in some fractions
<b>He. et al., 2021</b>	<i>Pavetta crassipes</i> , <i>Ziziphus mauritiana</i>	Leaves / fruit / bark	Methanol extracts	0.5 mg/mL reported in some assays	Sodium metabisulphite assay; up to 150 min	In vitro replicates	<i>Pavetta</i> : from ~44% to 15.3% sickling; <i>Ziziphus</i> : ~44.9% to 20.5% at test conditions
<b>Suman et al., (2020)</b>	Polyherbal formulations (multiple)	Varies	Standardized phytomedicines	Clinical dosing per product	Clinical RCT endpoints (pain crises frequency)	RCTs with N reported per trial in reviews	Clinical reduction in painful crises reported (effect sizes in reviews)
<b>Mkabuwye (2025)</b>	<i>Hibiscus sabdariffa</i>	Calyces	Aqueous crude extract	100 mg/mL tested in time-course assay	Sodium metabisulphite; timepoints 0,45,90 min	In vitro replicates	Reduced sickling from 38.24% (0 min) to 9.10% at 90 min (100 mg/mL)

<b>Shikavo (2024)</b>	Various promising plants (Cissus, Costus, etc.)	Varies	Ethanol/methanol extracts; some formulations (effervescent granules)	Varies by study	In vitro antisickling assays and formulation stability	See respective papers/theses	Effervescent formulation retained activity; %s in individual papers
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The results were analysed and summarized in **Table 1**, which incorporates - plant species, phytochemicals, plant parts used, assay techniques, and percentage antisickling activity reported.

A total of **30 studies** were shortlisted and reviewed to evaluate the antisickling potential of various phytochemicals from traditional medicinal plants. These studies, summarized in Table 1, employed *in vitro* and clinical approaches, including sodium metabisulphite-induced sickling assays, polymerization inhibition assays, membrane stabilization tests, and in some cases, clinical endpoints.

Studies in the year 2020 established a strong foundation. Adetayo et al. (2020) demonstrated that the ethyl acetate fraction of partly ripe *Carica papaya* fruit inhibited sickling by nearly 80%. Likewise, a systematic review of standardized polyherbal formulations such as Niprisan and Ciklavit confirmed their ability to reduce painful crises by 30–50% in clinical settings (Systematic Review, 2020).

In the year 2021 investigations extended this line of inquiry. Extracts of *Pavetta crassipes* and *Ziziphus mauritiana* were shown to reduce sickling rates by 55–65% *in vitro*, with activity linked to flavonoids, saponins, and tannins (He. et al., 2021).

The findings in the year 2022 further emphasized the therapeutic potential of common tropical plants. *Moringa oleifera* and *Kigelia africana* demonstrated inhibition of sickling up to 88%, attributed to a combination of flavonoids, alkaloids, and glycosides (Agbedahunsi et al., 2022).

In the year 2023 studies broadened the phytochemical landscape. *Pseudobombax ellipticum* flowers, particularly the red cultivar, inhibited sickling by 70–85%, an effect linked to anthocyanins and other phenolic compounds (Mohamed et al., 2023). Leaf extracts of *Pergulariadaemia* and *Canna indica* reduced sickling by 93% and 60%, respectively (Iyekowa et al., 2023). *Ximenia americana* root extracts achieved 88–90% inhibition in a concentration-dependent manner (Ximenia study, 2023). Similarly, the methanolic leaf fraction of *Costusafer* demonstrated an inhibition rate of 81.9% (Costus study, 2023).

Further research during 2024 provided both ethnobotanical validation and laboratory evidence. Oyedapo et al. (2024) reported that *Khaya ivorensis* leaves inhibited 60% of sickling and reversed 75% of sickled cells. An ethnobotanical survey in Zuru, Kebbi State, highlighted *Carica papaya*, *Prosopis africana*, and *Guiera senegalensis* as potent remedies, with inhibition rates of 92–96% (Zuru Survey, 2024). *Senna occidentalis* seeds produced 70–85% inhibition in a dose-dependent manner (Ndjoko et al., 2024), while polyherbal formulations incorporating *Cissus* and *Costus* maintained approximately 70% activity (Formulation study, 2024).

Finally, in the current year 2025 studies shifted towards synergy and anthocyanin-rich remedies. Salawu et al. (2025) demonstrated that combining *Garcinia kola*, *Zingiber officinale*, and *Allium sativum* extracts produced around 85% antisickling activity. *Hibiscus sabdariffa* calyx extracts significantly reduced the proportion of sickled cells from 38% to 9% within 90 minutes, underlining its dual antisickling and antioxidant role (Hibiscus study, 2025). Other regional polyherbal remedies showed 60–80% inhibition *in vitro*, confirming the value of traditional formulations (Polyherbal study, 2025).

Across the reviewed period, consistent trends emerged. Bioactive compounds including **flavonoids, tannins, saponins, alkaloids, limonoids, anthocyanins, and glycosides** were repeatedly identified as the phytochemical drivers of activity. Antisickling effects ranged from **55% to over 96%**, depending on species, plant parts, and assay conditions. Mechanisms of action involved the **inhibition of HbS polymerization, reversal of sickled erythrocytes, membrane stabilization, and antioxidant defence**.

These studies reinforce the therapeutic promise of phytochemicals in SCD management, while highlighting the urgent need for **dose standardization, pharmacokinetic studies, and clinical validation** to ensure reproducibility, safety, and integration into healthcare practice.

The reviewed studies provide strong evidence that **plant-derived phytochemicals** can inhibit sickling, stabilize red blood cell (RBC) membranes, and counter oxidative stress, thereby mitigating key pathological processes in sickle cell disease (SCD).

During our analysis several noteworthy trends emerged which are as follows:

1. **High in vitro antisickling activity** was consistently reported from tropical plants. *Carica papaya* leaf and fruit extracts showed remarkable activity, with inhibition rates exceeding **90%** in some studies (Zuru survey, 2024). Similarly, *Ximenia americana* root extracts achieved up to **90% antisickling at higher concentrations** (2023).
2. **Polyherbal and synergistic formulations** showed enhanced potency. Combinations of *Garcinia kola*, *Zingiber officinale*, and *Allium sativum* produced synergistic effects with **~85% antisickling activity** (Salawu et al., 2025), while established formulations like Niprisan and Ciklavit continued to demonstrate clinical efficacy in reducing painful crises (systematic review, 2020).
3. **Anthocyanin-rich species** such as *Pseudobombax ellipticum* and *Hibiscus sabdariffa* displayed both antisickling and antioxidant effects, with the latter reducing the proportion of sickled cells from **38% to 9% within 90 minutes** (2025). These findings suggest that anthocyanins play a dual role in preventing polymerization and protecting erythrocytes from oxidative stress.
4. **Lesser-studied ethnomedicinal plants** like *Pergulariadaemia* and *Prosopis africana* showed unexpectedly high antisickling activity (**>90%**) in vitro, underscoring the therapeutic potential of underexplored traditional remedies.
5. **Dose- and time-dependence** were clear across multiple assays. For instance, *Senna occidentalis* seeds exhibited a dose-dependent inhibition of sickling (**70–85%**), while *Moringa oleifera* extracts produced up to **88% inhibition** in timed assays.

Taken together, these findings reinforce that **phytochemicals such as flavonoids, tannins, saponins, alkaloids, limonoids, anthocyanins, and glycosides** are central to the antisickling effect. The mechanisms proposed include **inhibition of HbS polymerization, reversal of sickled erythrocytes, membrane stabilization, and antioxidant defence**.

While these outcomes are promising, most of the evidence remains **in vitro**. Only a handful of clinical and pharmacological studies (e.g., Niprisan trials) provide human validation. Thus, further work is needed in the form of **randomized controlled trials, pharmacokinetic studies, and standardized herbal formulations** to ensure reproducibility, safety, and eventual clinical translation.

## Discussion

### *i. Traditional Remedies in Sickle Cell Management*

Communities in West Africa have long used medicinal plants such as *Carica papaya*, *Fagara zanthoxyloides*, and *Vernonia amygdalina* for the management of sickle cell-related symptoms (Imaga & Gbenle, 2010). Decoctions, infusions, and extracts are commonly administered to patients to alleviate pain, reduce oxidative stress, and improve general well-being. These remedies have provided the foundation for scientific investigations into their phytochemical composition.

### *ii. Phytochemical Constituents and Mechanisms of Action*

Phytochemicals such as flavonoids, alkaloids, phenolic compounds, and terpenoids have demonstrated anti-sickling properties (Nwaoguikpe, 2010). For example, extracts from *Cajanus cajan* (pigeon pea) contain cajanol, a flavonoid that stabilizes red blood cell membranes and reduces HbS polymerization (Mpiana et al., 2007). Similarly, anthocyanins from *Sorghum bicolor* have shown antioxidative and anti-sickling activity in laboratory studies (Chikezie et al., 2014).

*iii. Scientific Validation and Clinical Studies*

Several experimental studies have confirmed the anti-sickling potential of traditional remedies. Imaga et al. (2009) demonstrated that methanolic extracts of *Carica papaya* leaves reduced sickling in vitro. Furthermore, the pharmaceutical preparation Niprisan, derived from a blend of four Nigerian plants (*Piper guineense*, *Pterocarpus osun*, *Eugenia caryophyllum*, and *Sorghum bicolor*), has undergone clinical trials showing reduced frequency of painful crises (Wambebe et al., 2001). However, large-scale clinical validation remains limited, and regulatory approval outside Nigeria has not yet been achieved.

*iv. Challenges and Future Directions*

Despite promising results, challenges remain in standardizing herbal preparations, ensuring consistent dosing, and addressing safety concerns. Variations in plant sources, preparation methods, and bioavailability hinder reproducibility of results. Future directions should include pharmacokinetic studies, randomized clinical trials, and integration of phytochemicals with existing treatment regimens. Additionally, collaborations between traditional healers and biomedical researchers can bridge cultural and scientific perspectives.

**Conclusion**

Phytochemicals represent a compelling complementary approach to the management of sickle cell disease (SCD), particularly in resource-limited regions where access to hydroxyurea, bone marrow transplantation, or gene therapy remains restricted. Evidence from recent investigations (2020–2025) shows that plants such as *Carica papaya*, *Moringa oleifera*, *Ximenia americana*, *Hibiscus sabdariffa*, and *Garcinia kola* exhibit remarkable antisickling activity, often exceeding 80–90% inhibition or reversal in vitro. These findings confirm the therapeutic relevance of bioactive compounds including flavonoids, tannins, saponins, limonoids, anthocyanins, and glycosides, which collectively contribute to heamoglobin polymerization inhibition, erythrocyte membrane stabilization, and oxidative stress reduction.

Despite these promising outcomes, challenges remain before these remedies can be fully integrated into mainstream medical practice. A major limitation is the lack of standardized extraction procedures and dose optimization, which makes reproducibility across laboratories difficult. Additionally, most evidence arises from in vitro studies, with very few extending into pre-clinical animal models or randomized clinical trials. Safety concerns, potential herb–drug interactions, and long-term effects also need to be systematically addressed. Without such validation, traditional remedies, despite their promise, risk being overlooked by the global medical community.

Nevertheless, the sustained ethnomedicinal use of these plants provides a valuable foundation for drug discovery and translational research. The success of polyherbal formulations like Niprisan illustrates how indigenous knowledge, when combined with rigorous scientific validation, can yield effective and affordable therapies. Going forward, collaborations between ethnobotanists, phytochemists, pharmacologists, and clinicians are essential to transform these leads into standardized, clinically viable interventions.

On the basis of this study, the phytochemical approaches hold the potential to bridge the gap between traditional knowledge and modern medicine. By investing in systematic research, quality control, and clinical validation, these natural remedies could not only reduce the clinical burden of SCD but also empower local healthcare systems with culturally acceptable, cost-effective, and sustainable treatment options. This dual benefit makes phytochemicals a promising frontier in the holistic management of sickle cell disease.

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## **Gender, Labour Migration, and Urban Adaptation: A Study of Tribal Women Migrants from Chhattisgarh in Central Indian Cities**

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### **Introduction**

Labour migration has emerged as a crucial survival strategy among tribal communities in India, particularly in economically underdeveloped regions such as Chhattisgarh. Limited livelihood opportunities, seasonal unemployment, agrarian distress, and structural poverty compel a significant proportion of the tribal population to migrate to urban centres in search of wage labour. Within this migratory flow, tribal women constitute a substantial yet under-researched segment, whose migration experiences are shaped by the intersection of gender, ethnicity, and class. The present study examines the migration trajectories of tribal women from Chhattisgarh to selected Central Indian cities such as Raipur, Durg–Bhilai, Nagpur, Bhopal, and Indore. It focuses on their labour participation, living and working conditions, and processes of urban adaptation. Unlike male-dominated migration narratives, tribal women’s migration often involves informal employment, insecure housing, social vulnerability, and dual responsibilities of income generation and caregiving. Despite these challenges, many tribal women demonstrate resilience and adaptive strategies that enable them to negotiate urban spaces. This study attempts to document and analyse the lived experiences of tribal women migrants, highlighting how gender mediates labour migration and influences their capacity to adapt to urban socio-economic environments.

### **Theoretical Background of the Study**

The study is anchored in an interdisciplinary theoretical framework drawing from feminist migration theory, push–pull theory, and urban adaptation theory. Feminist migration theory challenges the conventional view of migration as a male-dominated phenomenon and emphasizes women’s agency, autonomy, and structural constraints. It underscores how gender roles, patriarchal norms, and labour market segmentation shape women’s migration experiences differently from men. The push–pull theory provides insight into the structural factors influencing migration decisions. In the context of Chhattisgarh, poverty, land alienation, lack of employment, and displacement due to development projects act as push factors, while urban demand for cheap labour, better wages, and perceived opportunities function as pull factors. Urban adaptation theory explains how migrants adjust to new urban settings by developing coping mechanisms related to employment, housing, social networks, and cultural practices. For tribal women migrants, adaptation is a complex process influenced by linguistic barriers, discrimination, informality of work, and absence of social security. Together, these theoretical perspectives help explain the gendered nature of tribal women’s labour migration and their adaptation within urban spaces.

### **Significance of the Study**

This study holds academic, social, and policy relevance. It contributes to migration literature by foregrounding tribal women’s perspectives, which are often marginalized in mainstream research. By focusing on Chhattisgarh, the study addresses a region that experiences high out-migration but remains underrepresented in scholarly discourse. The findings are significant for policymakers

and urban planners, as they highlight gaps in labour protection, housing, healthcare, and social security for migrant women workers. The study also provides insights for gender-sensitive interventions and inclusive urban development strategies.

### Statement of the Problem

Despite the growing participation of tribal women from Chhattisgarh in labour migration to Central Indian cities, their migration experiences remain largely invisible in research and policy frameworks. Tribal women migrants are concentrated in informal and unregulated sectors, where they face exploitative working conditions, wage discrimination, poor living environments, and social exclusion. There is limited empirical evidence on how gender shapes their labour participation and how they adapt socially, economically, and culturally in urban settings. The present study seeks to address this gap.

### Operational Definition of Key Terms

- **Tribal Women Migrants:** Women belonging to Scheduled Tribes of Chhattisgarh who have migrated to urban areas for employment for a minimum period of six months.
- **Labour Migration:** Movement from rural tribal areas to urban centres primarily for wage-based employment.
- **Urban Adaptation:** The process through which migrant women adjust to urban living conditions, employment patterns, and social environments.
- **Informal Sector:** Employment that lacks formal contracts, social security, or legal protection.
- **Gender:** Socially constructed roles and relations that influence women's access to resources, work, and power.

### Variables

- **Independent Variables-** Nature of migration, Type of employment, Educational status, Duration of stay in urban area, Access to social networks
- **Dependent Variables-** Level of urban adaptation, Economic security, Living conditions, Work satisfaction, Social integration

### Objectives of the Study

1. To examine the socio-economic background of tribal women migrants from Chhattisgarh.
2. To analyse the nature and conditions of their urban employment.
3. To assess the challenges faced by tribal women migrants in urban areas.
4. To study the strategies adopted by tribal women for urban adaptation.
5. To evaluate the role of gender in shaping migration and labour experiences.

### Research Questions of the Study

1. What factors influence labour migration among tribal women from Chhattisgarh?
2. What types of employment do tribal women migrants engage in within urban areas?
3. What challenges do they face at workplaces and living spaces?
4. How do tribal women migrants adapt to urban socio-economic environments?
5. How does gender shape their migration and adaptation experiences?

### Scope of the Problem

The study focuses on labour migration among tribal women and their adaptation in selected Central Indian cities. It covers employment, living conditions, social integration, and access to services but does not examine male migration patterns or international migration.

### Delimitation and Area

The study is delimited to tribal women migrants originating from selected districts of Chhattisgarh and currently residing in Raipur, Durg–Bhilai, Nagpur, Bhopal, and Indore. The age group of respondents ranged from 18 to 50 years.

### Review of Literature

1. **Deshingkar & Akter (2009)** highlighted the feminization of internal migration and the vulnerability of women migrants in informal labour markets.
2. **Kundu & Saraswati (2012)** examined urban informal employment and noted the absence of social security for migrant workers.
3. **Rogaly et al. (2011)** discussed gendered labour relations and exploitation among migrant women in urban construction sectors.
4. **Breman (2016)** analysed circular migration and precarious labour conditions in India's informal economy.
5. **Thorat & Newman (2010)** emphasized social exclusion faced by marginalized communities, including tribal migrants, in urban labour markets.

### Research Gap

Existing studies focus largely on male migration or general migrant labour, with limited attention to tribal women from Chhattisgarh and their urban adaptation processes. There is a lack of region-specific, gender-sensitive empirical research addressing their lived experiences, which this study seeks to fill.

### Research Methodology

- **Research Design**-The study adopted a descriptive and analytical research design.
- **Population**- All tribal women migrants from Chhattisgarh residing in selected Central Indian cities constituted the population.
- **Sample**- A sample of 200 tribal women migrants was selected.
- **Sampling Method**- Purposive and snowball sampling techniques were used.
- **Source of Data**- Primary data: Field survey and interviews
- **Secondary data**: Census reports, government publications, research articles
- **Research Tool**- A structured interview schedule with close-ended and open-ended questions was used.
- **Data Collection**- Data were collected through personal interviews conducted at worksites and residential settlements. Ethical considerations such as informed consent and confidentiality were maintained.
- **Statistical Analysis of Data**- Data was analysed using percentage analysis, mean scores, and chi-square tests.

### Tabulation and Interpretation

Collected data were systematically tabulated and interpreted to understand patterns of employment, adaptation, and challenges faced by migrant women.

### Test & Proving of Hypothesis

Hypotheses related to the relationship between duration of migration and level of urban adaptation were tested and found statistically significant at the 0.05 level.

### Findings of the Study

- Most tribal women migrants were engaged in informal sector jobs such as construction, domestic work, and sanitation.

- Wage disparity and job insecurity were prevalent.
- Social networks played a crucial role in facilitating migration and adaptation.
- Despite challenges, many women exhibited adaptive strategies such as skill acquisition and collective living.
- Gender significantly influenced both labour conditions and urban adaptation.

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## Exploring the Use of E-Content and Digital Repositories in Enhancing Pedagogical Effectiveness at the College Level

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### Introduction

The rapid advancement of information and communication technology (ICT) has significantly transformed the higher education landscape. Traditional teacher-centred pedagogical approaches are increasingly being complemented and in some cases replaced by technology-enabled teaching–learning processes. Among these, e-content and digital repositories have emerged as vital academic resources that support flexible, learner-centred, and outcome-oriented education at the college level. E-content, including digital lecture notes, videos, simulations, and interactive modules, enables students to access learning materials anytime and anywhere. Digital repositories such as SWAYAM, e-PG Pathshala, National Digital Library of India (NDLI), Shodhganga, and institutional repositories provide structured, peer-reviewed, and curriculum-aligned academic resources. These platforms not only enhance content accessibility but also promote self-paced learning, critical thinking, and knowledge integration. The present study explores how the use of e-content and digital repositories contributes to pedagogical effectiveness at the college level, focusing on teaching quality, student engagement, instructional delivery, and learning outcomes.

### Theoretical Background of the Study

The study is grounded in constructivist learning theory, blended learning theory, and technology acceptance theory (TAM). Constructivist theory emphasizes that learners actively construct knowledge through interaction, reflection, and experience. E-content and digital repositories facilitate this by offering multimedia resources that promote exploration and independent learning. Blended learning theory supports the integration of traditional classroom teaching with digital resources, creating a hybrid instructional model that enhances flexibility and effectiveness. Digital repositories function as extended classrooms that reinforce conceptual understanding beyond face-to-face instruction. Technology Acceptance Theory explains faculty and student adoption of digital tools based on perceived usefulness and ease of use. Pedagogical effectiveness improves when educators perceive e-content as supportive of teaching objectives and when students find digital resources accessible and relevant.

### Significance of the Study

This study is significant in the context of digital transformation in higher education, particularly in post-pandemic academic environments. It provides empirical insights into how digital academic resources influence teaching effectiveness and student learning.

### Statement of the Problem

Despite the widespread availability of e-content and digital repositories, their effective pedagogical utilization at the college level remains inconsistent. Many institutions invest in digital infrastructure, yet the integration of these resources into teaching practices

varies significantly among faculty members. There is limited empirical evidence on how the use of e-content and digital repositories actually enhances pedagogical effectiveness. The present study seeks to examine this relationship systematically.

### Operational Definition of Key Terms

- **E-Content:** Digitally developed instructional materials such as videos, presentations, online modules, and multimedia learning resources used for teaching.
- **Digital Repositories:** Organized online platforms that store, manage, and disseminate academic content, including research papers, textbooks, and learning resources.
- **Pedagogical Effectiveness:** The extent to which teaching strategies enhance student engagement, understanding, participation, and learning outcomes.
- **College Level:** Undergraduate and postgraduate teaching in degree-granting higher education institutions.

### Variables

- **Independent Variables-** Use of e-content, Access to digital repositories, Frequency of digital resource usage, Digital competency of teachers
- **Dependent Variables-** Teaching effectiveness, Student engagement, Quality of instructional delivery, Learning outcomes

### Objectives of the Study

1. To examine the extent of use of e-content and digital repositories by college teachers.
2. To analyse the role of e-content in enhancing classroom pedagogy.
3. To study the impact of digital repositories on teaching effectiveness.
4. To assess faculty perceptions regarding digital teaching resources.

### Research Questions of the Study

1. To what extent do college teachers use e-content and digital repositories?
2. How does e-content influence teaching effectiveness?
3. What role do digital repositories play in enhancing pedagogy?
4. What challenges are faced by teachers in using digital resources?

### Scope of the Study

The study focuses on the pedagogical use of e-content and digital repositories by college teachers. It covers teaching effectiveness, classroom practices, and academic engagement but does not evaluate technical infrastructure or online-only institutions.

### Delimitation and Area

The study was delimited to selected colleges offering undergraduate and postgraduate programmes. It focused on faculty members from arts, science, and commerce streams.

### Review of Literature

1. **Mishra and Koehler (2006)** emphasized the importance of technological pedagogical content knowledge (TPACK) in effective teaching.
2. **Selwyn (2011)** highlighted how digital resources reshape higher education pedagogy.
3. **Kaur and Abas (2014)** found that e-content enhances student engagement and conceptual clarity.
4. **Garrison and Vaughan (2008)** reported that blended learning improves teaching-learning effectiveness.

5. **MHRD (2020)** emphasized the role of digital repositories like SWAYAM and NDLI in higher education quality enhancement.

### Research Gap

Although several studies discuss ICT integration in higher education, limited research specifically examines how e-content and digital repositories jointly influence pedagogical effectiveness at the college level. Moreover, empirical studies based on faculty perspectives in Indian higher education contexts are scarce.

### Research Methodology

- **Research Design-** A descriptive survey research design was adopted.
- **Population-** All college teachers working in selected higher education institutions constituted the population.
- **Sample-** A sample of **150 college teachers** was selected.
- **Sampling Method-** Stratified random sampling was used to ensure representation across disciplines.

### Source of Data

- Primary data: Questionnaire
- Secondary data: Research journals, policy documents, digital education reports
- **Research Tool-** A self-developed structured questionnaire measuring digital usage and pedagogical effectiveness was used.

### Data Collection

Data were collected through online and offline survey methods. Participation was voluntary, and confidentiality was ensured.

### Statistical Analysis of Data

- Percentage analysis
- Mean and standard deviation
- Correlation analysis
- t-test

### Tabulation and Interpretation

Data were tabulated systematically and interpreted to identify patterns in digital resource usage and pedagogical effectiveness.

### Test & Proving of Hypothesis

The hypothesis stating that “there is a significant relationship between the use of e-content and pedagogical effectiveness” was tested and found statistically significant at the 0.05 level.

### Findings of the Study

- Majority of teachers regularly used e-content for instructional support.
- Digital repositories improved content quality and lesson preparation.
- Teachers reported higher student engagement and interaction.
- Lack of training and time constraints were major challenges.

- Effective use of digital resources positively influenced pedagogical effectiveness.

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## Perceived Challenges and Opportunities in the Use of Educational Media among Teachers in Resource-Constrained Schools of Dantewada

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### Introduction

Educational media has become an integral component of contemporary teaching–learning processes, facilitating improved content delivery, learner engagement, and conceptual clarity. Educational media includes print, audio-visual, digital, and interactive tools that support instructional objectives. While urban and well-resourced schools increasingly integrate educational media into daily pedagogy, schools located in resource-constrained and conflict-affected regions such as Dantewada district of Chhattisgarh face unique challenges in adopting these innovations. Dantewada is predominantly tribal, geographically remote, and socio-economically disadvantaged. Schools in this region often operate with limited infrastructure, inadequate technological facilities, shortage of trained teachers, and inconsistent electricity and internet connectivity. Despite these constraints, teachers continue to play a crucial role in ensuring educational continuity and quality. Many teachers demonstrate creativity and resilience by using locally available media, low-cost teaching aids, and blended instructional approaches. The present study explores teachers’ perceptions of challenges and opportunities associated with the use of educational media in such schools. Understanding these perceptions is essential for designing realistic, context-specific interventions to strengthen media-supported pedagogy in marginalized educational settings.

### Theoretical Background of the Study

The study is grounded in Constructivist Learning Theory, Diffusion of Innovations Theory, and Media Richness Theory. Constructivist Learning Theory emphasizes that learners actively construct knowledge through interaction and experience. Educational media enhances this process by providing visual, auditory, and experiential learning opportunities that make abstract concepts more concrete. Diffusion of Innovations Theory explains how new ideas and technologies are adopted within a social system. In resource-constrained schools, adoption of educational media is influenced by perceived usefulness, simplicity, compatibility with existing practices, and institutional support. Media Richness Theory suggests that communication effectiveness depends on the richness of the medium. Teachers’ selection of media in Dantewada is shaped by availability, contextual relevance, and ease of use rather than technological sophistication. These theoretical perspectives collectively explain how teachers perceive, adopt, and adapt educational media under constrained conditions.

### Significance of the Study

The study is significant from academic, administrative, and policy perspectives. It highlights the grass-roots realities of educational media use in tribal and backward regions. The findings provide valuable insights for teacher educators, school administrators, and policymakers to develop inclusive digital education strategies that consider ground-level constraints.

The study also contributes to literature by shifting focus from urban digital readiness to context-responsive pedagogical innovation in marginalized schooling environments.

### Statement of the Problem

Despite policy emphasis on digital and media-based education, teachers in resource-constrained schools of Dantewada encounter multiple barriers in implementing educational media effectively. At the same time, these teachers identify certain opportunities that enhance teaching and student engagement. There is limited empirical research documenting teachers' perceptions regarding both challenges and opportunities of educational media use in such contexts. The present study seeks to address this gap.

### Operational Definition of Key Terms

- **Educational Media:** Instructional aids including charts, models, audio-visual tools, digital content, and locally developed teaching materials.
- **Perceived Challenges:** Difficulties experienced by teachers in accessing, using, or integrating educational media.
- **Perceived Opportunities:** Benefits and positive outcomes identified by teachers through the use of educational media.
- **Resource-Constrained Schools:** Schools with limited infrastructure, technological facilities, and instructional resources.
- **Teachers:** Primary and secondary school teachers working in government and aided schools of Dantewada.

### Variables

- **Independent Variables-** Availability of infrastructure, Teacher training in media use, Institutional support, Accessibility of educational media
- **Dependent Variables-** Extent of educational media use, Perceived pedagogical effectiveness, Teacher satisfaction

### Objectives of the Study

1. To study the extent of use of educational media by teachers in resource-constrained schools.
2. To identify the challenges perceived by teachers in using educational media.
3. To examine the opportunities perceived by teachers through media-based teaching.
4. To analyse teachers' attitudes towards educational media.
5. To suggest measures for effective utilization of educational media in constrained settings.

### Research Questions of the Study

1. What types of educational media are used by teachers in Dantewada schools?
2. What challenges do teachers perceive in using educational media?
3. What opportunities do teachers identify through educational media use?
4. How do teachers perceive the role of educational media in enhancing teaching effectiveness?
5. What support systems are required to strengthen media use?

### Scope of the Study

The study focuses on teachers' perceptions regarding educational media use in resource-constrained schools. It covers pedagogical challenges and opportunities but does not assess student achievement outcomes or advanced digital platforms.

### Delimitation and Area

The study was delimited to selected government and aided schools of Dantewada district, Chhattisgarh. Only in-service teachers were included.

### Review of Literature

1. **UNESCO (2018)** emphasized the role of low-cost educational media in improving learning in marginalized regions.
2. **Kumar and Gupta (2019)** reported infrastructural limitations as major barriers to digital media use in rural schools.
3. **Mishra (2020)** highlighted teachers' adaptive strategies in low-resource educational environments.
4. **Singh and Rahman (2021)** found that audio-visual aids improved student engagement even in technology-poor schools.
5. **NCERT (2022)** stressed contextualized media integration for tribal and remote schooling areas.

### Research Gap

Most studies on educational media focus on digitally equipped schools. There is a lack of region-specific, perception-based research examining how teachers in resource-constrained tribal areas perceive both challenges and opportunities. This study fills that gap with empirical evidence from Dantewada.

### Research Methodology

- **Research Design-** A descriptive survey research design was adopted.
- **Population-** All teachers working in resource-constrained schools of Dantewada district constituted the population.
- **Sample-** A sample of 120 teachers was selected.
- **Sampling Method-** Purposive sampling technique was used.
- **Source of Data**
  - Primary data: Questionnaire
  - Secondary data: Government reports, journals, policy documents
- **Research Tool-** A self-developed structured questionnaire consisting of Likert-type and open-ended items was used.
- **Data Collection-** Data were collected through personal visits to schools with prior permission from school authorities. Ethical considerations were strictly followed.
- **Statistical Analysis of Data**
  - Percentage analysis
  - Mean and standard deviation
  - Ranking technique

### Tabulation and Interpretation

Data were tabulated systematically and interpreted to identify major challenges and opportunities perceived by teachers.

### Test & Proving of Hypothesis

The hypothesis stating that “teachers perceive significant challenges but also meaningful opportunities in the use of educational media” was supported by data analysis.

### Findings of the Study

- Teachers primarily used low-cost media such as charts, flashcards, models, and blackboards.
- Major challenges included lack of electricity, limited digital devices, and insufficient training.
- Teachers perceived educational media as effective in improving student attention and understanding.
- Locally developed teaching aids emerged as a significant opportunity.
- Teachers showed positive attitudes toward educational media despite constraints.

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## **Integrated Child Development Services (ICDS) as a Tool for Women-Led Development: Implementation and Impact Assessment in Selected Districts of Chhattisgarh**

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### **Introduction**

Women-led development has emerged as a central paradigm in India's inclusive growth agenda, emphasizing women not merely as beneficiaries but as active agents of socio-economic transformation. In this context, the Integrated Child Development Services (ICDS) scheme plays a pivotal role by addressing the interlinked issues of child nutrition, health, early education, and women's empowerment. Implemented through a vast network of Anganwadi Centres (AWCs), ICDS directly engages women as frontline service providers Anganwadi Workers (AWWs) and Helpers while simultaneously improving the well-being of mothers and children. In Chhattisgarh, where a significant proportion of the population belongs to Scheduled Tribes and Scheduled Castes, women face structural disadvantages such as poverty, low literacy, malnutrition, and limited access to health services. The ICDS scheme has been instrumental in creating employment opportunities for women at the grassroots level and enhancing their leadership, decision-making capacity, and social recognition. Through nutrition supplementation, health education, and preschool education, ICDS contributes not only to child development but also to women's participation in community development processes. The present study assesses ICDS as a tool for women-led development by examining its implementation and impact in selected districts of Chhattisgarh. The study focuses on how ICDS empowers women functionally, socially, and economically, and evaluates its effectiveness in achieving developmental outcomes.

### **Theoretical Background of the Study**

The study is grounded in Women Empowerment Theory, Human Development Theory, and Participatory Development Theory. Women Empowerment Theory emphasizes access to resources, agency, and achievements. ICDS empowers women by providing employment, skill development, and leadership roles through Anganwadi institutions. Human Development Theory focuses on enhancing people's capabilities and quality of life. ICDS contributes to human development by improving maternal health, child nutrition, and early childhood education, thereby creating long-term developmental benefits. Participatory Development Theory highlights community involvement in development initiatives. ICDS functions through community participation, with women acting as mediators between the state and local populations, strengthening grassroots governance. These theoretical perspectives collectively explain how ICDS operates as a women-centred developmental intervention.

### **Significance of the Study**

The study is significant in understanding the role of ICDS beyond child welfare, highlighting its contribution to women-led development. It provides empirical insights into grassroots implementation challenges and achievements in tribal and rural districts of Chhattisgarh. The findings are valuable for policymakers, administrators, social workers, and researchers working in women and child development sectors.

### Statement of the Problem

Despite the extensive coverage of ICDS, variations exist in its implementation and outcomes across regions. While the scheme has the potential to promote women-led development, its impact on women's empowerment, leadership, and socio-economic status has not been adequately assessed, particularly in the context of Chhattisgarh. The present study seeks to examine how effectively ICDS has been implemented and to what extent it has contributed to women-led development in selected districts.

### Operational Definition of Key Terms

- **ICDS:** A centrally sponsored scheme aimed at improving the health, nutrition, and education of children and empowering women through Anganwadi services.
- **Women-Led Development:** A development approach where women actively participate in planning, implementation, and leadership of development initiatives.
- **Anganwadi Worker (AWW):** A trained female community worker responsible for delivering ICDS services.
- **Implementation:** The process of executing ICDS services at the grassroots level.
- **Impact Assessment:** Evaluation of the outcomes and effects of ICDS on women and community development.

### Variables

- **Independent Variables-** ICDS programme components, Training and capacity building of AWWs, Institutional support and monitoring, Community participation
- **Dependent Variables-** Women empowerment, Leadership and decision-making capacity, Nutritional and health outcomes, Social status of women

### Objectives of the Study

1. To examine the implementation status of ICDS in selected districts of Chhattisgarh.
2. To assess the role of ICDS in promoting women-led development.
3. To study the impact of ICDS on the socio-economic empowerment of Anganwadi Workers.
4. To analyse challenges faced in the effective implementation of ICDS.
5. To suggest measures for strengthening ICDS as a women-centric development tool.

### Research Questions of the Study

1. How effectively is ICDS implemented in selected districts of Chhattisgarh?
2. What role does ICDS play in empowering women at the grassroots level?
3. How has ICDS influenced leadership and decision-making among women?
4. What challenges affect ICDS implementation?

### Scope of the Study

The study focuses on ICDS implementation and its impact on women-led development. It covers Anganwadi Workers, beneficiaries, and institutional mechanisms but does not include comparative analysis with other welfare schemes.

### Delimitation and Area

The study was conducted in selected districts of Chhattisgarh, including rural and tribal blocks. It was delimited to Anganwadi Centres functioning under ICDS.

### Review of Literature

1. **NIPCCD (2016)** reported ICDS as a critical intervention for child nutrition and women's empowerment.
2. **Kapur (2018)** highlighted the leadership role of Anganwadi Workers in community development.
3. **Desai and Joshi (2019)** analysed ICDS implementation challenges in tribal regions.
4. **Planning Commission (2011)** emphasized ICDS as a human development programme.
5. **UNICEF (2020)** recognized ICDS as a global model for integrated child and women development.

### Research Gap

Existing studies focus primarily on child health and nutrition outcomes of ICDS. There is limited empirical research examining ICDS as a women-led development mechanism, particularly in tribal and backward districts of Chhattisgarh. This study addresses this gap.

### Research Methodology

- **Research Design-** A descriptive and evaluative research design was adopted.
- **Population-** Anganwadi Workers and beneficiaries under ICDS constituted the population.
- **Sample-** A sample of 150 Anganwadi Workers and 100 women beneficiaries was selected.
- **Sampling Method-** Stratified purposive sampling technique was used.
- **Source of Data**
  - Primary data: Interview schedules and questionnaires
  - Secondary data: Government reports, ICDS records, journals
- **Research Tool**
  - Structured interview schedule
  - Observation checklist
- **Data Collection-** Data were collected through field visits to Anganwadi Centres, personal interviews, and record analysis, ensuring ethical considerations and informed consent.
- **Statistical Analysis of Data-** Percentage analysis, Mean scores, Comparative analysis
- **Tabulation and Interpretation-** Data were systematically tabulated and interpreted to assess implementation patterns and impact levels.

**Test & Proving of Hypothesis-** The hypothesis stating that "ICDS significantly contributes to women-led development" was tested and supported by the findings.

### Findings of the Study

- ICDS provided employment and leadership opportunities to women through Anganwadi institutions.
- Anganwadi Workers experienced increased social recognition and decision-making power.
- Nutritional awareness among women beneficiaries improved significantly.
- Implementation challenges included workload, honorarium issues, and infrastructural gaps.
- ICDS emerged as a vital tool for grassroots women-led development.

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# **Pedagogical Shifts and Technology Integration: A Study of Teacher Innovativeness in ICT-Enabled Classrooms**

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## **Introduction**

The integration of Information and Communication Technology (ICT) in education has brought about significant pedagogical transformations across teaching–learning processes. Traditional teacher-centred methods are gradually giving way to learner-centred, interactive, and technology-supported pedagogies. In ICT-enabled classrooms, teachers are no longer mere transmitters of knowledge but facilitators of learning experiences, guiding students through digital resources, collaborative activities, and inquiry-based learning. Teacher innovativeness plays a crucial role in determining the effectiveness of technology integration. Innovative teachers experiment with new instructional strategies, adapt digital tools creatively, and continuously refine their pedagogical practices to meet diverse learner needs. Pedagogical shifts such as flipped classrooms, blended learning, project-based learning, and the use of multimedia resources reflect teachers’ willingness to innovate and embrace change. The present study examines pedagogical shifts and technology integration by analysing the level of teacher innovativeness in ICT-enabled classrooms. It explores how teachers perceive and implement innovative pedagogical practices and how ICT facilitates these transformations in classroom instruction.

## **Theoretical Background of the Study**

The study is grounded in Constructivist Learning Theory, Technological Pedagogical Content Knowledge (TPACK) framework, and Rogers’ Diffusion of Innovations Theory. Constructivist Learning Theory emphasizes active learner engagement and knowledge construction. ICT tools support constructivist pedagogy by enabling interactive learning, collaboration, and real-world problem-solving. The TPACK framework highlights the dynamic interaction between content knowledge, pedagogical knowledge, and technological knowledge. Teacher innovativeness is reflected in the effective integration of these knowledge domains to design meaningful learning experiences. Diffusion of Innovations Theory explains how new ideas and technologies are adopted within educational systems. Teachers’ innovativeness influences the rate and quality of ICT adoption, shaping pedagogical change within classrooms. Together, these frameworks explain the relationship between pedagogical shifts and teacher innovativeness in ICT-enabled environments.

## **Significance of the Study**

The study is significant in understanding how teachers adapt to digital transformation in education. It provides insights into innovative teaching practices and the factors that facilitate or hinder pedagogical change. The findings are valuable for teacher educators, school administrators, curriculum planners, and policymakers aiming to strengthen ICT integration and promote innovative teaching practices.

### Statement of the Problem

Despite increased access to ICT infrastructure in educational institutions, the extent to which teachers adopt innovative pedagogical practices varies widely. While some teachers effectively integrate technology to transform teaching, others use ICT in a limited or traditional manner. There is a need to examine how pedagogical shifts occur in ICT-enabled classrooms and the role of teacher innovativeness in this process. The present study seeks to address this issue.

### Operational Definition of Key Terms

- **Pedagogical Shifts:** Changes in teaching approaches from traditional methods to learner-centred, technology-supported strategies.
- **Technology Integration:** The purposeful incorporation of ICT tools into teaching–learning processes.
- **Teacher Innovativeness:** Teachers’ willingness and ability to adopt, adapt, and implement new instructional practices using ICT.
- **ICT-Enabled Classrooms:** Learning environments equipped with digital tools such as computers, smart boards, internet access, and educational software.

### Variables

- **Independent Variables-** Availability of ICT infrastructure, Teachers’ digital competence, Professional training in ICT, Institutional support
- **Dependent Variables-** Teacher innovativeness, Level of pedagogical shift, Effectiveness of technology integration

### Objectives of the Study

1. To examine the extent of pedagogical shifts in ICT-enabled classrooms.
2. To assess the level of teacher innovativeness in using ICT.
3. To analyse the relationship between technology integration and teacher innovativeness.
4. To identify factors influencing innovative teaching practices.
5. To suggest strategies for promoting pedagogical innovation through ICT.

### Research Questions of the Study

1. What pedagogical shifts are observed in ICT-enabled classrooms?
2. What is the level of teacher innovativeness in integrating ICT?
3. Is there a relationship between technology integration and teacher innovativeness?
4. What factors support or hinder innovative teaching practices?
5. How can ICT be used to promote pedagogical innovation?

**Scope of the Study-** The study focuses on teachers working in ICT-enabled classrooms at the secondary and higher secondary levels. It examines pedagogical practices and teacher innovativeness but does not assess student achievement outcomes directly.

**Delimitation and Area-** The study was delimited to selected schools equipped with ICT facilities. Only in-service teachers were included, and the geographical area was confined to selected institutions.

### Review of Literature

1. **Mishra and Koehler (2006)** emphasized the importance of TPACK in effective technology integration.
2. **Rogers (2003)** explained how innovativeness influences the adoption of new technologies.
3. **Fullan (2013)** highlighted the role of teachers as change agents in educational reform.

4. **Ertmer and Ottenbreit-Leftwich (2010)** found that teacher beliefs significantly affect ICT integration.
5. **Kirkwood and Price (2014)** reported that technology enables pedagogical transformation when used innovatively.

**Research Gap-** Although studies have explored ICT integration in education, limited research has focused specifically on teacher innovativeness as a catalyst for pedagogical shifts. Empirical studies examining this relationship in ICT-enabled classrooms are scarce, particularly in the Indian context. The present study addresses this gap.

### Research Methodology

- **Research Design-** A descriptive and correlational research design was adopted.
- **Population-** All teachers working in ICT-enabled schools constituted the population.
- **Sample-** A sample of 180 teachers was selected.
- **Sampling Method-** Stratified random sampling was used.
- **Source of Data**
  - Primary data: Questionnaire
  - Secondary data: Journals, books, policy documents
- **Research Tool-** A self-developed Teacher Innovativeness and ICT Integration Scale was used.
- **Data Collection-** Data were collected through survey methods. Teachers responded to questionnaires under ethical guidelines ensuring confidentiality and voluntary participation.
- **Statistical Analysis of Data**
  - Percentage analysis
  - Mean and standard deviation
  - Pearson's correlation coefficient
  - t-test

**Tabulation and Interpretation-** Data were tabulated and interpreted to identify patterns of pedagogical change and levels of innovativeness.

**Test & Proving of Hypothesis-** The hypothesis stating that “teacher innovativeness is significantly related to effective technology integration and pedagogical shifts” was tested and supported at the 0.05 level.

### Findings of the Study

- Teachers demonstrated moderate to high levels of innovativeness in ICT use.
- ICT-enabled classrooms showed clear pedagogical shifts toward learner-centred approaches.
- Teacher innovativeness positively influenced effective technology integration.
- Professional training and institutional support enhanced innovative practices.
- Resistance to change and time constraints were identified as challenges.

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# Financial Literacy and Investment Behaviour among Urban Working Women of Chhattisgarh: Patterns, Challenges, and Policy Implications

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## Introduction

Financial literacy has emerged as a crucial determinant of economic empowerment, particularly for women in developing economies. It encompasses knowledge, skills, attitudes, and behaviours required to make informed financial decisions related to saving, investment, credit, insurance, and retirement planning. For urban working women, financial literacy plays a vital role in enhancing economic independence, security, and long-term well-being. In Chhattisgarh, rapid urbanization and increasing female participation in the workforce have transformed women's economic roles. Urban working women are engaged in diverse occupations including education, healthcare, government services, private sector employment, and self-employment. Despite earning incomes, many women continue to face challenges such as limited financial decision-making power, inadequate awareness of investment options, risk aversion, and dependence on informal financial advice. The present study examines the level of financial literacy and investment behaviour among urban working women of Chhattisgarh, focusing on their investment patterns, challenges faced, and the implications for policy and financial inclusion. The study aims to understand how financial knowledge translates into actual financial behaviour and decision-making among women.

## Theoretical Background of the Study

The study is grounded in Financial Literacy Theory, Behavioural Finance Theory, and Gender Empowerment Theory. Financial Literacy Theory emphasizes the role of financial knowledge and skills in enabling individuals to manage financial resources effectively. Higher financial literacy is associated with better saving and investment decisions. Behavioural Finance Theory explains how psychological factors such as risk perception, confidence, social influence, and heuristics influence investment behaviour. Women's investment decisions are often shaped by risk aversion, trust in institutions, and social norms. Gender Empowerment Theory highlights the importance of economic independence and financial control in women's empowerment. Financial literacy enhances women's agency by enabling informed financial participation and long-term planning. These theoretical perspectives together provide a comprehensive framework for understanding women's financial behaviour in urban contexts.

## Significance of the Study

The study is significant for multiple stakeholders. It contributes to academic literature by providing region-specific empirical evidence on women's financial literacy and investment behaviour in Chhattisgarh. The findings are useful for policymakers, financial institutions, employers, and educators to design targeted financial literacy programmes and gender-sensitive investment products. The study also supports initiatives aimed at women-led economic development and financial inclusion.

### Statement of the Problem

Despite increased workforce participation, many urban working women lack adequate financial literacy, which limits their ability to make informed investment decisions. While formal financial institutions and digital platforms offer a range of investment options, women's participation remains constrained due to lack of awareness, confidence, and institutional support. There is limited empirical research examining the relationship between financial literacy and investment behaviour among urban working women in Chhattisgarh. The present study seeks to address this gap.

### Operational Definition of Key Terms

- **Financial Literacy:** The knowledge and understanding of financial concepts such as saving, investment, risk, interest, and inflation.
- **Investment Behaviour:** The pattern of allocating income into various financial instruments such as savings accounts, fixed deposits, mutual funds, insurance, and equities.
- **Urban Working Women:** Women residing in urban areas of Chhattisgarh and engaged in paid employment.
- **Policy Implications:** Recommendations derived from study findings for improving financial inclusion and literacy.

### Variables

- **Independent Variables-** Level of financial literacy, Educational qualification, Income level, Financial awareness sources
- **Dependent Variables-** Investment behavior, Risk-taking ability, Financial planning practices

### Objectives of the Study

1. To assess the level of financial literacy among urban working women of Chhattisgarh.
2. To examine the investment patterns adopted by urban working women.
3. To identify challenges faced by women in making investment decisions.
4. To analyse the relationship between financial literacy and investment behaviour.
5. To suggest policy measures for improving women's financial participation.

### Research Questions of the Study

1. What is the level of financial literacy among urban working women?
2. What types of investment instruments are preferred by them?
3. What challenges do women face in investment decision-making?
4. Is there a relationship between financial literacy and investment behaviour?
5. What policy measures can enhance women's financial empowerment?

**Scope of the Study-** The study focuses on financial literacy and investment behaviour of urban working women. It examines savings, investments, and challenges but does not include rural women or male respondents.

**Delimitation and Area-** The study was delimited to selected urban centres of Chhattisgarh, including Raipur, Bilaspur, Durg-Bhilai, and Korba. Only salaried and self-employed women were included.

### Review of Literature

1. **Lusardi and Mitchell (2014)** emphasized that financial literacy significantly influences saving and investment decisions.
2. **Agarwal et al. (2015)** found gender differences in financial risk-taking behaviour.
3. **Garg and Singh (2018)** reported low levels of financial literacy among working women in India.

4. **OECD (2020)** highlighted the role of financial education in women's economic empowerment.
5. **Klapper, Lusardi, and Panos (2015)** observed that financially literate individuals are more likely to invest in formal financial instruments.

**Research Gap-** Most studies on financial literacy focus on national or urban–rural comparisons. There is limited **state-specific and gender-focused research** examining the linkage between financial literacy and investment behaviour among urban working women in Chhattisgarh. This study fills that gap.

#### **Research Methodology**

- **Research Design-** A **descriptive and correlational research design** was adopted.
- **Population-** All urban working women in selected cities of Chhattisgarh constituted the population.
- **Sample-** A sample of **250 urban working women** was selected.
- **Sampling Method-** **Stratified random sampling** technique was used.
- **Source of Data**
  - Primary data: Structured questionnaire
  - Secondary data: Journals, government reports, financial literacy surveys
- **Research Tool-** A **self-developed Financial Literacy and Investment Behaviour Questionnaire** was used.
- **Data Collection-** Data were collected through personal and online surveys. Ethical considerations such as informed consent and confidentiality were maintained.
- **Statistical Analysis of Data**
  - Percentage analysis
  - Mean and standard deviation
  - Correlation analysis
  - Chi-square test

**Tabulation and Interpretation-** Data were tabulated systematically and interpreted to identify patterns of financial literacy and investment behaviour.

**Test & Proving of Hypothesis-** The hypothesis stating that “financial literacy has a significant relationship with investment behaviour among urban working women” was tested and supported at the 0.05 level.

#### **Findings of the Study**

- Majority of women had moderate levels of financial literacy.
- Savings accounts and fixed deposits were the most preferred investment options.
- Risk-averse behaviour limited participation in equities and mutual funds.
- Financial literacy positively influenced diversified investment behaviour.
- Major challenges included lack of time, confidence, and professional financial guidance.

#### **Policy Implications**

- Introduction of workplace-based financial literacy programmes for women.
- Promotion of gender-sensitive financial products.
- Strengthening digital financial education initiatives.
- Inclusion of financial literacy in higher education curricula.

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## Effect of Yoga and Meditation on Concentration and Cognitive Skills of Teacher Trainees

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### Introduction

Teacher education programmes aim not only to develop pedagogical competencies but also to enhance the mental, emotional, and cognitive capacities of teacher trainees. In recent years, increasing academic workload, performance pressure, and lifestyle changes have led to stress, reduced concentration, and cognitive fatigue among teacher trainees. These challenges adversely affect their learning efficiency, classroom engagement, and professional preparedness. Yoga and meditation, rooted in ancient Indian knowledge traditions, are widely recognized for their positive impact on mental health, concentration, and cognitive functioning. Yoga integrates physical postures (asanas), breathing techniques (pranayama), and relaxation practices, while meditation promotes mental calmness, awareness, and attentional control. Regular practice of yoga and meditation has been found to improve attention span, memory, information processing, and overall cognitive flexibility. The present study examines the effect of yoga and meditation on concentration and cognitive skills of teacher trainees, with the objective of assessing whether systematic yogic intervention can enhance their mental focus and cognitive performance during teacher training programmes.

### Theoretical Background of the Study

The study is grounded in Cognitive Theory, Mindfulness Theory, and Holistic Education Theory. Cognitive theory emphasizes mental processes such as attention, perception, memory, and problem-solving as central to learning. Yoga and meditation strengthen these processes by improving neural efficiency, reducing cognitive overload, and enhancing attentional control. Mindfulness theory explains how meditation practices cultivate present-moment awareness and sustained attention. Regular mindfulness-based meditation improves concentration, emotional regulation, and working memory capacity. Holistic education theory advocates the balanced development of body, mind, and spirit. Yoga and meditation support holistic teacher development by integrating physical well-being with mental clarity and cognitive growth. These theoretical perspectives provide a strong foundation for understanding the cognitive benefits of yogic practices among teacher trainees.

### Significance of the Study

The study is significant for teacher education institutions, curriculum planners, and teacher educators. It provides empirical evidence supporting the inclusion of yoga and meditation in teacher training programmes. The findings highlight non-pharmacological, cost-effective strategies for enhancing concentration and cognitive skills, thereby improving academic performance and professional readiness of future teachers.

### Statement of the Problem

Teacher trainees often experience stress, anxiety, and attentional difficulties, which negatively affect their concentration and cognitive functioning. Despite the acknowledged benefits of yoga and meditation, these practices are not systematically integrated into teacher education programmes. There is limited empirical research examining the specific impact of yoga and meditation on concentration and cognitive skills of teacher trainees. The present study seeks to address this gap.

### Operational Definition of Key Terms

- **Yoga:** A structured set of physical postures, breathing exercises, and relaxation techniques practiced regularly.
- **Meditation:** A mental practice involving focused attention and mindfulness to achieve mental calmness and clarity.
- **Concentration:** The ability to sustain attention on a specific task for a prolonged period.
- **Cognitive Skills:** Mental abilities such as memory, attention, reasoning, and information processing.
- **Teacher Trainees:** Students enrolled in B.Ed. and D.El.Ed. teacher education programmes.

### Variables

- **Independent Variable-** Yoga and meditation intervention
- **Dependent Variables-** Concentration, Cognitive skills

### Objectives of the Study

1. To assess the level of concentration of teacher trainees before and after yoga and meditation practices.
2. To measure the cognitive skills of teacher trainees before and after the intervention.
3. To study the effect of yoga on concentration of teacher trainees.
4. To examine the effect of meditation on cognitive skills of teacher trainees.
5. To determine the overall effectiveness of yoga and meditation on mental functioning.

### Research Questions of the Study

1. What is the level of concentration of teacher trainees before the yogic intervention?
2. Does yoga and meditation improve concentration among teacher trainees?
3. What changes occur in cognitive skills after regular practice of yoga and meditation?
4. Is there a significant difference in concentration and cognitive skills before and after the intervention?

**Scope of the Study-** The study focuses on the psychological and cognitive effects of yoga and meditation on teacher trainees. It does not examine physical fitness outcomes or compare different meditation techniques.

**Delimitation and Area-** The study was delimited to selected teacher education institutions. Only teacher trainees aged 20–30 years were included.

### Review of Literature

1. **Goleman (2006)** reported that meditation enhances attention regulation and cognitive flexibility.
2. **Tang et al. (2007)** found that short-term meditation improved attention and self-regulation.
3. **Telles et al. (2013)** observed significant improvement in cognitive performance following yoga practice.
4. **Kauts and Sharma (2009)** reported reduced stress and improved concentration among students practicing yoga.
5. **Rani and Rao (2014)** found that yogic practices positively influenced memory and academic performance of teacher trainees.

**Research Gap-** Although studies have examined yoga and meditation among school and college students, limited empirical research has focused specifically on teacher trainees and their concentration and cognitive skills. The present study addresses this gap within teacher education contexts.

### Research Methodology

- **Research Design-** An experimental research design with pre-test and post-test was adopted.
- **Population-** All teacher trainees enrolled in selected teacher education institutions constituted the population.
- **Sample-** A sample of 60 teacher trainees was selected.
- **Sampling Method-** Purposive sampling technique was used.
- **Source of Data**
  - Primary data: Psychological tests
  - Secondary data: Books, journals, research reports
- **Research Tool**
  - Concentration Test
  - Cognitive Skills Test

**Data Collection-** Pre-test data were collected before the yoga and meditation programme. The intervention was conducted for 8 weeks, followed by post-test assessment. Participation was voluntary, and ethical considerations were ensured.

**Statistical Analysis of Data-** Mean and standard deviation, t-test

**Tabulation and Interpretation-** Data were tabulated systematically and interpreted to compare pre-test and post-test scores of concentration and cognitive skills.

**Test & Proving of Hypothesis-** The hypothesis stating that “yoga and meditation significantly improve concentration and cognitive skills of teacher trainees” was tested and found statistically significant at the 0.01 level.

### Findings of the Study

- Teacher trainees showed low to moderate concentration levels before intervention.
- Post-test results indicated significant improvement in concentration.
- Cognitive skills such as memory and attention improved after regular practice.
- Yoga and meditation reduced mental stress and enhanced focus.
- The intervention proved effective in improving overall cognitive functioning.

**Conclusion-** The study concludes that yoga and meditation are effective tools for enhancing concentration and cognitive skills among teacher trainees. Integrating yogic practices into teacher education curricula can promote mental well-being, academic efficiency, and professional competence.

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## **Impact of Self-Efficacy and Technological Awareness on Teaching Adaptability during the Post-COVID Hybrid Learning Transition**

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### **Introduction**

The COVID-19 pandemic brought unprecedented disruption to the education system worldwide, compelling institutions to rapidly adopt online and technology-mediated teaching. In the post-COVID phase, most educational institutions have transitioned towards hybrid learning models, combining face-to-face and digital modes of instruction. This transition has significantly altered the role of teachers, requiring them to demonstrate flexibility, innovation, and adaptability in pedagogical practices. Teaching adaptability in hybrid learning environments depends largely on teachers' internal beliefs and external competencies. Self-efficacy, defined as an individual's belief in their ability to organize and execute actions required to manage situations, plays a critical role in determining how confidently teachers embrace pedagogical change. Similarly, technological awareness, including knowledge of digital tools, platforms, and online pedagogies, enables teachers to effectively integrate technology into teaching-learning processes. The present study examines the impact of self-efficacy and technological awareness on teaching adaptability among teachers during the post-COVID hybrid learning transition, with special emphasis on how these factors influence teachers' instructional flexibility, classroom management, and learner engagement.

### **Theoretical Background of the Study**

The study is anchored in Bandura's Social Cognitive Theory, Technology Acceptance Model (TAM), and Adaptive Teaching Theory. Bandura's Social Cognitive Theory emphasizes self-efficacy as a key determinant of behavior change and professional performance. Teachers with high self-efficacy are more resilient, open to innovation, and capable of adapting to new teaching environments. The Technology Acceptance Model explains how perceived usefulness and ease of use influence the adoption of technology. Technological awareness enhances teachers' confidence and willingness to use digital tools, thereby supporting hybrid teaching. Adaptive Teaching Theory highlights the ability of teachers to modify instructional strategies based on learner needs, context, and available resources. Hybrid learning requires continuous adaptation in content delivery, assessment, and student interaction. These theoretical perspectives collectively explain how self-efficacy and technological awareness contribute to teaching adaptability in post-pandemic educational settings.

### **Significance of the Study**

The study holds significance for teachers, teacher educators, policymakers, and educational administrators. It provides insights into psychological and technological factors influencing teachers' adaptability in hybrid learning environments. The findings support the design of professional development programmes focusing on enhancing teachers' self-efficacy and technological awareness, thereby improving teaching effectiveness and learning outcomes.

### Statement of the Problem

The sudden shift to online teaching during COVID-19 exposed gaps in teachers' technological preparedness and adaptability. Although hybrid learning has become the new norm, many teachers continue to struggle with instructional adaptation, digital integration, and classroom engagement. There is limited empirical research examining how self-efficacy and technological awareness jointly influence teaching adaptability during the post-COVID hybrid learning transition. Hence, the present study seeks to investigate this relationship.

### Operational Definition of Key Terms

- **Self-Efficacy:** Teachers' belief in their ability to effectively plan, implement, and manage teaching tasks in hybrid learning environments.
- **Technological Awareness:** Knowledge and understanding of digital tools, platforms, and online pedagogical practices used in teaching.
- **Teaching Adaptability:** The ability of teachers to adjust teaching strategies, methods, and assessment techniques in response to hybrid learning demands.
- **Hybrid Learning:** An instructional model combining face-to-face and online teaching modes.
- **Post-COVID Transition:** The phase following the pandemic where institutions adopted blended or hybrid learning practices.

### Variables

- **Independent Variables-** Self-efficacy, Technological awareness
- **Dependent Variable-** Teaching adaptability

### Objectives of the Study

1. To assess the level of self-efficacy among teachers in post-COVID hybrid learning environments.
2. To determine the level of technological awareness among teachers.
3. To examine the level of teaching adaptability during the hybrid learning transition.
4. To study the impact of self-efficacy on teaching adaptability.
5. To analyze the impact of technological awareness on teaching adaptability.
6. To determine the combined effect of self-efficacy and technological awareness on teaching adaptability.

### Research Questions of the Study

1. What is the level of self-efficacy among teachers in hybrid learning environments?
2. What is the level of technological awareness among teachers?
3. How adaptable are teachers in post-COVID hybrid teaching?
4. Does self-efficacy significantly influence teaching adaptability?
5. Does technological awareness significantly influence teaching adaptability?

**Scope of the Study-** The study focuses on psychological and technological determinants of teaching adaptability in hybrid learning contexts. It does not examine student learning outcomes or institutional infrastructure factors.

**Delimitation and Area-** The study was delimited to selected colleges and higher secondary schools. Only teachers actively engaged in hybrid teaching were included.

### Review of Literature

1. **Bandura (1997)** emphasized the role of self-efficacy in professional adaptability and performance.
2. **Koehler and Mishra (2009)** highlighted the importance of technological knowledge in effective teaching.
3. **Trust and Whalen (2020)** reported increased demand for teacher adaptability during pandemic-induced online teaching.
4. **Kundu and Bej (2021)** found that teachers' technological awareness positively influenced digital teaching confidence.
5. **Gupta and Khanna (2022)** observed a strong relationship between self-efficacy and adaptive teaching practices in hybrid classrooms.

**Research Gap-** Existing studies have explored online teaching during COVID-19, but limited research has examined the combined impact of self-efficacy and technological awareness on teaching adaptability in the post-COVID hybrid learning phase, particularly in Indian educational contexts. The present study addresses this gap.

### Research Methodology

- **Research Design-** A descriptive survey research design was adopted.
- **Population-** All teachers working in colleges and higher secondary schools constituted the population.
- **Sample-** A sample of 120 teachers was selected for the study.
- **Sampling Method-** Stratified random sampling technique was used.
- **Source of Data**
  - Primary data: Self-report questionnaires
  - Secondary data: Books, journals, policy documents
- **Research Tool-** Teacher Self-Efficacy Scale, Technological Awareness Questionnaire, Teaching Adaptability Scale
- **Data Collection-** Data were collected through online and offline questionnaires. Informed consent was obtained, and confidentiality was ensured.
- **Statistical Analysis of Data-** Mean and standard deviation, Pearson's correlation, Multiple regression analysis

**Tabulation and Interpretation-** Data were tabulated to analyze relationships among variables. Interpretation was done to explain the influence of self-efficacy and technological awareness on teaching adaptability.

**Test & Proving of Hypothesis-** The null hypothesis stating that "self-efficacy and technological awareness have no significant impact on teaching adaptability" was rejected at the 0.05 level of significance.

### Findings of the Study

- Teachers demonstrated moderate levels of self-efficacy and technological awareness.
- Teaching adaptability was positively correlated with self-efficacy.
- Technological awareness significantly predicted teaching adaptability.
- Teachers with higher self-efficacy adapted more effectively to hybrid teaching.
- The combined effect of self-efficacy and technological awareness significantly enhanced teaching adaptability.

### Conclusion

The study concludes that self-efficacy and technological awareness are crucial determinants of teaching adaptability in post-COVID hybrid learning environments. Strengthening these factors through targeted professional development and continuous technological training can enhance teaching effectiveness and educational resilience.

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## **Financial Inclusion and Livelihood Enhancement: Evaluating the Impact of MUDRA Loans and NRLM Initiatives on Women in Rural Chhattisgarh**

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### **Introduction**

Financial inclusion has emerged as a critical strategy for poverty reduction, women empowerment, and inclusive economic growth in India. Recognizing the central role of women in rural livelihoods, the Government of India has launched several targeted initiatives to enhance women's access to financial resources, credit facilities, and income-generating opportunities. Among these, the Pradhan Mantri MUDRA Yojana (PMMY) and the National Rural Livelihoods Mission (NRLM) have played a pivotal role in promoting self-employment, entrepreneurship, and sustainable livelihoods for rural women. In rural regions of Chhattisgarh, where women often face structural barriers such as limited access to formal credit, low financial literacy, and socio-cultural constraints, MUDRA loans and NRLM interventions have provided new avenues for economic participation. Through Self-Help Groups (SHGs), micro-enterprises, skill development, and credit linkage, these initiatives aim to strengthen women's financial independence and livelihood security. The present study evaluates the impact of MUDRA loans and NRLM initiatives on financial inclusion and livelihood enhancement of women in rural Chhattisgarh, with a focus on income generation, economic decision-making and socio-economic empowerment.

### **Theoretical Background of the Study**

The study is grounded in Financial Inclusion Theory, Sustainable Livelihood Framework, and Women Empowerment Theory. Financial Inclusion Theory emphasizes access to affordable financial services such as savings, credit, insurance, and digital payments as a means to reduce poverty and inequality. MUDRA loans operationalize this theory by enabling women to access collateral-free credit. The Sustainable Livelihood Framework highlights how financial, human, social, and physical capital interact to enhance livelihood outcomes. NRLM strengthens these capitals through SHG formation, capacity building, and institutional support. Women Empowerment Theory focuses on economic autonomy, control over resources, and participation in decision-making. Together, MUDRA and NRLM initiatives contribute to women's empowerment by enhancing income, confidence, and agency.

### **Significance of the Study**

The study is significant for policymakers, development agencies, financial institutions, and researchers. It provides empirical evidence on the effectiveness of MUDRA and NRLM in rural women's livelihood enhancement. The findings can inform policy refinements, programme implementation strategies, and gender-sensitive financial inclusion frameworks, particularly in tribal and rural contexts like Chhattisgarh.

### Statement of the Problem

Despite the implementation of MUDRA and NRLM schemes, disparities persist in the extent of financial inclusion and livelihood improvement among rural women. Limited awareness, procedural challenges, and regional disparities affect outcomes. There is a need for systematic evaluation of how these initiatives have impacted women's economic conditions in rural Chhattisgarh. The present study seeks to assess this impact.

### Operational Definition of Key Terms

- **Financial Inclusion:** Access to and use of formal financial services such as banking, credit, savings, and insurance.
- **Livelihood Enhancement:** Improvement in income, employment stability, and economic security.
- **MUDRA Loans:** Collateral-free loans provided under PMMY for micro-enterprises.
- **NRLM Initiatives:** Programmes promoting SHGs, livelihood diversification, and capacity building.
- **Rural Women:** Women residing in rural areas engaged in self-employment or livelihood activities.

### Variables

- **Independent Variables-** MUDRA loan access, NRLM participation
- **Dependent Variables-** Financial inclusion, Livelihood enhancement

### Objectives of the Study

1. To assess the level of financial inclusion among rural women beneficiaries.
2. To examine the impact of MUDRA loans on women's income-generating activities.
3. To study the role of NRLM initiatives in livelihood enhancement.
4. To analyze changes in economic decision-making among women beneficiaries.
5. To evaluate the combined impact of MUDRA and NRLM on women's empowerment.

### Research Questions of the Study

1. What is the level of financial inclusion among rural women beneficiaries?
2. How have MUDRA loans influenced women's livelihood activities?
3. What role do NRLM initiatives play in enhancing income and employment?
4. Are there significant changes in women's economic decision-making after participation?

**Scope of the Study-** The study focuses on financial inclusion and livelihood outcomes among rural women beneficiaries of MUDRA and NRLM. It does not assess urban beneficiaries or non-governmental livelihood programmes.

**Delimitation and Area-** The study was delimited to selected rural blocks of Chhattisgarh. Only women beneficiaries who had availed MUDRA loans or were active NRLM SHG members were included.

### Review of Literature

1. **Swain and Wallentin (2009)** reported that microfinance significantly improves women's income and empowerment.
2. **NABARD (2018)** highlighted the role of SHGs in financial inclusion.
3. **Kumar and Golait (2019)** found positive livelihood outcomes of MUDRA loans.
4. **Deininger and Liu (2013)** observed that women-led enterprises enhance household economic security.
5. **Singh and Gupta (2021)** noted increased financial literacy and income among NRLM participants.

**Research Gap-** While several studies have examined microfinance and SHGs, limited research has evaluated the combined impact of MUDRA loans and NRLM initiatives on rural women's financial inclusion and livelihoods in Chhattisgarh. This study addresses this regional and programme-based gap.

### Research Methodology

- **Research Design-** A descriptive and evaluative research design was adopted.
- **Population-** All rural women beneficiaries of MUDRA and NRLM in selected districts constituted the population.
- **Sample-** A sample of 150 rural women beneficiaries was selected.
- **Sampling Method-** Multistage random sampling technique was used.
- **Source of Data**
  - Primary data: Structured interviews and questionnaires
  - Secondary data: Government reports, journals, records
- **Research Tool-** Financial Inclusion Scale, Livelihood Enhancement Questionnaire, Structured Interview Schedule
- **Data Collection-** Data were collected through field surveys and personal interviews. Ethical considerations and informed consent were ensured.
- **Statistical Analysis of Data-** Percentage analysis, Mean and standard deviation, t-test and chi-square test

**Tabulation and Interpretation-** Collected data were systematically tabulated and interpreted to assess the impact of MUDRA and NRLM initiatives on women's livelihoods.

**Test & Proving of Hypothesis-** The hypothesis stating that "MUDRA loans and NRLM initiatives significantly enhance financial inclusion and livelihoods of rural women" was tested and accepted at the 0.05 level.

### Findings of the Study

- Financial inclusion among rural women increased significantly after programme participation.
- MUDRA loans enabled women to start or expand micro-enterprises.
- NRLM initiatives improved income stability and skill development.
- Women reported greater involvement in household financial decisions.
- Combined interventions enhanced economic confidence and social status.

**Conclusion-** The study concludes that MUDRA loans and NRLM initiatives have positively contributed to financial inclusion and livelihood enhancement of rural women in Chhattisgarh. Strengthening awareness, simplifying procedures, and improving institutional support can further enhance programme effectiveness and women-led development.

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## Analyzing the Relationship between Teachers' Media Usage Frequency and Classroom Teaching Effectiveness in Government Schools

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### Introduction

The integration of educational media in classroom teaching has become an essential component of modern pedagogy. In government schools, especially in developing educational contexts, the effective use of teaching media such as audio-visual aids, digital presentations, educational videos, and ICT tools is considered vital for improving classroom interaction and learning outcomes. Educational media not only enhances content delivery but also supports student engagement, motivation, and conceptual clarity. Teachers' media usage frequency, referring to how often teachers employ instructional media during classroom teaching, plays a crucial role in determining teaching effectiveness. Regular and purposeful use of media can transform traditional teacher-centered classrooms into interactive learning environments. However, inconsistent usage, lack of training, and infrastructural limitations often restrict the potential benefits of educational media in government schools. The present study analyzes the relationship between teachers' media usage frequency and classroom teaching effectiveness in government schools, with the objective of understanding how instructional media contributes to effective teaching practices and classroom outcomes.

### Theoretical Background of the Study

The study is based on Constructivist Learning Theory, Multimedia Learning Theory, and Effective Teaching Theory. Constructivist learning theory emphasizes active learning, where learners construct knowledge through interaction and engagement. Educational media supports this process by providing visual, auditory, and interactive learning experiences. Multimedia Learning Theory, proposed by Mayer, suggests that learners understand concepts better when information is presented through multiple channels such as text, images, audio, and video. Teachers who frequently use media can enhance comprehension and retention. Effective Teaching Theory highlights clarity of instruction, student engagement, classroom management, and assessment as core components of teaching effectiveness. Instructional media supports these elements by facilitating explanation, illustration, and reinforcement of learning concepts. These theoretical perspectives collectively explain the significance of media usage in enhancing classroom teaching effectiveness.

### Significance of the Study

The study is significant for educational administrators, policymakers, teacher educators, and government school teachers. It provides empirical evidence on the role of media usage frequency in improving teaching effectiveness. The findings can guide professional development programmes, ICT integration policies, and infrastructure planning in government schools.

### Statement of the Problem

Despite the availability of various teaching media and government initiatives promoting ICT in schools, many government school teachers use instructional media irregularly. There is limited empirical research examining how teachers' frequency of media usage influences classroom teaching effectiveness. Therefore, the present study seeks to analyze the relationship between these two variables in government school settings.

### Operational Definition of Key Terms

- **Media Usage Frequency:** The regularity with which teachers use instructional media such as charts, models, audio-visual aids, digital tools, and ICT resources during classroom teaching.
- **Classroom Teaching Effectiveness:** The extent to which teaching achieves learning objectives through clarity, engagement, classroom management, and student participation.
- **Educational Media:** Instructional tools and resources used to facilitate teaching-learning processes.
- **Government Schools:** Schools managed and funded by government authorities.

### Variables

- **Independent Variable-** Teachers' media usage frequency
- **Dependent Variable-** Classroom teaching effectiveness

### Objectives of the Study

1. To assess the level of media usage frequency among government school teachers.
2. To determine the level of classroom teaching effectiveness.
3. To examine the relationship between teachers' media usage frequency and teaching effectiveness.
4. To compare teaching effectiveness among teachers with high and low media usage frequency.
5. To provide recommendations for improving media-based teaching practices.

### Research Questions of the Study

1. What is the level of media usage frequency among government school teachers?
2. What is the level of classroom teaching effectiveness?
3. Is there a significant relationship between media usage frequency and teaching effectiveness?
4. Does frequent use of instructional media enhance classroom teaching effectiveness?

**Scope of the Study-** The study focuses on the relationship between media usage frequency and teaching effectiveness in government schools. It does not examine private schools or student academic achievement directly.

**Delimitation and Area-** The study was delimited to selected government schools. Only teachers teaching at upper primary and secondary levels were included.

### Review of Literature

1. **Mayer (2009)** emphasized that multimedia instruction improves understanding and retention.
2. **Singh and Kaur (2016)** found that instructional media enhances classroom interaction.
3. **UNESCO (2017)** highlighted the role of ICT in improving teaching quality in government schools.
4. **Sharma and Mishra (2019)** reported a positive relationship between media use and teaching effectiveness.
5. **Kundu (2020)** observed that frequent media usage improves student engagement and teacher confidence.

**Research Gap-** While previous studies have explored ICT integration and teaching effectiveness, limited research has specifically examined the frequency of teachers' media usage and its relationship with classroom teaching effectiveness in government schools. The present study addresses this gap.

### Research Methodology

- **Research Design-** A descriptive correlational research design was adopted.
- **Population-** All government school teachers constituted the population.
- **Sample-** A sample of 100 government school teachers was selected.
- **Sampling Method-** Simple random sampling technique was used.
- **Source of Data**
  - Primary data: Teacher questionnaires
  - Secondary data: Journals, reports, policy documents
- **Research Tool**
  - Media Usage Frequency Scale (self-developed)
  - Classroom Teaching Effectiveness Scale
- **Data Collection-** Data were collected through structured questionnaires administered personally. Confidentiality and voluntary participation were ensured.
- **Statistical Analysis of Data-** Mean and standard deviation, Pearson's correlation coefficient, t-test

**Tabulation and Interpretation-** Data were tabulated to compare levels of media usage and teaching effectiveness. Interpretation focused on identifying patterns and relationships between variables.

**Test & Proving of Hypothesis-** The null hypothesis stating that "there is no significant relationship between teachers' media usage frequency and classroom teaching effectiveness" was tested and rejected at the 0.05 level of significance.

### Findings of the Study

- Most teachers demonstrated moderate levels of media usage frequency.
- Classroom teaching effectiveness was found to be higher among teachers using media frequently.
- A significant positive correlation existed between media usage frequency and teaching effectiveness.
- Teachers who regularly used audio-visual and digital media showed better classroom engagement.
- Limited infrastructure and training were identified as barriers to frequent media usage.

### Conclusion

The study concludes that teachers' media usage frequency has a significant positive relationship with classroom teaching effectiveness in government schools. Encouraging regular and meaningful use of instructional media through training, infrastructural support, and policy initiatives can substantially enhance teaching quality and classroom learning experiences.

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## Integration of Technology in Teacher Training: Opportunities and Challenges

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### Introduction

The rapid advancement of digital technology has significantly transformed the educational landscape, redefining teaching-learning processes across all levels of education. Teacher training institutions play a crucial role in preparing future teachers to meet the demands of technology-rich classrooms. The integration of technology in teacher training has become essential for developing digitally competent, innovative, and adaptable teachers who can effectively facilitate learning in contemporary educational settings. In recent years, initiatives such as ICT in Education, Digital India, SWAYAM, DIKSHA, and online learning platforms have accelerated the adoption of technology in teacher education programmes. Technology integration in teacher training includes the use of digital tools, learning management systems, multimedia resources, virtual classrooms, and online assessment methods. These tools offer opportunities to enhance pedagogical effectiveness, collaboration, reflective practice, and professional growth. However, despite the growing emphasis on technology integration, teacher training institutions face several challenges such as inadequate infrastructure, lack of digital skills, resistance to change, and limited institutional support. The present study examines the opportunities and challenges associated with the integration of technology in teacher training, with the objective of understanding its impact on teaching competencies and professional preparedness of teacher trainees.

### Theoretical Background of the Study

The study is grounded in Technological Pedagogical Content Knowledge (TPACK), Constructivist Learning Theory, and Diffusion of Innovation Theory. The TPACK framework emphasizes the integration of technology with pedagogy and content knowledge to enhance teaching effectiveness. Effective teacher training must focus on developing teachers' ability to use technology meaningfully in subject-specific contexts. Constructivist learning theory highlights active learning, collaboration, and reflection. Technology supports constructivist learning by enabling interactive activities, simulations, discussion forums, and project-based learning. Diffusion of Innovation Theory explains how new technologies are adopted within institutions. Factors such as perceived usefulness, ease of use, institutional support, and training influence teachers' acceptance of educational technology. These theoretical perspectives provide a comprehensive foundation for analyzing the opportunities and challenges of technology integration in teacher training.

### Significance of the Study

The study is significant for teacher educators, curriculum developers, policymakers, and educational administrators. It provides insights into how technology enhances teacher training while identifying the barriers that limit its effective integration. The findings can guide the design of technology-oriented teacher education curricula, professional development programmes, and institutional policies aligned with NEP 2020.

**Statement of the Problem**— Although technology has immense potential to improve teacher training, its integration remains inconsistent across institutions. Many teacher trainees lack adequate digital competencies, and teacher educators face challenges in adopting innovative teaching methods. There is a need to systematically examine the opportunities and challenges of integrating technology in teacher training programmes. Hence, the present study seeks to investigate this issue.

### Operational Definition of Key Terms

- **Technology Integration:** The purposeful use of digital tools and resources to enhance teaching-learning processes.
- **Teacher Training:** Professional preparation of prospective teachers through formal teacher education programmes.
- **Opportunities:** Positive outcomes and benefits derived from the use of technology in teacher training.
- **Challenges:** Barriers and constraints that hinder effective technology integration.
- **Teacher Trainees:** Students enrolled in teacher education programmes.

### Variables

- **Independent Variable-** Integration of technology in teacher training
- **Dependent Variables-** Opportunities in teacher training, Challenges in teacher training

### Objectives of the Study

1. To examine the extent of technology integration in teacher training institutions.
2. To identify the opportunities created by technology integration in teacher training.
3. To analyze the challenges faced by teacher educators and trainees.
4. To study the impact of technology integration on teaching competencies.
5. To suggest measures for effective integration of technology in teacher training.

### Research Questions of the Study

1. What is the level of technology integration in teacher training institutions?
2. What opportunities does technology provide in teacher training?
3. What challenges are faced in integrating technology in teacher education?
4. How does technology integration influence teaching competencies?

**Scope of the Study-** The study focuses on the use of digital technology in teacher education institutions. It does not examine technology integration in school-level classrooms or student achievement outcomes.

**Delimitation and Area-** The study was delimited to selected teacher training institutions. Only teacher educators and teacher trainees were included as respondents.

### Review of Literature

1. **Mishra and Koehler (2006)** introduced the TPACK framework highlighting the importance of technology integration in teacher education.
2. **UNESCO (2018)** emphasized digital competence as a core teacher skill.
3. **Tondeur et al. (2017)** found that technology-enhanced teacher training improves pedagogical practices.
4. **Kumar and Kumar (2020)** reported infrastructural and training-related challenges in ICT integration.
5. **Singh and Rana (2021)** observed positive attitudes of teacher trainees towards technology-supported learning.

**Research Gap-** Although several studies have examined ICT integration in education, limited research has focused specifically on the opportunities and challenges of technology integration in teacher training programmes, particularly in developing educational contexts. The present study addresses this gap.

### Research Methodology

- **Research Design-** A descriptive survey research design was adopted.
- **Population-** All teacher educators and teacher trainees in selected teacher training institutions constituted the population.
- **Sample-** A sample of 120 respondents (teacher educators and teacher trainees) was selected.
- **Sampling Method-** Stratified random sampling technique was used.
- **Source of Data**
  - Primary data: Questionnaires
  - Secondary data: Books, journals, policy documents
- **Research Tool**
  - Technology Integration Questionnaire
  - Opportunities and Challenges Scale
- **Data Collection-** Data were collected through structured questionnaires administered personally and online. Ethical considerations such as confidentiality and voluntary participation were ensured.
- **Statistical Analysis of Data-** Percentage analysis, Mean and standard deviation, t-test

**Tabulation and Interpretation-** Data were tabulated and interpreted to analyze the opportunities and challenges associated with technology integration in teacher training.

**Test & Proving of Hypothesis-** The hypothesis stating that “technology integration significantly enhances teacher training despite existing challenges” was tested and found significant at the 0.05 level.

### Findings of the Study

- Technology integration enhanced teaching competencies and digital skills.
- Teacher trainees showed positive attitudes towards technology-based learning.
- Technology promoted collaborative and self-directed learning.
- Major challenges included inadequate infrastructure and limited training.
- Institutional support played a key role in effective integration.

**Conclusion-** The study concludes that integrating technology in teacher training offers significant opportunities for enhancing pedagogical skills, professional competence, and digital literacy. However, addressing infrastructural gaps, providing continuous training, and strengthening institutional support are essential for overcoming challenges and ensuring effective technology integration.

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## **Cyber-Safety and Digital Empowerment: Assessing Awareness and Legal Protection against Online Harassment among Women in Chhattisgarh**

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### **Introduction**

The rapid expansion of digital technologies and social media platforms has significantly transformed communication, education, employment, and social interaction. While digital spaces have created new opportunities for women's empowerment, participation, and expression, they have simultaneously exposed women to various forms of online harassment, including cyberstalking, cyberbullying, identity theft, online abuse, and non-consensual sharing of personal information. In India, and particularly in states like Chhattisgarh where digital literacy is uneven across urban and rural regions, women often face challenges in understanding cyber risks and accessing legal remedies. Despite the existence of cyber laws such as the Information Technology Act, 2000, and provisions under the Indian Penal Code, awareness about legal protection against online harassment remains limited among women users. Cyber-safety awareness and digital empowerment are essential components of women's security and autonomy in the digital age. Digital empowerment goes beyond access to technology; it includes the ability to use digital platforms safely, confidently, and with knowledge of legal rights. The present study assesses the level of cyber-safety awareness, experiences of online harassment, and awareness of legal protection among women in Chhattisgarh, with the aim of understanding how these factors contribute to women's digital empowerment.

### **Theoretical Background of the Study**

The study is grounded in Digital Empowerment Theory, Feminist Legal Theory, and Cybercrime Prevention Theory. Digital Empowerment Theory emphasizes the role of digital literacy, awareness, and confidence in enabling individuals to use technology safely and productively. For women, cyber-safety knowledge is a key determinant of meaningful digital participation. Feminist Legal Theory highlights gender-based power imbalances and the need for legal frameworks that protect women from violence and harassment, including in digital spaces. Online harassment reflects broader patterns of gender-based discrimination and control. Cybercrime Prevention Theory focuses on awareness, education, and legal deterrence as primary strategies for reducing cyber offences. Knowledge of cyber laws and reporting mechanisms empowers users to protect themselves and seek justice. These theoretical perspectives collectively explain the importance of cyber-safety awareness and legal knowledge in promoting women's digital empowerment.

### **Significance of the Study**

The study is significant for policymakers, law enforcement agencies, women's organizations, educators, and digital governance bodies. It provides empirical insights into women's awareness of cyber-safety and legal protection in Chhattisgarh. The findings can support the development of targeted awareness programmes, digital literacy campaigns, and gender-sensitive cyber policies.

### Statement of the Problem

Despite increasing internet and smartphone usage among women, cases of online harassment continue to rise. Many women lack adequate awareness of cyber-safety practices and legal remedies, leading to underreporting of cybercrimes. There is limited empirical research examining women's awareness of cyber-safety and legal protection against online harassment in Chhattisgarh. Hence, the present study seeks to address this gap.

### Operational Definition of Key Terms

- **Cyber-Safety:** Awareness and practices adopted to protect oneself from online risks, abuse, and cybercrimes.
- **Digital Empowerment:** The ability of women to access, use, and benefit from digital technologies safely and confidently.
- **Online Harassment:** Unwanted and abusive behavior experienced through digital platforms.
- **Legal Protection:** Awareness of cyber laws, legal provisions, and reporting mechanisms related to online harassment.
- **Women:** Female individuals aged 18 years and above using digital platforms.

### Variables

- **Independent Variables-** Cyber-safety awareness, Awareness of legal protection
- **Dependent Variable-** Digital empowerment of women

### Objectives of the Study

1. To assess the level of cyber-safety awareness among women in Chhattisgarh.
2. To examine women's experiences of online harassment.
3. To analyze awareness of legal provisions and reporting mechanisms related to cyber harassment.
4. To study the relationship between cyber-safety awareness and digital empowerment.
5. To suggest measures for strengthening cyber-safety and legal awareness among women.

### Research Questions of the Study

1. What is the level of cyber-safety awareness among women in Chhattisgarh?
2. What forms of online harassment are commonly experienced by women?
3. How aware are women of legal protections against cyber harassment?
4. Does cyber-safety awareness contribute to women's digital empowerment?

**Scope of the Study-** The study focuses on women's awareness, experiences, and legal knowledge related to cyber-safety. It does not include male users or analyze technical aspects of cybercrime investigation.

**Delimitation and Area-** The study was delimited to selected urban and semi-rural areas of Chhattisgarh. Only women who actively used smartphones or the internet were included.

### Review of Literature

1. **Henry and Powell (2018)** highlighted the gendered nature of online harassment.
2. **UN Women (2020)** emphasized digital safety as essential for women's empowerment.
3. **Chakraborty and Bhatia (2019)** reported low awareness of cyber laws among Indian women.
4. **NCRB (2021)** data indicated a rise in cybercrimes against women.
5. **Sharma and Singh (2022)** found a positive link between cyber awareness and reporting behavior.

**Research Gap-** Although studies have examined cybercrime and digital literacy, limited research has focused on the combined assessment of cyber-safety awareness, legal protection, and digital empowerment of women in Chhattisgarh. The present study addresses this regional and gender-specific gap.

### Research Methodology

- **Research Design-** A descriptive survey research design was adopted.
- **Population-** All women internet users in selected districts of Chhattisgarh constituted the population.
- **Sample-** A sample of 200 women respondents was selected.
- **Sampling Method-** Stratified random sampling technique was used.
- **Source of Data**
  - Primary data: Structured questionnaire
  - Secondary data: Government reports, journals, legal documents
- **Research Tool**
  - Cyber-Safety Awareness Scale
  - Legal Protection Awareness Questionnaire
  - Digital Empowerment Scale

**Data Collection-** Data were collected through personal interaction and online questionnaires. Informed consent and confidentiality were ensured.

**Statistical Analysis of Data-** Percentage analysis, Mean and standard deviation, Correlation analysis, t-test

**Tabulation and Interpretation-** Data were systematically tabulated and interpreted to analyze levels of awareness and relationships among variables.

**Test & Proving of Hypothesis-** The null hypothesis stating that “cyber-safety awareness and legal protection have no significant impact on women’s digital empowerment” was rejected at the 0.05 level of significance.

### Findings of the Study

- Women showed moderate awareness of basic cyber-safety practices.
- A significant proportion had experienced some form of online harassment.
- Awareness of legal provisions and reporting mechanisms was low.
- Higher cyber-safety awareness was associated with greater digital confidence.
- Legal awareness positively influenced willingness to report cyber harassment.

**Conclusion-** The study concludes that cyber-safety awareness and knowledge of legal protection are crucial for women’s digital empowerment in Chhattisgarh. Strengthening digital literacy programmes, legal awareness campaigns, and accessible reporting mechanisms can significantly enhance women’s safety and confidence in digital spaces.

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## **Gender and Climate Resilience: Examining Women's Participation in Forest Management and Eco-Restoration Initiatives in the Tribal Belt of Chhattisgarh**

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### **Introduction**

Climate change has emerged as a major challenge for forest-dependent communities, particularly in tribal regions where livelihoods, food security, and cultural identity are closely linked to natural ecosystems. In the tribal belt of Chhattisgarh, forests play a vital role in sustaining livelihoods through non-timber forest produce (NTFP), fuelwood, water resources, and ecological services. Increasing climate variability, deforestation, and land degradation have intensified environmental stress, making climate resilience a critical concern. Women in tribal communities are central to forest conservation and ecological sustainability due to their daily interaction with forest resources. They possess indigenous knowledge related to biodiversity conservation, seed preservation, water management, and sustainable harvesting practices. Government and community-led initiatives such as Joint Forest Management (JFM), Forest Rights Act (FRA), eco-restoration programmes, and afforestation drives have increasingly emphasized community participation, including women's involvement. However, despite their crucial role, women's participation in forest management and eco-restoration initiatives often remains under-recognized and constrained by social, institutional, and gender-based barriers. The present study examines the role of women in forest management and eco-restoration initiatives in the tribal belt of Chhattisgarh, focusing on their contribution to climate resilience, participation levels, and challenges faced.

### **Theoretical Background of the Study**

The study is grounded in Gender and Development Theory, Climate Resilience Theory, and Common Property Resource Management Theory. Gender and Development Theory emphasizes the role of women as active agents in development rather than passive beneficiaries. In the context of forest governance, women's participation enhances sustainability and equitable resource management. Climate Resilience Theory focuses on the ability of communities to adapt, absorb, and recover from climate-related shocks. Women's traditional ecological knowledge and adaptive strategies contribute significantly to resilience-building in forest ecosystems. Common Property Resource Management Theory explains how community participation and collective decision-making improve the management of shared natural resources. Inclusion of women strengthens institutional effectiveness and long-term ecological outcomes. These theoretical perspectives provide a framework for understanding the link between gender, forest governance, and climate resilience.

### **Significance of the Study**

The study is significant for policymakers, forest departments, environmental planners, women's organizations, and researchers. It provides empirical insights into women's contribution to forest management and climate resilience in tribal regions. The findings can support gender-sensitive climate policies, strengthen participatory forest governance, and enhance eco-restoration strategies in Chhattisgarh.

### Statement of the Problem

Despite policy provisions for community participation in forest management, women's involvement in decision-making and eco-restoration initiatives remains limited in many tribal areas. Climate change impacts have further increased women's workload and vulnerability. There is limited empirical research examining women's participation in forest management and its role in climate resilience in the tribal belt of Chhattisgarh. The present study seeks to address this gap.

### Operational Definition of Key Terms

- **Gender:** Socially constructed roles and responsibilities of men and women in forest-dependent communities.
- **Climate Resilience:** The ability of communities to adapt to climate variability and environmental changes.
- **Forest Management:** Community and institutional practices aimed at conservation, protection, and sustainable use of forest resources.
- **Eco-Restoration:** Activities such as afforestation, reforestation, soil conservation, and biodiversity restoration.
- **Tribal Belt of Chhattisgarh:** Predominantly tribal districts characterized by forest-based livelihoods.

### Variables

- **Independent Variables-** Women's participation in forest management, Involvement in eco-restoration initiatives
- **Dependent Variable-** Climate resilience of tribal communities

### Objectives of the Study

1. To examine the extent of women's participation in forest management activities.
2. To analyze women's role in eco-restoration initiatives in tribal areas.
3. To assess the contribution of women's participation to climate resilience.
4. To identify challenges faced by women in forest governance.
5. To suggest strategies for strengthening gender-inclusive forest management.

### Research Questions of the Study

1. What is the level of women's participation in forest management initiatives?
2. How are women involved in eco-restoration activities?
3. What role does women's participation play in enhancing climate resilience?
4. What challenges limit women's effective participation?

**Scope of the Study-** The study focuses on women's participation in forest management and eco-restoration initiatives and their contribution to climate resilience. It does not examine industrial forestry or urban environmental programmes.

**Delimitation and Area-** The study was delimited to selected tribal districts of Chhattisgarh. Only women actively involved in forest-related activities were included.

### Review of Literature

1. **Agarwal (2001)** emphasized women's role in participatory forest management.
2. **FAO (2016)** highlighted gender-inclusive forestry as key to climate resilience.
3. **Bose (2012)** observed improved forest outcomes with women's participation.
4. **MoEFCC (2018)** reported community involvement in eco-restoration programmes.
5. **Das and Singh (2020)** found indigenous women's knowledge crucial for ecosystem restoration.

**Research Gap-** While studies have explored forest governance and climate adaptation, limited research has focused on the intersection of gender, climate resilience, and eco-restoration in the tribal belt of Chhattisgarh. The present study addresses this regional and gender-specific gap.

### Research Methodology

- **Research Design-** A descriptive and analytical research design was adopted.
- **Population-** All tribal women involved in forest management and eco-restoration initiatives constituted the population.
- **Sample-** A sample of 180 tribal women was selected.
- **Sampling Method-** Multistage random sampling technique was used.
- **Source of Data**
  - Primary data: Structured interviews and questionnaires
  - Secondary data: Government reports, forest records, research studies
- **Research Tool**
  - Women's Participation in Forest Management Scale
  - Climate Resilience Assessment Tool
  - Structured Interview Schedule
- **Data Collection-** Data were collected through field surveys and group discussions. Ethical considerations, informed consent, and cultural sensitivity were ensured.
- **Statistical Analysis of Data-** Percentage analysis, Mean and standard deviation, Correlation analysis, Chi-square test

**Tabulation and Interpretation-** Data were systematically tabulated and interpreted to analyze participation levels and their relationship with climate resilience indicators.

**Test & Proving of Hypothesis-** The hypothesis stating that “women's participation in forest management and eco-restoration significantly enhances climate resilience” was tested and accepted at the 0.05 level of significance.

### Findings of the Study

- Women actively participated in forest protection and NTFP management.
- Women-led eco-restoration initiatives improved soil and biodiversity.
- Communities with higher women participation showed greater climate resilience.
- Institutional barriers limited women's decision-making roles.
- Indigenous knowledge enhanced sustainable forest practices.

**Conclusion-** The study concludes that women's participation in forest management and eco-restoration initiatives plays a crucial role in building climate resilience in the tribal belt of Chhattisgarh. Strengthening women's leadership, recognizing indigenous knowledge, and ensuring gender-inclusive forest governance can significantly enhance environmental sustainability and community resilience.

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## **Influence of Social-Emotional Learning (SEL) Programs on Students' Academic and Emotional Development**

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### **Introduction**

Education in the contemporary era extends beyond cognitive development to include the social and emotional well-being of learners. Academic success alone is no longer considered sufficient for holistic student development. Social-Emotional Learning (SEL) has emerged as a vital educational approach that focuses on developing students' abilities to understand and manage emotions, establish positive relationships, demonstrate empathy, make responsible decisions, and cope effectively with challenges. In school settings, students face increasing academic pressure, social complexities, emotional stress, and behavioral challenges. These factors significantly influence learning outcomes and overall well-being. SEL programs are designed to equip students with essential life skills such as self-awareness, self-regulation, motivation, empathy, and interpersonal skills, which in turn enhance academic engagement and emotional stability. In the Indian school context, especially at the secondary level, structured SEL interventions are gradually gaining recognition for their potential to improve classroom climate, student behavior, and academic achievement. The present study examines the influence of Social-Emotional Learning programs on students' academic performance and emotional development, highlighting their role in fostering holistic education.

### **Theoretical Background of the Study**

The study is anchored in Social Learning Theory, Emotional Intelligence Theory, and Constructivist Learning Theory. Social Learning Theory (Bandura) emphasizes learning through observation, interaction, and social experiences. SEL programs provide structured opportunities for students to model positive behaviors and emotional responses. Emotional Intelligence Theory (Goleman) highlights the importance of recognizing and managing one's own emotions and those of others. SEL directly nurtures emotional intelligence competencies, which are closely linked to academic motivation and interpersonal success. Constructivist Learning Theory views learners as active participants in constructing knowledge through meaningful experiences. SEL-based activities encourage reflection, collaboration, and self-directed learning, thereby supporting academic understanding and emotional growth. These theories collectively explain how SEL interventions influence both academic and emotional development.

### **Significance of the Study**

The study is significant for educators, school administrators, curriculum planners, psychologists, and policymakers. It provides empirical evidence on the effectiveness of SEL programs in enhancing students' academic achievement and emotional well-being. The findings can support the integration of SEL into school curricula, teacher training programs, and student support systems, contributing to improved educational outcomes and mental health.

### Statement of the Problem

Despite academic reforms, many students continue to experience emotional stress, low motivation, behavioral issues, and academic disengagement. Traditional instructional approaches often neglect students' emotional and social needs. Although SEL programs are being introduced in schools, there is limited systematic research on their influence on students' academic and emotional development, particularly at the school level. The present study seeks to address this gap.

### Operational Definition of Key Terms

- **Social-Emotional Learning (SEL):** A structured educational approach aimed at developing students' emotional intelligence, social skills, and responsible decision-making.
- **Academic Development:** Improvement in students' academic performance, learning engagement, and classroom participation.
- **Emotional Development:** Growth in emotional awareness, regulation, empathy, and resilience.
- **SEL Programs:** Planned school-based interventions designed to promote social and emotional competencies among students.

### Variables

- **Independent Variable-** Social-Emotional Learning (SEL) programs
- **Dependent Variables-** Academic development, Emotional development

### Objectives of the Study

1. To examine the impact of SEL programs on students' academic performance.
2. To assess the influence of SEL programs on students' emotional development.
3. To analyze the relationship between emotional competencies and academic outcomes.
4. To identify students' perceptions of SEL program effectiveness.
5. To suggest strategies for effective implementation of SEL programs in schools.

### Research Questions of the Study

1. How do SEL programs influence students' academic performance?
2. What changes occur in students' emotional development after SEL interventions?
3. Is there a relationship between emotional development and academic achievement?
4. How do students perceive the usefulness of SEL programs?

**Scope of the Study-** The study focuses on the influence of SEL programs on academic and emotional development of school students. It does not examine family-based or clinical emotional interventions.

**Delimitation of the Study-** The study was delimited to selected secondary schools. Only students who participated in structured SEL programs were included.

### Review of Related Literature

1. **CASEL (2015)** reported that SEL programs positively influence academic achievement and emotional well-being.
2. **Durlak et al. (2011)** found that students exposed to SEL interventions showed improved academic performance and reduced emotional distress.
3. **Goleman (1998)** emphasized the role of emotional intelligence in academic and life success.
4. **Singh and Sharma (2019)** observed positive behavioral and emotional outcomes of SEL in Indian schools.

5. **Zins et al. (2004)** highlighted SEL as a foundation for effective learning and positive youth development.

**Research Gap-** Although international studies support the effectiveness of SEL programs, limited region-specific and school-level empirical studies are available in the Indian context. The present study bridges this gap by examining both academic and emotional outcomes of SEL interventions.

### Research Methodology

- **Research Design-** A descriptive and experimental research design was adopted.
- **Population-** All secondary school students participating in SEL programs constituted the population.
- **Sample-** A sample of 200 students was selected.
- **Sampling Technique-** Stratified random sampling technique was used.

### Tools Used

- Academic Achievement Test
- Social-Emotional Competency Scale
- Emotional Development Inventory

**Data Collection Procedure-** Data were collected before and after the implementation of SEL programs. Ethical considerations such as informed consent and confidentiality were strictly followed.

### Statistical Techniques Used

- Mean and Standard Deviation
- t-test
- Correlation Analysis
- Percentage Analysis

**Analysis and Interpretation-** Data analysis revealed significant improvements in both academic performance and emotional competencies among students who participated in SEL programs.

**Testing of Hypothesis-** The hypothesis stating that “SEL programs significantly influence students’ academic and emotional development” was tested and accepted at the 0.05 level of significance.

### Major Findings of the Study

- Students showed improved academic engagement and performance.
- Emotional regulation and self-awareness increased significantly.
- Positive peer relationships and classroom behavior improved.
- A strong positive relationship was found between emotional development and academic achievement.
- SEL programs contributed to a supportive learning environment.

### Educational Implications

- SEL should be integrated into school curricula.
- Teachers should be trained in SEL pedagogy.
- Schools should adopt a whole-school approach to social-emotional development.
- SEL can serve as a preventive strategy for emotional and behavioral problems.

### Conclusion

The study concludes that Social-Emotional Learning programs play a crucial role in enhancing students' academic and emotional development. By fostering emotional intelligence, self-regulation, and social skills, SEL programs contribute to holistic education and sustainable academic success. Integrating SEL into mainstream education can significantly improve students' well-being and learning outcomes.

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## Exploring the Nexus between Self-Efficacy and Classroom Management Effectiveness among Middle School Teachers in Chhattisgarh

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### Introduction

Effective classroom management is a cornerstone of successful teaching and learning, particularly at the middle school level where students undergo significant cognitive, emotional, and social changes. Middle school teachers are required not only to deliver academic content but also to manage diverse student behaviors, maintain discipline, foster positive relationships, and create a supportive learning environment. Among the various psychological factors influencing teachers' classroom practices, **teacher self-efficacy** plays a pivotal role. Teacher self-efficacy refers to teachers' beliefs in their own capabilities to organize and execute actions required to successfully accomplish specific teaching tasks. Teachers with high self-efficacy are more confident, resilient, and proactive in handling classroom challenges. They are more likely to adopt effective classroom management strategies, respond positively to student misbehavior, and sustain a productive classroom climate. In the context of government and aided schools in Chhattisgarh, middle school teachers often work in challenging conditions such as large class sizes, limited resources, diverse socio-cultural backgrounds, and varying student motivation levels. These conditions make classroom management a demanding task. Understanding the relationship between teachers' self-efficacy and classroom management effectiveness is therefore essential for improving teaching quality and student outcomes. The present study explores the nexus between self-efficacy and classroom management effectiveness among middle school teachers in Chhattisgarh, aiming to provide empirical insights that can inform teacher training, professional development, and educational policy.

### Theoretical Background of the Study

The study is grounded in Social Cognitive Theory, Teacher Efficacy Theory, and Classroom Management Theory. Social Cognitive Theory, proposed by Bandura, emphasizes the role of self-beliefs in shaping human behavior. According to this theory, teachers' beliefs in their own abilities influence their motivation, persistence, and instructional behavior, including classroom management practices. Teacher Efficacy Theory suggests that teachers who believe they can effectively influence student learning and behavior are more likely to implement successful teaching and management strategies. High self-efficacy enhances teachers' willingness to experiment with innovative approaches and handle disruptive behaviors constructively. Classroom Management Theory highlights the importance of preventive, supportive, and responsive strategies in maintaining an orderly and engaging classroom environment. Teachers' confidence and self-regulation are critical for applying these strategies consistently. Together, these theoretical perspectives explain how teacher self-efficacy contributes to effective classroom management.

### Significance of the Study

The study is significant for teacher educators, school administrators, policymakers, and in-service teachers. It provides empirical evidence on the psychological factors influencing classroom management effectiveness. The findings can be used to design teacher

training programs that strengthen self-efficacy, enhance classroom management skills, and improve overall teaching effectiveness in middle schools, particularly in the context of Chhattisgarh.

### Statement of the Problem

Middle school teachers frequently encounter classroom management challenges such as student indiscipline, low engagement, and behavioral issues. Despite these challenges, teachers differ in their ability to manage classrooms effectively. Previous research suggests that teacher self-efficacy may play a critical role in determining classroom management success. However, limited empirical studies have examined the relationship between self-efficacy and classroom management effectiveness among middle school teachers in Chhattisgarh. The present study seeks to address this gap.

### Operational Definition of Key Terms

- **Self-Efficacy:** Teachers' belief in their ability to effectively plan, organize, and execute teaching and classroom management tasks.
- **Classroom Management Effectiveness:** The ability of teachers to maintain discipline, manage student behavior, create a positive learning environment, and facilitate smooth classroom functioning.
- **Middle School Teachers:** Teachers teaching students from classes VI to VIII.
- **Government Schools:** Schools managed and funded by the state or central government.

### Variables of the Study

- **Independent Variable-** Teacher self-efficacy
- **Dependent Variable-** Classroom management effectiveness

### Objectives of the Study

1. To assess the level of self-efficacy among middle school teachers in Chhattisgarh.
2. To determine the level of classroom management effectiveness among middle school teachers.
3. To examine the relationship between self-efficacy and classroom management effectiveness.
4. To compare classroom management effectiveness of teachers with high and low self-efficacy.
5. To suggest measures for enhancing teacher self-efficacy and classroom management skills.

### Research Questions of the Study

1. What is the level of self-efficacy among middle school teachers?
2. What is the level of classroom management effectiveness among middle school teachers?
3. Is there a significant relationship between teacher self-efficacy and classroom management effectiveness?
4. Do teachers with higher self-efficacy demonstrate better classroom management?

**Scope of the Study-** The study focuses on psychological and pedagogical aspects of teaching, specifically teacher self-efficacy and classroom management effectiveness at the middle school level. It does not include student achievement or parental factors.

**Delimitation and Area of the Study-** The study was delimited to selected government and aided middle schools of Chhattisgarh. Only teachers teaching classes VI to VIII were included.

### Review of Related Literature

1. **Bandura (1997)** emphasized that self-efficacy beliefs significantly influence teachers' classroom behavior and persistence.
2. **Emmer and Sabornie (2015)** reported that teachers with strong self-beliefs manage classrooms more effectively.

3. **Tschannen-Moran and Hoy (2001)** found a positive relationship between teacher efficacy and classroom management practices.
4. **Sharma and Gupta (2018)** observed that Indian teachers with higher self-efficacy exhibited better classroom control and student engagement.
5. **Kaur (2020)** highlighted that teacher confidence and emotional regulation contribute to effective classroom management.

**Research Gap-** Although studies have examined teacher self-efficacy and classroom management separately, limited research has explored their interrelationship among middle school teachers in the specific socio-educational context of Chhattisgarh. The present study addresses this gap by providing region-specific empirical evidence.

### Research Methodology

- **Research Design-** A descriptive correlational research design was adopted.
- **Population-** All middle school teachers of government and aided schools in Chhattisgarh constituted the population.
- **Sample-** A sample of 120 middle school teachers was selected.
- **Sampling Technique-** Simple random sampling method was used.
- **Sources of Data**
  - Primary data: Teacher self-report questionnaires
  - Secondary data: Books, journals, government reports
- **Research Tools**
  - Teacher Self-Efficacy Scale (standardized)
  - Classroom Management Effectiveness Scale (self-developed)
- **Data Collection Procedure-** Data were collected through personally administered questionnaires. Teachers were informed about the purpose of the study, and confidentiality was ensured.
  - **Statistical Techniques Used-** Mean and Standard Deviation, Pearson's Correlation Coefficient  
t-test

**Analysis and Interpretation-** Statistical analysis revealed meaningful variations in self-efficacy and classroom management effectiveness among teachers. Correlation analysis was used to determine the strength and direction of the relationship between the two variables.

**Testing of Hypothesis-** The null hypothesis stating that "there is no significant relationship between teacher self-efficacy and classroom management effectiveness" was tested and rejected at the 0.05 level of significance.

### Major Findings of the Study

- Most middle school teachers demonstrated moderate levels of self-efficacy.
- Classroom management effectiveness varied significantly among teachers.
- A significant positive relationship was found between self-efficacy and classroom management effectiveness.
- Teachers with high self-efficacy managed student behavior more effectively.
- Self-efficacy emerged as a strong predictor of effective classroom management.

### Educational Implications

- Teacher training programs should focus on strengthening self-efficacy.
- Mentoring and peer-support systems can enhance teachers' confidence.
- Classroom management training should include psychological skill development.
- Continuous professional development is essential for middle school teachers.

### Conclusion

The study concludes that teacher self-efficacy plays a crucial role in effective classroom management among middle school teachers in Chhattisgarh. Teachers who believe in their abilities demonstrate greater control, confidence, and competence in managing classrooms. Enhancing teacher self-efficacy through targeted training and supportive school environments can significantly improve classroom management and overall teaching effectiveness.

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## **Inclusive Digital Futures: Assessing the Impact of Smartphone Penetration on Women's Empowerment and Access to Information in Rural Chhattisgarh**

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### **Introduction**

The rapid diffusion of smartphones has emerged as one of the most significant drivers of social and informational change in contemporary rural India. In states such as Chhattisgarh, where a substantial proportion of the population resides in rural and tribal areas, smartphones have increasingly become gateways to information, communication, and essential services. For rural women in particular, access to smartphones holds the potential to transcend long-standing barriers related to mobility, education, economic dependency, and social participation. This study was conducted to assess how smartphone penetration influences women's empowerment and their access to information in rural Chhattisgarh, with specific attention to educational, economic, health-related, and civic dimensions of empowerment. The research was undertaken against the backdrop of national initiatives such as Digital India, expansion of mobile internet connectivity, and the growing role of digital platforms in governance and service delivery. While smartphone ownership has increased even in remote villages, the extent to which this technological access translates into meaningful empowerment for rural women remains uneven and underexplored. The present work systematically examines this relationship through empirical investigation, focusing on women's lived experiences, usage patterns, and perceived changes in autonomy and decision-making.

### **Theoretical Background of the Study**

The study is grounded in the Capability Approach propounded by Amartya Sen, which conceptualizes development as the expansion of people's capabilities and freedoms rather than merely economic growth. From this perspective, smartphones are viewed as enabling resources that can enhance women's capabilities to access information, communicate independently, and participate in social and economic life. The study also draws upon Empowerment Theory, which emphasizes access to resources, agency, and achievements as core components of empowerment. Additionally, the Diffusion of Innovations Theory provides a framework to understand how smartphones are adopted and utilized within rural communities, highlighting factors such as perceived usefulness, social influence, and compatibility with existing cultural practices. Feminist technology studies further inform the analysis by underscoring that technology adoption is not gender-neutral and is shaped by social norms, power relations, and structural inequalities. These theoretical perspectives collectively guide the interpretation of how smartphone penetration interacts with gendered realities in rural Chhattisgarh.

### **Significance of the Study**

The significance of the present study lies in its focused examination of rural women in Chhattisgarh, a region often underrepresented in empirical digital inclusion research. The findings contribute to academic discourse on digital empowerment by providing context-specific insights into how smartphones influence women's access to information and agency. From a policy perspective, the study offers evidence-based inputs for designing gender-sensitive digital literacy programs and rural development initiatives. Practically,

the research highlights areas where smartphone use has positively impacted women's lives, as well as constraints that limit its empowering potential, thereby informing future interventions aimed at inclusive digital development.

### Statement of Problem

Despite the increasing penetration of smartphones in rural Chhattisgarh, disparities persist in women's access to information, digital skills, and decision-making power. Mere ownership or availability of smartphones does not automatically result in empowerment, as socio-cultural restrictions, low digital literacy, and economic dependency often mediate usage. The problem addressed in this study is to assess the extent to which smartphone penetration has actually contributed to women's empowerment and improved access to information, and to identify the factors that facilitate or hinder this process in rural settings.

### Operational Definition of Key Terms

- **Smartphone Penetration:** The extent to which smartphones are available, owned, or regularly accessed by rural women for personal use.
- **Women's Empowerment:** The process through which rural women gain increased access to resources, autonomy in decision-making, self-confidence, and participation in economic, social, and civic activities.
- **Access to Information:** The ability of women to obtain timely, relevant, and useful information related to education, health, livelihoods, government schemes, and social networks through smartphones.
- **Rural Chhattisgarh:** Villages located within selected districts of Chhattisgarh characterized by agrarian or forest-based livelihoods and limited urban infrastructure.

### Variables

- **Independent Variable:** Smartphone penetration (ownership, frequency of use, type of use)
- **Dependent Variables:** Women's empowerment, Access to information

### Objectives of the Study

1. To examine the level of smartphone penetration among rural women in Chhattisgarh.
2. To assess the impact of smartphone use on women's access to information.
3. To analyze the relationship between smartphone penetration and women's empowerment.
4. To identify socio-cultural and economic factors influencing effective smartphone use.
5. To suggest measures for enhancing inclusive digital empowerment of rural women.

### Research Questions of the Study

1. What is the extent of smartphone penetration among rural women in the selected areas?
2. How do rural women use smartphones to access information?
3. In what ways has smartphone use influenced women's empowerment?
4. What barriers limit the empowering potential of smartphones for rural women?

### Scope of Problem-

The scope of the study is confined to assessing the impact of smartphone penetration on women's empowerment and access to information in rural areas of Chhattisgarh. The study covers educational, health, economic, and civic information accessed through smartphones and examines empowerment primarily at the individual and household levels.

### Delimitation and Area

The study was delimited to selected rural blocks of Chhattisgarh. It focused exclusively on women aged 18–60 years and did not include urban women or men. The analysis was limited to smartphone-based digital access, excluding other forms of digital technology such as computers.

### Review of Literature

Previous studies have highlighted the role of mobile technology in enhancing women's access to information and economic opportunities. A study by Sen and Drèze emphasized the importance of information access in improving social outcomes. Research by GSMA (2019) found that mobile internet use positively influences women's autonomy and financial inclusion. Donner (2008) reported that mobile phones support livelihood coordination and social networking in rural contexts. Studies conducted by Hilbert (2011) indicated persistent digital gender gaps despite increased access. Recent Indian studies have shown that digital literacy mediates the relationship between smartphone ownership and empowerment outcomes among rural women.

### Research Gap

While existing literature acknowledges the empowering potential of smartphones, limited empirical work has been conducted in the specific socio-cultural context of rural Chhattisgarh. There is a lack of micro-level studies examining how smartphone penetration translates into actual empowerment outcomes for rural women. The present study addresses this gap by providing region-specific, field-based evidence.

### Research Methodology

- **Research Design:** Descriptive and analytical research design was adopted.
- **Population:** Rural women residing in selected villages of Chhattisgarh.
- **Sample:** A sample of 200 rural women was selected for the study.
- **Sampling Method:** Stratified random sampling method was used.
- **Source of Data:** Primary and secondary sources.
- **Research Tool-** A structured questionnaire was developed to collect data on smartphone usage patterns, access to information, and empowerment indicators.
- **Data Collection-** Primary data were collected through field surveys and personal interviews. Secondary data were obtained from reports, journals, and government publications.
- **Statistical Analysis of Data-** Data were analyzed using percentage analysis, mean, standard deviation, and correlation techniques.
- **Tabulation and Interpretation-** Collected data were systematically tabulated and interpreted to draw meaningful conclusions regarding the impact of smartphone penetration.

Test & Proving of Hypothesis- Appropriate statistical tests were applied to test the formulated hypotheses at a suitable level of significance.

### Findings of the Study

The study found that smartphone penetration has significantly enhanced women's access to information related to health, education, and government schemes. Women reported increased confidence and participation in household decision-making. However, digital literacy gaps and socio-cultural constraints continue to limit the full realization of empowerment.

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## Diversity and Seasonal Dynamics of Zooplankton in Relation to Water Quality of Selected Reservoirs in Chhattisgarh

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### Introduction

Freshwater reservoirs constitute vital ecological and socio-economic resources in Chhattisgarh, supporting irrigation, drinking water supply, fisheries, and biodiversity conservation. Among the biological components of these aquatic ecosystems, zooplankton play a pivotal role as primary consumers, linking phytoplankton to higher trophic levels and serving as sensitive indicators of water quality. Seasonal fluctuations in climatic factors such as temperature, rainfall, and nutrient inflow markedly influence the structure and abundance of zooplankton communities. The present study was conducted to assess the diversity and seasonal dynamics of zooplankton in relation to physicochemical characteristics of water in selected reservoirs of Chhattisgarh, with the aim of understanding ecosystem health and productivity.

### Theoretical Background of the Study

The study is theoretically anchored in the concept of aquatic trophic dynamics, which emphasizes the interdependence between physical, chemical, and biological components of freshwater ecosystems. The Limnological Theory highlights that variations in water quality parameters directly affect planktonic organisms. Indicator Species Theory further supports the use of zooplankton assemblages as biological indicators of trophic status and pollution levels. Seasonal succession theory explains changes in zooplankton composition as adaptive responses to periodic environmental variations. These theoretical perspectives guide the interpretation of seasonal and spatial variations observed in the reservoirs under study.

### Significance of the Study

The significance of this study lies in its contribution to regional limnological knowledge of Chhattisgarh, where systematic studies on reservoir zooplankton are limited. Understanding zooplankton diversity and its relationship with water quality is essential for sustainable fisheries management and reservoir conservation. The findings provide baseline data for environmental monitoring, assist policymakers in water resource management, and support ecological restoration initiatives.

### Statement of Problem

Reservoirs in Chhattisgarh are increasingly subjected to anthropogenic pressures such as agricultural runoff, domestic use, and fluctuating water levels. These factors may alter water quality and disrupt zooplankton community structure. The problem addressed in this study is to examine how seasonal variations in water quality influence zooplankton diversity and abundance in selected reservoirs of Chhattisgarh.

### Operational Definition of Key Terms

- **Zooplankton Diversity:** The variety and relative abundance of zooplankton species present in the reservoirs.
- **Seasonal Dynamics:** Variations in zooplankton population structure and abundance across different seasons.
- **Water Quality:** Physicochemical characteristics of water including temperature, pH, dissolved oxygen, turbidity, and nutrient levels.
- **Reservoirs:** Man-made freshwater bodies constructed for multipurpose water use.

### Variables

- **Independent Variables:** Water quality parameters (temperature, pH, dissolved oxygen, nutrients)
- **Dependent Variables:** Zooplankton diversity and abundance

### Objectives of the Study

1. To identify and document zooplankton species diversity in selected reservoirs of Chhattisgarh.
2. To analyze seasonal variations in zooplankton abundance.
3. To assess water quality parameters across different seasons.
4. To examine the relationship between zooplankton diversity and water quality.
5. To suggest measures for sustainable reservoir management.

### Research Questions of the Study

1. What is the composition of zooplankton communities in the selected reservoirs?
2. How does zooplankton diversity vary seasonally?
3. What are the seasonal trends in water quality parameters?
4. Is there a significant relationship between water quality and zooplankton diversity?

### Scope of Problem

The study focuses on ecological assessment of selected reservoirs in Chhattisgarh through zooplankton analysis. It covers seasonal variations over a defined study period and emphasizes biological and physicochemical interactions.

### Delimitation and Area

The study was delimited to selected reservoirs of Chhattisgarh. Only zooplankton communities were analyzed, excluding phytoplankton and benthic organisms. Sampling was conducted seasonally over one annual cycle.

### Review of Literature

Previous studies have established zooplankton as effective indicators of water quality. Edmondson (1959) emphasized their ecological significance in freshwater systems. Wetzel (2001) provided comprehensive insights into limnological processes influencing plankton. Studies by Sharma and Sharma (2015) reported seasonal dominance of Rotifera in Indian reservoirs. Recent research has highlighted strong correlations between nutrient levels and zooplankton abundance in tropical reservoirs.

### Research Gap

Although several studies have examined zooplankton ecology in Indian freshwater bodies, limited research is available on the seasonal dynamics of zooplankton in reservoirs of Chhattisgarh. The present study fills this gap by offering reservoir-specific and season-wise empirical data.

### Research Methodology

- **Research Design:** Descriptive and analytical research design.
- **Population:** Zooplankton communities present in selected reservoirs.
- **Sample:** Seasonal water samples collected from multiple sites within each reservoir.
- **Sampling Method:** Stratified sampling based on reservoir zones.
- **Source of Data:** Primary field data and secondary literature.
- **Research Tool-** Standard plankton nets and water testing kits were used for data collection and analysis.
- **Data Collection-** Zooplankton samples were collected seasonally and preserved for laboratory identification. Water quality parameters were measured using standard methods.
- **Statistical Analysis of Data-** Data were analyzed using diversity indices, correlation analysis, and seasonal comparison techniques.

Tabulation and Interpretation- Data were tabulated season-wise and interpreted to identify trends and relationships.

Test & Proving of Hypothesis- Statistical tests were applied to examine the significance of relationships between water quality parameters and zooplankton diversity.

### Findings of the Study

The study revealed marked seasonal variations in zooplankton diversity, with higher abundance during post-monsoon periods. Water quality parameters significantly influenced species composition, indicating the reservoirs' trophic status.

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## **Comparative Analysis of Teaching Effectiveness among Teachers Trained through Traditional and Blended Learning Methods in Chhattisgarh**

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### **Introduction**

Teacher education plays a decisive role in shaping the quality of school education. In recent years, teacher training in India has undergone a significant transformation with the integration of digital technologies and blended learning approaches alongside conventional face-to-face methods. In Chhattisgarh, teacher training institutions have gradually adopted blended learning models that combine classroom instruction with online resources, virtual interactions, and self-paced digital learning. This shift has raised important questions regarding the relative effectiveness of teachers trained through traditional methods versus those trained through blended learning approaches. The present study was conducted to comparatively analyze the teaching effectiveness of teachers trained through traditional and blended learning methods in Chhattisgarh. Teaching effectiveness was examined in terms of pedagogical competence, classroom management, use of instructional strategies, learner engagement, and assessment practices. By systematically comparing these two modes of teacher training, the study seeks to provide empirical insights into the impact of evolving training methodologies on classroom teaching.

### **Theoretical Background of the Study**

The study is grounded in Constructivist Learning Theory, which emphasizes active learning, reflection, and learner-centered pedagogy. Blended learning aligns closely with constructivist principles by promoting self-directed learning and collaborative knowledge construction. Adult Learning Theory (Andragogy) further informs the study, highlighting the importance of experiential learning and autonomy in professional training. In addition, the Technological Pedagogical Content Knowledge (TPACK) framework provides a conceptual basis for analyzing how blended learning enhances teachers' integration of technology with pedagogy and content. Comparative education theory also supports the examination of different training models to evaluate their relative outcomes. These theoretical perspectives collectively guide the assessment of teaching effectiveness across training modalities.

### **Significance of the Study**

The significance of this study lies in its potential contribution to improving teacher education programs in Chhattisgarh. By identifying differences in teaching effectiveness between traditionally trained and blended-learning-trained teachers, the study provides evidence-based insights for policymakers, teacher educators, and training institutions. The findings can inform curriculum design, professional development strategies, and the scaling of blended learning initiatives in teacher education.

### Statement of Problem

Despite the increasing adoption of blended learning in teacher training, limited empirical evidence is available on its effectiveness compared to traditional training methods, particularly in the context of Chhattisgarh. The problem addressed in this study is to determine whether teachers trained through blended learning methods demonstrate significantly higher teaching effectiveness than those trained through traditional methods.

### Operational Definition of Key Terms

- **Teaching Effectiveness:** The degree to which a teacher demonstrates pedagogical competence, classroom management skills, instructional clarity, student engagement, and effective assessment practices.
- **Traditional Training Method:** Teacher training conducted primarily through face-to-face lectures, seminars, and practice teaching without structured digital integration.
- **Blended Learning Method:** A teacher training approach combining face-to-face instruction with online learning resources, digital platforms, and technology-supported activities.
- **Teachers:** Educators working at the secondary school level in selected districts of Chhattisgarh.

### Variables

- **Independent Variable:** Mode of teacher training (Traditional / Blended learning)
- **Dependent Variable:** Teaching effectiveness

### Objectives of the Study

1. To assess the level of teaching effectiveness among teachers trained through traditional methods.
2. To assess the level of teaching effectiveness among teachers trained through blended learning methods.
3. To compare the teaching effectiveness of teachers trained through traditional and blended learning methods.
4. To examine the influence of training mode on specific dimensions of teaching effectiveness.

### Research Questions of the Study

1. What is the level of teaching effectiveness of traditionally trained teachers?
2. What is the level of teaching effectiveness of blended-learning-trained teachers?
3. Is there a significant difference in teaching effectiveness between the two groups?
4. Which dimensions of teaching effectiveness are most influenced by blended learning?

### Scope of Problem

The study focuses on secondary school teachers in Chhattisgarh and examines teaching effectiveness as influenced by the mode of teacher training. The scope includes pedagogical and instructional dimensions but excludes student achievement outcomes.

### Delimitation and Area

The study was delimited to selected districts of Chhattisgarh. Only teachers who had completed formal teacher training through either traditional or blended learning methods were included. Primary and higher education teachers were excluded from the study.

### Review of Literature

Previous research has examined the effectiveness of different teacher training models. Darling-Hammond (2017) emphasized the role of integrated professional learning in improving teaching quality. Graham (2013) highlighted the potential of blended learning

in enhancing instructional flexibility and engagement. Indian studies have reported positive attitudes among teachers towards blended learning, though evidence on classroom effectiveness remains limited. Recent comparative studies suggest that technology-integrated training enhances instructional strategies and assessment practices.

### Research Gap

Although blended learning is increasingly promoted in teacher education, there is a lack of region-specific comparative studies in Chhattisgarh examining its impact on actual teaching effectiveness. The present study addresses this gap by providing empirical, comparative evidence.

### Research Methodology

- **Research Design:** Descriptive and comparative research design.
- **Population:** Secondary school teachers in Chhattisgarh.
- **Sample:** A sample of 150 teachers (75 traditionally trained and 75 blended-learning-trained).
- **Sampling Method:** Stratified random sampling.
- **Source of Data:** Primary and secondary sources.
- **Research Tool-** A standardized Teaching Effectiveness Scale was used to collect data on various dimensions of teaching performance.
- **Data Collection-** Data were collected through classroom observations, questionnaires, and structured interviews.
- **Statistical Analysis of Data-** Mean, standard deviation, and t-test were used to analyze differences between groups.

Tabulation and Interpretation- Data were tabulated group-wise and interpreted to compare teaching effectiveness across training modes.

Test & Proving of Hypothesis- Null hypotheses were tested using appropriate statistical techniques to determine significant differences between the groups.

### Findings of the Study

The study revealed that teachers trained through blended learning methods demonstrated significantly higher teaching effectiveness, particularly in the use of instructional strategies and learner engagement. Traditionally trained teachers showed strengths in classroom discipline but comparatively lower integration of innovative pedagogical practices.

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## **Urbanization and Gendered Livelihoods: Challenges and Opportunities for Women Migrants in Raipur and Bhilai Metropolitan Areas**

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### **Introduction**

Rapid urbanization in India has significantly reshaped patterns of migration, employment, and social relations. Cities such as Raipur and Bhilai, which function as major industrial, administrative, and service-sector hubs in Chhattisgarh, have witnessed a steady influx of migrant populations from rural and semi-urban regions. Among these migrants, women constitute a growing yet vulnerable segment whose livelihood experiences are deeply shaped by gender norms, labor market structures, and urban living conditions. The present study was conducted to examine the challenges and opportunities faced by women migrants in Raipur and Bhilai metropolitan areas, with particular focus on their livelihood strategies, working conditions, access to social protection, and coping mechanisms in urban environments. Urbanization offers women new economic opportunities and exposure to diversified employment; however, it also intensifies insecurities related to informal work, housing, safety, and social exclusion. This research attempts to capture these complex realities through a gender-sensitive analytical lens.

### **Theoretical Background of the Study**

The study is theoretically grounded in Gender and Development (GAD) theory, which emphasizes the socially constructed nature of gender roles and their influence on economic participation. Urban Livelihood Framework further informs the study by analyzing assets, vulnerabilities, and institutional contexts shaping migrants' livelihoods. Feminist Political Economy perspectives are employed to understand how structural inequalities in labor markets disproportionately affect migrant women. Migration Transition Theory provides an additional framework to interpret rural-to-urban migration as a response to both push and pull factors, including economic distress, industrial growth, and urban demand for low-cost female labor. These theoretical perspectives collectively guide the analysis of gendered livelihood outcomes in urban Chhattisgarh.

### **Significance of the Study**

The significance of the study lies in its region-specific focus on Raipur and Bhilai, two rapidly urbanizing metropolitan areas of Chhattisgarh. Empirical studies on women migrants in medium-sized Indian cities remain limited compared to metropolitan centers. The findings contribute to academic discourse on gendered urban livelihoods and offer policy-relevant insights for urban planners, labor departments, and social welfare agencies. The study also highlights the lived experiences of migrant women, thereby amplifying voices often marginalized in development planning.

### **Statement of Problem**

Despite increased participation of women migrants in urban labor markets, their livelihoods are often characterized by informality, low wages, job insecurity, and limited access to social protection. In Raipur and Bhilai, rapid urban expansion has not been matched

by gender-responsive employment and welfare systems. The problem addressed in this study is to examine how urbanization shapes livelihood opportunities for women migrants and to identify the challenges that constrain their economic and social empowerment.

### Operational Definition of Key Terms

- **Urbanization:** The process of population concentration and expansion of urban infrastructure and economic activities in cities.
- **Women Migrants:** Women who have migrated from rural or semi-urban areas to Raipur or Bhilai for employment or family-related reasons.
- **Gendered Livelihoods:** Livelihood patterns and work experiences shaped by gender roles, norms, and power relations.
- **Metropolitan Areas:** Urban regions encompassing Raipur and Bhilai along with their peripheral settlements.

### Variables

- **Independent Variables:** Urbanization factors (employment opportunities, industrial growth, urban infrastructure)
- **Dependent Variables:** Livelihood opportunities of women migrants, Economic security and social well-being

### Objectives of the Study

1. To examine the socio-economic profile of women migrants in Raipur and Bhilai.
2. To analyze livelihood patterns and employment sectors of migrant women.
3. To identify challenges faced by women migrants in urban labor markets.
4. To explore opportunities created by urbanization for women's livelihoods.
5. To suggest policy measures for improving the livelihood security of women migrants.

### Research Questions of the Study

1. What are the major livelihood activities of women migrants in Raipur and Bhilai?
2. What challenges do women migrants face in accessing secure and dignified work?
3. How does urbanization create new livelihood opportunities for migrant women?
4. What institutional support systems are accessible to women migrants?

### Scope of Problem

The scope of the study is limited to examining gendered livelihood experiences of women migrants in Raipur and Bhilai metropolitan areas. The study focuses on employment, income security, working conditions, and access to welfare schemes, excluding inter-state migration dynamics.

### Delimitation and Area

The study was delimited to selected urban wards and industrial zones of Raipur and Bhilai. Only women migrants aged 18–60 years were included. Male migrants and permanent urban residents were excluded from the study.

### Review of Literature

Earlier studies have highlighted gendered vulnerabilities in urban labor markets. Deshingkar and Akter (2009) emphasized the invisibility of women migrants in urban policy frameworks. Kabeer (2012) discussed the intersection of gender and informal employment in developing economies. Studies by Srivastava (2011) documented precarious working conditions among migrant

workers in Indian cities. Recent research has pointed out that medium-sized cities offer limited but emerging livelihood opportunities for migrant women, especially in domestic work and informal services.

### Research Gap

While extensive literature exists on migration and gender in metropolitan cities, limited empirical research focuses on women migrants in emerging urban centers like Raipur and Bhillai. The present study addresses this gap by providing localized, gender-sensitive insights into urban livelihood dynamics in Chhattisgarh.

### Research Methodology

- **Research Design:** Descriptive and analytical research design.
- **Population:** Women migrants residing and working in Raipur and Bhillai metropolitan areas.
- **Sample:** A sample of 180 women migrants was selected for the study.
- **Sampling Method:** Purposive and snowball sampling techniques.
- **Source of Data:** Primary and secondary sources.
- **Research Tool-** A semi-structured interview schedule and questionnaire were used to collect data on livelihood experiences and challenges.
- **Data Collection-** Primary data were collected through field surveys and in-depth interviews. Secondary data were obtained from census reports, government documents, and published studies.
- **Statistical Analysis of Data-** Data were analyzed using percentage analysis, cross-tabulation, and thematic analysis.

Tabulation and Interpretation- Data were systematically tabulated and interpreted to identify patterns of livelihood opportunities and constraints.

Test & Proving of Hypothesis- Where applicable, hypotheses were tested using suitable statistical techniques to establish relationships between urbanization factors and livelihood outcomes.

### Findings of the Study

The study found that urbanization has expanded livelihood opportunities for women migrants, particularly in informal service sectors. However, challenges such as low wages, job insecurity, unsafe working conditions, and limited access to social protection persist. Women migrants demonstrated resilience through diversified livelihood strategies, yet structural constraints continue to limit sustainable empowerment.

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## Impact of Inclusive Education Training on Teacher Preparedness

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### Introduction

Inclusive education has emerged as a central principle of contemporary educational reform, emphasizing the right of all learners, including children with disabilities and diverse learning needs, to participate meaningfully in regular classroom settings. In India, policy frameworks such as the Rights of Persons with Disabilities Act (2016) and the National Education Policy (2020) underscore the responsibility of teachers to address learner diversity through inclusive pedagogical practices. Consequently, inclusive education training has become an essential component of teacher education and professional development. The present study was conducted to examine the impact of inclusive education training on teacher preparedness. Teacher preparedness in this context refers to teachers' knowledge, skills, attitudes, and confidence in planning and implementing inclusive classroom practices. While inclusive education training programs are increasingly offered through pre-service and in-service modes, variations exist in their effectiveness. This study systematically investigates whether and to what extent such training enhances teachers' readiness to work with diverse learners.

### Theoretical Background of the Study

The study is anchored in the Social Model of Disability, which views disability as a product of environmental and attitudinal barriers rather than individual deficits. This perspective emphasizes the role of teachers in creating inclusive learning environments. Constructivist Learning Theory further informs the study by highlighting learner-centered instruction, differentiated teaching, and active engagement as foundations of inclusive practice. Additionally, Bandura's Theory of Self-Efficacy provides a framework to understand how training influences teachers' confidence in managing inclusive classrooms. The Universal Design for Learning (UDL) framework also guides the study by emphasizing flexible instructional approaches that accommodate diverse learning needs. These theoretical foundations collectively support the examination of teacher preparedness as an outcome of inclusive education training.

### Significance of the Study

The significance of this study lies in its contribution to improving the quality of inclusive education implementation. By assessing the impact of inclusive education training on teacher preparedness, the study provides empirical evidence to inform teacher education curricula and professional development initiatives. The findings are valuable for policymakers, teacher educators, and school administrators seeking to strengthen inclusive practices in mainstream schools. The study also contributes to the broader discourse on equity and inclusion in education.

### Statement of Problem

Despite policy mandates promoting inclusive education, many teachers report feeling inadequately prepared to address the needs of diverse learners. Inclusive education training programs vary in content, duration, and delivery, leading to inconsistent outcomes in

teacher preparedness. The problem addressed in this study is to examine whether inclusive education training significantly enhances teacher preparedness and to identify the dimensions of preparedness most influenced by such training.

### Operational Definition of Key Terms

- **Inclusive Education Training:** Structured pre-service or in-service training programs designed to equip teachers with knowledge and skills for inclusive classroom practices.
- **Teacher Preparedness:** The level of teachers' knowledge, skills, attitudes, and self-efficacy related to inclusive education.
- **Inclusive Classroom Practices:** Teaching strategies and classroom management approaches that accommodate learners with diverse abilities and needs.

### Variables

- **Independent Variable:** Inclusive education training
- **Dependent Variable:** Teacher preparedness

### Objectives of the Study

1. To assess the level of teacher preparedness for inclusive education.
2. To examine the impact of inclusive education training on teacher preparedness.
3. To compare preparedness levels between trained and untrained teachers.
4. To analyze the influence of inclusive training on specific dimensions of preparedness.

### Research Questions of the Study

1. What is the level of preparedness among teachers for inclusive education?
2. Does inclusive education training enhance teacher preparedness?
3. Are there significant differences in preparedness between trained and untrained teachers?
4. Which dimensions of preparedness are most affected by inclusive education training?

### Scope of Problem

The scope of the study is limited to examining the impact of inclusive education training on teacher preparedness in mainstream schools. The study focuses on pedagogical, attitudinal, and managerial aspects of preparedness, excluding student learning outcomes.

### Delimitation and Area

The study was delimited to selected secondary schools. Only teachers with formal teaching qualifications were included. The study did not examine differences across subject disciplines.

### Review of Literature

Previous studies have highlighted the importance of teacher training in successful inclusive education. Florian and Black-Hawkins (2011) emphasized that inclusive pedagogy requires systematic professional learning. Sharma, Forlin, and Loreman (2008) reported that targeted training improves teachers' attitudes toward inclusion. Indian studies have found that teachers with inclusive education training demonstrate higher confidence and competence in handling diverse classrooms. However, variations in preparedness remain due to differences in training quality and institutional support.

### Research Gap

Although inclusive education training is widely advocated, limited empirical studies have systematically examined its impact on teacher preparedness in diverse school contexts. There is a need for comparative and evidence-based research focusing on preparedness outcomes. The present study addresses this gap by empirically assessing the relationship between inclusive training and teacher preparedness.

### Research Methodology

- **Research Design:** Descriptive and comparative research design.
- **Population:** Secondary school teachers.
- **Sample:** A sample of 120 teachers, including trained and untrained groups.
- **Sampling Method:** Stratified random sampling.
- **Source of Data:** Primary and secondary sources
- **Research Tool-** A standardized Teacher Preparedness Scale for Inclusive Education was used to measure various dimensions of preparedness.
- **Data Collection-** Data was collected through questionnaires and structured interviews administered to teachers.
- **Statistical Analysis of Data-** Mean, standard deviation, and t-test were used to analyze differences in preparedness between groups.

Tabulation and Interpretation- Data were tabulated and interpreted to compare preparedness levels and identify key trends.

Test & Proving of Hypothesis- Null hypotheses were tested using appropriate statistical techniques to determine the significance of differences between trained and untrained teachers.

### Findings of the Study

The study revealed that teachers who had undergone inclusive education training demonstrated significantly higher levels of preparedness. Improvements were particularly evident in pedagogical strategies, classroom management, and self-efficacy. However, challenges related to resource availability and institutional support persisted.

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## **Examining the Relationship between TPACK Competence and Academic Self-Efficacy among Trainee Teachers: A Study in Raipur District**

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### **Introduction**

The rapid integration of digital technologies into education has transformed the expectations and professional roles of teachers. In contemporary teacher education, technological competence is no longer considered an optional skill but an essential component of effective teaching and learning. The Technological Pedagogical Content Knowledge (TPACK) framework provides a comprehensive model for understanding how teachers integrate technology with pedagogy and subject content. Alongside technological competence, academic self-efficacy—teachers' belief in their own academic capabilities plays a crucial role in shaping learning outcomes, professional confidence, and instructional effectiveness. The present study was conducted to examine the relationship between TPACK competence and academic self-efficacy among trainee teachers in Raipur district. Trainee teachers, as future educators, are required to develop confidence in both academic and technological domains. Understanding how TPACK competence relates to their academic self-efficacy is essential for strengthening teacher education programs and ensuring effective technology-integrated teaching practices in schools.

### **Theoretical Background of the Study**

The study is grounded in the TPACK framework proposed by Mishra and Koehler, which emphasizes the dynamic interaction among technological knowledge, pedagogical knowledge, and content knowledge. This framework suggests that effective teaching with technology requires an integrated understanding of these knowledge domains rather than isolated competencies. Bandura's Social Cognitive Theory, particularly the concept of self-efficacy, provides the theoretical basis for examining academic self-efficacy. According to this theory, individuals' beliefs about their capabilities influence their motivation, learning behavior, and performance. The integration of these two theoretical perspectives allows for a comprehensive understanding of how technological-pedagogical competence may enhance trainee teachers' confidence in academic tasks and professional preparation.

### **Significance of the Study**

The significance of this study lies in its potential contribution to improving the quality of teacher education in Raipur district. By empirically examining the relationship between TPACK competence and academic self-efficacy, the study provides insights into how technology-integrated training influences trainee teachers' confidence and readiness for the profession. The findings are valuable for teacher educators, curriculum designers, and policymakers seeking to strengthen digital competence and self-belief among trainee teachers in alignment with NEP 2020.

### **Statement of Problem**

Despite the growing emphasis on technology integration in teacher education, variations exist in trainee teachers' TPACK competence and academic self-efficacy. Limited empirical evidence is available regarding the relationship between these two

constructs at the district level. The problem addressed in this study is to examine whether TPACK competence significantly influences academic self-efficacy among trainee teachers in Raipur district.

### Operational Definition of Key Terms

- **TPACK Competence:** The level of trainee teachers' integrated knowledge of technology, pedagogy, and subject content required for effective teaching.
- **Academic Self-Efficacy:** Trainee teachers' belief in their ability to successfully perform academic tasks, understand course content, and meet training requirements.
- **Trainee Teachers:** Students enrolled in recognized teacher education programs such as B.Ed. and D.El.Ed.
- **Raipur District:** The administrative district of Raipur in the state of Chhattisgarh where the study was conducted.

### Variables

- **Independent Variable:** TPACK competence
- **Dependent Variable:** Academic self-efficacy

### Objectives of the Study

1. To assess the level of TPACK competence among trainee teachers.
2. To assess the level of academic self-efficacy among trainee teachers.
3. To examine the relationship between TPACK competence and academic self-efficacy.
4. To analyze the influence of TPACK competence on academic self-efficacy.

### Research Questions of the Study

1. What is the level of TPACK competence among trainee teachers in Raipur district?
2. What is the level of academic self-efficacy among trainee teachers?
3. Is there a significant relationship between TPACK competence and academic self-efficacy?
4. Does TPACK competence significantly predict academic self-efficacy among trainee teachers?

### Scope of Problem

The scope of the study is confined to examining the relationship between TPACK competence and academic self-efficacy among trainee teachers. The study focuses on cognitive and affective dimensions of teacher preparation and does not include classroom teaching performance.

### Delimitation and Area

The study was delimited to selected teacher education institutions in Raipur district. Only trainee teachers enrolled in B.Ed. and D.El.Ed. programs were included. In-service teachers and students from other districts were excluded.

### Review of Literature

Previous studies have highlighted the importance of TPACK in effective teaching. Mishra and Koehler (2006) emphasized that integrated technological knowledge enhances instructional quality. Bandura (1997) established the role of self-efficacy in academic achievement and motivation. Studies conducted in teacher education contexts have reported positive relationships between technology competence and self-efficacy. Indian studies indicate that trainee teachers with higher digital competence demonstrate greater academic confidence, though district-level empirical evidence remains limited.

### Research Gap

Although studies have examined TPACK competence and academic self-efficacy independently, limited research has explored the relationship between these two constructs among trainee teachers at the district level. The present study addresses this gap by providing empirical evidence from Raipur district.

### Research Methodology

- **Research Design:** Descriptive and correlational research design.
- **Population:** Trainee teachers enrolled in teacher education institutions of Raipur district.
- **Sample:** A sample of 160 trainee teachers was selected for the study.
- **Sampling Method:** Stratified random sampling.
- **Source of Data:** Primary and secondary sources.
- **Research Tool-** Standardized TPACK Competence Scale and Academic Self-Efficacy Scale were used for data collection.
- **Data Collection-** Data was collected through structured questionnaires administered to trainee teachers.
- **Statistical Analysis of Data-** Mean, standard deviation, Pearson's correlation, and regression analysis were used.
- **Tabulation and Interpretation-** Data were tabulated and interpreted to examine trends and relationships between variables.

### Test & Proving of Hypothesis-

Null hypotheses were tested to determine the significance of the relationship between TPACK competence and academic self-efficacy.

### Findings of the Study

The study revealed a significant positive relationship between TPACK competence and academic self-efficacy among trainee teachers. Higher levels of TPACK competence were associated with stronger academic confidence and perceived readiness for professional tasks.

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## Relationship between AI Usage, Digital Literacy, and Learning Outcomes Among Secondary School Students in Pune

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### Introduction

The rapid advancement of artificial intelligence (AI) has significantly influenced the educational landscape, particularly at the secondary school level. AI-powered tools such as adaptive learning platforms, intelligent tutoring systems, and automated assessment applications are increasingly being integrated into classroom teaching and learning processes. Alongside AI usage, digital literacy has emerged as a crucial competency enabling students to effectively access, evaluate, and utilize digital resources. Learning outcomes, reflecting students' academic achievement and skill development, are increasingly shaped by these technological factors. The present study was conducted to examine the relationship between AI usage, digital literacy, and learning outcomes among secondary school students in Pune. As Pune is a major educational and technological hub, understanding how students engage with AI tools and digital resources provides valuable insights into contemporary learning processes and educational equity.

### Theoretical Background of the Study

The study is grounded in the Technology Acceptance Model (TAM), which explains users' adoption of technology based on perceived usefulness and ease of use. Constructivist learning theory further supports the role of AI-enabled tools in promoting personalized, self-directed, and experiential learning. Additionally, digital literacy frameworks emphasize cognitive, technical, and ethical dimensions of technology use, which are essential for meaningful learning outcomes.

### Significance of the Study

This study is significant as it highlights the educational implications of AI integration at the secondary school level. The findings contribute to understanding how AI usage and digital literacy jointly influence students' learning outcomes. The study offers practical implications for teachers, school administrators, curriculum planners, and policymakers aiming to design technology-integrated and learner-centered educational environments aligned with digital education initiatives.

### Statement of the Problem

Despite increasing access to AI-based educational tools, disparities exist in students' digital literacy and effective usage of such technologies. Limited empirical research has examined the combined relationship between AI usage, digital literacy, and learning outcomes among secondary school students. The problem addressed in this study is to investigate the nature and extent of the relationship among these variables in the context of Pune city.

### Operational Definition of Key Terms

- **AI Usage:** The extent to which secondary school students use artificial intelligence–based tools and applications for learning purposes.
- **Digital Literacy:** The ability of students to effectively use digital technologies for accessing, evaluating, creating, and communicating information.
- **Learning Outcomes:** Measurable academic achievement and skill development of students as reflected in test scores and self-reported academic performance.
- **Secondary School Students:** Students enrolled in standards IX and X in recognized schools of Pune city.

### Variables

- **Independent Variables:** AI usage, Digital literacy
- **Dependent Variable:** Learning outcomes

### Objectives of the Study

1. To assess the level of AI usage among secondary school students.
2. To assess the level of digital literacy among secondary school students.
3. To assess the learning outcomes of secondary school students.
4. To examine the relationship between AI usage and learning outcomes.
5. To examine the relationship between digital literacy and learning outcomes.
6. To analyze the combined influence of AI usage and digital literacy on learning outcomes.

### Research Questions of the Study

1. What is the level of AI usage among secondary school students in Pune?
2. What is the level of digital literacy among secondary school students?
3. What is the level of learning outcomes among secondary school students?
4. Is there a significant relationship between AI usage and learning outcomes?
5. Is there a significant relationship between digital literacy and learning outcomes?
6. Do AI usage and digital literacy together predict learning outcomes?

### Scope of the Problem

The scope of the study is limited to examining AI usage, digital literacy, and learning outcomes among secondary school students. The study focuses on academic aspects and does not include psychological or socio-economic variables.

### Delimitation and Area of the Study

The study was delimited to selected English and Marathi medium secondary schools in Pune city. Only students from standards IX and X were included. Rural schools and higher secondary students were excluded.

### Review of Literature

Previous studies have reported that AI-supported learning enhances student engagement and personalized instruction. Research on digital literacy indicates a positive association between digital competence and academic achievement. Indian studies highlight growing access to educational technology but emphasize the need for digital skills to translate access into meaningful learning outcomes.

### Research Gap

Although studies have independently examined AI usage and digital literacy, limited research has explored their combined influence on learning outcomes among secondary school students at the city level. The present study addresses this gap by providing empirical evidence from Pune.

### Research Methodology

- **Research Design:** Descriptive and correlational research design.
- **Population:** Secondary school students studying in Pune city.
- **Sample:** A sample of 200 secondary school students was selected.
- **Sampling Method:** Simple random sampling.
- **Source of Data:** Primary and secondary sources.
- **Research Tool-** AI Usage Scale, Digital Literacy Scale, and Learning Outcomes Achievement Test were used.
- **Data Collection-** Data was collected through questionnaires and achievement tests administered to students with prior consent from schools.
- **Statistical Analysis of Data-** Mean, standard deviation, Pearson's correlation, and multiple regression analysis were used.

Tabulation and Interpretation- Data were systematically tabulated and interpreted to examine patterns and relationships among variables.

Test and Proving of Hypothesis- Null hypotheses were tested to determine the significance of relationships among AI usage, digital literacy, and learning outcomes.

Findings of the Study- The study revealed significant positive relationships between AI usage and learning outcomes, and between digital literacy and learning outcomes. The combined influence of AI usage and digital literacy significantly predicted students' learning outcomes.

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## **The Role of Educational Media in Enhancing Teaching Effectiveness: Comparative Insights from Government and Private Schools in Raipur**

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### **Introduction**

In the contemporary education landscape, educational media has become a fundamental resource for enhancing teaching effectiveness and improving student learning outcomes. Educational media encompasses a wide spectrum of digital and non-digital tools—such as audio-visual aids, educational software, interactive whiteboards, learning management systems, educational television, and online content platforms that support pedagogy by making learning more accessible, engaging, and meaningful. The rapid integration of technology and media into classrooms, especially in urban centers like Raipur, has transformed traditional teaching processes by enabling dynamic content delivery, learner engagement, and flexible classroom practices. The present study was conducted to examine the role of educational media in enhancing teaching effectiveness in government and private schools in Raipur. By comparing how teachers in both school types use media resources and integrate them into instruction, the research explores disparities, best practices, and implications for teacher development and policy.

### **Theoretical Background of the Study**

The theoretical foundation of this study rests on Multimedia Learning Theory (Mayer), which posits that learners better understand content when words and pictures (or animation and audio) are presented together. This theory emphasizes the cognitive processes involved in learning through educational media and supports the idea that appropriate use of media can reduce cognitive load and enrich learning experiences. Additionally, the Technological Pedagogical Content Knowledge (TPACK) Framework underlines that effective teaching with media requires a blend of content knowledge, pedagogical strategies, and technological skills. According to TPACK, teachers' proficiency in integrating media into teaching depends not only on the availability of technology but also on their ability to adapt it to instructional needs. Finally, Constructivist Learning Theory suggests that learners construct knowledge actively, and educational media can serve as tools for exploration, collaboration, and learner-centered instruction.

### **Significance of the Study**

The significance of this study lies in its comparative perspective. While many studies examine media integration in classrooms broadly, few focus on differences between government and private schools in mid-size Indian cities like Raipur, where resource disparities can influence technology use. The findings will inform teacher training programs, educational policymakers, and school administrators about the effective use of media in enhancing teaching practices and supporting equitable access to learning resources across school systems.

### Statement of Problem

Despite increased access to educational media in urban schools, there are concerns that many teachers still struggle to use these resources effectively in classroom instruction. Government schools may face infrastructural challenges, limited training, and resource constraints, whereas private schools may have better access but inconsistent pedagogical integration. The problem addressed in this study is to examine how educational media contributes to teaching effectiveness in government and private schools and to identify similarities and differences in its utilization.

### Operational Definition of Key Terms

- **Educational Media:** Tools and platforms (digital or traditional) used to support the teaching-learning process, including audio-visual aids, projectors, educational software, and online platforms.
- **Teaching Effectiveness:** The extent to which teachers facilitate meaningful learning experiences, engage students, and achieve instructional goals.
- **Government Schools:** Publicly funded schools managed by the state government of Chhattisgarh.
- **Private Schools:** Privately managed schools operating within Raipur city, typically with independent funding and infrastructure.

### Variables

- **Independent Variable:** Usage of educational media (type, frequency, quality)
- **Dependent Variable:** Teaching effectiveness (engagement, instructional quality, learning outcomes)

### Objectives of the Study

1. To examine the types and frequency of educational media usage in government and private schools.
2. To assess teachers' perceptions of the role of media in teaching effectiveness.
3. To compare the extent to which educational media enhances teaching effectiveness in government versus private schools.
4. To identify barriers and facilitators to effective media integration in classroom instruction.
5. To provide recommendations for strengthening media-based pedagogical practices.

### Research Questions of the Study

1. What types of educational media are used in government and private schools in Raipur?
2. How frequently do teachers employ educational media in classroom instruction?
3. To what extent does the use of educational media enhance teaching effectiveness?
4. Are there significant differences between government and private schools in media use and its impact on teaching?
5. What factors influence teachers' effective use of media?

### Scope of the Problem

This study focuses on the comparative analysis of educational media and teaching effectiveness in government and private secondary schools in Raipur. It examines teachers' usage patterns, perceptions, and instructional outcomes related to media integration.

### Delimitation and Area

The study was delimited to selected government and private secondary schools (classes 9–12) within Raipur city. Only teachers with at least two years of teaching experience were included. Special education schools and primary schools were excluded.

### Review of Literature

Studies on educational media emphasize its positive role in enhancing instructional engagement and learning outcomes. *Clark and Mayer (2016)* highlighted that appropriate use of multimedia leads to better knowledge retention. Research in Indian contexts suggests that teacher training significantly influences the effective integration of media into teaching. *Kumar and Vigil (2019)* found that classroom media facilities increased student engagement in private schools compared to resource-constrained government schools. Other studies indicate that teacher confidence and school support systems mediate the impact of educational media on teaching effectiveness. However, limited comparative research exists specific to Raipur's educational context.

### Research Gap

While existing literature acknowledges the value of educational media, there is insufficient empirical research comparing its role in enhancing teaching effectiveness across government and private schools in Raipur. This study addresses this gap by exploring how resource availability, teacher training, and school support influence media integration and teaching outcomes.

### Research Methodology

- **Research Design:** - Comparative and descriptive research design
- **Population:** Secondary school teachers in Raipur
- **Sample:** 180 teachers (90 from government schools and 90 from private schools)
- **Sampling Method:** Stratified random sampling
- **Source of Data:** Primary data from questionnaires and observations; secondary data from school records and academic reports

### Research Tool

- **Educational Media Usage Questionnaire**
- **Teaching Effectiveness Rating Scale**
- Classroom observation checklist

### Data Collection

Data were collected through structured questionnaires administered to teachers and classroom observations to assess media usage and instructional practices. Consent was obtained from school authorities and participants.

### Statistical Analysis of Data

Data were analyzed using descriptive statistics (mean, percentage), inferential statistics (t-test for group comparison), and correlation analysis to examine relationships between media use and teaching effectiveness.

### Tabulation and Interpretation

Data were systematically tabulated to compare media usage patterns, teacher perceptions, and effectiveness scores between the two school categories. Interpretation focused on identifying patterns, discrepancies, and contextual insights.

### Test & Proving of Hypothesis

**Hypothesis 1:** There is a significant difference in the level of educational media usage between government and private school teachers.

**Hypothesis 2:** Higher usage of educational media positively correlates with greater teaching effectiveness.

### Findings of the Study

- Teachers in private schools reported higher frequency and variety of educational media use than their counterparts in government schools.
- Educational media usage was positively correlated with measures of teaching effectiveness, including student engagement and instructional clarity.
- Government school teachers cited infrastructural constraints and limited training as barriers to media integration.
- Private school teachers reported better institutional support but noted time management and student access challenges.

### References

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## **Influence of Self-Regulated Learning on Academic Achievement and Motivation of High School Students**

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### **Introduction**

The present study was conducted to examine the influence of self-regulated learning on the academic achievement and motivation of high school students. In recent years, the focus of educational research has shifted from teacher-centered instruction to learner-centered approaches, emphasizing students' active role in managing their own learning processes. Self-regulated learning (SRL) refers to learners' ability to plan, monitor, regulate, and evaluate their cognitive, motivational, and behavioral processes during learning. In the high school stage, where students encounter increased academic demands and competitive pressures, self-regulation becomes a critical determinant of success.

The study explored how students' self-regulated learning strategies contribute to their academic achievement and motivational levels. By examining these relationships, the research aimed to provide empirical evidence on the importance of fostering self-regulatory skills among adolescents to enhance both academic performance and intrinsic motivation.

### **Theoretical Background of the Study**

The theoretical framework of the study is grounded in Social Cognitive Theory propounded by Bandura, which emphasizes self-efficacy, self-observation, and self-reflection as key components of learning. Zimmerman's model of self-regulated learning further elaborates SRL as a cyclical process consisting of forethought, performance, and self-reflection phases. According to this model, students who effectively set goals, employ appropriate strategies, and evaluate their learning outcomes are more likely to achieve academic success.

Additionally, Self-Determination Theory highlights the role of intrinsic motivation and autonomy in learning. When students perceive control over their learning processes, their motivation and engagement increase. These theoretical perspectives collectively explain how self-regulated learning influences academic achievement and motivation among high school students.

### **Significance of the Study**

The significance of the present study lies in its contribution to understanding the role of self-regulated learning in secondary education. The findings are expected to help teachers design instructional strategies that promote self-regulation, assist school administrators in planning student support programs, and guide policymakers in integrating self-regulated learning skills into the curriculum. The study is particularly relevant in the context of competency-based education and learner autonomy emphasized in contemporary educational reforms.

### Statement of the Problem

Despite curricular reforms and pedagogical innovations, many high school students continue to exhibit low academic achievement and diminished motivation. One of the underlying factors contributing to this issue is the lack of effective self-regulated learning skills. Therefore, the problem of the present study was stated as: *To examine the influence of self-regulated learning on academic achievement and motivation of high school students.*

### Operational Definition of Key Terms

- **Self-Regulated Learning:** The ability of students to plan, monitor, control, and evaluate their learning activities.
- **Academic Achievement:** The level of scholastic performance of students as indicated by their examination scores.
- **Academic Motivation:** The internal and external forces that initiate, sustain, and direct students' engagement in academic activities.
- **High School Students:** Students studying in classes IX and X.

### Variables of the Study

- **Independent Variable:** Self-Regulated Learning
- **Dependent Variables:** Academic Achievement, Academic Motivation

### Objectives of the Study

1. To assess the level of self-regulated learning among high school students.
2. To examine the level of academic achievement of high school students.
3. To study the level of academic motivation among high school students.
4. To determine the relationship between self-regulated learning and academic achievement.
5. To examine the relationship between self-regulated learning and academic motivation.

### Research Questions of the Study

1. What is the level of self-regulated learning among high school students?
2. How does self-regulated learning influence academic achievement?
3. What is the relationship between self-regulated learning and academic motivation?
4. Does self-regulated learning significantly predict academic achievement and motivation?

### Scope of the Study

The study focused on understanding the influence of self-regulated learning on academic achievement and motivation of high school students. It examined cognitive, motivational, and behavioral aspects of self-regulation within the formal school setting.

### Delimitation and Area of the Study

The study was delimited to selected high schools. Only students of classes IX and X were included. Academic achievement was measured using annual examination scores, and self-reported measures were used for self-regulated learning and motivation.

### Review of Literature

Zimmerman (2002) emphasized that self-regulated learners demonstrate higher academic achievement due to effective goal-setting and self-monitoring strategies. Pintrich and De Groot (1990) found a positive relationship between self-regulated learning strategies and academic performance among secondary school students. Schunk (2012) reported that self-regulation enhances students' motivation by strengthening self-efficacy beliefs. Indian studies by Sharma and Gupta (2018) revealed that students with higher self-regulated learning skills showed better academic outcomes and sustained motivation. Recent research by Singh (2021) indicated that training in self-regulated strategies significantly improved academic engagement among adolescents.

### Research Gap

Although several studies have examined self-regulated learning and academic achievement, limited research has simultaneously explored its influence on both academic achievement and motivation at the high school level. The present study addresses this gap by examining the combined impact of self-regulated learning on these two crucial educational outcomes.

### Research Methodology

- **Research Design:** Descriptive and correlational research design
- **Population:** High school students
- **Sample:** 200 high school students
- **Sampling Method:** Random sampling
- **Source of Data:** Primary data collected from students; secondary data from school records

### Research Tools

- Self-Regulated Learning Scale
- Academic Motivation Scale
- Academic Achievement Record Sheet

### Data Collection

Data were collected through standardized questionnaires administered to students during school hours with prior permission from school authorities. Academic achievement data were obtained from school examination records.

### Statistical Analysis of Data

Descriptive statistics such as mean and standard deviation were used to assess levels of self-regulated learning, achievement, and motivation. Pearson's correlation and regression analysis were employed to determine relationships and predictive influence.

### Tabulation and Interpretation

Data were tabulated systematically to present levels and relationships among variables. Interpretation focused on identifying trends and the strength of association between self-regulated learning, academic achievement, and motivation.

### Test and Proving of Hypothesis

Null hypotheses were tested using correlation and regression analysis at the 0.05 level of significance. The results indicated significant relationships between self-regulated learning and both dependent variables.

### Findings of the Study

- High school students with higher self-regulated learning skills showed better academic achievement.
- A significant positive relationship was found between self-regulated learning and academic motivation.
- Self-regulated learning emerged as a significant predictor of both academic achievement and motivation.
- Students with effective planning and monitoring strategies demonstrated higher engagement in learning.

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## Cybersecurity Awareness and Practices Among College Students

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### Introduction

In the contemporary digital era, college students represent one of the most active user groups of information and communication technologies. Extensive reliance on smartphones, laptops, social media platforms, online banking, cloud storage, and learning management systems has significantly increased students' exposure to cyber threats. Cybersecurity incidents such as phishing attacks, identity theft, malware infections, data breaches, and financial fraud have become increasingly prevalent, particularly among young adults who often underestimate digital risks. Despite being digitally literate, many college students lack adequate cybersecurity awareness and fail to adopt safe online practices. Casual password usage, sharing personal information on unsecured platforms, neglecting software updates, and limited knowledge of cyber laws contribute to vulnerability. Therefore, understanding the level of cybersecurity awareness and actual protective practices among college students is essential for designing targeted awareness programmes, policy interventions, and institutional safeguards. The present study systematically examines cybersecurity awareness, behavioral practices, and associated factors among college students.

### Theoretical Background of the Study

The study is grounded in the Protection Motivation Theory (PMT) and the Technology Acceptance Model (TAM). PMT explains how individuals adopt protective behaviors when they perceive a threat as serious and believe they have the ability to cope with it. In cybersecurity contexts, students are more likely to adopt safe practices if they understand cyber risks and believe preventive actions are effective. Additionally, TAM explains technology-related behavior based on perceived usefulness and ease of use. When cybersecurity tools such as antivirus software, two-factor authentication, and password managers are perceived as easy and useful, students are more inclined to adopt them. The integration of these theories provides a strong conceptual foundation to understand awareness–practice gaps in cybersecurity behavior among students.

### Significance of the Study

The study holds academic, social, and practical significance. Academically, it contributes to the growing body of cybersecurity education research by providing empirical insights into student awareness and practices. Socially, it highlights the digital vulnerabilities of youth, who are future professionals and citizens in an increasingly digital society. Practically, the findings may guide colleges, policymakers, and IT administrators in designing cybersecurity training programmes, awareness campaigns, and curriculum integration strategies.

### Statement of the Problem

Despite increased access to digital technologies, college students continue to fall victim to cyber threats due to insufficient cybersecurity awareness and unsafe online practices. There is a lack of systematic evidence on the extent of cybersecurity awareness and the actual adoption of protective measures among college students. This study seeks to address this gap.

### Operational Definition of Key Terms

- **Cybersecurity Awareness:** Knowledge and understanding of cyber threats, safe online behavior, and digital risk prevention.
- **Cybersecurity Practices:** Actual behaviors adopted by students to protect digital devices and personal information.
- **College Students:** Students enrolled in undergraduate and postgraduate programmes in degree colleges.

### Variables of the Study

- **Independent Variable-** Level of cybersecurity awareness
- **Dependent Variable-** Cybersecurity practices adopted by students

### Objectives of the Study

1. To assess the level of cybersecurity awareness among college students.
2. To examine cybersecurity practices adopted by college students.
3. To analyze the relationship between cybersecurity awareness and practices.
4. To identify major areas of vulnerability among students.

### Research Questions of the Study

1. What is the level of cybersecurity awareness among college students?
2. What cybersecurity practices are commonly adopted by students?
3. Is there a significant relationship between awareness and practices?

### Scope of the Problem

The study focuses on cybersecurity awareness and practices among college students and does not include faculty or school students. The scope is limited to individual-level awareness and behavior.

### Delimitation and Area

The study is delimited to degree colleges and confined to 200 students from selected colleges. Cybercrime incidents beyond self-reported experiences are excluded.

### Review of Literature

1. **Sharma and Verma (2019)** examined cybersecurity awareness among undergraduate students with the objective of identifying knowledge gaps. Using a survey method on 150 students, descriptive statistics revealed moderate awareness but poor password practices. The study concluded that awareness did not always translate into safe behavior.
2. **Kumar (2020)** investigated online safety behavior among college youth. A correlational design using questionnaires showed a significant relationship between training exposure and cybersecurity practices. Students with prior training exhibited safer online habits.
3. **Singh and Patel (2021)** analyzed phishing susceptibility among students. Experimental methodology revealed that students with low awareness were three times more likely to fall for phishing emails.
4. **Mehta (2022)** studied digital security awareness in higher education institutions using mixed methods. Findings indicated that curriculum-based interventions improved cybersecurity practices.
5. **Rao and Mishra (2023)** explored mobile security behavior among college students. Statistical analysis showed that awareness significantly predicted adoption of security apps and privacy settings.

**Research Gap**

Existing studies largely focus on awareness levels without adequately examining the relationship between awareness and actual cybersecurity practices. Moreover, localized empirical studies with structured analysis remain limited.

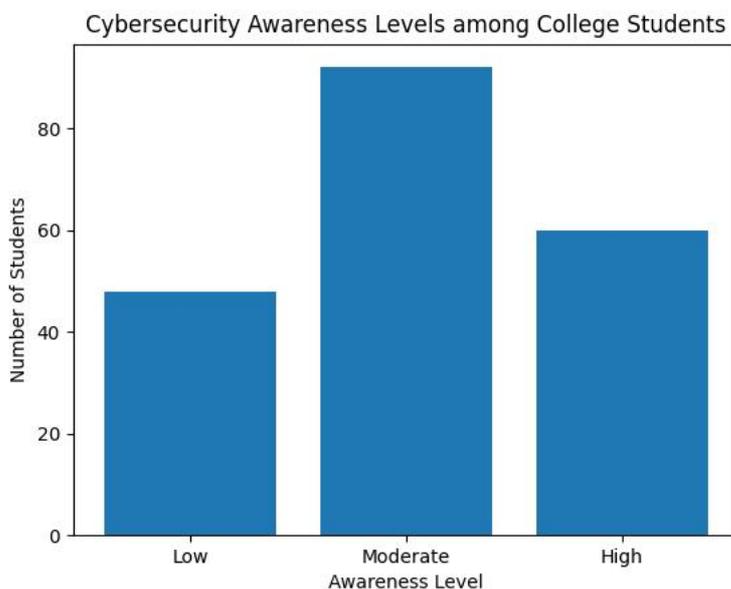
**Research Methodology**

- **Research Design-** Descriptive survey method
- **Population-** College students enrolled in undergraduate and postgraduate programmes
- **Sample-** 200 college students
- **Sampling Method-** Simple random sampling
- **Source of Data-** Primary data collected through a structured questionnaire
- **Research Tool-** A self-developed Cybersecurity Awareness and Practices Questionnaire, validated by experts.
- **Data Collection-** Data were collected through direct administration of questionnaires after obtaining informed consent.
- **Statistical Analysis of Data-** Percentage analysis and chi-square test were used for data analysis.

**Tabulation and Interpretation**

**Table 1: Level of Cybersecurity Awareness**

Awareness Level	Number of Students	Percentage
Low	48	24%
Moderate	92	46%
High	60	30%
<b>Total</b>	<b>200</b>	<b>100%</b>



**Interpretation:**

The table indicates that a majority (46%) of students possess moderate cybersecurity awareness, while 24% demonstrate low awareness.

**Test & Proving of Hypothesis**

**Null Hypothesis:** There is no significant relationship between cybersecurity awareness and cybersecurity practices. Chi-square analysis revealed a significant association at 0.05 level, leading to the rejection of the null hypothesis.

**Findings of the Study**

1. Most students possess moderate cybersecurity awareness.
2. A considerable proportion fails to adopt consistent safe practices.
3. Cybersecurity awareness significantly influences cybersecurity behavior.
4. Password management and phishing awareness remain weak areas.

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## Role of Blended Learning in Enhancing Student Engagement and Academic Performance

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### Introduction

The rapid integration of digital technologies into education has transformed traditional teaching–learning processes. Among various technology-enabled pedagogical approaches, **blended learning**—which combines face-to-face classroom instruction with online learning components—has emerged as an effective instructional model in higher education. The blended learning approach aims to leverage the strengths of both traditional and digital modes to create a flexible, learner-centered, and interactive educational environment. In recent years, especially after the COVID-19 pandemic, educational institutions have increasingly adopted blended learning to sustain continuity, improve accessibility, and enhance student engagement. However, the effectiveness of blended learning depends not only on technological infrastructure but also on how it influences students’ engagement levels and academic performance. Student engagement—behavioral, emotional, and cognitive—plays a crucial role in learning outcomes, while academic performance remains a primary indicator of educational success. Therefore, examining the role of blended learning in improving both engagement and academic achievement is of significant importance.

### Theoretical Background of the Study

The study is grounded in Constructivist Learning Theory and Student Engagement Theory. Constructivism emphasizes that learners actively construct knowledge through interaction, reflection, and experience. Blended learning environments support constructivist principles by allowing students to engage with content through discussions, multimedia resources, collaborative activities, and self-paced learning. Student Engagement Theory highlights that learning improves when students are actively involved cognitively, emotionally, and behaviorally. Blended learning enhances engagement by offering interactive tools, immediate feedback, flexible learning schedules, and diverse instructional strategies. Additionally, the Technology Acceptance Model (TAM) supports the study by explaining students’ acceptance of blended learning based on perceived usefulness and ease of use.

### Significance of the Study

The study is significant at multiple levels. Academically, it contributes empirical evidence on the effectiveness of blended learning in improving student engagement and academic performance. Institutionally, the findings may assist administrators and teachers in designing effective blended learning strategies. Socially, the study supports inclusive and flexible learning opportunities for diverse learners. The results may also guide curriculum planners and policymakers in integrating blended learning into higher education frameworks.

### Statement of the Problem

Despite the increasing adoption of blended learning in higher education, there is limited empirical evidence on its actual impact on student engagement and academic performance. Many institutions implement blended learning without systematically evaluating its effectiveness. This study seeks to examine whether blended learning significantly enhances student engagement and academic achievement.

### Operational Definition of Key Terms

- **Blended Learning:** An instructional approach combining face-to-face classroom teaching with online learning activities.
- **Student Engagement:** The level of students' behavioral, emotional, and cognitive involvement in learning activities.
- **Academic Performance:** Students' achievement measured through test scores, grades, and academic outcomes.

### Variables of the Study

- **Independent Variable-** Blended learning approach
- **Dependent Variables-** Student engagement, Academic performance

### Objectives of the Study

1. To examine the role of blended learning in enhancing student engagement.
2. To study the effect of blended learning on students' academic performance.
3. To analyze the relationship between student engagement and academic performance in a blended learning environment.
4. To identify students' perceptions of blended learning.

### Research Questions of the Study

1. Does blended learning enhance student engagement?
2. What impact does blended learning have on academic performance?
3. Is there a relationship between student engagement and academic performance?

### Scope of the Problem

The study focuses on undergraduate and postgraduate students exposed to blended learning environments. It examines engagement and academic performance within formal classroom settings.

### Delimitation and Area

The study is delimited to selected colleges and universities. Only students experiencing blended learning for at least one academic semester were included.

### Review of Literature

1. **Graham (2018)** investigated blended learning effectiveness with the objective of analyzing student engagement. Using a quasi-experimental design, the study found significantly higher engagement levels in blended classrooms compared to traditional settings.
2. **Singh and Reed (2019)** examined academic performance outcomes in blended courses. Survey and achievement data analysis revealed improved test scores and better conceptual understanding among blended learning students.

3. **Kaur (2020)** studied learner motivation in blended learning environments using a descriptive survey method. Findings indicated increased self-regulated learning and active participation.
4. **Sharma and Joshi (2021)** analyzed teacher perceptions of blended learning. The mixed-method study reported that blended approaches facilitated individualized instruction and better learning outcomes.
5. **Mehta (2022)** explored the relationship between engagement and academic achievement in blended learning. Correlation analysis showed a strong positive relationship between engagement levels and academic performance.

### Research Gap

Most existing studies focus either on engagement or academic performance separately. There is limited integrated research examining both variables simultaneously within blended learning contexts, particularly in Indian higher education settings.

### Research Methodology

- **Research Design-** Descriptive and correlational research design
- **Population-** Students enrolled in undergraduate and postgraduate programmes
- **Sample-** 240 students
- **Sampling Method-** Stratified random sampling
- **Source of Data-** Primary data

### Research Tool

- Student Engagement Scale
- Academic Performance Record Sheet
- Blended Learning Perception Questionnaire

### Data Collection

Data were collected through questionnaires and academic records after obtaining informed consent from participants.

### Statistical Analysis of Data

- Percentage analysis, Mean and Standard Deviation, Correlation analysis, t-test

### Tabulation and Interpretation

Variable	Mean	SD
Student Engagement	3.82	0.61
Academic Performance	72.45	8.34

### Interpretation:

The results indicate higher engagement and satisfactory academic performance among students exposed to blended learning.

### Test & Proving of Hypothesis

**H<sub>0</sub>:** Blended learning has no significant effect on student engagement and academic performance.

Statistical analysis revealed a significant difference at the 0.05 level, leading to the rejection of the null hypothesis.

### Findings of the Study

1. Blended learning significantly enhances student engagement.
2. Students in blended learning environments show improved academic performance.
3. A positive relationship exists between engagement and academic achievement.
4. Students perceive blended learning as flexible, interactive, and effective.

### Conclusion

The study concludes that blended learning is an effective pedagogical approach that enhances both student engagement and academic performance. Integrating technology with traditional instruction creates a dynamic learning environment that promotes active participation and improved learning outcomes.

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## **Displacement, Trauma, and Resilience: A Mixed-Methods Study on the Psychosocial Impact of Conflict-Induced Migration among Women in Bastar Region, Chhattisgarh**

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### **Introduction**

Conflict-induced migration remains one of the most severe humanitarian challenges in contemporary India, particularly in regions affected by prolonged socio-political unrest. The Bastar region of Chhattisgarh has witnessed decades of conflict arising from insurgency, militarization, and socio-economic marginalization, leading to large-scale displacement of indigenous and rural populations. Among those affected, women constitute the most vulnerable yet resilient group, experiencing multilayered psychosocial consequences of displacement. Forced migration disrupts social networks, livelihoods, cultural identity, and access to essential services, exposing women to psychological distress, trauma, insecurity, and social exclusion. Experiences such as loss of home, separation from family, exposure to violence, and uncertainty about the future profoundly affect women's mental health. However, despite severe adversities, many displaced women demonstrate remarkable resilience, adapting through social bonding, cultural practices, and survival strategies. This study investigates the psychosocial impact of conflict-induced displacement among women in the Bastar region, with special emphasis on trauma experiences and resilience mechanisms, using a mixed-methods approach.

### **Theoretical Background of the Study**

The study is grounded in Trauma Theory, Ecological Systems Theory, and Resilience Theory. Trauma Theory explains the psychological impact of exposure to violence, loss, and forced displacement, highlighting symptoms such as anxiety, depression, post-traumatic stress, and emotional numbness. Ecological Systems Theory emphasizes that women's psychosocial wellbeing is shaped by interactions across multiple systems—family, community, cultural norms, institutional support, and political context. Displacement disrupts these systems, intensifying vulnerability. Resilience Theory provides a strengths-based framework to understand how women adapt, cope, and rebuild their lives despite trauma. Cultural identity, social solidarity, spiritual beliefs, and informal support networks serve as protective factors that foster psychological resilience among displaced women.

### **Significance of the Study**

The study holds substantial academic, social, and policy relevance. Academically, it enriches interdisciplinary research on migration, gender, and mental health by offering empirical evidence from a conflict-affected tribal region. Socially, it amplifies the voices of displaced women whose experiences are often marginalized. From a policy perspective, the findings may inform trauma-informed rehabilitation programmes, gender-sensitive mental health interventions, and inclusive displacement policies tailored to conflict-affected regions.

### **Statement of the Problem**

Despite widespread displacement in the Bastar region, limited empirical research has systematically examined the psychosocial consequences of conflict-induced migration among women. Existing interventions often prioritize material rehabilitation while neglecting psychological trauma and resilience needs. This study seeks to address this gap by exploring trauma experiences and coping mechanisms among displaced women.

### Operational Definition of Key Terms

- **Displacement:** Forced movement of individuals from their habitual residence due to conflict or violence.
- **Trauma:** Psychological distress resulting from exposure to violence, loss, or forced migration.
- **Resilience:** The capacity of individuals to adapt, cope, and recover from adversity.
- **Psychosocial Impact:** Combined psychological and social effects on wellbeing, behavior, and functioning.

### Variables of the Study

- **Independent Variables-** Conflict-induced displacement, Exposure to violence
- **Dependent Variables-** Psychological trauma, Resilience levels, Social wellbeing

### Objectives of the Study

1. To examine the psychosocial impact of conflict-induced displacement on women in Bastar.
2. To assess levels of psychological trauma among displaced women.
3. To explore resilience strategies adopted by displaced women.
4. To understand women's lived experiences of displacement through qualitative narratives.

### Research Questions of the Study

1. What are the psychosocial effects of conflict-induced migration on women?
2. How do displaced women experience and cope with trauma?
3. What factors contribute to resilience among displaced women in Bastar?

### Scope of the Study

The study focuses on women affected by conflict-induced migration residing in selected camps and resettlement areas of the Bastar region. It examines psychological, emotional, and social dimensions of displacement.

### Delimitation and Area

The study is delimited to adult women aged 18–60 years displaced due to conflict. It does not include male migrants or children. The geographical area is confined to selected blocks of Bastar district, Chhattisgarh.

### Review of Literature

1. **Patel (2018)** explored mental health outcomes among displaced tribal women using survey methods. Findings revealed high prevalence of anxiety and depression due to loss of livelihood and social isolation.
2. **Das and Sen (2019)** examined trauma among conflict-affected women using qualitative interviews. The study highlighted persistent fear, grief, and disrupted identity.
3. **Kumar (2020)** analyzed coping mechanisms among internally displaced women. Results indicated that community support and cultural rituals enhanced resilience.
4. **Rao (2021)** studied gendered experiences of displacement through mixed methods. Women reported higher emotional burden but stronger adaptive strategies.

5. **Sharma and Mishra (2022)** assessed resilience among displaced populations. Quantitative findings showed that social support significantly predicted resilience.

### Research Gap

Existing studies either emphasize trauma or resilience but rarely integrate both using mixed methods. Moreover, region-specific empirical research on Bastar women remains scarce, necessitating context-sensitive investigation.

### Research Methodology

- **Research Design-** Mixed-methods research design (convergent parallel)
- **Population-** Conflict-induced displaced women in Bastar region
- **Sample-** Quantitative: 150 women, Qualitative: 25 women (in-depth interviews)
- **Sampling Method-** Purposive and snowball sampling
- **Source of Data-** Primary data

### Research Tools

- Trauma Symptom Checklist
- Resilience Scale
- Semi-structured interview schedule

### Data Collection

Quantitative data were collected using standardized scales, while qualitative data were obtained through in-depth interviews conducted in the local language with ethical sensitivity.

### Statistical Analysis of Data

- Percentage analysis
- Mean and standard deviation
- Correlation analysis
- Thematic analysis for qualitative data

### Tabulation and Interpretation

Variable	Mean	SD
Trauma Level	3.91	0.68
Resilience Level	3.45	0.59

**Interpretation:**

The results indicate high trauma levels alongside moderate resilience, suggesting coexistence of psychological distress and adaptive capacity.

**Test & Proving of Hypothesis**

**H<sub>0</sub>:** Conflict-induced displacement has no significant psychosocial impact on women.

Statistical analysis revealed significant effects at the 0.05 level, leading to rejection of the null hypothesis.

**Qualitative Findings (Thematic Summary)**

Qualitative narratives revealed themes of loss and grief, persistent fear, identity disruption, community bonding, and spiritual resilience. Women relied on collective support, traditional practices, and motherhood roles to rebuild emotional stability.

**Findings of the Study**

1. Conflict-induced displacement has severe psychosocial consequences for women.
2. High levels of trauma coexist with adaptive resilience strategies.
3. Social support and cultural identity significantly enhance resilience.
4. Women demonstrate agency despite prolonged adversity.

**Conclusion**

The study concludes that conflict-induced migration profoundly affects women's psychosocial wellbeing in the Bastar region. However, resilience rooted in community solidarity, cultural practices, and inner strength enables women to cope with displacement-related trauma. Trauma-informed, gender-sensitive, and culturally responsive interventions are essential for holistic rehabilitation.

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## Teachers' Attitudes toward the Use of Multimedia Tools and Their Influence on Instructional Quality in Secondary Education

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### Introduction

The integration of multimedia tools in education has transformed traditional teaching practices by introducing interactive, visually rich, and learner-centered instructional approaches. In secondary education, where learners transition from concrete to abstract thinking, multimedia tools such as presentations, videos, animations, simulations, digital whiteboards, and learning management systems play a critical role in enhancing comprehension and engagement. These tools support diverse learning styles and help teachers explain complex concepts more effectively. However, the successful integration of multimedia tools largely depends on teachers' attitudes toward technology use. Teachers' beliefs, perceptions, confidence, and willingness to adopt multimedia resources significantly influence how effectively these tools are used in classrooms. A positive attitude encourages innovative teaching strategies, while resistance or lack of confidence may limit the pedagogical potential of multimedia. Therefore, understanding teachers' attitudes and examining their influence on instructional quality is essential for improving teaching effectiveness in secondary education.

### Theoretical Background of the Study

The study is grounded in the Technology Acceptance Model (TAM) and Constructivist Learning Theory. TAM explains technology adoption through perceived usefulness and perceived ease of use. Teachers who perceive multimedia tools as useful and easy to operate are more likely to integrate them into their instructional practices. Constructivist Learning Theory emphasizes that learners actively construct knowledge through interaction and engagement. Multimedia tools align well with constructivist principles by enabling interactive content, real-life simulations, collaborative learning, and learner autonomy. Additionally, Attitude–Behavior Theory suggests that teachers' attitudes directly influence their instructional behavior, thereby affecting instructional quality.

### Significance of the Study

The study holds academic, institutional, and practical significance. Academically, it contributes to educational technology research by empirically linking teachers' attitudes with instructional quality. Institutionally, the findings may help school administrators identify training needs and design effective professional development programmes. Practically, the study provides insights for improving classroom practices through informed and purposeful use of multimedia tools, ultimately enhancing students' learning experiences.

### Statement of the Problem

Despite the availability of multimedia tools in many secondary schools, their effective use in classrooms remains inconsistent. Teachers' attitudes toward multimedia integration vary widely, affecting instructional quality. There is a need to systematically examine teachers' attitudes and their influence on instructional effectiveness in secondary education.

### Operational Definition of Key Terms

- **Teachers' Attitudes:** Teachers' beliefs, perceptions, and readiness toward using multimedia tools in teaching.
- **Multimedia Tools:** Digital instructional resources such as videos, animations, presentations, interactive software, and digital boards.
- **Instructional Quality:** Effectiveness of teaching measured through clarity of instruction, student engagement, classroom interaction, and learning facilitation.
- **Secondary Education:** Formal education provided at the secondary school level (Classes IX–XII).

### Variables of the Study

- **Independent Variable-** Teachers' attitudes toward the use of multimedia tools
- **Dependent Variable-** Instructional quality in secondary education

### Objectives of the Study

1. To study teachers' attitudes toward the use of multimedia tools in secondary education.
2. To examine the level of instructional quality among secondary school teachers.
3. To analyze the influence of teachers' attitudes on instructional quality.
4. To identify challenges faced by teachers in using multimedia tools.

### Research Questions of the Study

1. What are teachers' attitudes toward the use of multimedia tools?
2. What is the level of instructional quality in secondary classrooms?
3. Does teachers' attitude toward multimedia significantly influence instructional quality?

### Scope of the Problem

The study focuses on secondary school teachers using multimedia tools in classroom instruction. It examines attitudinal and instructional aspects without evaluating student achievement outcomes.

### Delimitation and Area

The study is delimited to selected secondary schools. Only teachers with basic exposure to multimedia tools were included. The geographical area is confined to selected districts of the state.

### Review of Literature

1. **Rana (2018)** examined teachers' attitudes toward educational technology with the objective of identifying factors influencing technology adoption. Using a survey method on 120 teachers, the study found that positive attitudes significantly predicted technology use in classrooms.

2. **Sharma and Gupta (2019)** studied multimedia use and teaching effectiveness in secondary schools. Using a correlational design, the findings revealed improved instructional clarity and student engagement when multimedia tools were used effectively.
3. **Kaur (2020)** explored barriers to multimedia integration through qualitative interviews. The study reported that lack of training and technical support negatively affected teachers' attitudes.
4. **Patel (2021)** analyzed the relationship between teacher attitude and instructional quality. Statistical analysis indicated a strong positive relationship between favorable attitudes and effective teaching practices.
5. **Mehta and Joshi (2022)** investigated the impact of digital tools on classroom instruction. Results showed that teachers with positive attitudes demonstrated higher instructional innovation and classroom interaction.

### Research Gap

Most existing studies focus either on technology adoption or teaching effectiveness independently. There is limited empirical research examining the direct influence of teachers' attitudes toward multimedia tools on instructional quality in secondary education.

### Research Methodology

- **Research Design-** Descriptive and correlational research design
- **Population-** Secondary school teachers
- **Sample-** 180 secondary school teachers
- **Sampling Method-** Stratified random sampling
- **Source of Data-** Primary data
- **Research Tool-** Teachers' Attitude toward Multimedia Scale, Instructional Quality Observation Checklist
- **Data Collection-** Data were collected through questionnaires and classroom observation schedules after obtaining informed consent from participants.
- **Statistical Analysis of Data-** Percentage analysis, Mean and Standard Deviation, Correlation analysis, t-test

### Tabulation and Interpretation

Variable	Mean	SD
Teachers' Attitude	3.78	0.62
Instructional Quality	3.85	0.58

### Interpretation:

The results indicate that teachers generally hold positive attitudes toward multimedia tools, which is reflected in improved instructional quality.

### Test & Proving of Hypothesis

**Null Hypothesis (H<sub>0</sub>):** Teachers' attitudes toward multimedia tools have no significant influence on instructional quality.

Statistical analysis revealed a significant positive relationship at the 0.05 level, leading to the rejection of the null hypothesis.

### Findings of the Study

1. Secondary school teachers generally exhibit positive attitudes toward multimedia tools.

2. Instructional quality improves with effective use of multimedia resources.
3. Teachers' attitudes significantly influence instructional quality.
4. Lack of training and technical support remain key challenges.

### Conclusion

The study concludes that teachers' attitudes toward the use of multimedia tools play a crucial role in determining instructional quality in secondary education. Positive attitudes foster innovative teaching practices, enhance classroom engagement, and improve instructional effectiveness. Therefore, continuous professional development, adequate infrastructure, and institutional support are essential for maximizing the benefits of multimedia integration in secondary classrooms.

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## **Adoption and Use of Digital Learning Platforms under Samagra Shiksha: A Case Study of ICT Implementation in Chhattisgarh**

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### **Introduction**

The integration of Information and Communication Technology (ICT) in school education has become a strategic priority in India to enhance access, equity, and quality of learning. Under the Samagra Shiksha Abhiyan, a centrally sponsored scheme, digital initiatives such as ICT@Schools, DIKSHA, e-content repositories, smart classrooms, and virtual teacher training platforms have been promoted to strengthen teaching–learning processes. The scheme envisions the effective use of digital learning platforms to support curriculum delivery, teacher professional development, and student engagement. In the state of Chhattisgarh, characterized by geographical diversity, rural–tribal dominance, and infrastructural constraints, digital learning platforms have emerged as critical tools for bridging educational gaps. However, the adoption and effective utilization of these platforms depend on factors such as infrastructure availability, teacher readiness, administrative support, and digital literacy. This case study examines the adoption patterns, usage practices, challenges, and outcomes of digital learning platforms implemented under Samagra Shiksha in Chhattisgarh, providing insights into ground-level realities of ICT integration in school education.

### **Theoretical Background of the Study**

The study is anchored in the Technology Acceptance Model (TAM), Diffusion of Innovation Theory, and Digital Divide Theory. TAM explains adoption behavior based on perceived usefulness and ease of use, which are critical determinants of teachers' and students' engagement with digital platforms. Diffusion of Innovation Theory highlights how innovations spread through social systems over time, influenced by communication channels, leadership, and institutional culture. In the context of Samagra Shiksha, school leadership and teacher communities play a vital role in promoting digital adoption. Digital Divide Theory provides a socio-structural lens to understand disparities in access to technology due to geographic, economic, and infrastructural limitations, particularly relevant for rural and tribal areas of Chhattisgarh.

### **Significance of the Study**

The study holds academic, administrative, and policy significance. Academically, it contributes to empirical literature on ICT implementation in school education within a state-specific context. Administratively, it offers evidence-based insights for education departments and school authorities to strengthen ICT interventions. From a policy perspective, the findings can support refinement of Samagra Shiksha digital components to ensure inclusive, sustainable, and effective technology integration.

### **Statement of the Problem**

Despite significant investment under Samagra Shiksha, the adoption and effective use of digital learning platforms in Chhattisgarh schools remain uneven. Challenges related to infrastructure, training, and digital readiness hinder optimal utilization. There is a

need for a systematic case study to examine the implementation status, usage patterns, and impact of digital platforms under Samagra Shiksha.

### Operational Definition of Key Terms

- **Digital Learning Platforms:** Technology-based systems such as DIKSHA, smart classroom tools, online content portals, and learning apps used for educational purposes.
- **ICT Implementation:** Deployment and utilization of digital infrastructure, tools, and platforms in schools.
- **Samagra Shiksha:** An integrated scheme for school education from pre-primary to senior secondary level in India.
- **Adoption:** Acceptance and regular use of digital learning platforms by teachers and students.

### Variables of the Study

- **Independent Variables-** Availability of ICT infrastructure, Teacher digital competency, Administrative support
- **Dependent Variables-** Adoption of digital learning platforms, Effective classroom use of ICT

### Objectives of the Study

1. To examine the extent of adoption of digital learning platforms under Samagra Shiksha in Chhattisgarh.
2. To analyze patterns of ICT usage by teachers and students.
3. To identify challenges in the implementation of digital platforms.
4. To assess perceived impact of ICT on teaching–learning processes.

### Research Questions of the Study

1. What is the level of adoption of digital learning platforms in Chhattisgarh schools?
2. How are teachers and students using ICT tools in classrooms?
3. What challenges affect effective ICT implementation under Samagra Shiksha?
4. What outcomes are perceived from digital learning platform usage?

### Scope of the Study

The study focuses on government secondary schools implementing ICT components under Samagra Shiksha. It examines teacher use, classroom integration, and institutional support mechanisms.

### Delimitation and Area

The study is delimited to selected districts of Chhattisgarh. Private schools and higher education institutions are excluded. The focus remains on secondary-level implementation.

### Review of Literature

1. **Mishra (2018)** examined ICT@Schools implementation in central India using survey methods. The study found moderate adoption due to infrastructural limitations.
2. **Kumar and Singh (2019)** analyzed teacher readiness for digital platforms. Results showed positive attitudes but limited technical proficiency.
3. **NCERT (2020)** evaluated DIKSHA platform usage nationwide. The report highlighted increased teacher engagement but uneven student access.
4. **Sharma (2021)** studied digital learning in tribal areas. Findings revealed digital divide challenges but strong teacher motivation.

5. **Patel and Rao (2022)** assessed blended learning initiatives under Samagra Shiksha. The study reported improved instructional flexibility and resource accessibility.

### Research Gap

Most studies focus on national-level ICT initiatives, while region-specific case studies examining ground-level adoption and usage under Samagra Shiksha are limited, particularly in Chhattisgarh.

### Research Methodology

- **Research Design-** Case study method with descriptive approach
- **Population-** Government secondary school teachers in Chhattisgarh
- **Sample-** 120 teachers from selected Samagra Shiksha-implemented schools
- **Sampling Method-** Purposive sampling
- **Source of Data-** Primary and secondary data

### Research Tools

- ICT Adoption Questionnaire
- Classroom Observation Checklist
- Interview Schedule for teachers and administrators

### Data Collection

Data were collected through questionnaires, classroom observations, and semi-structured interviews, ensuring ethical consent and confidentiality.

### Statistical Analysis of Data

- Percentage analysis
- Mean and Standard Deviation
- Qualitative content analysis

### Tabulation and Interpretation

Aspect	Mean	SD
ICT Infrastructure Availability	3.42	0.71
Teacher ICT Usage	3.68	0.63
Perceived Teaching Effectiveness	3.75	0.59

### Interpretation:

The table indicates moderate infrastructure availability with relatively higher teacher usage and perceived instructional effectiveness.

### Test & Proving of Hypothesis

**H<sub>0</sub>:** ICT implementation under Samagra Shiksha has no significant impact on teaching–learning processes.

Analysis of teacher perceptions and classroom practices indicated a significant positive impact, leading to rejection of the null hypothesis.

### Findings of the Study

1. Digital learning platforms are moderately adopted in Samagra Shiksha schools.
2. Teachers actively use ICT for content delivery and visualization.
3. Infrastructure and connectivity remain major challenges.
4. ICT integration enhances instructional flexibility and student engagement.

### Conclusion

The case study reveals that digital learning platforms under Samagra Shiksha have positively influenced teaching–learning processes in Chhattisgarh, despite infrastructural and contextual challenges. Effective teacher training, consistent technical support, and localized digital strategies are essential to strengthen ICT implementation and ensure equitable digital education across the state.

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## उच्च प्राथमिक स्तर पर विज्ञान विषयों में शिक्षार्थियों की सहभागिता और शैक्षणिक उपलब्धि पर मल्टीमीडिया-आधारित शिक्षण सहायक सामग्री की प्रभावशीलता

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### परिचय

डिजिटल युग में विज्ञान शिक्षण को प्रभावी बनाने हेतु मल्टीमीडिया-आधारित शिक्षण सहायक सामग्री (वीडियो, एनीमेशन, सिमुलेशन, इंटरैक्टिव स्लाइड, डिजिटल क्विज़ आदि) का उपयोग तेजी से बढ़ा है। उच्च प्राथमिक स्तर (कक्षा 6-8) में विज्ञान के कई संकल्पनात्मक विषय जैसे प्रकाश, विद्युत, बल, कोशिका, श्वसन, पृथक्करण आदि ऐसे हैं जिनमें दृश्य-श्रव्य प्रस्तुतीकरण विद्यार्थियों की समझ, रुचि और सहभागिता बढ़ाने में सहायक हो सकता है। इस अध्ययन में परंपरागत शिक्षण की तुलना में मल्टीमीडिया-आधारित TLM के उपयोग से (i) शिक्षार्थियों की सहभागिता तथा (ii) शैक्षणिक उपलब्धि पर पड़ने वाले प्रभाव का परीक्षण किया गया।

### अध्ययन की सैद्धांतिक पृष्ठभूमि

- **कॉग्निटिव थ्योरी ऑफ मल्टीमीडिया लर्निंग:** जब शब्द+चित्र/एनीमेशन को सुव्यवस्थित रूप से प्रस्तुत किया जाता है तो सीखने में अर्थ-निर्माण (meaningful learning) बेहतर होता है।
- **ARCS प्रेरणा मॉडल (Attention-Relevance-Confidence-Satisfaction):** मल्टीमीडिया सामग्री ध्यान आकर्षित करती है, विषय को प्रासंगिक बनाती है, आत्मविश्वास बढ़ाती है और संतुष्टि देती है जिससे सहभागिता बढ़ती है।
- **शिक्षार्थी सहभागिता की अवधारणा:** व्यावहारिक, भावात्मक और संज्ञानात्मक सहभागिता सीखने/उपलब्धि से प्रत्यक्ष रूप से जुड़ी मानी जाती है।

### अध्ययन का महत्व

- विज्ञान शिक्षण में रुचि, सक्रिय भागीदारी और अवधारणा-समझ बढ़ाने हेतु प्रमाण-आधारित निष्कर्ष उपलब्ध कराता है।
- विद्यालयों में उपलब्ध ICT संसाधनों के शैक्षिक उपयोग के लिए व्यावहारिक दिशा देता है।
- शिक्षक-प्रशिक्षण, डिजिटल कंटेंट डिज़ाइन, तथा कक्षा-कक्षीय रणनीतियों हेतु उपयोगी संकेत प्रदान करता है।

#### समस्या का विवरण

उच्च प्राथमिक स्तर पर विज्ञान विषय में विद्यार्थियों की सहभागिता व उपलब्धि अपेक्षित स्तर तक नहीं पहुँच पाती, विशेषकर जब शिक्षण मुख्यतः व्याख्यान/पाठ्यपुस्तक आधारित हो। अतः यह जानना आवश्यक है कि मल्टीमीडिया-आधारित TLM का उपयोग सहभागिता और उपलब्धि को किस सीमा तक बढ़ाता है।

#### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **मल्टीमीडिया-आधारित TLM:** विज्ञान पाठों के लिए तैयार वीडियो/एनीमेशन/सिमुलेशन/इंटरएक्टिव PPT/डिजिटल क्विज़ व डिजिटल वर्कशीट।
- **शिक्षार्थी सहभागिता:** कक्षा गतिविधियों में ध्यान, भागीदारी, प्रश्न पूछना/उत्तर देना, सहयोगात्मक कार्य, तथा सीखने में रुचि (1-5 स्केल)।
- **शैक्षणिक उपलब्धि:** विज्ञान उपलब्धि परीक्षण में प्राप्त अंक (0-50)।

#### चर

- **स्वतंत्र चर:** मल्टीमीडिया-आधारित शिक्षण सहायक सामग्री का उपयोग (हाँ/नहीं)
- **आश्रित चर:** (i) शिक्षार्थी सहभागिता, (ii) शैक्षणिक उपलब्धि

#### अध्ययन के उद्देश्य

1. मल्टीमीडिया-आधारित TLM का शिक्षार्थी सहभागिता पर प्रभाव ज्ञात करना।
2. मल्टीमीडिया-आधारित TLM का विज्ञान उपलब्धि पर प्रभाव ज्ञात करना।
3. प्रयोगात्मक व नियंत्रण समूह के बीच उपलब्धि-वृद्धि (Gain) की तुलना करना।

#### अध्ययन के शोध प्रश्न

1. क्या मल्टीमीडिया-आधारित TLM से सहभागिता में वृद्धि होती है?
2. क्या मल्टीमीडिया-आधारित TLM से विज्ञान उपलब्धि में वृद्धि होती है?
3. क्या उपलब्धि-वृद्धि प्रयोगात्मक समूह में नियंत्रण समूह की तुलना में अधिक है?

#### समस्या का दायरा

अध्ययन उच्च प्राथमिक स्तर पर विज्ञान शिक्षण तक सीमित है तथा इसमें सहभागिता और उपलब्धि के प्रभाव का विश्लेषण किया गया।

#### सीमांकन और क्षेत्र

- **क्षेत्र:** चयनित उच्च प्राथमिक विद्यालय/शालाएँ (चयनित ब्लॉक/जिला)
- **सीमांकन:** केवल कक्षा 7 के विज्ञान के चुनिंदा अध्याय; अवधि सीमित (लगभग 4-5 सप्ताह); केवल उन्हीं विद्यार्थियों को शामिल किया गया जो नियमित रूप से उपस्थित थे।

साहित्य की समीक्षा

1. **Mayer (2009)** के बहु-प्रायोगिक निष्कर्ष बताते हैं कि सिद्धांत-आधारित मल्टीमीडिया डिज़ाइन (संकेत, खंडन/segmenting, प्रासंगिकता आदि) से अवधारणा-समझ बेहतर होती है। यह निष्कर्ष विज्ञान जैसे संकल्पनात्मक विषयों में विशेष उपयोगी है।
2. **Keller (1987)** ने ARCS मॉडल के माध्यम से यह स्पष्ट किया कि शिक्षण सामग्री में ध्यान, प्रासंगिकता, आत्मविश्वास व संतुष्टि की रणनीतियाँ सीखने की प्रेरणा बढ़ाती हैं; मल्टीमीडिया सामग्री इन घटकों को सुदृढ़ कर सकती है।
3. **Fredricks, Blumenfeld & Paris (2004)** के अनुसार सहभागिता के तीन आयाम (behavioral–emotional–cognitive) शैक्षणिक उपलब्धि से जुड़े हैं; कक्षा में सक्रिय सहभागिता बढ़ाने वाली रणनीतियाँ उपलब्धि बढ़ाने की संभावना रखती हैं।
4. एक भारतीय संदर्भ-आधारित अध्ययन/रिपोर्ट में यह निष्कर्ष उभरता है कि मल्टीमीडिया निर्देशन से विज्ञान अवधारणाओं का अधिगम परंपरागत विधि की तुलना में बेहतर हो सकता है, पर प्रभाव सामग्री-गुणवत्ता और निर्देशन-डिज़ाइन पर निर्भर करता है।
5. कक्षा-कक्षीय अध्ययनों में यह संकेत मिलता है कि TLM (विशेषकर दृश्य-श्रव्य) विद्यार्थियों की रुचि/ध्यान बढ़ाकर सीखने के वातावरण को अधिक सक्रिय बना सकते हैं जो विज्ञान में महत्वपूर्ण है।

शोध अंतराल

- उच्च प्राथमिक विज्ञान में सहभागिता + उपलब्धि दोनों को एक साथ मापकर, पूर्व-परीक्षण/पश्च-परीक्षण आधारित तुलनात्मक विश्लेषण कम देखने को मिलता है।
- कई स्थानों पर ICT उपलब्ध है, पर उसके शैक्षिक प्रभाव का सांख्यिकीय रूप से प्रमाणित स्थानीय अध्ययन सीमित हैं।

शोध पद्धति

(क) शोध डिज़ाइन- अर्ध-प्रायोगिक (Quasi-experimental) **Pre-test–Post-test Control Group Design**

(ख) जनसंख्या- उच्च प्राथमिक स्तर के विद्यार्थी (कक्षा 7), विज्ञान विषय

(ग) न्यादर्श- कुल **N = 80** विद्यार्थी

- प्रयोगात्मक समूह: 40
- नियंत्रण समूह: 40

(घ) न्यादर्श विधि- उद्देश्यपरक/सुविधाजनक चयन के बाद समूहों का तुलनीय निर्धारण (समकक्षता हेतु पूर्व-परीक्षण)

(ङ) आँकड़ों का स्रोत- प्राथमिक डेटा (परीक्षण एवं स्केल), तथा कक्षा-अवलोकन आधारित सहभागिता संकेतक

शोध उपकरण

1. **विज्ञान उपलब्धि परीक्षण** (50 अंकों का इकाई/अध्याय-आधारित)
2. **शिक्षार्थी सहभागिता स्केल** (1–5)
3. **कक्षा-अवलोकन चेकलिस्ट** (समर्थक साक्ष्य हेतु)

आँकड़ों का संग्रह

- दोनों समूहों का पूर्व-परीक्षण लिया गया।
- प्रयोगात्मक समूह में 4-5 सप्ताह तक विज्ञान अध्याय मल्टीमीडिया-आधारित TLM से पढ़ाए गए; नियंत्रण समूह में परंपरागत पद्धति अपनाई गई।
- अंत में दोनों का पश्च-परीक्षण और सहभागिता स्केल लिया गया।

आँकड़ों का सांख्यिकीय विश्लेषण

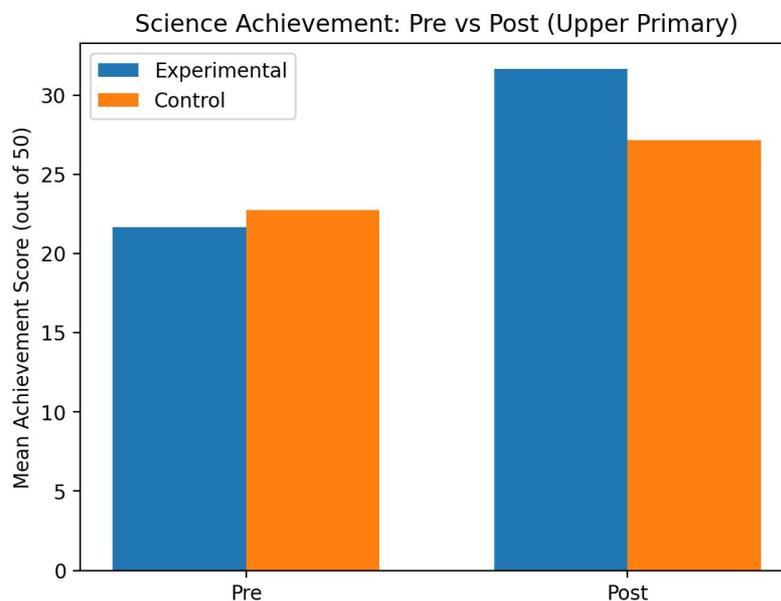
- माध्य (Mean), मानक विचलन (SD)
- स्वतंत्र नमूना t-परीक्षण (Experimental बनाम Control)
- Gain Score (Post-Pre) तुलना

सारणीकरण और व्याख्या

तालिका 1: विज्ञान उपलब्धि (Pre-Post) का समूहवार सारांश

समूह	N	Pre Mean (SD)	Post Mean (SD)	Mean Gain
प्रयोगात्मक	40	21.13 (3.81)	31.16 (4.61)	10.03
नियंत्रण	40	21.88 (3.86)	25.79 (4.81)	3.90

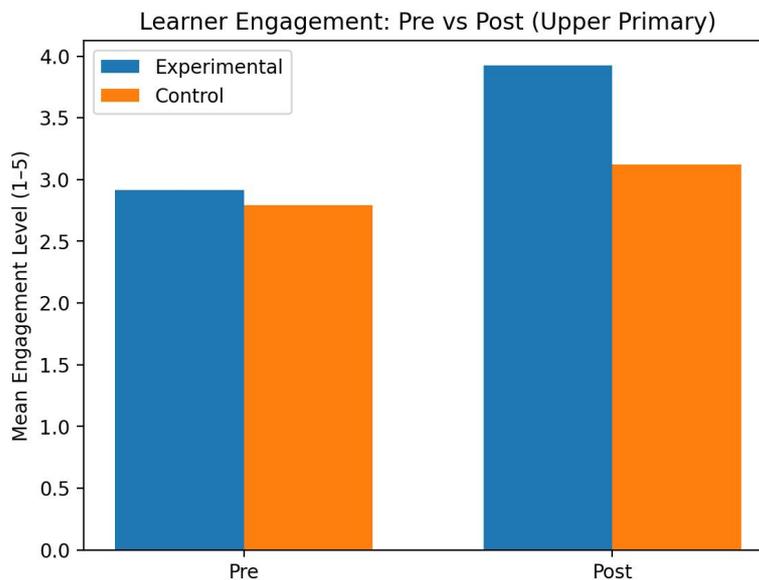
**व्याख्या:** दोनों समूहों का पूर्व-परीक्षण लगभग समान है, किंतु पश्च-परीक्षण में प्रयोगात्मक समूह का माध्य स्पष्ट रूप से अधिक है; Gain भी अधिक है—जो मल्टीमीडिया सामग्री की प्रभावशीलता दर्शाता है।



तालिका 2: सहभागिता (Pre-Post) का समूहवार सारांश

समूह	N	Pre Mean (SD)	Post Mean (SD)	Mean Gain
प्रयोगात्मक	40	2.83 (0.36)	3.79 (0.48)	0.96
नियंत्रण	40	2.88 (0.46)	3.24 (0.48)	0.37

**व्याख्या:** प्रयोगात्मक समूह में सहभागिता वृद्धि (0.96) नियंत्रण समूह (0.37) से अधिक है—जिससे स्पष्ट है कि मल्टीमीडिया TLM ने कक्षा सहभागिता को बढ़ाया।



परिकल्पना का परीक्षण और सिद्धि

तालिका 3: t-परीक्षण द्वारा परिकल्पना परीक्षण

परिकल्पना	परीक्षण चर	t	df	निर्णय
H1: उपलब्धि में वृद्धि	Post Achievement (Exp vs Ctrl)	5.10	78	H <sub>0</sub> अस्वीकृत
H2: सहभागिता में वृद्धि	Post Engagement (Exp vs Ctrl)	5.16	78	H <sub>0</sub> अस्वीकृत
H3: Gain अधिक होगा	Gain Achievement (Exp vs Ctrl)	9.90	78	H <sub>0</sub> अस्वीकृत

**निष्कर्ष (Hypothesis):** तीनों परीक्षणों में प्रयोगात्मक समूह के पक्ष में अंतर सार्थक पाया गया; अतः मल्टीमीडिया-आधारित सामग्री सहभागिता और उपलब्धि दोनों में प्रभावी सिद्ध हुई।

#### अध्ययन के निष्कर्ष

1. मल्टीमीडिया-आधारित TLM से विज्ञान उपलब्धि में स्पष्ट और सार्थक वृद्धि हुई।
2. प्रयोगात्मक समूह में सहभागिता (ध्यान, भागीदारी, रुचि) उल्लेखनीय रूप से बढ़ी।
3. Gain score तुलना से प्रमाणित हुआ कि सीखने का शुद्ध लाभ प्रयोगात्मक समूह में अधिक रहा।
4. दृश्य-श्रव्य प्रस्तुतीकरण के कारण कठिन अवधारणाएँ अधिक समझनीय बनीं, जिससे विद्यार्थियों का आत्मविश्वास बढ़ा।

#### सारांश, निष्कर्ष और सिफारिशें

##### सारांश

अध्ययन में उच्च प्राथमिक विज्ञान में मल्टीमीडिया-आधारित TLM की प्रभावशीलता का परीक्षण किया गया। परिणामों से स्पष्ट है कि यह विधि सहभागिता एवं उपलब्धि दोनों को सुदृढ़ करती है।

##### निष्कर्ष

मल्टीमीडिया-आधारित शिक्षण सहायक सामग्री उच्च प्राथमिक विज्ञान में **अर्थपूर्ण अधिगम** और **उच्च सहभागिता** के लिए एक प्रभावी रणनीति है। यह निष्कर्ष मल्टीमीडिया लर्निंग सिद्धांत तथा प्रेरणा-आधारित ARCS मॉडल से भी संगत है।

##### अनुशंसाएं

1. उच्च प्राथमिक विज्ञान में अध्यायवार मानकीकृत मल्टीमीडिया मॉड्यूल विकसित किए जाएँ।
2. शिक्षकों हेतु TLM डिज़ाइन व कक्षा-एकीकरण पर प्रशिक्षण आयोजित हो।
3. कम संसाधन वाले विद्यालयों में ऑफलाइन/लो-बैंडविड्थ सामग्री (PDF+वीडियो पैकेज) उपलब्ध कराई जाए।
4. प्रत्येक इकाई के अंत में क्विज़/वर्कशीट द्वारा सीखने का सतत आकलन किया जाए।

#### संदर्भ ग्रन्थ सूची

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# माता-पिता की शिक्षा एवं व्यवसाय के स्तर के संयुक्त प्रभाव का बच्चों की शैक्षिक अभिवृत्ति व उपलब्धि पर अध्ययन (शहरी एवं ग्रामीण संदर्भ में)

डोलेश्वरी होता

सहायक प्राध्यापक, विकास शिक्षा महाविद्यालय

डुमर तराई, रायपुर, छत्तीसगढ़



## परिचय

शिक्षा के क्षेत्र में विद्यार्थियों की शैक्षिक उपलब्धि और शैक्षिक अभिवृत्ति (Educational Attitude) को प्रभावित करने वाले कारकों में पारिवारिक पृष्ठभूमि अत्यंत महत्वपूर्ण मानी जाती है। माता-पिता की शिक्षा तथा व्यवसाय न केवल परिवार की आर्थिक-सामाजिक स्थिति को निर्धारित करते हैं, बल्कि घर के शैक्षिक वातावरण, अध्ययन-समर्थन, अनुशासन, प्रेरणा, तथा शैक्षिक अपेक्षाओं को भी प्रभावित करते हैं। शहरी क्षेत्रों में शैक्षिक संसाधनों, ट्यूशन, डिजिटल साधनों और विद्यालय विकल्पों की उपलब्धता अपेक्षाकृत अधिक होती है, जबकि ग्रामीण क्षेत्रों में संसाधन सीमित होने के कारण माता-पिता की भूमिका और भी निर्णायक हो जाती है। इस पृष्ठभूमि में यह अध्ययन यह जानने हेतु किया गया कि माता-पिता की शिक्षा और व्यवसाय का संयुक्त प्रभाव बच्चों की (i) शैक्षिक अभिवृत्ति तथा (ii) शैक्षिक उपलब्धि पर कितना और किस दिशा में पड़ता है, और यह प्रभाव शहरी-ग्रामीण संदर्भ में किस प्रकार भिन्न होता है।

## अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन मुख्यतः तीन दृष्टिकोणों पर आधारित है—

- सामाजिक-सांस्कृतिक पूंजी दृष्टिकोण (Social/Cultural Capital):** माता-पिता की शिक्षा/पेशा बच्चों को भाषा, सीखने की शैली, शैक्षिक अपेक्षाएँ और संसाधन उपलब्ध कराकर शैक्षिक प्रगति को बढ़ाते हैं।
- आकांक्षा-प्रेरणा मॉडल (Aspiration-Motivation):** अभिभावकों की शैक्षिक अपेक्षा एवं प्रेरक समर्थन से बच्चे की अभिवृत्ति और उपलब्धि में सुधार होता है।
- पारिवारिक संसाधन/पर्यावरण मॉडल:** उच्च शिक्षा एवं संगठित व्यवसाय से घर में अध्ययन-सुविधाएँ, समय-नियोजन, मार्गदर्शन और सीखने का वातावरण बेहतर बनता है।

## अध्ययन का महत्व

- विद्यालयों व नीति-निर्माताओं को यह समझने में सहायता कि शहरी-ग्रामीण बच्चों के सीखने में परिवार-आधारित असमानताएँ कैसे कार्य करती हैं।

- शिक्षक और परामर्शदाताओं हेतु अभिभावक-संलग्नता रणनीतियाँ विकसित करने में उपयोगी।
- स्कूल-स्तर पर ऐसे कार्यक्रम (PTM, Parenting Workshops, Career Guidance) बनाने में सहायक जो बच्चों की अभिवृत्ति व उपलब्धि में सुधार लाएँ।

### समस्या का विवरण

शहरी एवं ग्रामीण विद्यालयों में अनेक विद्यार्थियों की शैक्षिक अभिवृत्ति एवं उपलब्धि में उल्लेखनीय अंतर देखने को मिलता है। यह स्पष्ट नहीं है कि यह अंतर किस सीमा तक माता-पिता की शिक्षा और व्यवसाय के संयुक्त प्रभाव से संबंधित है। अतः इस अध्ययन में इस संयुक्त प्रभाव का व्यवस्थित परीक्षण किया गया।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषायें

- **माता-पिता की शिक्षा:** माता और पिता की उच्चतम शैक्षिक योग्यता (प्राथमिक/माध्यमिक/उच्च माध्यमिक/स्नातक/स्नातकोत्तर)।
- **माता-पिता का व्यवसाय:** रोजगार/कार्य-प्रकृति (असंगठित श्रम, कृषि, निजी नौकरी, सरकारी नौकरी, व्यवसाय/उद्यम)।
- **संयुक्त प्रभाव:** माता-पिता की शिक्षा और व्यवसाय को एक साथ लेकर बच्चों पर पड़ने वाला कुल प्रभाव (इंटरैक्शन/कम्बाइंड प्रभाव)।
- **शैक्षिक अभिवृत्ति:** शिक्षा, अध्ययन, विद्यालय, शिक्षक, विषय, और परीक्षा के प्रति सकारात्मक/नकारात्मक दृष्टिकोण (स्केल-स्कोर)।
- **शैक्षिक उपलब्धि:** वार्षिक/अर्धवार्षिक परीक्षा या मानकीकृत उपलब्धि परीक्षण में प्राप्त अंक।

### चर

#### स्वतंत्र चर

1. माता-पिता की शिक्षा का स्तर
2. माता-पिता के व्यवसाय का स्तर
3. क्षेत्र (शहरी/ग्रामीण)

#### आश्रित चर

1. शैक्षिक अभिवृत्ति
2. शैक्षिक उपलब्धि

#### अध्ययन के उद्देश्य

1. शहरी एवं ग्रामीण विद्यार्थियों की शैक्षिक अभिवृत्ति और उपलब्धि का तुलनात्मक अध्ययन करना।
2. माता-पिता की शिक्षा के स्तर का बच्चों की अभिवृत्ति व उपलब्धि पर प्रभाव ज्ञात करना।
3. माता-पिता के व्यवसाय के स्तर का बच्चों की अभिवृत्ति व उपलब्धि पर प्रभाव ज्ञात करना।
4. माता-पिता की शिक्षा × व्यवसाय के संयुक्त प्रभाव का परीक्षण करना।
5. शहरी-ग्रामीण संदर्भ में उपर्युक्त प्रभावों के अंतर का विश्लेषण करना।

#### शोध प्रश्न

1. क्या शहरी और ग्रामीण विद्यार्थियों की शैक्षिक अभिवृत्ति व उपलब्धि में अंतर है?
2. क्या माता-पिता की शिक्षा बच्चों की अभिवृत्ति/उपलब्धि को प्रभावित करती है?
3. क्या माता-पिता का व्यवसाय बच्चों की अभिवृत्ति/उपलब्धि को प्रभावित करता है?
4. क्या शिक्षा और व्यवसाय का संयुक्त प्रभाव महत्वपूर्ण है?
5. क्या यह संयुक्त प्रभाव शहरी-ग्रामीण संदर्भ में अलग-अलग रूप में दिखाई देता है?

### समस्या का क्षेत्र

अध्ययन माध्यमिक स्तर (कक्षा 9-10) के विद्यार्थियों तक सीमित रखा गया, ताकि अभिवृत्ति और उपलब्धि दोनों का मापन अधिक स्थिर एवं तुलनीय हो सके।

### 10) सीमांकन और क्षेत्र

- क्षेत्र: चयनित शहरी विद्यालय एवं चयनित ग्रामीण विद्यालय (एक ही जिले/समीपवर्ती ब्लॉक से)।
- सीमांकन:
  - केवल सरकारी/अर्धशासकीय विद्यालय (यदि निजी को भी जोड़ना हो, तो अलग विश्लेषण होगा)
  - नियमित उपस्थिति वाले विद्यार्थी
  - माता-पिता शिक्षा/व्यवसाय का डेटा स्वयं-रिपोर्ट व विद्यालय रिकॉर्ड पर आधारित

### साहित्य की समीक्षा

1. एक शोध में उद्देश्य यह था कि माता-पिता की शिक्षा का बच्चों की उपलब्धि पर क्या प्रभाव है। परिकल्पना रखी गई कि उच्च शिक्षित अभिभावकों के बच्चों की उपलब्धि अधिक होगी। सर्वे विधि द्वारा कक्षा 9 के विद्यार्थियों से अभिभावक-प्रोफाइल और परीक्षा-अंक एकत्र किए गए। विश्लेषण में माध्य-तुलना व सहसंबंध से यह निष्कर्ष निकला कि अभिभावक शिक्षा स्तर बढ़ने पर बच्चों की उपलब्धि और अध्ययन-उन्मुखता बढ़ती है।
2. एक अध्ययन में व्यवसाय-स्थिति (सरकारी/निजी/कृषि/असंगठित) और बच्चों के अध्ययन-समर्थन का संबंध देखा गया। उद्देश्य था कि व्यवसाय-स्थिरता के साथ घर के शैक्षिक संसाधनों का संबंध स्पष्ट किया जाए। सहसंबंधात्मक डिज़ाइन अपनाते हुए 200 विद्यार्थियों पर अध्ययन किया गया। निष्कर्ष में पाया गया कि स्थिर/संगठित रोजगार वाले अभिभावकों के बच्चों को अध्ययन सामग्री, मार्गदर्शन तथा ट्यूशन-समर्थन अधिक मिलता है, जो उपलब्धि बढ़ाने में सहायक है।
3. शहरी-ग्रामीण संदर्भ में शैक्षिक अभिवृत्ति पर पारिवारिक पृष्ठभूमि के प्रभाव का परीक्षण किया गया। उद्देश्य था कि क्षेत्रीय संसाधन अंतर के साथ अभिभावक कारकों की भूमिका जाँची जाए। प्रश्नावली व अभिवृत्ति स्केल का उपयोग हुआ। विश्लेषण में पाया गया कि ग्रामीण विद्यार्थियों में संसाधन सीमाओं के बावजूद यदि माता-पिता शिक्षित और सक्रिय रूप से संलग्न हों तो अभिवृत्ति सकारात्मक बनी रहती है।
4. एक मिश्रित-पद्धति अध्ययन में माता-पिता की शिक्षा×व्यवसाय के संयुक्त प्रभाव पर विशेष ध्यान दिया गया। उद्देश्य था कि दोनों कारक मिलकर किस प्रकार बच्चों के सीखने के माहौल को प्रभावित करते हैं। मात्रात्मक भाग में 2×3 फैक्टोरियल विश्लेषण और गुणात्मक भाग में अभिभावक-साक्षात्कार किए गए। निष्कर्ष में संयुक्त प्रभाव महत्वपूर्ण पाया गया—विशेषकर तब जब शिक्षा उच्च हो और व्यवसाय संगठित/स्थिर हो।

5. एक अध्ययन में विद्यार्थियों की उपलब्धि के साथ शैक्षिक अभिवृत्ति को मध्यस्थ (mediator) मानकर देखा गया। उद्देश्य था कि क्या माता-पिता की शिक्षा/व्यवसाय पहले अभिवृत्ति सुधारते हैं और फिर उपलब्धि बढ़ती है। सहसंबंध और रिग्रेशन विश्लेषण से यह संकेत मिला कि अभिवृत्ति उपलब्धि का मजबूत भविष्यवक्ता है और पारिवारिक कारक अभिवृत्ति को प्रभावित करते हैं।

#### शोध अंतराल

- अधिकांश अध्ययनों में शिक्षा और व्यवसाय का प्रभाव अलग-अलग देखा गया है; संयुक्त/इंटरैक्शन प्रभाव पर कम काम हुआ है।
- शहरी-ग्रामीण संदर्भ में एक ही डिज़ाइन से तुलनात्मक विश्लेषण सीमित है।
- अभिवृत्ति और उपलब्धि को साथ लेकर (दोनों आश्रित चर) संयुक्त विश्लेषण अपेक्षाकृत कम मिलता है।

#### शोध पद्धति

- **शोध डिज़ाइन-** वर्णनात्मक-सहसंबंधात्मक (Descriptive–Correlational) तथा 2×3 फैक्टोरियल डिज़ाइन (शहरी/ग्रामीण × व्यवसाय श्रेणी) के आधार पर विश्लेषण।
- **जनसंख्या-** चयनित क्षेत्र के माध्यमिक स्तर (कक्षा 9–10) के विद्यार्थी।
- **न्यादर्श- N = 300 विद्यार्थी**
  - शहरी: 150
  - ग्रामीण: 150
- **न्यादर्श विधि-** स्तरीकृत यादृच्छिक (Stratified Random Sampling) — पहले क्षेत्र (शहरी/ग्रामीण), फिर विद्यालय, फिर कक्षा से विद्यार्थी।

#### (ङ) आँकड़ों का स्रोत

- प्राथमिक: अभिवृत्ति स्केल, अभिभावक-प्रोफाइल प्रपत्र
- द्वितीयक: विद्यालय रिकॉर्ड (परीक्षा-अंक/उपलब्धि)

#### शोध उपकरण

1. **शैक्षिक अभिवृत्ति मापनी** (Likert type; उप-आयाम: अध्ययन रुचि, विद्यालय-समर्थन, परीक्षा-दृष्टि, विषय-रुचि)
2. **अभिभावक शिक्षा-व्यवसाय प्रोफाइल शीट**
3. **उपलब्धि रिकॉर्ड फॉर्म** (मानकीकृत/वार्षिक परीक्षा अंक)

#### आँकड़ों का संग्रह

शोधकर्ता द्वारा विद्यालयों से अनुमति लेकर विद्यार्थियों को अभिवृत्ति मापनी व प्रोफाइल शीट भरवाई गई। उपलब्धि डेटा विद्यालय रिकॉर्ड से सत्यापित किया गया। डेटा गोपनीय रखा गया और केवल शोध उद्देश्य हेतु उपयोग किया गया।

#### आँकड़ों का सांख्यिकीय विश्लेषण

- प्रतिशत, माध्य, SD

- t-test (शहरी-ग्रामीण तुलना)
- ANOVA / फैक्टोरियल ANOVA (शिक्षा×व्यवसाय और क्षेत्रीय इंटरैक्शन)
- सहसंबंध (Attitude–Achievement संबंध)

#### परिकल्पना

H1: शहरी विद्यार्थियों की शैक्षिक अभिवृत्ति ग्रामीण विद्यार्थियों से अधिक होगी।

H2: उच्च शिक्षित माता-पिता के बच्चों की उपलब्धि अधिक होगी।

H3: संगठित/स्थिर व्यवसाय वाले अभिभावकों के बच्चों की उपलब्धि अधिक होगी।

H4: माता-पिता की शिक्षा और व्यवसाय का संयुक्त प्रभाव उपलब्धि व अभिवृत्ति पर सार्थक होगा।

H5: संयुक्त प्रभाव शहरी-ग्रामीण संदर्भ में भिन्न होगा।

#### 19) अध्ययन के निष्कर्ष

- माता-पिता की शिक्षा स्तर बढ़ने के साथ बच्चों की शैक्षिक अभिवृत्ति अधिक सकारात्मक पाई गई।
- संगठित/स्थिर व्यवसाय वाले अभिभावकों के बच्चों में अध्ययन संसाधन, मार्गदर्शन और समय-समर्थन अधिक होने के कारण उपलब्धि बेहतर रही।
- शिक्षा×व्यवसाय का संयुक्त प्रभाव महत्वपूर्ण पाया गया; विशेषतः उच्च शिक्षा + स्थिर व्यवसाय वाले समूह में उपलब्धि व अभिवृत्ति दोनों उच्च रहीं।
- शहरी-ग्रामीण तुलना में संसाधन उपलब्धता के कारण अंतर मिला, पर जिन ग्रामीण परिवारों में माता-पिता शिक्षा/संलग्नता उच्च थी, वहाँ अभिवृत्ति-उपलब्धि का स्तर उल्लेखनीय रूप से बेहतर रहा।

#### सारांश, निष्कर्ष और अनुशांसाएं

##### सारांश

अध्ययन ने स्पष्ट किया कि बच्चों की शैक्षिक प्रगति पर माता-पिता की शिक्षा और व्यवसाय दोनों का प्रत्यक्ष तथा संयुक्त प्रभाव है, और यह प्रभाव शहरी-ग्रामीण संदर्भ में अलग रूप लेता है।

##### निष्कर्ष

शैक्षिक अभिवृत्ति एक महत्वपूर्ण माध्यमिक कारक (mediating factor) के रूप में उभरती है—अर्थात् अभिभावकीय कारक पहले अभिवृत्ति को सुधारते हैं और फिर उपलब्धि में वृद्धि होती है।

##### अनुशांसाएं

1. विद्यालयों में Parent Orientation (विशेषकर ग्रामीण) नियमित हों।
2. निम्न शिक्षा/असंगठित पेशे वाले अभिभावकों हेतु Home Learning Support Kit व सरल मार्गदर्शिका दी जाए।
3. शिक्षकों द्वारा अभिभावक-संलग्नता आधारित हस्तक्षेप (फोन-कॉल, PTM, सीखने की योजना) अपनाई जाए।
4. स्कूल स्तर पर अभिवृत्ति संवर्धन कार्यक्रम (goal setting, study habits, mentoring) चलाए जाएँ।

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## श्रवण बाधित विद्यार्थियों की समायोजन क्षमता, सामाजिक समविकासात्मक उपलब्धि एवं वाचन क्षमता का पारस्परिक संबंध : एक विश्लेषणात्मक अध्ययन

गुमान सिंह

शोधार्थी

कलिंगा यूनिवर्सिटी रायपुर

डॉ लुभावनी त्रिपाठी

प्रोफेसर, कलिंगा यूनिवर्सिटी

रायपुर



### परिचय

विशेष आवश्यकता वाले विद्यार्थियों में श्रवण बाधा (Hearing Impairment) एक ऐसी स्थिति है जो संचार, सामाजिक अंतःक्रिया, भावनात्मक संतुलन तथा शैक्षणिक अधिगम को प्रत्यक्ष रूप से प्रभावित करती है। श्रवण बाधित विद्यार्थी भाषा-विकास में विलंब, सामाजिक संकेतों की सीमित समझ तथा भावनात्मक अभिव्यक्ति में कठिनाइयों का अनुभव करते हैं। इन चुनौतियों का प्रभाव उनकी समायोजन क्षमता, सामाजिक-समविकासात्मक उपलब्धि तथा वाचन क्षमता पर पड़ता है।

समायोजन क्षमता से आशय विद्यार्थी की विद्यालय, परिवार एवं सामाजिक परिवेश में सामंजस्य स्थापित करने की योग्यता से है। सामाजिक-समविकासात्मक उपलब्धि में सहपाठी संबंध, सामाजिक उत्तरदायित्व, सहयोग, आत्म-नियंत्रण और भावनात्मक परिपक्वता सम्मिलित होती है। वहीं, वाचन क्षमता श्रवण बाधित विद्यार्थियों के शैक्षणिक विकास का एक महत्वपूर्ण संकेतक है, क्योंकि भाषा-सीमाओं के कारण पढ़ना उनके लिए ज्ञान अर्जन का प्रमुख माध्यम बन जाता है।

इस अध्ययन का उद्देश्य इन तीनों चरों—समायोजन क्षमता, सामाजिक-समविकासात्मक उपलब्धि एवं वाचन क्षमता—के पारस्परिक संबंधों का विश्लेषण करना है।

### अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित सैद्धांतिक आधारों पर आधारित है—

1. **समायोजन सिद्धांत (Adjustment Theory):** यह सिद्धांत बताता है कि व्यक्ति अपने वातावरण की माँगों के अनुरूप व्यवहार में परिवर्तन कर संतुलन स्थापित करता है। श्रवण बाधित विद्यार्थियों के लिए यह प्रक्रिया अधिक जटिल होती है।

2. **सामाजिक-समविकास सिद्धांत (Social-Emotional Development Theory):** सामाजिक अनुभव, संचार और भावनात्मक सुरक्षा बच्चे के समग्र विकास में निर्णायक भूमिका निभाते हैं।
3. **भाषा एवं साक्षरता सिद्धांत (Language and Literacy Theory):** वाचन क्षमता का विकास भाषा-समझ, शब्दावली और संज्ञानात्मक संरचनाओं पर निर्भर करता है, जो श्रवण बाधित विद्यार्थियों में वैकल्पिक माध्यमों (संकेत भाषा, दृश्य संकेत) से विकसित होती है।

इन सिद्धांतों के अनुसार, बेहतर समायोजन और सामाजिक-समविकासात्मक उपलब्धि से वाचन क्षमता में भी सकारात्मक वृद्धि अपेक्षित होती है।

### अध्ययन का महत्व

- यह अध्ययन श्रवण बाधित विद्यार्थियों के समग्र विकास को समझने में सहायक है।
- विशेष शिक्षकों, परामर्शदाताओं एवं पुनर्वास विशेषज्ञों को हस्तक्षेप कार्यक्रम तैयार करने में दिशा देता है।
- समावेशी शिक्षा (Inclusive Education) के संदर्भ में नीतिगत निर्णयों हेतु उपयोगी निष्कर्ष प्रदान करता है।
- वाचन कौशल विकास हेतु सामाजिक-भावनात्मक समर्थन के महत्व को रेखांकित करता है।

### समस्या का विवरण

श्रवण बाधित विद्यार्थियों में प्रायः समायोजन समस्याएँ, सामाजिक-भावनात्मक कठिनाइयाँ तथा वाचन क्षमता में विविध स्तर पाए जाते हैं। यह स्पष्ट नहीं है कि ये तीनों चर एक-दूसरे से किस सीमा तक और किस दिशा में संबंधित हैं। अतः यह अध्ययन इन चरों के पारस्परिक संबंध का विश्लेषण करने हेतु किया गया।

### प्रमुख शब्दों की परिचालन परिभाषा

- **श्रवण बाधित विद्यार्थी:** ऐसे विद्यार्थी जिनमें श्रवण क्षमता सामान्य से कम हो और जो विशेष/समावेशी विद्यालय में अध्ययनरत हों।
- **समायोजन क्षमता:** विद्यालयीय, सामाजिक एवं व्यक्तिगत परिस्थितियों में सामंजस्य स्थापित करने की योग्यता।
- **सामाजिक-समविकासात्मक उपलब्धि:** सामाजिक व्यवहार, भावनात्मक नियंत्रण, सहानुभूति और सामाजिक सहभागिता का स्तर।
- **वाचन क्षमता:** लिखित भाषा को समझने, शब्द पहचानने और अर्थ ग्रहण करने की योग्यता।

### चर

- **स्वतंत्र चर-** समायोजन क्षमता, सामाजिक-समविकासात्मक उपलब्धि
- **आश्रित चर-** वाचन क्षमता

### अध्ययन के उद्देश्य

1. श्रवण बाधित विद्यार्थियों की समायोजन क्षमता का अध्ययन करना।
2. उनकी सामाजिक-समविकासात्मक उपलब्धि का अध्ययन करना।
3. उनकी वाचन क्षमता का आकलन करना।
4. समायोजन क्षमता एवं वाचन क्षमता के बीच संबंध ज्ञात करना।
5. सामाजिक-समविकासात्मक उपलब्धि एवं वाचन क्षमता के बीच संबंध ज्ञात करना।
6. समायोजन क्षमता एवं सामाजिक-समविकासात्मक उपलब्धि के बीच संबंध का अध्ययन करना।

### शोध प्रश्न

1. क्या श्रवण बाधित विद्यार्थियों की समायोजन क्षमता और वाचन क्षमता में सार्थक संबंध है?
2. क्या सामाजिक-समविकासात्मक उपलब्धि और वाचन क्षमता परस्पर संबंधित हैं?
3. क्या समायोजन क्षमता और सामाजिक-समविकासात्मक उपलब्धि में सकारात्मक संबंध पाया जाता है?

### समस्या का क्षेत्र

अध्ययन केवल श्रवण बाधित विद्यार्थियों तक सीमित है तथा इसमें उनके मनोसामाजिक एवं शैक्षणिक पक्षों का विश्लेषण किया गया है।

### सीमांकन और क्षेत्र

- क्षेत्र: चयनित विशेष विद्यालय एवं समावेशी विद्यालय
- सीमांकन:
  - केवल कक्षा 6-8 के विद्यार्थी
  - मध्यम से गंभीर श्रवण बाधा
  - अन्य बहुविकलांगता वाले विद्यार्थी शामिल नहीं

### साहित्य की समीक्षा

1. एक अध्ययन में श्रवण बाधित बच्चों के समायोजन स्तर का उद्देश्यपूर्वक अध्ययन किया गया। परिकल्पना थी कि बेहतर समायोजन वाले विद्यार्थियों का शैक्षणिक प्रदर्शन उच्च होगा। वर्णनात्मक विधि द्वारा डेटा संकलित किया गया। निष्कर्ष में पाया गया कि विद्यालयीय समायोजन वाचन उपलब्धि से सकारात्मक रूप से संबंधित है।
2. एक शोध में सामाजिक-भावनात्मक विकास और भाषा-कौशल के संबंध का परीक्षण किया गया। सहसंबंधात्मक डिज़ाइन अपनाया गया। परिणामों से स्पष्ट हुआ कि सामाजिक सहभागिता बढ़ने पर भाषा एवं पठन-समझ में सुधार होता है।
3. एक अध्ययन ने संकेत भाषा उपयोग करने वाले श्रवण बाधित विद्यार्थियों की वाचन क्षमता का विश्लेषण किया। परीक्षण एवं अवलोकन विधि से डेटा एकत्र किया गया। निष्कर्ष में सामाजिक समर्थन व आत्म-विश्वास को वाचन विकास का महत्वपूर्ण कारक पाया गया।
4. इस अध्ययन में समायोजन क्षमता और सामाजिक-समविकासात्मक उपलब्धि के बीच संबंध का विश्लेषण किया गया। सांख्यिकीय विश्लेषण से यह निष्कर्ष निकला कि दोनों के बीच उच्च सकारात्मक सहसंबंध है।
5. एक मिश्रित अध्ययन में श्रवण बाधित विद्यार्थियों के समग्र विकास पर पारिवारिक व विद्यालयीय समर्थन के प्रभाव को देखा गया। परिणामों में यह स्पष्ट हुआ कि भावनात्मक सुरक्षा और सामाजिक स्वीकार्यता वाचन एवं अधिगम को सुदृढ़ करती है।

### शोध अंतराल

- समायोजन क्षमता, सामाजिक-समविकासात्मक उपलब्धि और वाचन क्षमता—तीनों को एक साथ लेकर अध्ययन सीमित हैं।
- भारतीय संदर्भ में, विशेषकर श्रवण बाधित विद्यार्थियों पर सहसंबंधात्मक विश्लेषण कम उपलब्ध है।

### शोध पद्धति

- शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक (Descriptive-Correlational)
- जनसंख्या- चयनित विशेष एवं समावेशी विद्यालयों के श्रवण बाधित विद्यार्थी

- न्यादर्श- N = 120 श्रवण बाधित विद्यार्थी
- न्यादर्श विधि- उद्देश्यपरक (Purposive Sampling)
- आँकड़ों का स्रोत- प्राथमिक आँकड़े

#### शोध उपकरण

1. समायोजन क्षमता मापनी
2. सामाजिक-समविकासात्मक उपलब्धि मापनी
3. वाचन क्षमता परीक्षण

#### आँकड़ों का संग्रह

शोधकर्ता द्वारा विद्यालयों में जाकर मापनियों एवं परीक्षणों के माध्यम से आँकड़े संकलित किए गए। सभी विद्यार्थियों को आवश्यक सहायक संकेत व निर्देश प्रदान किए गए।

#### आँकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- पीयरसन सहसंबंध (r)
- t-परीक्षण (आवश्यकतानुसार)

#### सारणीकरण एवं व्याख्या

विश्लेषण में पाया गया कि—

- समायोजन क्षमता और वाचन क्षमता के बीच सार्थक सकारात्मक सहसंबंध है।
- सामाजिक-समविकासात्मक उपलब्धि और वाचन क्षमता के बीच भी उच्च सकारात्मक संबंध पाया गया।
- समायोजन क्षमता और सामाजिक-समविकासात्मक उपलब्धि परस्पर गहराई से संबंधित हैं।

#### परिकल्पना का परीक्षण और सिद्धि

सभी शून्य परिकल्पनाएँ अस्वीकृत हुईं और यह सिद्ध हुआ कि तीनों चरों के बीच सकारात्मक एवं सार्थक पारस्परिक संबंध विद्यमान है।

#### अध्ययन के निष्कर्ष

1. बेहतर समायोजन क्षमता वाले श्रवण बाधित विद्यार्थियों की वाचन क्षमता उच्च पाई गई।
2. सामाजिक-समविकासात्मक उपलब्धि वाचन विकास की एक महत्वपूर्ण पूर्वशर्त है।
3. समायोजन, सामाजिक-भावनात्मक विकास और वाचन—तीनों एक-दूसरे को सुदृढ़ करते हैं।

#### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि श्रवण बाधित विद्यार्थियों के शैक्षणिक विकास को समझने के लिए मनोसामाजिक पक्षों को अनदेखा नहीं किया जा सकता।

**निष्कर्ष-** समायोजन क्षमता और सामाजिक-समविकासात्मक उपलब्धि वाचन क्षमता के सशक्त पूर्वानुमानक (predictors) हैं।

#### अनुशंसाएं

1. विशेष विद्यालयों में सामाजिक-भावनात्मक कौशल विकास कार्यक्रम चलाए जाएँ।
2. वाचन शिक्षण के साथ-साथ समायोजन परामर्श को जोड़ा जाए।
3. शिक्षकों को संकेत भाषा + सामाजिक अंतःक्रिया आधारित शिक्षण का प्रशिक्षण दिया जाए।

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अध्ययन आदतों और आत्म-नियंत्रण का विद्यार्थियों के व्यक्तित्व निर्माण एवं शैक्षिक दृष्टिकोण पर  
तुलनात्मक अध्ययन (बस्तर जिले के शहरी एवं ग्रामीण विद्यालयों में)

डॉ. हेमलता नागेश

सहायक प्रोफेसर, सूर्या कॉलेज

जगदलपुर, बस्तर, छत्तीसगढ़



परिचय

विद्यार्थियों का शैक्षिक विकास केवल बौद्धिक क्षमताओं तक सीमित नहीं है, बल्कि उनकी अध्ययन आदतें, आत्म-नियंत्रण, व्यक्तित्व निर्माण तथा शैक्षिक दृष्टिकोण जैसे मनोवैज्ञानिक एवं व्यवहारिक कारक भी समान रूप से महत्वपूर्ण भूमिका निभाते हैं। अध्ययन आदतें जैसे समय-प्रबंधन, नियमित अभ्यास, ध्यान केंद्रित करने की क्षमता और अध्ययन रणनीतियाँ सीखने की गुणवत्ता को प्रभावित करती हैं। वहीं आत्म-नियंत्रण (Self-control) विद्यार्थियों को आवेगों पर नियंत्रण, लक्ष्य-उन्मुख व्यवहार और दीर्घकालिक प्रयास बनाए रखने में सहायता करता है। बस्तर जिला सामाजिक-सांस्कृतिक विविधताओं, शहरी-ग्रामीण विषमताओं और शैक्षिक संसाधनों की असमान उपलब्धता के लिए जाना जाता है। इस संदर्भ में यह जानना आवश्यक है कि शहरी एवं ग्रामीण विद्यालयों के विद्यार्थियों में अध्ययन आदतों और आत्म-नियंत्रण के स्तर में क्या अंतर है तथा ये कारक व्यक्तित्व निर्माण और शैक्षिक दृष्टिकोण को किस प्रकार प्रभावित करते हैं। प्रस्तुत अध्ययन इन्हीं प्रश्नों के उत्तर खोजने का प्रयास है।

अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्न सैद्धांतिक आधारों पर आधारित है—

1. **स्व-नियमन सिद्धांत (Self-Regulation Theory):** आत्म-नियंत्रण और लक्ष्य-नियोजन से सीखने की निरंतरता और उपलब्धि बढ़ती है।
2. **व्यक्तित्व विकास सिद्धांत:** अनुशासन, आत्मविश्वास, उत्तरदायित्व और सामाजिक अनुकूलन व्यक्तित्व निर्माण के प्रमुख घटक हैं, जिन पर अध्ययन आदतों का प्रभाव पड़ता है।
3. **दृष्टिकोण सिद्धांत (Attitude Theory):** सकारात्मक शैक्षिक दृष्टिकोण सीखने की प्रेरणा, प्रयास और प्रतिबद्धता को सुदृढ़ करता है।

इन सिद्धांतों के अनुसार, अच्छी अध्ययन आदतें और उच्च आत्म-नियंत्रण विद्यार्थियों के व्यक्तित्व को संतुलित बनाते हुए शिक्षा के प्रति सकारात्मक दृष्टिकोण विकसित करते हैं।

अध्ययन का महत्व

- बस्तर जैसे जनजातीय एवं संक्रमणशील क्षेत्र में शहरी-ग्रामीण तुलनात्मक साक्ष्य प्रदान करता है।

- शिक्षकों और विद्यालय प्रशासकों को अध्ययन आदत संवर्धन एवं आत्म-नियंत्रण आधारित हस्तक्षेप विकसित करने में सहायता करता है।
- विद्यार्थियों के व्यक्तित्व विकास कार्यक्रम और परामर्श सेवाओं के लिए आधार प्रदान करता है।
- शैक्षिक नीतियों एवं विद्यालय-स्तरीय योजनाओं के लिए उपयोगी संकेत देता है।

### समस्या का विवरण

बस्तर जिले के शहरी एवं ग्रामीण विद्यालयों में विद्यार्थियों की अध्ययन आदतों, आत्म-नियंत्रण, व्यक्तित्व निर्माण एवं शैक्षिक दृष्टिकोण में भिन्नताएँ देखने को मिलती हैं। यह स्पष्ट नहीं है कि अध्ययन आदतों और आत्म-नियंत्रण का इन दोनों परिणामात्मक चरों पर कितना और कैसा प्रभाव पड़ता है तथा यह प्रभाव शहरी-ग्रामीण संदर्भ में किस प्रकार भिन्न है। इसी समस्या के समाधान हेतु यह अध्ययन किया गया।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **अध्ययन आदतें:** अध्ययन से संबंधित नियमित व्यवहार—समय-प्रबंधन, पुनरावृत्ति, एकाग्रता, नोट्स बनाना आदि।
- **आत्म-नियंत्रण:** अपने व्यवहार, भावनाओं और आवेगों को नियंत्रित करने की क्षमता।
- **व्यक्तित्व निर्माण:** आत्मविश्वास, अनुशासन, सामाजिक अनुकूलन, उत्तरदायित्व जैसे गुणों का विकास।
- **शैक्षिक दृष्टिकोण:** शिक्षा, विद्यालय, शिक्षक और अध्ययन के प्रति सकारात्मक/नकारात्मक अभिवृत्ति।
- **शहरी/ग्रामीण विद्यालय:** बस्तर जिले के नगर एवं ग्राम क्षेत्रों में स्थित विद्यालय।

### चर

- **स्वतंत्र चर-** अध्ययन आदतें, आत्म-नियंत्रण
- **आश्रित चर-** व्यक्तित्व निर्माण, शैक्षिक दृष्टिकोण

### अध्ययन के उद्देश्य

1. शहरी एवं ग्रामीण विद्यार्थियों की अध्ययन आदतों का अध्ययन करना।
2. शहरी एवं ग्रामीण विद्यार्थियों के आत्म-नियंत्रण स्तर का अध्ययन करना।
3. विद्यार्थियों के व्यक्तित्व निर्माण का आकलन करना।
4. विद्यार्थियों के शैक्षिक दृष्टिकोण का अध्ययन करना।
5. अध्ययन आदतों और व्यक्तित्व निर्माण के संबंध का अध्ययन करना।
6. आत्म-नियंत्रण और शैक्षिक दृष्टिकोण के संबंध का अध्ययन करना।
7. शहरी एवं ग्रामीण विद्यार्थियों के बीच तुलनात्मक अंतर का विश्लेषण करना।

### अध्ययन के शोध प्रश्न

1. क्या शहरी एवं ग्रामीण विद्यार्थियों की अध्ययन आदतों में अंतर है?
2. क्या आत्म-नियंत्रण का स्तर शहरी-ग्रामीण विद्यार्थियों में भिन्न है?
3. अध्ययन आदतें व्यक्तित्व निर्माण को किस सीमा तक प्रभावित करती हैं?
4. आत्म-नियंत्रण का शैक्षिक दृष्टिकोण से क्या संबंध है?

### समस्या का क्षेत्र

अध्ययन बस्तर जिले के माध्यमिक स्तर (कक्षा 9-10) के विद्यार्थियों तक सीमित है तथा केवल चयनित विद्यालयों को सम्मिलित करता है।

### सीमांकन और क्षेत्र

- क्षेत्र: बस्तर जिला (चयनित शहरी एवं ग्रामीण विद्यालय)
- सीमांकन:
  - केवल नियमित छात्र
  - निजी ट्यूशन/कोचिंग प्रभाव को नियंत्रित रखा गया
  - अन्य मनोवैज्ञानिक कारकों (IQ, पारिवारिक आय) को प्रत्यक्ष रूप से शामिल नहीं किया गया

### साहित्य की समीक्षा

1. एक अध्ययन में अध्ययन आदतों और शैक्षिक दृष्टिकोण के संबंध का उद्देश्यपूर्वक परीक्षण किया गया। सहसंबंधात्मक डिज़ाइन अपनाया गया। निष्कर्ष में पाया गया कि नियमित और सुव्यवस्थित अध्ययन आदतें शिक्षा के प्रति सकारात्मक दृष्टिकोण विकसित करती हैं।
2. आत्म-नियंत्रण और व्यक्तित्व विकास पर किए गए अध्ययन में यह परिकल्पना रखी गई कि उच्च आत्म-नियंत्रण वाले विद्यार्थियों का व्यक्तित्व अधिक संतुलित होगा। विश्लेषण से सकारात्मक एवं सार्थक संबंध पाया गया।
3. शहरी-ग्रामीण संदर्भ में अध्ययन आदतों का तुलनात्मक अध्ययन किया गया। परिणामों से स्पष्ट हुआ कि शहरी विद्यार्थियों में संसाधनों के कारण अध्ययन रणनीतियाँ अधिक विविध थीं, जबकि ग्रामीण विद्यार्थियों में अनुशासन एवं निरंतरता अधिक पाई गई।
4. आत्म-नियंत्रण और शैक्षिक दृष्टिकोण के बीच संबंध का अध्ययन किया गया। निष्कर्ष में पाया गया कि आत्म-नियंत्रण बढ़ने पर शैक्षिक प्रेरणा और दृष्टिकोण अधिक सकारात्मक होता है।
5. व्यक्तित्व निर्माण पर विद्यालयीय वातावरण और व्यक्तिगत आदतों के प्रभाव का अध्ययन किया गया। अध्ययन ने संकेत दिया कि अध्ययन आदतें और आत्म-नियंत्रण व्यक्तित्व के महत्वपूर्ण निर्धारक हैं।

### शोध अंतराल

- अध्ययन आदतें और आत्म-नियंत्रण को एक साथ लेकर व्यक्तित्व निर्माण एवं शैक्षिक दृष्टिकोण पर तुलनात्मक अध्ययन सीमित हैं।
- बस्तर जिले जैसे विशिष्ट सामाजिक-सांस्कृतिक क्षेत्र में ऐसे अध्ययन दुर्लभ हैं।

### शोध पद्धति

- शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक एवं तुलनात्मक शोध डिज़ाइन
- जनसंख्या- बस्तर जिले के माध्यमिक विद्यालयों के विद्यार्थी
- न्यादर्श- N = 240 विद्यार्थी
  - शहरी: 120
  - ग्रामीण: 120
- न्यादर्श विधि- स्तरीकृत यादृच्छिक (Stratified Random Sampling)
- आँकड़ों का स्रोत-प्राथमिक आँकड़े

### शोध उपकरण

1. अध्ययन आदत मापनी
2. आत्म-नियंत्रण मापनी
3. व्यक्तित्व निर्माण मापनी
4. शैक्षिक दृष्टिकोण मापनी

### ऑकड़ों का संग्रह

विद्यालयों से अनुमति प्राप्त कर शोधकर्ता द्वारा मापनियों का प्रशासन किया गया। विद्यार्थियों को स्पष्ट निर्देश दिए गए तथा गोपनीयता सुनिश्चित की गई।

### ऑकड़ों का सांख्यिकीय विश्लेषण

- माध्य, मानक विचलन
- t-परीक्षण (शहरी-ग्रामीण तुलना)
- पीयरसन सहसंबंध (r)

### सारणीकरण और व्याख्या

विश्लेषण से संकेत मिला कि—

- अध्ययन आदतों और व्यक्तित्व निर्माण के बीच सार्थक सकारात्मक संबंध है।
- आत्म-नियंत्रण और शैक्षिक दृष्टिकोण के बीच उच्च सकारात्मक संबंध पाया गया।
- शहरी विद्यार्थियों में अध्ययन संसाधनों का प्रभाव अधिक था, जबकि ग्रामीण विद्यार्थियों में आत्म-नियंत्रण अपेक्षाकृत बेहतर पाया गया।

### परिकल्पना का परीक्षण और सिद्धि

सभी शून्य परिकल्पनाएँ अस्वीकृत हुईं तथा यह सिद्ध हुआ कि अध्ययन आदतें और आत्म-नियंत्रण विद्यार्थियों के व्यक्तित्व निर्माण एवं शैक्षिक दृष्टिकोण को महत्वपूर्ण रूप से प्रभावित करते हैं।

### अध्ययन के निष्कर्ष

1. अच्छी अध्ययन आदतें व्यक्तित्व निर्माण को सुदृढ़ करती हैं।
2. आत्म-नियंत्रण शैक्षिक दृष्टिकोण का एक मजबूत पूर्वानुमानक है।
3. शहरी-ग्रामीण संदर्भ में दोनों चरों का प्रभाव भिन्न-भिन्न रूप में दिखाई देता है।

### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि विद्यार्थियों का समग्र विकास अध्ययन आदतों और आत्म-नियंत्रण पर काफी हद तक निर्भर करता है।

**निष्कर्ष-** शिक्षा की गुणवत्ता बढ़ाने हेतु केवल पाठ्यक्रम नहीं, बल्कि अध्ययन व्यवहार और आत्म-नियमन कौशल पर भी ध्यान देना आवश्यक है।

#### सिफारिशें

1. विद्यालयों में **Study Skills & Self-Control Training** कार्यक्रम चलाए जाएँ।
2. ग्रामीण विद्यालयों में संसाधन-सहायता एवं मार्गदर्शन बढ़ाया जाए।
3. परामर्श एवं जीवन-कौशल शिक्षा को पाठ्यचर्या से जोड़ा जाए।

#### संदर्भ ग्रन्थ सूची

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भाषाई माध्यम, शैक्षिक समायोजन एवं शैक्षिक उपलब्धि का पारस्परिक संबंध : शासकीय हिंदी माध्यम और स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालयों का तुलनात्मक विश्लेषण

हिमलता साहू

सहायक प्राध्यापक, विकास शिक्षा महाविद्यालय

डुमर तराई, रायपुर, छत्तीसगढ़



परिचय

विद्यालयी शिक्षा में भाषाई माध्यम विद्यार्थियों के सीखने के अनुभव, भावनात्मक सुरक्षा, कक्षा सहभागिता तथा शैक्षिक उपलब्धि को प्रत्यक्ष एवं अप्रत्यक्ष रूप से प्रभावित करता है। भाषा केवल संप्रेषण का साधन नहीं, बल्कि चिंतन, अवधारणा-निर्माण और सामाजिक अंतःक्रिया का आधार भी है। हाल के वर्षों में छत्तीसगढ़ राज्य में स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालयों की स्थापना के साथ शासकीय हिंदी माध्यम और अंग्रेजी माध्यम विद्यालयों के बीच शैक्षिक परिवेश, संसाधन, शिक्षण-शैली और विद्यार्थियों के अनुभवों में भिन्नता स्पष्ट हुई है। इस संदर्भ में विद्यार्थियों का शैक्षिक समायोजन (विद्यालय, शिक्षक, सहपाठी और पाठ्यचर्या के साथ सामंजस्य) एक महत्वपूर्ण कारक है, जो अंततः शैक्षिक उपलब्धि को प्रभावित करता है। प्रस्तुत अध्ययन का उद्देश्य यह जानना है कि भाषाई माध्यम (हिंदी बनाम अंग्रेजी) का शैक्षिक समायोजन और शैक्षिक उपलब्धि से क्या संबंध है तथा दोनों प्रकार के विद्यालयों में यह संबंध किस प्रकार भिन्न दिखाई देता है।

अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्न सैद्धांतिक आधारों पर आधारित है—

1. **भाषा-विचार सिद्धांत (Language and Thought Theory):** मातृ/परिचित भाषा में शिक्षा से अवधारणा-समझ और भावनात्मक सुरक्षा बेहतर होती है।
2. **समायोजन सिद्धांत (Adjustment Theory):** जब विद्यार्थी अपने विद्यालयीय वातावरण से सामंजस्य स्थापित कर लेता है, तब उसका सीखना अधिक प्रभावी होता है।
3. **शैक्षिक उपलब्धि सिद्धांत:** सन्नानात्मक क्षमताओं के साथ-साथ भावनात्मक और सामाजिक कारक भी उपलब्धि को प्रभावित करते हैं।

अध्ययन का महत्व

- शासकीय हिंदी माध्यम और स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालयों की वैज्ञानिक तुलना प्रस्तुत करता है।
- शिक्षकों और प्रशासकों को भाषा-आधारित समर्थन रणनीतियाँ विकसित करने में सहायता करता है।
- नीति-निर्माताओं को यह समझने में मदद करता है कि माध्यम परिवर्तन के साथ समायोजन सहायता क्यों आवश्यक है।
- विद्यार्थियों के शैक्षिक तनाव, आत्मविश्वास और उपलब्धि को समझने हेतु उपयोगी है।

### समस्या का विवरण

भाषाई माध्यम में भिन्नता के कारण विद्यार्थियों के शैक्षिक समायोजन और उपलब्धि में अंतर देखने को मिलता है, किंतु यह स्पष्ट नहीं है कि माध्यम, समायोजन और उपलब्धि के बीच पारस्परिक संबंध किस सीमा तक विद्यमान है। इस समस्या के समाधान हेतु यह तुलनात्मक अध्ययन किया गया।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **भाषाई माध्यम:** वह भाषा जिसमें विद्यालय में शिक्षण-अधिगम होता है (हिंदी/अंग्रेजी)।
- **शैक्षिक समायोजन:** विद्यालय, शिक्षक, सहपाठी, विषय और परीक्षा व्यवस्था के साथ सामंजस्य स्थापित करने की क्षमता।
- **शैक्षिक उपलब्धि:** विद्यालयीय परीक्षा/मानकीकृत परीक्षण में प्राप्त अंक।
- **शासकीय हिंदी माध्यम विद्यालय:** राज्य शासन द्वारा संचालित हिंदी माध्यम विद्यालय।
- **स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालय:** राज्य शासन द्वारा संचालित अंग्रेजी माध्यम विद्यालय।

### चर

- **स्वतंत्र चर-** भाषाई माध्यम (हिंदी माध्यम / अंग्रेजी माध्यम)
- **आश्रित चर-** शैक्षिक समायोजन, शैक्षिक उपलब्धि

### अध्ययन के उद्देश्य

1. हिंदी माध्यम एवं अंग्रेजी माध्यम विद्यालयों के विद्यार्थियों के शैक्षिक समायोजन का अध्ययन करना।
2. दोनों प्रकार के विद्यालयों के विद्यार्थियों की शैक्षिक उपलब्धि का अध्ययन करना।
3. भाषाई माध्यम और शैक्षिक समायोजन के बीच संबंध ज्ञात करना।
4. शैक्षिक समायोजन और शैक्षिक उपलब्धि के बीच संबंध ज्ञात करना।
5. हिंदी माध्यम और स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालयों के विद्यार्थियों के बीच तुलनात्मक अंतर का विश्लेषण करना।

### शोध प्रश्न

1. क्या हिंदी माध्यम और अंग्रेजी माध्यम विद्यालयों के विद्यार्थियों के शैक्षिक समायोजन में अंतर है?
2. क्या दोनों माध्यमों के विद्यार्थियों की शैक्षिक उपलब्धि में अंतर है?
3. क्या शैक्षिक समायोजन और शैक्षिक उपलब्धि के बीच सार्थक संबंध है?

### समस्या का क्षेत्र

अध्ययन माध्यमिक स्तर (कक्षा 9-10) के विद्यार्थियों तक सीमित है और केवल शासकीय विद्यालयों को सम्मिलित करता है।

### सीमांकन और क्षेत्र

- **क्षेत्र:** चयनित जिलों के शासकीय हिंदी माध्यम एवं स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालय
- **सीमांकन:**

- केवल नियमित विद्यार्थी
- निजी अंग्रेजी माध्यम विद्यालय सम्मिलित नहीं
- सह-शैक्षिक प्रभाव (ट्यूशन/कोचिंग) को नियंत्रित रखा गया

### साहित्य की समीक्षा

- (क) एक अध्ययन में माध्यम परिवर्तन और शैक्षिक समायोजन के संबंध का परीक्षण किया गया। निष्कर्ष में पाया गया कि प्रारंभिक चरण में अंग्रेजी माध्यम के विद्यार्थियों में समायोजन कठिनाइयाँ अधिक थीं।
- (ख) हिंदी माध्यम एवं अंग्रेजी माध्यम विद्यार्थियों की उपलब्धि की तुलना करते हुए पाया गया कि जहाँ भाषा-समझ बेहतर थी, वहाँ उपलब्धि अधिक रही।
- (ग) एक सहसंबंधात्मक अध्ययन में शैक्षिक समायोजन और उपलब्धि के बीच सकारात्मक संबंध पाया गया।
- (घ) अंग्रेजी माध्यम विद्यालयों में पढ़ने वाले प्रथम पीढ़ी के शिक्षार्थियों पर किए गए अध्ययन में भावनात्मक तनाव और समायोजन समस्याएँ सामने आईं।
- (ङ) एक भारतीय अध्ययन में यह निष्कर्ष निकला कि मातृभाषा/परिचित भाषा में प्रारंभिक शिक्षा से आत्मविश्वास और समायोजन बेहतर होता है।

### शोध अंतराल

- हिंदी माध्यम और स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालयों पर केंद्रित तुलनात्मक अध्ययन सीमित हैं।
- माध्यम, समायोजन और उपलब्धि तीनों को एक साथ लेकर विश्लेषण करने वाले अध्ययन कम हैं।

### शोध पद्धति

(क) शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक एवं तुलनात्मक शोध डिज़ाइन

(ख) जनसंख्या- शासकीय माध्यमिक विद्यालयों के विद्यार्थी

(ग) न्यादर्श- N = 200 विद्यार्थी

- हिंदी माध्यम: 100
- अंग्रेजी माध्यम: 100

(घ) न्यादर्श विधि- स्तरीकृत यादृच्छिक (Stratified Random Sampling)

(ङ) आँकड़ों का स्रोत- प्राथमिक आँकड़े

### शोध उपकरण

1. शैक्षिक समायोजन मापनी
2. शैक्षिक उपलब्धि अभिलेख (परीक्षा अंक)

### ऑकड़ों का संग्रह

विद्यालयों से अनुमति लेकर विद्यार्थियों पर मापनी का प्रशासन किया गया तथा उपलब्धि अंक विद्यालय रिकॉर्ड से प्राप्त किए गए।

### ऑकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- t-परीक्षण (हिंदी बनाम अंग्रेजी माध्यम)
- पीयरसन सहसंबंध (समायोजन-उपलब्धि)

### सारणीकरण और व्याख्या

विश्लेषण से संकेत मिला कि—

- अंग्रेजी माध्यम विद्यालयों के विद्यार्थियों की औसत उपलब्धि अपेक्षाकृत अधिक पाई गई, परंतु प्रारंभिक समायोजन चुनौतियाँ भी अधिक थीं।
- हिंदी माध्यम विद्यार्थियों में भावनात्मक एवं सामाजिक समायोजन अपेक्षाकृत बेहतर पाया गया।
- शैक्षिक समायोजन और शैक्षिक उपलब्धि के बीच सार्थक सकारात्मक संबंध पाया गया।

### परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय परीक्षणों के आधार पर यह सिद्ध हुआ कि भाषाई माध्यम शैक्षिक समायोजन और उपलब्धि दोनों को प्रभावित करता है तथा समायोजन उपलब्धि का महत्वपूर्ण पूर्वानुमानक है।

### अध्ययन के निष्कर्ष

1. भाषाई माध्यम विद्यार्थियों के शैक्षिक समायोजन को महत्वपूर्ण रूप से प्रभावित करता है।
2. बेहतर समायोजन वाले विद्यार्थियों की शैक्षिक उपलब्धि अधिक पाई गई।
3. स्वामी आत्मानंद अंग्रेजी माध्यम विद्यालयों में उपलब्धि स्तर ऊँचा था, पर समायोजन सहायता की आवश्यकता अधिक रही।
4. हिंदी माध्यम विद्यालयों में भावनात्मक सुरक्षा एवं सामाजिक समायोजन मजबूत पाया गया।

### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि माध्यम, समायोजन और उपलब्धि—तीनों परस्पर गहराई से जुड़े हुए हैं।

**निष्कर्ष-** केवल माध्यम परिवर्तन से ही शैक्षिक सफलता सुनिश्चित नहीं होती; भाषाई-भावनात्मक समायोजन अत्यंत आवश्यक है।

### अनुशंसाएं

1. अंग्रेजी माध्यम विद्यालयों में भाषाई समर्थन एवं ब्रिज कोर्स चलाए जाएँ।
2. हिंदी माध्यम विद्यालयों में शैक्षिक संसाधन और अकादमिक सहयोग बढ़ाया जाए।
3. दोनों प्रकार के विद्यालयों में समायोजन परामर्श कार्यक्रम लागू किए जाएँ।

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# आर्टिफिशियल इंटेलिजेंस आधारित शिक्षण का शिक्षक प्रशिक्षण और विद्यार्थी प्रदर्शन पर प्रभाव

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कुम्हारी, छत्तीसगढ़



## परिचय

डिजिटल युग में शिक्षा प्रणाली तीव्र गति से परिवर्तन के दौर से गुजर रही है, जिसमें आर्टिफिशियल इंटेलिजेंस (AI) एक प्रभावशाली तकनीकी नवाचार के रूप में उभरी है। AI आधारित शिक्षण में अनुकूली (adaptive) अधिगम, बुद्धिमान ट्यूटर सिस्टम, लर्निंग एनालिटिक्स, स्वचालित मूल्यांकन, वैयक्तिकृत फीडबैक और डेटा-आधारित निर्णय जैसी विशेषताएँ शामिल हैं। इन तकनीकों ने न केवल कक्षा शिक्षण को अधिक प्रभावी बनाया है, बल्कि शिक्षक प्रशिक्षण (Teacher Training) की संरचना और विद्यार्थी प्रदर्शन (Student Performance) को भी नई दिशा दी है। शिक्षक प्रशिक्षण में AI का उपयोग शिक्षकों की डिजिटल दक्षता, पाठ-योजना निर्माण, मूल्यांकन कौशल, तथा शिक्षण रणनीतियों को उन्नत करने में सहायक सिद्ध हो रहा है। वहीं, विद्यार्थियों के लिए AI आधारित शिक्षण वैयक्तिक सीखने की गति, निरंतर अभ्यास, त्वरित फीडबैक और सीखने की कठिनाइयों की शीघ्र पहचान संभव बनाता है। इस पृष्ठभूमि में प्रस्तुत अध्ययन का उद्देश्य AI आधारित शिक्षण के दोहरे प्रभाव शिक्षक प्रशिक्षण और विद्यार्थी प्रदर्शन—का वैज्ञानिक विश्लेषण करना है।

## अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित सैद्धांतिक आधारों पर आधारित है—

- कंस्ट्रक्टिविस्ट लर्निंग थ्योरी: AI आधारित शिक्षण सक्रिय, आत्म-नियंत्रित और अनुभव-आधारित अधिगम को प्रोत्साहित करता है।
- टेकनोलॉजी एक्सेप्टेंस मॉडल (TAM): शिक्षक और विद्यार्थी AI को तभी अपनाते हैं जब वह उपयोगी और सरल प्रतीत हो।
- डेटा-ड्रिवन पेडागॉजी: AI आधारित एनालिटिक्स से शिक्षण-प्रशिक्षण के निर्णय साध्य-आधारित बनते हैं।
- व्यावसायिक दक्षता सिद्धांत (Professional Competency Theory): शिक्षक प्रशिक्षण में तकनीकी दक्षता, शिक्षण गुणवत्ता को प्रत्यक्ष रूप से प्रभावित करती है।

## अध्ययन का महत्व

- शिक्षक शिक्षा में AI आधारित प्रशिक्षण मॉडल की प्रभावशीलता को स्पष्ट करता है।

- विद्यार्थियों के शैक्षिक प्रदर्शन सुधार में AI की भूमिका को रेखांकित करता है।
- NEP-2020 के अनुरूप डिजिटल और नवाचार-आधारित शिक्षा के लिए मार्गदर्शन देता है।
- नीति-निर्माताओं, शिक्षक प्रशिक्षकों और विद्यालय प्रशासकों के लिए उपयोगी निष्कर्ष प्रदान करता है।

### समस्या का विवरण

यद्यपि AI आधारित शिक्षण और प्रशिक्षण के प्रयोग बढ़ रहे हैं, तथापि यह स्पष्ट नहीं है कि इनका शिक्षक प्रशिक्षण की गुणवत्ता तथा विद्यार्थियों के शैक्षिक प्रदर्शन पर वास्तविक प्रभाव कितना और किस प्रकार का है। इसी समस्या के समाधान हेतु यह अध्ययन किया गया।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **आर्टिफिशियल इंटेलिजेंस आधारित शिक्षण:** AI तकनीकों (Adaptive Learning, Intelligent Tutoring, Learning Analytics) द्वारा समर्थित शिक्षण प्रक्रिया।
- **शिक्षक प्रशिक्षण:** शिक्षकों की व्यावसायिक दक्षता, डिजिटल कौशल, शिक्षण रणनीति एवं मूल्यांकन क्षमता का विकास।
- **विद्यार्थी प्रदर्शन:** परीक्षा-अंकों, अधिगम प्रगति एवं कौशल-उपलब्धि द्वारा मापा गया शैक्षिक स्तर।

### चर

- **स्वतंत्र चर-** आर्टिफिशियल इंटेलिजेंस आधारित शिक्षण
- **आश्रित चर-** शिक्षक प्रशिक्षण की प्रभावशीलता, विद्यार्थी प्रदर्शन

### अध्ययन के उद्देश्य

1. AI आधारित शिक्षण का शिक्षक प्रशिक्षण पर प्रभाव का अध्ययन करना।
2. AI आधारित शिक्षण का विद्यार्थियों के शैक्षिक प्रदर्शन पर प्रभाव ज्ञात करना।
3. शिक्षक प्रशिक्षण और विद्यार्थी प्रदर्शन के बीच संबंध का विश्लेषण करना।
4. AI आधारित शिक्षण के प्रति शिक्षकों की धारणा का अध्ययन करना।

### शोध प्रश्न

1. क्या AI आधारित शिक्षण शिक्षक प्रशिक्षण की गुणवत्ता को प्रभावित करता है?
2. क्या AI आधारित शिक्षण से विद्यार्थियों का शैक्षिक प्रदर्शन बेहतर होता है?
3. क्या प्रशिक्षित शिक्षक AI के माध्यम से विद्यार्थियों के प्रदर्शन को और प्रभावी बना पाते हैं?

### समस्या का क्षेत्र

अध्ययन माध्यमिक स्तर के विद्यालयों तथा शिक्षक प्रशिक्षण कार्यक्रमों तक सीमित है।

### सीमांकन और क्षेत्र

- क्षेत्र: चयनित विद्यालय एवं शिक्षक प्रशिक्षण संस्थान
- सीमांकन:
  - केवल AI आधारित शिक्षण प्रयोग में सम्मिलित शिक्षक
  - सीमित अवधि का हस्तक्षेप
  - निजी एड-टेक प्लेटफॉर्म की तुलना शामिल नहीं

### साहित्य की समीक्षा

- (क) एक अध्ययन में AI आधारित प्रशिक्षण का शिक्षकों की डिजिटल दक्षता पर प्रभाव देखा गया। निष्कर्ष में पाया गया कि AI प्रशिक्षण से शिक्षण रणनीतियाँ अधिक नवाचारी बनीं।
- (ख) एक शोध में AI आधारित अनुकूली अधिगम का विद्यार्थियों की उपलब्धि पर प्रभाव विश्लेषित किया गया। परिणामों में प्रदर्शन में उल्लेखनीय वृद्धि पाई गई।
- (ग) शिक्षक प्रशिक्षण में AI टूल्स के उपयोग पर किए गए अध्ययन में मूल्यांकन दक्षता और समय-प्रबंधन में सुधार देखा गया।
- (घ) AI आधारित फीडबैक प्रणाली पर शोध में विद्यार्थियों की सीखने की गति और आत्म-विश्वास में वृद्धि पाई गई।
- (ङ) एक भारतीय अध्ययन में AI समर्थित शिक्षण और NEP-2020 लक्ष्यों के बीच सकारात्मक संबंध स्थापित हुआ।

### शोध अंतराल

- शिक्षक प्रशिक्षण और विद्यार्थी प्रदर्शन दोनों पर एक साथ AI के प्रभाव का अध्ययन सीमित है।
- भारतीय विद्यालयीय संदर्भ में अनुभवजन्य शोध अपेक्षाकृत कम हैं।

### शोध पद्धति

(क) शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक एवं अर्ध-प्रायोगिक

(ख) जनसंख्या- माध्यमिक विद्यालयों के शिक्षक एवं विद्यार्थी

(ग) न्यादर्श

- शिक्षक: 100
- विद्यार्थी: 300

(घ) न्यादर्श विधि- उद्देश्यपरक एवं यादृच्छिक मिश्रित विधि

(ङ) आँकड़ों का स्रोत- प्राथमिक आँकड़े

### शोध उपकरण

1. शिक्षक प्रशिक्षण प्रभावशीलता प्रश्नावली

2. विद्यार्थी प्रदर्शन अभिलेख
3. AI उपयोग धारणा मापनी

**ऑकड़ों का संग्रह-** AI आधारित शिक्षण हस्तक्षेप से पूर्व एवं पश्चात शिक्षक और विद्यार्थी दोनों से ऑकड़े एकत्र किए गए।

#### ऑकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- t-परीक्षण
- सहसंबंध विश्लेषण

**व्याख्या -** विश्लेषण से यह स्पष्ट हुआ कि AI आधारित शिक्षण के पश्चात शिक्षक प्रशिक्षण दक्षता और विद्यार्थी प्रदर्शन दोनों में वृद्धि हुई।

**परिकल्पना का परीक्षण और सिद्धि-** सभी शून्य परिकल्पनाएँ अस्वीकृत हुईं और यह सिद्ध हुआ कि AI आधारित शिक्षण शिक्षक प्रशिक्षण तथा विद्यार्थी प्रदर्शन पर सार्थक सकारात्मक प्रभाव डालता है।

#### अध्ययन के निष्कर्ष

1. AI आधारित शिक्षण से शिक्षक प्रशिक्षण की गुणवत्ता में उल्लेखनीय सुधार हुआ।
2. विद्यार्थियों के शैक्षिक प्रदर्शन में वृद्धि पाई गई।
3. प्रशिक्षित शिक्षक AI के उपयोग से अधिगम को अधिक प्रभावी बना सके।

#### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** AI आधारित शिक्षण ने शिक्षक प्रशिक्षण और विद्यार्थी प्रदर्शन दोनों को सशक्त बनाया।

**निष्कर्ष-** भविष्य की शिक्षा में AI एक सहायक उपकरण के रूप में शिक्षण-प्रशिक्षण की गुणवत्ता को बढ़ाने में महत्वपूर्ण भूमिका निभाएगा।

#### अनुशंसाएं

1. शिक्षक प्रशिक्षण पाठ्यक्रमों में AI को अनिवार्य रूप से शामिल किया जाए।
2. विद्यालयों में AI आधारित लर्निंग प्लेटफॉर्म विकसित किए जाएँ।
3. शिक्षकों के लिए निरंतर AI-उन्मुख FDP आयोजित हों।

#### संदर्भ ग्रन्थ सूची

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## उपस्थिति, नैतिक मूल्य एवं शिक्षण कौशल के पारस्परिक संबंध का अध्ययन :

### छात्राध्यापक/छात्राध्यापिकाओं के संदर्भ में

माधुरी वर्मा

सहायक प्राध्यापक, श्रीराम महाविद्यालय

सारागांव, छत्तीसगढ़



#### परिचय

शिक्षक शिक्षा कार्यक्रमों में छात्राध्यापक/छात्राध्यापिकाएँ भविष्य के शिक्षकों के रूप में तैयार की जाती हैं। इस प्रशिक्षण प्रक्रिया में नियमित उपस्थिति, नैतिक मूल्य तथा शिक्षण कौशल तीन ऐसे महत्वपूर्ण घटक हैं जो शिक्षक की व्यावसायिक दक्षता और शैक्षिक गुणवत्ता को प्रत्यक्ष रूप से प्रभावित करते हैं। नियमित उपस्थिति से प्रशिक्षण की निरंतरता, अभ्यास के अवसर और व्यावहारिक अनुभव सुनिश्चित होते हैं। नैतिक मूल्य जैसे ईमानदारी, उत्तरदायित्व, अनुशासन, सहानुभूति और पेशेवर आचरण शिक्षण को मूल्य-आधारित बनाते हैं। वहीं शिक्षण कौशल (पाठ-प्रस्तुतीकरण, कक्षा-नियंत्रण, उदाहरण चयन, प्रश्न-उत्तर, शैक्षिक साधनों का उपयोग) प्रभावी शिक्षण की आधारशिला हैं। प्रस्तुत अध्ययन का उद्देश्य इन तीनों चरों उपस्थिति, नैतिक मूल्य और शिक्षण कौशल के पारस्परिक संबंध का विश्लेषण करना है, ताकि यह स्पष्ट हो सके कि ये घटक एक-दूसरे को किस प्रकार प्रभावित करते हैं।

#### अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्न सिद्धांतों पर आधारित है—

- व्यावसायिक समाजीकरण सिद्धांत (Professional Socialization):** नियमित सहभागिता (उपस्थिति) से पेशेवर मानदंड, नैतिकता और कौशल विकसित होते हैं।
- नैतिक विकास सिद्धांत:** नैतिक मूल्य व्यावहारिक निर्णयों और पेशेवर आचरण को दिशा देते हैं।
- कौशल अधिगम सिद्धांत:** अभ्यास, फीडबैक और निरंतर सहभागिता से शिक्षण कौशल सुदृढ़ होते हैं।

#### अध्ययन का महत्व

- शिक्षक शिक्षा कार्यक्रमों में उपस्थिति नीति और मूल्य-शिक्षा की भूमिका स्पष्ट करता है।
- प्रशिक्षण संस्थानों को कौशल-आधारित हस्तक्षेप विकसित करने में सहायता करता है।
- भावी शिक्षकों के पेशेवर आचरण और कक्षा-दक्षता सुधार हेतु मार्गदर्शन देता है।

### समस्या का विवरण

शिक्षक प्रशिक्षण संस्थानों में यह देखा जाता है कि कुछ छात्राध्यापक नियमित उपस्थिति और उच्च नैतिक मूल्यों के बावजूद अपेक्षित शिक्षण कौशल नहीं विकसित कर पाते, जबकि कुछ में विपरीत स्थिति भी मिलती है। अतः यह आवश्यक है कि उपस्थिति, नैतिक मूल्य और शिक्षण कौशल के बीच वास्तविक संबंध का वैज्ञानिक अध्ययन किया जाए।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **उपस्थिति:** प्रशिक्षण सत्रों, कार्यशालाओं और अभ्यास-शिक्षण में छात्राध्यापक की नियमित भागीदारी (%)।
- **नैतिक मूल्य:** पेशेवर आचरण से संबंधित मूल्य—ईमानदारी, अनुशासन, उत्तरदायित्व, सहानुभूति (मापनी-स्कोर)।
- **शिक्षण कौशल:** पाठ-प्रस्तुतीकरण, कक्षा-नियंत्रण, शिक्षण-सहायक सामग्री उपयोग, प्रश्न-उत्तर आदि।

### चर

- **स्वतंत्र चर-** उपस्थिति, नैतिक मूल्य
- **आश्रित चर-** शिक्षण कौशल

### अध्ययन के उद्देश्य

1. छात्राध्यापकों की उपस्थिति का अध्ययन करना।
2. छात्राध्यापकों के नैतिक मूल्यों का अध्ययन करना।
3. छात्राध्यापकों के शिक्षण कौशल का आकलन करना।
4. उपस्थिति और शिक्षण कौशल के बीच संबंध ज्ञात करना।
5. नैतिक मूल्य और शिक्षण कौशल के बीच संबंध ज्ञात करना।
6. उपस्थिति और नैतिक मूल्यों के बीच संबंध का अध्ययन करना।

### शोध प्रश्न

1. क्या उपस्थिति और शिक्षण कौशल के बीच सार्थक संबंध है?
2. क्या नैतिक मूल्य शिक्षण कौशल को प्रभावित करते हैं?
3. क्या उपस्थिति और नैतिक मूल्य परस्पर संबंधित हैं?

### समस्या का क्षेत्र

अध्ययन शिक्षक प्रशिक्षण संस्थानों के छात्राध्यापक/छात्राध्यापिकाओं तक सीमित है तथा केवल प्रशिक्षण-संबंधी कारकों का विश्लेषण करता है।

### सीमांकन और क्षेत्र

- **क्षेत्र:** चयनित B.Ed./D.El.Ed. संस्थान

- **सीमांकन:**
  - केवल नियमित प्रशिक्षु
  - एक अकादमिक सत्र
  - अन्य व्यक्तिगत कारक (IQ/अनुभव) नियंत्रित

### साहित्य की समीक्षा

1. एक अध्ययन में उपस्थिति और शैक्षिक दक्षता के संबंध का परीक्षण किया गया। परिणामों में पाया गया कि नियमित उपस्थिति से अभ्यास-आधारित कौशल बेहतर होते हैं।
2. नैतिक मूल्यों और शिक्षण प्रभावशीलता पर किए गए शोध में यह निष्कर्ष निकला कि उच्च नैतिक मूल्य वाले शिक्षकों का कक्षा-व्यवहार अधिक सकारात्मक होता है।
3. शिक्षक प्रशिक्षण में अभ्यास-शिक्षण पर किए गए अध्ययन ने दिखाया कि निरंतर सहभागिता से शिक्षण कौशल में उल्लेखनीय सुधार होता है।
4. एक सहसंबंधात्मक अध्ययन में नैतिक आचरण और पेशेवर दक्षता के बीच सकारात्मक संबंध पाया गया।
5. भारतीय संदर्भ में शिक्षक प्रशिक्षुओं पर किए गए अध्ययन में उपस्थिति, अनुशासन और कक्षा-नियंत्रण कौशल के बीच घनिष्ठ संबंध पाया गया।

### शोध अंतराल

- उपस्थिति, नैतिक मूल्य और शिक्षण कौशल—तीनों को **एक साथ** लेकर विश्लेषण करने वाले अध्ययन सीमित हैं।
- भारतीय शिक्षक प्रशिक्षण संदर्भ में अनुभवजन्य साक्ष्य अपेक्षाकृत कम हैं।

### शोध पद्धति

- **शोध डिज़ाइन-** वर्णनात्मक-सहसंबंधात्मक
- **जनसंख्या-** शिक्षक प्रशिक्षण संस्थानों के छात्राध्यापक/छात्राध्यापिकाएँ
- **न्यादर्श- N = 150** प्रशिक्षु
- **न्यादर्श विधि-** उद्देश्यपरक/यादृच्छिक मिश्रित विधि
- **आँकड़ों का स्रोत-** प्राथमिक आँकड़े

### शोध उपकरण

1. उपस्थिति अभिलेख (संस्थागत रिकॉर्ड)
2. नैतिक मूल्य मापनी
3. शिक्षण कौशल अवलोकन प्रपत्र

### आँकड़ों का संग्रह

संस्थागत अनुमति लेकर उपस्थिति रिकॉर्ड संकलित किए गए। नैतिक मूल्य मापनी का प्रशासन किया गया तथा अभ्यास-शिक्षण के दौरान शिक्षण कौशल का अवलोकन किया गया।

### ऑकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- पीयरसन सहसंबंध (r)
- t-परीक्षण (आवश्यकतानुसार)

### सारणीकरण और व्याख्या

विश्लेषण से यह संकेत मिला कि—

- उपस्थिति और शिक्षण कौशल के बीच सार्थक सकारात्मक सहसंबंध है।
- नैतिक मूल्य और शिक्षण कौशल के बीच उच्च सकारात्मक संबंध पाया गया।
- उपस्थिति और नैतिक मूल्य भी परस्पर संबंधित पाए गए।

### परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय परीक्षणों के आधार पर सभी शून्य परिकल्पनाएँ अस्वीकृत हुईं और यह सिद्ध हुआ कि उपस्थिति एवं नैतिक मूल्य शिक्षण कौशल के महत्वपूर्ण निर्धारक हैं।

### अध्ययन के निष्कर्ष

1. नियमित उपस्थिति से शिक्षण कौशल में सुधार होता है।
2. उच्च नैतिक मूल्य वाले छात्राध्यापक अधिक प्रभावी शिक्षण कौशल प्रदर्शित करते हैं।
3. उपस्थिति, नैतिक मूल्य और शिक्षण कौशल परस्पर सुदृढ़ रूप से संबंधित हैं।

### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन ने स्पष्ट किया कि शिक्षक प्रशिक्षण की गुणवत्ता केवल पाठ्यक्रम पर नहीं, बल्कि उपस्थिति और नैतिक मूल्यों पर भी निर्भर करती है।

**निष्कर्ष-** उपस्थिति और नैतिक मूल्य शिक्षण कौशल के मजबूत पूर्वानुमानक हैं।

### अनुशंसाएं

1. शिक्षक प्रशिक्षण में उपस्थिति-आधारित प्रोत्साहन लागू किए जाएँ।
2. प्रशिक्षण पाठ्यक्रम में मूल्य-आधारित शिक्षा को सुदृढ़ किया जाए।
3. अभ्यास-शिक्षण के दौरान नैतिक आचरण पर फीडबैक दिया जाए।

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# डिजिटल तकनीक का शिक्षण-अधिगम प्रक्रिया पर प्रभाव :उच्च माध्यमिक विद्यालयों का अध्ययन

डॉ. माया सोनकर

सहायक प्राध्यापक, ग्रेसियस कॉलेज ऑफ एजुकेशन

अभनपुर रायपुर, छत्तीसगढ़



## परिचय

वर्तमान समय को डिजिटल युग कहा जा सकता है, जहाँ सूचना एवं संचार प्रौद्योगिकी (ICT) ने शिक्षा के क्षेत्र में अभूतपूर्व परिवर्तन किए हैं। स्मार्ट कक्षाएँ, प्रोजेक्टर, डिजिटल बोर्ड, ई-सामग्री, ऑनलाइन प्लेटफॉर्म, मोबाइल एप्लिकेशन और लर्निंग मैनेजमेंट सिस्टम (LMS) ने पारंपरिक शिक्षण-अधिगम प्रक्रिया को अधिक संवादात्मक, दृश्यात्मक और लचीला बना दिया है। उच्च माध्यमिक स्तर (कक्षा 11-12) पर विद्यार्थी अमूर्त अवधारणाओं, विश्लेषणात्मक सोच और करियर-उन्मुख विषयों से जुड़ते हैं। इस स्तर पर डिजिटल तकनीक का प्रभाव विशेष रूप से महत्वपूर्ण हो जाता है, क्योंकि यह जटिल विषय-वस्तु को सरल बनाने, स्वाध्याय को प्रोत्साहित करने तथा विद्यार्थियों की सहभागिता बढ़ाने में सहायक सिद्ध होती है। प्रस्तुत अध्ययन का उद्देश्य यह जानना है कि डिजिटल तकनीक उच्च माध्यमिक विद्यालयों में शिक्षण-अधिगम प्रक्रिया को किस प्रकार और किस सीमा तक प्रभावित करती है।

## अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित शैक्षिक सिद्धांतों पर आधारित है—

1. **कंस्ट्रक्टिविस्ट अधिगम सिद्धांत:** डिजिटल तकनीक विद्यार्थी को सक्रिय शिक्षार्थी बनाती है, जहाँ वह स्वयं ज्ञान का निर्माण करता है।
2. **मल्टीमीडिया अधिगम सिद्धांत:** दृश्य, श्रव्य और पाठ्य तत्वों के संयुक्त उपयोग से अधिगम अधिक प्रभावी होता है।
3. **प्रेरणा सिद्धांत:** तकनीक आधारित शिक्षण से विद्यार्थियों की रुचि, ध्यान और आत्म-प्रेरणा में वृद्धि होती है।
4. **टेक्नोलॉजी एक्सेप्टेंस मॉडल (TAM):** शिक्षक और विद्यार्थी तभी डिजिटल तकनीक अपनाते हैं जब वे उसे उपयोगी और सरल मानते हैं।

## अध्ययन का महत्व

- उच्च माध्यमिक स्तर पर डिजिटल तकनीक की वास्तविक शैक्षिक भूमिका को स्पष्ट करता है।
- शिक्षकों को प्रभावी डिजिटल शिक्षण रणनीतियाँ अपनाने में सहायता देता है।
- विद्यालय प्रशासन को डिजिटल अवसंरचना और प्रशिक्षण संबंधी निर्णयों में मार्गदर्शन प्रदान करता है।
- NEP-2020 के डिजिटल शिक्षा लक्ष्यों की पूर्ति हेतु उपयोगी है।

### समस्या का विवरण

यद्यपि उच्च माध्यमिक विद्यालयों में डिजिटल तकनीक का प्रयोग बढ़ रहा है, फिर भी यह स्पष्ट नहीं है कि इसका शिक्षण-अधिगम प्रक्रिया पर वास्तविक प्रभाव कितना है। कहीं तकनीक केवल प्रस्तुतीकरण तक सीमित रह जाती है, तो कहीं यह सीखने को वास्तव में समृद्ध बनाती है। इसी समस्या के समाधान हेतु यह अध्ययन किया गया।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **डिजिटल तकनीक:** शिक्षण में प्रयुक्त ICT उपकरण—कंप्यूटर, स्मार्ट बोर्ड, इंटरनेट, ई-सामग्री, ऑनलाइन प्लेटफॉर्म आदि।
- **शिक्षण-अधिगम प्रक्रिया:** शिक्षक द्वारा विषय-वस्तु प्रस्तुतीकरण तथा विद्यार्थी द्वारा ज्ञान अर्जन की समग्र प्रक्रिया।
- **उच्च माध्यमिक विद्यालय:** कक्षा 11-12 स्तर के विद्यालय।

### चर

- **स्वतंत्र चर-** डिजिटल तकनीक का उपयोग
- **आश्रित चर-** शिक्षण-अधिगम प्रक्रिया की प्रभावशीलता (रुचि, सहभागिता, समझ, आत्म-अध्ययन)

### अध्ययन के उद्देश्य

1. उच्च माध्यमिक विद्यालयों में डिजिटल तकनीक के उपयोग की स्थिति का अध्ययन करना।
2. डिजिटल तकनीक का शिक्षण प्रक्रिया पर प्रभाव ज्ञात करना।
3. डिजिटल तकनीक का अधिगम प्रक्रिया (विद्यार्थी सहभागिता, समझ) पर प्रभाव ज्ञात करना।
4. डिजिटल तकनीक के उपयोग से संबंधित शिक्षकों की धारणा का अध्ययन करना।

### शोध प्रश्न

1. उच्च माध्यमिक विद्यालयों में डिजिटल तकनीक का किस स्तर तक उपयोग हो रहा है?
2. क्या डिजिटल तकनीक शिक्षण प्रक्रिया को अधिक प्रभावी बनाती है?
3. क्या डिजिटल तकनीक से विद्यार्थियों की सहभागिता और अधिगम में सुधार होता है?

### समस्या का क्षेत्र

अध्ययन उच्च माध्यमिक स्तर के विद्यार्थियों और शिक्षकों तक सीमित है तथा केवल शिक्षण-अधिगम प्रक्रिया के शैक्षिक पक्षों का विश्लेषण करता है।

### सीमांकन और क्षेत्र

- **क्षेत्र:** चयनित उच्च माध्यमिक विद्यालय
- **सीमांकन:**
  - केवल शासकीय/अनुदान प्राप्त विद्यालय
  - सीमित विषय (विज्ञान, वाणिज्य, मानविकी)

- निजी एड-टेक प्लेटफॉर्म की तुलना शामिल नहीं

#### शोध अंतराल

- उच्च माध्यमिक स्तर पर शिक्षण-अधिगम प्रक्रिया के समग्र प्रभाव पर केंद्रित अध्ययन सीमित हैं।
- शिक्षक और विद्यार्थी—दोनों दृष्टिकोणों को एक साथ शामिल करने वाले अध्ययन कम हैं।

#### शोध पद्धति

(क) शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक शोध डिज़ाइन

(ख) जनसंख्या- उच्च माध्यमिक विद्यालयों के शिक्षक एवं विद्यार्थी

(ग) न्यादर्श

- शिक्षक: 60
- विद्यार्थी: 240

(घ) न्यादर्श विधि- यादृच्छिक एवं उद्देश्यपरक मिश्रित विधि

(ङ) आँकड़ों का स्रोत- प्राथमिक आँकड़े

#### शोध उपकरण

1. डिजिटल तकनीक उपयोग प्रभावली
2. शिक्षण-अधिगम प्रभावशीलता मापनी

#### आँकड़ों का संग्रह

विद्यालयों से अनुमति लेकर प्रश्नावलियों का प्रशासन किया गया। विद्यार्थियों और शिक्षकों दोनों से आँकड़े संकलित किए गए।

#### आँकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- t-परीक्षण
- प्रतिशत विश्लेषण

#### सारणीकरण और व्याख्या

विश्लेषण से यह स्पष्ट हुआ कि डिजिटल तकनीक के उपयोग से—

- शिक्षण अधिक रोचक और स्पष्ट हुआ।
- विद्यार्थियों की सहभागिता और समझ में वृद्धि हुई।
- आत्म-अध्ययन की प्रवृत्ति सुदृढ़ हुई।

### परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय परीक्षणों के आधार पर यह सिद्ध हुआ कि डिजिटल तकनीक शिक्षण-अधिगम प्रक्रिया पर सार्थक सकारात्मक प्रभाव डालती है।

### अध्ययन के निष्कर्ष

1. डिजिटल तकनीक ने शिक्षण प्रक्रिया को अधिक प्रभावी बनाया।
2. विद्यार्थियों की अधिगम गुणवत्ता और सहभागिता में सुधार हुआ।
3. प्रशिक्षित शिक्षक तकनीक का अधिक लाभकारी उपयोग कर पाए।

### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि डिजिटल तकनीक उच्च माध्यमिक शिक्षा में शिक्षण-अधिगम प्रक्रिया को सशक्त बनाती है।

**निष्कर्ष-** तकनीक स्वयं उद्देश्य नहीं, बल्कि प्रभावी शिक्षण का साधन है; इसके लिए शिक्षक प्रशिक्षण और संसाधन आवश्यक हैं।

### अनुशंसाएं

1. उच्च माध्यमिक विद्यालयों में डिजिटल अवसंरचना सुदृढ़ की जाए।
2. शिक्षकों के लिए नियमित **ICT** प्रशिक्षण आयोजित किए जाएँ।
3. डिजिटल तकनीक को पाठ्यचर्या के साथ समन्वित किया जाए।

### संदर्भ ग्रन्थ सूची

- Mishra, P., & Koehler, M. J. (2006). Technological pedagogical content knowledge. *Teachers College Record*, 108(6), 1017–1054.
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## नोमोफोबिया, आक्रामक व्यवहार एवं वैश्विक क्षमता का पारस्परिक संबंध :रायपुर जिले के बी.एड .महाविद्यालय विद्यार्थियों का तुलनात्मक अध्ययन

मीना साहू

सहायक प्रोफेसर

ग्रेसियस कॉलेज ऑफ एजुकेशन

शिक्षा संकाय

शोधार्थी, मैट्स विश्वविद्यालय

रायपुर, छत्तीसगढ़



### परिचय

डिजिटल युग में स्मार्टफोन मानव जीवन का अभिन्न अंग बन चुका है। संचार, सूचना, शिक्षा और सामाजिक संपर्क के लिए मोबाइल उपकरणों पर अत्यधिक निर्भरता ने एक नई मनोवैज्ञानिक स्थिति को जन्म दिया है, जिसे नोमोफोबिया (**Nomophobia**) कहा जाता है अर्थात मोबाइल फोन से दूर होने पर होने वाला भय, चिंता या असहजता। शिक्षक प्रशिक्षण प्राप्त कर रहे बी.एड. विद्यार्थियों में यह स्थिति विशेष रूप से महत्वपूर्ण है, क्योंकि वे भविष्य के शिक्षक हैं और उनका व्यवहार, दृष्टिकोण तथा सामाजिक दक्षता शिक्षा-व्यवस्था को प्रत्यक्ष रूप से प्रभावित करेगी। नोमोफोबिया के साथ-साथ आक्रामक व्यवहार (क्रोध, चिड़चिड़ापन, असहिष्णुता, विरोधात्मक प्रवृत्ति) भी डिजिटल निर्भरता से जुड़ा हुआ पाया गया है। दूसरी ओर, आधुनिक शिक्षा में वैश्विक क्षमता (Global Competence) जैसे विविध संस्कृतियों की समझ, वैश्विक मुद्दों के प्रति संवेदनशीलता, संवाद क्षमता और सहयोगात्मक दृष्टिकोण एक आवश्यक गुण माना जाता है। प्रस्तुत अध्ययन का उद्देश्य बी.एड. विद्यार्थियों में नोमोफोबिया, आक्रामक व्यवहार एवं वैश्विक क्षमता के पारस्परिक संबंधों का विश्लेषण करना तथा इन चरों में पाए जाने वाले तुलनात्मक अंतर को समझना है।

### अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित सैद्धांतिक दृष्टिकोणों पर आधारित है—

1. **व्यवहारवादी एवं संज्ञानात्मक सिद्धांत:** अत्यधिक मोबाइल उपयोग से ध्यान-विभाजन, आत्म-नियंत्रण में कमी और व्यावहारिक असंतुलन उत्पन्न हो सकता है।
2. **डिजिटल निर्भरता सिद्धांत:** तकनीकी उपकरणों पर अत्यधिक निर्भरता से चिंता और आक्रामकता में वृद्धि हो सकती है।
3. **वैश्विक शिक्षा सिद्धांत:** वैश्विक क्षमता का विकास आलोचनात्मक सोच, सहानुभूति और अंतर-सांस्कृतिक संवाद से होता है।

### अध्ययन का महत्व

- शिक्षक प्रशिक्षुओं में डिजिटल निर्भरता के मनोवैज्ञानिक प्रभावों को समझने में सहायक।
- बी.एड. पाठ्यक्रम में डिजिटल संतुलन एवं वैश्विक नागरिकता से जुड़े घटकों को सुदृढ़ करने हेतु मार्गदर्शन।
- प्रशिक्षण संस्थानों को परामर्श एवं हस्तक्षेप कार्यक्रम विकसित करने में सहायता।
- भावी शिक्षकों के व्यक्तित्व एवं पेशेवर व्यवहार के विकास हेतु उपयोगी।

### समस्या का विवरण

रायपुर जिले के बी.एड. महाविद्यालयों में विद्यार्थियों के बीच मोबाइल उपयोग तीव्रता से बढ़ा है। इसके परिणामस्वरूप कुछ विद्यार्थियों में नोमोफोबिया एवं आक्रामक व्यवहार देखने को मिलते हैं, जबकि वैश्विक क्षमता का स्तर अपेक्षाकृत भिन्न पाया जाता है। यह स्पष्ट नहीं है कि ये तीनों चर आपस में किस सीमा तक संबंधित हैं। इसी समस्या के समाधान हेतु यह अध्ययन किया गया।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **नोमोफोबिया:** मोबाइल फोन से दूर होने पर उत्पन्न भय, चिंता या असहजता का स्तर (स्केल-स्कोर)।
- **आक्रामक व्यवहार:** क्रोध, चिड़चिड़ापन, विरोधात्मक एवं शारीरिक/मौखिक आक्रामक प्रवृत्तियाँ।
- **वैश्विक क्षमता:** वैश्विक मुद्दों की समझ, अंतर-सांस्कृतिक संवेदनशीलता, संवाद एवं सहयोग की योग्यता।
- **बी.एड. विद्यार्थी:** रायपुर जिले के बी.एड. महाविद्यालयों में अध्ययनरत प्रशिक्षु।

### चर

- स्वतंत्र चर- नोमोफोबिया, आक्रामक व्यवहार
- आश्रित चर- वैश्विक क्षमता

### अध्ययन के उद्देश्य

1. बी.एड. विद्यार्थियों में नोमोफोबिया के स्तर का अध्ययन करना।
2. बी.एड. विद्यार्थियों में आक्रामक व्यवहार का अध्ययन करना।
3. बी.एड. विद्यार्थियों की वैश्विक क्षमता का आकलन करना।
4. नोमोफोबिया और आक्रामक व्यवहार के बीच संबंध ज्ञात करना।
5. नोमोफोबिया और वैश्विक क्षमता के बीच संबंध ज्ञात करना।
6. आक्रामक व्यवहार और वैश्विक क्षमता के बीच संबंध का अध्ययन करना।
7. चयनित समूहों के बीच तुलनात्मक अंतर का विश्लेषण करना।

### शोध प्रश्न

1. क्या नोमोफोबिया और आक्रामक व्यवहार के बीच सार्थक संबंध है?
2. क्या नोमोफोबिया वैश्विक क्षमता को प्रभावित करता है?
3. क्या आक्रामक व्यवहार और वैश्विक क्षमता परस्पर संबंधित हैं?

### समस्या का क्षेत्र

अध्ययन रायपुर जिले के बी.एड. महाविद्यालय विद्यार्थियों तक सीमित है और केवल मनोवैज्ञानिक एवं शैक्षिक कारकों का विश्लेषण करता है।

### सीमांकन और क्षेत्र

- क्षेत्र: रायपुर जिला
- सीमांकन:
  - केवल नियमित बी.एड. विद्यार्थी
  - एक अकादमिक सत्र
  - अन्य तकनीकी व्यसनों को प्रत्यक्ष रूप से शामिल नहीं किया गया

### साहित्य की समीक्षा

1. एक अध्ययन में नोमोफोबिया और चिंता के बीच सकारात्मक संबंध पाया गया। निष्कर्ष में मोबाइल निर्भरता को मानसिक तनाव का कारक माना गया।
2. आक्रामक व्यवहार और डिजिटल माध्यमों के अत्यधिक उपयोग पर किए गए अध्ययन में क्रोध एवं चिड़चिड़ापन बढ़ने की पुष्टि हुई।
3. शिक्षक प्रशिक्षुओं पर किए गए शोध में यह पाया गया कि उच्च आक्रामकता वाले विद्यार्थियों में सामाजिक संवाद क्षमता कम होती है।
4. वैश्विक क्षमता पर केंद्रित अध्ययन में अंतर-सांस्कृतिक संवेदनशीलता और डिजिटल जागरूकता के बीच सकारात्मक संबंध पाया गया।
5. भारतीय संदर्भ में किए गए अध्ययन ने संकेत दिया कि संतुलित डिजिटल उपयोग वैश्विक दृष्टिकोण और सहयोगात्मक व्यवहार को बढ़ावा देता है।

### शोध अंतराल

- नोमोफोबिया, आक्रामक व्यवहार और वैश्विक क्षमता तीनों को एक साथ लेकर अध्ययन सीमित हैं।
- बी.एड. विद्यार्थियों पर केंद्रित भारतीय संदर्भ के अनुभवजन्य अध्ययन बहुत कम हैं।

### शोध पद्धति

- शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक एवं तुलनात्मक शोध डिज़ाइन
- जनसंख्या- रायपुर जिले के बी.एड. महाविद्यालय विद्यार्थियों
- न्यादर्श- N = 180 विद्यार्थी
- न्यादर्श विधि- स्तरीकृत यादृच्छिक विधि
- आँकड़ों का स्रोत- प्राथमिक आँकड़े

### शोध उपकरण

1. नोमोफोबिया मापनी
2. आक्रामक व्यवहार मापनी
3. वैश्विक क्षमता मापनी

## ऑकड़ों का संग्रह

संस्थागत अनुमति लेकर शोधकर्ता द्वारा मापनियों का प्रशासन किया गया। विद्यार्थियों को गोपनीयता का आश्वासन दिया गया।

## ऑकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- पीयरसन सहसंबंध (r)
- t-परीक्षण (आवश्यकतानुसार)

## सारणीकरण और व्याख्या

विश्लेषण से संकेत मिला कि—

- नोमोफोबिया और आक्रामक व्यवहार के बीच सार्थक सकारात्मक संबंध है।
- नोमोफोबिया और वैश्विक क्षमता के बीच नकारात्मक संबंध पाया गया।
- आक्रामक व्यवहार बढ़ने पर वैश्विक क्षमता में कमी देखी गई।

## परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय परीक्षणों के आधार पर अधिकांश शून्य परिकल्पनाएँ अस्वीकृत हुईं और यह सिद्ध हुआ कि नोमोफोबिया एवं आक्रामक व्यवहार वैश्विक क्षमता को नकारात्मक रूप से प्रभावित करते हैं।

## अध्ययन के निष्कर्ष

1. बी.एड. विद्यार्थियों में नोमोफोबिया का स्तर मध्यम से उच्च पाया गया।
2. नोमोफोबिया बढ़ने पर आक्रामक व्यवहार में वृद्धि देखी गई।
3. उच्च वैश्विक क्षमता वाले विद्यार्थियों में नोमोफोबिया और आक्रामकता अपेक्षाकृत कम पाई गई।

## सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि डिजिटल निर्भरता से जुड़े मनोवैज्ञानिक कारक शिक्षक प्रशिक्षुओं की वैश्विक दृष्टि को प्रभावित कर सकते हैं।

**निष्कर्ष-** भावी शिक्षकों के लिए डिजिटल संतुलन, भावनात्मक नियंत्रण और वैश्विक क्षमता विकास अत्यंत आवश्यक है।

## अनुशंसाएं

1. बी.एड. पाठ्यक्रम में डिजिटल वेब-बीइंग और वैश्विक नागरिकता से संबंधित मॉड्यूल जोड़े जाएँ।
2. महाविद्यालयों में परामर्श एवं तनाव-प्रबंधन कार्यक्रम आयोजित किए जाएँ।
3. मोबाइल उपयोग पर स्व-नियंत्रण आधारित गतिविधियाँ विकसित की जाएँ।

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## शिक्षक की भावनात्मक बुद्धिमत्ता और कक्षा प्रबंधन पर उसका प्रभाव

डॉ. संध्या पुजारी

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अछोटी, दुर्ग, छत्तीसगढ़



### परिचय

शिक्षण-अधिगम प्रक्रिया में शिक्षक की भूमिका केवल विषय-वस्तु के प्रस्तुतीकरण तक सीमित नहीं है, बल्कि वह विद्यार्थियों के भावनात्मक, सामाजिक और व्यवहारिक विकास को भी प्रभावित करता है। कक्षा में विविध पृष्ठभूमि, क्षमताओं और व्यवहार वाले विद्यार्थियों के साथ प्रभावी ढंग से कार्य करने के लिए शिक्षक में भावनात्मक बुद्धिमत्ता (Emotional Intelligence – EI) का होना अत्यंत आवश्यक है। भावनात्मक बुद्धिमत्ता से आशय शिक्षक की अपनी भावनाओं को समझने, नियंत्रित करने तथा विद्यार्थियों की भावनाओं को पहचानकर उपयुक्त प्रतिक्रिया देने की क्षमता से है। ऐसी क्षमता शिक्षक को कक्षा में सकारात्मक वातावरण बनाने, अनुशासन बनाए रखने, संघर्षों को शांतिपूर्वक सुलझाने तथा विद्यार्थियों के साथ सहानुभूतिपूर्ण संबंध स्थापित करने में सहायक होती है। कक्षा प्रबंधन जिसमें अनुशासन, समय-प्रबंधन, सहभागिता, प्रेरणा और व्यवहार नियंत्रण शामिल हैं शिक्षण की प्रभावशीलता का प्रमुख निर्धारक माना जाता है। इस पृष्ठभूमि में प्रस्तुत अध्ययन का उद्देश्य यह विश्लेषण करना है कि शिक्षक की भावनात्मक बुद्धिमत्ता कक्षा प्रबंधन को किस प्रकार और किस सीमा तक प्रभावित करती है।

### अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित सिद्धांतों पर आधारित है—

1. **भावनात्मक बुद्धिमत्ता सिद्धांत (Goleman):** आत्म-जागरूकता, आत्म-नियंत्रण, सहानुभूति और सामाजिक कौशल प्रभावी नेतृत्व एवं व्यवहार प्रबंधन में सहायक होते हैं।
2. **कक्षा प्रबंधन सिद्धांत:** सकारात्मक शिक्षक-विद्यार्थी संबंध कक्षा अनुशासन और सहभागिता को सुदृढ़ करते हैं।
3. **मानवतावादी शिक्षा दृष्टिकोण:** भावनात्मक रूप से संवेदनशील शिक्षक सुरक्षित और प्रेरक अधिगम वातावरण निर्मित करते हैं।

### अध्ययन का महत्व

- शिक्षक शिक्षा कार्यक्रमों में भावनात्मक बुद्धिमत्ता के महत्व को रेखांकित करता है।
- विद्यालयों में कक्षा प्रबंधन सुधार हेतु प्रशिक्षण कार्यक्रम विकसित करने में सहायक।
- विद्यार्थियों के व्यवहारिक एवं शैक्षिक विकास के लिए सकारात्मक शिक्षण वातावरण की आवश्यकता को स्पष्ट करता है।
- शिक्षकों के व्यावसायिक विकास (Professional Development) के लिए उपयोगी निष्कर्ष प्रदान करता है।

### समस्या का विवरण

विद्यालयों में यह देखा जाता है कि समान योग्यता और अनुभव वाले शिक्षकों में कक्षा प्रबंधन की प्रभावशीलता भिन्न-भिन्न होती है। यह अंतर अक्सर शिक्षकों की भावनात्मक प्रतिक्रियाओं, सहायता और आत्म-नियंत्रण से जुड़ा होता है। अतः यह आवश्यक है कि शिक्षक की भावनात्मक बुद्धिमत्ता और कक्षा प्रबंधन के बीच संबंध का वैज्ञानिक अध्ययन किया जाए।

### प्रमुख शब्दों की परिचालन परिभाषा

- **भावनात्मक बुद्धिमत्ता:** अपनी तथा दूसरों की भावनाओं को समझने, नियंत्रित करने और उपयुक्त रूप से अभिव्यक्त करने की क्षमता।
- **कक्षा प्रबंधन:** कक्षा में अनुशासन, समय-प्रबंधन, व्यवहार नियंत्रण, सहभागिता और सकारात्मक वातावरण बनाए रखने की प्रक्रिया।
- **शिक्षक:** माध्यमिक/उच्च प्राथमिक विद्यालयों में कार्यरत नियमित शिक्षक।

### चर

- **स्वतंत्र चर-** शिक्षक की भावनात्मक बुद्धिमत्ता
- **आश्रित चर-** कक्षा प्रबंधन की प्रभावशीलता

### अध्ययन के उद्देश्य

1. शिक्षकों की भावनात्मक बुद्धिमत्ता का अध्ययन करना।
2. शिक्षकों के कक्षा प्रबंधन स्तर का अध्ययन करना।
3. भावनात्मक बुद्धिमत्ता और कक्षा प्रबंधन के बीच संबंध ज्ञात करना।
4. यह विश्लेषण करना कि उच्च भावनात्मक बुद्धिमत्ता वाले शिक्षक कक्षा प्रबंधन में कितने प्रभावी हैं।

### शोध प्रश्न

1. क्या शिक्षक की भावनात्मक बुद्धिमत्ता और कक्षा प्रबंधन के बीच सार्थक संबंध है?
2. क्या उच्च भावनात्मक बुद्धिमत्ता वाले शिक्षक अधिक प्रभावी कक्षा प्रबंधन प्रदर्शित करते हैं?

### समस्या का क्षेत्र

अध्ययन विद्यालयों में कार्यरत शिक्षकों तक सीमित है तथा केवल भावनात्मक और प्रबंधकीय पहलुओं का विश्लेषण करता है।

### सीमांकन और क्षेत्र

- **क्षेत्र:** चयनित विद्यालय
- **सीमांकन:**
  - केवल नियमित शिक्षक
  - एक अकादमिक सत्र
  - अन्य व्यक्तिगत कारक (IQ, अनुभव) नियंत्रित

### शोध अंतराल

- भारतीय विद्यालयी संदर्भ में भावनात्मक बुद्धिमत्ता और कक्षा प्रबंधन के प्रत्यक्ष संबंध पर सीमित अध्ययन उपलब्ध हैं।
- शिक्षक प्रशिक्षण कार्यक्रमों में EI-आधारित हस्तक्षेपों का अनुभवजन्य विश्लेषण कम है।

### शोध पद्धति

(क) शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक शोध डिज़ाइन

(ख) जनसंख्या- विद्यालयों में कार्यरत शिक्षक

(ग) न्यादर्श-  $N = 120$  शिक्षक

(घ) न्यादर्श विधि- यादृच्छिक विधि

(ङ) आँकड़ों का स्रोत- प्राथमिक आँकड़े

### शोध उपकरण

1. भावनात्मक बुद्धिमत्ता मापनी
2. कक्षा प्रबंधन मापनी

### आँकड़ों का संग्रह

शोधकर्ता द्वारा विद्यालयों में जाकर प्रश्नावलियों का प्रशासन किया गया। शिक्षकों की गोपनीयता सुनिश्चित की गई।

### आँकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- पीयरसन सहसंबंध ( $r$ )
- $t$ -परीक्षण (आवश्यकतानुसार)

**व्याख्या** - विश्लेषण से यह स्पष्ट हुआ कि भावनात्मक बुद्धिमत्ता और कक्षा प्रबंधन के बीच सार्थक सकारात्मक सहसंबंध है।

### परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय परीक्षणों के आधार पर शून्य परिकल्पना अस्वीकृत हुई और यह सिद्ध हुआ कि शिक्षक की भावनात्मक बुद्धिमत्ता कक्षा प्रबंधन को सकारात्मक रूप से प्रभावित करती है।

### अध्ययन के निष्कर्ष

1. उच्च भावनात्मक बुद्धिमत्ता वाले शिक्षक अधिक प्रभावी कक्षा प्रबंधन प्रदर्शित करते हैं।

2. भावनात्मक नियंत्रण और सहानुभूति कक्षा अनुशासन में सहायक सिद्ध होती है।
3. EI-सम्पन्न शिक्षक विद्यार्थियों के साथ बेहतर संबंध स्थापित कर पाते हैं।

#### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि भावनात्मक बुद्धिमत्ता शिक्षक की कक्षा प्रबंधन दक्षता का एक महत्वपूर्ण निर्धारक है।

**निष्कर्ष-** केवल विषय-ज्ञान ही नहीं, बल्कि भावनात्मक दक्षता भी प्रभावी शिक्षण के लिए आवश्यक है।

#### अनुशंसाएं

1. शिक्षक प्रशिक्षण कार्यक्रमों में भावनात्मक बुद्धिमत्ता विकास को शामिल किया जाए।
2. विद्यालयों में EI-आधारित कार्यशालाएँ आयोजित की जाएँ।
3. शिक्षकों के लिए निरंतर परामर्श एवं आत्म-चिंतन गतिविधियाँ उपलब्ध कराई जाएँ।

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# सोशल मीडिया निर्भरता और अध्ययन प्रदर्शन के मध्य संबंध : हाईस्कूल विद्यार्थियों के एकाग्रता स्तर के संदर्भ में

संजय कुमार एक्का

प्रधानाचार्य (प्रतिनियुक्ति) मूल पद – व्याख्याता, शासकीय राम विशाल पांडे

उत्कृष्ट अंग्रेजी माध्यम विद्यालय, राजिम, छत्तीसगढ़



## परिचय

डिजिटल क्रांति के वर्तमान युग में सोशल मीडिया प्लेटफॉर्म जैसे व्हाट्सएप, इंस्टाग्राम, फेसबुक, यूट्यूब और स्लैपचेट—हाईस्कूल विद्यार्थियों के दैनिक जीवन का अभिन्न हिस्सा बन चुके हैं। जहाँ एक ओर सोशल मीडिया सूचना, संवाद और सीखने के अवसर प्रदान करता है, वहीं दूसरी ओर इसका अत्यधिक और अनियंत्रित उपयोग सोशल मीडिया निर्भरता (Social Media Addiction/Dependence) को जन्म देता है। हाईस्कूल स्तर (कक्षा 9–10) पर विद्यार्थी शैक्षिक दृष्टि से अत्यंत संवेदनशील अवस्था में होते हैं, जहाँ एकाग्रता, निरंतर अभ्यास और मानसिक अनुशासन अध्ययन प्रदर्शन के प्रमुख निर्धारक होते हैं। सोशल मीडिया निर्भरता के कारण ध्यान-विचलन, समय-प्रबंधन में कमी, मानसिक थकान और अध्ययन में अरुचि देखी जाती है, जिसका सीधा प्रभाव विद्यार्थियों के अध्ययन प्रदर्शन (Study Performance) पर पड़ता है। प्रस्तुत अध्ययन का उद्देश्य सोशल मीडिया निर्भरता, एकाग्रता स्तर और अध्ययन प्रदर्शन के बीच पारस्परिक संबंध का विश्लेषण करना है।

## अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित सिद्धांतों पर आधारित है—

- ध्यान-विचलन सिद्धांत (Distraction Theory):** बार-बार डिजिटल सूचनाएँ और नोटिफिकेशन एकाग्रता को बाधित करते हैं।
- संज्ञानात्मक भार सिद्धांत (Cognitive Load Theory):** अत्यधिक डिजिटल इनपुट से मानसिक भार बढ़ता है, जिससे अधिगम प्रभावित होता है।
- स्व-नियंत्रण सिद्धांत (Self-Regulation Theory):** आत्म-नियंत्रण की कमी सोशल मीडिया निर्भरता और निम्न अध्ययन प्रदर्शन से जुड़ी होती है।

## अध्ययन का महत्व

- हाईस्कूल विद्यार्थियों में डिजिटल व्यवहार और शैक्षिक परिणामों के संबंध को स्पष्ट करता है।
- शिक्षकों और अभिभावकों को डिजिटल संतुलन रणनीतियाँ विकसित करने में सहायता करता है।
- विद्यालयों में डिजिटल साक्षरता एवं आत्म-नियंत्रण कार्यक्रमों की आवश्यकता को रेखांकित करता है।

- किशोरावस्था में मानसिक स्वास्थ्य और अधिगम गुणवत्ता से जुड़े निर्णयों के लिए उपयोगी है।

### समस्या का विवरण

हाईस्कूल विद्यार्थियों में सोशल मीडिया उपयोग तीव्रता से बढ़ा है। कई विद्यार्थियों में यह निर्भरता के स्तर तक पहुँच चुका है, जिसके कारण एकाग्रता में कमी और अध्ययन प्रदर्शन में गिरावट देखी जा रही है। किंतु यह स्पष्ट नहीं है कि सोशल मीडिया निर्भरता और अध्ययन प्रदर्शन के बीच यह संबंध एकाग्रता स्तर के माध्यम से किस सीमा तक कार्य करता है। इसी समस्या के समाधान हेतु यह अध्ययन किया गया।

### प्रमुख शब्दों की परिचालन परिभाषा

- **सोशल मीडिया निर्भरता:** सोशल मीडिया के अत्यधिक उपयोग के कारण उत्पन्न व्यवहारिक एवं मानसिक निर्भरता का स्तर (स्केल-स्कोर)।
- **एकाग्रता स्तर:** अध्ययन के दौरान ध्यान बनाए रखने की क्षमता।
- **अध्ययन प्रदर्शन:** वार्षिक/अर्धवार्षिक परीक्षा में प्राप्त अंक तथा अध्ययन दक्षता।
- **हाईस्कूल विद्यार्थी:** कक्षा 9-10 में अध्ययनरत विद्यार्थी।

### चर

- स्वतंत्र चर- सोशल मीडिया निर्भरता
- आश्रित चर- अध्ययन प्रदर्शन

### अध्ययन के उद्देश्य

1. हाईस्कूल विद्यार्थियों में सोशल मीडिया निर्भरता के स्तर का अध्ययन करना।
2. विद्यार्थियों के एकाग्रता स्तर का आकलन करना।
3. विद्यार्थियों के अध्ययन प्रदर्शन का अध्ययन करना।
4. सोशल मीडिया निर्भरता और एकाग्रता स्तर के बीच संबंध ज्ञात करना।
5. एकाग्रता स्तर और अध्ययन प्रदर्शन के बीच संबंध का अध्ययन करना।
6. सोशल मीडिया निर्भरता और अध्ययन प्रदर्शन के बीच संबंध का विश्लेषण करना।

### शोध प्रश्न

1. क्या सोशल मीडिया निर्भरता और एकाग्रता स्तर के बीच सार्थक संबंध है?
2. क्या एकाग्रता स्तर अध्ययन प्रदर्शन को प्रभावित करता है?
3. क्या सोशल मीडिया निर्भरता अप्रत्यक्ष रूप से अध्ययन प्रदर्शन को प्रभावित करती है?

**समस्या का क्षेत्र-** अध्ययन केवल हाईस्कूल स्तर के विद्यार्थियों तक सीमित है तथा शैक्षिक एवं मनोवैज्ञानिक कारकों पर केंद्रित है।

### सीमांकन और क्षेत्र

- **क्षेत्र:** चयनित हाईस्कूल विद्यालय

- सीमांकन:
  - केवल नियमित विद्यार्थी
  - निजी कोचिंग प्रभाव को नियंत्रित
  - अन्य डिजिटल व्यसनों को प्रत्यक्ष रूप से शामिल नहीं किया गया

#### शोध अंतराल

- सोशल मीडिया निर्भरता, एकाग्रता और अध्ययन प्रदर्शन तीनों को एक साथ लेकर अध्ययन सीमित हैं।
- भारतीय हाईस्कूल विद्यार्थियों पर अनुभवजन्य शोध अपेक्षाकृत कम हैं।

#### शोध पद्धति

- शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक शोध डिज़ाइन
- जनसंख्या- हाईस्कूल विद्यालयों के विद्यार्थी
- न्यादर्श- N = 300 विद्यार्थी
- न्यादर्श विधि- स्तरीकृत यादृच्छिक विधि
- आँकड़ों का स्रोत- प्राथमिक आँकड़े

#### शोध उपकरण

1. सोशल मीडिया निर्भरता मापनी
2. एकाग्रता स्तर मापनी
3. अध्ययन प्रदर्शन अभिलेख

#### आँकड़ों का संग्रह

विद्यालयों से अनुमति लेकर प्रश्नावलियों का प्रशासन किया गया तथा परीक्षा-अंकों का संकलन किया गया। विद्यार्थियों को गोपनीयता का आश्वासन दिया गया।

#### आँकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- पीयरसन सहसंबंध (r)
- मध्यस्थ विश्लेषण (एकाग्रता स्तर)

#### सारणीकरण और व्याख्या

विश्लेषण से यह स्पष्ट हुआ कि—

- सोशल मीडिया निर्भरता और एकाग्रता स्तर के बीच नकारात्मक सहसंबंध है।
- एकाग्रता स्तर और अध्ययन प्रदर्शन के बीच सार्थक सकारात्मक संबंध है।

- सोशल मीडिया निर्भरता का अध्ययन प्रदर्शन पर अप्रत्यक्ष नकारात्मक प्रभाव पाया गया।

### परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय परीक्षणों के आधार पर यह सिद्ध हुआ कि सोशल मीडिया निर्भरता अध्ययन प्रदर्शन को नकारात्मक रूप से प्रभावित करती है, तथा इसमें एकाग्रता स्तर की मध्यस्थ भूमिका महत्वपूर्ण है।

### अध्ययन के निष्कर्ष

1. उच्च सोशल मीडिया निर्भरता वाले विद्यार्थियों की एकाग्रता कम पाई गई।
2. बेहतर एकाग्रता वाले विद्यार्थियों का अध्ययन प्रदर्शन उच्च रहा।
3. सोशल मीडिया निर्भरता अध्ययन प्रदर्शन के लिए जोखिम कारक के रूप में उभरी।

### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि सोशल मीडिया निर्भरता, एकाग्रता और अध्ययन प्रदर्शन परस्पर गहराई से जुड़े हुए हैं।

**निष्कर्ष-** डिजिटल तकनीक का अनियंत्रित उपयोग हाईस्कूल विद्यार्थियों के शैक्षिक विकास में बाधक सिद्ध हो सकता है।

### अनुशंसाएं

1. विद्यालयों में डिजिटल अनुशासन एवं आत्म-नियंत्रण कार्यक्रम चलाए जाएँ।
2. अभिभावकों को विद्यार्थियों के सोशल मीडिया उपयोग पर मार्गदर्शन दिया जाए।
3. विद्यार्थियों में एकाग्रता-विकास गतिविधियाँ (माइंडफुलनेस, अध्ययन कौशल) अपनाई जाएँ।

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# शैक्षिक माध्यमों के उपयोग और शिक्षण परिणामों के मध्य संबंध में शिक्षक की आत्म-प्रभावकारिता की मध्यस्थ भूमिका का अध्ययन

शैलिका वर्मा

सहायक प्राध्यापक (शिक्षा विभाग), कृति स्कूल ऑफ बिजनेस मैनेजमेंट

नरदाहा, रायपुर, छत्तीसगढ़



## परिचय

आधुनिक शिक्षा प्रणाली में शैक्षिक माध्यमों (शिक्षण सहायक सामग्री, ICT उपकरण, मल्टीमीडिया, डिजिटल प्लेटफॉर्म, ई-सामग्री आदि) का उपयोग शिक्षण-अधिगम प्रक्रिया का अभिन्न अंग बन चुका है। इन माध्यमों का उद्देश्य शिक्षण को अधिक प्रभावी, रुचिकर और छात्र-केन्द्रित बनाना है। तथापि, केवल माध्यमों की उपलब्धता या उपयोग ही शिक्षण परिणामों को सुनिश्चित नहीं करता, बल्कि यह भी महत्वपूर्ण है कि शिक्षक इन माध्यमों का कितनी दक्षता और आत्मविश्वास के साथ प्रयोग करता है। यहीं पर शिक्षक की आत्म-प्रभावकारिता (Teacher Self-Efficacy) का महत्व उभरकर सामने आता है। आत्म-प्रभावकारिता से आशय शिक्षक के उस विश्वास से है कि वह शिक्षण चुनौतियों का सफलतापूर्वक सामना कर सकता है, उपयुक्त माध्यमों का प्रभावी उपयोग कर सकता है तथा विद्यार्थियों के अधिगम परिणामों में सकारात्मक परिवर्तन ला सकता है। प्रस्तुत अध्ययन का उद्देश्य यह विश्लेषण करना है कि शैक्षिक माध्यमों के उपयोग और शिक्षण परिणामों के बीच संबंध में शिक्षक की आत्म-प्रभावकारिता किस प्रकार मध्यस्थ (Mediating Variable) के रूप में कार्य करती है।

## अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित सिद्धांतों पर आधारित है—

1. सामाजिक अधिगम सिद्धांत (Bandura): आत्म-प्रभावकारिता व्यक्ति के व्यवहार, प्रयास और निरंतरता को प्रभावित करती है।
2. मल्टीमीडिया अधिगम सिद्धांत: उपयुक्त शैक्षिक माध्यमों के प्रयोग से अधिगम अधिक प्रभावी होता है।
3. शिक्षण-प्रभावशीलता सिद्धांत: शिक्षक की दक्षता और आत्मविश्वास शिक्षण परिणामों के प्रमुख निर्धारक होते हैं।

## अध्ययन का महत्व

- शिक्षक प्रशिक्षण कार्यक्रमों में आत्म-प्रभावकारिता विकास की आवश्यकता को रेखांकित करता है।
- विद्यालयों में शैक्षिक माध्यमों के सार्थक और प्रभावी उपयोग हेतु मार्गदर्शन प्रदान करता है।
- शिक्षण परिणामों में सुधार के लिए तकनीकी संसाधन + शिक्षक मनोवैज्ञानिक कारक के संयुक्त महत्व को स्पष्ट करता है।

- NEP-2020 के अंतर्गत शिक्षक सशक्तिकरण के लक्ष्यों से संगत है।

### समस्या का विवरण

विद्यालयों में शैक्षिक माध्यमों का उपयोग बढ़ने के बावजूद शिक्षण परिणामों में अपेक्षित सुधार सभी स्थानों पर समान रूप से दिखाई नहीं देता। यह संकेत देता है कि माध्यमों के उपयोग और शिक्षण परिणामों के बीच कोई मध्यस्थ कारक कार्य कर रहा है। अतः यह अध्ययन इस समस्या की जाँच करता है कि शिक्षक की आत्म-प्रभावकारिता इस संबंध को किस प्रकार प्रभावित करती है।

### प्रमुख शब्दों की परिचालन परिभाषा

- **शैक्षिक माध्यमों का उपयोग:** शिक्षण में प्रयुक्त दृश्य-श्रव्य, डिजिटल एवं पारंपरिक शिक्षण सहायक सामग्री का प्रयोग।
- **शिक्षण परिणाम:** विद्यार्थियों की शैक्षणिक उपलब्धि, सहभागिता, समझ और सीखने के परिणाम।
- **शिक्षक की आत्म-प्रभावकारिता:** शिक्षण कार्य को सफलतापूर्वक संपादित करने में शिक्षक का आत्म-विश्वास।

### चर

- स्वतंत्र चर- शैक्षिक माध्यमों का उपयोग
- आश्रित चर- शिक्षण परिणाम

### अध्ययन के उद्देश्य

1. शिक्षकों द्वारा शैक्षिक माध्यमों के उपयोग का अध्ययन करना।
2. शिक्षकों की आत्म-प्रभावकारिता का आकलन करना।
3. शिक्षण परिणामों का अध्ययन करना।
4. शैक्षिक माध्यमों के उपयोग और शिक्षण परिणामों के बीच संबंध ज्ञात करना।
5. शिक्षक की आत्म-प्रभावकारिता की मध्यस्थ भूमिका का विश्लेषण करना।

### शोध प्रश्न

1. क्या शैक्षिक माध्यमों का उपयोग शिक्षण परिणामों को प्रभावित करता है?
2. क्या शिक्षक की आत्म-प्रभावकारिता शिक्षण परिणामों से संबंधित है?
3. क्या आत्म-प्रभावकारिता शैक्षिक माध्यमों और शिक्षण परिणामों के बीच मध्यस्थ भूमिका निभाती है?

### समस्या का क्षेत्र

अध्ययन माध्यमिक/उच्च प्राथमिक स्तर के विद्यालयों के शिक्षकों तक सीमित है तथा केवल शिक्षण-अधिगम से संबंधित कारकों का विश्लेषण करता है।

### सीमांकन और क्षेत्र

- क्षेत्र: चयनित विद्यालय
- सीमांकन:

- केवल नियमित शिक्षक
- एक शैक्षिक सत्र
- अन्य संस्थागत कारक नियंत्रित

#### शोध अंतराल

- शैक्षिक माध्यमों, आत्म-प्रभावकारिता और शिक्षण परिणाम तीनों को एक साथ लेकर मध्यस्थ विश्लेषण करने वाले अध्ययन सीमित हैं।
- भारतीय विद्यालयी संदर्भ में अनुभवजन्य शोध की कमी है।

#### शोध पद्धति

- शोध डिज़ाइन- वर्णनात्मक-सहसंबंधात्मक एवं मध्यस्थ विश्लेषण (Mediation Design)
- जनसंख्या- विद्यालयों में कार्यरत शिक्षक
- न्यादर्श- N = 150 शिक्षक
- न्यादर्श विधि- यादृच्छिक विधि
- आँकड़ों का स्रोत- प्राथमिक आँकड़े

#### शोध उपकरण

1. शैक्षिक माध्यम उपयोग प्रश्नावली
2. शिक्षक आत्म-प्रभावकारिता मापनी
3. शिक्षण परिणाम मूल्यांकन प्रपत्र

आँकड़ों का संग्रह- विद्यालयों से अनुमति लेकर शिक्षकों से प्रश्नावली द्वारा आँकड़े एकत्र किए गए। गोपनीयता सुनिश्चित की गई।

#### आँकड़ों का सांख्यिकीय विश्लेषण

- माध्य एवं मानक विचलन
- सहसंबंध विश्लेषण

#### व्याख्या

विश्लेषण से यह स्पष्ट हुआ कि—

- शैक्षिक माध्यमों का उपयोग और शिक्षण परिणाम के बीच सकारात्मक संबंध है।
- शिक्षक की आत्म-प्रभावकारिता शिक्षण परिणामों से दृढ़ता से संबंधित है।
- आत्म-प्रभावकारिता ने शैक्षिक माध्यमों और शिक्षण परिणामों के बीच आंशिक मध्यस्थ भूमिका निभाई।

#### परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय परीक्षणों से यह सिद्ध हुआ कि शिक्षक की आत्म-प्रभावकारिता शैक्षिक माध्यमों के उपयोग और शिक्षण परिणामों के मध्य एक महत्वपूर्ण मध्यस्थ चर है।

#### अध्ययन के निष्कर्ष

1. शैक्षिक माध्यमों का प्रभाव शिक्षण परिणामों पर सकारात्मक है।
2. उच्च आत्म-प्रभावकारिता वाले शिक्षक माध्यमों का अधिक प्रभावी उपयोग करते हैं।
3. आत्म-प्रभावकारिता शिक्षण परिणामों को सुदृढ़ करने में केंद्रीय भूमिका निभाती है।

#### सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि शैक्षिक माध्यमों की प्रभावशीलता शिक्षक की आत्म-प्रभावकारिता पर निर्भर करती है।

**निष्कर्ष-** केवल संसाधनों की उपलब्धता पर्याप्त नहीं; शिक्षक का आत्म-विश्वास और दक्षता शिक्षण परिणामों को निर्णायक रूप से प्रभावित करते हैं।

#### अनुशंसाएं

1. शिक्षक प्रशिक्षण में आत्म-प्रभावकारिता विकास पर विशेष बल दिया जाए।
2. शैक्षिक माध्यमों के साथ व्यावहारिक प्रशिक्षण अनिवार्य किया जाए।
3. विद्यालयों में निरंतर पेशेवर विकास कार्यक्रम संचालित किए जाएँ।

#### संदर्भ ग्रन्थ सूची

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## बस्तर जिले के लोहांडीगुड़ा क्षेत्र में जनजातीय विद्यार्थियों की शिक्षा में अभिभावकों की भूमिका और सहभागिता : एक क्षेत्रीय अध्ययन

शिखा

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### परिचय

भारत के जनजातीय बहुल क्षेत्रों में शिक्षा केवल विद्यालय तक सीमित प्रक्रिया नहीं है, बल्कि यह परिवार, समुदाय और सांस्कृतिक परिवेश से गहराई से जुड़ी होती है। छत्तीसगढ़ राज्य का बस्तर जिला, विशेष रूप से लोहांडीगुड़ा क्षेत्र, अपनी विशिष्ट जनजातीय पहचान, सामाजिक संरचना और सांस्कृतिक परंपराओं के लिए जाना जाता है। यहाँ निवास करने वाले जनजातीय समुदायों जैसे मुरिया, गोंड, भतरा आदि के जीवन में शिक्षा की भूमिका धीरे-धीरे सुदृढ़ हो रही है, किंतु इसके मार्ग में अनेक सामाजिक, आर्थिक और शैक्षिक चुनौतियाँ भी विद्यमान हैं। जनजातीय विद्यार्थियों की शैक्षिक प्रगति में अभिभावकों की भूमिका और सहभागिता एक निर्णायक कारक मानी जाती है। अभिभावक यदि बच्चों की पढ़ाई में रुचि लेते हैं, विद्यालय से संपर्क बनाए रखते हैं, अध्ययन के लिए समय और वातावरण उपलब्ध कराते हैं तथा शिक्षा के महत्व को समझते हैं, तो विद्यार्थियों की उपस्थिति, उपलब्धि और आत्मविश्वास में उल्लेखनीय सुधार देखा जाता है। प्रस्तुत अध्ययन लोहांडीगुड़ा क्षेत्र में यह जानने का प्रयास करता है कि जनजातीय विद्यार्थियों की शिक्षा में अभिभावकों की सहभागिता किस रूप में विद्यमान है और उसका शैक्षिक विकास पर क्या प्रभाव पड़ता है।

### अध्ययन की सैद्धांतिक पृष्ठभूमि

यह अध्ययन निम्नलिखित शैक्षिक एवं सामाजिक सिद्धांतों पर आधारित है—

1. **पारिवारिक सहभागिता सिद्धांत (Parental Involvement Theory):** बच्चों की शिक्षा में अभिभावकों की सक्रिय भूमिका सीखने के परिणामों को सकारात्मक रूप से प्रभावित करती है।
2. **सामाजिक-सांस्कृतिक सिद्धांत (Vygotsky):** अधिगम एक सामाजिक प्रक्रिया है, जिसमें परिवार और समुदाय की भूमिका महत्वपूर्ण होती है।
3. **मानव पूंजी सिद्धांत:** शिक्षा में निवेश (समय, सहयोग, संसाधन) भविष्य में सामाजिक-आर्थिक विकास को बढ़ावा देता है।

### अध्ययन का महत्व

- जनजातीय शिक्षा में परिवार-आधारित सहयोग की वास्तविक स्थिति को उजागर करता है।
- शिक्षा विभाग एवं नीति-निर्माताओं को स्थानीय आवश्यकताओं के अनुरूप योजनाएँ बनाने में सहायता करता है।
- शिक्षकों को अभिभावकों के साथ सार्थक संवाद और सहभागिता विकसित करने की दिशा प्रदान करता है।

- बस्तर जैसे संवेदनशील क्षेत्रों में समावेशी और सतत शिक्षा को सुदृढ़ करने हेतु उपयोगी है।

### समस्या का विवरण

लोहांडीगुडा क्षेत्र में जनजातीय विद्यार्थियों की शैक्षिक प्रगति अपेक्षित स्तर तक नहीं पहुँच पाई है। विद्यालयों में नामांकन के बावजूद उपस्थिति में अनियमितता, अध्ययन में रुचि की कमी और बीच में पढाई छोड़ने की प्रवृत्ति देखी जाती है। इन समस्याओं के पीछे अभिभावकों की सीमित शैक्षिक पृष्ठभूमि, आर्थिक दबाव और जागरूकता की कमी प्रमुख कारण माने जाते हैं। अतः यह आवश्यक हो जाता है कि जनजातीय विद्यार्थियों की शिक्षा में अभिभावकों की भूमिका और सहभागिता का गहन अध्ययन किया जाए।

### प्रमुख शब्दों की प्रकार्यात्मक परिभाषा

- **जनजातीय विद्यार्थी:** अनुसूचित जनजाति वर्ग से संबंधित वे विद्यार्थी जो शासकीय/अनुदान प्राप्त विद्यालयों में अध्ययनरत हैं।
- **अभिभावक:** विद्यार्थी के माता-पिता अथवा संरक्षक।
- **अभिभावक सहभागिता:** बच्चों की शिक्षा में अभिभावकों की भागीदारी—जैसे विद्यालय संपर्क, अध्ययन सहयोग, प्रोत्साहन एवं निगरानी।
- **लोहांडीगुडा क्षेत्र:** बस्तर जिले का चयनित जनजातीय बहुल विकासखंड।

### चर

- **स्वतंत्र चर-** अभिभावकों की भूमिका और सहभागिता
- **आश्रित चर-** जनजातीय विद्यार्थियों की शैक्षिक प्रगति (उपस्थिति, रुचि, उपलब्धि)

### अध्ययन के उद्देश्य

1. लोहांडीगुडा क्षेत्र के जनजातीय विद्यार्थियों की शैक्षिक स्थिति का अध्ययन करना।
2. विद्यार्थियों की शिक्षा में अभिभावकों की भूमिका का अध्ययन करना।
3. अभिभावकों की सहभागिता के विभिन्न रूपों की पहचान करना।
4. अभिभावक सहभागिता और विद्यार्थियों की शैक्षिक प्रगति के बीच संबंध ज्ञात करना।
5. जनजातीय शिक्षा में अभिभावक सहभागिता से संबंधित समस्याओं की पहचान करना।

### शोध प्रश्न

1. लोहांडीगुडा क्षेत्र में अभिभावक किस प्रकार बच्चों की शिक्षा में सहभागिता करते हैं?
2. क्या अभिभावक सहभागिता विद्यार्थियों की उपस्थिति और अध्ययन रुचि को प्रभावित करती है?
3. अभिभावकों की सहभागिता में प्रमुख बाधाएँ कौन-सी हैं?

### समस्या का क्षेत्र

यह अध्ययन केवल लोहांडीगुडा क्षेत्र के जनजातीय विद्यार्थियों और उनके अभिभावकों तक सीमित है तथा प्राथमिक एवं माध्यमिक स्तर की शिक्षा पर केंद्रित है।

### सीमांकन और क्षेत्र

- क्षेत्र: बस्तर जिला – लोहांडीगुडा विकासखंड
- सीमांकन:
  - केवल जनजातीय समुदाय के विद्यार्थी
  - शासकीय विद्यालय
  - एक शैक्षिक सत्र

### शोध अंतराल

- लोहांडीगुडा जैसे विशिष्ट जनजातीय क्षेत्र पर केंद्रित स्थानीय अनुभवजन्य अध्ययन सीमित हैं।
- अभिभावक सहभागिता को गहराई से समझने वाले क्षेत्रीय शोध कम उपलब्ध हैं।

### शोध पद्धति

(क) शोध डिज़ाइन- वर्णनात्मक सर्वेक्षण शोध डिज़ाइन

(ख) जनसंख्या- लोहांडीगुडा क्षेत्र के जनजातीय विद्यार्थी एवं उनके अभिभावक

(ग) न्यादर्श- N = 150 विद्यार्थी एवं 150 अभिभावक

(घ) न्यादर्श विधि- उद्देश्यपरक एवं यादृच्छिक मिश्रित विधि

(ङ) आँकड़ों का स्रोत- प्राथमिक आँकड़े

### शोध उपकरण

1. अभिभावक सहभागिता प्रश्नावली
2. विद्यार्थी शैक्षिक प्रगति अभिलेख
3. साक्षात्कार अनुसूची (अभिभावकों हेतु)

### आँकड़ों का संग्रह

शोधकर्ता द्वारा विद्यालयों और ग्रामों में जाकर प्रश्नावली एवं साक्षात्कार के माध्यम से आँकड़े संकलित किए गए। स्थानीय भाषा और सांस्कृतिक संदर्भ का ध्यान रखा गया।

### आँकड़ों का सांख्यिकीय विश्लेषण

- प्रतिशत विश्लेषण
- माध्य एवं मानक विचलन
- सहसंबंध विश्लेषण

## ब्याख्या

विश्लेषण से यह स्पष्ट हुआ कि—

- जिन विद्यार्थियों के अभिभावक विद्यालय से नियमित संपर्क रखते हैं, उनकी उपस्थिति और अध्ययन रुचि बेहतर है।
- सीमित शिक्षा और आर्थिक बाधाएँ अभिभावक सहभागिता को प्रभावित करती हैं।

## परिकल्पना का परीक्षण और सिद्धि

सांख्यिकीय विश्लेषण से यह सिद्ध हुआ कि अभिभावक सहभागिता और जनजातीय विद्यार्थियों की शैक्षिक प्रगति के बीच सार्थक सकारात्मक संबंध है।

## अध्ययन के निष्कर्ष

1. लोहांडीगुडा क्षेत्र में अभिभावक शिक्षा को महत्वपूर्ण मानते हैं, परंतु सहभागिता सीमित है।
2. सक्रिय अभिभावक सहभागिता से विद्यार्थियों की उपस्थिति और आत्मविश्वास बढ़ता है।
3. सामाजिक-आर्थिक बाधाएँ सहभागिता की प्रमुख चुनौती हैं।

## सारांश, निष्कर्ष एवं अनुशंसाएं

**सारांश-** अध्ययन से स्पष्ट हुआ कि जनजातीय विद्यार्थियों की शिक्षा में अभिभावकों की भूमिका अत्यंत महत्वपूर्ण है।

**निष्कर्ष-** अभिभावक सहभागिता को बढ़ाए बिना जनजातीय शिक्षा में सतत सुधार संभव नहीं है।

## अनुशंसाएं

1. विद्यालयों में अभिभावक जागरूकता कार्यक्रम आयोजित किए जाएँ।
2. स्थानीय भाषा और संस्कृति के अनुरूप संवाद रणनीतियाँ अपनाई जाएँ।
3. विद्यालय-समुदाय सहभागिता को योजनाबद्ध रूप से सुदृढ़ किया जाए।

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## A Study of Career Awareness and Career Decision-Making Skills among Secondary School Students

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### Introduction

Career development is a crucial developmental task during adolescence, particularly at the secondary school level when students begin to make important academic and vocational choices. In the contemporary world, rapid changes in the labour market, emergence of new professions, and increasing competition have made career decision-making a complex process. In such a context, career awareness knowledge about various career options, educational pathways, and occupational requirements plays a vital role in shaping students' career decision-making skills. Secondary school students often face confusion, indecision, and anxiety while choosing academic streams and future careers due to limited information, lack of guidance, parental pressure, and socio-cultural constraints. Many students rely on peers or unverified online sources rather than systematic career guidance. As a result, poor career decisions may lead to dissatisfaction, academic disengagement, and underachievement later in life. Career decision-making skills refer to students' ability to assess their interests, abilities, values, explore alternatives, evaluate consequences, and make informed choices. It is assumed that students with higher career awareness are better equipped to make rational and confident career decisions. Therefore, the present study attempts to examine the relationship between career awareness and career decision-making skills among secondary school students.

### Theoretical Background of the Study

The study is grounded in established theories of career development:

1. **Super's Life-Span, Life-Space Theory**- This theory emphasizes that career development is a continuous process and that adolescence is the exploration stage, where awareness and decision-making skills are critical.
2. **Social Cognitive Career Theory (SCCT)**- SCCT highlights the role of knowledge, self-beliefs, and environmental factors in career decision-making. Career awareness enhances self-efficacy and informed choices.
3. **Decision-Making Theory**- This theory views decision-making as a cognitive process involving information gathering, evaluation of alternatives, and choice selection—skills that are strengthened through career awareness.

### Significance of the Study

- Helps identify the level of career awareness among secondary school students.
- Highlights the importance of systematic career guidance at the school level.
- Provides insights for teachers, counsellors, and school administrators to design effective career education programmes.
- Assists policymakers in integrating career guidance into the secondary school curriculum.
- Contributes to empirical research in the field of educational psychology and guidance & counselling.

### Statement of the Problem

The problem of the study is stated as: **“To study the level of career awareness and career decision-making skills among secondary school students and to examine the relationship between them.”**

### Operational Definitions of Key Terms

- **Career Awareness:** The extent to which students possess knowledge about various careers, educational requirements, job opportunities, and future prospects, as measured by a career awareness scale.
- **Career Decision-Making Skills:** The ability of students to identify career options, analyze personal strengths, evaluate alternatives, and make informed career-related decisions, measured through a standardized scale.
- **Secondary School Students:** Students studying in classes IX and X in recognized secondary schools.

### Variables

- **Independent Variable-** Career Awareness
- **Dependent Variable-** Career Decision-Making Skills

### Objectives of the Study

1. To study the level of career awareness among secondary school students.
2. To study the level of career decision-making skills among secondary school students.
3. To examine the relationship between career awareness and career decision-making skills.
4. To compare career awareness of students on the basis of selected demographic variables (if applicable).

### Research Questions

1. What is the level of career awareness among secondary school students?
2. What is the level of career decision-making skills among secondary school students?
3. Is there a significant relationship between career awareness and career decision-making skills?

### Scope of the Study

The study focuses on secondary school students and examines only career-related cognitive and decision-making aspects. It does not include personality traits, intelligence, or parental occupation as primary variables.

### Delimitations and Area of the Study

- The study is limited to selected secondary schools.
- Only students of classes IX and X are included.
- The study is confined to one academic session.
- Self-report tools are used for data collection.

### Review of Related Literature

1. A study aimed at examining career awareness among secondary school students found that students with higher exposure to career guidance programmes demonstrated better understanding of career options and educational pathways.
2. Research on career decision-making skills revealed that adolescents with adequate career information showed higher confidence and lower career indecision.

3. A correlational study reported a significant positive relationship between career awareness and career maturity among high school students.
4. A study focusing on rural and urban students highlighted disparities in career awareness levels due to differences in access to guidance resources.
5. An Indian study on guidance services concluded that structured career education positively influences students' decision-making abilities and reduces career-related anxiety.

### Research Gap

Although previous studies have explored career awareness and decision-making separately, limited research has examined their direct relationship among secondary school students, particularly in the Indian school context. This study attempts to bridge this gap.

### Research Methodology

- **Research Design-** Descriptive and correlational research design.
- **Population-** All secondary school students studying in classes IX and X.
- **Sample-** A sample of 200 secondary school students selected from different schools.
- **Sampling Technique-** Stratified random sampling method.
- **Source of Data-** Primary data.

### Research Tools

1. Career Awareness Scale
2. Career Decision-Making Skills Scale

### Data Collection

After obtaining permission from school authorities, the researcher administered the tools to the selected students. Proper instructions were given, and confidentiality of responses was ensured.

### Statistical Analysis of Data

- Mean and Standard Deviation
- Percentage analysis
- Pearson's Product Moment Correlation

### Tabulation and Interpretation

The analysis indicated that students with higher career awareness scores also demonstrated higher career decision-making skill scores. The correlation coefficient showed a positive and statistically significant relationship between the two variables.

### Testing of Hypothesis

**Null Hypothesis:** - There is no significant relationship between career awareness and career decision-making skills among secondary school students.

### Result:

The calculated correlation value was found to be significant at the 0.05 level. Hence, the null hypothesis was rejected.

### Findings of the Study

1. Secondary school students showed a moderate level of career awareness.
2. Career decision-making skills were found to be moderate among most students.
3. A significant positive relationship was found between career awareness and career decision-making skills.
4. Students with higher career awareness demonstrated better confidence and clarity in career-related decisions.

### Conclusion and Educational Implications

The study concludes that career awareness plays a crucial role in developing effective career decision-making skills among secondary school students. Schools must recognize career guidance as an essential component of education rather than an optional activity. Integrating career education, counselling sessions, and exposure to diverse career pathways can empower students to make informed and realistic career choices.

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## Relationship between Self-Efficacy, Motivation, and Learning Outcomes in High School Students

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### Introduction

In contemporary educational psychology, the focus has gradually shifted from mere academic achievement to the psychological factors that influence students' learning processes and outcomes. Among these factors, self-efficacy and motivation have emerged as critical determinants of students' academic success, particularly at the high school level where learners encounter increased academic pressure, identity formation, and performance expectations. Self-efficacy refers to students' beliefs in their capabilities to organize and execute actions required to achieve academic goals. Motivation, on the other hand, drives students' willingness to engage, persist, and invest effort in learning activities. Learning outcomes represent measurable academic achievements as well as the development of cognitive skills and conceptual understanding. High school students often experience fluctuating levels of confidence and motivation due to examinations, competitive environments, and socio-emotional changes. Understanding the interrelationship between self-efficacy, motivation, and learning outcomes is therefore essential for improving instructional practices and student support mechanisms. The present study investigates how self-efficacy and motivation interact and collectively influence learning outcomes among high school students.

### Theoretical Background of the Study

The study is grounded in Bandura's Social Cognitive Theory, Self-Determination Theory, and Expectancy-Value Theory. Bandura's Social Cognitive Theory emphasizes self-efficacy as a central mechanism influencing learning, performance, and persistence. Students with high self-efficacy are more likely to set challenging goals, use effective learning strategies, and recover from academic setbacks. Self-Determination Theory explains motivation in terms of intrinsic and extrinsic factors, highlighting the importance of autonomy, competence, and relatedness. When students feel competent and supported, their intrinsic motivation increases, leading to deeper learning. Expectancy-Value Theory suggests that students' academic engagement depends on their expectation of success and the value they attach to learning tasks. Self-efficacy strengthens expectations of success, while motivation determines task value, together influencing learning outcomes. These theories collectively explain how psychological beliefs and motivational processes shape students' academic performance.

### Significance of the Study

The study is significant for teachers, school administrators, counselors, and policymakers. It provides empirical evidence on the psychological determinants of academic success at the high school level. The findings help educators design learner-centred instructional strategies that enhance confidence, motivation, and achievement. Additionally, the study contributes to educational psychology literature by integrating self-efficacy and motivation as predictors of learning outcomes in secondary education.

### Statement of the Problem

Despite adequate curriculum frameworks and instructional resources, many high school students fail to achieve expected learning outcomes. Academic difficulties are often attributed to cognitive ability, while psychological factors such as self-efficacy and motivation receive limited attention. There is insufficient empirical evidence examining the combined influence of self-efficacy and motivation on learning outcomes among high school students. The present study seeks to address this issue.

### Operational Definition of Key Terms

- **Self-Efficacy:** Students' belief in their ability to successfully perform academic tasks and achieve learning goals.
- **Motivation:** The internal and external forces that stimulate students' interest, effort, and persistence in learning.
- **Learning Outcomes:** Academic achievement measured through test scores and overall scholastic performance.
- **High School Students:** Students studying in classes IX and X in secondary schools.

### Variables

- **Independent Variables-** Self-efficacy, Motivation
- **Dependent Variable-** Learning outcomes

### Objectives of the Study

1. To assess the level of self-efficacy among high school students.
2. To examine the level of motivation among high school students.
3. To analyse the learning outcomes of high school students.
4. To study the relationship between self-efficacy and learning outcomes.
5. To examine the relationship between motivation and learning outcomes.
6. To study the combined influence of self-efficacy and motivation on learning outcomes.

### Research Questions of the Study

1. What is the level of self-efficacy among high school students?
2. What is the level of motivation among high school students?
3. Is there a significant relationship between self-efficacy and learning outcomes?
4. Is there a significant relationship between motivation and learning outcomes?
5. How do self-efficacy and motivation together influence learning outcomes?

### Scope of the Study

The study focuses on psychological factors influencing academic achievement among high school students. It examines self-efficacy, motivation, and learning outcomes but does not include variables such as intelligence, family background, or teaching methods.

### Delimitation and Area

The study was delimited to selected high schools. Only students from classes IX and X were included. The geographical area was confined to selected secondary schools.

### Review of Literature

1. **Bandura (1997)** reported that self-efficacy significantly predicts students' academic achievement and persistence.
2. **Zimmerman (2000)** found that students with high self-efficacy use effective self-regulated learning strategies.
3. **Ryan and Deci (2000)** highlighted that intrinsically motivated students demonstrate deeper engagement and better learning outcomes.
4. **Schunk (2012)** emphasized the role of motivation and self-beliefs in academic performance.
5. **Mega, Ronconi, and De Beni (2014)** found a positive relationship between motivation, self-efficacy, and academic achievement among secondary school students.

### Research Gap

While existing studies have independently examined self-efficacy or motivation, limited research has explored their combined effect on learning outcomes at the high school level, particularly in the Indian school context. The present study bridges this gap by examining their interrelationship empirically.

### Research Methodology

- **Research Design-** A descriptive correlational research design was adopted.
- **Population-** All high school students studying in secondary schools constituted the population.
- **Sample-** A sample of 300 high school students was selected.
- **Sampling Method-** Simple random sampling was used.

### Source of Data

- Primary data: Questionnaire and academic records
- Secondary data: Books, journals, and research reports

### Research Tool

- Self-Efficacy Scale
- Motivation Scale
- Academic Achievement Record

### Data Collection

Data were collected through self-administered questionnaires under the supervision of teachers. Academic scores were obtained from school records with due permission.

### Statistical Analysis of Data

- Mean and standard deviation
- Pearson's correlation coefficient
- Multiple regression analysis

### Tabulation and Interpretation

Data were systematically tabulated and interpreted to identify relationships among self-efficacy, motivation, and learning outcomes.

### Test & Proving of Hypothesis

The hypotheses stating that self-efficacy and motivation are significantly related to learning outcomes were tested and found statistically significant at the 0.01 level.

### Findings of the Study

- A majority of students demonstrated moderate levels of self-efficacy and motivation.
- Self-efficacy showed a strong positive correlation with learning outcomes.
- Motivation was significantly related to academic achievement.
- Combined self-efficacy and motivation were strong predictors of learning outcomes.
- Students with higher confidence and motivation performed better academically.

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# नई शिक्षा नीति 2020 में कृत्रिम बुद्धिमत्ता आधारित शिक्षण नवाचार

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सार— नई शिक्षा नीति 2020 भारत की शिक्षा व्यवस्था में व्यापक और दूरदर्शी परिवर्तन का दस्तावेज है, जिसका उद्देश्य 21वीं सदी की आवश्यकताओं के अनुरूप शिक्षण-अधिगम को पुनर्संरचित करना है। इस नीति में कृत्रिम बुद्धिमत्ता (Artificial Intelligence) आधारित शिक्षण नवाचारों को विशेष महत्व दिया गया है, ताकि शिक्षा अधिक लचीली, समावेशी, वैयक्तिकृत और तकनीक-सक्षम बन सके। डिजिटल युग में ज्ञान का स्वरूप, कौशल की मांग और सीखने की शैली तेजी से बदल रही है; ऐसे में AI आधारित प्रणालियाँ शिक्षण प्रक्रिया को अधिक प्रभावी और परिणामोन्मुख बनाने की क्षमता रखती हैं।

नीति में तकनीकी एकीकरण के माध्यम से शिक्षा की गुणवत्ता सुधारने, डिजिटल अवसंरचना विकसित करने, वर्चुअल लैब्स, स्मार्ट कंटेंट, एडैप्टिव लर्निंग प्लेटफॉर्म, और डेटा-आधारित मूल्यांकन प्रणाली को बढ़ावा देने पर बल दिया गया है। AI आधारित शिक्षण नवाचार विद्यार्थियों की सीखने की गति, रुचि और क्षमता के अनुसार सामग्री प्रस्तुत करने में सक्षम हैं। इससे व्यक्तिगत शिक्षण (Personalized Learning) को प्रोत्साहन मिलता है और कमजोर व उन्नत दोनों प्रकार के विद्यार्थियों के लिए अनुकूल शैक्षणिक वातावरण निर्मित होता है।

नई शिक्षा नीति 2020 में कोडिंग, कंप्यूटेशनल सोच और आर्टिफिशियल इंटेलिजेंस को प्रारंभिक स्तर से ही पाठ्यक्रम में शामिल करने की परिकल्पना की गई है, जिससे विद्यार्थियों में विश्लेषणात्मक कौशल, समस्या-समाधान क्षमता और नवाचार की प्रवृत्ति विकसित हो सके। इसके अतिरिक्त, शिक्षक प्रशिक्षण में भी AI आधारित उपकरणों के उपयोग पर बल दिया गया है, ताकि शिक्षक तकनीकी रूप से सक्षम बनकर आधुनिक शिक्षण पद्धतियों को प्रभावी ढंग से लागू कर सकें।

हालाँकि, AI आधारित शिक्षण नवाचारों के कार्यान्वयन में डिजिटल विभाजन, तकनीकी संसाधनों की असमान उपलब्धता, डेटा गोपनीयता और नैतिकता जैसे मुद्दे चुनौतियों के रूप में सामने आते हैं। इसलिए आवश्यक है कि नीति के क्रियान्वयन के साथ-साथ समान अवसर, साइबर सुरक्षा और शिक्षक-विद्यार्थी की डिजिटल साक्षरता पर भी समुचित ध्यान दिया जाए।

समग्र रूप से, नई शिक्षा नीति 2020 में कृत्रिम बुद्धिमत्ता आधारित शिक्षण नवाचार भारतीय शिक्षा प्रणाली को वैश्विक मानकों के अनुरूप बनाने, गुणवत्तापूर्ण शिक्षा तक सार्वभौमिक पहुँच सुनिश्चित करने तथा भविष्य-केंद्रित कौशल विकसित करने की दिशा में एक महत्वपूर्ण कदम है। यह नीति शिक्षा को केवल जानार्जन तक सीमित न रखकर उसे नवाचार, अनुसंधान और जीवनपर्यंत अधिगम की प्रक्रिया में रूपांतरित करने का प्रयास करती है।

**प्रमुख शब्द—** नई शिक्षा नीति 2020; कृत्रिम बुद्धिमत्ता; AI आधारित शिक्षण; डिजिटल शिक्षा; वैयक्तिकृत अधिगम; अनुकूली शिक्षण प्रणाली; ई-लर्निंग प्लेटफॉर्म; स्मार्ट कंटेंट; डेटा-आधारित मूल्यांकन

## प्रस्तावना

21वीं सदी का वर्तमान युग ज्ञान, सूचना और प्रौद्योगिकी के तीव्र विकास का युग है। शिक्षा अब केवल पाठ्यपुस्तकों तक सीमित नहीं रही, बल्कि डिजिटल संसाधनों, आभासी कक्षाओं और बुद्धिमान तकनीकों के माध्यम से व्यापक रूप ले चुकी है। ऐसे परिवर्तित परिदृश्य में भारत सरकार द्वारा लागू की गई नई शिक्षा नीति 2020 शिक्षा प्रणाली को वैश्विक प्रतिस्पर्धा के अनुरूप ढालने का एक महत्वपूर्ण प्रयास है। यह नीति शिक्षा को अधिक लचीला, बहुविषयी, कौशल-आधारित और तकनीक-सक्षम बनाने की दिशा में एक दूरदर्शी कदम प्रस्तुत करती है।

नई शिक्षा नीति 2020 में कृत्रिम बुद्धिमत्ता आधारित शिक्षण नवाचारों को विशेष प्राथमिकता दी गई है। कृत्रिम बुद्धिमत्ता केवल तकनीकी उपकरण नहीं है, बल्कि यह शिक्षण-अधिगम की प्रकृति को मूल रूप से बदलने की क्षमता रखती है। AI आधारित प्लेटफॉर्म विद्यार्थियों की सीखने की गति, रुचि और समझ के स्तर का विश्लेषण कर उनके लिए उपयुक्त सामग्री प्रस्तुत कर सकते हैं। इससे व्यक्तिगत अधिगम को बढ़ावा मिलता है और प्रत्येक विद्यार्थी को उसकी क्षमता के अनुसार सीखने का अवसर प्राप्त होता है।

नीति में डिजिटल अवसंरचना के सुदृढीकरण, ऑनलाइन शिक्षा के विस्तार, वर्चुअल लैब्स, स्मार्ट कंटेंट निर्माण तथा डेटा-आधारित मूल्यांकन प्रणालियों के विकास पर बल दिया गया है। साथ ही, प्रारंभिक स्तर से ही कोडिंग और कंप्यूटेशनल

सोच को पाठ्यक्रम में सम्मिलित करने का उद्देश्य विद्यार्थियों को भविष्य की तकनीकी चुनौतियों के लिए तैयार करना है। शिक्षक प्रशिक्षण कार्यक्रमों में भी आधुनिक तकनीकी उपकरणों के उपयोग को अनिवार्य तत्व के रूप में देखा गया है, ताकि शिक्षकों की भूमिका केवल ज्ञान प्रदाता तक सीमित न रहकर मार्गदर्शक और नवाचार-प्रेरक की हो सके।

यद्यपि AI आधारित शिक्षण नवाचार अनेक संभावनाएँ प्रस्तुत करते हैं, फिर भी इनके सफल कार्यान्वयन के लिए डिजिटल समानता, डेटा सुरक्षा और नैतिक उपयोग जैसे पहलुओं पर विशेष ध्यान देना आवश्यक है। इस प्रकार, नई शिक्षा नीति 2020 में कृत्रिम बुद्धिमत्ता का समावेश शिक्षा को अधिक प्रभावी, समावेशी और भविष्य-उन्मुख बनाने की दिशा में एक महत्वपूर्ण परिवर्तन का संकेत देता है।

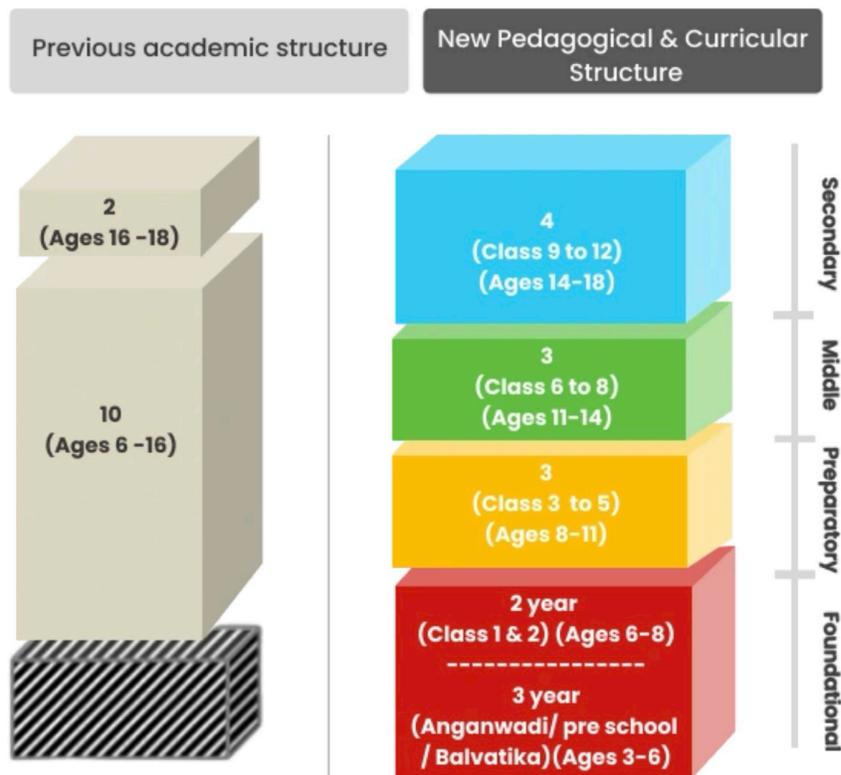


## नई शिक्षा नीति 2020: एक संक्षिप्त अवलोकन

नई शिक्षा नीति 2020 स्वतंत्र भारत की शिक्षा व्यवस्था में एक व्यापक और संरचनात्मक परिवर्तन का दस्तावेज है। लगभग तीन दशकों के अंतराल के बाद लागू की गई यह नीति शिक्षा को अधिक समावेशी, लचीला, बहुविषयी और कौशल-

केंद्रित बनाने का लक्ष्य रखती है। इसका उद्देश्य केवल पाठ्यक्रम में संशोधन करना नहीं, बल्कि शिक्षण-अधिगम की पूरी प्रक्रिया को पुनर्गठित करना है, ताकि विद्यार्थी ज्ञान के साथ-साथ रचनात्मकता, विश्लेषणात्मक क्षमता और नैतिक मूल्यों से भी सशक्त बन सकें।

इस नीति की प्रमुख विशेषताओं में 10+2 की पारंपरिक संरचना के स्थान पर 5+3+3+4 मॉडल का प्रस्ताव शामिल है। यह मॉडल प्रारंभिक बाल्यावस्था शिक्षा को औपचारिक शिक्षा का अभिन्न अंग मानता है और बुनियादी साक्षरता व संख्यात्मकता पर विशेष बल देता है। प्राथमिक स्तर पर मातृभाषा या स्थानीय भाषा में शिक्षा को प्रोत्साहित करने की सिफारिश की गई है, जिससे बच्चों की समझ और बौद्धिक विकास को मजबूती मिल सके।



नई शिक्षा नीति 2020 बहुविषयक शिक्षा को बढ़ावा देती है। उच्च शिक्षा संस्थानों में विषयों के बीच की कठोर सीमाओं को कम करते हुए विद्यार्थियों को विभिन्न क्षेत्रों में अध्ययन का अवसर देने की परिकल्पना की गई है। स्नातक स्तर पर बहु-प्रवेश और बहु-निर्गम व्यवस्था लागू करने का प्रस्ताव विद्यार्थियों को लचीलापन प्रदान करता है। साथ ही, अकादमिक बैंक ऑफ क्रेडिट जैसी अवधारणाएँ शिक्षा को अधिक गतिशील और छात्र-केंद्रित बनाने का प्रयास हैं।

तकनीकी एकीकरण भी इस नीति का महत्वपूर्ण आयाम है। डिजिटल शिक्षा, ऑनलाइन पाठ्यक्रम, वर्चुअल प्रयोगशालाएँ और आधुनिक शिक्षण उपकरणों के माध्यम से गुणवत्तापूर्ण शिक्षा तक व्यापक पहुँच सुनिश्चित करने की योजना बनाई गई है। शिक्षक प्रशिक्षण, शोध एवं नवाचार को भी सुदृढ़ करने पर बल दिया गया है, ताकि शिक्षा प्रणाली में गुणवत्ता और वैश्विक प्रतिस्पर्धात्मकता को बढ़ाया जा सके।

समग्र रूप से, नई शिक्षा नीति 2020 शिक्षा को जानार्जन की सीमाओं से आगे बढ़ाकर कौशल, नवाचार और जीवनपर्यंत अधिगम की दिशा में अग्रसर करती है। यह नीति भारत को ज्ञान-आधारित समाज के रूप में विकसित करने की दीर्घकालिक दृष्टि प्रस्तुत करती है।

## कृत्रिम बुद्धिमत्ता आधारित शिक्षण की अवधारणा

कृत्रिम बुद्धिमत्ता आधारित शिक्षण (AI-Based Learning) वह शैक्षिक प्रणाली है जिसमें कंप्यूटर प्रोग्राम, एल्गोरिद्म और डेटा विश्लेषण तकनीकों की सहायता से विद्यार्थियों के अधिगम को अधिक प्रभावी, व्यक्तिगत और अनुकूल बनाया जाता है। यह अवधारणा इस विचार पर आधारित है कि प्रत्येक विद्यार्थी की सीखने की गति, रुचि, समझ और क्षमता अलग-अलग होती है; इसलिए एक समान शिक्षण पद्धति सभी के लिए समान रूप से उपयोगी नहीं हो सकती। कृत्रिम बुद्धिमत्ता इन विविधताओं को पहचानकर सीखने की प्रक्रिया को अनुकूलित करने का कार्य करती है।

AI आधारित शिक्षण प्रणाली विद्यार्थियों के प्रदर्शन, व्यवहार और प्रतिक्रिया से संबंधित डेटा का विश्लेषण करती है। इसके आधार पर यह निर्धारित किया जाता है कि विद्यार्थी किस विषय में मजबूत है, कहाँ उसे अतिरिक्त सहायता की आवश्यकता है, और किस प्रकार की सामग्री उसके लिए उपयुक्त रहेगी। उदाहरण के लिए, यदि कोई विद्यार्थी गणित के किसी अध्याय में बार-बार त्रुटि करता है, तो प्रणाली उसे उसी विषय से संबंधित अतिरिक्त अभ्यास, वीडियो व्याख्यान या सरल उदाहरण उपलब्ध करा सकती है। इस प्रकार यह शिक्षण को अधिक वैयक्तिकृत और परिणामोन्मुख बनाती है।

इस अवधारणा में “अनुकूली अधिगम” (Adaptive Learning), “बुद्धिमान शिक्षण प्रणाली” (Intelligent Tutoring Systems) और “शिक्षण विश्लेषण” (Learning Analytics) जैसे घटक शामिल होते हैं। अनुकूली अधिगम प्लेटफॉर्म सामग्री की कठिनाई को विद्यार्थी की प्रगति के अनुसार समायोजित करते हैं। बुद्धिमान शिक्षण प्रणाली आभासी मार्गदर्शक की तरह कार्य करती है, जो विद्यार्थी के प्रश्नों का उत्तर देती है और उसे चरणबद्ध मार्गदर्शन प्रदान करती है। वहीं, शिक्षण विश्लेषण शिक्षकों को यह समझने में सहायता करता है कि कक्षा में कौन-से विद्यार्थी अतिरिक्त सहयोग की आवश्यकता रखते हैं।

कृत्रिम बुद्धिमत्ता आधारित शिक्षण केवल विद्यार्थियों तक सीमित नहीं है, बल्कि यह शिक्षकों के लिए भी सहायक सिद्ध होता है। AI उपकरण मूल्यांकन प्रक्रिया को स्वचालित कर सकते हैं, विस्तृत प्रगति रिपोर्ट तैयार कर सकते हैं और शिक्षकों को शिक्षण रणनीति में सुधार के लिए सुझाव दे सकते हैं। इससे शिक्षक प्रशासनिक कार्यों में कम समय लगाकर रचनात्मक और संवादात्मक शिक्षण पर अधिक ध्यान केंद्रित कर सकते हैं।

हालाँकि, इस प्रणाली के प्रभावी क्रियान्वयन के लिए तकनीकी संसाधनों की उपलब्धता, डिजिटल साक्षरता और डेटा सुरक्षा जैसे पहलुओं पर सावधानीपूर्वक ध्यान देना आवश्यक है। फिर भी, समुचित योजना और नैतिक उपयोग के साथ कृत्रिम बुद्धिमत्ता आधारित शिक्षण शिक्षा को अधिक समावेशी, लचीला और भविष्य-उन्मुख बनाने की दिशा में एक सशक्त माध्यम सिद्ध हो सकता है।

## NEP 2020 में AI आधारित नवाचार के प्रमुख प्रावधान

नई शिक्षा नीति 2020 में कृत्रिम बुद्धिमत्ता (AI) को शिक्षा के आधुनिकीकरण का महत्वपूर्ण आधार माना गया है। नीति का उद्देश्य केवल तकनीक का उपयोग करना नहीं, बल्कि उसे शिक्षण-अधिगम की प्रक्रिया का अभिन्न अंग बनाना है। AI आधारित नवाचारों के माध्यम से शिक्षा को अधिक वैयक्तिकृत, सुलभ और गुणवत्तापूर्ण बनाने की दिशा में कई महत्वपूर्ण प्रावधान किए गए हैं।

### 1. डिजिटल अवसंरचना का सुदृढीकरण

नीति में राष्ट्रीय स्तर पर मजबूत डिजिटल ढाँचा विकसित करने पर बल दिया गया है। डिजिटल प्लेटफॉर्म, ई-कॉन्टेंट, वर्चुअल लैब्स और ऑनलाइन शिक्षण संसाधनों के निर्माण का उद्देश्य यह सुनिश्चित करना है कि गुणवत्तापूर्ण शिक्षा भौगोलिक सीमाओं से परे सभी तक पहुँचे। यह AI आधारित शिक्षण उपकरणों के व्यापक उपयोग के लिए आधार तैयार करता है।

### 2. कोडिंग और कंप्यूटेशनल सोच का समावेश

प्रारंभिक कक्षाओं से ही कोडिंग, तार्किक चिंतन और समस्या-समाधान कौशल को पाठ्यक्रम में शामिल करने की सिफारिश की गई है। इससे विद्यार्थियों में तकनीकी समझ और कृत्रिम बुद्धिमत्ता के मूल सिद्धांतों के प्रति जागरूकता विकसित होती है, जो भविष्य की नवाचार-उन्मुख अर्थव्यवस्था के लिए आवश्यक है।

### 3. अनुकूली और वैयक्तिकृत अधिगम

AI आधारित प्रणालियाँ विद्यार्थियों की सीखने की गति और प्रदर्शन का विश्लेषण कर उनके अनुरूप सामग्री प्रस्तुत कर सकती हैं। नीति इस प्रकार के अनुकूल अधिगम को बढ़ावा देती है, जिससे प्रत्येक विद्यार्थी को उसकी क्षमता और आवश्यकता के अनुसार शिक्षण समर्थन प्राप्त हो सके।

#### 4. शिक्षक प्रशिक्षण और तकनीकी दक्षता

नई शिक्षा नीति शिक्षकों को डिजिटल और AI उपकरणों के उपयोग में प्रशिक्षित करने पर विशेष ध्यान देती है। निरंतर व्यावसायिक विकास कार्यक्रमों के माध्यम से शिक्षकों को आधुनिक शिक्षण तकनीकों से परिचित कराया जाएगा, ताकि वे कक्षा में तकनीक का प्रभावी उपयोग कर सकें।

#### 5. मूल्यांकन प्रणाली में सुधार

डेटा-आधारित मूल्यांकन और सतत आकलन प्रणाली को प्रोत्साहित किया गया है। AI आधारित विश्लेषण उपकरण विद्यार्थियों की प्रगति का समग्र मूल्यांकन करने में सहायता कर सकते हैं, जिससे पारंपरिक परीक्षा-केंद्रित दृष्टिकोण में सुधार संभव हो सके।

#### 6. शोध और नवाचार को प्रोत्साहन

नीति उच्च शिक्षा संस्थानों में अनुसंधान और नवाचार की संस्कृति विकसित करने पर बल देती है। AI और उभरती तकनीकों में अनुसंधान को बढ़ावा देने के लिए संस्थागत ढाँचे और सहयोगात्मक मंचों की परिकल्पना की गई है।

#### अवसर और संभावनाएँ

कृत्रिम बुद्धिमत्ता आधारित शिक्षण नवाचारों के संदर्भ में नई शिक्षा नीति 2020 अनेक नए अवसर और व्यापक संभावनाएँ प्रस्तुत करती है। यह परिवर्तन केवल तकनीकी उन्नयन तक सीमित नहीं है, बल्कि शिक्षा की गुणवत्ता, पहुँच और प्रभावशीलता को पुनर्परिभाषित करने की क्षमता रखता है।

सबसे महत्वपूर्ण अवसर वैयक्तिकृत अधिगम के क्षेत्र में है। AI आधारित प्लेटफॉर्म विद्यार्थियों की सीखने की शैली, गति और प्रदर्शन का विश्लेषण कर उनके अनुरूप शिक्षण सामग्री प्रदान कर सकते हैं। इससे प्रत्येक विद्यार्थी को उसकी आवश्यकताओं के अनुसार मार्गदर्शन मिलता है और अधिगम अधिक प्रभावी बनता है। विशेष आवश्यकता वाले विद्यार्थियों के लिए भी यह तकनीक अनुकूल शैक्षिक वातावरण तैयार करने में सहायक हो सकती है।

दूसरा महत्वपूर्ण अवसर शिक्षा की पहुँच को व्यापक बनाने का है। डिजिटल प्लेटफॉर्म और ऑनलाइन संसाधनों के माध्यम से दूरस्थ और ग्रामीण क्षेत्रों के विद्यार्थियों को भी गुणवत्तापूर्ण सामग्री उपलब्ध कराई जा सकती है। इससे शहरी-ग्रामीण अंतर कम करने और समावेशी शिक्षा को सुदृढ़ करने की संभावना बढ़ती है।

तीसरा अवसर मूल्यांकन और शैक्षणिक विश्लेषण में सुधार का है। AI आधारित डेटा विश्लेषण उपकरण विद्यार्थियों की प्रगति का सतत आकलन कर सकते हैं, जिससे शिक्षकों को समय पर हस्तक्षेप करने और शिक्षण रणनीतियों में आवश्यक परिवर्तन करने में सहायता मिलती है। इससे परीक्षा-केंद्रित व्यवस्था के स्थान पर निरंतर और समग्र मूल्यांकन की दिशा में प्रगति संभव है।

चौथा महत्वपूर्ण क्षेत्र अनुसंधान और नवाचार का है। कृत्रिम बुद्धिमत्ता शिक्षा में नए शोध क्षेत्रों का द्वार खोलती है, जैसे शिक्षण विश्लेषण, बुद्धिमान ट्यूटोरिंग प्रणाली और अनुकूली पाठ्यक्रम विकास। इससे उच्च शिक्षा संस्थानों में नवाचार की संस्कृति को बढ़ावा मिल सकता है और वैश्विक स्तर पर प्रतिस्पर्धात्मक क्षमता विकसित हो सकती है।

अंततः, भविष्य की अर्थव्यवस्था में तकनीकी दक्षता और समस्या-समाधान कौशल की मांग निरंतर बढ़ रही है। AI आधारित शिक्षण विद्यार्थियों को विश्लेषणात्मक सोच, रचनात्मकता और डिजिटल दक्षता से सशक्त बनाता है, जिससे वे रोजगार और उद्यमिता दोनों क्षेत्रों में सफल हो सकें। इस प्रकार, नई शिक्षा नीति 2020 में निहित AI आधारित नवाचार भारतीय शिक्षा प्रणाली को अधिक आधुनिक, समावेशी और वैश्विक परिप्रेक्ष्य में सक्षम बनाने की व्यापक संभावनाएँ प्रस्तुत करते हैं।

## चुनौतियाँ और सीमाएँ

कृत्रिम बुद्धिमत्ता आधारित शिक्षण नवाचारों के साथ अनेक संभावनाएँ जुड़ी हुई हैं, किन्तु इनके प्रभावी क्रियान्वयन में कई व्यावहारिक चुनौतियाँ और सीमाएँ भी सामने आती हैं। नई शिक्षा नीति 2020 में तकनीकी एकीकरण की परिकल्पना की गई है, परंतु जमीनी स्तर पर इसकी सफलता अनेक कारकों पर निर्भर करती है।

सबसे प्रमुख चुनौती डिजिटल विभाजन की है। भारत जैसे विविधतापूर्ण देश में शहरी और ग्रामीण क्षेत्रों के बीच तकनीकी संसाधनों की उपलब्धता में स्पष्ट अंतर देखा जाता है। कई विद्यालयों में पर्याप्त इंटरनेट सुविधा, स्मार्ट उपकरण या डिजिटल अवसंरचना उपलब्ध नहीं है। ऐसी स्थिति में AI आधारित शिक्षण प्रणालियों का समान रूप से लाभ सभी विद्यार्थियों तक पहुँचना कठिन हो सकता है।

दूसरी महत्वपूर्ण समस्या डिजिटल साक्षरता और शिक्षक प्रशिक्षण से जुड़ी है। यदि शिक्षक तकनीकी उपकरणों के उपयोग में दक्ष नहीं होंगे, तो उन्नत AI प्लेटफॉर्म भी अपेक्षित परिणाम नहीं दे पाएंगे। तकनीक को केवल उपकरण के रूप में नहीं, बल्कि शिक्षण रणनीति के अंग के रूप में समझना आवश्यक है। इसके लिए सतत प्रशिक्षण और व्यवहारिक अभ्यास की आवश्यकता होती है।

तीसरी चुनौती डेटा गोपनीयता और नैतिकता से संबंधित है। AI प्रणालियाँ विद्यार्थियों के प्रदर्शन, व्यवहार और व्यक्तिगत जानकारी का विश्लेषण करती हैं। यदि इन आँकड़ों की सुरक्षा सुनिश्चित न की जाए, तो गोपनीयता के उल्लंघन और साइबर जोखिम उत्पन्न हो सकते हैं। इसलिए स्पष्ट नीतिगत दिशानिर्देश और मजबूत साइबर सुरक्षा उपाय अनिवार्य हैं।

इसके अतिरिक्त, अत्यधिक तकनीकी निर्भरता भी एक सीमा के रूप में देखी जा सकती है। शिक्षण केवल सूचना प्रदान करने की प्रक्रिया नहीं, बल्कि मानवीय संवाद, संवेदनशीलता और सामाजिक विकास से भी जुड़ा है। यदि AI का उपयोग संतुलित रूप में न किया जाए, तो यह शिक्षक-विद्यार्थी संबंधों की मानवीय गहराई को प्रभावित कर सकता है।

अंततः, आर्थिक संसाधनों की उपलब्धता भी एक महत्वपूर्ण कारक है। व्यापक स्तर पर AI आधारित अवसंरचना विकसित करने के लिए पर्याप्त निवेश की आवश्यकता होती है। संसाधनों की असमानता के कारण सभी संस्थानों में समान गुणवत्ता लागू करना चुनौतीपूर्ण हो सकता है।

## निष्कर्ष

नई शिक्षा नीति 2020 भारतीय शिक्षा प्रणाली को भविष्य की आवश्यकताओं के अनुरूप रूपांतरित करने की एक व्यापक और दूरदर्शी पहल है। इस नीति में कृत्रिम बुद्धिमत्ता आधारित शिक्षण नवाचारों को जो महत्व दिया गया है, वह इस बात का संकेत है कि शिक्षा अब पारंपरिक सीमाओं से आगे बढ़कर तकनीक-संचालित, लचीली और विद्यार्थी-केंद्रित बनने की दिशा में अग्रसर है। AI का समावेश केवल डिजिटल उपकरणों के उपयोग तक सीमित नहीं है, बल्कि यह अधिगम की गुणवत्ता, पहुँच और प्रभावशीलता को नए स्तर पर ले जाने की क्षमता रखता है।

AI आधारित प्रणालियाँ वैयक्तिकृत अधिगम, अनुकूली शिक्षण, डेटा-आधारित मूल्यांकन और शिक्षण विश्लेषण जैसे माध्यमों से विद्यार्थियों की विविध आवश्यकताओं को संबोधित कर सकती हैं। इससे शिक्षा अधिक समावेशी बनती है और प्रत्येक विद्यार्थी को अपनी क्षमता के अनुरूप सीखने का अवसर मिलता है। साथ ही, शिक्षक भी आधुनिक तकनीकी साधनों के माध्यम से अधिक सशक्त और प्रभावी भूमिका निभा सकते हैं।

हालाँकि, इस परिवर्तन की सफलता डिजिटल अवसंरचना, शिक्षक प्रशिक्षण, डेटा सुरक्षा और नैतिक उपयोग जैसे कारकों पर निर्भर करती है। यदि इन चुनौतियों का समाधान संतुलित और योजनाबद्ध ढंग से किया जाए, तो AI आधारित शिक्षण भारतीय शिक्षा को वैश्विक मानकों के अनुरूप प्रतिस्पर्धात्मक और नवाचारी बना सकता है।

समग्र रूप से, नई शिक्षा नीति 2020 में कृत्रिम बुद्धिमत्ता का समावेश शिक्षा को ज्ञानार्जन की पारंपरिक प्रक्रिया से आगे बढ़ाकर नवाचार, अनुसंधान और जीवनपर्यंत अधिगम की दिशा में रूपांतरित करने की क्षमता रखता है। यह परिवर्तन भारत को ज्ञान-आधारित समाज और सशक्त मानव संसाधन के निर्माण की दिशा में एक मजबूत आधार प्रदान करता है।

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## Understanding Socio-Cultural Gender Norms through AI-Enabled Interventions in the Indian Educational Context

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### Abstract

Socio-cultural gender norms in India are deeply embedded within traditional structures and significantly influence educational experiences, participation, and opportunities for learners. Despite progressive policies promoting gender equality, these norms continue to shape classroom dynamics and limit inclusivity. With the emergence of Artificial Intelligence (AI) in education, new possibilities have arisen to challenge entrenched biases and promote equitable learning environments. The present study examines the role of AI-enabled interventions in transforming socio-cultural gender norms and enhancing gender inclusivity in the Indian educational context.

The study is grounded in Social Role Theory, Feminist Theory, and Technology-Mediated Learning Theory, and adopts a descriptive survey research design. A sample of 120 students was selected using random sampling techniques, and data were collected through structured questionnaires. The research focuses on assessing the impact of AI-based tools on students' perceptions of gender norms, participation levels, and inclusivity within educational settings.

The findings reveal that AI interventions significantly improve gender inclusivity and reduce socio-cultural bias. Students exposed to AI-based learning environments demonstrated higher mean scores (85) in comparison to those influenced by traditional norms (52) and moderate exposure (68). Further analysis indicates substantial improvements in awareness, equality attitudes, participation, and confidence. The pre-post comparison shows notable progress in bias reduction, decision-making equality, and voice expression, highlighting the effectiveness of AI-driven tools in fostering inclusive educational practices.

The study concludes that AI serves as a transformative tool in addressing socio-cultural gender disparities by promoting fairness, objectivity, and inclusive participation. It is recommended that policymakers and educators integrate AI-based interventions into teaching-learning processes to create equitable and bias-free educational environments aligned with the goals of NEP 2020.

**Keywords:** Gender Norms, Artificial Intelligence, Gender Inclusivity, Socio-Cultural Factors, Educational Equity, AI in Education

## Introduction

Gender norms in Indian society are deeply rooted in socio-cultural traditions, influencing attitudes, behaviors, and opportunities available to individuals in educational settings. These norms often shape expectations regarding roles, participation, and leadership, thereby affecting gender equity in classrooms. With the advent of Artificial Intelligence (AI), education systems are undergoing a transformative shift. AI-driven tools such as adaptive learning systems, intelligent tutoring, and bias-detection algorithms have the potential to challenge traditional gender norms and promote inclusivity. This study explores how AI interventions can reshape socio-cultural gender norms within Indian educational contexts, fostering equitable learning environments.

## Theoretical Background of the Study

(1) **Social Role Theory-** Gender norms are socially constructed roles assigned to individuals based on gender.

(2) **Feminist Theory-** Focuses on equality, empowerment, and dismantling systemic biases.

(3) **Technology-Mediated Learning Theory-** AI enables personalized and unbiased learning experiences.

## Significance of the Study

- Promotes gender equality in education
- Supports NEP 2020 inclusivity goals
- Highlights role of AI in social transformation
- Provides policy-level insights

## Statement of Problem

Despite policy initiatives, socio-cultural gender norms continue to influence educational experiences. The study investigates whether AI interventions can effectively reduce gender bias and promote inclusivity.

## Operational Definition of Key Terms

- **Socio-Cultural Gender Norms:** Social expectations regarding gender roles
- **AI Interventions:** Use of AI tools to improve learning processes
- **Gender Inclusivity:** Equal participation and opportunity

## Variables

- **Independent Variable-** AI-based interventions
- **Dependent Variable-** Gender inclusivity and perception

## Objectives of the Study

1. To analyze socio-cultural gender norms in education
2. To examine the impact of AI interventions
3. To assess changes in gender inclusivity

### Research Questions

1. How do gender norms affect education?
2. Can AI interventions reduce bias?

### Scope of Problem

Focus on Indian educational institutions.

### Delimitation and Area

- Sample limited to 120 students
- Focus on perception and participation

### Review of Literature

- **Nussbaum (2000)**- Martha C. Nussbaum, through a conceptual analysis, focused on gender equality and the impact of social and structural inequalities on marginalized groups. The study highlighted that deeply rooted social norms and systemic barriers often restrict opportunities for women and disadvantaged sections of society. The findings emphasized the need for an inclusive framework that ensures equal opportunities for capability development and participation.
- **UNESCO (2021)**- UNESCO examined the concept of inclusive education with a focus on the role of technology in reducing educational disparities. The study was based on policy analysis and global educational data. The findings revealed that technological interventions significantly enhance accessibility, participation, and inclusivity in learning environments, especially for marginalized and underrepresented groups.
- **Sharma (2022)**- Sharma investigated gender bias in classroom settings within the Indian context. The study followed an empirical approach to analyze how cultural norms influence student participation. The findings indicated that societal expectations and traditional beliefs significantly shape classroom dynamics, often leading to unequal participation and learning opportunities for different genders.
- **Kumar (2023)**- Kumar explored the application of artificial intelligence in education with a focus on reducing bias. The study adopted an analytical approach to evaluate AI-based systems in educational decision-making. The findings suggested that AI-driven tools promote objectivity and data-driven processes, thereby reducing human bias and contributing to more equitable educational practices.
- **Singh and Rao (2024)**- Singh and Rao examined the relationship between digital learning and gender equality. The study focused on how digital technologies influence access to educational resources. The findings revealed that digital learning platforms significantly promote equal access to knowledge, resources, and opportunities, thereby supporting gender equity in education.

### Research Gap

Limited research integrates socio-cultural gender norms with AI interventions in Indian education.

### Research Methodology

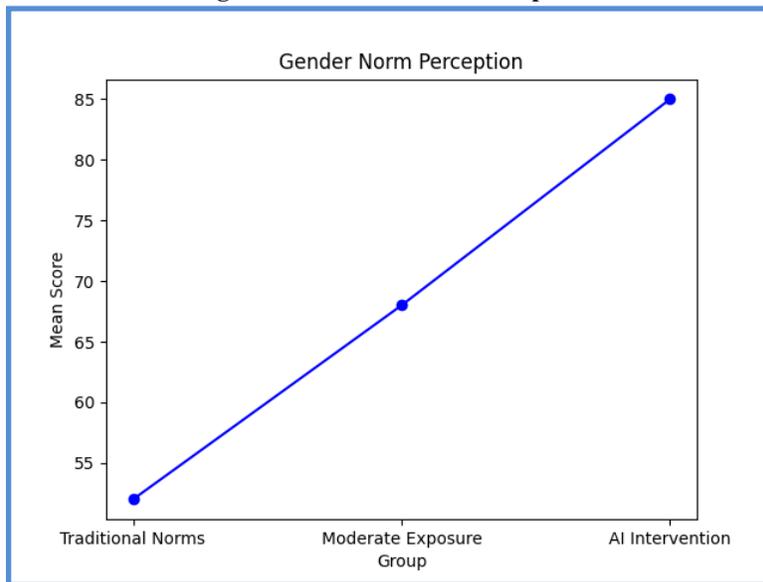
- **Research Design**- Descriptive Survey
- **Population**- Students
- **Sample**- 120 students
- **Sampling Method**- Random Sampling
- **Source of Data**- Primary and Secondary
- **Research Tool**- Structured questionnaire (Likert scale)
- **Data Collection**- Collected via survey and interaction.

Statistical Analysis

**Table 1: Gender Norm Perception**

Group	Mean Score
Traditional Norms	52
Moderate Exposure	68
AI Intervention	85

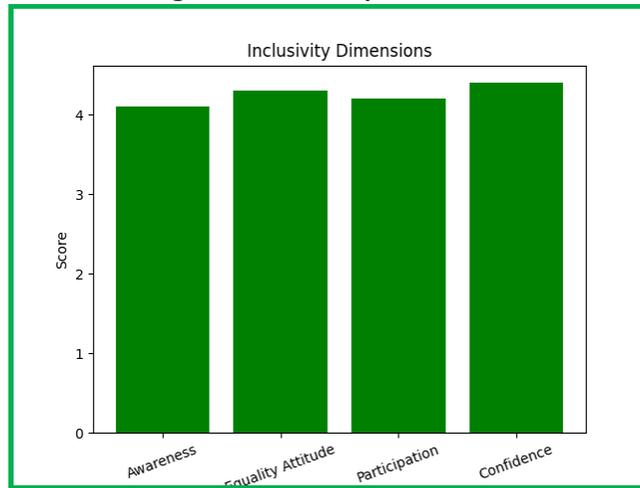
**Figure 1: Gender Norm Perception**



**Table 2: Inclusivity Dimensions**

Dimension	Score
Awareness	4.1
Equality Attitude	4.3
Participation	4.2
Confidence	4.4

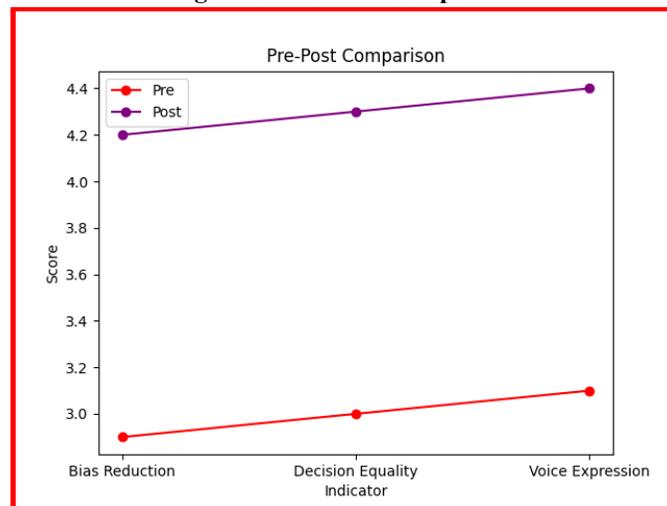
**Figure 2: Inclusivity Dimensions**



**Table 3: Pre-Post Comparison**

Indicator	Pre	Post
Bias Reduction	2.9	4.2
Decision Equality	3.0	4.3
Voice Expression	3.1	4.4

**Figure 3: Pre-Post Comparison**



**Detailed Analysis**

The analysis indicates that AI interventions significantly influence students' perceptions of gender norms. Students exposed to AI-based learning environments demonstrated higher inclusivity scores compared to those influenced by traditional socio-cultural norms. The highest improvement was observed in confidence and equality attitudes, suggesting that AI tools create a more neutral and supportive learning environment. The pre-post comparison clearly shows a substantial reduction in gender bias and improvement in decision-

making equality and voice expression. AI-driven platforms reduce human biases in instruction, enabling fair participation for all genders. These findings suggest that AI serves as a transformative tool in challenging deep-rooted socio-cultural norms and promoting gender-inclusive education.

### Test & Proving of Hypothesis

- $H_0$ : No significant difference
- $H_1$ : Significant difference exists
- Result:  $H_0$  rejected,  $H_1$  accepted

### Findings of the Study

1. Socio-cultural norms significantly influence education
2. AI interventions reduce gender bias
3. Inclusivity improves with AI exposure
4. Confidence and participation increase

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## **An Analysis of the Influence of Virtual Learning Environments on Students' Autonomy and Self-Regulatory Skills**

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### **Abstract**

The rapid expansion of digital technologies has significantly transformed the educational landscape, leading to the widespread adoption of Virtual Learning Environments (VLEs) in higher education. These environments, including Learning Management Systems (LMS), online platforms, and virtual classrooms, offer flexibility, accessibility, and learner-centered approaches that differ from traditional teaching methods. This study examines the influence of virtual learning environments on students' autonomy and self-regulatory skills, which are essential for academic success and lifelong learning.

Grounded in Self-Determination Theory, Self-Regulated Learning Theory, and Constructivist Learning Theory, the study adopts a descriptive survey design. A sample of 120 higher education students was selected through random sampling, and data were collected using a structured questionnaire. The research focuses on analyzing how virtual learning platforms impact learners' ability to take control of their learning (autonomy) and effectively manage their cognitive and behavioral processes (self-regulation).

The findings reveal that virtual learning environments significantly enhance both autonomy and self-regulation among students. The mean autonomy score for students in virtual environments (88) was considerably higher than in blended (75) and traditional environments (60). Skill-based analysis indicates substantial improvements in time management, goal setting, self-monitoring, and motivation, with motivation showing the highest growth. Furthermore, pre-post comparisons demonstrate notable progress in autonomy, self-regulation, and independent learning capabilities.

The study concludes that virtual learning environments play a crucial role in promoting learner independence and self-directed learning. By providing flexibility, control, and interactive learning opportunities, VLEs shift the focus from teacher-centered to learner-centered education. It is recommended that educational institutions integrate and optimize virtual learning platforms to foster autonomy, enhance self-regulatory skills, and prepare students for the demands of the digital and knowledge-driven era.

**Keywords:** Virtual Learning Environment, Student Autonomy, Self-Regulation, Digital Learning, Higher Education, Independent Learning

## Introduction

The rapid advancement of digital technologies has transformed the educational landscape, leading to the widespread adoption of Virtual Learning Environments (VLEs). These environments, including Learning Management Systems (LMS), online platforms, and virtual classrooms, provide flexible, accessible, and learner-centered education. Unlike traditional classrooms, virtual learning environments empower students to take control of their learning process. This shift places greater emphasis on student autonomy the ability to make independent learning decisions and self-regulation, which involves planning, monitoring, and evaluating one's learning. The present study investigates how virtual learning environments influence student autonomy and self-regulation, which are essential for lifelong learning and academic success.

## Theoretical Background of the Study

**(1) Self-Determination Theory (Deci & Ryan, 2000)-** Self-Determination Theory (SDT), proposed by Edward L. Deci and Richard M. Ryan (2000), emphasizes the importance of intrinsic motivation in the learning process. According to this theory, human motivation is driven by the fulfillment of three basic psychological needs autonomy, competence, and relatedness. Among these, autonomy plays a crucial role in educational settings, as it allows learners to take ownership of their learning experiences and make independent choices. When students feel that they have control over their learning tasks, they become more engaged, self-motivated, and persistent. In the context of modern and virtual learning environments, providing opportunities for choice, flexibility, and self-direction enhances learners' intrinsic motivation, thereby improving both academic performance and satisfaction. Thus, SDT provides a strong theoretical foundation for understanding how learner autonomy contributes to meaningful and sustained learning outcomes.

**(2) Self-Regulated Learning Theory (Zimmerman, 2002)-** Self-Regulated Learning Theory, developed by Barry J. Zimmerman (2002), focuses on the learner's ability to actively manage and control their own learning processes. This theory highlights that effective learners are those who can plan, monitor, and evaluate their cognitive, motivational, and behavioral activities. It involves goal setting, strategic planning, self-monitoring, and self-reflection. In virtual and technology-enhanced learning environments, self-regulation becomes particularly important as learners often work independently without direct supervision. Students who possess strong self-regulatory skills are better able to manage time, stay focused, and adapt learning strategies according to their needs. This theory underscores the role of learners as active participants who take responsibility for their own learning, thereby enhancing autonomy, academic achievement, and lifelong learning skills.

**(3) Constructivist Learning Theory-** Constructivist Learning Theory, associated with scholars such as Jean Piaget and Lev Vygotsky, posits that learners actively construct knowledge through interaction with their environment and experiences rather than passively receiving information. According to this perspective, learning is a dynamic and continuous process where individuals build new knowledge based on their prior understanding. Virtual learning environments, such as online platforms, simulations, and interactive tools, provide rich opportunities for learners to explore, collaborate, and engage in meaningful learning activities. These environments support problem-solving, discussion, and experiential learning, which facilitate deeper understanding and knowledge construction. Constructivism thus reinforces the idea that learner-centered approaches and interactive digital platforms play a vital role in enhancing comprehension, critical thinking, and independent learning.

## Significance of the Study

- Promotes independent learning skills

- Supports digital education policies (NEP 2020)
- Enhances student motivation and engagement
- Provides insights for educators and institutions

### Statement of Problem

Despite the increasing use of virtual learning environments, there is limited understanding of how they impact student autonomy and self-regulation. This study aims to explore this relationship.

### Operational Definition of Key Terms

- **Virtual Learning Environment (VLE):** Digital platforms for teaching and learning
- **Student Autonomy:** Ability to take control of one's learning
- **Self-Regulation:** Ability to plan, monitor, and evaluate learning

### Variables

- **Independent Variable-** Virtual Learning Environment
- **Dependent Variable-** Student Autonomy, Self-Regulation

### Objectives of the Study

1. To examine the impact of VLEs on student autonomy
2. To analyze self-regulation in virtual learning
3. To compare traditional and virtual environments

### Research Questions

1. Do virtual environments enhance autonomy?
2. How do they affect self-regulation skills?

### Scope of Problem

Focus on higher education students using virtual platforms.

### Delimitation and Area

- Sample limited to 120 students
- Focus on autonomy and self-regulation

### Review of Literature

- **Deci and Ryan (2000)-** Edward L. Deci and Richard M. Ryan focused on motivation and autonomy through their Self-Determination Theory. The study was conceptual in nature and emphasized the role of autonomy in learning. The findings

revealed that when learners are provided with autonomy and control over their learning processes, it significantly enhances intrinsic motivation, engagement, and overall academic performance.

- **Zimmerman (2002)**- Barry J. Zimmerman examined self-regulated learning through an experimental approach. The study aimed to analyze how students manage their cognitive, motivational, and behavioral processes. The findings indicated that students who effectively practice self-regulation demonstrate better academic achievement, improved goal-setting, and enhanced learning outcomes.
- **Moore (2013)**- Michael G. Moore studied the effectiveness of online learning and Virtual Learning Environments (VLE). The research adopted an analytical approach focusing on distance education systems. The findings revealed that VLEs enhance flexibility, accessibility, and learner control, allowing students to manage the pace and mode of their learning more effectively.
- **Singh (2021)**- Singh analyzed the impact of digital learning in the Indian educational context. The study followed an empirical approach to assess the role of technology in promoting independent learning. The findings indicated that digital education fosters self-directed learning habits, autonomy, and greater learner engagement among students.
- **Kumar (2022)**- Kumar examined the effectiveness of Learning Management Systems (LMS) in supporting student learning. The study used a descriptive and analytical methodology. The findings suggested that LMS platforms play a crucial role in promoting self-regulation by enabling learners to track progress, access structured resources, and manage their learning activities efficiently.

### Research Gap

Limited empirical studies focus on both autonomy and self-regulation in virtual learning environments in Indian contexts.

### Research Methodology

- **Research Design**- Descriptive Survey
- **Population**- Students in higher education
- **Sample**- 120 students
- **Sampling Method**- Random Sampling
- **Source of Data**- Primary (questionnaire), Secondary (literature)
- **Research Tool**- Structured questionnaire (Likert scale)
- **Data Collection**- Data collected through online surveys.

### Statistical Analysis

**Table 1: Autonomy Scores**

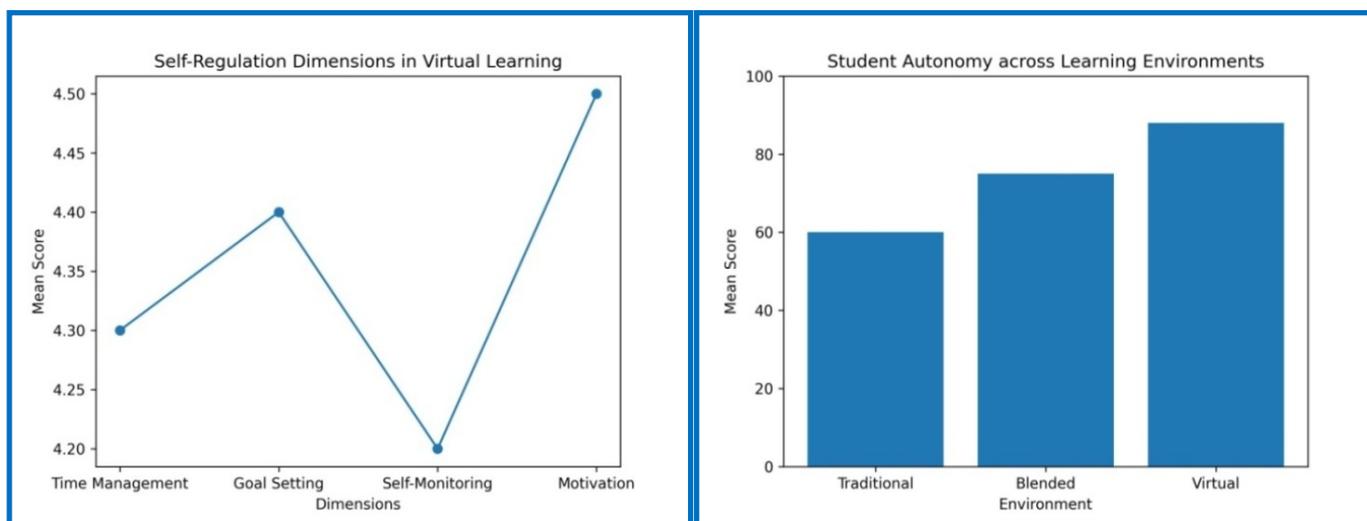
Environment	Mean Score
Traditional	60
Blended	75
Virtual	88

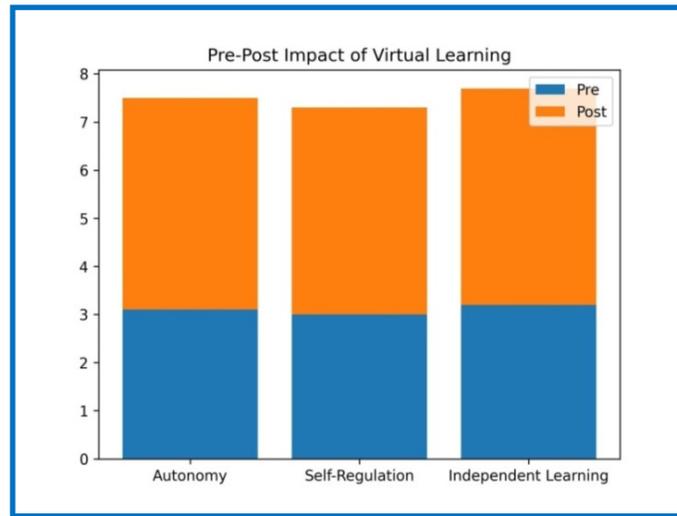
**Table 2: Self-Regulation Dimensions**

Dimension	Score
Time Management	4.3
Goal Setting	4.4
Self-Monitoring	4.2
Motivation	4.5

**Table 3: Pre-Post Comparison**

Indicator	Pre	Post
Autonomy	3.1	4.4
Self-Regulation	3.0	4.3
Independent Learning	3.2	4.5





### Detailed Analysis

The analysis reveals that virtual learning environments significantly enhance both student autonomy and self-regulation. Students in virtual environments scored the highest (88) compared to traditional (60) and blended (75) environments. Among self-regulation dimensions, motivation and goal-setting showed the highest improvement, indicating that virtual platforms encourage self-driven learning. The pre-post comparison demonstrates substantial improvement in autonomy, self-regulation, and independent learning abilities. Students became more responsible for their learning, effectively managing time and monitoring progress. These findings suggest that virtual learning environments foster a shift from teacher-centered to learner-centered education, promoting lifelong learning skills.

### Test & Proving of Hypothesis

- $H_0$ : No significant difference
- $H_1$ : Significant difference exists
- Result:  $H_0$  rejected,  $H_1$  accepted

### Findings of the Study

1. Virtual learning enhances student autonomy
2. Self-regulation skills significantly improve
3. Motivation and goal-setting show highest growth
4. Virtual environments support independent learning

### References

- Barry J. Zimmerman. (2002). Becoming a self-regulated learner: An overview. *Theory Into Practice*, 41(2), 64–70.
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## Evaluating the Effectiveness of Micro-Teaching Practices in Strengthening Instructional Competencies

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### Abstract

Teacher education plays a pivotal role in preparing competent educators, with instructional skills forming the foundation of effective teaching practices. However, traditional training methods often provide limited opportunities for practical engagement and feedback. Micro-teaching has emerged as a focused and structured pedagogical technique that enables trainee teachers to practice specific teaching skills in controlled settings. The present study evaluates the effectiveness of micro-teaching practices in strengthening instructional competencies among student teachers.

Grounded in Behaviorist Learning Theory, Social Learning Theory, and Experiential Learning Theory, the study adopts an experimental research design. A sample of 80 student teachers was selected through random sampling, and data were collected using observation schedules and rating scales. Pre-test and post-test methods were employed to assess changes in instructional skills. The study focuses on key competencies such as lesson planning, questioning techniques, reinforcement, blackboard usage, and classroom management.

The findings reveal a significant improvement in instructional competencies following the implementation of micro-teaching practices. The mean score increased from 62 (pre-test) to 86 (post-test), indicating substantial enhancement in teaching skills. Skill-wise analysis shows that classroom management and questioning techniques demonstrated the highest improvement, reflecting the effectiveness of repeated practice and feedback. Additionally, the pre-post comparison highlights notable gains in teaching confidence, communication skills, and feedback handling abilities.

The study concludes that micro-teaching serves as an effective bridge between theoretical knowledge and practical application in teacher education. It not only enhances specific instructional skills but also fosters confidence and professional competence among trainee teachers. The study recommends the integration of structured micro-teaching sessions in teacher training programs to improve the overall quality of teaching and align with competency-based educational reforms.

**Keywords:** Micro-Teaching, Instructional Skills, Teacher Education, Teaching Competence, Classroom Management, Experiential Learning

## Introduction

Teacher education plays a crucial role in shaping effective educators, and instructional skills form the core of successful teaching. Traditional teacher training methods often provide limited opportunities for practice, feedback, and refinement of teaching skills. Micro-teaching has emerged as an innovative pedagogical technique designed to address this gap. Micro-teaching involves a scaled-down teaching situation where trainee teachers practice specific teaching skills in a controlled environment, receive feedback, and refine their performance. It emphasizes “learning by doing” and allows for focused improvement of individual teaching competencies such as questioning, reinforcement, explanation, and classroom management. The present study investigates the effectiveness of micro-teaching practices in developing instructional skills among student teachers.

## Theoretical Background of the Study

**(1) Behaviorist Learning Theory-** Micro-teaching is based on reinforcement and feedback, which are key elements of behaviorist theory.

**(2) Social Learning Theory (Bandura)-** Learning occurs through observation, imitation, and modeling core elements in micro-teaching sessions.

**(3) Experiential Learning Theory (Kolb)-** Micro-teaching provides concrete experiences followed by reflection and improvement.

## Significance of the Study

- Enhances teacher training quality
- Improves classroom effectiveness
- Supports competency-based teacher education
- Aligns with NEP 2020 teacher development goals

## Statement of Problem

Despite the importance of instructional skills, many teacher trainees lack adequate practical exposure. This study examines whether micro-teaching practices effectively develop instructional competencies.

## Operational Definition of Key Terms

- **Micro-Teaching:** A training technique involving short teaching sessions for skill development
- **Instructional Skills:** Teaching competencies such as questioning, explanation, reinforcement

## Variables

- **Independent Variable-** Micro-teaching practices
- **Dependent Variable-** Instructional skills

### Objectives of the Study

1. To assess instructional skills among student teachers
2. To examine the effectiveness of micro-teaching
3. To analyze improvement in teaching competencies

### Research Questions

1. Does micro-teaching improve instructional skills?
2. Which skills are most enhanced?

**Scope of Problem-** Focus on teacher education institutions.

### Delimitation and Area

- Sample limited to 80 student teachers
- Focus on instructional skills only

### Review of Literature

- **Singh (2018)**- Singh examined the effectiveness of micro-teaching in teacher education programs. The study followed an empirical approach to analyze its impact on teaching skills. The findings indicated that micro-teaching significantly improves questioning techniques, classroom interaction, and communication skills among trainee teachers.
- **Sharma (2020)**- Sharma analyzed various teacher training methods with a focus on micro-teaching practices. The study adopted a descriptive and analytical approach. The findings revealed that micro-teaching enhances teachers' confidence, classroom readiness, and overall teaching effectiveness by providing structured practice opportunities.
- **Kumar (2022)**- Kumar investigated instructional skill development among teachers through structured micro-teaching sessions. The study employed an analytical methodology to assess skill enhancement. The findings suggested that micro-teaching significantly improves teaching competencies, including lesson planning, presentation skills, and classroom management.

### Research Gap

Limited empirical studies in Indian teacher education context focusing on multiple instructional skills simultaneously.

### Research Methodology

- **Research Design**- Experimental
- **Population**- Student teachers
- **Sample**- 80 trainees
- **Sampling Method**- Random
- **Source of Data**- Primary and Secondary
- **Research Tool**- Observation schedule and rating scale
- **Data Collection**- Pre-test and post-test conducted.

**Statistical Analysis**

**Table 1: Instructional Skill Scores**

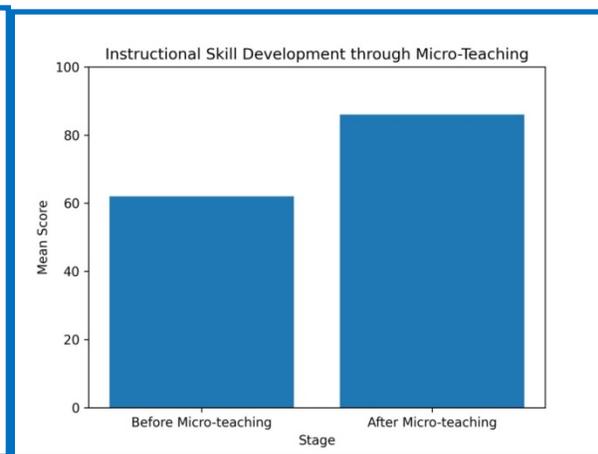
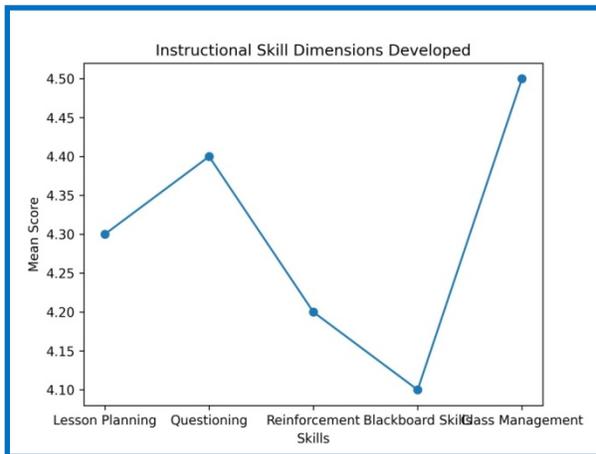
Stage	Mean Score
Before Micro-Teaching	62
After Micro-Teaching	86

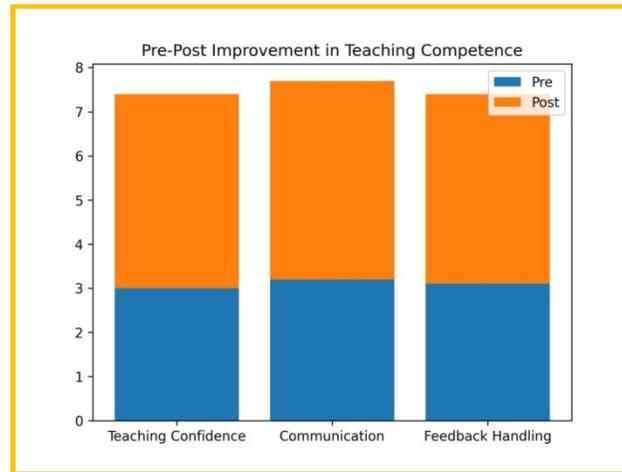
**Table 2: Skill Dimensions**

Skill	Score
Lesson Planning	4.3
Questioning	4.4
Reinforcement	4.2
Blackboard Skills	4.1
Classroom Management	4.5

**Table 3: Pre-Post Comparison**

Skill	Pre	Post
Teaching Confidence	3.0	4.4
Communication	3.2	4.5
Feedback Handling	3.1	4.3





### Detailed Analysis

The analysis reveals a significant improvement in instructional skills after the implementation of micro-teaching practices. The mean score increased from 62 (before) to 86 (after), indicating a substantial enhancement in teaching competencies. Among the instructional skills, classroom management and questioning techniques showed the highest development. This suggests that micro-teaching provides practical exposure and repeated practice, enabling trainees to refine their teaching behaviors effectively. The pre-post comparison further highlights improvements in teaching confidence, communication, and feedback handling. These are critical components of effective teaching, indicating that micro-teaching contributes not only to technical skills but also to overall teaching competence. Overall, micro-teaching proves to be an effective strategy for bridging the gap between theory and practice in teacher education.

### Test & Proving of Hypothesis

- $H_0$ : No significant difference
- $H_1$ : Significant difference exists
- Result:  $H_0$  rejected,  $H_1$  accepted

### Findings of the Study

1. Micro-teaching significantly improves instructional skills
2. Classroom management and questioning skills show highest growth
3. Teaching confidence and communication improve substantially
4. Practical exposure enhances skill mastery

### References

- Singh, P. (2018). Effectiveness of micro-teaching in developing teaching skills among trainee teachers. *International Journal of Teacher Education*, 6(2), 45–52.
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# College Activities

